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## 2) ESPE ABSTRACTS (2023) - RECURRENCE RISK OF T1DM IN FIRST OR SECOND DEGREE RELATIVES: FIRST INDIAN REPORT

**Recurrence Risk Of T1DM In First Or Second Degree Relatives : First Indian Report**

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<sup>2</sup>Dr Vasant Rao Pawar Medical College and Hospital, Adgaon, Nashik, India

**OBJECTIVE**

Lifetime risk of having Type 1 Diabetes Mellitus (T1DM) increases when having a blood relative with T1DM. A Finnish study reports 12.2% and 11.5% of T1DMs having a first degree relative (FDR) and second degree relative (SDR) with T1DM[1]. Data from India regarding proportion of children with T1DM FDR/SDR is non-existent. Objective is to find out the same.

**METHODS**

We searched the abstract database of 803 T1DM patients visiting our pediatric endocrine clinic between March 2014 to October 2022 to find the history of affected FDR and SDR with T1DM. We also interviewed the cases and affected relatives for other autoimmune disorders.

**RESULTS**

Out of 802 newly diagnosed index cases, 20 (2.2%) had one FDR and 2 (0.23%) had 2 relatives with T1DM (both parents). Nine (1%) cases had SDR with T1DM. At diagnosis, the index cases were between 11 months and 12 years of age (median 4 years), and FDRs were between 2-35 years (median 20years). Among the 22 FDRs, 14 (63%) were parents (7 mothers) and 8 were siblings. Among the sibling FDRs, 6 were brother-sister pairs and 2 were brother-brother pairs. Autoimmune thyroid was present in 2 index and 2 FDRs (unrelated to their index). None of the 20 FDRs had other autoimmune diseases (celiac disease, vitiligo, alopecia or hypoparathyroid). There were 2 sets of T1DM married couples, and both have T1DM children (onset at one year).

**CONCLUSION**

This is the first reported data on T1DM in the FDR/SDR of index T1DMs. Indian T1DMs have much less prevalence than the western literature. Index cases had earlier onset than the relatives. Parent-aiding were commoner, without any gender predilection.

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[1] Parkkola A, Hakkinen T, Ryttersen SJ, Ikonen J, Krup M. Finnish Pediatric Diabetes Register. Extended Family History of type 1 diabetes and phenotype and genotype of newly diagnosed children. Diabetes Care. 2013;36(2):348-354.

### 3)CHILD INDIA – MENTAL WELLNESS IN CHILDREN

**Child India** October 2023

## Mental Wellness in Children

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 Certified in Child Mental Health  
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 Emotional Intelligence Coach & Consultant, Six Seconds USA



"No Health without Mental Health" is the slogan followed by health related policy makers in many countries worldwide. Mental health wellness is an important aspect of overall health of children. But last two decades of statistics on emotional health of children is showing a disastrous trend globally. Despite this shocking trend, there is something revolutionary happening in the world of scientific psychology. The emergence of concept of 'Emotional Intelligence' in children which has turned the child psychology upside down. Into the fourth decade since inception in 1990, this concept is now being applied world over for children and adolescents in families, schools and in healthcare to promote and foster emotional & mental wellness. The focus is now shifting from treating mental illness to promoting mental wellness in children at an early age. Pediatricians are in a unique position & can provide prevention, promotion & early intervention of mental health disorders in children.

**INTRODUCTION TO MENTAL WELLNESS**  
**What is Mental Wellness?**  
 Mental Wellness in children is made up of their emotional, psychological, and social well-being. It influences how they think, how they feel, and how they act. Both genes and the environment affect their mental health & Wellness.

"Mental health is a state of wellbeing in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community" (World Health Organization's definition)  
**Why Mental Wellness is important ?**  
 Mental health & wellness is not mere absence of Mental illness, but presence of positive mental wellbeing. Mental Wellness is important as it has influence on cognition, perception, behaviour, handling stress and challenges, interpersonal relationships and decision making. Mental Wellness is the key to happiness as it provides the strength to cope with stresses & challenges of life boldly & develops stronger & more meaningful relationships.

**Mental Health Disorders Burden in India**  
 At any given point of time, it is estimated that about 9.8 million of Indian aged 13-17 years suffer from serious mental illness which would be greater in number if the entire age spectrum of childhood and adolescence is considered. A study conducted by Lakshmi estimated the prevalence of child and adolescent mental disorders as 12.1%.

### 4) ARTICLE – PERILS OF DRUG ABUSE ON ADOLESCENT HEALTH IN THE INDIAN SCENARIO- DR JAYASHREE DESHPANDE

**PERILS OF DRUG ABUSE ON ADOLESCENT HEALTH IN THE INDIAN SCENARIO**

**Dr. Jayshree Deshpande**  
 Ashirwad Hospital - Mumbai

**Introduction**  
 Drug abuse among adolescents is a significant public health concern in India. Adolescence is a critical phase of human development, characterized by physical, emotional, and cognitive changes. Unfortunately, many Indian adolescents are exposed to the perils of drug abuse, leading to severe consequences on their physical and mental health, academic performance, and overall well-being. This article explores the detrimental effects of drug abuse on adolescent health in the Indian context.

**Prevalence of Drug Abuse among Indian Adolescents**  
 The prevalence of drug abuse among Indian adolescents has been steadily increasing over the years. Factors such as peer pressure, easy availability of drugs, lack of awareness, and parental supervision contribute to the rise in drug abuse cases. According to recent studies, commonly abused substances by Indian adolescents include alcohol, tobacco, marijuana, inhalants, prescription drugs, and synthetic cannabinoids.

**Impact on Physical Health**  
 Drug abuse takes a toll on the physical health of adolescents. Regular substance use can lead to impaired brain development, affecting memory, attention, and decision-making abilities. Furthermore, drug abuse can result in cardiovascular issues, respiratory problems, liver damage, and compromised immune systems. Prolonged substance abuse during adolescence can have long-lasting consequences on an individual's physical health well into adulthood.

**Mental Health Implications**  
 Adolescence is a vulnerable period for mental health, and drug abuse exacerbates the risks. Substance use often masks underlying emotional issues such as stress, anxiety, and depression. Over time, adolescents can become dependent on drugs to cope with their emotions, leading to addiction. Drug abuse is associated with an increased risk of mental health disorders, including mood disorders, psychotic disorders, and suicidal tendencies, posing a severe threat to the mental well-being of adolescents.

**Academic and Socioeconomic Consequences**  
 Drug abuse adversely impacts academic performance and future socioeconomic prospects for Indian adolescents. Substance use disrupts cognitive abilities, concentration, and memory, leading to poor academic performance. Diminished academic achievements may limit future educational and career opportunities, perpetuating a cycle of socioeconomic disparities. This not only affects the individual but also hampers the nation's potential to thrive with a skilled and productive workforce.

**Social and Familial Disintegration**  
 Drug abuse among adolescents often results in strained relationships with family and peers. Adolescents may become isolated, leading to a disconnect from their support systems. Substance

abuse can also escalate risky behaviors, including delinquency, violence, and engagement in criminal activities, further jeopardizing their social integration and well-being.

**Healthcare Burden**  
 The escalating rates of drug abuse among adolescents have put a significant burden on the Indian healthcare system. The adverse effects of drug abuse lead to increased hospitalizations, rehabilitation programs, and other health services, putting pressure on healthcare resources and finances.

**Preventive Measures and Intervention Strategies**  
 Addressing drug abuse among Indian adolescents requires a comprehensive approach involving parents, educators, healthcare professionals, policymakers, and the community. Prevention programs, early intervention strategies, and awareness campaigns are essential in curbing drug abuse among adolescents. Parental involvement, open communication, and creating a supportive environment are crucial in deterring substance abuse. Schools should incorporate drug education programs that highlight the risks and consequences of drug abuse. Additionally, healthcare professionals should be vigilant in identifying signs of drug abuse and providing timely interventions.

**Conclusion**  
 The perils of drug abuse on adolescent health in the Indian scenario are profound. The physical, mental, academic, and socioeconomic consequences of substance abuse pose significant challenges to the well-being of adolescents and the future of the nation. To combat this growing problem, concerted efforts are needed at all levels to raise awareness, implement preventive measures, and offer appropriate interventions. By addressing drug abuse proactively, India can safeguard the health and future of its youth and foster a healthier, more productive society.

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### 5) ARTICLE – FALLING DOWN DOESN'T MEAN LOSING -DR NEHA SINGH

Vol. 7 | Issue 3  
 JUL - SEP 2023

**Adolescent Today**

**FALLING DOWN DOESN'T MEAN LOSING**

**Dr. Neha Singh**  
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 On-Call Pediatrician, Mumbai (Mumbai)  
 Editor of Dr. Ashish Deshpande (Mumbai) Bulletin, Vikram (Mumbai) Bulletin

How often have you seen a child fall while playing basketball or football, or a child who is not playing the game as a pro?

