

# MAHA ACADEMY OF PEDIATRICS

Maharashtra State Branch of Indian Academy of Pediatrics

Society Reg. No. F-11172/Nashik

2022, ISSUE 2, 16th September



[www.mahaiap.org](http://www.mahaiap.org)



[https://www.youtube.com/channel/UCXb-DQaVRZ\\_e1ppjgbRCvVw](https://www.youtube.com/channel/UCXb-DQaVRZ_e1ppjgbRCvVw)



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All the links in the bulletin are clickable.  
Just click on the required link and enjoy our digital bulletin.

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## Dr. Hemant Gangolia President

Dear MAHAIAPians,

Greetings from MAHAIAP !

My heartfelt thanks to each one & all to come enthusiastically forward and participate in the activities carried out by the branches across the state successfully. I & my team are overwhelmed with the back-to-back array of the activities this year in innovative ways.

My best wishes to each & every branch to keep going & carry out the creative activities as well we will have forthcoming weeks to celebrate. Do celebrate the weeks in innovative ways, to involve the society at large so as to make a strong bond between MAHAIAP & people.

I consider myself very fortunate to have a strong team doing wonderful work for MAHAIAP relentlessly particularly Dr. Amol, Dr. Jay, Dr. Vishal, Dr. Neha, Dr. Renu, Dr. Sonali, the entire MAHAIAP Women Committee, the entire cabinet along with EB members, the committees, coordinators of all four Friday releases, Tuesday Takes, Medicolegal hearing, all CIAP EBs of Maharashtra etc. I thank them from bottom of my heart & hope so they all continue to work with extra zeal & enthusiasm. I thank Dr. Joshi couple & IAP Palghar Branch for successful organization of the MAHAIAP Nursing Station program. As well thanks to most of the branches sending their activity reports in time.

Heartfelt thanks to प्रकल्प समिती of “डॉक्टर, एक विचार करु का ?” episodes live streamed on MAHAIAP YouTube Channel on every Sunday at 11 am since February 2022, particularly Dr. Shekhar Dabhadkar Sir, Dr. Suchit Tamboli, Dr. Abhinay Darawade, Dr. Sandeep Kavade and others; the advisor being Dr. Samir Dalwai. I do appreciate the hard work & efforts of the team consistently organising the episode on each Sunday.

I congratulate the editors of this second issue of MAHAIAP bulletin for their herculean efforts & dedication.

We as a team feel proud to update our MAHAIAP website, a dynamic one with release of web app on 5th June.

We are also in process of translating all 105 Parental Guidelines released last year by Dr. Piyush Gupta IPP, in Marathi & launching five guidelines on 5th June. We appreciate the great efforts, dedication of Dr. Narendra Nanivadekar & his enthusiastic team in getting this herculean task in order.

It is an open invitation to each & every MAHAIAPians, branches to come out with any activity, project which is helpful to society at large which will improve the image of us as Pediatricians, we are there to support you.

Last but not the least me firmly believes in team work & all glories to our MAHAIAP is you all doing the hard work & working enthusiastically...

Let's carry on the excellent work.....

Looking forward to meet you all at Mahapedicon 2022, Nashik & my best wishes to the organising host branch for the success of it....

Wish each one & all Happy Bulletin reading & do provide your valuable inputs & suggestions.



## Dr. Amol Pawar

Hon. Secretary General  
2022 & 2023

Dear MAHAIAPians,

Greetings from MAHAIAP Secretariat!

Many thanks to all CIAP EBs, MAHAIAP EBs, district branch OBs & members for joining & actively participating in all the programs right from Jan 22 & in making the first 8 months of ours in office a memorable one.

First time office received maximum activity reports till now. I thank all the district branch OBs at helm for taking extra efforts in carrying out these activities successfully & most importantly submitting it on time. Friends, do celebrate the remaining weeks in innovative ways & involve the society at large so as to make a strong bond between MAHAIAP & the common people in making the young generation of Maharashtra Healthy.

I am so Lucky to have my dear Friend as a Guide, President of MAHAIAP Dr. Hemant Gangolia; working relentlessly for the betterment of MAHAIAP & being the guiding force always behind me and Team MAHAIAP comprising of Dr. Jaykumar, Dr. Vinayak Patil, Dr. Mohan Warke, Dr. Vishal & Dr. Neha and all dear EB members of MAHAIAP.

This year we are so fortunate to start Women Committee under leadership of Dr. Renu & Dr. Sonali who have done wonders. These two lovely ladies along with the entire MAHAIAP Women Committee zonal members from entire Maharashtra are working very hard in communicating & involving all district branch members in various activities throughout the year. Team MAHAIAP is indebted to the work done by them.

I also thank all major branches like Mumbai, Pune, Nagpur, Nashik, Navi Mumbai & Thane for carrying out various activities which were helpful to society in large.

Team MAHAIAP is also thankful to Dr. Shekhar Dabhadkar Sir & whole organizing team of our Sunday Program 'डॉक्टर, एक विचारू का?', a very innovative program in local language involving expert pediatricians, parents, teachers and students also.

I also congratulate the Co- editors of this bulletin Dr. Rajendra Chandorkar & Dr. Neha Singh for their herculean efforts & dedication in editing & compiling all the data received from various contributors for the bulletin.

We as a team feel proud to update our MAHAIAP website, a dynamic one with release of web app on 5th June. We have updated all the data of CIAP members recently in it. Do visit & don't forget to put suggestions if any.

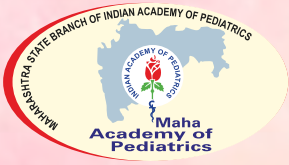
We are also in process of translating all 105 Parental Guidelines released last year by Dr. Piyush Gupta IPP, in Marathi language & launching the first five guidelines on 5th June. We appreciate the great efforts, dedication of Dr. Jayant Upadhye, Dr. Narendra Nanivadekar & their enthusiastic team in getting this herculean task on time. Our plan is to complete this task till June next year & compile them in all in a book which will be gifted to all MAHAIAPians so that it will be a helpful hand for their patients as well.

We are so fortunate to get support of Dynamic CIAP President Remeshkumar Sir & his team mainly Upendra Sir, Vineet Saxena Sir, Samir Dalwai Sir in carrying out various CIAP modules free of cost to remote pediatricians. I also thank CIAP for granting permission to start UDGIR (Dist. Latur) IAP branch in our tenure in recently concluded EB meeting.

Lastly, I thank all MAHAIAPians to support us in carrying out various academic as well as social activities till now.

Team MAHAIAP is looking forward to meet you all at Mahapedicon 2022, Nashik & my best wishes to the organizing team of my home branch for the grand success of it....

Wishing u all Happy & Safe Festive Month.



## FROM THE DESK OF VICE PRESIDENT



**Dr. Vinayak Patil**  
Vice President

Dear MAHAIAPians,

My warm greetings to all !

Since the start of our tenure, MAHAIAP has taken a giant leap. Under the leadership of Dr Hemant Gangolia, we had many academic and non-academic activities.

Our editors Dr Rajendra Chandorkar & Dr. Neha Singh always strive hard to bring Drushtikshep' our MAHAIAP bulletin in front of us. And this time also they have done a brilliant work.

My sincere thanks & best wishes to IAP Yavatmal branch for hosting Mid term CME, in a short notice.

Together we strive to take MAHAIAP at newer heights.

Thanks!



**Dr. Jaykumar Bhandarkar**  
State Convener

Dear MAHAIAPians,

Wish you all blessings from Lord Ganesha !

“Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.”

At the outset I thank all the pediatricians from Maharashtra for excellent and innovative academic activities during this year. Heartfelt Congratulations to all MAHAIAP Branches for participating in all academic sessions.

40 % of under five kids are in risk of not reaching to their productive potential. We Pediatricians are having great opportunity to help our future citizens of India. In this last 6 months we successfully organized many scientific events for all of us. Let's continue this enthusiastic approach and enjoy rest of the year 2022.

I again thank MAHA IAP for the opportunity given to me, to work as STATE CONVENER 2022.



**Dr. Rajendra Chandorkar**  
Co-Editor



**Dr. Neha Singh**  
Co-Editor

Dear Colleagues,  
Season's greetings.

It's our pleasure & honour to communicate with all of you through this quarterly bulletin, Drushtikshep. Hope, all is well.

MAHAIAP has been doing wonders on various aspects of association, be it Academic, Non-academic or social under the able and sensational leadership of Dr Hemantji Gangolia, Dr Amolji Pawar & the team of twenty. It's a perfect execution of the Master Plan portrayed by the visionary incoming president Dr Gangolia at Hotel Express Inn in Nashik with the theme, "Share The Vision". The thoughts well expressed at the first Office Bearer's Meeting in presence of Past IAP President Dr Bakulji Parekh & President Elect of IAP Dr Upendraji Kinjawadekar.

During the installation ceremony & a key meeting afterwards few important decisions were taken. Increasing Membership Strength, forming various Academic Forums, Primitive planning of Mahapedicon 2022 & formation of State Women Committee were the highlighted discussion issues then.

We've taken a big leap afterwards & as promised we've been making the graph of promises & activities steeper & steeper. Innovative Academic Sessions on virtual platforms are making waves like never before. Journal Journey, Mentor/Mentees, Parental Awareness Programmes, Aarogyam Dhansampada(Meditation), Tuesday Takes, Weekly Webinar, Maha Case Challenge, Medicolegal Matters, Maha Katta to name a few. All virtual events have become big hits & going full houses, thanks to the vision of Duo of President/Secretary & the concept share the vision.

It's very difficult to quote the names of all dignitaries involved in various theme based academic & non-academic virtual events but still guidance from the stalwarts like respected Dr Y K Amdekar, Dr Raju Shah, Dr Suhas Prabhu, Dr Vijay Yewale, Dr NK Subramanya, Dr Harish Shetty, Dr Suchit Tamboli, Dr Shekhar Dabhadkar, Dr Nimain Mohanty, Dr Pradnya Gadgil, Dr Shubhada Khirwadkar, Dr Ravi Ramakantan, Dr Mamta Manglani, Dr Jayant Pandharikar & Dr Mahesh Mohite deserve a special mention in various programmes on virtual platform. Most of the IAP branches in our state & the office bearers of District Branches have been keenly involved in various activities. These events are thus graced by renowned Guest Faculties who've been showering feast of knowledge on the attendee delegates. Maha Katta - a chat show with respected Mr Anant Karve with the concept of 'Best from the Waste' was instant hit. Importantly, all these worthy shows are recorded & made available on MAHAIAP YouTube channel which could be viewed later on by the ones who were unable to attend due to various personal problems.

Work of Women Committee deserve a special mention, too!!....Under the able leadership of Dr Renu Boralkar, Dr Sonali Shirbhate & the rest of our women colleagues are doing wonders be it celebrating National Girl Child Day, Daughter's Day, Child & Adolescents Health Week activities or Tuesday Takes for that matter!!.....

Various Innovative & informative videos are out on behalf of MAHAIAP. The ones related to Girl Child, Adolescents, Thalassemia awareness are worth it for social awareness. Various educative online seminars were arranged for Staff Nurses. ECD workshops are doing great progress as an essential informative CME related to early developmental issues & their solutions in children.

And last but not the least.....MahalAP made it's mark in Pedicon at Gurgaon bagging first prize in limited over cricket premier league of IAP.

Until then & thereafter ..... take care & stay safe!!

## Installation Ceremony of Maharashtra Academy of Pediatrics

Date: 30.01.2022 (SUNDAY) – both Physical & Virtual.

Venue: Express Inn, Nashik

Installation Ceremony followed by 1st EB Meeting

Goal:-

### 1) Installation Ceremony of MAHAIAP EB Members.

Following EB Members were installed:

Dr. Vinayak Patil (Vice President, MAHAIAP), Dr. Jay Bhandarkar (State Convener MAHAIAP), Dr. Milind Bharadia (Joint Secretary, MAHAIAP)

Other EB Members:

Dr. Vinay Joshi, Dr. Sameer Sadawarte, Dr. Jitendra Gavhane, Dr. Ramgopal Chejara, Dr. Sanjay Natu, Dr. Sandeep Kulkarni, Dr. Sagar Wagh, Dr. Avinash Bhosale, Dr. Shyam Khandelwal, Dr. Snehal Nagre, Dr. Pankaj Agarwal, Dr. Bhupesh Bhond, Dr. Renu Boralkar, Dr. Sonali Shirbhate.

### 2) 1st EB Meeting – President of MAHAIAP Dr. Hemant Gangolia presented 'Our Presidential Plan' the anticipated Master Plan of Activities in the upcoming tenure under his leadership.

### 3) Important issues regarding increasing membership strength, various important academic forum's schedule, upcoming EB meetings schedule & worthy discussion on the preparation of association's mega event MAHAPEDICON 2022.

### 4) The first bulletin "Drushtikshep" with the theme "Share The Vision" was released by the hands of Guest Dr. Bakul Parekh & Dr. Upendra Kinjawadekar. The editors being Dr. Amol Pawar, Dr. Rajendra Chandorkar & Dr. Neha Singh

### 5) Women Committee was formed by the President.... For the empowerment of female IAP members in Maharashtra. Dr. Renu Boralkar (as Chairperson) & Dr. Sonali Shirbhate (as Co-Chairperson) of WC.

Attended by Stalwarts:

Chief Guest : Dr. Bakul Parekh

Guest of Honor : 1) Dr. Upendra Kinjawadekar & 2) Dr. Jayant Upadhye





## INSTALLATION OF TEAM AMRAVATI

Indian Academy of Pediatrics, Amravati

Conducted their Installation Ceremony on 10th April, 2022 at Prime Park Resort Amravati.

### INSTALLING OFFICER

Dr DIPTI JAIN, Ex HOD GMC, Nagpur

### GUEST OF HONOR

Dr. RAJIV MOHTA,  
Excellent orator & Adolescent Expert, Nagpur.



## 10th April, 2022



New Committee Installed:

President: Dr Naresh Tayade

Secretary: Dr Sushil Rajbhut

Treasurer: Dr Ruturaj Deshmukh

Vice-president: Dr Nilesh Pachbuddhe

PRO: Dr Nilesh Pachkawade



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM AKOLA



## INSTALLATION OF TEAM AURANGABAD



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM DHULE



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM JALGAON



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM MALEGAON



## INSTALLATION OF TEAM MUMBAI



## INSTALLATION OF TEAM NANDURBAR



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM NASHIK



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM PALGHAR





## INSTALLATION OF TEAM PUNE



## INSTALLATION OF TEAM RAIGAD



Physical CME followed by **Installation Ceremony for New branch team**. The ceremony was organised in **New Panvel, at Hotel Shree Banquets** with the Pin to Piano arrangement of the venue.

For second consecutive year in the history of IAP Raigad, the oath of serving the association was given to every incoming office bearer by our **Installing Officer Dr C. S. Dabhadkar** in a systematic & disciplined way which later on proved to be the trademark of the exception.

The guests of honour **Dr Hemant Gangolia (MAHAIAP President)**, **Dr Jeetendra Gavhane (President, Navi Mumbai)**, **Dr Mahesh Mohite (President, IAP Intensive Chapter)** shared their thoughts on this occasion. The chief Guest, respected **Dr Upendra Kinjawadekar sir** was very crisp in his guiding message & ended on a hilarious note.

The new team **Dr. Pramod Wankhede (President)**, **Dr. Vikas More (Vice-President)**, **Dr. Dhananjay Rajput (Secretary)** and **Dr. Sagar Khedu (Treasurer)**, **Dr Sachin Murade & Dr Parvej Sheikh (as Joint Secretary)**, **Dr Neha Singh (Editor) & Dr Rajendra Chandorkar (Co-Editor)**, **Dr. Vishal Raut (Tech. Expert)** took the oath. Combined oath was conferred to all new Executive Members including the ones who were physically present.

## INSTALLATION OF TEAM SANGAMNER



## INSTALLATION OF TEAM SOLAPUR



# INSTALLATION OF BRANCHES

## INSTALLATION OF TEAM THANE



## FEBRUARY 2022

### Academic Activities of MAHAIAIP in February Month

#### 1. Activity No. 1 – Journal Journey

Date: 01/02/2022 at 9.00 PM

<https://youtu.be/RdVMs-FdZ1U>

##### Experts:

1. Dr. Vijay Kamale (HOD Pediatrics, MGM Medical College, Navi Mumbai)
2. Dr. Pramod Kulkarni (Const. Ped. Inf. Diseases, CIAP EB Maharashtra, 2022)

##### Topics & Speakers:

1. Cardio-metabolic risk stratification & lifestyle interventions for risk reduction among overweight & obese school children  
- Dr. Avinash Bhosale (MAHAIAIP EB Member (North Maharashtra) 2022)
2. Reduced neutralisation of SARS-CoV-2 omicron B.1.1.529  
- Dr. Jayshree Deshpande (Consultant Ped. from Jalgaon)



#### 2. Activity No. 2 – MAHA MENTOR MENTEEES

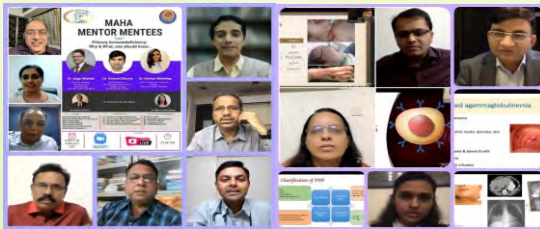
Date: 04/02/2022 at 9.00 PM

Topic: Primary Immunodeficiency: Why & What, One should know...

Mentor: Dr. Sagar Bhattad (Immunologist & Rheumatologist, CMI Hospital, Bangalore)

Mentees: 1. Dr. Avinash Sharma (Asst. Prof. Rajendra Prasad GMC, Himachal Pradesh)  
2. Dr. Rachana Shanbhag (Fellow in Pediatric Immunology & BMT)

<https://youtu.be/3u7W09Ygq8>



#### 3. Activity No. 3 – Parental Awareness Programme : Covid 19 Vaccination in Children

Date: 06.02.2022 at 11.00 AM

Topic: "COVID-19 VACCINATION IN CHILDREN - I SHOULD KNOW THIS"

Chief Guests: 1. Dr. Vijay Yewale (Ex. Orez, CIAP)  
2. Dr. Jeetendra Gavhane (Member, Maharashtra State Covid Task Force)

<https://youtu.be/snKuNMGcn1U>



#### 4. Activity No.4 - "MAHA SUB-SPECIALITY CONNECT: PEDIATRIC CARDIOLOGY"

Date: 11/02/2022 at 9 PM

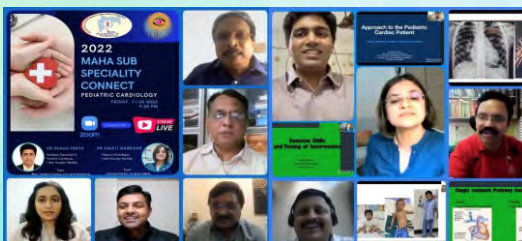
Topic: "MAHA SUB-SPECIALITY CONNECT: PEDIATRIC CARDIOLOGY"

<https://youtu.be/PlntdoeXXwM>

##### Topics & Speakers:

1. Basic Pediatric Cardiac Clinical Examination  
- DR. RONAK SHETH (Pediatric Cardiologist, Mumbai)
2. Common Cardiac Surgical Update  
- DR. SWATI GAREKAR (Pediatric Cardiologist, Mumbai)

Moderators: 1. Dr. Sameer Sadawarte (MAHAIAIP EB Member)  
2. Dr. Jaykumar Bhandarkar (MAHAIAIP State Convener)



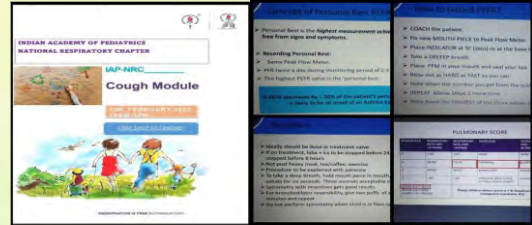
#### 5. Activity No.5 – Cough Module (IAP National Respiratory Chapter)

Venue: dIAP

Date: 13/02/2022 at 10 AM

Experts:

1. Dr. NK Subramanya (Chairperson, IAPNRC)
2. Dr. Sanjiv Singh Rawat (Secretary, IAPNRC)
3. Dr. Sanjay Deshmukh (West zone, EBM, IAPNRC)



#### 6. Activity no. 6 – Parental Awareness Programme - Mental Issues of Children during Covid 19 Pandemic – Education.... Online or Offline?

Date: 13.02.2022 at 11.00 AM

Topic: "Mental Issues of Children during Covid 19 Pandemic – Education.... Online or Offline?"

##### Chief Guests:

1. Dr. Harish Shetty (Renowned Psychiatrist & Counsellor)
2. Dr. Samir Dalwai (Developmental Pediatrician, Mumbai)
3. Dr. Suchit Tamboli (Developmental & Behavioral Pediatrician, Ahmednagar)

<https://youtu.be/Pq794M4qBkY>



#### 7. Activity No. 7 - 14-20 Feb 2022– Aarogya Dhanasampada (Learn Pranayama & Meditation) – Expert guidance from Eminent doctors of Maharashtra) together with The Art of Living

From 14-20 February 2022: Each Day - 14 batches of half an hour session throughout the day



#### 8. Activity No. 8 – "TUESDAY TAKES" by Women Committee of MAHAIAIP

On 15/02/2022 - "TUESDAY TAKES"

<https://youtu.be/Q40dKpyQwLE>

Topic: Common OPD Problems

Judges:

1. Dr. Arti Kinikar (Professor & Head Ped., B.J. Govt. Medical College, Pune)
2. Dr. Narendra Nanivadekar (EBM CIAP, Kolhapur)

Topic & Speakers:

1. Leg Pains - Dr. Sanjay Joshi, Dhule
2. AEFI - Dr. Prachi Patel, Aurangabad
3. Headache - Dr. Kaustubh Deshmukh, Amravati
4. Pale Child - Dr. Priti Naik, Kolhapur
5. Fever & Rash - Dr. Girish Jog, Satara
6. Constipation - Dr. Amruta Shirodkar, Mumbai

Moderators:

1. Dr. Renu Boralkar (Chairperson WC, EBM MAHAIAIP, Aurangabad)
2. Dr. Deepa Phirke (Ex.EBM MAHAIAIP, WC Zonal Member, Kolhapur)



## FEBRUARY 2022

### 9. Activity No.9 – Wednesday Weekly Webinar – Epilepsy Awareness & Management for School Teachers

(Training Pediatricians, for Training Teachers) by IAP Palghar in association with MAHAIAP

Date – 16/02/2022 at 3.30 PM

Speaker - Dr. Pradnya Gadgil (Neurologist, Kokilaben Dhirubhai Ambani Hospital)

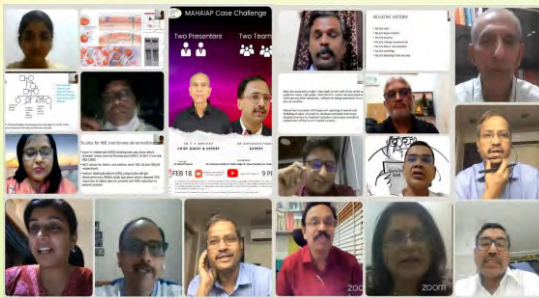


### 10. Activity No 10. – MAHA CASE CHALLENGE

Date: 18/02/22

<https://youtu.be/btrXoKjJtE>

2 Branch Teams with - 2 Interesting & Twisting Cases.



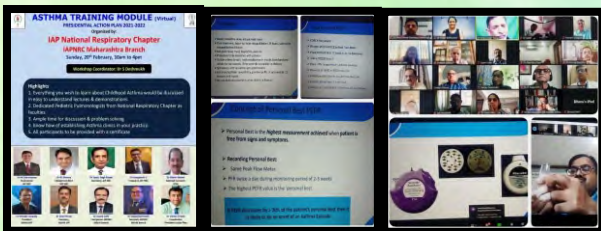
### 11. Activity No. 11 - Virtual Asthma Training Course (ATM)

Maharashtra State Respiratory Chapter along with Maharashtra state IAP (MAHAIAP) organized a Virtual Asthma Training Course (ATM) according to GINA Guidelines 2021.

Date: 20/02/2022 at 10AM; Through IAP Zoom Platform.

Experts & Moderators:

1. Dr JAYANT JOSHI (Chairperson, IAPNRC MAHA branch)
2. Dr SANJAY DESHMUKH (Secretary, IAPNRC MAH branch, EBM CIAP)
3. Prof. Dr SUBRAMANYA NK (President, IAPNRC)
4. Dr. SANJIV SINGH RAWAT (Secretary, IAPNRC)



### 12. Activity no. 12 – Parental Awareness Programme – Excess Screen time in Children – What's the Solution?

Date: 20.02.2022 at 11.00 AM

[https://youtu.be/\\_kc\\_SSO\\_I20](https://youtu.be/_kc_SSO_I20)

Topic: "Excess Screen time in Children – What's the Solution?"

Chief Guests:

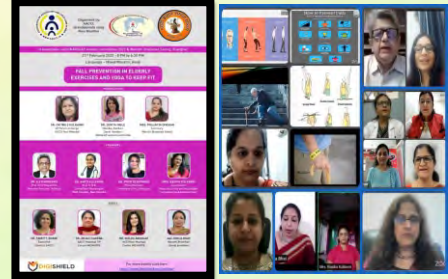
1. Dr. Swati Ghate (Pediatrician & Well known Counsellor, Jaipur)
2. Dr. Leena Shrivastava (Pediatrician & Well Known Counsellor, Pune)



### 13. Activity No. 13 – Fall Prevention In Elderly, Exercises & Yoga to Keep fit

Organized by AACCI, Grandparents Wing (Navi Mumbai) in association with MAHAIAP Women Committee

Date: 22/02/2022 at – 5 PM



### 14. Activity No. 14 – HEARING 2 – Medicolegal Matters

MAHAIAP & Thane Academy of Pediatrics Organized "HEARING 2"

Date: 24/02/2022 at 9 PM

Experts: 1. Dr. Neeraj Nagpal (Chairman & Managing Trustee MLAG)

2. Dr. Hemant Gangolia (President, MAHAIAP)(Medico-legal Consultant)

Topics: 1. OPD Issues 2. Investigation Issues 3. Transfer of the patient



### 15. Activity No. 15- MAHA KATTA

A Chat Show with dignitaries coming from different fields"

Date: 25/02/2022 at 9 PM

Chief Guest: Shri Anant Karve (Man with extraordinary skills – he makes Best from Waste.

Moderators: Dr. Neelima Bhandarkar & Dr. Abhinay Darwade

<https://youtu.be/DJWf6cvVFYk>



### 16. Activity No.16 - Module on Hepatitis-A (IAP National Respiratory Chapter)

CIAP Module of Hepatitis -A was organized by Beed branch of Pediatrics with association of MAHAIAP.

Date: 26/02/2022 at 2 PM

Eminent speakers from all over national faculties presented the module.