What is the best way to see a child who has fallen while playing? This is a very common question.

No, this is not a weird question as many of us might think. The basketball comes down, and we are all winners.

Isn't it contradictory to say today's world? There can't anything be wrong falling down as we win? It's a myth!

Falling down always doesn't mean to lose. This holds the same for Google or Marks. In the era of parents, marks, the students and parents, and even teachers, are not bonded with performance pressure.

Research is a help for thousands of parents and their children. It is a combination of all their hard work and the efforts. While it reveals fear, stress, and anxiety, it is equally important to keep a good head on your shoulders and not let this affect you. Team work of coaches, parents, and primarily the students. All these make and support. Your child needs you the most, be a friend and help them rise. Try to be there for their child and their child's best friend.

Those at parents your child is looking up to you and also looking at you. Make sure your stress isn't transferred to your child and that you don't add to their anxiety by discussing performance and having unrealistic expectations. Do not mention anything that you are doing for the child. It is your responsibility to support your child's education and help them choose their own path.

Selfly, our society expects "A cut, a rank and an election to have equal merit holding skills". They either succeed or fail, and it is not their fault. It is their permanent belonging in their intelligence.

Every individual is different and specialized has his own specialty. A fall in sports doesn't mean you are a loser. The ribbon cutter remains within. It is just a matter of getting the right support and direction. It is our responsibility to ensure that our child falls happily with 99% with 99%. Remember you are your child's comfort zone, not a place where the parents attack.

I don't understand the idea of success with percentage and grade. Parents scare their children with statements like "You should have studied more". "You studied so much, this is what happens." "We give everything that you want and still you perform so badly." and the classic one "Look at Sharma's son, marks and look at you". Everyone wants to know how much you get. But when you get a score, you should not be looking at your child's grade. When you get a score, please try to start comparing with random people who scored more, more friends, colleagues, teachers, or even your child.

All the joys add to the disappointment of the child and the family. Children become quiet, they question their capabilities, blame themselves and even of their teacher's well-being. Mental health needs to be discussed a little more so that a child who scores less is better than a child who is gone. As your parents take care of your child, you should also take care of your child's mental. Some people are very competitive and they want their kids to be the best at everything. Like in a game of

**QUIZ KEY**

1. 13
2. From school media to health tips.
3. Take a break every 20 minutes, for 20 seconds and look at an object that stays away.
4. Focus.
5. Call of Duty.
6. Cyberbullying.
7. Social Networking Sites.
8. Maximum 2 hours per day.
9. Cyberbullying.
10. 30 percent.

Basketball, someone got shooting the ball, others @B&B-suffly and it was a strong support. Each one of us is different, even the fingers of a hand are not similar but when fingers become fat they can knock out any table in life. Marks and percentage may not be the important but education is very important. Education broadens your mind your perspective, and your reputation. It is a combination of personal and professional opportunities. Parents, students and teachers, all are not to affect the normal course of life, don't succumb to social media. The game is going to get better, and better. Focus emotions and ambitions strong but don't let them overpower your senses. After all life is all about falling down and then getting up to start the game again with a clean slate.

**Falling down isn't losing...it's about winning!**

## 2) PUBLIC HEALTH EDUCATION TALKS/WRITEUPS/RADIO TALKS/LECTURES AT SCHOOL

### I) IMPORTANCE OF GIRL CHILD



### ii) TALK ON NUTRITION, HEALTH, HYGIENE



### III) WEBINAR FOR TEACHERS ON AWARENESS OF AUTISM

**MAHARASHTRA ACADEMY OF PEDIATRICS & KOLHAPUR ACADEMY OF PEDIATRICS**  
In Association with  
**GROWTH DEVELOPMENT & BEHAVIORAL PEDIATRICS (IAP)**

**मैथन** AWARENESS OF THE MOMENT GIVES CLARITY

**शिक्षकांसाठी ऑनलाईन ऑटिझम जागरूकता मार्गदर्शन शिबीर**  
Date : 6th April 2023 at 08:30 pm - 10:00 pm

**WORLD AUTISM AWARENESS DAY 2023**  
Empowering Parents for better outcomes :  
The vital role of Pediatricians™

**SPEAKERS**

- Dr. Suresh Gadboke, Developmental Pediatrician, Secretary Growth Chapter of IAP
- Dr. Keshamini Gadboke, Secretary IAP
- Prof. Sapan Khairnar, Gujarat, India
- Prof. Ravindra Dongardey, India

**MODERATOR**

- Dr. Harishchandra Patil, President, GADPA, IAP
- Dr. Anand Pawar, Secretary, MAFPA, IAP
- Dr. Anil Patil, President, IAP
- Dr. Keshamini Gadboke, Secretary, IAP
- Dr. Vinay Mah, Treasurer, IAP

Join Zoom Meeting  
https://us02web.zoom.us/j/99657125813?pwd=YWZCaS94OE1Ua2V6SGVMUHgyOVppZz09  
Meeting ID : 896 5712 5813  
Passcode: 123456

### IV) WEBINAR FOR TEACHERS ,PARENTS AND PRINCIPALS – AUTISM

**MAHAIAIP Presents**

**चर्चासत्र – सक्षम स्वममता : परिवार आणि शाळेची भूमिका**

**9 April 2023      11 AM to 12 PM**

**Speakers**



**Dr. Jayashree Shiwalkar**  
Developmental Pediatrician  
Nagpur



**Dr. Kashmiri Bhadbade**  
Developmental Pediatrician  
Secretary, KAP  
Kolhapur



**Mrs Pradnya Deshpande**  
Administrator  
Adarabh Society for Autism  
& Slow Learner Children,  
Aurangabad

**Moderator**



**Dr Renu Boralkar**  
Aurangabad



**Dr. Rameshkant Patil**  
President



**Dr. Amol Pawar**  
Secretary General

**Team MAHAIAIP**

**CIAP**  
Dr. Upendra Binjawadekar (President CIAP), Dr. G V Basevaraj (President Elect CIAP), Dr. Rameshkumar R (IPP CIAP),  
Dr. Vinay Saneja (VPP CIAP), Dr. Waseem Fayish (Vr WC CIAP), Dr. Sanjay Dalwal (Treasurer CIAP),  
Dr. Anand Kulkarni (Secretary CIAP)

**MAHAIAIP**  
Dr. Rameshkant Patil (President), Dr. Amol Pawar (Secretary General), Dr. Mohan Warke (Treasurer),  
Dr. Bhuvan Chaudhari (Vice President), Dr. Pradnya Deshpande (Joint Secretary), Dr. Mihir Bhargada (State Convener),  
Dr. Sushil Parab (State Convener), Dr. Sagar Shrinath (Chairperson MAHAIAIP WC),  
Dr. Neha Sable (CC, Child Protection, Nagpur, WC)

**CIAP EB MEMBERS**  
MAHAIAIP  
EB Members  
Dr. Kirish Chavde, Dr. Jyotendra Gavhane, Dr. Pramod Kulkarni, Dr. Rameshkant Patil, Dr. Renu Boralkar,  
Dr. Anish Chokare, Dr. Sameer Sawade, Dr. Sunil Patil, Dr. Faris Galkowal, Dr. Abhinav Darwade, Dr. Amit Kakad,  
Dr. Rajesh Noote, Dr. Anurag Pangarikar, Dr. Rajkumar Khatkar, Dr. Sachin Patil

**Zoom ID: 811 1428 6377**  
**Passcode: 123456**

**Youtube Channel MAHAIAIP / Live**

V) AWARENESS REGARDING EXCESSIVE USE OF SCREEN

**MAHA ACADEMY OF PEDIATRICS**

**मोबाईल मुक्त शाळा**



**Dr. Ramakant Patil**  
President, MAHAIAIP



**Dr. Amol Pawar**  
Secretary General, MAHAIAIP



**Dr. Mohan Warke**  
Treasurer, MAHAIAIP



**Dr. Abhinav Darwade**  
EB, MAHAIAIP

**TEAM MAHAIAIP 2023**

VI) NUTRITION AWARENESS HEALTH TALK - DR MANJUSHA SHERKAR(MAHAIAIP WC,CONVENER)