<https://youtu.be/aASFdW34Ek>



## FEBRUARY 2022

### 17. Activity No. 17 – Parental Awareness Program – How to Improve the concentration & Memory in Children

Date: 27.02.2022 at 11.00 AM

<https://youtu.be/LQ00kLbWbS>

Topic: "How to Improve the concentration & Memory in Children"

Chief Guests:

1. Dr. Leena Deshpande (Developmental Pediatrician, Navi Mumbai)
2. Dr. Sunil Godbole (Developmental Pediatrician, Pune)



### 18. Activity No.18 – Implementation of Pulse Polio Program

Successful implementation of Pulse Polio Program on 27/02/2022 by different branches under Maharashtra Academy of Pediatrics

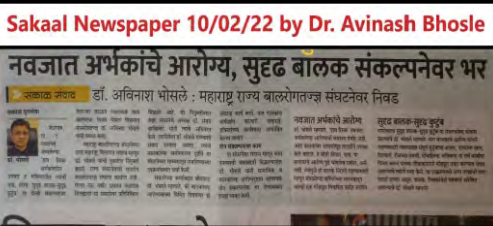
- We sensitized OPD pts. in both govt and private clinics
- Educated people about importance of OPV and efforts taken for eradication of Polio Virus



Dainik Hindustan 15/02/22  
Article by Dr. Sonali Shirbhate



### Newspaper/Publications:



Dr. Upendra Kinzawadekar felicitated on 19/02/22 Shivaji Jayanti Mahotsav



# GLIMPSES OF MAHAIAP ACTIVITIES



## MARCH 2022

### Academic Activities of MAHAIAP in March Month

#### 1. Activity No. 1 – Journal Journey

MAHAIAP & IAP Raigad together organized the Journal Journey  
Date: **01/03/2022** at 9.00 PM

<https://youtu.be/jmV2b23StP0>

**Experts:** 1. **Dr. Mamta Manglani** (Director, MCGM Comprehensive Thalassemia Care, Pediatric Hematology & BMT Centre, Borivali)

2. **Dr. Nimain Mohanty** (Emeritus Professor, Dept. Of Pediatrics, MGM Med. College, Navi Mumbai)

#### Topics & Speakers:

1. **Dr. Snehal Nagre** - Anemia & Iron Def. in children with potential Celiac Disease
2. **Dr. Sachin Jethliya** – Validation of the Modified Vesikari Score in Children with Gastroenteritis in U.S. Emergency Departments



#### 2. Activity No. 2 – MAHA MENTOR MENTEES

Date: **04/03/2022** at 9.00 PM

**Topic:** Neonatal Jaundice

<https://youtu.be/khoH1vrcOU>

**Mentor:** **Dr. L.S. Deshmukh** - Prof & HOD Neonatology (Govt. Med. College, Aurangabad)

**Mentees:** 1. **Dr. Sandeep Kadam** (Neonatologist, KEM Hospital, Pune)

2. **Dr. Amit Tagare** (Neonatologist, Aditya Rainbow Super-Specialty Children's Hosp, Sangli)



#### 3. Activity No. 3 – Parental Awareness Programme :

Date: **06.03.2022** at 11.00 AM

**Topic:** Why do children fall short of their potential to perform in school - reasons & solutions?

[https://youtu.be/LmJlhU3\\_ZXI](https://youtu.be/LmJlhU3_ZXI)

**Chief Guests:** **Dr Santosh Nimbalkar, Dr Anjali Benglor, Dr Shekhar Dabhaekar, Dr Jayant Pandhrikar, Dr Suchit Tamboli, Dr Samir Dalwai**



#### 4. Activity No. 4 – Childhood Obesity

MAHA Academy of Pediatrics (MAHAIAP) together with Aurangabad Academy of Pediatrics organised an interactive webinar on

Date & Time: **06/03/2022** 6PM

<https://youtu.be/k-V8JOXhzmM>

**Topic: CHILDHOOD OBESITY**



#### 5. Activity No. 5 – International Women's Day Celebrations

MAHA Academy of Pediatrics celebrating the strength and survival together with MAHAIAP Women's Committee, on the occasion of **INTERNATIONAL WOMEN'S DAY**

Date & Time: **08/03/2022**, 5 PM

**Topic:** Breast Cancer Awareness (for Adolescent Girls & Ladies)

**Guests of Honor:** 1. **Dr. Pragati Khalatkar** (Gynecologist, Nagpur)

2. **Dr. Usha Gajbhiye** (Pediatric Surgeon, Amravati)

<https://youtu.be/fBOWsGUSPY>

**Speakers:** • **Dr Jaya Shiwalkar** (Zonal Member Vidarbha, WC 22)

• **Dr Renu Boralkar** (Chairperson, MAHAIAP WC 22)

• **Dr Sonali Shirbhate** (Co-Chairperson, MAHAIAP WC 22)

**Moderators:** • **Dr Neeta Hatkar** (Zonal Member, North Maharashtra, WC 22)

• **Dr Abhilasha Behare** (Zonal Member, Vidarbha, WC 22)



#### 6. Activity No.6 - "MAHA SUB-SPECIALTY CONNECT: PEDIATRIC X-RAY CHEST"

Date: **11/03/2022** at 9 PM

**Topic:** "MAHA SUB-SPECIALTY CONNECT: PEDIATRIC X-RAY CHEST"

**Guest:** **Dr. Ravi Ramakantan** (Eminent Radiologist)

<https://youtu.be/POXD1Vt6XOQ>

**Moderators:** 1. **Dr. Sameer Sadawarte** (MAHAIAP EB Member) 2. **Dr. Jaykumar Bhandarkar** (MAHAIAP State Convener)



#### 7. Activity no. 7 – Parental Awareness Programme - Mental Issues of Children during Covid 19 Pandemic – Education.... Online or Offline?

Date: **13.03.2022** at 11.00 AM

<https://youtu.be/VcrT-Jm3ats>

**Topic:** "Why do children behave like this? (Behavioral issues in children - reasons & solutions)?"

**Chief Guests:** 1. **Dr Anjana Thadani** (Developmental Child Specialist), 2. **Dr Abhinav Darwade** (Pediatrician, Dhule)

**Moderators:** **Dr Chandrashekar Dabhadkar** (Pediatrician, Mahad), **Dr Neelima Bhandarkar** (Pediatrician, Panvel) **Mr Suresh Sonawane** (Teacher's representative, Dhule), **Mrs Pratima Prashant Chavan** (Parent's representative, Dhule)



#### 8. Activity No. 8 – "TUESDAY TAKES" by Women Committee of MAHAIAP

Date: **15/02/2022** at 9 PM

"TUESDAY TAKES"

<https://youtu.be/qI04W2jIXpg>

**Judges:** 1. **Dr Praveen Bhambri** (Sr Pediatrician, Nashik)

2. **Dr. Satish Deopujari** (Sr Pediatrician, Nagpur)

#### Topic & Speakers:

1. **Supportive Care in PICU** - **Dr. Amol Murkute**, Nashik

2. **Discharge Card** - **Dr. Anurag Pangrikar**, Beed

3. **Quick Recognition of Sick Child** - **Dr. Bhavesh Shah**, Sangli

4. **IGRA** - **Dr. Abasaheb Patankar**, Raigad

5. **Fitness in Adolescence** - **Dr. Amog Shahane**, Navi Mumbai

6. **Approach to Crying Infant** - **Dr. Sachin Patil**,

**Moderators:** 1. **Dr. Sonali Shirbhate** (Chairperson WC, EBM MAHAIAP, Aurangabad)

2. **Dr. Sunita Ingole** (WC Zonal Member, Raigad)





## MARCH 2022

### 9. Activity No 9. – MAHA CASE CHALLENGE

Date: 18/03/2022 at 9 PM <https://youtu.be/giQ5GflnAw>

“MAHA CASE CHALLENGE” between 2 branch teams with - 2 Interesting & Twisting Cases

Expert: Dr. Aarti Kinikar



### 10. Activity no. 10 – Parental Awareness Programme

Date: 20.03.2022 at 11.00 AM

Topic: Emotional Quotient of Children - meaning, spectrum, importance & and how to augment it

[https://youtu.be/0ij7\\_BjZKFI](https://youtu.be/0ij7_BjZKFI)

Chief Guests:

Speakers: 1. Dr Sandip Kelkar, developmental child specialist, Thane  
2. Dr Amruta Durge, developmental child specialist, Thane



### 11. Activity No. 11 – CHILD & ADOLESCENT HEALTH CARE WEEK

International Adolescents Health Week 2022 & IAP CHILD & ADOLESCENTS HEALTH CARE WEEK 2022

Date: 21st – 27th March' 2022

Theme: Transitions

#### A. 12 Video Releases

21.03.2022 - 1. Daughter's Day Video by EB's of MAHAIAP  
<https://youtu.be/10mWqrxGllg>

22.03.2022 - 2. Behind the Wheels - Dr Neha Singh  
<https://youtu.be/bX3MWBQ5zZE>

3. Importance of parenting in Adolescence - Dr Shekhar Dabhadkar  
“किशोरवयीन बालकांचे पालकत्त्व का महत्त्वाचे ?”  
<https://youtu.be/g3z0AQEYcG>

23.03.2022 - 4. “जीवनात यशस्वा व्हायच्य... जीवन कौशल्य पद्धती आत्मसात करा.”  
Equip children with the right set of life skills that turn them into successful and effective professionals in future - Dr Jayant Pandharikar  
<https://youtu.be/j-t3mVxAA0>

24.03.2022 - 5. Courage to let go off what you can't change - Dr Abhinav Darwade  
“वयाच्या त्या वळणावर”  
<https://youtu.be/ab7R329W0o0>

6. Peer Pressure - Dr. Shubhada Khirwadkar  
<https://youtu.be/8PZfYlv6Thk>

25.03.2022 - 7. Anxiety & Depression - Dr. Suchita Tamboli  
“मनाला सावरतांना”  
<https://youtu.be/3UCx6PoGIBk>

26.03.2022 - 8. Food, Exercise & Habits - Dr. Priti Phatale  
आहार, विहार आणि सवयी  
<https://youtu.be/XevAFG8NeSo>

9. Expression of Anger - Dr. Sucheta Pophale  
राग व्यक्त करतांना.... ?  
<https://youtu.be/XZpQMmYVojc>

27.03.2022 - 10. The Hand That Rocks The Cradle - Dr. Shilpa Aroskar  
<https://youtu.be/cFqg7QZMXgQ>

11. Practical Skills for Emotional Well Being - Dr. Roshini Sodhi  
<https://youtu.be/J-3-VReYakQ>

12. 18 Till I Die - Eternally young - Dr. Shilpa Aroskar  
<https://youtu.be/jWy9qhd2YjP>

#### B. 3 Awareness Programs

1. 23.03.2022 - Program for the Parents – पालकांचो मोबाईल देतांना जरा सांभाळून

Speakers & Topics:

- 1) Dr. Kamalakar Deoghare ~ Impact of web series & adult content on teenage mind.
  - 2) Dr. Sanjay Ratnaparkhi ~ Impact of physical health of adolescent due to prolong screen time
  - 3) Dr. Preeti Chawhan ~ Impact of onlone gaming on teenage mind
- Moderators:

1. Dr. Renu Boralkar 2. Dr. Jayashree Shiwalkar  
<https://youtu.be/9srhQhozYkI>

2. 25.03.2022 - Program for the Teachers - किशोरवयीन विकास आणि शैक्षणिक समस्या  
in association with AACCI

Speakers & Topics:

- 1) Dr. Kashmiri Badbade ~ Understanding Adolescents
  - 2) Dr Suneel Godbole ~ Learning Problems in Adolescents
  - 3) Dr Jayashree Shiwalkar
- Moderator: Dr. Sonali Shirbhate

<https://youtu.be/nGiVaY1cywE>

3. 26.03.2022 - Program for Pediatricians - Adolescents Issues in OPD Practice.. (CASE BASED APPROACH)

Speakers:

1. Dr Jayashree Shiwalkar
2. Manjusha Giri

Chief Guest:

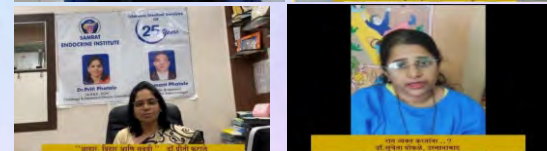
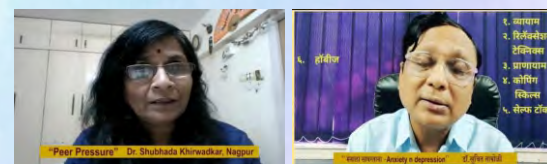
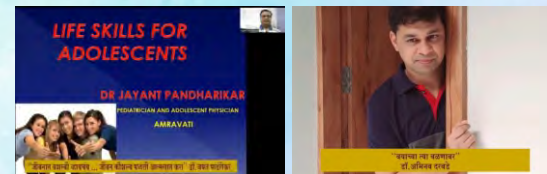
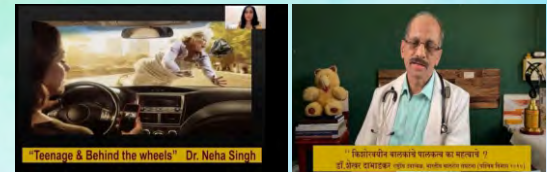
Dr. Suchit Tamboli

Moderator:

Dr. Renu Boralkar

<https://youtu.be/CXvbTPmJ908>

#### Video Releases by Members for CAHCW celebrations



# GLIMPSES OF MAHAIAIP ACTIVITIES

## MARCH 2022

**2022 MARCH**

- MARCH 21** Video Release: "The hand that rocks the cradle" by Shilpa Aroskar, Navi Mumbai.
- MARCH 22** Video Release: "Practical skills for emotional well-being" by Dr. Roshni Sochi, Aurangabad.
- MARCH 23** Program for Parents: "18 till I die - Eternally Young" by Dr. Shilpa Aroskar, Navi Mumbai.
- MARCH 24** Video Release: "Transition" by Dr. Vaman Khadilkar, Pune.
- MARCH 25** Program for Teachers: "Transition" by Dr. Vaman Khadilkar, Pune.
- MARCH 26** Video Release: "Transition" by Dr. Vaman Khadilkar, Pune.
- MARCH 27** Video Release: "Transition" by Dr. Vaman Khadilkar, Pune.

**The hand that rocks the cradle**  
By Shilpa Aroskar, Navi Mumbai

**Practical skills for emotional well-being**  
Dr. Roshni Sochi, Aurangabad

**18 till I die - Eternally Young**  
Dr. Shilpa Aroskar, Navi Mumbai

### 13. Activity no. 13 – Parental Awareness Programme

Date: 27.03.2022 at 11.00 AM

Topic: Is my child growing well, Doctor?

<https://youtu.be/NgCg1z5hXtE>

Speakers: 1. Dr Vaman Khadilkar, Pediatric Endocrinologist, Pune  
2. Dr Tushar Godbole, Pediatric Endocrinologist, Nasik



### 14. Activity No. 14 – HEARING 4 – Medicolegal Matters

MAHAIAIP & Thane Academy of Pediatrics Organized "HEARING 4"

Date: 26/04/2022 at 9 PM

Experts: 1. Dr. Samik Basu (EB CIAP ML group, Treasurer ML branch WB, Secretary Resp chapter WBAP)

2. Dr. Hemant Gangolia (President, MAHAIAIP) (Medico-legal Consultant)

Topics: 1. OPD Issues 2. Investigation Issues 3. Transfer of the patient



**23.03.22 Awareness Program for Parents**

**25.03.22 Awareness Program for Teachers**

**26.03.2022 Awareness Program for Pediatricians**

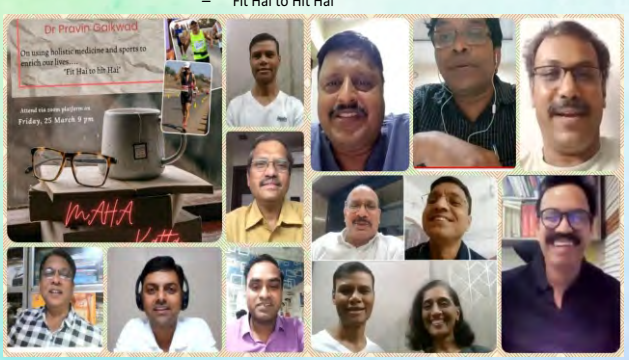
### 12. Activity No. 12 - MAHA KATTA

MAHAIAIP organizes a hatke programme "Chat Show with dignitaries coming from different fields"

<https://youtu.be/CDHw4k74JJE>

Date: 25/03/2022 at 9 PM

Chief Guest: Dr. Pravin Gaikwad (Man with holistic medicine & sports to enrich the life - Fit Hai to Hit Hai)



### Newspaper/Publications:

**‘डाउन सिंड्रोम’ मुलांच्या सर्वांगीण विकासाचे प्रयत्न**

पालकांमध्ये हवी जजागृती; बालरोगतज्ज्ञांकडून समुपदेशन

21.03.2022 'Sakal Local Newspaper' - Dr. Avinash Bhosale - About Down's Syndrome

**किशोरवयीनांच्या समस्या स्क्रीन अति वापर आणि स्थुलता**

आंतरराष्ट्रीय स्तरावरील किशोरवयीनांच्या आरोग्य सप्ताह 'च्या निमित्ताने

22.03.2022 'Dainik Hindusthan' - About Adolescent Problems & Screen time by Dr Sonali Shirbhate

## APRIL 2022

### Academic Activities Of MAHAIAIP in April Month

#### 1. Activity No. 1 – Journal Journey

MAHAIAIP & IAP Raigad together organized the Journal Journey  
Date: **01/04/2022** at 9.00 PM

<https://youtu.be/a-luj9u3BvQ>

Experts: 1. **Dr. Nandkishor Kabra** (Director, NICU Surya Hospital, Mumbai)

Topics & Speakers:

1. **Dr. Amruta Baviskar** (Secretary, Thane Academy of Pediatrics)

- Role of KMC in the management of Neonatal Hyperbilirubinemia - A systemic review

2. **Dr. Ann Mary Thomas** (Practising Pediatrician, Mulund)

- Neonatal Cholestasis syndrome: etiological spectrum & outcome analysis - single center study



#### 2. Activity No. 2 – AUTISM AWARENESS MONTH

4 AWARENESS PROGRAMS & 4 VIDEOS

were released by MAHAIAIP & MAHAIAIP WC for the awareness and understanding of Autism.

2nd April:

1. **RELEASE OF 2 FLYERS** - Dr. Neha Singh

2. **LET'S CHAT ABOUT M-CHAT** (through role plays) - Dr. Hrishikesh Ghatol, Dr. Neha Singh, Dr. Shilpa Nambiar

<https://youtu.be/swLArrv3Uu>



6th April:

1. **CASE BASED APPROACH FOR CHILDREN AUTISM** (Session for Pediatricians)

- Dr. Samir Dalwai, Dr. Leena Srivastava, Dr. Sonali Shirbhate

[https://youtu.be/9w0\\_y7Q4eJw](https://youtu.be/9w0_y7Q4eJw)

2. **AUTISM AWARENESS PROGRAM - SESSION FOR PARENTS**

- Dr. Jaya Shiwalkar, Dr. Leena Srivastava, Dr. Kashmiri Badbade, Dr. Renu Boralkar

<https://youtu.be/lhssk6NUB5k>

8th April:

**CHALLENGES IN INCLUSION OF CHILDREN WITH AUTISM** (Session for Teachers)

- Dr. Archana Kadam, Dr. Anjali Bangalore, Dr. Jaya Shiwalkar, Dr. Kashmiri Badbade, Dr. Sonali Shirbhate

- Mr. Sandip Ghosh, Mr. Sopan Khairnar (Teacher Representative)

[https://youtu.be/-l\\_BNo9m9FA](https://youtu.be/-l_BNo9m9FA)

9th April: (Video Releases)

1. ऑक्टोइझम - ओळख व पुढची वाट... (पालकांसाठी मार्गदर्शक तत्व) - Dr. Leena Srivastava, Pune

[https://youtu.be/N3-wr\\_JiPc4](https://youtu.be/N3-wr_JiPc4)

2. **Autism Certification & RPWD Act** - Dr. Jayashree Shiwalkar, Nagpur

<https://youtu.be/sdoRT3CvOc>

3. ऑक्टोइझम - मुलांचे वागणे व पुढील उपाय योजना - Dr. Kashmiri Badbade, Kolhapur

<https://youtu.be/dJzOThgwVvw>

30th April:

4. **The Importance of Quality in Diagnosis & Intervention** - Dr. Samir H. Dalwai, Mumbai

<https://youtu.be/wNcQtzcnIww>



#### 3. Activity No. 3 – Parental Awareness Program

Date: **03.04.2022** at 11 AM

Topic: "Balanced Diet - Prime need of Children"

<https://youtu.be/BF-HikjwZkM>

Experts:

**Dr Hemant Joshi** (Developmental Pediatrician)

**Dr Pramod Jog** (PP IAP Pune)

Speakers:

**Dr Parag Gaikwad** (Child Specialist & Child Nutritionist, Pune)

**Dr Priti Phatale** (Child Specialist & Obesity specialist, Aurangabad)

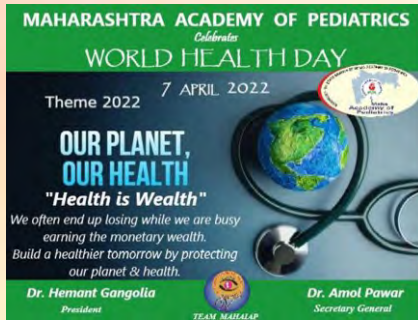
**Mrs Vidula Awate – Pujari** (Teacher's representative, Pune)

**Dr Manasi Khasnis** (Scientific & Parent's representative, Pune)



## APRIL 2022

4. **Activity No. 4 – WORLD HEALTH DAY** – Release of Flyer with theme for this year.  
DATE 07.04.2022



5. **Activity No. 5 – MAHA SUBSPECIALITY CONNECT**

"MAHA SUB-SPECIALITY CONNECT: PEDIATRIC ENT"

Time: 9PM on 08.04.2022

Expert Speaker: Dr. Divya Prabhat - HOD, ENT Wadia Children's Hospital

<https://youtu.be/BF3bjvS1KY>



8. **Activity No. 8 – Parental Awareness Program**

Date: 17.04.2022 at 11.00 AM

Topic: "Menstrual Cycle issues of Adolescent Girls"

<https://youtu.be/-KacFxpDZkY>

Experts/ Speakers: Dr. Jaya Shiwalkar, Dr. Sonali Shirbhate

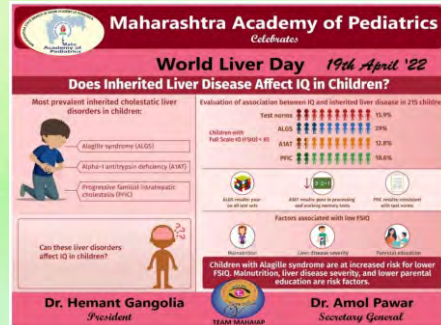
Chief Guests: Dr. Shekhar Dabhadkar, Dr. Suchit Tamboli, Dr. Abhinay Darwade, Dr. Neelima Bhandarkar



9. **Activity No. 9 – WORLD LIVER DAY**

Release of Awareness Flyer with theme for this year.

Date: 19.04.2022



6. **Activities No.6 – Parental Awareness Program**

Date: 10.04.2022 at 11 AM

Topic: "Beware of the Scorching heat....Take Care of your Kids"

How to take care of your kids in later part of Summer months

<https://youtu.be/HSSMUS1Q-M>

Experts:

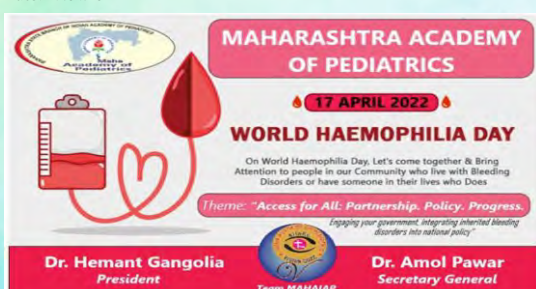
Dr Datta Kadam (Senior Cons. Pediatrician, Aurangabad)  
Dr Sharad Agarkhedkar (Senior Cons. Pediatrician, Pune)

Speakers: Dr. Shekhar Dabhadkar, Dr. Suchit Tamboli, Dr. Sadachar Ujalambkar, Dr. Neelima Bhandarkar



7. **Activity No. 7 – WORLD HEMOPHILIA DAY** - Release of Awareness Flyer with theme for this year.

Date: 17.04.2022



10. **Activity No. 10 – "TUESDAY TAKES" by Women Committee of MAHAIAP**

Date: 19/04/2022 at 9 PM

Theme: INFECTIOUS DISEASES... SPECTRUM

<https://youtu.be/wEUqk3YpHCU>

Judges:

1. Dr Jaydeep Choudhary (Professor, Institute of Child Health, Kolkata)
2. Dr. Pramod Kulkarni (EB CIAP 2022, Cons. Ped. Infectious Diseases, Pune)

Topic & Speakers:

1. Basic of Fever - Dr. Jayshree Deshpande, Vasai
2. Approach to Short Febrile Illness - Dr. Dipika Bhosle, Latur
3. Rational Investigation in Short duration Fever - Dr. Neena Phade, Solapur
4. Approach to PUO - Dr. Malavika Kulkarni Shahada, Nandurbar
5. Interpretation of Blood Culture - Dr. Ashutosh Paldiwal, Akola
6. Rational use of Antibiotics - Dr. Sushruta Kulkarni Deshmukh, Pune



11. **Activity No. 11 – MAHA CASE CHALLENGE**

Date: 22/04/2022 at 9 PM

<https://youtu.be/YqblFg3Z2UE>

"MAHA CASE CHALLENGE" between 2 branch teams (Team Amravati & Team Navi Mumbai) with - 2 Interesting & Twisting Cases

Expert : Dr. S. Thangavelu [Ped. Cons. (Chennai), Former AP ICH PICU (Madras Med. College), Editor-in Chief (IUPP)]

## APRIL 2022



### 12. Activity no. 12 – Parental Awareness Program

Date: 24.04.2022 at 11.00 AM

<https://youtu.be/JGifn5NhUAK>

Topic: "Life Skills in Children - A key to Success"

Experts: Dr Nishikant Kotwal (Senior Pediatrician & Child Dev. Specialist, Nagpur),

Dr. Vaishali Deshmukh (Senior Pediatrician & Child Dev. Specialist, Pune)

Moderators: Dr Chandrashekar Dabhadkar (Pediatrician, Mahad), Dr Jayant Pandharikar (Pediatrician and Adolescent Specialist, Amravati), Dr. Suchit Tamboli (Pediatrician, Ahmednagar), Dr. Abhijit Bhardwaj (Pediatrician, Nagpur)



### 13. Activity No. 13 – PEDIATRIC CARDIOLOGY UPDATE

Date: 10<sup>th</sup> April 2022

Venue: Sri Sathya Sai Sanjeevani Centre, Kharghar, Navi Mumbai

Participation: Team Navi Mumbai

Team MAHA IAP

Team Sri Sathya Sai Sanjeevani Centre



### 14. Activity No. 14 – HEARING 4 – MEDICO-LEGAL MATTERS

MAHA IAP & Thane Academy of Pediatrics Organized "HEARING 3"

Date: 26/04/2022

Experts: 1. Dr. A. S. Jaggi [Sr. Consultant & Lap Surgeon (Meerut), and ML Expert]

2. Dr. Hemant Gangolia (President, MAHA IAP & ML Expert)

Moderator: Dr. Ramgopal Chejara (EB MAHA IAP 22)

Topics: 1. Certificate 2. Brought Dead 3. Ask the experts



### 15. Activity No. 15 - MAHA KATTA

MAHA IAP organizes a hatke programme "Chat Show with dignitaries coming from different fields"

Date: 28/04/2022

<https://youtu.be/8qySQUOvos>

Chief Guest: Dr. Arun Gachale (Pediatrician, Nashik) ~ (Doctor to Ironman)- from fitness to endurance sports...

– Fit Hai to Hit Hai



### 16. Activity No. 16 – MAHA MENTOR MENTEES

Date: 29.04.2022

Topic: Tropical Infections

<https://youtu.be/bU8tCp728A>

Mentor: Dr. Tanu Singhal (MSc Infectious Diseases, RNTCP National Expert Group on TB, Mumbai)

Mentees: 1. Dr. Pramod Kulkarni (Cons. Ped. Infectious diseases, KEM Hospital, Pune)

2. Dr. Sudhir Sane (Director of Pediatrics, Jupiter Hospital, Thane)

3. Dr. Sanjay Natu (Professor & HOD Pediatrics, SKN Medical College, Pune)



### Newspaper/Articles

**आई : किशोरवयीनांसाठी रोल मॉडेल**

किशोरवयीनांसाठी आई ही एक महत्वाची भूमिका आहे. आईचे वर्तन आणि कृती ही आईचे बालकांसाठी एक रोल मॉडेल असते. आईने आपले बालकांना अनेक गोष्टी शिकवून देणे गरजेचे आहे. आईने आपले बालकांना अनेक गोष्टी शिकवून देणे गरजेचे आहे. आईने आपले बालकांना अनेक गोष्टी शिकवून देणे गरजेचे आहे.