**VII)COMPLEMENTARY FEEDING FOR GROWTH AND DEVELOPMENT-**



**VIII)GOOD NUTRITION :THE NEW TRADITION- 03/082023**



**IX) ADOLESCENT HEALTH PROGRAM, NAGPUR -20/11/2023**



**X) ADOLESCENT HEALTH AWARENESS, NAGPUR – 21/11/2023**



**11) RADIO TALK ON BREASTFEEDING AWARENESS@102.7FM**

**XII) BLS WORKSHOP**



### XIII) NEWSPAPER ARTICLES

भारतीय सौर १३ भाद्रपद १९४५

**१ ते ७ ऑगस्ट जागतिक स्तनपान सप्ताह**  
**कामकाजी माता : बाळास**  
**स्तनपान सुरू ठेवावे**

**आहेची ही आव्हानाची अचूक...!**

बाळाचे पहिले ६ महिने बाळाला स्तनपान देणे आवश्यक आहे. या काळात बाळाची पोषण गरजा पूर्णपणे पूर्ण होऊ शकते. बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे. या काळात बाळाची पोषण गरजा पूर्णपणे पूर्ण होऊ शकते. बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

स्तनपान देण्याचा वेळ ठरवणे, त्या वेळी बाळाचा पोषण करणे, बाळाची पोषण गरजा पूर्णपणे पूर्ण होणे, बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

स्तनपान देण्याचा वेळ ठरवणे, त्या वेळी बाळाचा पोषण करणे, बाळाची पोषण गरजा पूर्णपणे पूर्ण होणे, बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

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**आयुष्यदीर्घ्य ऐश्वर्य** वर्ष २७ वे  
**स्तनपान: सर्वात महत्वाचा आधार**

बाळाचा पहिले ६ महिने बाळाचा पोषण करणे, बाळाची पोषण गरजा पूर्णपणे पूर्ण होणे, बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

स्तनपान देण्याचा वेळ ठरवणे, त्या वेळी बाळाचा पोषण करणे, बाळाची पोषण गरजा पूर्णपणे पूर्ण होणे, बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

स्तनपान देण्याचा वेळ ठरवणे, त्या वेळी बाळाचा पोषण करणे, बाळाची पोषण गरजा पूर्णपणे पूर्ण होणे, बाळाची वाढवणूक, आरोग्य, प्रतिरोधक शक्ती, शारीरिक व मानसिक विकसन, आनंदित जीवन, सौंदर्य, जलद शारीरिक व मानसिक विकसन यास बाळासाठी स्तनपान देणे ही सर्वोत्तम पर्याय आहे.

**जोग्य धनमेपदा**

**लहान मुलांचे आरोग्य**

१ ते ३ वर्षे दर दोन महिने एकदा (Hemoglobin) ९० पर्यंतचे असणे.

लहान मुलांना चारही बाजूंनी देखभाल देणे गरजेचे असते. १) पोषण, २) आरोग्य, ३) आरोग्य, ४) आरोग्य.

१) पोषण: लहान मुलांना योग्य पोषण देणे गरजेचे असते. २) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते.

३) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते. ४) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते.

५) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते. ६) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते.

७) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते. ८) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते.

९) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते. १०) आरोग्य: लहान मुलांना योग्य आरोग्य देणे गरजेचे असते.

हिंदुस्थान

**डेंगू आजार आणि प्रतिबंधात्मक उपाययोजना ...**

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डेंगू आजार आणि प्रतिबंधात्मक उपाययोजना ...

### 3) COMMUNITY ORIENTED ACTIVITIES

#### I) NURSING STATIONS – 12/05/2023-21/05/2023

**MAHAJAP NURSING STATIONS**  
 In Association with IMA Maharashtra

**12th May 2023**  
 आजचा विषय: स्वतःची काळाची काळी घातणी?

**परिचर्याक**  
**आरोग्य आणि आहार**

**Dr. Archana Joshi**  
 Senior Podiatristian, Vwar

**Expert**  
**Dr. Vasant Khalatkar**  
 Chairperson ID Chapter IAP  
 Past Chairperson AOPN

**12 May 2023**

**MAHAJAP NURSES WEEK FROM 12 MAY TO 21 MAY**

Theme : Our Nurses. Our Future.  
**Nurses: A voice to lead**

MAHAJAP TEAM MAHAJAP

**MAHAJAP NURSING STATIONS**  
 In Association with IMA Maharashtra

**12th May 2023**  
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MAHAJAP TEAM MAHAJAP

MAHAJAP TEAM MAHAJAP

Dr. Hemant Joshi, President MAHAJAP

Dr. Anand Patil, Secretary MAHAJAP

Dr. Ravindra Kute, President IMA Maharashtra

Dr. Upendra Kinchadkar, President CIAP

Dr. Santosh Kadam, Secretary IMA Maharashtra

Dr. Yogesh Parikh, VP West Zone CIAP

MAHAJAP TEAM MAHAJAP

Dr. Anjali Gokarn, President Palghar IAP

Dr. Jayashree Dhanpande, Senior Podiatristian, Vwar

Dr. Archana Joshi, Senior Podiatristian, Vwar

Dr. Vasant Khalatkar, Chairperson ID Chapter IAP, Past Chairperson AOPN

**MAHAIAP NURSING STATIONS**  
In Association with IMA Maharashtra

**16th May 2023**

**Speaker**  
आजचा विषय: बाळाची काळजी कशी घ्यावी, पहिल्या सहा महिन्यात?  
**Dr. Sushil Tamboli**  
Senior Pediatrician, Ahmednagar

**Moderator**  
**Dr. Jayashree Deshpande**  
Vice President, Virar IAP

**Expert**  
**Dr. Shekhar Dabhadkar**  
Senior Pediatrician, Mahad  
Past VP West Zone IAP

**International Nurses Day 12 May 2023**

Catch the stream live on Youtube  
**STREAM LIVE 4 to 5 PM**

MAHAIAP NURSES WEEK FROM 12 MAY TO 21 MAY

Theme : Our Nurses. Our Future.

*Nurses: A voice to lead.*

**TEAM MAHAIAP**  
President: **Dr. Ramakant Patil**  
Secretary General: **Dr. Amol Pawar**

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**CIAP EB** Dr. Girish Chavale, Dr. Jashwantrao Gadhane, Dr. Prasad Kulkarni, Dr. Ramakant Patil, Dr. Renu Boralkar

**MAHAIAP** President: **Dr. Ramakant Patil** (President), Dr. Amol Pawar (Secretary General), Dr. Shekhar Dabhadkar (Vice President), Dr. Mohan Warke (Treasurer), Dr. Shilpa Bhambale (Committee) Dr. Jashwantrao Gadhane (Editor), Dr. Rajeev Sonawane, Dr. Trupti Marathe

**MAHAIAP EB** President: **Dr. Amol Pawar**, Dr. Shekhar Chavale, Dr. Sameer Sarna, Western Maharashtra: Dr. Sanku Patil, Dr. Parag Gadhane, Maharashtra: Dr. Rajeev Sonawane, Dr. Anand Patil, North Maharashtra: Dr. Ashwin Deshpande, Women Committee: Dr. Sarali Shrivastava, Dr. Neha Singh, Dr. Manjusha Sherkar

**MAHAIAP NURSING STATIONS**  
In Association with IMA Maharashtra

**18th May 2023**

**Speaker**  
आजचा विषय: बाह्यरूप व्यवस्थापन : रोजचे काम व्यवस्थित कसे करायचे?  
**Dr. Jayant Pandharikar**  
Past President MAHAIAP

**Moderator**  
**Dr. Vaibhavi Borot**  
Secretary, Virar IAP

**Expert**  
**Dr. Renu Boralkar**  
EB Member CIAP

**International Nurses Day 12 May 2023**

Catch the stream live on Youtube  
**STREAM LIVE 4 to 5 PM**

MAHAIAP NURSES WEEK FROM 12 MAY TO 21 MAY

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*Nurses: A voice to lead.*

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**MAHAIAP NURSING STATIONS**  
In Association with IMA Maharashtra

**20th May 2023**

**Speaker**  
आजचा विषय: सुरक्षित सुई  
**Dr. Neelima Bhandarkar**  
Ex Secretary, IAP Raigad

**Moderator**  
**Dr. Ajay Koli**  
Secretary, IAP Raigad

**Expert**  
**Dr. Hemant Gangolia**  
Ex President MAHAIAP

**International Nurses Day 12 May 2023**

Catch the stream live on Youtube  
**STREAM LIVE 4 to 5 PM**

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**MAHAIAP NURSING STATIONS**  
In Association with IMA Maharashtra

**19th May 2023**

**Speaker**  
आजचा विषय: कसे वाचवावे आजारी मरणासन्न बाळ?  
**Dr. Jayant Joshi**  
Ex EB Member CIAP

**Moderator**  
**Dr. Manohar Patil**  
Senior Pediatrician, Virar

**Expert**  
**Dr. Minhaz Shaikh**  
Ex EB Member MAHAIAP

**International Nurses Day 12 May 2023**

Catch the stream live on Youtube  
**STREAM LIVE 4 to 5 PM**

MAHAIAP NURSES WEEK FROM 12 MAY TO 21 MAY

Theme : Our Nurses. Our Future.