**जागतिक स्वयमता दिवस**

**World Autism Awareness Day**

जागतिक स्वयमता दिवस हा 2 एप्रिल रोजी साजरा केला जातो. हा दिवस जागतिक स्तरावर स्वयमता असणाऱ्या व्यक्तींविषयी जागरूकता वाढवण्यासाठी साजरा केला जातो. हा दिवस जागतिक स्तरावर स्वयमता असणाऱ्या व्यक्तींविषयी जागरूकता वाढवण्यासाठी साजरा केला जातो.

**जागतिक लसीकरण साप्ताहिक निमित्ताने लसीकरण महत्त्व : सर्वसाठी उदंड निरोपी आयुष्य**

लसीकरण हे आरोग्यासाठी एक महत्वाची गोष्ट आहे. लसीकरणे घेणे हे आरोग्यासाठी एक महत्वाची गोष्ट आहे. लसीकरणे घेणे हे आरोग्यासाठी एक महत्वाची गोष्ट आहे. लसीकरणे घेणे हे आरोग्यासाठी एक महत्वाची गोष्ट आहे.

**मुलांच्या आजारांवर मंथन**

या. रा. लक्ष्मीबाई, औरंगाबाद

औरंगाबाद येथील 'आजारांवर मंथन' या कार्यशाळेचा शुभारंभ झाला. या कार्यशाळेमध्ये मुलांच्या आजारांवर मंथन करण्यात येईल. या कार्यशाळेमध्ये मुलांच्या आजारांवर मंथन करण्यात येईल.

**पुढच्या वर्षी शाहरान राष्ट्रीय परिषद**

पुढच्या वर्षी शाहरान राष्ट्रीय परिषद येथे ऑनलाईन मंथन करण्यात येईल. या कार्यशाळेमध्ये मुलांच्या आजारांवर मंथन करण्यात येईल.

## भारतातील शंभरपैकी एक मुलगा 'ऑटिझम' ग्रस्त

जल्द निदान गरजेचे; औषध नाही, पण, थेरपी उपयोगी

जागतिक ऑटिझम हे

भारतातील शंभरपैकी एक मुलगा 'ऑटिझम' ग्रस्त असतो. जल्द निदान गरजेचे आहे. औषध नाही, पण, थेरपी उपयोगी आहे.

## दोन वर्षापर्यंतच्या मुलांना ठेवा मोबाइलपासून चार हात दूरच

दोन वर्षापर्यंतच्या मुलांना मोबाइलपासून चार हात दूरच ठेवावे. याचा निर्देश देण्यात आला आहे.

**City observes World Autism Awareness Day**

World Autism Day was observed today, 2nd April, 2022, everywhere, after a break of two years. Autistic children, children with special needs, adults with various challenges, parents and teachers participated in the events that were held across the city.

**महाराष्ट्र बालरोगतज्ञ संघटना उरली देशात सर्वोत्तम**

मुदुर, निरोगी बालकत्व हेच आमचे ध्येय. डॉ. जयंत पांडुरंगकर

## ती लक्षणे 'ऑटिझम'ची नाहीत ना? वेळीच डॉक्टरांना भेटा

ती लक्षणे 'ऑटिझम'ची नाहीत ना? वेळीच डॉक्टरांना भेटा. याचा निर्देश देण्यात आला आहे.

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## बालरोगतज्ञांनो, अपडेट राहा

डॉ. राजेंद्र वैद्य : 'मार्पकॉन' परिषदेचे उद्घाटन

APRIL 2022



## श्री चैतन्य हॉस्पिटल, जळगाव

डॉ. अविनाश स. भोसले

बालरोगतज्ञ (स्पेशल इंटरेस्ट डेव्हलपमेंटल पेडीयाट्रिक्स)



- ऑटिझम हा आजार नसून विकासाशी निगडीत जन्मभर राहणारी समस्या आहे.
- ऑटिझम मुल दिसायला इतर मुलांप्रमाणे असतात मात्र त्यांच वागणूक वेगळी असू शकते.
- आपण त्यांना अवघड जाणारी विकासा कौशल्य (डेव्हलपमेंटल स्किल्स) जोपासायला मदत करू शकतो. योग्य उपचार पद्धतीने सर्व ऑटिझम मुल प्रगती करू शकतात.
- त्यांच्या संवाद साधण्याच्या, लक्ष वेधण्याच्या पद्धती वेगवेगळ्या असू शकतात. भिन्न व्यक्तींच्या वागण्याच्या पद्धती भिन्न असू शकतात. आपण त्याचा स्वीकार करू या आणि त्यांच्याबद्दल एकांगी विचार करणे टाळू या.
- ऑटिझम ही विकासाशी निगडीत सर्वत्र आढळणारी समस्या आहे. दर ४४ मुलां मागे एक मुल ऑटिझम ग्रस्त आहे.

केवळ ऑटिझम असल्याने वागणूक, दिसणं वेगळं भासत आहे अशा एका तरी मुलाला आपण संवेदनशील बनाने मदतीचा हात दिला तरी पुरेसे आहे.

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## अवर प्लॅनेट अवर हेल्थ..!!

सारे म्हणतात ..  
हेल्थ इज वेल्थ ..  
आपण तर म्हणावे  
अवर प्लॅनेट अवर हेल्थ...!!

आले ग्लोबल वॉर्निंगचं संकट,  
धांवव्या हवा , पाणी, वा मातीचे प्रदूषण...!  
करू भूमाता अँड वेस्ट हेल्थ..  
आपण तर म्हणावे  
अवर प्लॅनेट अवर हेल्थ...!!

कचरा व्यवस्थापन...  
केमिकल्स, प्लास्टिकचा नायनाट..  
करू प्रॉपर डिस्पोजल  
ऑफ द वेस्ट...!  
करू भूमाता अँड वेस्ट हेल्थ..  
आपण तर म्हणावे  
अवर प्लॅनेट अवर हेल्थ...!!

कोरोना महामारीचा,  
जंगला विळखा थेट  
अस्थमा, कॅन्सर, मोटापा,  
इ. नी गाठला एव्हरेस्ट...!  
टेऊं स्वच्छ हवा, पाणी, डाएट च्युअरेस्ट...  
करू भूमाता अँड वेस्ट हेल्थ..  
आपण तर म्हणावे  
अवर प्लॅनेट अवर हेल्थ...!!

डॉ. सोनाली शिरभाते  
वि. सं. से. रुग्णालय, अमरावती

भारतीय सौर २२ चैत्र १९४४



## श्री चैतन्य हॉस्पिटल, जळगाव

डॉ. अविनाश स. भोसले

बालरोगतज्ञ (स्पेशल इंटरेस्ट डेव्हलपमेंटल पेडीयाट्रिक्स)



- ऑटिझम म्हणजे काय ?  
ऑटिझम (स्वमग्नता) हि जन्मभर राहणारी वैकल्पिक समस्या आहे. विकासाच्या दोन मुख्य क्षेत्रातील वागणुकीवरून ऑटिझम लक्षात येतो. एक म्हणजे समजून घेणे आणि संवाद साधणे यांच्या क्षमतेतील अडचणी. दुसरे संकुचित आवडीनिवडी, वर्तनातली पुनरावृत्ती व स्वमग्नता. वर्तवणुकीतील ही लक्षणे अगदी लहान पणापासूनच ह्या मुलांमध्ये सातत्याने असतात. (पण बऱ्याचदा त्याकडे उशीरा लक्ष जाते.) त्यामुळे त्यांना योग्य वागणूक अडथळे जाणवतात.
- ऑटिझम का होतो ?  
ऑटिझम हा न्युरो डेव्हलपमेंटल आहे. त्याची निश्चित कारणे अजून तरी आपल्याला ठाऊक नाहीत. गर्भावस्थेपासूनच ह्या मुलांच्या मेंदूच्या पेशींची जोडणी वेगळ्या प्रकारची असल्याने त्यांच्यात मेंदूची वेगळी कार्यप्रणाली दिसून येते.
- प्रमाण : दर ४४ मुलांमध्ये १ मुल ऑटिझमग्रस्त आहे. ऑटिझमचे प्रमाण मुलगांमध्ये मुलीपेक्षा चार पटीने अधिक आहे. सर्व प्रदेशातील तसेच सर्व आर्थिक-सामाजिक स्तरातील मुलांमध्ये ऑटिझम आढळतो.
- निदान : M-CHAT-R/F स्क्रीनिंगमुळे मुलाला ऑटिझमची शिक्क आहे का ते लवकर कळते. १६ ते ३० महिने वयोगटाच्या प्रत्येक मुलाची M-CHAT-R/F स्क्रीनिंग टेस्ट करणे आवश्यक असल्याचे अमेरिकन तसेच भारतीय बालरोगतज्ञ संघटनेचे मत आहे.
- उपचार : आपल्याला जरी ऑटिझमची कारणे माहित नसली तरी जलद निदान आणि योग्य उपचार ही मुलांच्या चांगल्या भवितव्याची गुरुक्लि आहे हे मात्र निश्चित आहे.

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## Outlook

SUBSCRIBE

Saira Shah Halim

CPI(M) candidate Saira Shah Halim during her election campaign for the upcoming Ballygunge Assembly by-polls, at a slum area in Kolkata. | PTI Photo/Swapan Mahapatra

8/16



World Autism Day

Children from Sunshine Education Society along with Navi Mumbai Association of Pediatrics during an awareness campaign on World Autism Day, in Navi Mumbai. | PTI Photo

### Academic Activities of MAHAIAIP in MAY Month

#### 1. Activity No. 1 – Journal Journey

MAHAIAIP & IAP Raigad together organized the Journal Journey  
Date: 01/05/2022 at 9.00 PM

<https://youtu.be/CrBgI0n9g3g>

Guest of Honour: Dr. Narendra Nanivadekar (CIAP EB Maharashtra, Kolhapur)

Experts: 1. Dr. Sandeep Kadam (Consultant Neonatologist, KEM Hospital, Pune)

2. Dr. Sushant Mane (Associate Professor in Ped., Sir JJ Hospital, Mumbai)

#### Speakers & Topics:

1. Dr. Rahul G. Koppikar (Ped. & Neonatologist., Nashik)
  - Neb. MgSO<sub>4</sub> for treatment of PPHN
2. Dr. Kavish Mehta (Pediatrician & Neonatologist, Nashik)
  - Lower Vs Traditional threshold for Neonatal Hypoglycemia
3. Dr. Tripti H. Mahatme (Cons. Pediatrician, Lactation Consultant, Adgaon)
  - Shorter treatment for Non severe TB in African & Indian children

#### 2. Activity No. 2 – Parental Awareness Program

Date: 01.05.2022

Topic: "Fever in Children - Causes, seriousness & Home remedies"

<https://youtu.be/vzcnLzPuE8>

Speakers: 1. Dr. Pramod Jog (Pediatrician, Pune), 2. Dr. Sanjay Joshi (Pediatrician, Dhule)

Moderators: 1. Dr. Chandrashekar Dabhadkar (Pediatrician, Mahad – Raigad),

2. Dr. Hemant Gangolia (Pediatrician, Karjat – Raigad)

3. Activity No. 3 – MAHARASHTRA DAY CELEBRATION – Release of 2 Flyers on Social Media (English & Marathi)

DATE: 01.05.2022

4. Activity No. 4 – WORLD ASTHMA DAY – Release of Flyer with theme for this year on various social media platforms.

DATE 03.04.2022

#### 5. Activity No. 5 – MAHA MENTOR MENTEES

Date: 06.05.2022

Topic: MENARCHE: Early/Late

[https://youtu.be/7K1b\\_9tnw60](https://youtu.be/7K1b_9tnw60)

Mentor: Dr. Sudha Rao (Pediatric Endocrinologist, Bai Jerbai Wadia Hospital, Mumbai)

Mentees: 1. Dr. Sucheta Kinjawadekar (Gyn. & Obst., Past President ObGyn Society, Navi Mumbai)

2. Dr. Jayashree Shiwalkar (Dev. Pediatrician & Child/Adolescent Psychologist, Nagpur)

3. Dr. Tushar Godbole (Pediatrics Endocrinologist, Nashik)

#### 6. Activity No. 6 – THALASSEMIA AWARENESS

4 FLYERS & 2 VIDEOS & 1 CME + Panel discussion were released by MAHAIAIP for the awareness and understanding of Thalassemia. Keeping the Theme in mind "Be Aware... Share... Care!"

Thalassemia- Free Maharashtra Campaign (थॅलेसेमियायुक्त महाराष्ट्र अभियान)

- Video Release by Dr Sandip Karle ~ 8 AM

<https://youtu.be/bZ2lvEQmmHl>

International Thalassemia Day CME & Panel Discussion organised by IAP Amravati & MAHAIAIP ~ 10 AM

Chief Guest: Dr. Upendra Kinjawadekar (President Elect. CIAP)

Guests: Dr. Hemant Gangolia (President, MAHAIAIP)

Dr. Jayant Pandharikar (President, MAHAIAIP 20-21)

#### Esteemed Faculties for CME:

1. Dr. Shailesh H Bamborde (Hematologist), 2. Dr. Jayant Pandharikar (Pediatrician)
3. Dr. Shruti Toshniwal (Hematologist), 4. Dr. Sandip Karle (Pediatrician)

#### Panel Discussion: "DIFFERENT CASES DIFFERENT LESSONS"

Moderator: Dr. Naresh Tayade Pediatrician

Panelist: 1. Dr. Milind Kamble (Pediatrician), 2. Dr. Anand Pandao (Pediatrician)

3. Dr. Karuna Murkey (Obstetrician), 4. Dr. Alka Ekbote (Geneticist)

5. Dr. Jhelam Deshmukh (Fetal Medicine),

6. Dr. Shailesh H Bamborde (Hematologist), 7. Dr. Shruti Toshniwal (Hematologist)

"Awareness is the key... Victory over Thalassemia"

- Video Release by Dr. Rajendra Chandorkar ~ 6 PM

<https://youtu.be/iaJajC1Aih4>

Release of 4 Informative Flyers in the evening ~ 4 PM, 5 PM, 6PM, 7PM

#### 7. Activity No. 7 – Parental Awareness Program

Date: 08.05.2022

Topic: "Care of Newborn Baby"

<https://youtu.be/yiaQz2Nz8mQ>

#### Experts:

- + Dr Mahesh Mohite (Pediatrician, Panvel – Raigad)
- + Dr Sandip Patil (Pediatrician, Nanded)

#### Moderators:

- + Dr Kashmiri Badbade (Pediatrician, Kolhapur)
- + Dr Aabasaheb Patankar (Pediatrician, Mangaon – Raigad)

#### Co-ordinators:

- + Dr Chandrashekar Dabhadkar (Pediatrician, Mahad – Raigad)
- + Dr Suchit Tamboli (Pediatrician, Ahmednagar)

#### 8. Activity No. 8 – WORLD NURSES DAY (12.05.2022) – BY VARIOUS ACTIVITIES

Celebrated 12th May as World Nurses Day in many new way by MAHAIAIP as:

##### 1. MAHAIAIP SWS (Selfie With Staff) Competition

- + Taking SELFIES with Nurses/Staffs/Paramedics/Receptionists and uploading them on the below Google form <https://forms.gle/CDcw5sBwghwsQCen7>
- + From 12-20th May' 2022
- + Last date for entry/submission is 20th May' 2022.
- + 26th May 2022 winners were announced on the last day of Nurses Station.
- + Professional Photographers were the Judges.

##### 2. Inaugural function of MAHAIAIP Nursing Stations - on INTERNATIONAL NURSES DAY

- + Chief Guest: Dr. Madhuri Kanitkar (Vice Chancellor MUHS Nashik)
- + Guest of Honour: 1. Dr. Upendra Kinjawadekar (CIAP President Elect 2022)  
2. Dr. Chetan Shah (West Zone CIAP)
- + Felicitate all our nursing staff, by giving them flowers and one Samman Patra written in 3 languages.

##### 3. MAHAIAIP NURSING STATION (12th – 26th MAY' 2022)

- + 2 Weeks Programme by delivering interesting and productive educational sessions for all the hospital staff including Nurses, Receptionists, Ayas, Security personnels, Helpers, Staff, Lab Tech., Ambulance Drivers. Etc.
- + Teaching in Marathi language; daily from 3.30pm to 4.30pm for about 2 weeks.

> DAY 1: 12.05.22 – [https://youtu.be/U\\_dkcMVZC3M](https://youtu.be/U_dkcMVZC3M)

- Topic: NURSING & STAFF EDUCATION

- Expert: Dr Anil Mokashi, Dr Pramod Jog

- Moderator: Dr Anjali Gokarn

> DAY 2: 13.05.22 – <https://youtu.be/Se0L2qxdZHQ>

- Topic: HOW TO RECOGNISE & SAVE SERIOUS CHILD

- Expert: Dr Jayant Joshi

- Moderator: Dr Jayashree Deshpande

> DAY 3: 14.05.22 – [https://youtu.be/gv9J\\_79NGI8](https://youtu.be/gv9J_79NGI8)

- Topic: HOW TO HANDLE DAILY WORK EFFICIENTLY

- Expert: Dr Jayashree Deshpande

- Moderator: Dr Chitra Kulkarni

> DAY 4: 16.05.22 – <https://youtu.be/Orn6B3PDP7k>

- Topic: NEWBORN CARE

- Expert: Dr Archana Joshi

- Moderator: Dr Chitra Kulkarni

> DAY 5: 17.05.22 – <https://youtu.be/Eg-NFvM5nl>

- Topic: HOW TO MEASURE CHILD'S GROWTH IN HOSPITAL

- Expert: Dr Suchit Tamboli

- Moderator: Dr Girish Charde

> DAY 6: 18.05.22 – <https://youtu.be/UOrLUDlrAo>

- Topic: LEARN BREASTFEEDING & TEACH EVERYONE

- Expert: Dr Chitra Kulkarni

- Moderator: Dr Vaibhavi Barot

> DAY 7: 19.05.22 – [https://youtu.be/LWutauBT\\_9M](https://youtu.be/LWutauBT_9M)

- Topic: HOW TO CARE A SICK CHILD

- Expert: Dr Jagadish Bhabhade

- Moderator: Dr Archana Joshi

> DAY 8: 20.05.22 – <https://youtu.be/kXjPzNTvxAE>

- Topic: HOW TO GIVE A SAFE INJECTION

- Expert: Dr Satish Agarwal

- Moderator: Dr Hemant Joshi

> DAY 9: 21.05.22 – <https://youtu.be/biTK7ropkR4>

- Topic: TAKING CARE OF VACCINES & NURSING STAFF VACCINATION

- Expert: Dr Vaibhavi Barot

- Moderator: Dr Anjali Gokarn

> DAY 10: 23.05.22 – [https://youtu.be/XfiQloQdH\\_E](https://youtu.be/XfiQloQdH_E)

- Topic: THE WAYS... TO TAKE CARE OF SICK NEWBORN



## MAY 2022

- Expert: Dr Shailesh Barot  
- Moderator: Dr Gauri Aloz

- DAY 11: 24.05.22 – <https://youtu.be/i58KbBS1fk>  
- Topic: WHAT TO DO TO AVOID COURT SUMMONS  
- Expert: Dr Satish Tiwari  
- Moderator: Dr Hemant Gangolia
- DAY 12: 25.05.22 – <https://youtu.be/m395i8Nki94>  
- Topic: NUTRITION & WELL BEING OF CHILD & STAFF  
- Expert: Dr Hemant Joshi  
- Moderator: Dr Chitra Kulkarni
- DAY 13: 26.05.22 – <https://youtu.be/uoMg37I2Ug>  
- Topic: ANAPHYLAXIS & NEEDLE STICK INJURY  
- Expert: Dr Hemant Gangolia, Dr Anjali Gokarn  
- Moderator: Dr Jayashree Deshpande

### 9. Activity No. 9 – MAHA SUBSPECIALITY CONNECT

"MAHA SUB-SPECIALITY CONNECT: ENDOCRINE PEARLS"

Date: 13.05.2022 <https://youtu.be/b5goEdZKs78>

**Expert Speaker:** 1. Dr. Tushar Godbole (Pediatric Endocrinologist, Nashik)  
2. Dr. Nikhil Shah (Pediatric Endocrinologist, Mumbai)

**Moderators:** 1. Dr. Sameer Sadawarte (MAHAIAP EB Member)  
2. Dr. Jaykumar Bhandarkar (MAHAIAP State Convener)

### 10. Activities No.10 – Parental Awareness Program

Date: 15.05.2022 <https://youtu.be/nouykvZIZE>

Topic: "Childhood Asthma – What is it?... causes & remedies"

Experts:

- + Dr Jayant Joshi (Pediatrician & Childhood Asthma Specialist, Pune)
- + Dr Shishir Modak (Pediatrician & Childhood Asthma Specialist, Pune)

Moderators:

- + Dr Sandip Kawade (Pediatrician, Pune)
- + Dr Suchit Tamboli (Pediatrician, Ahmednagar)

Co-ordinator: Dr Chandrashekar Dabhadkar (Pediatrician, Mahad – Raigad)

### 14. Activities No. 14 – Parental Awareness Program

Date: 22.05.2022 <https://youtu.be/5HAYk020zJA>

Topic: "Equation of Vaccination (Vaccination - Clear your doubts)"

Experts:

- + Dr Rajiv Mehta (Pediatrician, Nagpur)
- + Dr Sanjay Mankar (Pediatrician, Pune)
- + Dr Ganesh Kulkarni (Pediatrician, Aurangabad)

Moderators:

- + Dr Nivedita Patil (Pediatrician, Kolhapur)
- + Dr Abhinav Darwade (Pediatrician, Dhule)

Co-ordinator:

- + Dr Chandrashekar Dabhadkar (Pediatrician, Mahad – Raigad)
- + Dr Suchit Tamboli (Pediatrician, Ahmednagar)

### 15. Activity No. 15 - MAHA KATTA

MAHAIAP organizes a hatke programme "Chat Show with dignitaries coming from different fields"

Date: 27/05/2022 <https://youtu.be/O7VZ3m8A7fQ>

Chief Guest: Dr. Sachin Pawade (Well-known Pediatrician, Wardha)

... Listening To His Journey as 'Waterman of Wardha'  
– "Jal Hai To Jeevan Hai"

16. Activity No. 16 – WORLD SAFE MENSTRUATION DAY – Release of 2 Flyers with theme for this year on various social media platforms.

DATE: 28.05.2022

### 17. Activities No.17 – Parental Awareness Program

Date: 29.05.2022 <https://youtu.be/AoOShrov-Cc>

Topic: "Effect of Peer"

Experts:

- + Dr Prajakta Kaduskar (Adolescent medicine expert, Nagpur)
- + Dr Jayant Pandharikar (Adolescent Medicine Expert, Amravati)

Moderators:

- + Dr Ujwala Gawli (Pediatrician, Sangli)
- + Dr Manjusha Giri (Pediatrician, Nagpur)

Co-ordinator:

- + Dr Chandrashekar Dabhadkar (Pediatrician, Mahad – Raigad)
- + Dr Suchit Tamboli (Paediatrician, Ahmednagar)

18. Activity No. 18 – WORLD NO TOBACCO DAY – Release of 2 Flyers with theme for this year on various social media platforms.

DATE: 31.05.2022

### 19. Activity No. 19 – HEARING 5 – MEDICO-LEGAL MATTERS

MAHAIAP & Thane Academy of Pediatrics Organized "HEARING 5"

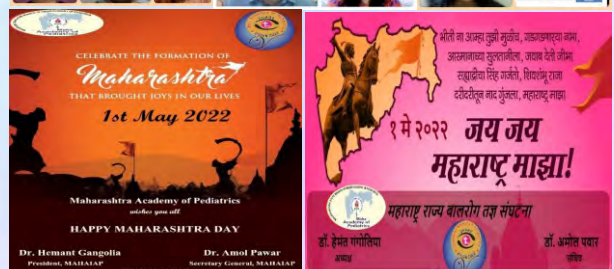
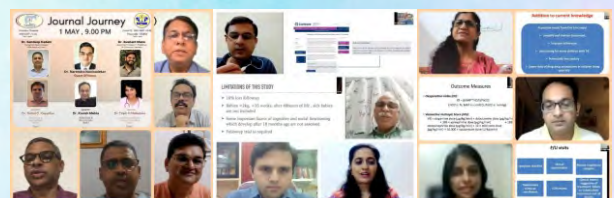
Date: 31/05/2022

Experts:

- + Dr. A. S. Jaggi [Sr. Consultant & Lap Surgeon (Meerut), and ML Expert]
- + Dr. Hemant Gangolia (President, MAHAIAP & ML Expert)

Moderator: Dr. Ramgopal Chejara (EB MAHAIAP 22)

Topics: 1. Brought Dead (Part 2); 2. Death during Transfer



11. Activity No. 11 – WORLD HYPERTENSION DAY – Release of 2 Flyers with theme for this year on various social media platforms.

DATE: 17.05.2022

### 12. Activity No. 12 – "TUESDAY TAKES" by Women Committee of MAHAIAP

Date: 17/05/2022

Theme: IMMUNISATION <https://youtu.be/i-K8L7oBwvc>

Judges:

1. Dr. Sanjay Marathe (ACVIP Westzone Member 2020-22, Nagpur)
2. Dr. Jayant Joshi (Vice President, IAP Respiratory Chapter 2021-22, Pune)

MMC Observers for the program: (2 MMC Points granted)

1. Dr. Sanjay Aher (Neonatologist, Nashik)
2. Rajendra Kulkarni (Senior Pediatrician, Nashik)

Topic & Speakers:

1. Principles of Immunization - Dr. Sachin Dhule, Aurangabad
2. Cold Chain Maintenance - Dr. Namdev Birajdar, Osmanabad
3. Setup of Ideal Vaccination Clinic - Dr. Shrikant Jamdade, Mumbai
4. Vaccination Schedule is Good (Govt./Private) - Dr. Amit Chavan, Kolhapur
5. Immunisation in Special Situations (Plus Adolescents Vaccination) - Dr. Bhalchandra M Falke, Chandrapur
6. Covid Vaccination - Dr. Swati Jain Karnawat, Nashik

### 13. Activity No. 13 – MAHA CASE CHALLENGE

Date: 20/05/2022 <https://youtu.be/QixeZCfjSpM>

"MAHA CASE CHALLENGE" between 2 branch teams (Team KOLHAPUR & Team HINGOLI) with - 2 Interesting & Twisting Cases

Expert: Dr. Rajendra Vaidya (Aurangabad)

Case Presenters:

- + Dr Tushar Maniyar (Mumbai)
- + Dr Vipul Patil (Panvel – Raigad)



## JUNE 2022

### Academic Activities Of MAHAIAIP in JUNE Month

#### 1. Activity No. 1 – 01.06.2022 – JOURNAL JOURNEY

MAHAIAIP & IAP Raigad together organized the Journal Journey

Date: 01/06/2022 at 9.00 PM

[https://youtu.be/LwuV4zf\\_2A8](https://youtu.be/LwuV4zf_2A8)

Guest of Honour: **Dr. Raju Shah**

(Past President CIAP 2005 & Senior Pediatrician, Ahmedabad)

Experts: **1. Dr. Abhay Shah** (Nat. Scientific Convener IAP ACTION PLAN 2020-21, Ahmedabad)

**2. Dr. Omkar Jamadar** (DM (Neonatologist), Apollo Hospital, Navi Mumbai)

Speakers & Topics:

**1. Dr. Vijay Mali** (Cons. Neonatologist & Asst. Prof. D.Y. Patil Medical College, Kolhapur)

Short term pulm. & syst. effects of hydrocortisone initiated 7-14 days after birth.

**2. Dr. Prama Bagani Bafna** (Pediatrician & Neonatologist, ESIC Hospital, Kolhapur)

Single dose COV2 vaccine outcome in children as compared to booster dose in adults.

#### 2. Activity No. 2 – Global Day of Parents

Date: 01.06.2021

– Release of 1 Flyer on Social Media with beautiful messages.

– Pediatrician Parents Skit Competition - Making a video about the Parenting Skills.

- Google form for the participants

<https://forms.gle/Hf29116E6px8QEnH6>

#### 3. Activity No. 3 – 03.06.22 - MAHA MENTOR MENTEES

Topic: Treatable Pediatric Neurology In Office Practice

<https://youtu.be/Vm43wFRu5ZM>

Mentor: **Dr Anaita Udwadia Hegde** (Ped. Neurologist, Wadia Children's Hospital, Mumbai)

Mentees: **1. Dr. Prashant Utage** (Ped. Neurologist, Hyderabad)

**2. Dr. Umesh Kalane** (Ped. Neurologist, Pune)

**3. Dr. Madhavi Shelke** (Ped. Neurologist, Aurangabad)

#### 4. ACTIVITY NO.4 - MAHAIAIP MIDTERM CME – 04.06.22 to 05.06.22

Date: 4<sup>th</sup> & 5<sup>th</sup> June 2022

Place: Yavatmal

Venue:

Activities: 4<sup>th</sup> June – a) NRP Workshop

b) Workshop on Creative Teaching – New tools & New Dimensions

c) EB Meeting followed by Gala Dinner & Music

5<sup>th</sup> June – a) Felicitation Ceremony of CIAP & MAHAIAIP dignitaries

b) Lecture Talks & Panel Discussions on various academic topics

c) Launch of MAHAIAIP App

d) Release of first 3 Standard Guidelines (translated Marathi Versions)

#### 5. ACTIVITY NO. 5 – 05.06.2022 – Parental Awareness Program

Date: 05.06.2022

Topic: "Let the kids play .... It's their right"

<https://youtu.be/4m3b36QH1Uw>

Experts: **1. Prof Laxman Chalmale** (Reliance Foundation School, Lodhiwadi, Rasayani Advocate of Fit India, Hit India movement)

**2. Prof Anuradha Dandekar** (MSc, Bed Human Anatomy Science Expert)

**3. Mr Ramesh Khot** (B.P.Ed, M.P.Ed (Volley ball coach)

Moderators: **1. Dr Shubhada Khirwadkar** (Pediatrician, Nagpur)

**2. Dr Abhinay Darwade** (Pediatrician, Dhule)

Co-ordinators: **1. Dr Suchit Tamboli** (Pediatrician & Developmental Specialist, Ahmednagar)

**2. Dr Shekhar Dabhadkar** (Sr. Pediatrician, Mahad)

#### 6. ACTIVITY NO. 6 – WORLD ENVIROMENT DAY – Release of Flyer with theme for this year on various social media platforms.

DATE 05.06.2022

#### 7. ACTIVITY NO. 7 – COMPLEMENTARY FEEDING DAY – Release of Flyer with theme for this year on various social media platforms.

DATE 06.06.2022

#### 8. ACTIVITY NO. 8 – WORLD TUMOR DAY – Release of Flyer with theme for this year on various social media platforms.

DATE 08.06.2022

#### 9. ACTIVITY NO. 9 – 08.06.2022 - ENRICHING DISCUSSION ON

Topic: ALL ABOUT IRON [https://youtu.be/EI\\_qDFdpgiw](https://youtu.be/EI_qDFdpgiw)

Date: 08.06.2022

Expert: **Dr. Tushar Idhate** (Pediatric Hematologist, Aurangabad)

Moderator: **1. Dr. Sonali Shirbarte** (Co. Chairperson, WC Maharashtra, Amravati)

**2. Dr. Reena Rathi** (North Maharashtra Zonal WC Member, Nashik)

#### 10. ACTIVITY NO. 10 – 09.06.2022 – PANEL DISCUSSION ON

Topic: COMPLEMENTARY FEEDING IN CHILDREN

MAHAIAIP & IYCF Chapter of IAP arranged an enriched Panelists Discussion with the Stalwarts

Date: 09.06.2022

<https://youtu.be/GeFbc0ex5Ew>

Panelists: **1. DR. SATISH TIWARI** (Chairperson, IYCF Chapter & Professor of Pediatrics Medical College, Amravati)

**2. DR. REKHA HARISH** (Chairperson, NCD Prevention Academy, Past VP North Zone)

**3. DR. ASHISH JAIN** (Consultant Pediatrician & Medico Legal Advisor, Gurgaon, Haryana)

**4. DR. MUKHOPADHYAY KANYA** (Secretary IYCF Chapter)

Moderators: **1. Dr. Renu Boralkar** (Chairperson, WC Maharashtra, Aurangabad)

**2. Dr. Neha Singh** (Editor, MAHAIAIP, Navi Mumbai (Raigad)

#### 11. ACTIVITY NO. 11 – 09.06.2022 – PANEL DISCUSSION

MAHAIAIP & Amravati IAP has scheduled a Panel Discussion with experts from ECHG (Environment & Child Health Group) of Indian Academy of Pediatrics

Topic: NET ZERO – Panel Discussion on World Environment Day

Date: 09.06.2022

<https://youtu.be/PKjYsaBp6EY>

Panelists: **1. Dr. Satish Agrawal** (Amravati)

**2. Dr. Harikumar G.** (Kottayam)

**3. Dr. Tushar Jagjape** (Chattisgarh)

Moderator: **Dr. Jagdish Chinnappa** (Bengaluru)

#### 12. ACTIVITY NO. 12 – 10.06.2022 - MAHA SUBSPECIALITY CONNECT

"MAHA SUB-SPECIALITY CONNECT: ABG (Basic & Case Based discussion)"

Date: 10.06.2022

[https://youtu.be/oC9Z1ME\\_iao](https://youtu.be/oC9Z1ME_iao)

Guest Of Honour: **Dr. G V Basavaraja** (Past HSG, CIAP, PICU Expert, Bengaluru)

Expert Speakers: **1. Dr. Satish Deopujari** (Consulting Pediatrician, Nagpur)

**2. Dr. Mahesh Mohite** (Pediatric Intensivist, Panvel)

Moderators: **1. Dr. Sameer Sadawarte** (MAHAIAIP EB Member)

**2. Dr. Jaykumar Bhandarkar** (MAHAIAIP State Convener)

#### 13. Activities No.13 – Parental Awareness Program

Date: 12.06.2022

Topic: "While choosing your career"

Experts:

<https://youtu.be/XYvL-gmm0Zg>

+ **Dr Suchit Tamboli** (Pediatrician & Developmental Specialist)

+ **Mrs Neha Suchit Tamboli** (Business advisor & counsellor)

Moderators:

+ **Dr Neelima Bhandarkar** (Pediatrician, Panvel, Raigad)

+ **Dr Sonali Shirbarte** (Pediatrician, Amravati)

+ **Sanjay Kulkarni** (Teacher's representative, Ahmednagar)

+ **Vasant Desle** (Parent representative, Ahmednagar)

Co-ordinator:

+ **Dr Chandrashekar Dabhadkar** (Pediatrician, Mahad – Raigad)

+ **Dr Abhinay Darwade** (Paediatrician, Dhule)

#### 14. ACTIVITY No. 14 – WORLD BLOOD DONOR DAY – Release of A Flyer with the me for this year on various social media platforms.

DATE: 14.06.2022

#### 15. ACTIVITY NO. 15 – 17.06.2022 - MAHA CASE CHALLENGE

Date: 17.06.2022

<https://youtu.be/TFMLV1q3Tyg>

"MAHA CASE CHALLENGE" between 2 branch teams (Team RAIGAD & Team PUNE) with - 2 Interesting & Twisting Cases

Expert: **Dr. C. V. Shrinivasan** Prof., Mehta Multi-speciality Hospital, Chennai  
Ex. Director-Professor JIPMER, Pondicherry

Case Presenters: **1. Dr Narendran Navivadekar** (Aurangabad)

**2. Dr Prakash Vaidya** (Senior Paediatrician, Fortis Hospital (Mumbai);  
Special Interest in Pediatric Pulmonology)

## JUNE 2022

### 16. ACTIVITY NO. 16 – 18.06.2022 - "MAHAIAIP ThalSickle QUIZ"

A Quiz Competition for the Awareness of Thalassemia & Sickle Cell Disease organized by MAHAIAIP – Participants (Gynecologists & Pediatricians) from all regions of Maharashtra took part

[https://youtu.be/rYri\\_yhNftg](https://youtu.be/rYri_yhNftg)

**Chief Guest:**

Dr. Ramesh Kumar (President, CIAP 2022)

**Guests of Honour:**

1. Dr. Upendra Kinjawadekar (President, CIAP 2023)
2. Dr. Rajendra Singh Pardeshi (President, AMOGS)
3. Dr. Vineet Saxena (Hon. Secretary General, CIAP 2022-23)
4. Dr. Chetan B Shah (Vice President, CIAP West Zone 2022)

**Experts:**

- Dr. Shailesh Kanvinde (Pune)
- Dr. Bageshree Seth (Navi Mumbai)

**Quiz Constructed by:**

- Dr. Naresh Tayade (Amravati)
- Dr. Sandip Karle (Parbhani)

**Quiz Master:**

Dr. Jaykumar Bhandarkar (MAHAIAIP State Convener)

**Quiz Co-ordinators:**

- Dr. Hemant Gangolia
- Dr. Amol Pawar

**TEAMS participating in 'MAHAIAIP ThalSickle Quiz' are:**

Each Team = 2 Gynecologists + 3 Pediatricians

**TEAM MUMBAI KONKAN**

- Dr. SHAILENDRA JADHAV
- Dr. RAJENDRA CHAVAN
- Dr. AMIT JAIN
- Dr. AMIT SAXENA
- Dr. SUNIL SHETH

**TEAM NORTH MAHARASHTRA**

- Dr. CHANDRAKANT SANKALECHA
- Dr. MUGDHA BHAMARE
- Dr. YOGESH SALUNKHE
- Dr. GANESH MANE
- Dr. RAHUL PATIL

**TEAM WEST MAHARASHTRA 1**

- Dr. KISHOR KESARKAR
- Dr. NISHA GUSAIN
- Dr. AMRUTA SHIVCHHAND
- Dr. SHAILESH PATIL
- Dr. LAXMAN KADAM

**TEAM WEST MAHARASHTRA 2**

- Dr. SUMIT CHAMARIYA
- Dr. KANCHAN DURUGKAR
- Dr. PARAG MAHANKAR
- Dr. SUDHIR ASABE
- Dr. SAURABH MUTHA

**TEAM MARATHWADA**

- Dr. PRARTHANA DESHPANDE
- Dr. ANIL SAKHARE
- Dr. SACHIN JETHLIYA
- Dr. SHILPA DADGE
- Dr. NANDKISHOR PALVE

**TEAM VIDARBHA**

- Dr. SEEMA DANDE
- Dr. SUYOGA PANAT
- Dr. SACHIN PATIL
- Dr. SATISH GHATOL
- Dr. SAGAR KAROTKAR

### 17. ACTIVITY NO. 17 – Parental Awareness Program

Date: 19.06.2022

Topic: "While bringing up your children - a sensitive issue"

Experts: [https://youtu.be/dmNR\\_QevSk4](https://youtu.be/dmNR_QevSk4)

- + Dr. Raja Dandekar
- + Dr. Renu Dandekar (Education Experts, Dapoli)

**Moderators:**

- + Dr. Shekhar Dabhadkar (Paediatrician, Mahad)
- + Dr. Deepa Phirke (Paediatrician, Kolhapur)

**Co-ordinator:**

- + Dr. Suchit Tamboli (Paediatrician & Developmental specialist, Ahmednagar)
- + Dr. Abhinay Darwade (Paediatrician, Dhule)

### 18. ACTIVITY NO. 18 – INTERNATIONAL YOGA DAY – Release of 2 Flyers with theme for this year on various social media platforms.

Date: 21.06.2022

### 19. ACTIVITY NO. 19 – "TUESDAY TAKES" by Women Committee of MAHAIAIP

Date: 21.06.2022

Theme: RESPIRATORY DISEASES IN CHILDREN <https://youtu.be/jVRUFSziyGw>

**Judges:**

1. Dr. Shishir Modak [Panel Consultant, Deenanath Mangeshkar Hospital (Pune) National Convener, Asthma Training Module, 2021-22]
2. Dr. Prakash Vaidya [Senior Paediatrician, Fortis Hospital (Mumbai) Special Interest in Pediatric Pulmonology]

**Mentor:** Dr. Subramanya N K [Chairperson Respiratory Chapter, IAP Vice President CIAP, South Zone]

**Topics & Speakers:**

- 1) Upper Respiratory Disorders - Dr Mangayarkarshi.S (Navi Mumbai)
- 2) Pediatric Respiratory Emergencies - Dr. Ashwinikumar Kathar (Jalna)
- 3) Recurrent Respiratory Symptoms - Dr. Priti Joshi (Jalgaon)
- 4) Aerosol Delivery Therapy - Dr. Sunil Sheth (Raigad)
- 5) Oxygen Delivery Modes - Dr. Swati Khot (Sangli)
- 6) Chronic Lung Disease in Infant (BPD) - Dr. Swapnil Patil (Amravati)

**Moderators:**

1. Dr. Renu Boralkar [Chairperson MAHAIAIP WC (Aurangabad)]
2. Dr. Sushma Save [Zonal Member (Mumbai-Konkan), MAHAIAIP WC]

### 20. ACTIVITY NO. 9 – 22.06.2022 - ENRICHING DISCUSSION ON

Topic: DECODING VITAMIN – D

Date: 22.06.2022

[https://youtu.be/JOxo\\_FULWUY](https://youtu.be/JOxo_FULWUY)

Expert: Dr. Ganesh Jevalikar (Ped. Endocrinologist, Max Super Specialty Hospital (Saket)

Moderators: Dr. Sonali Shirbhate (Co.Chairperson, WC Maharashtra (Amravati)

### 21. ACTIVITY NO. 21 – MAHA KATTA

MAHAIAIP organizes a hatke programme "Chat Show with dignitaries coming from different fields"

Date: 24/06/2022

<https://youtu.be/akzRckrAgX0>

Chief Guest: Dr. Shilpa Aroskar [Unpublished, Unedited Journey - from a doctor to an author]

Moderators: 1. Dr. Amog Shahane (Navi Mumbai)

- 2. Dr. Neha Singh [Editor, MAHAIAIP (Raigad)]

### 22. ACTIVITY NO. 22 – Parental Awareness Program

Date: 26.05.2022

<https://youtu.be/TxYDUGrXxes>

Topic: "It's rainy season - take care of health of your kids"

**Experts:**

- + Dr. Rajendra Khadke (Paediatrician, Aurangabad)
- + Dr. Anurag Pangrikar (Paediatrician, Beed)

**Moderators:**

- + Dr. Kashmiri Badbade (Paediatrician, Kolhapur)
- + Dr. Renu Boralkar (Paediatrician, Aurangabad)

**Co-ordinator:**

- + Dr. Chandrashekhar Dabhadkar (Paediatrician, Mahad – Raigad)
- + Dr. Suchit Tamboli (Paediatrician, Ahmednagar)
- + Dr. Abhinay Darwade (Paediatrician, Dhule)

### 23. Activity No. 23 – HEARING 5 – MEDICO-LEGAL MATTERS

MAHAIAIP & Thane Academy of Pediatrics Organized "HEARING 6"

Date: 28/06/2022

ONLY LIVE TELECAST ON ZOOM:

**Experts:**

- + Dr. Jagdish Singh [Retd. Proff & HOD Dept of Pediatrics, SMS Medical College (Jaipur) & Author of Medical Negligence and Compensation 4<sup>th</sup> edition 2021]
- + Dr. Hemant Gangolia (President, MAHAIAIP & ML Expert)

**Moderator:** Dr. Ramgopal Chejara (EB MAHAIAIP 22)

**Topics:** 1. Death during Transfer 2. Mob Violence



# GLIMPSES OF MAHAIAAP ACTIVITIES

JUNE 2022

**Maha Mentor Mentees**  
TREATABLE PEDIATRIC NEUROLOGY IN OFFICE PRACTICE

**COMPLEMENTARY FEEDING IN CHILDREN**  
PARENT DISCUSSION  
9 JUNE

**NET ZERO**  
On the Day of Earth's Rejuvenation Day

MAHARASHTRA ACADEMY OF PEDIATRICS  
Celebrating World Environment Day 5th June 2022

**MahaIAAP Case Challenge**  
Two Moderators Two Teams

**ThalSickle Quiz**  
18 June 8.30 PM

**WORLD SICKLE CELL DAY**  
19th June 2022

**WORLD BLOOD DONOR DAY**  
14th June 2022  
"Donate Your Blood For A Reason, Let The Reason To Be Life."

**All about Iron**  
Join us for a timely and enriching discussion  
Wednesday 8 June, 9 to 10 pm

**Arterial Blood Gas**  
2022 MAHA SUB SPECIALTY CONNECT ABG

**Tuesday Takes!**

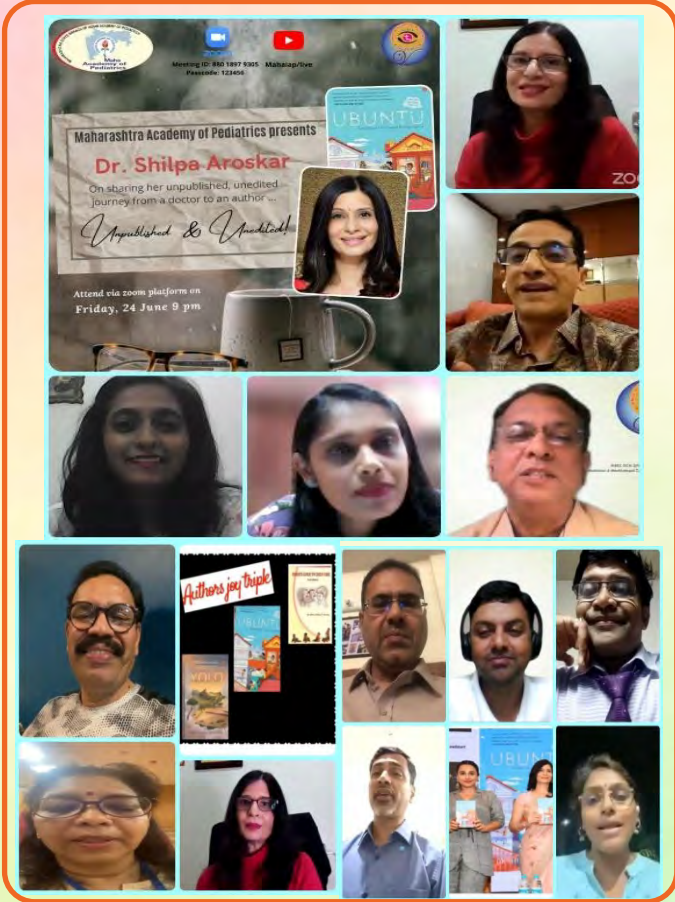
**Decoding Vitamin D**  
Join us for a timely and enriching discussion with

**Vitamin D metabolism**

**Case 4**

# GLIMPSES OF MAHAIAAP ACTIVITIES

JUNE 2022





## Dr. Srinivas Lakshmivenkateshiah

DNB, FNB, FPICS (USA) Fellow Card, Sydney  
Consultant Interventional Pediatric cardiologist  
Jupiter Hospital, Thane

### Holiday- a soldier is never off duty. How about a doctor?

Seat 3F, Jaipur to Mumbai flight. I had just slumbered on to my half-inflated neck pillow against the window. Not the deep sleep types, just a semi-conscious cat nap. In medical language we call it stage I NREM (Non rapid eye movement) sleep. At this stage I could “see” what my brain was thinking about our flight which was now in cruising speed.

Normal commercial flights cruise at an altitude of 30-40 thousand feet above sea level. The air is pretty “thin” at this height, and it offers very low resistance to flights. This is preferred cruising altitude for the airlines to save fuel. However, such thin air is not compatible for normal breathing. Any altitude above 26,000 feet is called death zone. No living things including plant life, survive beyond this. Hence the airplane cabins are pressurized to maintain air compression equivalent to an altitude of 8000 feet. That's the reason one gets the funny ear drum pressure as we fly higher. Thanks to my high-altitude trek experience, I have done some reading on altitude and its sickness. Suddenly I am shaken awake from my sleep. Initially the whispers, culminated into commotion in my back row. Next few seconds, it turned into a panic and alarm screams. Air hostess instructed her colleagues to page for any doctor on board. The doctor in me automatically got up and dragged up my tired body into standing.



Past 48 hrs were for me. I had taken a 5.30 AM flight from Mumbai to reach Jaipur, obviously lost that night's sleep. We had 2 days long intervention workshops lasting for 10 straight hours each day. A late-night CME was sandwiched for percolation of cardiology knowledge. The speaker cannot sleep during such CMEs but I don't know about delegates. Obviously, I was enjoying the lazy midair nap, expecting a smooth landing in 1 hour or so, but all that was now thrown out of the airtight window.



I walked out of the seat to have a look at the “emergency patient” and I was a little surprised to see a young heavy built gentle man in his mid-30s as against an expected sick elderly patient (You may call it a judgmental brain).

A gentle man of his size could hardly fit into those economy seats. Seated in the middle seat, it was a little wonder that he choked due to his restricted respiratory muscles by his co-passengers! But I stopped my imaginative assumption and asked “what happened?” Mr. Raj (Not the filmy one) said... Saas.....dikkaat.....hawah.....(breath-difficulty-air). Again, he was not imitating the filmy Raj.... He just couldn't hold enough breath in his lungs to speak a complete sentence. I started to think what could have happened suddenly. The possible diagnosis flashed in my mind. Is it asthma? Heart attack? Panic attack?



Involuntarily I asked for the on-flight medical kit. Raj's co-passengers happened to be his accompanying friends. They volunteered to tell me what happened.

While I reached for Raj's pulse, my ears listened to what they were saying and eyes scanning Raj for other clues to his sudden sickness. I noticed his amputated right leg and dressings on his chest. Mr. Raj was not as healthy as his build looks. By now I was sure that his pulse was alright and his heart was working fine for now. Raj's friends narrated about his bone cancer for which his leg had to be amputated below the knee a few weeks ago. He was on treatment for his cancer with chemotherapy. His health had deteriorated very quickly in last few days and was just discharged with a flight fitness certificate the same day. He was referred to Tata cancer institute, Mumbai for further treatment.



I thought “my goodness this is going out of my specialty now”. A pediatric cardiologist is now treating an adult with malignancy and its complications. By now the flight attendant got the medical kit. I quickly searched for a stethoscope which wasn't there. Just dressings and some general medicines. That's it. I summoned for oxygen supplements and the attendant was off in a jiffy. Relatives by now have taken out medical discharge summary, chest x ray and other medical records. Suddenly I felt at home at 35000 feet attending to a medical emergency! I could gather that patient Raj had developed pleural effusion (fluid filled around the lungs that prevent lung expansion and

hence impaired oxygen supply to body) as a complication to either disease or its treatment. Doctors at Jaipur had drained the fluid via a tube (called intercostal drain or ICD) inserted into chest wall. Once they were satisfied that the fluid is totally drained out, they had removed the chest tube just a few hours before the flight. I could just imagine him that he took an auto rickshaw straight from the hospital to airport. Slowly, the problem was becoming obvious to me and coming close to my zone of expertise (heart and lungs). No other time in my life I missed my stethoscope so much. I badly wanted to know if there is any air entry to Raj's lungs. By now I was presented with the 2nd medical kit. Again, nothing to my use.



I asked for a pulse-oxymeter, which was too much to ask for. I must confess that I do not carry stethoscope while travelling. It is usually available on most worksites. This was my first midair medical emergency call. I was thoroughly unarmed to deal with this. 5 minutes have past now, one of my hands always on Raj's pulse and other hand scanning for papers, x rays and instruments.

I had now narrowed down the diagnosis to 2 things. Raj is in distress due to either a re-accumulation of fluid in the lungs or he has developed pneumothorax (a condition where external air gets leaked into the wound from where the chest tube was recently removed). Pneumothorax is a life-threatening condition which causes normal lung to collapse and makes breathing ineffective similar to a situation of smothering someone. (The exact similar emergency condition occurring at an airport is well picturized in a Teledrama series called "The Good Doctor", season1, episode 1 on Netflix). This fluid or air needs to come out ASAP for the patient to survive. I need to know immediately what his oxygen saturation is and if there is any air entry into his lungs. Any further delay can make him collapse in front of me. No time to ponder now. I must act quickly. Suddenly I noticed the shine from my sport watch on my left hand. Eureka! My watch as has pulse oximeter function. "Bagal me chora aur shehar mein dhindora!!" (Roughly translated as "having the child in arms and searching for the same all over the town") I had the pulse oximeter all this while on my hand. I quickly put my watch on to his wrist and quickly set the watch menu to pulse-oxymeter.

A 10 second wait and lo I have a pulse oximeter reading! It read 79%! That's far too low for a comfortable breathing. By now I was in a position to start oxygen via the cylinder. I started oxygen at 3 liters per minute. With great difficulty we moved his hefty might on to front seat where I had more space to stand and care for him. Still, I am handicapped for a stethoscope. It's been nearly 8-10 minutes now and luckily there is no further deterioration in his clinical condition. But having dealt with at least few hundred pneumothoraxes in my practice I know the danger lurking in front of me. I decided to go back to pre-Laennec days. Rene Laennec, a French physician had invented stethoscope in 1816. Raj has a broad chest remember? I placed my right ear directly on his chest multiple times on different areas of both his right and left side, carefully hearing for his breath sounds.



I compared the air entry in all areas. As expected, the right side of the chest had far less air entry than the left. It was on his right side that the doctors in Jaipur had inserted tube to withdraw fluid and later removed it. Now I am almost sure that I am dealing with a pneumothorax on right side. Pneumothorax after removal of a chest tube is often encountered in a ICU and it is customary to repeat an x ray to look for this complication after every single time the chest tube is removed! I think this exercise was skipped in Raj's case as I could not find the post chest tube removal X ray! Good job Sherlock Holmes, but not points for you. It's only a job for "The Good Doctor" now. If my foot were on the ground, I would have summoned for an x ray immediately! But given the situation, I can neither ask for a x-ray or any other ray other than a ray of hope. I rechecked the oxygen saturation 5 minutes after we started him on oxygen inhalation. It showed 87% and Raj felt little better. The captain came out of the cockpit. I noticed the air hostess setting up a barricade with food trolleys between



the captain and rest of us! Security protocol I suppose. The captain leaned on to the trolley and greeted me with his eyes on Mr Raj. After exchanging introductions and making aware of my qualifications, He asked me curiously and cautiously, "what happened doc?". I realized that counselling a layman in such a situation and in such quick time was very tough. I grabbed a pen and paper from the flight attendant. Drew picture of lungs and its covering, tried to explain the mechanism of pneumothorax and how the altitude had pushed him into distress.

The captain understood the emergency and agreed that a logical solution was to quickly descend and loose altitude as the air pressure in the cabin would improve to allow more oxygen for Raj to breath. I only hoped we were close to any airport for emergency landing. I gave a short note in writing of my credentials as a doctor, my diagnosis and what was the immediate requirement to be messaged to the ground crew and airport medical emergency response team. Captain returned to cockpit.



I noticed that the capacity of oxygen in the cylinder would not last the duration of remaining flight. I was happy to know that there was an additional cylinder in the aircraft. But both would not suffice if I gave 3 liters per minute flow of oxygen. I asked flight attendant what about oxygen from the masks that drop form above as shown during



every flight demo! “No sir!” said the knowledgeable air crew. “That’s only during a flight emergency triggered by low cabin pressure. It would last for few minutes only and moreover the oxygen masks drop in front of every passenger on flight! Out of question!” OK. Mr. Raj has few options left now. Under careful monitoring of his oxygen saturation on the pulse oximetry and patient comfort, I slowly reduced the oxygen flow to 1liter per minute initially but had to quickly increase to 1.5 liters per minute.

This was the minimum requirement for him. My sport watch was a savior that day. I sat in the XL seat next to him. Raj was feeling much better now except for the breath rate, which was still high though. In my mind I was thinking how do I drain the air if it was required in an emergency? I formulated a plan. I had carried a few catheters for the intervention workshop in my bag. Though they were meant for cardiac procedures, I could use them to drain the tapped air from his chest in case of emergency. How do I poke them in? No blades or sharps are allowed on aircraft, right? But remember there is a fresh wound through which the tubes were pulled out just a few hours back? I could insert the catheters again via that wound. I arranged gloves and savlon from the medical kit and took out catheters from my cabin bag. Kept them handy next to the patient while frequently checking his oxygen saturation and air entry by leaning on to his chest. Raj kept glancing at the medical equipment I was arranging and was getting more anxious. I kept patting him like a small baby assuring him that they were just for monitoring. By now his saturation had improved to 90-91%. That was reassuring!