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**II) BLOOD GROUP DETECTION CAMP**

**MAHA ACADEMY OF PEDIATRICS**  
YEAR 2023  
**NATIONAL GIRL CHILD DAY**  
24th Jan. 2023  
**BLOOD GROUP DETECTION CAMP**  
Venue : Urban Health Center -1, Yavatmal

**Dr. Ramakant Patil**  
President, MAHAIAP

**Dr. Amol Pawar**  
Secretary General, MAHAIAP

**Dr. Mohan Warke**  
Treasurer, MAHAIAP

**Dr. Sachin Patil**  
EB, MAHAIAP





### III) CPR ACTIVITY - 21<sup>ST</sup> JULY 2023

**Each one can Save a Life**  
**CPR**  
**21st July** Performing CPR while waiting for medical assistance can greatly increase a person's chance of survival from cardiac arrest.  
**MAHA IAP celebrates 21st July as IAP CPR Day** in association with Nashik IAP, IMA & Nashik ISA to spread awareness and train the members in public, Schools on performing CPR.  
**Workshops in Nashik CITY**  
**01** 10 - 11 AM Madhavrao Lale Vidyalay (10th Class Students)  
**02** 3.30 - 4.30 PM New Maratha High School (10th Class Students)  
**03** 5 - 6 PM Thakkar Bazar Bus Stand (Drivers, Conductors, Public)  
**Team MAHA IAP**  
**Dr. Ramesh Patil** President  
**Dr. Anil Pawar** Secretary General  
**NASHIK IMA** Dr. Vishal Gunjal President, Dr. Madhavi Muthal Secretary  
**NASHIK ISA** Dr. Davendra Chaudhari President, Dr. Mahendra Gupta Secretary  
**NASHIK IAP** Dr. Anirudha Bhanstarkar President, Dr. Sachin Patil Secretary



### IV) HEALTH CHECK UP CAMP – 25/08/2023



**V) FREE HEARING AND LEARNING DISABILITY CAMP-03/12/2023**



**VI) FREE SCHOOL HEALTH CHECK UP AND ANEMIA DETECTION PROJECT -29/11/2023**



**VII) WORLD ANEMIA DAY – FREE DISTRIBUTION OF IRON SUPPLEMENTS -26/11/2023**



VIII) AWARENESS CAMP ON MENSTRUAL HYGIENE – 24/11/2023



IX) HEALTH AWARENESS CAMP – BORLI PACHATAN -22/11/2023



X) CHARITY FOR FLOOD VICTIM FAMILIES- 26/03/2023



**XI) HEALTH CHECK UP CAMP-**



**4) SCIENTIFIC MEETINGS ORGANIZED:**

**1. VIDARBHA PEDICON:**



**2. MARPCON:**



**3) MAHA IAP MIDTERM CME:**



6<sup>th</sup> Edition **NASHICON 2023**  
*Dream It, Learn It, Enjoy It!*  
**10<sup>th</sup> & 11<sup>th</sup> June 2023**  
 Indian Academy of Pediatrics, Nashik Branch

Organised by **NASHIK DISTRICT BRANCH OF IAP**

APPLIED FOR CREDIT POINTS

at **Grape County Resort**  
 Trimbak Road, Nashik.

IX ANNUAL CONFERENCE OF **KOLHAPUR ACADEMY OF PEDIATRICS**

**KAPCON 2023**  
 REACHING NEW HEIGHTS

**1<sup>st</sup> - 3<sup>rd</sup> September 2023 | Hotel Sayaji, Kolhapur**

Applied For 6 MMC Points

**WORKSHOPS** **27<sup>th</sup> August 2023**

WORKSHOP	HOSPITAL	COORDINATOR	FACULTY
Practical Pediatric Hematology Workshop	Dr. D. Y. Patil Medical College & Hospital	Dr. Priti Naik	Dr. Vibha Bafana Dr. Shweta Bansal Dr. Sandip Bartakke Dr. Pranoti Kini Dr. Avinash Bhosale
High Risk Neonate Assessment (HINA)	Apple Saraswati Hospital	Dr. Kashmiri Badbade	Dr. Antikumar K Dr. Ashwini Marathe Dr. Dinesh Saroj
Basic NRP	Aster Aadhar Hospital	Dr. Gopal Wasgaonkar	Dr. Amit Patil Dr. Manvatekar N Dr. Vijay Gavade

**WORKSHOPS** **1<sup>st</sup> September 2023**

WORKSHOP	HOSPITAL	COORDINATOR	FACULTY
Ventilation Basics & Beyond	Dr. D. Y. Patil Medical College & Hospital	Dr. Vijay Mali Dr. Vyankatesh T	Dr. Amit Gupta (LHK) Dr. Farhan Sheikh Dr. Rahul Yadav Dr. Parmanand Dr. Amit Patil
Point Of Care (POCUS)	Aster Aadhar Hospital	Dr. Amit Patil Dr. Ravindra Pawar	Dr. Rakshay Shetty Dr. Mohit Sahu Dr. Vikram Hirekurur Dr. Deepak Mahesh Dr. Milind Jambagi
Advanced NRP	Dr. D. Y. Patil Medical College & Hospital	Dr. Nivedita Patil Dr. Anmol Girwalkar	Yet to Announce
Nursing Critical Care	Apple Saraswati Hospital	Dr. Prama Bafana Dr. Mahendra Dobhal	Dr. Jesal Seth Dr. Mahendra Dobhal

19<sup>th</sup> ANNUAL CONFERENCE OF **ACADEMY OF PEDIATRICS, NAGPUR**

**napcon 2023**  
 (PEDOFFICECON)  
 "Rationalization & Revolutionizing Office Practice"

**6<sup>th</sup> OCTOBER TO 8<sup>th</sup> OCTOBER 2023**  
**HOTEL RADISSON BLU, NAGPUR**

Applied for 6 MMC Credit Points

REGISTER NOW!

Thane Academy of Pediatrics  
*Welcomes You All*  
**33<sup>rd</sup> Annual Conference of MAHARASHTRA STATE BRANCH OF INDIAN ACADEMY OF PEDIATRICS**

**MAHAPEDICON 2023**  
 WITH **XIII - TAPICON 2023**  
**13<sup>th</sup> - 15<sup>th</sup> OCTOBER 2023 | THE WESTIN POWAI LAKE, MUMBAI**  
 Theme : Drifts and Shifts In Pediatric Practice

**SCIENTIFIC PROGRAM**

Thane Academy of Pediatrics  
 33<sup>rd</sup> ANNUAL CONFERENCE OF MAHARASHTRA STATE BRANCH OF INDIAN ACADEMY OF PEDIATRICS

**MAHAPEDICON 2023**  
 WITH **XIII - TAPICON 2023**

**THEME :**  
 - Exploring the Art & Science of Happiness and Meaningful Life through powerful research based tools in positive psychology.  
 - Application of Emotional Intelligence in real life to "Happify Yourself"

**PRE CONFERENCE WORKSHOP**  
**HAPPIFY YOURSELF**  
 (WORKSHOP FOR PEDIATRIANS MAHAPEDICON 2023)

**GENERAL FORMAT:**  
 = 60 min of interactive presentation for all (30 min) Intro: What is happiness? Why happiness? 30 min of the end take aways and Q&A  
 = 10 HAPPIFY WORK STATIONS (HWS) Powerful & fun experiential activities based on science of positive psychology. 20min each

WORK STATION	TOPIC/THEME	HAPPIFY WORK STATION	Duration
HWS 1	Role of Emotions in Life	Grateful Mind Moments	20 min
HWS 2	Brain Function	HAPPY BELIEF	20 min
HWS 3	Training Manual for Happiness	What's your Emotional Style?	20 min
HWS 4	Empowerment & Resilience	Self-Compassion Practice Exercise	20 min
HWS 5	Engaging Story & Rituals	Know Your Triggers	20 min
HWS 6	Feeling Your Emotions	Empowerment Practice	20 min
HWS 7	Managing other's Feelings!	Positive Coaching	20 min
HWS 8	Empowering Action Systems	Empowerment Practice	20 min
HWS 9	Emotional Action System	Gratitude Journal	20 min
HWS 10	Intuitive Action System	Mind on the matter activity	20 min

**WORKSHOP FACILITATOR: DR. SANDEEP KILKAR**

DR. ANBUTA BARGE  
 DR. JAYA BARGE  
 DR. JAYA BARGE

DR. MARY K  
 DR. PANDU SURESH  
 DR. SHAMSHAD KHAN

DR. LADACHAR USALAMBAR  
 DR. TUSHI BANSAL  
 DR. SATISH BHANDARI

BLINDL'N' BLESS'D'YER

<https://www.thaneacademyofpediatrics.com/33rdannualconference/>

Thane Academy of Pediatrics  
33rd Annual Conference of  
MAHARASHTRA STATE BRANCH OF INDIAN ACADEMY OF PEDIATRICS