The captain reappeared for a chat. Barricades were back! “Doc, the nearest airport is Mumbai and we could start decent in next 15 minutes! We could land in next 45 minutes or so! The flight is cleared for priority landing due to medical emergency on board. The medical team would be ready with an ambulance and necessary equipment on ground.” That was such a big relief for me. I need not do



the midair “The Good doctor” drama! That’s too risky for Raj if he needs one and if it doesn’t work out and something happens to Raj, Each and every action of mine would be questioned by the medical board and the Police for sure! I patiently waited for next few minutes doing some required paperwork as per the flight norms. Essentially, I was asked to fill in patient details, his problems and what remedial measures were taken by the crew and the doctor on board. The most pleasant words of the day were of the captain on radio announcing descent. As we descend, the air concentration would improve and requirement of oxygen for Raj would come down.

We start descending. I watch the altitude on my sport watch now still on Raj’s hand. 20k-18k-16k..... Slowly coming down. Now Raj has started smiling and is thankful. His breath rate is better and he is more comfortable. Another 10 minutes to land and I put back all my stuff into bags getting ready for touch down. We landed 35 minutes before the expected time. Raj was now as good as he boarded the flight. I still continued his oxygen inhalation but remembered to take back my sport watch. Landing formalities were done, the doors were opened, and the ground medical team rushed in first. Raj was moved into a wheelchair, and I had a chat with the medical team. I narrated all that transpired on air. The doctors made a note and checked all vitals. Saturation was still in low 90s on the proper pulse oximeter that the doctor was carrying with him. Raj waved goodbye as he was shifted to the medical room. I left my phone number with the doctor asking him to give me feedback about Raj. The crew thanked me for my services while “off duty” and I exited the aircraft as usual and went home.



Next day I got an email from the airline and a call from the doctor thanking me for whatever I did. I came to know that the patient indeed had pneumothorax and the intercostal drains were re inserted the same night to drain the air (pneumothorax). So, a major disaster averted and a high-altitude drama avoided. I thanked my watch and carried on with my regular work.

PS: Patients with pneumothorax are not permitted to fly. There are some published literatures to study what happens to such patients during a flight. The air in the thoracic space expands causing further collapse of normal lung. However, most experimental studies conducted were at relatively low altitude gains and in totally controlled situation. In case any of your patients must fly with pneumothorax, please advise them to fly with chest tube inserted and not otherwise. One cannot expect the “The Good Doctor” on board for rescue!



## Dr. Hemant Gangolia

MBBS, DCH, DPH, LLB. (Mumbai)  
President, MAHAIP 2022

### DOCTOR PROTECTION ACT 2010

*should be displayed in each clinical establishment*

- ✚ Each one should have soft copy in one's smart phone
- ✚ More often the Police Stations are not aware of it
- ✚ Any online FIR should be done under DPA 2010

### FOUR IMPORTANT SECTIONS

- ✚ SECTION 3: Act causing damage, loss, violence to medical establishments & abusing is prohibited
- ✚ SECTION 4: Punishment of imprisonment up to 3 years & fine of Rs. 50,000/-
- ✚ SECTION 5: The offence is cognizable, non bailable & tried by FIRST Class Judicial Magistrate
- ✚ SECTION 6: In addition to above punishment the offender liable to pay compensation of twice the amount of damage or loss to the hospital property

for details click here...

<https://lj.maharashtra.gov.in/Site/Upload/Acts/H-75%20Act%20PDF.pdf>

### SIX IMPORTANT CASE LAWS which changed the practice

- ✚ IMA Vs V P Shanta
  - Brought Medical profession in ambit of Consumer
- ✚ Parmanand Katra Vs Union
  - No right to choose the patient in emergency state
- ✚ Prabha Manchanda case
  - Related to all types of Consents
- ✚ Hiranandani Hospital case
  - Dead body cannot be held against pending bill
- ✚ 1.8 crore V Krishnakumar Vs State of Tamil Nadu & Others
  - Lack of Documentation: Follow-up of ROP not documented
- ✚ 1 crore Prashant Dhanaka Vs Nizam Institute Hyderabad
  - Related to Cross Speciality Practice
- ✚ Poonam Verma Vs Ashwin Patel
  - Related to Cross-Pathy Practice

### ESSENTIALS OF MEDICAL NEGLIGENCE (4Ds)

- ✚ Duty towards patient
- ✚ Deficiency in duty
- ✚ Directly resulting in
- ✚ Damages:
  - Physical, mental, financial to patients or relatives

### Section applied for Medical Negligence IPC 304 - A

- ✚ Causing death by negligence
- ✚ Whoever causes the death of any person by doing any rash or negligent act
- ✚ Imprisonment up to two years or fine or both
- ✚ Bailable / Cognizable / Non compoundable
- ✚ Often IPC 304 is applied which is non bailable because of ignorance & pressure

### IMPORTANT CASE LAWS FOR DEFENSE

1. MARTIN D'SOUZA CASE LAW
  - ✚ Not to arrest Doctors & Not to harass Doctors
  - ✚ Referral to Committee of Doctors / Expert Opinion
  - ✚ To determine prima facie of Medical Negligence
2. JACOB MATHEW CASE LAW
  - ✚ Onus of proving negligence is on complainant
  - ✚ That is burden of proof on complainant
  - ✚ Defines the Reasonable degree of Skill & Knowledge
  - ✚ To stick to standard care & standard protocols
3. Dr. SURESH GUPTA CASE LAW
  - ✚ Careless act is criminal only if gross inaction or gross incompetence
  - ✚ Death due to error of judgement or accident should not be taken as criminal liability

## CONSENT

*Samira Kohli Vs Dr. Prabha Manchanda Case Law relates to consent concept & interpretation*

### Types of consents:

- ✚ Implied / Verbal
- ✚ Expressed / Written
- ✚ Proxy - by guardian - minor, unconscious, mentally incapable
- ✚ Informed expressed / written documented communication
- ✚ Blanket

The appropriate format of consent is required in following situations

- ✚ All procedures
- ✚ Some Blood tests
- ✚ Any invasive method
- ✚ Indoor
- ✚ Refusal of treatment: Negative consent

The ideal consent in case of vaccination is PROXY INFORMED EXPRESSED CONSENT as vaccination recipient is minor

### The Informed Valid Consent:

The consent is not legally valid if the consent is

1. Given by incompetent person like minor, mentally incapable, intoxicated
2. Obtained by fraud
3. By coercion
4. By misrepresentation
5. By using undue influence

### Ideal consent should be

1. In the language which patient understand
2. In writing
3. Reasonably detailed
4. In simple language
5. Duly signed by the parties
6. Well timed

### IPC Sections related to the consent

**Sec. 90** Related to consent

Consent known to be given under fear or misconception

**Sec. 92** Act done in good faith for benefit of a person without consent Nothing is an offense by reason of any harm which it may cause to a person for whose benefit it is done in good faith, even without that person's consent, if the circumstances are such

## IGNORANCE OF THE LAW IS NOT THE EXCUSE

Too many laws to know as Law is also vast as Medicine is. Two types of laws viz. Statutory laws (passed in Parliament/State Assembly) & Judgement/Precedence laws (court decisions in filed issues) exists.

As well Law syllabus doesn't cover all issues and it doesn't provide solution to all issues.

Hence many issues require the logical, justified & appropriate ethical based reasoning unless and until we have judgemental law when such issues reach the Supreme Court/Forums for its verdict.

So as said Prevention is better than cure, it may be wise to follow the six words application to our medical practice.

### SIX WORDS APPLICATION

#### TO ANY ISSUE/PROBLEM & TO GET THE SOLUTION

##### ✚ ANTICIPATION

- OPD, Indoor, emergency, complications wise

##### ✚ DOCUMENTATION

- Justified informed expressed

##### ✚ COMMUNICATION

- Informed documented communication

##### ✚ LIMITATIONS

- Qualifications, infrastructure, ability, capacity wise

##### ✚ ETHICS

- 4 principles of Ethics viz. Respect, Do good, No harm, Equality

##### ✚ INTROSPECTION

- By auditing oneself & by putting oneself/near dear ones in patient's shoes



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## नवनिर्मितीतील नारायण (माझा अविस्मरणीय क्षण)

...खालील प्रसंग हा पंधरा वर्षांपूर्वीचा आहे. माझ्या खाजगी वैद्यकीय सेवेचा अगदी सुरुवातीचा काळ. सुसज्ज खाजगी दवाखाना चालू करून चार-पाच वर्षे उलटली असतील. व्यवसायात खूपच व्यस्तता असायची तेव्हा. रुग्णालयातील नवजात शिशू कक्ष नेहमीच चिमुकल्या रुग्णांनी भरलेला असायचा. दवाखाना खाजगी असला तरी प्रत्यक्षात किंवा अप्रत्यक्षपणे अनेक रुग्णांना त्यांच्या कुवतीप्रमाणे सवलतीही दिल्या जायच्या.

लसीकरण व अति जोखीमध्या आजारांचे उपचार हा आमच्या वैद्यकीय सेवेचा गाभा. एव्हाना लसीकरणाचे महत्व लोकांना पटल्याने डांग्या खोकला, घटसर्प, पोलिओ, टीबी, टायफॉईड व धनुर्वात हे जंतूसंसर्गाचे आजार कमीच झालेले. आजकाल स्त्रीयांच्या प्रसूती देखील प्रामुख्याने दवाखान्यातच होत असतात त्यामुळे नवजात बालके धनुर्वातासारख्या आजाराने पीडीत झालेली पाहायला मिळत नसत.

असे असतानाही लहान मुलांचे लसीकरण चुकवणे, प्रसूती घरी करणे, सुईण घरी बोलवणे हे प्रकार तेव्हाही क्वचितच का होईना घडत असत.... आणि हा प्रसंग तर चक्क अलिबाग सारख्या शहरातील !!.....

पहाटे पहाटेच एका चार दिवसांच्या बाळाला सारखे झटके, फिट येत असल्याने आमच्या दवाखान्यात आणले गेले व तसा निरोप सिस्टरने रुग्णालयातील मावशींद्वारे वर पाठवला. तेव्हा आम्ही रुग्णालयाच्या इमारतीतच तिसऱ्या मजल्यावर राहत असू. अशा प्रकारचे रुग्ण सकाळीच येतात. प्रसंगाचे गांभीर्य लक्षात घेऊन मी लगेचच खाली माझ्या ओ.पी.डी. रुम मध्ये आलो. पाहतो तर काय ? दोनेक किलोचं एक बाळ धनुष्य बाणासारखं वाकडं होऊन शरीराला झटके देत होते.

“ओह !” “ निओनेटल टिट्यानस” मी पुटपुटलो. “धनुर्वात” ..... एम. डी. करत असताना मी मुंबईतील लहान मुलांच्या वाडीया रुग्णालयात, के. ई. एम. /कुपर येथे काही रुग्ण पाहिले होते परंतू अलिबागेत मात्र नाही. जिल्हा रुग्णालयात अडीच वर्षे असताना देखील असा रुग्ण पाहिला नव्हता. कारण योग्य वेळी मातांचे लसीकरण करून, रुग्णालयीन प्रसूतीचे लोकांना महत्व पटवून हा आजार एव्हाना नामशेष होण्याच्या मार्गावर होता. त्या झटके येणाऱ्या बाळाचे त्यावेळीच तातडीचे उपचार करून बाळाला अतिदक्षता विभागात पाठवले व मगच नातेवाईकांशी चर्चा चालू केली. समोर माथाडी कामगार जोडपं उभं होतं. नात्यातलं, दुसरं-तिसरं कोणीच नव्हतं.....

मी : “बोला, किती दिवसाचं आहे, बाळ ? ..... व काय त्रास होतोय ?”

बाळाचा बाबा (मिस्टर राठोड) : “काय बी तरास नाय त्याला..... रातभर निस्ता वाकडा वाकडा व्हायलाय...”

बाळाची आई (मिसेस राठोड) : “दुद बी पीत नाय” “अंगावरलं.... आज चार दिस जाहले.... डाक्टर, बरा व्हील ना ?”

प्रसूतीसंबंधीत बरेचसे प्रश्न विचारल्यावर सर्व परिस्थिती माझ्या ध्यानात आली. कोळीवाड्यातील बंदराजवळ प्रसूती घरीच झाली होती. सुईणबाई आली होती. बाळाचे नाळ ब्लेडने कापले होते व जुन्या धाग्याने बांधले होते. आता त्यावर शेण लावले नव्हते हे माझे नशीब !.... अशा घटना तर तीस ते चाळीस वर्षांपूर्वी होत असत. लोक अशिक्षित असतील तरी अलिबाग सारख्या शहरात असले प्रकार होत असतील यावर विश्वास ठेवणे कठीण होते पण ती वस्तुस्थिती होती. मी जे सांगेन ते त्या अगदीच तरुण, अशिक्षित व अननुभवी जोडप्यास काही कळेल कि नाही असे वाटून व त्यांची कीव येऊन मी विचारले.

“घरातील मोठी माणसं कुठे आहेत. आजी/आजोबा ?”

राठोड : “माजा बा मेला मागच्या वर्षी आनी आय आजारी हाये”

आजकाल दुसरं कोण कोणाला विचारत नाही व त्यांचे इतर नातेवाईक, मित्रमंडळी त्यांच्या स्वतःच्या रोजी रोजीत व्यस्त असल्यामुळे माझ्या तोंडी लगेचच एक वाक्य आलं, “नारायणा, आता तुच वाचव रे बाबा या बाळाला व मलाही या संकटातून” अशा प्रकारचे रुग्ण बरे करणे हे एक आव्हान असते

क्रमशः

व अशा वेळी नातेवाईक आपले बील देतील न देतील याचा विचार न करता मी रुग्णसेवा देत असतो. आजही..... त्यामुळे सिव्हील मध्ये का गेला नाहीत किंवा उपचारासाठी पनवेल अथवा मुंबईला जाल का ? हे प्रश्न विचारण्याचा प्रश्नच उरत नव्हता. जमेल तेवढं आजाराचं स्वरूप व गांभीर्य त्यांना सांगून मी पुढील उपचार चालू केले.

नवजात बालकाच्या “धनुर्वात” या आजारात सलाईन, बाळाला गरम ठेवणे, टी.टी.चे /इम्म्युनोग्लोबुलिनचे, पेनिसिलीनचे व फिटेवरचे इंजेक्शन व नाकातून पोटान नळी टाकून त्या नळीद्वारे दूध असा उपचाराचा भाग असतो. सर्व उपचार चालू होते पण बाळाचे झटके काही केल्या कमी होत नव्हते. बाळ सतत अंग टाईट करत असे व अर्ध्या अर्ध्या तासाने त्याला झटके येत होते. चार पाच दिवस झाल्यानंतर देखील परिस्थिती तितकीशी नियंत्रणात आली नव्हती. बाळ प्रिम्याच्युअर होते त्यामुळे उपचारात अधिक गुंता गुंत निर्माण होत होती. उपचाराचे दोन आठवडे पूर्ण झाल्यानंतर मात्र मी काहीसा निराश होऊन जेव्हा परिस्थितीचे विवेचन पालकांना केले तेव्हा बाळाचे बाबा मिस्टर राठोड यांनी मला धीर दिला.... म्हणाला, “सायब, तुमी कायबी काळजी करू नका, इलाज चालू ठिवा... कताईबी टेन्शन घेऊ नका. बरा होईल बाबु.... पन आमाला घरी, फुडे किंवा सरकारित पाठवू नका कारन देवीला पन्नास हजाराचा बोकड देऊन झालाय तो” (दक्षिण महाराष्ट्रात कर्नाटक सीमेवरील काही अशिक्षित लोकांमध्ये आढळून येणारी ही प्रथा). आता अर्थात मनोबल मी राठोडचे वाढवणे खूप... खूप गरजेचे होते पण मी हतबल झाल्याचे पाहून त्यानेच मला धीर दिला. पण त्यामुळे माझ्या प्रयत्नांना एक नवीन जलसंजीवनी मिळाली होती.

जिभेवर पुन्हा तेच वाक्य आलं जे पहिल्या दिवशी आलं होतं.....“नारायणा, बा वाचव रे या बाळाला”. मात्र यावेळस “संकट” त्या वाक्यातून वजा झालं होतं आणि ते एक “आव्हान” बनून गेलं होतं. सततच्या हाताळणीमुळे व रुग्णालयातील बाळाचे वास्तव्य वाढल्यामुळे बाळास बरोबर वेगळा जंतूसंसर्गही असल्याची शंका आल्यामुळे प्रतिजैविके बदलल्यानंतर मात्र बाळात सुधारणा दिसू लागली. झटके कमी कमी होत विसाव्या दिवशी बंद झाले. बाळाला फिट येणे बंद झाल्यानंतर मात्र मातेच्या अंगावरील दूध चालू केले. बाळ बरं होत असल्याची नांदीच होती ती !!...

विश्वेश्वर नारायणाने माझं गाव्हानं कबूल केलं होतं. तीन आठवड्यांनंतर पहिल्यांदाच माझ्या चेहेऱ्यावर नेहमीची प्रसन्नता दिसून येत होती. सर्व स्टाफ अतिदक्षता विभागात आनंदाने वावर करत होता.

मी म्हंटलं, “काय मग, काय नाव ठेवणार बाळचं ?”

सौ. राठोड, “डाक्टर, तुमीच ठेवा, आमाला काय नाय कळत त्या नावातलं”

मी म्हंटलं “नाही नाही, तो अधिकार आई-वडिलांचाच असतो.”

राठोडनं माझ्या पायावर लोटांगण घातलं.....

म्हणाला..... “नारायण” ..... चालेल ? ... मी अवाकच झालो होतो. बाळाला तपासतांना मी जे पुटपुटायचो ते राठोड ऐकत असावा आणि त्यातूनच त्याला ते नाव सुचलं असावं. मला गहिवरून आलं. बाळाचे पाय धरले व म्हणालो, “नारायणा..... बेटा नवनिर्मिती झालेय तुझी !!” राठोड पेढे घेऊन आला होता. सकाळची ओ.पी.डी. झाल्यानंतर नारायणचं नामकरण विधीच साजरं झालं हॉस्पिटलमध्ये. अर्धांगीनी डॉ. स्मिताला म्हंटलं, “चल, पांडुरंग आलाय घरी त्याच्या नामकरण विधीला” एकमेकांना चिडवणं, मस्करी करणं, खूप धम्माल केली सर्वांनी!

पुढच्याच दिवशी नारायणाला घरी पाठवायचे होते. बील बनवायचे बाकी होते. उपचाराचा एक महिना, नवजात शिशू अतिदक्षता विभागातलं बील !.... राठोडला ते सांगण्याची माझी इच्छा व धीर होत नव्हता. त्याने विचारल्याशिवाय बीलाविषयी काहीच बोलायचे नाही हे मी ठरवून ठेवलं होते.

घाई घाईत राठोड केबीनमध्ये आला, माझ्या पायावर डोक टेकलं व दहा हजाराचां, शंभरच्या कडकडीत नोटांच एक पुडका माझ्या टेबलावर ठेवला व डोळ्यांत आनंदाश्रू आणून पाठमोरा झाला..... नवनिर्मितीतील नारायणची धनुर्वातावरील मात मात्र मनावर कायमचीच कोरली गेली.

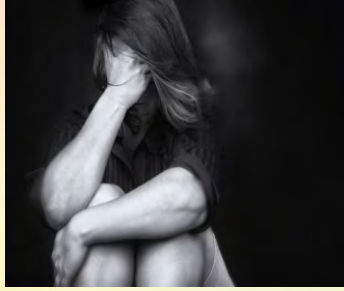
नारायण आजही काही किरकोळ आजारावर उपचार घेण्यासाठी दवाखान्यात येतो. राठोड दांपत्य त्याला घेऊन येतं. तो आता पंधरा वर्षांचा झाला आहे. अजून दोनेक वर्षे त्याला उपचार करण्यासाठी मी इच्छुक असेन... मात्र का कोणास ठाऊक, आजही न चुकता त्याच्या पायाला हात लावूनच त्याला तपासण्याची व उपचार करण्याची माझी इच्छा होते !.....



## Dr. Neha Singh

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Co-Editor, MAHAIAP  
Editor, IAP Raigad Branch

Yes, I went down the wrong roads and made some bad choices. I ended up in places I never should have been-in ways that tore my spirit apart.



Truth be told, I don't know how I got so down and out, nor how I made it out intact and still whole.

At the end of my rope and hating who I'd become, I hit rock bottom. Everyone counted me out and no one gave me a chance... Even I didn't know how to dig myself out of the hole..

I've learned that people are going to do, say and feel what they want to... And there's nothing you and I can do to change their perspective. So, I've realized that I can't control what other's choose..

The world doesn't like things and people that are unique, rebellious or different..And I have to be okay with that, or I'm going to spend way too much time trying to convince others to like me. I'm not down with living like that. My people- the ones who will love and get me- they'll find me and I'll never have to spend a moment proving who I am to them.

I can control my reality. I'm different and I always have been..

But you know, that's the thing about a spirit that won't give up. I don't know how to quit and I'm meant to become more in spite of my rough times. It was never meant to be the end of my story, I just had to begin a new chapter- one where the Phoenix rises from the ashes.

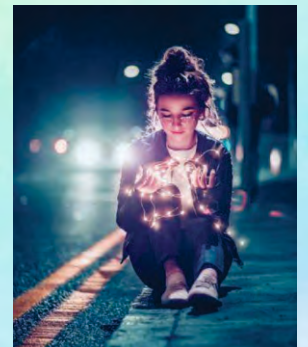
I pulled myself up, dusted myself off then fought and clawed my way back. I didn't ask for help and no one offered me a hand, but that was what I needed to forge my own courage and build my own strength.

My dreams don't have an expiration and I wasn't going to quit on them or my self. I know I'm a mess sometimes. A bit of a broken soul with glimpses of beauty stashed in between, but I'm good with that.

I'm happy with who I am and how I live- I'm not going to justify or defend my choices and my life. It took me a long time to understand that what they do is beyond what I can control.. So, I'm not going to let that worry me anymore. This is my life and my happiness, so that's what I'm going to focus on.

I made my way, earned my place and I'm fighting to make my story a success.

Sometimes, you realize along the way that you don't set out to be strong and courageous, but when you're left holding the pieces of a life gone wrong, those are the only choices you have left.



It's not that I'll ever be heroic, strong and amazing like the fabled stories of heroes and lovers, but at least I'll write my story my way, and that's what matters most of all. I don't have to set the world on fire, just be on fire for my life-The kind of flames that make your heart and soul feel totally alive.

I may be beautifully broken and wonderfully imperfect, but I'm still standing. I'm still strong. I figured where I needed to go and what it would take to get there, so I made a choice :I didn't ever go looking for a hero. I decided instead to become the **Hero of my own story**.. This is my life and my happiness. My journey is my own.. And it always will be.

I'm more than okay with that.

One small victory at a time.. MY WAY !





**Dr. Swapnil Mankar**

Secretary, AOP  
Yavatmal



**“९ ऑगस्ट ते ७ ऑगस्ट,  
“आंतरराष्ट्रीय स्तनपान सप्ताह,  
(Breast-feeding Week)  
स्तनपानाचे महत्त्व व फायदे सांगणारी कविता**

**“स्तनपानाचे महत्त्व”**

ताई, बाई, मावशी, आवका, ऐकून घ्या महत्वाचे जरा  
बाळंत झाल्यावर लगेचच, बाळास स्तनपान सुरु करा

पहिलं दूध फार महत्वाचे, ज्याला म्हणतात तुम्ही चीक  
ते आरोग्यदायी आहे फार, बाळाचे आरोग्य राही ठीक

आईचे दूधच मानवे जाते, बाळाचा सर्वोत्तम आहार  
सुधृढतेसाठी मिळ त्यात, जीवनसत्वे, प्रथिने व क्षार

स्तनपानामुळेच बाळाची, रोगप्रतिकार शक्ती वाढते  
ती येते कामी आयुष्यभर, बाळ नेहमी निरोगी राहते

असतो तो मायेचा पान्हा, जो जुळवी भावनिक दोर  
आई आणि बाळाचे नाते, म्हणून सर्व नात्याहून थोर

स्तनपानाने आईसही मिळे, स्वस्थ प्रकृतीची हमी  
स्तनाच्या अन गर्भाशयाच्या, कॅन्सरचा धोका होतो कमी

न वाढे शुगर बीपी भविष्यात, इतरही फायदे आहेत काही  
नाही बाळंतपणात रक्तस्त्राव, हाडांना ठिसुळता येत नाही

याचा तर एक फायदा आहे, नैसर्गिक कुटुंब नियोजनचा  
स्तनपान करणाऱ्या आईस, धोका कमी गर्भ राहण्याचा

सर्वात महत्वाचे म्हणजे, जराही लागत नाही खर्च  
नाही घ्यावे लागत विकत, सर्व असते आपल्या घरचं

घुटी गुळपाणी सहद हळद, विचित्र काहीच पाजू नको  
आईचे दूध असते सर्वोत्तम, त्यासाठी मुळीच लाजू नको

**“१४ नोव्हेंबर”,  
जागतिक मधुमेह (ब्लडपेशर) दिन**

१४ नोव्हेंबर म्हणजेच जागतिक मधुमेह (डायाबिटीस) दिवस  
म्हणून साजरा केला जातो.

त्यानिमित्त प्रबोधनात्मक रचना सादर...

**“मधुमेह”**

मधुमेहाने केले आहे, कोट्यावधींना हैराण  
हळू हळू पसरवतोय, जगभर त्याचं बस्तान

म्हणून म्हणतो वेळेत, मधुमेहाला ओळखा  
जर उशीर झाला तर, मारेल मोठा विळखा

लागते जर खूप तहान, आणि लघवी वारंवार  
वजन होई कमी जास्त, असे मधुमेहाचे प्रहार

अनुवंशिकते बरोबर, स्थूलताही कारणीभूत  
दगदगीचा जीवनशैली, सुस्तपणा जुळवी सूत

मधुमेहाने जर ग्रासले, घाबरून नका जाऊ  
वेळेवर तपासून शुकर, नियमित गोळ्या घेऊ

नाही तर कालांतराने, धडकले अशी सुनामी  
डोळे, किडणी वा मेंदू, होत जातील निकामी

गर्भारणातही असतो, बघा मधुमेहाचा धोका  
सातपैकी एकीस होई, वेळेवरच त्याला रोखा

‘दररोज व्यायाम करा, टाळा साखरेचा मोह  
घ्या नियंत्रित आहार, ज्याला आहे मधुमेह



## “१२ मे”, जागतिक परिचारिका (नर्स) दिन

१२ मे म्हणजेच जागतिक परिचारिका (नर्स) दिन होय. आणि एका परिचारिकेचे महत्व डॉक्टरच सांगू शकतो म्हणून माझ्या शब्दाच त्यांना समर्पित रचना

### “परिचारिके तुला सलाम”

आजारपणातील खरा साथी,  
हाती आयुष्याची लगाम आहे  
ममतेची मूर्ती, मायेचा आसरा,  
परिचारिके तुला सलाम आहे

म्हणून म्हणतात सिस्टर तिला,  
रुग्णची मनोभावे शुश्रूषा करते  
आई-बहिणीसम नाते श्रेष्ठ,  
नकळत तिच्याशी जुळत जाते

आरोग्य यंत्रणा पोरकी असती,  
कारण आहे ती मोलाचा दुवा  
डॉक्टरला शक्य नसती खरच,  
बिकट परिस्थितीत रुग्णसेवा

गैरवर्तण करू नका त्यांच्याशी,  
त्यांचे इथे अत्यंत मानाचे स्थान  
जोखीम घेऊन कर्तव्य करतात,  
मिळो त्यांना यथायोग्य सन्मान

सांगे स्वप्नील की तिच्यामुळेच,  
आपल्या जीवनाला दाम आहे  
ममतेची मूर्ती मायेचा आसरा,  
परिचारिके तुला सलाम आहे

## “१७ मे”, जागतिक उच्चदाब (ब्लडप्रेसर) दिन

१७ मे म्हणजेच जागतिक उच्च रक्तदाब (ब्लड प्रेशर) दिवस होय. (World Hypertension Day) ब्लड प्रेशर ही अशी गोष्ट आहे की जी ७० टक्के लोकांना होते. तरीही दुर्लक्षित आहे याकरिता प्रबोधन पर एक कविता सादर...