# MAHAPEDICON 2023

WITH  
**XIII - TAPICON 2023**

## UNLEASHING THE POWER OF PERITONEUM & PERITONEAL DIALYSIS

**PRECONFERENCE WORKSHOP - MAHAPEDICON 2023**  
*The workshop familiarising paediatricians from the Pre Dialytic management of Kidney ailments to the hands on procedure of Peritoneal Dialysis. Emphasising the fluid, medical management and pearls of counselling during peritoneal Dialysis.*

Date: 12<sup>th</sup> October, 2023 | Duration: 9 am to 4 pm  
Venue: MGM's New Bombay Hospital, Vashi, Navi Mumbai

TIME	TOPIC
9.00 am to 9.30 am	Registration
9.30 am to 9.45 am	Non-Isotonic Management of Acute Kidney Injury
9.45 am to 10.00am	Physiology of Peritoneal Dialysis
10.00 am to 10.30 am	Indications & Contraindications of PD
10.30 am to 11.00 am	Fluids used in PD
11.00 am to 11.15am	<b>TEA BREAK</b>
11.30 am to 12.00 pm	Prescribing PD and Medications Added & Adjusted
12.00 pm. to 1.00 pm	Comparison with HD & Brief Overview of Chronic PD
WORKSTATIONS	
1.00 pm to 1.45 pm	Equipment, Catheters & Fluids
1.45 pm to 2.30 pm	Procedure of PD (With Mannequin)
2.30 pm to 3.15 pm	Complications of PD (Case Scenarios)
3.15 pm to 4.00 pm	Management of Child on PD
4.00 pm to 4.15 pm	<b>TEA BREAK</b>
4.15 pm to 5.00 pm	To Do or Not to Do

**FACULTY**  
DR. PANKAJ DESHPANDE | DR. VAISHALI MORE | DR. PRITHI INAMDAR  
DR. RAJDEEP PAL | DR. AMOL MADAVE

**CONVENOR: DR. PANKAJ DESHPANDE** | **CO-ORDINATOR: DR. JEETENDRA GAVHANE**

## 42nd Annual Convention of NNF India

# neocon 2023

EVERY NEWBORN - SURVIVE AND THRIVE

Organised by  
Neonatology Forum Nagpur Chapter

# SCIENTIFIC HIGHLIGHTS

**23 - 26 November 2023**  
Suresh Bhat Auditorium,  
Reshimbagh, Nagpur  
[www.neocon2023nagpur.com](http://www.neocon2023nagpur.com)

# MAHANEOCOON 2023

## 19<sup>th</sup> Annual Conference of NNF Maharashtra State

Organised by  
**Solapur Academy of Pediatrics**

1<sup>st</sup> & 2<sup>nd</sup> July 2023  
Venue : Balaji Sarovar Premiere, Hotgi Road, Solapur.

MAHANEOCOON 2023  
"Reach the unreachable"

## 25TH NATIONAL CONFERENCE OF IAP INTENSIVE CARE CHAPTER (SILVER JUBILEE CONFERENCE)

# PEDICRITICON 2023 PUNE

Workshops : Thursday, 30th November 2023  
Main Conference : Friday 1st, Saturday 2nd &  
Sunday 3rd December 2023

**THEME :** Pediatric Critical Care: Combining  
Evidence with Experience

**HOSTED BY :** INDIAN ACADEMY OF PEDIATRICS, PUNE  
**CO-HOST :** PEDIATRIC INTENSIVE CARE CHAPTER, PUNE

[iappune@gmail.com](mailto:iappune@gmail.com) | [www.pedicriticonpune.org](http://www.pedicriticonpune.org)

## 5) INVOLVEMENT IN ACTIVITIES OF CIAP

### I) WORLD BREASTFEEDING WEEK AWARENESS



### II) SKIT PERFORMANCE



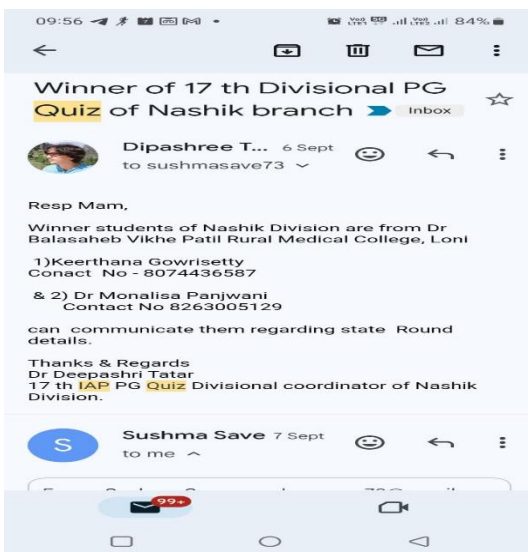
### III) AWARENESS RALLY



### IV) BREASTFEEDING AWARENESS TALK PGIMC, NAVI MUMBAI



### V) DIVISIONAL QUIZ



23/08/2023

17<sup>th</sup> IAP Paediatric Quiz for Postgraduates (2022)  
Nashik Division (29<sup>th</sup> Aug 2022)

TEAM	A	B	C	D	E	F
College / Hospital	smBT Hospital	Pravara	Safalya	Nelson	mvp	Crml
Participant Name	Manali Patil	Manalika Patil	Abhichela Jagruti	Animudda Ronak	Anant	Snehal Sinha
Round 1 (Critical Scenarios)	0	0	0	0	5	10
Round 2 (Neurology)	0	10	0	10	0	0
Round 3 (Systemic Pathology)	0	5	0	0	0	0
Round 4 (Visual Round)	5	0	5	0	5	5
Round 5 (Diagnosis & Management)	0	5	10	0	0	5
Round 6 (Case scenario Systemic medicine)	10	10	10	0	5	0
Rapid Fire						
1	0					
2	0					
3	0					
4	0	10				
5	0		10			0
6	0					
7	0					
8	0					
Total	40	25	25	17.5	40	32.5

## VI) UNDERGRADUATE QUIZ



## VII) IAP PG QUIZ STATE BRANCH ROUND



## VIII) LACTACON -NAGPUR



## IX) WORLD BREASTFEEDING WEEK ACTIVITY – IGMC NAGPUR -03/08/2023





**X) FREE SEMINAR- BREASTFEEDING BEST FOR BABY WORKSHOP**



**6) INVOLVEMENT OF MAHAIAIP IN MEDICAL COLLEGE AND SUBSPECIALITY CHAPTERS**

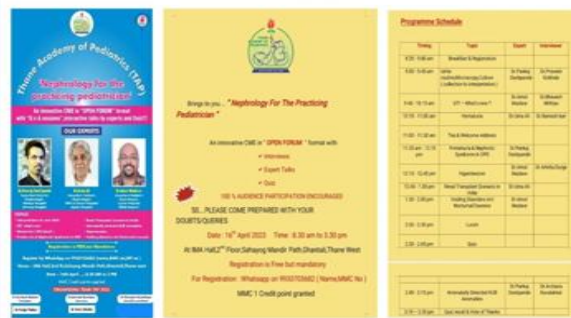
**I) AUTISM WORKSHOP FOR PARENTS**

**DR VASANTRAO PAWAR MEDICAL COLLEGE**

**II) NEPHROLOGY CME**



**Nephrology CME 16th April 2023**



**IV-IX) MAHASUBSPECIALITY CONNECT-**



## MAHA SUBSPECIALITY CONNECT

### Pearl's in Pediatric Nephrology

#### NEPHROTIC SYNDROME

Season 2nd

**EXPERTS**

**Dr. Pankaj Bhasani**  
Pediatric Nephrologist  
Child Pediatric  
Superspeciality Clinic,  
Chhatrapati Sambhaji Maharaj

**Dr. Kiran Sathre**  
Pediatric Nephrologist  
Sir H R Balentine  
Foundation Hospital,  
Mumbai

**Moderators**

**Dr. Sameer Sadawarte**  
EB Member  
MAHAIAAP

**Dr. Rajesh Noone**  
EB Member  
MAHAIAAP

**PLEASE CLICK HERE TO JOIN**  
23.06.23, 9 PM

**TEAM MAHAIAAP**

**Dr. Ramakant Patil**  
(President MAHAIAAP)

**Dr. Anand Pawar**  
(Secretary General MAHAIAAP)

**CIAP**  
Dr. Manojrao Kulkarni (President), Dr. D. V. Bhatnagar (President Emeritus), Dr. Ramakant Patil (CIAP), Dr. Vinayak Sawane (CIAP)