### “रक्तदाब” एक छुपा शत्रू

रक्तदाब रक्तदाब दादा, हा काय असतो बरं  
मी पाहिला नाही कधी, कसा दिसतो तो खरं

अरे रक्तदाब हेच बीपी, जो असतो खूप घातक  
तो आहे एक छुपा शत्रू, जो शरीर नेतो पोखरत

आपण करतो दुर्लक्ष, मग अचानक वाढतो  
येतो हार्टअॅटक किंवा, पॅरॅलिसीस ही जडतो

हा वाढण्याचे कारण, वाईट सवयींचा प्रभाव  
दारू, सिगारेट, तंबाखू, व्यायामाचा अभाव

आई-वडिलांना असेल तर, मुलांना अतिधोका  
गरोदरपणात बी पी ला, मुळी देऊ नका मौका

चीड चीड वा निद्रानाश, थकवा, धडपड छातीची  
चक्कर आणि डोके दुखी, लक्षणे बी पी वाढतीची

म्हणून म्हणतो नियमित, रक्तदाब चेक करावा  
नाहीतर अवेळी होईल, तुमचा जगाशी दुरावा

खावे सात्विक अन्न, फास्टफूड खाऊ नये  
तळलेले पदार्थ कमी, वरुन मीठ घेऊ नये

पुन्हा कधी म्हणू नका, की आपलं काय जातं  
शेवटी असते बी पी चं, अपुल्या हृदयाशी नातं

शेवटी असते बी पी चं...  
अपुल्या हृदयाशी नातं...



### “२९ जुलै, “जल संजिवनी सप्ताह, आज जागतिक ओ आर एस दिवस आहे.”

पण अजूनही खेड्या-पाड्यातील आपले बंधुभगिनी त्यापासून अनाभिज्ञ आहेत. त्यांच्यासाठी ही जनजागृतीच्या दृष्टीकोनातून केलेली सरळ सोपी कविता.

ओ आर एस!, ओ आर ए!!, ओ आर एस!!!,

आहे रामबाण उपाय, जुलाब असो वा उलटी

“ओ आर एस” एस, ला नाही पर्याय

नका शोधू मेडिकल,

नका फिरु दारोदारी,

“ओ आर एस” ची पुडी नेहमी,

असू द्या आपल्या घरी

नसेल “ओ आर एस”

घरात, घाबरून नका जाऊ

एक ग्लास पाण्यात मीठ व साखर घेऊ

म्हणून तर म्हणतात,

“जल संजिवनी” त्याला

डर नसे डिहायड्रेशनचे, जो खूप

“ओ आर एस” प्याला

नंतर लगेच बाळाला

डॉक्टरांना दाखवावे.

तेथे पोहेचेपर्यंत सुद्धा

“ओ आर एस” पाजत रहावे.

स्वच्छता पाळा घरात,

पाणी असावे उकळून

ना होई जुलाब-उलट्या,

पळून जाईल बाहेरून

### “स्वच्छता अभियान ”

आओ हम सब मिलकर,  
ये नया अभियान चलाए।

अपनी भारत माता को,  
स्वच्छ और सुंदर बनाए।

पर इसकी शरुरआत हमें,  
अपनी घरसे करनी पडेगी।

घर से घर जोडेंगे तो फिर,  
हर गाव हर गली खिलेंगे।

साफ सुधरा रखेंगे तो ही,  
जीव जंतू मच्छर ना होंगे।

दूर रहेगी सारी बिमारिया,  
सुरक्षित सारे लो रहेंगे।

सुंदर दिखेगा अपना देश,  
पुरी दुनिया में नाम होंगी।

दुनिया के हर देशने फिर,  
स्वच्छ अभियान होंगा

दुनिया के हर देशमे फिर,  
स्वच्छता अभियान होंगा।



## Dr. Sonali Shirbhate

EBM MAHAIP  
Co-Chairperson MAHAIP  
Women Committee (Amravati)

### अवर प्लॅनेट अवर हेल्थ...!!

(जागतिक आरोग्य दिनाच्या थीम वर आधारित.....)

सारे म्हणतात.... हेल्थ इज वेल्थ...

आपण तर म्हणावे

अवर प्लॅनेट अवर हेल्थ...!!

आले ग्लोबल वॉर्निंगचं संकट

थाबवू या हवा, पाणी व मातीचे प्रदुषण...!

करु भूमाता अँड बेस्ट हेल्थ...

आपण तर म्हणावे, अवर प्लॅनेट अवर हेल्थ...!!११॥

कचरा व्यवस्थापन...

केमिकल्स, प्लास्टिकचा नायनाट

करु प्रॉपर डिस्पोजल, ऑफ द वेस्ट ...

करु भू माता अँड बेस्ट हेल्थ...

आपण तर म्हणावे, अवर प्लॅनेट अवर हेल्थ.. १२॥

कोरोना महामारीचा, जगाला विळखा थेट

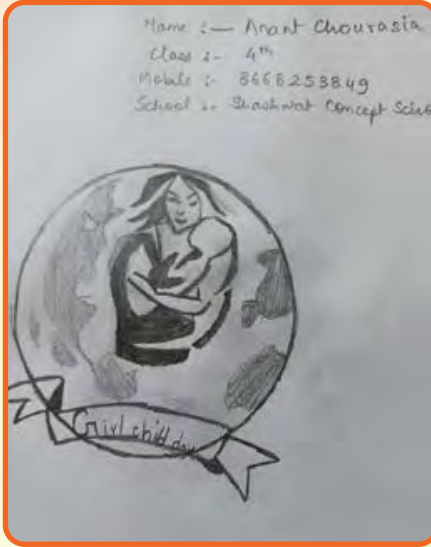
अस्थमा, कॅन्सर, मोटापा, इ. नी गाठला एरहरेस्ट....

ठेऊ स्वच्छ हवा, पाणी, डाएट प्युअरेस्ट

करु भुमाता अँड हेल्थ.....

आपण तर म्हणावे, अवर प्लॅनेट अवर हेल्थ.. १३॥

JANUARY 2022



IAP Amravati

<https://youtu.be/HHu-eSgfOYw>

On occasion of National Girl Child Day, Drawing and Essay Competition was organised online by IAP AMRAVATI TEAM 2022 on 24th January

Topic:- World without Girl

1st to 5th Std-- Drawing Competition  
6th to 10th Std-- Essay Competition

Judges were  
Dr Nitin Seth Sir  
Dr Sandeep Dankhade Sir

Total 37 entries came from different schools. The creativity was incredible by every child but we have to select 3 best of them

Results declared on 28th January

Drawing Competition  
1st Prize -- Mast.Manas Changole ,3rd Standard , Tomoe School, Amravati  
2nd Prize--Baby Mishti Sadane, 1st Standard, SVKM school, Dhule

Drawing Competition

1st Prize -- Mast.Manas Changole ,3rd Standard , Tomoe School, Amravati  
2nd Prize--Baby Mishti Sadane, 1st Standard, SVKM school, Dhule  
3rd Prize ---Mast. Sanveer Mutneja, 5th Standard, Titan Public School

Essay Competition:-

1st Prize:- Mast. Aryan Narode, 7th Standard, Tomoe School, Amravati  
2nd Prize:- Mast. Aman Sarda, 7th Standard, School of Scholars, Amravati.  
3rd Prize:- Mast.Aarya Raut, 7th Standard.

Congratulations to all Winners.

And we are also proud of all other participants who were excellent at their level.

Pls Ping the Organizer on Whatsapp and collect your Winning as well as Participant Certificate.

IAP AMRAVATI TEAM 2022



Aryan Narode

World  
Topic - Without Girl

"It wouldn't be easy a world without girl, like without water."

We cannot imagine a world without women. Everywhere woman is the responsible community that gives life to the new generation. Nature is considered as mother nature, everyone has a mother who has given given birth to them. In every point of life we can find that the women make their place equal to men. That is an achievement for them as they were and are ignored in society. Science says that two ladies are capable of giving birth to a small baby girl but men are not capable of. All the difficult work in the family goes to them and they do well in it.

If a women is not part of society then the place will be full of anger, fight and deaths as women are the ones who take the charge and stop these kind of trouble. So according to me, girl should be tapmost respected in the society as they deserve this. If their were no girls in society then there would have been no existence of this society. They are the roots of the society and this Earth.

Name	Class	School	Phone No.
1. Anant Arora	4 <sup>th</sup>	Prati International	822094812
2. Wilson Kote	3 <sup>rd</sup>	St. Xavier's	982091111
3. Akash Kote	3 <sup>rd</sup>	St. Xavier's	818991111
4. Shreyas Kulkarni	3 <sup>rd</sup>	St. Xavier's	982091111
5. Manish Verma	3 <sup>rd</sup>	Tomoe	942131111
6. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
7. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
8. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
9. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
10. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
11. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
12. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
13. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
14. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
15. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
16. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
17. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
18. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
19. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
20. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
21. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
22. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
23. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
24. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
25. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
26. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
27. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
28. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
29. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
30. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
31. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
32. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
33. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
34. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
35. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
36. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111
37. Anshu Kulkarni	3 <sup>rd</sup>	St. Xavier's	942131111

INDIAN ACADEMY OF PEDIATRICS  
AMRAVATI BRANCH Presents  
"National Girl Child Day" 24<sup>th</sup> Jan  
DRAWING AND ESSAY COMPETITION  
TOPIC: WORLD WITHOUT GIRLS  
Category 1: Drawing Competition-Class 1-5<sup>th</sup>  
Category 2: Essay Competition- Class 6-10<sup>th</sup>  
Last Date of Submission: 28/1/22  
Rules: 1. One participant per entry 2. Open for Boys and Girls 3. Participant must not be from IAP Amravati Members Family 4. Write Participant's Name, School name, standard and mobile number on each entry 5. Every participant will get participation certificate 6. Best 3 will be chosen from each Category 7. No registration charges  
\*Please send entry to following Mobile Numbers (whatsapp)\*  
Dr. Naresh Tayade (President) 8421061541  
Dr. Sushil Rajbhat (Secretary) 9326099217  
Dr. Ruturaj Deshmukh (Treasurer) 8779649243

**JANUARY 2022**



**National Girl Child Day**  
**24th January 2022**



**Dr Sonali Shirbhate**  
Executive Member, MAHAIAP 2022

The National Girl Child Day is celebrated in India every year on January 24. The Ministry of Women and Child Development, Government of India initiated this celebration in 2008.

The celebrations also marks the anniversary of Beti Bachao Beti Padhao (BBBP) Scheme.

So as per theme " Digital generation. Our generation,"

I request every member of IAP Amravati to send your Daughter's video or Photo in which She is using mobile or Tab or Laptop. Parents can also accompany them in photo. Put full name of your Daughter. Pls send it at our Whatsapp Number.

We will make video and represent it at National IAP Level. Pls send before 21st Jan as it takes time for Video Editing

Co-ordinator and Incharge of this Event:-  
Dr Sonali Shirbhate Mam  
+91 98230 77106  
Dr Sushil Rajbhat  
9326099217

IAP WOMEN'S WING with CIAP PRESENTS Webinar On occasion of

**24<sup>th</sup> Jan** **NATIONAL GIRL CHILD DAY**

3:00 to 5:00 pm **Beti Bachao Beti Padhao**

**Think a world without her**



Save The Girl Child


Live on Diap platform  
Save your date and time

**Profile**

IAP Amravati  
23 Jan

<https://youtu.be/pjJkqVYZ2r0>

National Girl Child Day 🇮🇳 🇮🇳  
24th January, 2022  
❤️ Beti Bachao Beti Padhao... See more



YOUTUBE.COM  
National Girl Child Day

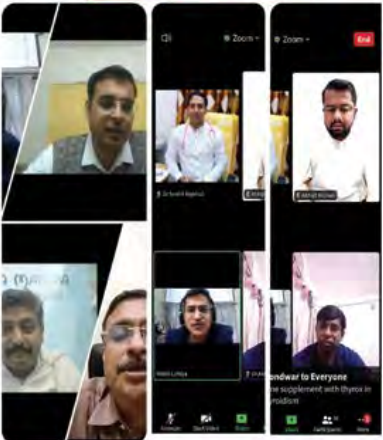
See Insights **Boost post**

8  
Like Comment Share

IAP Amravati  
23 Jan


## FEBRUARY 2022

### 1st Feb, 2022



Conducted Virtual CME on Pediatric Endocrine Disorders  
Guest Lecture were Dr Hari Mangtani Sir and Dr Nikhil Lohiya Sir from Nagpur

### 5th & 6th February, 2022



First ever International E conference of Indian Medicolegal & Ethics Association.

### 12th February, 2022



Physical CME at Rangoli Pearl Hotel on topic "Approach to CHD in Newborn"  
Guest Speaker - Dr Niraj Raghani Sir, Cardiologist, Zenith Hospital, Amravati

### 22nd February, 2022



Virtual Q based CME on Pediatric Gastro & Hepatology Disorders  
Guest Speaker:- Dr Himani Patil, Pediatric Gastrologist & Hepatologist from Nagpur

### 27th February, 2022



Celebrated & Conducted Pulse Polio Program at Respective Hospitals

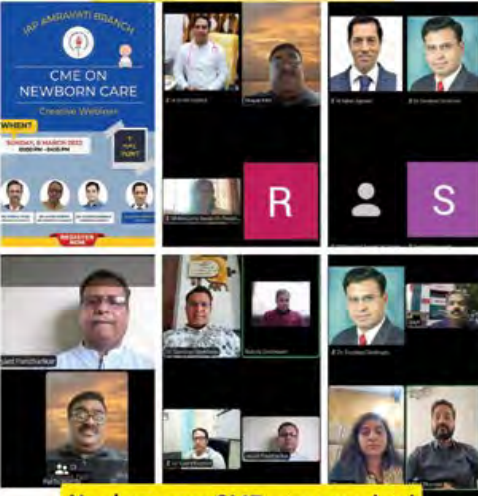
## MARCH 2022

### 2nd March, 2022



**Motivational talk by Dr Pratibha Kale Mam on "Mental health in the children in covid - 19 pandemic" In DHS school**

### 6th March 2022



**Newborn care CME was organised with 1 MMC Credit point.**

### 13th March 2022



**Women Care CME was organised with 2 MMC Credit points**

### 14th March, 2022



**Public forum on Breast feeding on Women's Day at Radiant Hospital, Amravati.**

### 21st March 2022



पंजाबराय देवस्तुत्रय मेडिकल कॉलेज, अमरावती  
भारतीय बालरोगज्ञ संघटन (IAP), अमरावती  
बांधवा संयुक्त विद्यमाने

आजम सिंड्रोम असलेल्या बाळांसाठी सवाली व मुलांसाठी पाचव्या आठवणी सिंड्रोम विषयी विचारसरणी अंतर्गत (कार्यक्रिम व मासिकेक विषय, गुणवत्ता, अडथळ व इतरांवर)

**पत्र बोलणे**

डॉ. गीता रावटे      डॉ. अश्विनीका पाटील  
डॉ. लीला कापू      डॉ. अमिता शंकरराव  
डॉ. जयलता देवळे

सोमवार दि. २१/०३/२०२२  
वेळ : १० ते १२ वाजेपर्यंत  
स्थान : सौंदर्य सल्ला, आरोग्य विविधांग विभाग,  
१ वा मजला, पंजाबराय देवस्तुत्रय मेडिकल कॉलेज, पंचवटी रोड, अमरावती.

० सोशलमीडी वरचे ०  
डॉ. गीता रावटे : ९८२०६५०१९    डॉ. अश्विनीका पाटील : ९८००९९९९९  
डॉ. लीला कापू : ९८२२०९८८८

**Conducted camp for evaluation and Counselling of Down's syndrome patient in Dr PDMMC college.**

## APRIL 2022

10th April 2022



Installation Ceremony of New Body of IAP AMRAVATI.

10th April 2022



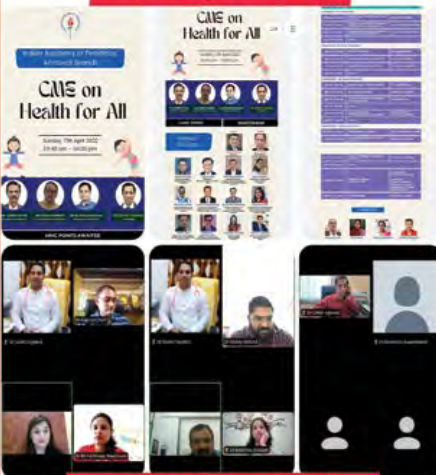
CME on Sickle Cell Anemia by Dr Dipti Jain, Ex HOD, GMC, NAGPUR.

14th April 2022



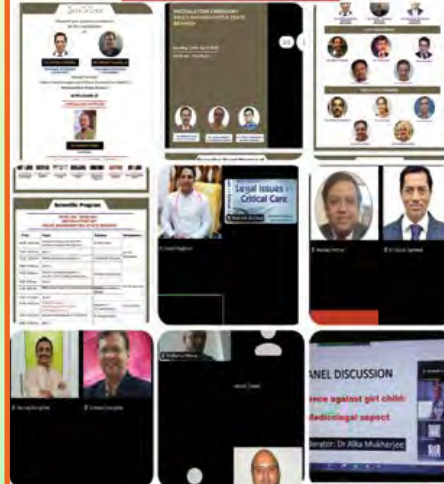
Screening of General Public in Sickle Cell Anemia Camp.

17th April 2022



Online CME "Health for All" which granted 2 MMC Credit points.

24th April 2022



Installation Ceremony of First ever Maharashtra IMLEA (Indian Medicolegal & Ethics Association)

27th April 2022



AHA, Nagpur in association with IAP AMRAVATI organised online CME on "Child Sexual Abuse - Basics of Counselling"

29th April 2022



Offline CME on Xray in CHD by Pediatric Cardiologist, Dr Amit Rudrakar

30th April 2022



Blood Donation Camp

## MAY 2022

3rd May 2022



Online CME was organised in association with WDW, IMA AMRAVATI on occasion of World Asthma Day

8th May 2022



IAP HOT BOX CRICKET was organised for Families of all IAP Members of Amravati.

12th May, 2022



On occasion of World Thalassemia Day Guidance, check up of thalassemia patients and drawing competition among same patient was done at Irwin hospital

13th May 2022



ON Occasion of International Nursing Day Total 87 Nurses attended N- Nest training module today at Parijat Hospital, Amravati

14th May 2022



Offline CME was organised on " Choice of AED's in Childhood Epilepsy by Dr Umesh Bivani Sir. Pediatric Neurologist Nannur

19th May 2022



Sensitisation CME for nurses by IAP Amravati on prevention of Thallaessemia and Sickle cell anemia

31st May 2022



AWARENESS PROG FOR MBBS Student about Sickle cell & Thalassemia



JUNE 2022

## 6th June 2022



Complementary Feeding Program @ Dr P.D.M.M.C

## 7th June, 2022



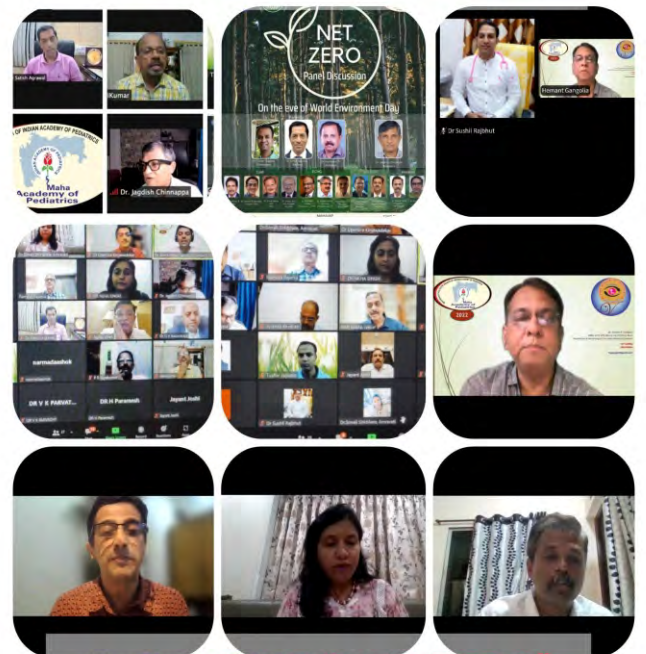
Complementary Feeding Program @ Parijat Hospital

## 9th June 2022



Complementary Feeding Program @ Dr Murkey Hospital

## 9th June 2022



Online CME "NET ZERO" on World Environment Day

JUNE 2022

## 10th June 2022



Complementary Feeding Program @ District Hospital, Amravati

## 10th June 2022

@ Dhamangaon Railway



First Periphery CME on Sickle Cell Anemia & Epilepsy

## 12th June 2022



2nd Peripheral CME @ Karanja Lad on Epilepsy

## 23rd June 2022



5th Offline CME on Dental Problem in Pediatrics By Dr Abhijit Wankhade

## JANUARY 2022

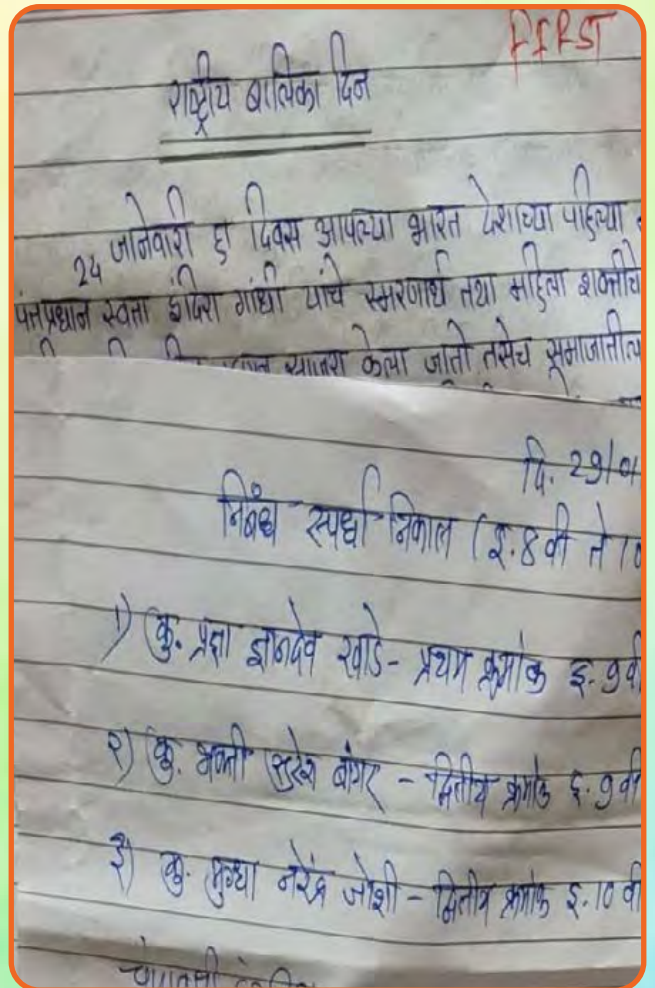
### January 2022 report : IAP BEED

We started this month with official handover to new team of IAP office bearers. Dr. Subhash Joshi took over as President from Dr. P. C. Tambade, Dr. Sachin Jethliya took over as Secretary from Dr. Sachin Potdar, Dr. Rahul Raut took over as treasurer from Dr. Ramesh Sonawane. With new enthusiastic team we decided to increase academic activities, reach to people of taluka places register branch with Dharmaday Ayukta, register all pediatricians with central IAP.

- 1<sup>st</sup> Activity: CME in association with Kamalnayan Bajaj Hospital Aurangabad, Dr. Mahendrasingh Parihar FNB cardiology presented Approach to Congenital Heart diseases. Dr. Nikhil Pathak intensivist from Kamalnayan Bajaj had a very good talk about Fever In Toddlers – Case Based Approach. The event was followed by dinner.



2. Activity 2: On 24<sup>th</sup> January, National Girl Child day, we arranged an essay competition in five different schools of Beed city. It was arranged in association with Women Doctors' Wing and IMA Beed. We arranged separate essay competition for kids of doctors of Beed City.

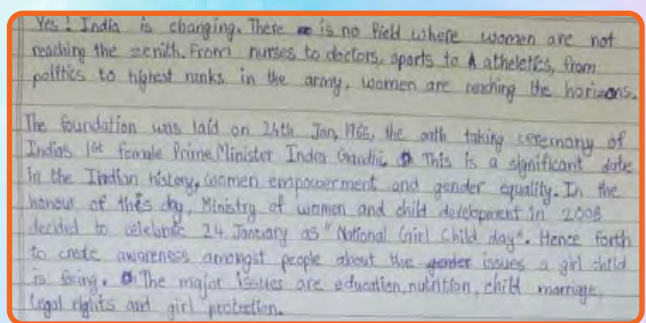


**PODAR INTERNATIONAL SCHOOL, BEED**  
**National Girl Child Day 2022 Essay Competition**

Dear Parents/Students,  
Greeting!  
Podar International School, Beed in collaboration with Indian Medical Association (IMA) Beed organizing Essay writing Competition for the students of grade 8 and 9 on the occasion of National Girl Child Day on 24<sup>th</sup> January 2022.

**Details of the Competition**

- Theme: National Girl Child Day (250 Words)
- Participants can write essay in English, Hindi or Marathi language.
- The participants should write essay in 250 words on a white paper and then digitize it by scanning or using a good quality camera.
- The participants are requested to rename the essay photo/scanned copy with their Name, Grade & Division
- Entries received without student's name and grade will not be considered.
- The last day for submission is Monday, 24th January 2022, 10:00 AM
- Grade wise Winners of the essay Competition will be declared on 30th January 2022 and result will be uploaded on school Face book page
- Winners and Runners ups will get prize.
- Students willing to participate can click the link below to participate
- Google Form Link:- <https://forms.gle/op23DR9xJWovFcY1Z>



## FEBRUARY 2022

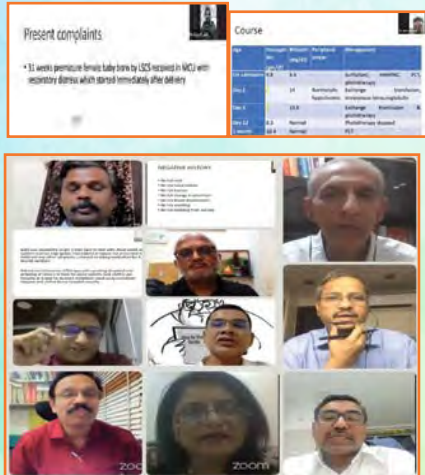
### 1. Activity 1:

This month started with a very good academic feast by two lectures by Dr. Sunil Gavhane on NEONATAL SEIZURES : UPDATE and a very interesting case of NEONATAL DIABETES presented by Dr. Izhar Jaweed. The CME was followed by delicious dinner.



### 2. Activity 2:

Our team involved in MAHAIAAP case challenge, Dr Ajay Jadhav, Dr. Shiram Baglane and Dr. Rahul Raut represented Beed team under captainship of our president Dr. Subhash Joshi sir. It was a wonderful session under expert guidance of Dr. Y. K. Ambekar sir and Dr. Rshikesh Thakare sir.



### 3. Activity 3:

We had a clinical meeting on 24<sup>th</sup> of February with local pediatricians where Dr. Rahul Raut presented a topic of Allergic Rhinitis its diagnosis and management. This meeting was followed by dinner. We had discussion about future activities of IAP Beed.



### 4. Activity 4: Hepatitis A module by CIAP:

We conducted a CIAP online Hepatitis A module for pediatricians of Maharashtra with grant of 1 MMC point. The module is co-ordinated with help of Central IAP and MAHAIAAP with eminent national faculties Dr. Bhaskar Shenoy, Dr. Rajsekaran, Dr. Rimjhim Shrivastava, Dr. Ravishankara, Dr. K. P. Shrikanth and Dr. Sachin Patil, Dr. R. K. Gupta. EB members Dr. Narendra Nanivadekar, Dr. Bela Verma, Dr. Sanjay Deshmukh, Dr. Pramod Kulkarni moderated sessions during the programme. Dr Hemant Gangolia, president MAHAIAAP and Dr. Amol Pawar secretary MAHAIAAP blessed the event with their presence. It was a wonderful session of 3 hrs with attendance of more than 250 delegates.