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**CIAP EB**  
Dr. Girish Chandra, Dr. Jashwantrao Dhanraj, Dr. Prasad Kulkarni, Dr. Ramakant Patil, Dr. Ramu Bhandari

**CIAP Directors**  
Dr. Prashant Joshi, Dr. Shyam Choudhary, Dr. Manoj Bhatnagar, Dr. Sameer Sadawarte, Dr. Sachin Patil

## MAHA SUBSPECIALITY CONNECT

### Pediatric Rheumatology

Season 2nd

**EXPERTS**

**Recurrent Fever : Navigating the diagnostic Maze**  
**Dr. Chandrika Bhat**  
Pediatric Rheumatologist  
Rainbow Children's Hospital,  
Bengaluru

**JIA : Case Based Learning**  
**Dr. Jitendra Oswal**  
Pediatric Rheumatologist  
Prof. Bhargat Hospital  
Pune

**Moderators**

**Dr. Sameer Sadawarte**  
EB Member  
MAHAIAAP

**Dr. Sachin Patil**  
EB Member  
MAHAIAAP

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25.07.23, 9 PM

**TEAM MAHAIAAP**

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(President MAHAIAAP)

**Dr. Anand Pawar**  
(Secretary General MAHAIAAP)

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## MAHA SUBSPECIALITY CONNECT

### Neonatology

30th August  
9 PM

Season 2nd

**EXPERTS**

**Golden Hour Care**  
**Dr. Sanjay Aher**  
Neonatologist  
Neocore Hospital,  
Nashik

**Lessons From Perinatology Cases**  
**Dr. Shilpa Kalane**  
Neonatologist  
Deenanath Mangeshkar Hospital  
Pune

**Moderators**

**Dr. Sameer Sadawarte**  
EB Member  
MAHAIAAP

**Dr. Sachin Patil**  
EB Member  
MAHAIAAP

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30.08.23, 9 PM

**TEAM MAHAIAAP**

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(President MAHAIAAP)

**Dr. Anand Pawar**  
(Secretary General MAHAIAAP)

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**CIAP Directors**  
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## MAHA SUBSPECIALITY CONNECT

### PEDIATRIC CRITICAL CARE

29th September  
9 PM

Season 2nd

**Speakers**

**IV Fluids In Sick CHILD**  
**Dr. Mahesh Mohite**  
Senior Pediatrician  
Sai Child Care Hospital  
PANVEL

**Shock Beyond Cold & Warm**  
**Dr. Vinayak Patki**  
Pediatric Intensivist  
Ushakal Abhinav Institute of  
Medical Sciences, SANGLI

**Guest OF Honor & EXPERT**

**Dr. Parmanand Andankar**

**Moderators**

**Dr. Sameer Sadawarte**  
EB Member  
MAHAIAAP

**Dr. Sachin Patil**  
EB Member  
MAHAIAAP

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29.09.23, 9 PM

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(President MAHAIAAP)

**Dr. Anand Pawar**  
(Secretary General MAHAIAAP)

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### X)CPR DAY – SMBT MEDICAL COLLEGE,GHOTI



GPS Map Camera

Ghoti Kh, Maharashtra, India  
 QQ6C+4H6, Ghoti - Shirdi Rd, Ghoti Kh, Maharashtra 422403,  
 India  
 Lat 19.760251°  
 Long 73.771504°  
 21/07/23 02:54 PM GMT +05:30



GPS Map Camera

Ghoti Kh, Maharashtra, India  
 Ground Floor, SMBT Hospital, Ghoti-Shirdi Road, Ghoti - Sinner  
 Rd, Ghoti Kh, Maharashtra 422403, India  
 Lat 19.760886°  
 Long 73.769986°  
 21/07/23 02:57 PM GMT +05:30



IV) SSS – 12/09/2023



V) SSS – SNDT NURSING COLLEGE 30/09/2023



VI)SSS- 29/11/2023



VII) B4E AND BEYOND – UNICEF MAHARASHTRA (IAP NASHIK)



VIII) NC-ECD WORKSHOP



IX)SSS – SMBT GHOTI AND IAP NASHIK

X) SAKHI SAVITRI PROGRAM - NASHIK



**8) LIST OF OTHER ACTIVITIES**

**A) JOURNAL JOURNEY – 12 PROGRAMS IN YEAR 2023**





**Journal Journey**  
1st September, 9 PM

**Expert**  
Dr. Tushar Godbole  
Pediatric Endocrinologist  
Mumbai

**Guest Of Honor**  
Dr. Rajni Shah  
Medical Director,  
Amar Institute Of Child Health  
MUMBAI  
President CIAP 2005

**Expert**  
Dr. Jayant Upadhye  
National Vice President  
West Zone  
BY PAPE Medical College  
MUMBAI

**1 MMC POINT Granted**

**Association Between Eating Speed, Diet Quality, Adiposity and Cardio-metabolic Risk Factors**

**Influenza Vaccine Efficacy: Scope, Influencing Factors and Strategic Intervention**

**Moderators**  
Dr. Chitra Kulkarni  
Dr. Shalini Prasad

**TEAM MAHAIAAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**TEAM RAIGAD IAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**Top To JOIN**

**CIAP Team**  
MAHAIAAP Team  
CIAP EB Team  
Raigad IAP Team

**Journal Journey**  
1st November, 9 PM

**Expert**  
Dr. N. K. Subramanya  
Chalghatpura National Respiratory  
Institute  
MUMBAI

**Guest Of Honor**  
Dr. Uday Bodankar  
Past President  
Indian Academy of Pediatrics  
NAGPUR

**Expert**  
Dr. Rahul Vaidya  
Consultant in Field of Neurology  
and Speech Language Pathology  
Mumbai

**1 MMC POINT Granted**

**Development of Clinical Based Scoring System for Diagnosing Subacute Meningitis in Children**

**Neurology Assessment in Healthy Children and Adults in terms of Neurophysiological Response Measurement**

**Moderators**  
Dr. Chitra Kulkarni  
Dr. Shalini Prasad

**TEAM MAHAIAAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**TEAM RAIGAD IAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**Top To JOIN**

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MAHAIAAP Team  
CIAP EB Team  
Raigad IAP Team

**Journal Journey**  
1st December, 9 PM

**Expert**  
Dr. Himan Mohanty  
Pediatric Infectious Disease  
Mumbai

**Chief Guest**  
Dr. C V Basavaraja  
President Elect IAP

**Expert**  
Dr. Atish Bakare  
Pediatric Immunologist  
Ray Of Hope Centre For PHD & RAIT  
MUMBAI

**Presenter**  
Dr. Prasanna Bansode  
Pediatric Infectious Disease  
Mumbai

**Guest Of Honor**  
Dr. Ramgopal Chejara  
President Elect MAHAIAAP

**Presenter**  
Dr. Priyanka Pawar  
Pediatric Immunologist  
MUMBAI

**1 MMC POINT**

**Pediatric Neurocutaneous Pityriasis Versicolor**

**Treatment of newly diagnosed paratuberculosis, TB & non-TB based chemotherapy protocol**

**Moderators**  
Dr. Chitra Kulkarni  
Dr. Pramod Mankhade

**TEAM MAHAIAAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**TEAM RAIGAD IAP**  
Team Lead: Dr. [Name]  
Team Members: Dr. [Name], Dr. [Name], Dr. [Name]

**Top To JOIN**

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CIAP EB Team  
Raigad IAP Team

**II) P.A.T.H. (PEDIATRICIANS ACTION FOR TEENAGERS HEALTH)**

**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**5 February 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: The Three Monkey's In Teen's Life**  
 Dr. J. S. Tuteja  
 Indore

**Topic: Anticipatory Guidance for Teens and Parents**  
 Dr. M. K. C. Nair  
 Trivandrum

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
 Dr. Sucheta Malwatkar  
 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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 Dr. Neha Singh (Co Chairperson MAHAIAAP WC)

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 Dr. Anil Kabad, Dr. Rajesh Nemade, Dr. Anurag Pangarikar, Dr. Rajkumar Karkar, Dr. Sachin Patil

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**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**5 March 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Adolescent sexuality - The changing trends**  
 Dr. C. P. Bansal

**Topic: Sexuality education - Role of gatekeepers**  
 Dr. Geeta Patil

**Topic: Sexual experimentation in Teens and Youth**  
 Dr. Atul Kanikar

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
 Dr. Sucheta Malwatkar  
 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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 Dr. Anil Kabad, Dr. Rajesh Nemade, Dr. Anurag Pangarikar, Dr. Rajkumar Karkar, Dr. Sachin Patil

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**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**2 April 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Interviewing a Teenager (HEADSSS Screening)**  
 Dr. Preeti Galgali  
 Bangalore