Speaker	Topic	Time
Dr. A. K. Deshpande	Hepatitis A: Etiology and Risk factors	10:00 AM - 10:30 AM
Dr. A. K. Deshpande	Diagnosis, Treatment and Prognosis of Hepatitis A	10:30 AM - 11:00 AM
Dr. Bhaskar Deshpande	Hepatitis A: Etiology, Pathogenesis, Clinical Features and Prognosis	11:00 AM - 11:30 AM
Dr. K. P. Shrikanth	Hepatitis A: Etiology, Pathogenesis, Clinical Features and Prognosis	11:30 AM - 12:00 PM
Dr. R. K. Gupta	Prevention and Control of Hepatitis A	12:00 PM - 12:30 PM
Dr. Hemant Gangolia	Hepatitis A: Etiology, Pathogenesis, Clinical Features and Prognosis	12:30 PM - 1:00 PM
Dr. Amol Pawar	Hepatitis A: Etiology, Pathogenesis, Clinical Features and Prognosis	1:00 PM - 1:30 PM

### 5. Activity 5: Pulse Polio Immunisation

We supported pulse polio immunisation by actively involving in and creating awareness in the community.



President  
Dr Subhash Joshi

Secretary  
Dr Sachin Jethliya

## MARCH 2022

March 2022, activities BEED Academy of Pediatrics

Activity 1: Journal journey with MAHA IAP, DR Sachin Jethliya participated as speaker with topic "validation of modified Vesikari Score in children with gastroenteritis in 5US emergency departments." <http://youtu.be/JmV2b235tP0>



Activity 2 online CME Mucus management in respiratory diseases by Dr. Anurag Pangrikar



Activity 3: Obesity day, public Awareness article in state news paper and online public awareness session by renown endocrinologist Dr. Sweta Budyal. [Link: https://youtu.be/VRGjOkpuMSQ](https://youtu.be/VRGjOkpuMSQ)



Activity 4: CME Diagnosis and Management of Neonatal Sepsis: Dr. Pradeep Suryawanshi and launch of book Manual Of Neonatal Infections by Dr Pradeep Suryawanshi sir.



Activity 5: Women's day celebration by felicitating lady officers, SP, RTO officer, Deputy collector



Activity 6: World Kidney day : Online CME Acute Glomerulonephritis beyond PSGN by Dr. Pankaj Bhansali (pediatric nephrologist)



Activity 7: Tuesday Takes: dr Anurag Pangrikar represented BAOP as faculty on Discharge Card

Link: <https://youtu.be/qI04W2JIXpg>



Activity 8: MAHA IAP case Challenge: Dr. Izhar Jaweed was moderator representing Beed team.

Link: <https://youtu.be/gIQ5GfnAwv>



Activity 9: holi celebration by IAP members:



Activity 10: Participation in PEDICON 22 at NOIDA, Dr Anurag Pangrikar has attended ToT for Development and Dr. Sachin Jethliya attended ToEaring at both ends of cords. Dr. Anurag was faculty at Pedicolgical CMEMoot court and Role play.



Activity 11: International Adolescent Health Week: Es say competition : around 125 students participated. And poster making around 20 participants



Activity 12: guest lecture Transition by Dr. Anupam Jethliya and Dr. Ujjwala Shinde for adolescent girls and by Dr. Anurag pangrikar for Adolescent boys



Activity 13: adolescent health talk for girls at Balbheem college Beed by Dr. Anupam Jethliya



Activity 14: BCNRP1 workshop at IMA hall Beed, attended by 25 delegates. Dr. Sachin Jethliya was course coordinator and lead instructor and dr Abhay Jain, Dr. Sull Gavhane and Dr. Anurag Pangrikar were instructors. Programme was inaugurated by Dr. Suresh Sabale civil surgeon Beed and Dr Dilip Deshmukh P Pediatrician from Beed district



Activity 15: Healthy Baby competition in association with Twinkling star school, Rotary Club BEED CITY, 80 participants involved, Dr. Anurag Pangrikar, DR. Harshal Badjate, DR. Prafull Suskar, Dr. Shiram Baglane, DR. Ashish Deshpande and Dr. Ajay Jadhav were judges for the competition.



## APRIL 2022

IAP BEED: April 2022 activities

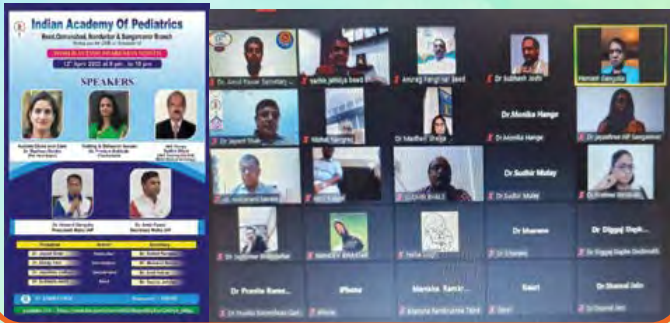
Activity 1: Autism Awareness Article in Dainik Divya Marathi



Activity 2:

Autism awareness session for general pediatricians involving pediatric Neurologist, Psychologist and Therapist.

It was a great session and was graced by presence of Dr. H. R. Gangolia sir President MahaIAP and Dr Amol Pawar sir, Secretary, MahaIAP. This session was conducted with three more branches as Co



host, Nandurbar, Sangamner and Osmanabad. Association with other branches was highly appreciated by the office bearers of MahaIAP.

Youtube link: [https://youtu.be/ZwoJFho2i\\_c](https://youtu.be/ZwoJFho2i_c)

Activity 3: Active involvement in Marathwada Regional Conference by Beed IAP, as faculties for ICU panel by Dr. Izhar, an excellent session Medicolegal Vaccine by Dr. Anurag Pangrikar, and Dr. Sachin Jethliya as Lead instructor for BCNRP 1 workshop.



### Activity 4.



Dr Amol Pawar, Secretary MahaIAP visited Beed and was felicitated by President Dr. Subhash Joshi sir and other members of Beed branch, he motivated the team Beed IAP. He presented the IAP pin to office bearers of Beed IAP.

Dr Subhash Joshi  
President Beed IAP

Dr. Sachin Jethliya  
Secretary Beed IAP

MAY 2022

## BEED IAP ACTIVITIES: MAY 2022

### Activity 1:

Asthma day celebration, awareness session for general paediatricians and physicians by Dr. Pawan Kalyan (allergy and asthma specialist) and involvement of IMA chest physician Dr. Sunil Waghmare. This session was chaired by Dr. Tukaram Mundhe and Dr. D. S. Kulkarni. Vote of thanks was given by Dr. Pradeep Shelke.



Link for online session: <https://youtu.be/RpuVK1hWXNY>

### Activity 2: World Thalassaemia Day: Blood Donation camp



MAY 2022

### Activity 3:

Awareness article about thalassemia in news paper for general public



बीड : इंडियन अकॅडमी ऑफ पेडियाट्रिकच्या बीड शाखेतर्फे शनिवारी थॅलेसेमिया डेनिमित्त विविध उपक्रम घेण्यात आले. यावेळी अध्यक्ष डॉ. सुभाष जोशी, सचिव डॉ. सचिन जेथलिया आदी.

### थॅलेसेमिया डेनिमित्त विविध उपक्रम

बीड : इंडियन अकॅडमी ऑफ पेडियाट्रिकच्या बीड शाखेतर्फे शनिवारी थॅलेसेमिया डे निमित्त विविध उपक्रम घेण्यात आले. थॅलेसेमिया आजार असलेल्या मुलांना नियमित रक्त लागत असल्याने जिल्हा रुग्णालयाच्या रक्तपेढीत रक्तदान करण्यात आले. यावेळी अध्यक्ष डॉ. सुभाष जोशी, सचिव डॉ. सचिन जेथलिया, जिल्हा रुग्णालयातील रक्तपेढीच्या प्रमुख डॉ. जयश्री बांगर, डॉ. प्रदीप शेळके, विकास शेळके, डॉ. राहुल राऊत, डॉ. राहुल सारडा, डॉ. प्रदीप वाघमारे, डॉ. दीपाली वाघमारे आदी उपस्थित होते.

### Activity 4:

Involvement of our speaker Dr. Anurag Pangrikar as faculty for ECD module at Aurangabad



Dr Subhash Joshi  
President, Beed IAP



Dr. Sachin Jethliya  
Secretary, Beed IAP



## JUNE 2022

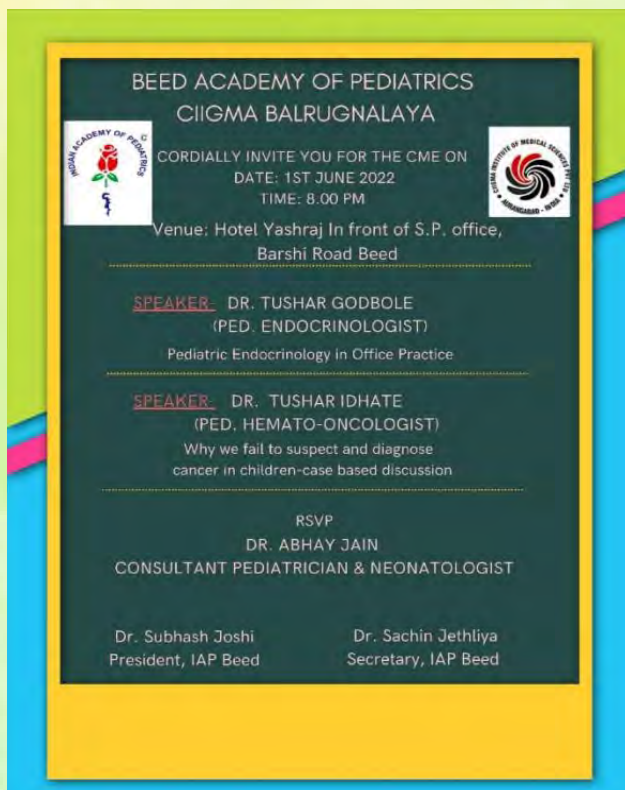
June 2022 Beed IAP

Activity 1: 1 June 2022

Superspeciality lecture by

1. Dr Tushar Godbole: Endocrine disorders in opd practice
2. Dr. Tushar Idhate :Suspicion and diagnosis of cancers in children

This session was attended by 25 pediatricians from Beed district. Dr. Ram Deshpande sir Senior pediatrician was felicitated for retirement from government service as class 1 medical officer.



**BEED ACADEMY OF PEDIATRICS**  
CIIGMA BALRUGNALAYA

CORDIALLY INVITE YOU FOR THE CME ON  
DATE: 1ST JUNE 2022  
TIME: 8.00 PM

Venue: Hotel Yashraj In front of S.P. office,  
Barshi Road Beed

**SPEAKER: DR. TUSHAR GODBOLE**  
(PED. ENDOCRINOLOGIST)  
Pediatric Endocrinology in Office Practice

**SPEAKER: DR. TUSHAR IDHATE**  
(PED. HEMATO-ONCOLOGIST)  
Why we fail to suspect and diagnose  
cancer in children-case based discussion

RSVP  
DR. ABHAY JAIN  
CONSULTANT PEDIATRICIAN & NEONATOLOGIST

Dr. Subhash Joshi President, IAP Beed  
Dr. Sachin Jethliya Secretary, IAP Beed



Activity 2: 18 June 2022

Participation in Sickle thal quiz arranged by MahaIAP on occasion of sickle awareness day. Dr Sachin Jethliya, Secretary Beed IAP represented team Marathwada with Dr Shilpa Dadge, Dr. Nandkishor Palve, Dr. Prarthana Shah and Dr Sakhare. It was an excellent awareness quiz by MahaIAP.

## JUNE 2022

Activity 3: 23 June 2022

Vaccination update : Dr. Subhash Joshi

Session was attended by 15 pediatricians from Beed. It was followed by dinner.



Activity 4: 29 June 2022

**Pediatric pneumonia : New horizons in disease and management**

By Dr. Subhash Joshi and Dr. Nitin Chitte chest physician from Aurangabad.




Dr. Subhash Joshi  
President, Beed IAP

Dr. Sachin Jethliya  
Secretary, Beed IAP

## JUNE 2022

Dhule Pediatric Association Conducted following social activities in month of June 2022

### 1) Tree plantation on 12/06/2022



### DHULE PEDIATRIC ASSOCIATION

(Branch Of Indian Academy of Pediatrics)  
Reg No.: F/11872/Dhule

<b>Dr. Vilas Wadile</b> President	<b>Dr. Avinash Saindane</b> Secretary	<b>Dr. Dadabhai Patil</b> Treasurer
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दिनांक - 10/06/2022.

प्रती,  
आदर्शनीय बास्कोम लव्ह, तसेच मित्रांनो,

बळाविषयात येते कि, धुळे बास्कोम संघटना लॉक दूबिघार दि. 12/06/2022 रोजी सकाळी 11:00 वाजता मंडणे ता. जि. धुळे येथे पुढील कार्यक्रमा आयोजित करण्यात आलेला आहे.

**कार्यक्रमाचे स्वरूप**

१) वृक्षारोपण सत्रादरम. वेळ - 11:00am ते 11:30am

लरी सर्वांनी आकर्षक उपस्थित राहणे. दि विनंती.

**सहकार्यासाठी संपर्क**

१) डॉ दादाभाई पाटील - 9594955099.  
२) डॉ अविनाश सांदाने - 9623326860.

<b>Patrons</b> Dr. B. G. Aghwal Dr. B. K. Kabre Dr. Aruna Joshi	 डॉ दादाभाई पाटील सचिव	 डॉ अविनाश सांदाने सचिव
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 डॉ विनायक पाटील  
 अध्यक्ष




Address : CTS No. 3552 A/3, Champa Baug, Sakri Road, Dhule-424001. Ph.:(02562) 246117, 249117



JUNE 2022

## 2) Anganwadi student health education, Health kit distribution, Nutrition awareness and anemia prevention.



### DHULE PEDIATRIC ASSOCIATION

(Branch Of Indian Academy of Pediatrics) -  
Reg No.: F/11872/Dhule

<b>Dr. Vilas Wadile</b> President	<b>Dr. Avinash Saundane</b> Secretary	<b>Dr. Dadabhai Patil</b> Treasurer
--------------------------------------	--	--

**Joint Secretary** दिनांक - 15/06/2022.

Dr. Sunil Pagare  
Dr. Milind Saner  
Dr. Kunal Mehata

**Ex. Comm Member**

Dr. Jagdish Pakhare  
Dr. Sanjay Joshi  
Dr. Abhay Kulkarni  
Dr. Suresh Vasalkar  
Dr. Rupesh Bacchav  
Dr. Hemant Nagre  
Dr. Neeta Hatkar  
Dr. Sudeep Sisode

**Patrons**

Dr. B. G. Agiwal  
Dr. B. K. Kabre  
Dr. Aruna Joshi

प्रती,  
आदर्शपूर्ण बालरोग तज्ञ, तसेच मित्रांनी.

कळविण्यात येते की, धुळे बालरोग संघटना तर्फे रविवार दि. 19/06/2022 रोजी सकाळी 11:00 वाजता नंदाने ता. जि. धुळे. येथे पुढील कार्यक्रम आयोजित करण्यात आलेला आहे.


**कार्यक्रमाचे स्वरूप**


- १) अंगणवाडी तसेच आश्रमशाळेतील मुलांना स्वच्छता व आरोग्याबद्दलची माहिती देणे. वकते डॉ. जगदीश पाखरे सर. वेळ - 11:30am ते 11:45am
- २) सकस आहार व पोषणमूल्ये स्वताक्षय निवारण. वेळ - 11:45am ते 12:00pm
- ३) आरोग्य पेटी वितरण - डॉ दादाभाई पाटील. वेळ - 12:00pm ते 12:15pm
- ४) महत्वाचे - निसर्गाच्या सानिध्यात वनभोजन. वेळ - 12:15 ते 01:00pm


तरी सर्वांनी आवर्जून उपस्थित रहावे. हि विनंती.

**समन्वयकासाठी संपर्क**

- १) डॉ दादाभाई पाटील - 9594955099.
- २) डॉ अविनाश सैदाणे - 9623326860.

  
 डॉ दादाभाई पाटील  
खजिनदार

  
 डॉ अविनाश सैदाणे  
सचिव

  
 डॉ विलास वाडीले  
अध्यक्ष

Address : CTS No. 3552 A/3, Champa Baug, Sakri Road, Dhule-424001. Ph.:(02562) 248117, 249117



FEBRUARY 2022

# IAP HINGOLI MONTHLY ACTIVITY FEB2022

## *NATIONAL DEWORMING DAY*

On occasion of National Deworming Day IAP Hingoli Branch distributed syrup Albendazol to 20 children at Toshniwal Hospital, Hingoli. Also given health and hygiene advice to parents and children by Dr Damkondwar , President IAP Hingoli . The activity was attended by Dr Toshniwal, Dr Ghatte, Dr Choudhary , Dr Mahurkar, Dr Girri , Dr Zafar.



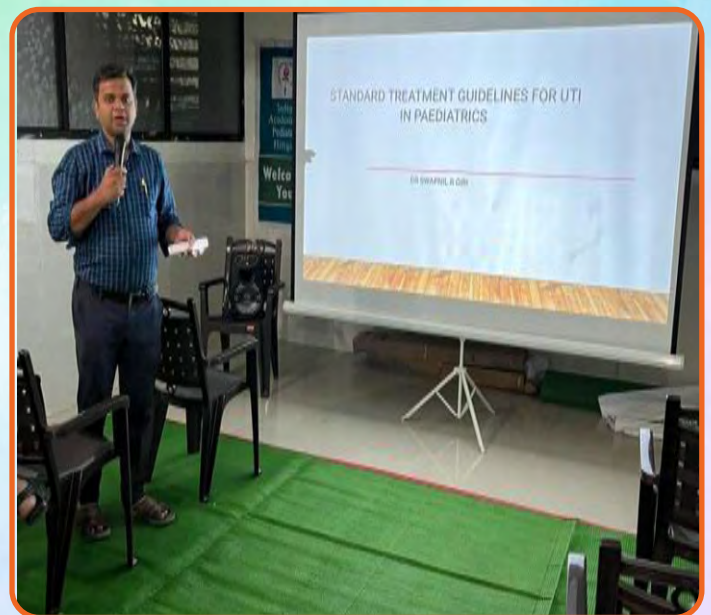
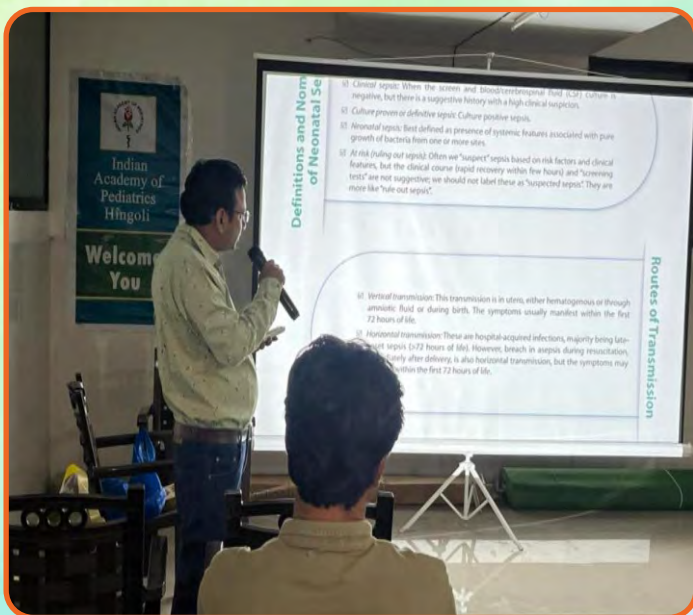
## FEBRUARY 2022

**A Thursday clinics:- On behalf of IAP Hingoli we have started a scientific sessions on Standard Treatment Guidelines given by IAP on every 2nd & 4th Thursday of month. We have discussed STG of Neonatal sepsis & UTI addressed by Dr Nitesh Choudhary ,Secretarey IAP Hingoli & Dr Swapnil Giri.**

### STG on Neonatal Sepsis



### STG on UTI



## MARCH 2022

### IAP HINGOLI MONTHLY ACTIVITY MARCH 2022

#### WORLD OBESITY DAY

On the occasion of World Obesity Day we IAP Hingoli organized short lecture and video presentations for parents about causes and treatment of Childhood obesity .The program was attended by 50 parents and we had distributed 'Aryogyadayi Aaharr 'book to parents for balanced diet to children and suggested the importance of exercise to them.



### INTERNATIONAL CHILD & ADOLESCENT HEALTH WEEK

- We IAP Hingoli Celebrated International Child & Adolescent Health week by giving health and hygiene advice to all children.



### WORLD DOWNS SYNDROME DAY

On the occasion of World Downs Syndrome Day we IAP Hingoli distributed sweets to Downs Syndrome patients at Prayas physiotherapy center, Nagre hospital Hingoli.



MAY 2022

## IAP HINGOLI MONTHLY ..... ACTIVITY MAY 2022

### ► World Thalassemia Day

- On the occasion of World Thalassemia Day we IAP Hingoli delivered short lecture on awareness about thalassemia & given advice about taking care of Thalassemia patients.



## MAHAIAP CASE CHALLENGE

- On behalf of IAP Hingoli | Dr Nitesh Choudhary, secretary IAP Hingol, Dr Swapnil Giri & Dr Anand Mene taken part in Mahaiap Case challenge on 20<sup>th</sup> may. We accepted the challenge given by Dr Tushar Maniyar sir & reached up to the diagnosis of Non Tuberculosis Mycobacterium Case.



## WORLD NURSING DAY

- On the occasion of World Nursing day we IAP Hingoli celebrated the day by felicitating our hospital staff for there temondus contributions towards mankind by taking care of our Patients.





## APRIL 2022

### Autism awareness activities in April 2022 by Jalgaon Academy of Pediatrics

#### Basics of Autism: Awareness CME for pediatrician

Date 8/4/2022, Duration 3 hrs., One MMC accreditation point CME

- 1) First topic: Dr Leera Lobo (Developmental pediatrician, Ummeed CDC Mumbai) on Case based approach to speech delays in children
- 2) Second topic: Dr Koyeli Sengupta (Developmental pediatrician and Head Autism intervention services Ummeed CDC, Mumbai) on Recognizing early signs of Autism in busy OPD practice
- 3) Third topic: Dr Avinash Bhosle: (Consultant pediatrician with special interest in developmental pediatrics, Jalgaon on M Chat -how to chart and interpret

Total attendance was 35 pediatricians.

#### Laminated M- CHAT screen was distributed to all JAP members.

#### Public awareness about Autism through media

**Articles writings** - Dr Avinash Bhosale (EB member MahaIAP2022 ) wrote illustrious articles in print and digital media. Reputed and leading daily Marathi newspaper Sakal and Lokmat covered this topic for mass awareness. Similarly, Dr Avinash Bhosle published article on fakebook on basics of Autism and article reached more than 1500 viewers.

**Flyers** - Digital flyers were prepared and shared on WhatsApp groups explaining what autism is and MCHAT screening.

#### Felicitation of JAP achievers:

Dr Amit Narkhede, Dr Gaurav Patil and Dr Majid Khan For participating in National Pediatric premier league and winning cup for Maha IAP

Dr Rajesh Patil for lifetime achievement award in Umang 2021

Dr Hemant Patil for excellent work for thalassemia patients and water harvesting.

#### Name of office bearers of Jalgaon Academy of pediatrics:

President	: Dr Sanjay Baviskar
Secretary	: Dr VishweshKhadke
Joint secretary	: Dr VrishaliSarode
Treasurer	: Dr Gaurav Patil
EB member	: Dr Avinash Bhosale

# BRANCH ACTIVITIES : JALGAON

APRIL 2022



APRIL 2022

लोकमत

ती लक्षणे 'ऑटिझम'ची नाहीत ना? वेळीच डॉक्टरांना भेटा

जागतिक ऑटिझम दिन विशेष

लोकमत न्यूज नेटवर्क  
जळगाव : ऑटिझम म्हणजेच स्वमग्नता हा बाळाच्या विकास क्रियेवर आघात करतो. पर्यावरण व अनुवांशिकता या कारणांच्या एकत्रित प्रभावामुळे हा आजार उदभवतो. दोन किंवा तीन वर्षांच्या बाळामध्ये या आजाराचे संकेत दिसून येतात.



..ही आहेत लक्षणे

●या आजारामध्ये मुले ही कमी प्रमाणात प्रतिक्रिया देतात. एका ठिकाणी मन लागत नाही. सामाजिक क्रियांमध्ये ते मागे पडतात. इतर मुलांप्रमाणे काही क्रिया सक्षमपणे करण्यास असमर्थ ठरतात. पटकन प्रतिक्रिया देत नाहीत.

●बोलण्यात, वागण्यात विस्फूर्तीपणा असतो. चेहऱ्यावरचे हाकभाव बदलवत असतो. एखादी गोष्ट शिकवली तर ती समजण्यास व शिकण्यास कठीण जाते. आठवण राहत नाही, विसरभोळेपणा जास्त असतो. शब्द उच्चारताना अडचणी येतात.

निदान होण्यासाठी हा मार्ग

यासाठी कोणतीही लॅबोरेटरी, एक्स-रे मशीन नाही. मुलाच्या वर्तनावरून ऑटिझमचे निदान करता येते. या आजाराची खात्री करण्यासाठी मुलांची ऐकण्याची व नजरेची क्षमता यांची मेडिकल टेस्ट केली जाते. डॉक्टर या मुलांसोबत बोलून आजाराचे निदान करू शकतात.

व्यापक स्वमग्नता, व्यक्तिनिहाय बदल

व्यापक स्वमग्नता ही एक विस्तृत स्वरूपाची अवस्था किंवा विकलांगता आहे. तिचे स्वरूप, तीव्रता व लक्षणे व्यक्तीनिहाय बदलत जातात. दहा हजार लोकांपैकी २० जणांमध्ये याचे अस्तित्व, लक्षणे दिसून येतात. यातल्या १०० स्वमग्न मुलांमध्ये २० मुली व ८० मुली. असे प्रमाण दिसते. ही विस्तृत स्वरूपाची विकलांगता असल्याने त्यामध्ये अनेक लक्षणांचा समावेश होतो. सद्यःस्थितीत या विकलांगतेचे नक्की कारण ठरवता आलेले नाही, त्यामुळे ती बरी करण्यासाठी ठोस उपाययोजना करता येत नाही. मज्जासंस्थेला संरचनात्मक आणि कार्यात्मक इजा पोहोचल्यामुळे व्यापक स्वमग्नता उदभवू शकते, असे संशोधन सांगते. स्वमग्नता असलेल्या मुलांमध्ये पालकांच्या माध्यमातून वेळीच सुधारणा झाली नाही तर ही मुले नंतर स्वमग्न विकृतीला बळी पडू शकतात. अशावेळी त्यांच्या कृती तीव्र स्वरूपाच्या असतात.

● जलद निदान व उपचार ही मुलांच्या चांगल्या भवितव्याची गुरुकिल्ली आहे. विकासात्मक आणि वर्तनात्मक पद्धतींचा वापर कर लवकरात लवकर मिळणाऱ्या उपचार सेवेमध्ये समाविष्ट केला तर सामाजिक संभाषण संवाद कौशल्य यांच्यामध्ये नक्कीच सुधारणा होऊ शकते. - डॉ. अविनाश भोसले, बालरोग तज्ज्ञ.

● स्वमग्नता या आजारावर उपाय नाहीत. पालकांचे समुपदेशन आणि त्याद्वारे मुलांच्या वर्तणुकीत बदल, सुधारणा घडवून आणणे शक्य आहे. या आजाराची लक्षणे लवकर स्पष्ट होत नाहीत. पण पालकांमध्ये बऱ्यापैकी जागृती झाली आहे. असामान्य वर्तणूक दिसून येत असल्यास डॉक्टरांचा सल्ला घ्यावा. - विजयेंद्र पालवे, क्लिनिकल

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भारतातील शंभरपैकी एक मुलगा 'ऑटिझम'ग्रस्त

सकाळ वृत्तसेवा

जळगाव, ता. १ : काही वर्षांत भारतासह जगभरत स्वमग्नता अर्थात, 'ऑटिझम'ग्रस्त मुलांची संख्या झपाट्याने वाढलीय. अमेरिकेत प्रत्येक ४४ मुलांमध्ये एक मुलगा ऑटिझमग्रस्त आहे, तर भारतात हे प्रमाण शंभरामागे एक असे आहे. खरेतर हा आजार नाही, त्यामुळे त्यावर विशिष्ट प्रकारचे औषधही नाही. मात्र, अगदी प्राथमिक पातळीवर त्याचे निदान झाले तर विशिष्ट प्रकारचे प्रयोग व उपक्रमांची थेरपी त्यावर परिणामकारक सिद्ध होते, असा अनुभव आहे.