**Topic: Adolescent Risk Taking Behaviours**  
 Dr. Sulbha Pawar  
 Nashik

**Topic: Psychological Development in Teen years**  
 Dr. Suchit Tamboli  
 Ahmednagar

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
 Dr. Sucheta Malwatkar  
 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**7 May 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Body Image concerns in Teens and Youths**  
 Dr. Paula Gael  
 (Mumbai)

**Topic: Teens and Social Media: Benefits and Hazards**  
 Dr. Piyush Gupta  
 (Delhi)

**Topic: Media Education**  
 Dr. Sonia Bhatt  
 (Agra)

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
 Dr. Sucheta Malwatkar  
 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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 Dr. Anil Kabad, Dr. Rajesh Nemade, Dr. Anurag Pangarikar, Dr. Rajkumar Karkar, Dr. Sachin Patil

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**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**4 June 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Psychopharmacology in Adolescence**  
 Dr. Arun Nair  
 (Thiruvananthapuram)

**Topic: Counselling of Adolescent in OPD for Pediatricians**  
 Dr. MKC Nair  
 (Thiruvananthapuram)

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
 Dr. Sucheta Malwatkar  
 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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 Dr. Anil Kabad, Dr. Rajesh Nemade, Dr. Anurag Pangarikar, Dr. Rajkumar Karkar, Dr. Sachin Patil

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**MAHAIAAP & AHA Nashik Presents**  
**P.A.T.H.**  
 (Pediatrician's Action for Teenager's Healthcare)  
**2 July 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Anger Management**  
 Dr. Piyali Bhattacharya  
 Lucknow

**Topic: Rational Emotive Behavior Therapy (REBT)**  
 Dr. Atul Kanikar  
 Nashik

**Co Ordinator :**  
 Dr. Atul Kanikar  
**Joint Co Ordinators :**  
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 Dr. Chandrakant Survase  
 Dr. Reena Rathi  
 Dr. Sulbha Pawar  
 Dr. Tripti Mahatme

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**MAHAIAAP & AHA Nashik Presents**

**P.A.T.H.**  
(Pediatrician's Action for Teenager's Healthcare)

**6 August 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Legal Issues in Adolescent Practice**  
**Topic: Adolescent Practice At Government Set up**  
**Topic: Adolescent Practice At Private Set up**

**Dr. Swati Ghate (Jaipur)**  
**Dr. Chandrakant Survasse (Nashik)**  
**Dr. Reena Rathi (Nashik)**

**Co Ordinator: Dr. Atul Kanikar**  
**Joint Co Ordinators: Dr. Sucheta Mahawalkar, Dr. Chandrakant Survasse, Dr. Reena Rathi, Dr. Sulbha Pawar, Dr. Tripti Mohatre**

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**MAHAIAAP & AHA Nashik Presents**

**P.A.T.H.**  
(Pediatrician's Action for Teenager's Healthcare)

**3 Sep 2023** **11 am to 12.30 pm**

**Speakers**

**Topic: Adolescent Counselling in Office Practice**  
**Topic: Counselling of Adolescents and Parents on Sexuality Issues**

**Dr. MKC Nair (Thiruvananthapuram)**  
**Dr. Vaishali Deshmukh (Pune)**

**Co Ordinator: Dr. Atul Kanikar**  
**Joint Co Ordinators: Dr. Sucheta Mahawalkar, Dr. Chandrakant Survasse, Dr. Reena Rathi, Dr. Sulbha Pawar, Dr. Tripti Mohatre**

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**MAHAIAAP & AHA Nashik Presents**

**P.A.T.H.**  
(Pediatrician's Action for Teenager's Healthcare)

**1 OCT 2023** **11 AM to 12.30 PM**

**Speakers**

**Topic: Adolescent Depression: It's Ok not to be OK**  
**Topic: Suicide Prevention in Adolescent**

**Dr. Prashant Kariya (Surat)**  
**Dr. Sushma Desai (Surat)**

**Co Ordinator: Dr. Atul Kanikar**  
**Joint Co Ordinators: Dr. Sucheta Mahawalkar, Dr. Chandrakant Survasse, Dr. Reena Rathi, Dr. Sulbha Pawar, Dr. Tripti Mohatre**

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**MAHAIAAP & AHA Nashik Presents**

**P.A.T.H.**  
(Pediatrician's Action for Teenager's Healthcare)

**5 November 2023** **11 am to 12.30 pm**

**Speaker**

**Topic: Role of Life Skills for Prevention of Substance Abuse**

**Dr. Poornam Bhatia Dewas (MP)**

**Co Ordinator: Dr. Atul Kanikar**  
**Joint Co Ordinators: Dr. Sucheta Mahawalkar, Dr. Chandrakant Survasse, Dr. Reena Rathi, Dr. Sulbha Pawar, Dr. Tripti Mohatre**

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**MAHAIAAP & AHA Nashik Presents**

**P.A.T.H.**  
(Pediatrician's Action for Teenager's Healthcare)

**3 Dec 2023** **11 AM to 12.30 PM**

**Speakers**

**Topic: Interesting Case Scenarios...Lessons to Learn**

**Dr. Swati Y Bhava President IAP 2000**

**Co Ordinator: Dr. Atul Kanikar**  
**Joint Co Ordinators: Dr. Sucheta Mahawalkar, Dr. Chandrakant Survasse, Dr. Reena Rathi, Dr. Sulbha Pawar, Dr. Tripti Mohatre**

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**III) TUESDAY TAKES –**



### MAHAIAAP Women Committee Presents Tuesday Takes!

*With weeks of joy and valleys of hardship, life is a roller coaster. Life that's both scary and exciting at the same time!*

*The Wild and Fall of which begins our Journey!*

*The Wild and Fall of which begins our Journey!*

*The Wild and Fall of which begins our Journey!*

**12th Sep, 9PM**

**Theme: MUSCULAR DISORDERS**

**PLEASE CLICK HERE TO JOIN**

**12th September, 9PM**

**TEAM MAHAIAAP**

### MAHAIAAP Women Committee Presents Tuesday Takes!

*With weeks of joy and valleys of hardship, life is a roller coaster. Life that's both scary and exciting at the same time!*

*The Wild and Fall of which begins our Journey!*

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*The Wild and Fall of which begins our Journey!*

**18th Oct, 9PM**

**Theme: INFECTIOUS DISEASES**

**PLEASE CLICK HERE TO JOIN**

**10th October, 9PM**

**TEAM MAHAIAAP**

### MAHAIAAP Women Committee Presents Tuesday Takes!

*With weeks of joy and valleys of hardship, life is a roller coaster. Life that's both scary and exciting at the same time!*

*The Wild and Fall of which begins our Journey!*

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**21st Nov, 9PM**

**Theme: ANTIBIOTICS AWARENESS WEEK: ANTIBIOTICS PROTOCOLS**

**PLEASE CLICK HERE TO JOIN**

**21st November, 9PM**

**TEAM MAHAIAAP**

## IV)IMMUNIZATION DIALOGUE

**Maha Academy of Pediatrics is inviting you for a scheduled Zoom meeting**

**1 MMC Credit point**

**Lecture by Dr. Sanjay Marathe: Adjuvant & Conjugate Vaccines**

**Panel Discussion: Conjugate vaccines - Hib/Pneumococcal/ Typhoid**

**30 June 2023 9.30 pm**

Dr. Arun Wadhwa  
Guest Panelist

Dr. Sanjay Marathe  
Moderator

Dr. Rajendra Khadke  
Moderator

Dr. Sanjay Lalwani  
Panelist

Dr. Ramakant Patil  
President, MAHAIAAP

Dr. Amol Pawar  
Secretary General, MAHAIAAP

Dr. Shyam Chaudhari  
Vice President, MAHAIAAP

Dr. Milind Sharda  
State Convener, MAHAIAAP

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**Maha Academy of Pediatrics is inviting you for a scheduled Zoom meeting**

**1 MMC Credit point**

**Lecture by Dr. Manish Ganesh Kulkarni: Newer Vaccines and vaccines in Pipeline**

**Panel Discussion: Immunisation Dialogue on Rabies Vaccination**

**27 July 2023 9.30 pm**

Dr. Aswath Narayana  
Guest Panelist

Dr. Manish Kulkarni  
Moderator

Dr. Sanjay Lalwani  
Moderator

Dr. Sanjay Marathe  
Panelist

Dr. Rajendra Khadke  
Panelist

Dr. Ramakant Patil  
President, MAHAIAAP

Dr. Amol Pawar  
Secretary General, MAHAIAAP

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Vice President, MAHAIAAP

Dr. Milind Sharda  
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**1 MMC Credit point**

**Lecture by Dr. Nitin K. Shah: Role of IPV in "END GAME POLIO PROGRAMME"**

**31 August 2023**  
9.30 pm

**Panel Discussion: OPV and IPV**

Dr. Nitin K. Shah (Guest Panelist), Dr. Sanjay Marathe (Moderator), Dr. Rajendra Khadke (Panelist), Dr. Mrs. Manish Kulkarni (Panelist)

Team MAHAIAAP: Dr. Ramakant Patil (President), Dr. Amol Pawar (Secretary General), Dr. Shyam Chaudhari (Vice President), Dr. Milind Bharadia (State Convener), Dr. Mohan Warke (Treasurer)

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Passcode: 123456

**Maha Academy of Pediatrics is inviting you for a scheduled Zoom meeting**

**1 MMC Credit point**

**Lecture by Dr. Sanjay Lalwani: Changing trends in vaccination at National level**

**22 September 2023**  
9.30 pm

**Panel Discussion: HPV, Influenza and JE Vaccines**

Dr. Chandramohan Kumar (Guest Panelist), Dr. Rajendra Khadke (Moderator), Dr. Sanjay Lalwani (Panelist), Dr. Sanjay Marathe (Panelist)

Team MAHAIAAP: Dr. Ramakant Patil (President), Dr. Amol Pawar (Secretary General), Dr. Shyam Chaudhari (Vice President), Dr. Milind Bharadia (State Convener), Dr. Mohan Warke (Treasurer)

Zoom ID: 873 0325 0289  
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**V) MAHACASE CHALLENGE**

**MAHAIAAP CASE CHALLENGE**

**Third Episode**  
**10th AUGUST, 9 PM**

**Expert: Dr. S Srinivasan**  
**Guest Of Honor: Dr. Atul Kulkarni**  
**Expert: Dr. Sharad Agarkhedkar**

**1 MMC CREDIT POINT**

**Team Latur IAP Challengers: Dr. Dipika Bhosale, Dr. Kiran Holikar, Dr. Santosh Bajaj**

**Team Thane IAP Challengers: Dr. Sudam Mungal, Dr. Hrishikesh Punde, Dr. Smita Patil**

Zoom ID: 889 5849 4872  
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**MAHAIAAP CASE CHALLENGE**

**FIFTH Episode**  
**15th September, 9 PM**

**Expert: Dr. Narendra Nanivadekar**  
**Guest Of Honor: Dr. Vasant Khalatkar**  
**Expert: Dr. Mahesh Mohite**

**1 MMC CREDIT POINT**

**Team Kolhapur IAP Challengers: Dr. Sunil Sheeth, Dr. Abasaheb Patankar, Dr. Rajendra Chandorkar**

**Team RAIGAD IAP Challengers: Dr. Mahesh Kore, Dr. Uday Patil, Dr. Vyankatesh Tarkasband**

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Passcode: 123456

**MAHAIAAP CASE CHALLENGE**

**SIXTH Episode**  
**27th September, 9 PM**

**Expert: Dr. Abhay Shah**  
**Guest Of Honor: Dr. Vasant Khalatkar**  
**Expert: Dr. Suhas Kulkarni**

**1 MMC CREDIT POINT**

**Team DHARASHIV IAP Challengers: Dr. N.D. Birajdar, Dr. Prasad Dharna, Dr. Makarand Barate**

**Team SOLAPUR IAP Challengers: Dr. Sheetal Gandhi, Dr. Kundan Chopade, Dr. Mitali Borgaonkar**

Zoom ID: 889 5849 4872  
Passcode: 123456

# VI) MAHASUBSPECIALITY CONNECT

## MAHA SUBSPECIALITY CONNECT SEIZURES

28.03.23 9 PM

Recent Guidelines for Febrile Seizures  
Dr. Vishwanath Kulkarni  
Pediatric Neurologist, Pune

Seizures, When to Investigate?  
Dr. Prashant Utage  
Pediatric Neurologist, Latur/ Hyderabad

Meeting ID: 825 4243 5542  
Passcode: 123456

Channel: Mahalap / live (Subscribe for updates)

Experts: Dr. Sanjay Joshi (Senior Paediatrician, Mumbai, India), Dr. Anand Purohit (Pediatric Neurologist, India), Dr. Sameer Sadawarte (EB MAHAJIP), Dr. Sachin Patil (EB MAHAJIP)

Moderators: Dr. Anand Purohit (Secretary General MAHAJIP)

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Co-ordinators: Dr. Prashant Joshi, Dr. Shivam Chaudhari, Dr. Mihir Bhavsar, Dr. Sameer Sadawarte, Dr. Sachin Patil

## MAHA SUBSPECIALITY CONNECT PEDIATRIC CARDIOLOGY

28TH APRIL 9 PM

Season 2nd

How to suspect CHD in a girl?  
Dr. Pranveer Lale, Nagpur

How to read echo reports?  
Dr. Deepak Eklare, Nanded

What to do after a diagnosis of CHD?  
Dr. Pankaj Sugaorkar, Pune

Meeting ID: 852 7564 1719  
Passcode: 125456

Channel: Mahalap / live (Subscribe for updates)

Moderators: Dr. Anand Purohit (Secretary General MAHAJIP)

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Co-ordinators: Dr. Prashant Joshi, Dr. Shivam Chaudhari, Dr. Mihir Bhavsar, Dr. Sameer Sadawarte, Dr. Sachin Patil

## MAHA SUBSPECIALITY CONNECT Pearl's in Pediatric Nephrology NEPHROTIC SYNDROME

23.06.23, 9 PM

Dr. Pankaj Bhasani  
Pediatric Nephrologist  
Cerebrid Pediatric SuperSpecialty Clinic, Chhatrapati Sambhujinagar

Dr. Kiran Sathe  
Pediatric Nephrologist  
Sir H N Balaram Foundation Hospital, Mumbai

Dr. Sameer Sadawarte (EB Member MAHAJIP)

Dr. Rajesh Noone (EB Member MAHAJIP)

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23.06.23, 9 PM

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## MAHA SUBSPECIALITY CONNECT Pediatric Rheumatology

25.07.23, 9 PM

Recurrent Fever : Navigating the diagnostic Maze  
Dr. Chandrika Bhat  
Pediatric Rheumatologist  
Rainbow Children's Hospital, Bangalore

JIA : Case Based Learning  
Dr. Jitendra Oswal  
Pediatric Rheumatologist  
Prof. Bharati Hospital, Pune

Dr. Sameer Sadawarte (EB Member MAHAJIP)

Dr. Sachin Patil (EB Member MAHAJIP)

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25.07.23, 9 PM

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Co-ordinators: Dr. Prashant Joshi, Dr. Shivam Chaudhari, Dr. Mihir Bhavsar, Dr. Sameer Sadawarte, Dr. Sachin Patil

## MAHA SUBSPECIALITY CONNECT Neonatology

30th August 9 PM

Golden Hour Care  
Dr. Sanjay Aher  
Neonatologist  
Naccare Hospital, Nashik

Lessons From Perinatology Cases  
Dr. Shilpa Kalane  
Neonatologist  
Deenaday Hospital, Mungeshkar Hospital, Pune

Dr. Sameer Sadawarte (EB Member MAHAJIP)

Dr. Sachin Patil (EB Member MAHAJIP)

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30.08.23, 9 PM

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Co-ordinators: Dr. Prashant Joshi, Dr. Shivam Chaudhari, Dr. Mihir Bhavsar, Dr. Sameer Sadawarte, Dr. Sachin Patil

## MAHA SUBSPECIALITY CONNECT PEDIATRIC CRITICAL CARE

29th September 9 PM

IV Fluids In Sick CHILD  
Dr. Mahesh Mohite  
Senior Pediatrician  
Sri Child Care Hospital PANVEL

Shock Beyond Cold & Warm  
Dr. Vinayak Patki  
Pediatric Intensivist  
Lishakkal Abhinav Institute of Medical Sciences, SANGLI

Dr. Parmanand Andankar (Guest of Honor & Expert)

Dr. Sameer Sadawarte (EB Member MAHAJIP)

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Co-ordinators: Dr. Prashant Joshi, Dr. Shivam Chaudhari, Dr. Mihir Bhavsar, Dr. Sameer Sadawarte, Dr. Sachin Patil

VII)MAHAKATTA –

## महाकट्टा

**पहिला भाग १५ जुलै, रात्री ९ वाजता**

समीक्षित होण्यासाठी ३० दिवक आता



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बालरोगतज्ञ, हृदयपसर(पुणे)

**संवादक**



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आयुष्यशास्त्र  
महाराष्ट्र राज्य बालरोगतज्ञ संघटना



डॉ. आनंद मखारीया  
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**महाकट्टा समन्वयक**



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**चौथा भाग २६ सप्टेंबर, रात्री ९.३० वाजता**

समीक्षित होण्यासाठी ३० दिवक आता



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**तिसरा भाग १२ ऑगस्ट, रात्री ९.३० वाजता**

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