काय आहे ऑटिझम ?

ऑटिझम (स्वमग्नता) हा मंदूच्या विकासाशी संबंधित प्रकार आहे. तो असण्यामागीच कारणे

जलद निदान गरजेचे; औषध नाही, पण.. थेरपी उपयोगी

जागतिक ऑटिझम डे

“ भारतातही अलीकडे ऑटिझमग्रस्त मुलांचे प्रमाण वाढल्याचे दिसून येते. हा प्रकार आजार नाही. त्यामुळे त्यावर संशोधन होऊन ठराविक उपचारही उपलब्ध नाहीत. मात्र, प्रत्येक केस, त्याचे वय व वर्तणुकीवरून विशिष्ट प्रकारची थेरपी वापरून ऑटिझम कंट्रोल करता येऊ शकते. या विषयावर अभ्यास निरंतर सुरू आहे.

- डॉ. अविनाश भोसले, बालरोगतज्ज्ञ

अद्याप निश्चित नाहीत. गर्भावस्थेपासून मुलांच्या मंदूच्या पेशांची जोडणी वेगळ्या प्रकारची असल्याने या प्रकारात मंदूची कार्यप्रणाली सामान्यांपेक्षा वेगळी असते. सामान्य मुले ज्या पद्धतीने संवादाला प्रतिसाद देतात, बोलतात, वागतात, त्यानुसार हालचाली करतात..

तशा ऑटिझमग्रस्त मुलांमध्ये जाणिवी विकसित न झाल्यामुळे त्यांच्यातील एकूणच वागणुकीत फरक जाणवतो.

निदान आणि लक्षणे

योग्य निदान वयाच्या दुसऱ्या वर्षी केले जाऊ शकते. बहुतांश मुलांमध्ये असे निदान चौथ्या वर्षीपर्यंत होते.

६ महिन्यांपर्यंतच्या वाळांमध्ये बघून क्वचित किंवा अजिबात न हसणे, ९ महिन्यांपर्यंतच्या मुलांमध्ये आवाज, हसू, चेहऱ्यावरील हावभावाना प्रतिसाद न देणे, १२ महिन्यांपर्यंत क्वचित किंवा अजिबात बडबड न करणे, नावाने हाक मारली तरी प्रतिसाद न देणे, दोन वर्षांपर्यंतच्या मुलांमध्ये दोन शब्दांच्या अर्थपूर्ण वाक्यात बोलता न येणे, आणि पुढे कोणत्याही वयात पूर्वी शिकलेले शब्द, कौशल्ये विसरणे, नजर देणे टाळणे, सतत एकटे राहणे, भाषाविकासाला विलंब अशा प्रकारची लक्षणे आढळून येतात.

हे आहेत गैरसमज

हा मंदूच्या पेशांमधील विकासाच्या

संदर्भातील आजार असल्याने लसीकरणामुळे हा आजार होणे, ही मुले एकलकोंडी असणे, अशी मुलं स्वावलंबी आयुष्य जगू शकत नाही, ऑटिझम पूर्ण बरा होतो, हा संसर्गजन्य आजार आहे, ही मुले संवाद साधू शकत नाही अशाप्रकारचे गैरसमज आहेत.

औषध नाही, थेरपी उपयोगी

यासंबंधीचे निदान जलद झाले तर त्यांच्यावर विकासात्मक व वर्तनात्मक पद्धतींचा वापर केला जातो. त्यात त्यांच्याकडून प्रत्येक पातळीवर वेगवेगळ्या ऑक्टिव्हिटी करून घेणे, संवाद कौशल्य विकासासाठी उपचार, सेन्सरी इंटीग्रेशनचा (संवेदनात्मक जाणीव) विकास असे उपचार अवलंबले जातात.

## MAY 2022

### Activity Report for May 2022

Pediatric Endocrinology CME

Conducted on 15/5/2022

9:30am to 1:00am By jalgaon academy of pediatrics.

Talk topics

- 1) Growth disorders for busy pediatrician- Dr Prashant Patil
- 2) Endocrinology and syndromes  
- Dr Tushar Godbole
- 3) Pediatric Obesity-how to diagnose when to refer  
- Dr Prashant Patil
- 4) Approach to ambiguous genitalia- Dr Tushar Godbole
- 5) Management of pediatric Diabetes -Dr Tushar Godbole and Dr Prashant Patil

Total attendance-35

Key home msgs

- 1) Pediatrician must have high index of suspicion and should actually plot weight and height and refer early
- 2) Pediatrician should aware of some syndromes
- 3) Pediatric obesity- 90% simple or nutritional and 10% endocrinology cal  
Lifestyle changes are very important  
Asians are more susceptible at lower fat percentage to complications of obesity
- 4) While examining child  
It's always important to palpate gonads  
Simple questions to ask is palpable gonads? Pelvic USG?  
Eunuch is not DSD  
Declaration of sex should be fine by doctor only.
- 5) While managing DKA  
Do not run behind sugars  
Fluid first then electrolytes and insulin and monitoring ABG to categorise into mild moderate and severe variety.  
Accordingly fluid calculation with formula.  
Add potassium 20 mmole to 500 ml  
Cerebral Edema- should always be at back of mind.  
Long term management  
Basal insulin plus bolus insulin is preferred regime as of now.  
Educating and empowering parents is important.





MAY 2022



MAY 2022




## MAY 2022

— INVITATION —

**JALGAON ACADEMY OF PEDIATRICS**  
and  
**JUPITER HOSPITAL, THANE**  
cordially invite you for CME on

**THE PEDIATRICIAN &  
THE SUPER SPECIALITIES**



**Date:** 12<sup>th</sup> June 2022 (Sunday)  
**Time:** 9 am to 2 pm  
**Venue:** Dr. Athawale Hall, IMA House, Jalgaon,  
Maharashtra - 425 001.

**Chief Guests**

Dr. Hemant Gangolia - President, Maharashtra State IAP  
Dr. Amol Pawar - Secretary, Maharashtra State IAP  
Dr. Ramakant Patil - Executive Board Member Central IAP

**Hosts**

Dr. Sanjay Bawiskar  
President, JAP

Dr. Vishwesh Khadke  
Secretary, JAP

Dr. Avinash Bhosale  
EB Member, Maha IAP

### SCIENTIFIC AGENDA

APPLIED FOR  
2 MMC  
CREDIT POINTS

Time	Topic	Speaker
9.15 am to 9.30 am	Introduction & general welcome Registration & Attendance	Dr. Vishwesh Khadke Dr. Vishali Sarode
9.30 am to 9.55 am	Clinical Examination of a suspected case of Rheumatological disorder	Dr. Vijay Viswanathan Consultant - Pediatric Rheumatologist
9.55 am to 10.20 am	Stabilization of a sick child with congenital heart disease	Dr. Srinivas L Consultant - Interventional Pediatric Cardiologist
10.20 am to 10.40 am	Interpretation of liver function tests	Dr. Dimple Jain Consultant - Pediatric Gastroenterologist and Hepatologist
<b>10.40 am to 11:00 am - INAUGURATION OF CME BY STATE IAP PRESIDENT &amp; SECRETARY</b>		
11:00 am to 11.30 am	Panel Discussion/Question and Answer sessions	Dr. Srinivas L Dr. Dimple Jain Dr. Vijay Viswanathan
	Moderator	Dr. Avinash Bhosale EB Member Maharashtra State IAP
11.30 am to 12.00 pm	Tea Break	
12.00 pm to 12.20 pm	Surgery for congenital heart disease – Brief out line for a practicing pediatrician	Dr. Ashutosh Singh Consultant - Pediatric Cardiac Surgeon
12.20 pm to 12.40 pm	Current status of pediatric liver transplantation: lessons learnt in last two decades.	Dr. Guruprasad Shetty GI, HPB & Liver Transplant Surgeon
12.40 pm to 1.00 pm	Neuro imaging in neurosurgical cases	Dr. Harshad Purandare Consultant - Neuro Surgeon
1.00 pm to 1.20 pm	Panel Discussion/Question and Answer sessions	Dr. Ashutosh Singh Dr. Harshad Purandare Dr. Guruprasad Shetty
	Moderator	Dr. Avinash Bhosale EB Member Maharashtra State IAP
1.20 pm to 1.35 pm	Counseling of parents having a child with congenital heart disease	Dr. Srinivas L Consultant - Interventional Pediatric Cardiologist
1.35 pm to 1.45 pm	Concluding Remarks	Dr. Sanjay Bawiskar President, IAP, Jalgaon
1.45 pm to 1.55 pm	Vote of thanks	Dr. Vishwesh Khadke Secretary, IAP
2 pm onwards	Lunch	

For more Information, Call:  
Sangeet Ambre - 95185 05552

JUNE 2022





JUNE 2022



## JANUARY 2022



### Kolhapur Academy of Pediatrics

Monthly Activity Report for January 2022

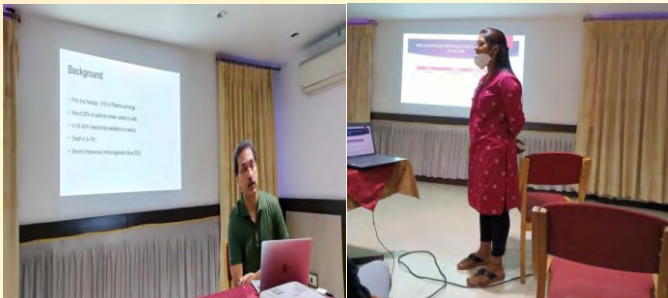


#### 1] JOURNAL CLUB

Date- 8<sup>th</sup> January 2022

**Dr. Vilas Jadhav Presenting-**  
"Practice changing updates on management of severe Guillain Barre Syndrome."

**Dr. Yamini S. Presenting**  
"Prevention & Treatment of Vitamin D & Calcium deficiency in children & adolescents :IAP Guidelines."



#### 2] SESSION ON MENSTRUAL HEALTH & HYGIENE

Date- 8<sup>th</sup> January 2022

**Dr. Mrs Nivedita Patil Presenting-**  
"Menstrual health and hygiene for government high school"



#### 3] PG CLINIC

Date- 15<sup>th</sup> January 2022

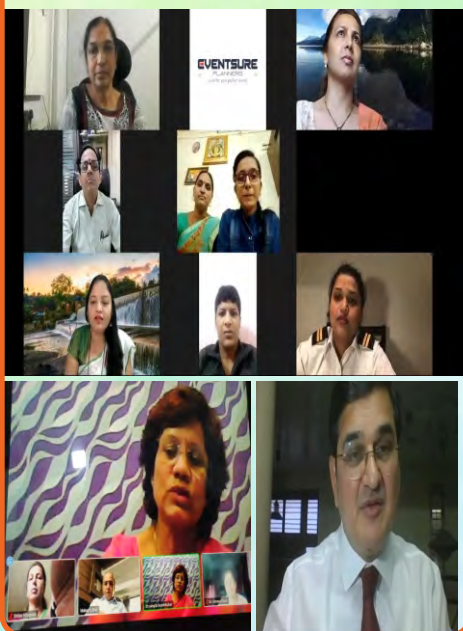
**Dr. Santosh Nimbalkar and Dr. Smita D'Souza** at apple Saraswati Hospital  
"APPROACH TO A HIGH RISK NEWBORN"



#### 4] PUBLIC FORUM

Date- 20<sup>th</sup> January 2022

**Dr. Mohan Patil, Dr. Narendra Nanivadekar & Dr. Sangeeta Kumbhojkar**  
"OMICRON PRECAUTIONS & TREATMENT FOR CHILDREN"



Date- 24<sup>th</sup> January 2022

"NATIONAL GIRL CHILD DAY CELEBRATION"



#### 5] CLINICAL MEETING

Date- 26<sup>th</sup> January 2022

**Dr. MAHESH KORE**  
"PUO WITH ABDOMINAL MASS"



## FEBRUARY 2022



### Kolhapur Academy of Pediatrics

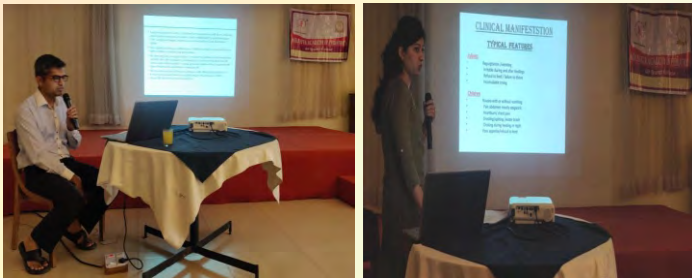
Monthly Activity Report for February 2022



#### 1] JOURNAL CLUB

Date- 12<sup>th</sup> February 2022 Time- 08:00 Am.

**Dr. Aniket Kumbhojkar Presenting-**  
"Optimisation of Growth in SGA [SMALL FOR GESTATIONAL AGE]  
**Dr. Pallavi Raosaheb Kharde Presenting -**  
"Diagnosis & Management of Gastroesophageal reflux Disease in Children"



#### 3] TREKKING FOR KAPIANS

Date- 20<sup>th</sup> February 2022 Time- 05:30 Am.

TREKKING MODE ON.....

"Ashni Stambh"



#### 2] PUBLIC FORUM

Date- 12<sup>th</sup> February 2022 Time- 05:00 Pm.

**Dr. Suchit Tamboli , Dr. Mrs. Jayashri Shivlakar**  
**Dr. Mrs. Deepa Firke, Dr. Santosh Nimalkar Presenting-**

**KOLHAPUR ACADEMY OF PEDIATRICS**

**तारुण्याच्या उंबरठ्यावर - किशोरवयीन मुला, मुलींच्या शारीरिक, लैंगिक, भावनिक, मानसिकतेविषयी, तज्ञाकडून मार्गदर्शन**

बालरोगतज्ञ संघटना कोल्हापूर व महाराष्ट्र महिला बालरोग तज्ञ संघटना पांच्यातर्फे



डॉ. सुचित ताम्बोळी  
बालरोगतज्ञ व किशोरवयीन मुलांचे मानसोपचारतज्ञ व समुपदेशक



डॉ. जयश्री शिवलकार  
बालरोगतज्ञ व किशोरवयीन मुलांचे मानसोपचारतज्ञ व समुपदेशक



डॉ. दीपा फिरके



डॉ. संतोष निंबाळकर



#### 4] CLINICAL MEETING

Date- 23<sup>RD</sup> February 2022 Time- 08:30 Pm.

**Dr. Nikita Joshi Presenting-**  
"Interesting Cases on Growth Disorders & Puberty"





# BRANCH ACTIVITIES : KOLHAPUR



## MARCH 2022

### **Kolhapur Academy of Pediatrics** Monthly Activity Report for March 2022

#### 1] BLS Module Date :- 6<sup>th</sup> March 2022



#### 2] ALS Module Date :- 12<sup>th</sup> & 13<sup>th</sup> March 2022



### 3] JOURNAL CLUB

Date- 19<sup>th</sup> March 2022 Time- 08:30 Am.  
**Dr. Savita Kadam Presenting-**  
*" Neonatal HSV diseases : Updates and challenges "*  
**Dr. Vilas Jadhav Presenting -**  
*"Practice changing updates on management of venous thrombosis in children"*  
**32 Pediatricians attended it followed by breakfast**



### 4] INTERNATIONAL ADOLESCENT HEALTH WEEK

#### A] PUBLIC FORUM

Date- 26<sup>th</sup> March 2022 Time- 05:00 Pm to 6:30pm.  
**Dr. Satish Tiwari , Dr. Aniket Kumbhøjkar**  
**Dr. Mrs. Deepa Kitur , Dr. Mrs. Manisha Patil.**  
**Dr. Rupali Patil Presenting-**  
**60 people attended it live. 90 people visited you tube link**



### B] IAP CHILD & ADOLESCENTS HEALTH CARE WEEK

Date- 25<sup>th</sup> March 2022  
Time- 03:00 pm to 04:00 pm.



### C] WHY DO CHILDREN FALL BEHIND IN SCHOOL ?

Date- 6<sup>th</sup> March 2022  
Time- 11:00 am to 12:00 pm.



### D] Transitions in adolescent - issues and challenges

Date- 23<sup>rd</sup> March 2022 Time- 08:30 Pm.  
**Dr. Kashmiri Badbade Presenting-**  
*"Transitions in adolescent - issues and challenges. "*  
**Dr. Snehavardhan Pandey Presenting-**  
*"Acute liver failure - role of a pediatrician and beyond. "*  
**43 pediatricians attended it followed by dinner**



## MARCH 2022

### 5] WOMEN'S DAY CELEBRATION 8<sup>th</sup> March 2022



### 6] IMMUNISATION DAY CELEBRATION 16<sup>th</sup> March 2022



### 8] CLINICAL MEETING

Date- 23<sup>RD</sup> March 2022 Time- 08:30 Pm.  
**Dr. Kashmiri Badbade Presenting-**  
*" Transition in adolescent: Issues and challenges "*  
**Dr. Snehavardhan Pandey Presenting-**  
*"Acute liver failure - role of a pediatrician and beyond. "*  
**43 pediatricians attended it followed by dinner**



### 7] DOWNS SYNDROME DAY

Date- 21<sup>th</sup> March 2022 Time- 10:am to 12:30 pm.  
**Dr. Kashmiri Badbade Presenting-**  
*"Downs Syndrome Importance of Diagnosis & Management".*  
**Dr. Pushkar Topkar Presenting -**  
*"Role of Therapy in Downs Syndrome"*  
**Dr. Mrs. Archana Herwade Presenting -**  
*"Behavioral Challenges in Downs Syndrome"*



### 9] Daughters Day Celebration My Daughters-My Pride!!



## APRIL 2022



### KolhapurAcademy of Pediatrics

Monthly Activity Report for April 2022



#### 1] Autism Awareness Day Celebration

Date- 1<sup>st</sup> April 2022 Time- 11:00 am To 12:30 pm  
"Holistic Understanding of Autism".

A) Kolhapur academy of pediatrics in association with Mahaveer College conducted autism awareness program on 1st April. It was attended by more than 140 psychology students from kolhapur, satara, sangali.



Mahavir Mahavidyalay  
(Dept of psychology)



In association with  
Kolhapur Academy of  
Pediatrics



INSPIRE  
CHILD DEVELOPMENT CENTER  
and  
INSPIRE  
Child Development Center,  
Kolhapur



Topic: Holistic understanding of Autism

Dr. Kimaya Shah  
President KAP

Dr. Shilpa Hirgude  
Secretary KAP

**Keynote Speaker:**

**Dr. DIPTI CHAVAN**

M.B.B.S, M.D(Pediatrics)

Dip. Developmental Neurology

Developmental and Behavioural Pediatrician

Date: 1st April 2022

Day: Friday

Time: 11.00am to 12.30pm

Venue: Amphitheater

Mahavir College, Kolhapur

Please wear BLUE in support of Autism Awareness

Date 4<sup>th</sup> April 2022 Time- 05:00 pm To 06:30 pm

Dr. Santosh Nimbalkar & Dr. Kashmiri Badbade Presenting  
B) Webinar for medical officers and ASHA workers.



आरोग्य विभाग जिल्हा परिषद कोल्हापूर आणि  
कोल्हापूर बालरोग संघटना  
यांच्या संयुक्त विद्यमानाने



२ एप्रिल  
जागतिक स्वमग्नता दिवस

वैद्यकीय अधिकारी व  
समुदाय आरोग्य अधिकारी यांची  
ऑनलाईन कार्यशाळा

प्रमुख उपस्थिती



डॉ. योगेश साळे  
जिल्हा आरोग्य अधिकारी



डॉ. संतोष निंबाळकर  
बालविकास व वर्तन समस्या तज्ञ



डॉ. काश्मिरी बडबडे  
बालविकास व वर्तन समस्या तज्ञ

प्रमुख मार्गदर्शक



४ एप्रिल  
सोमवार



संध्या 5 ते  
6.30



डॉ. किमया शहा  
अध्यक्ष

डॉ. शिल्पा हिरगुडे  
सचिव

डॉ. अजय शिंदे  
खजानीस



#### 2] Life Education at Potdar International School for 6th to 10<sup>th</sup> Standard Students

Date 8<sup>th</sup> April 2022

Dr chaya Purohit, Dr kimaya Shah, Dr Santosh nimbalkar, dr Ruchika Yadav, Dr Manisha patil, Dr Shilpa Hirugade delivered lectures on "Life Education"



APRIL 2022



### 3] JOURNAL CLUB



**KOLHAPUR ACADEMY OF PEDIATRICS**

## JOURNAL CLUB

**STANDARD TREATMENT GUIDELINES BRONCHIAL ASTHMA 2022**



**DR. MUZAFAR NAZAR**  
Resident at Masai Hospital, Kolhapur

**NEONATAL MULTISYSTEM INFLAMMATORY SYNDROME**



**DR. NIVEDITA PATIL**  
Prof. Dept. of Pediatrics  
D Y Patil Medical College, Kolhapur

**SATURDAY, 9TH APRIL 2022 | 08:30 AM**


**VENUE : HOTEL PEARL, KOLHAPUR**

**DR. KIMAYA SHAH**  
President, KAP

**DR. SHILPA HIRUGADE**  
Secretary, KAP

**DR. AJAY SHINDE**  
Treasurer, KAP

### 4] For World Health Day Celebration Kolhapur Academy of Paediatrics Arranged Trekking for KAP Members



**KOLHAPUR ACADEMY OF PEDIATRICS**

*Trekking Mode : ON*

**ALAM PRABHU & RAMLING.**

**DATE : 10TH APRIL**  
**TIME : 06.00 AM**  
**MEETING POINT : SGI ATIGRE**

**PARKING OF VEHICLES AT कुंथुगिरी. START TREK FROM KUNTHUGIRI TO ALAM PRABHU TO RAMLING BACK TO KUNTHUGIRI**



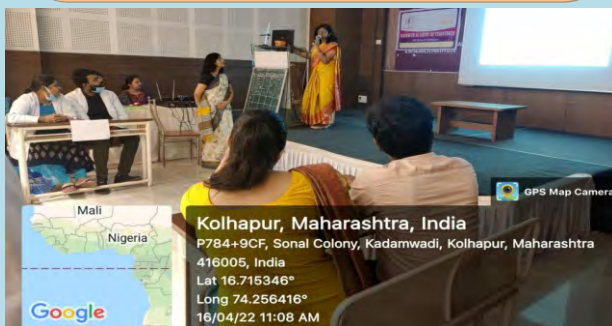
APRIL 2022



**6] Kolhapur Academy of Paediatrics in Collaboration With Central IAP Conducted NTEP module for Paediatricians and medical officers on 24<sup>th</sup> April 2022. Total 64 Delegates Attended the NTEP**



**5] Celebration of World Haemophilia Day**  
We arranged a quiz on paediatric haematology for post graduate students. Dr Mohan Patil delivered a lecture on "Haemophilia".





# BRANCH ACTIVITIES : KOLHAPUR

## APRIL 2022

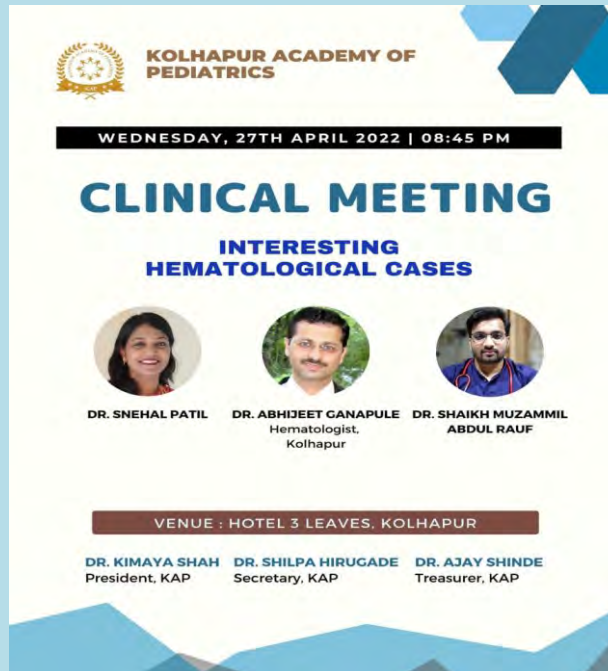
### 7] CLINICAL MEETING

Date 27<sup>th</sup> April 2022 Time 08:45Pm.

Dr. Snehal Patil, Dr. Ahijeet Ganpule & Dr. Shaikh Muzammil Presenting

"Interesting Hematological Cases"

Presented by pediatricians and hematologist.. Followed by dinner. Approximately 45 pediatricians attended the meeting.




**KOLHAPUR ACADEMY OF PEDIATRICS**


WEDNESDAY, 27TH APRIL 2022 | 08:45 PM

## CLINICAL MEETING


### INTERESTING HEMATOLOGICAL CASES



**DR. SNEHAL PATIL**



**DR. ABHIJEET GANAPULE**  
Hematologist,  
Kolhapur



**DR. SHAIKH MUZAMMIL  
ABDUL RAUF**

VENUE : HOTEL 3 LEAVES, KOLHAPUR

**DR. KIMAYA SHAH**  
President, KAP

**DR. SHILPA HIRUGADE**  
Secretary, KAP

**DR. AJAY SHINDE**  
Treasurer, KAP



MAY 2022



## KolhapurAcademy of Pediatrics

Monthly Activity Report for May 2022



### 1] World Asthma Day Celebration

Date 30<sup>th</sup> April 2022 Time- 05:00 pm To 06:30 pm

Dr. Hemant Kulkarni, Dr. Sainath Powar, Dr. Devyani Kulkarni & Dr. Shradha Khalate Presenting

We arranged public forum on asthma **अस्थमा समज गैरसमज**

It was for parents and general pediatricians. Almost 90 people attended it and many people visited you tube link.



**अस्थमा - समज गैरसमज**

5 PM - 6.30 PM  
**30 APRIL**

zoom YouTube Live

 <b>डॉ. हेमंत कुलकर्णी</b> MBBS MD DNB MRCPC, UK Consultant Respiratory Medicine, Sheffield Children Hospital, UK	 <b>डॉ. साईनाथ पोवार</b> MBBS MD DCH FCPS Consulting Paediatrics & Paediatric Bronchologist Consulting Allergy & Asthma Specialist	 <b>डॉ. देवयानी कुलकर्णी</b> Moderator	 <b>डॉ. श्रद्धा खलते</b> Moderator
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**JOIN ZOOM MEETING**

Join Zoom Meeting  
<https://us02web.zoom.us/j/86098254730pwd=dF04SzZ6QVFOUHNMG5keWUvM0VvZz09>  
Meeting ID: 860 9825 4730  
Passcode: eventsure

**YOUTUBE LINK**  
<https://www.youtube.com/c/KolhapurAcademyofPediatrics>

**डॉ. किमया शहा** अध्यक्ष  
**डॉ. शिल्पा हिरगुडे** सचिव  
**डॉ. अजय शिंदे** खजानीस

### 2] JOURNAL CLUB

Date 14<sup>th</sup> May 2022 Time 08:30 Am.

Dr. Rahul Patil Presenting

"The Sanad II Study of The Effectiveness & Cost - Effectiveness of Valproate Versus Levetiracetam for Newly Diagnosed Generalized & Unclassifiable Epilepsy"

Dr. Amith K Presenting

"Standard Treatment Guidelines: Anaphylaxis

24 pediatricians attended it followed by breakfast



**KOLHAPUR ACADEMY OF PEDIATRICS**

## JOURNAL CLUB

**THE SANAD II STUDY OF THE EFFECTIVENESS AND COST-EFFECTIVENESS OF VALPROATE VERSUS LEVETIRACETAM FOR NEWLY DIAGNOSED GENERALISED AND UNCLASSIFIABLE EPILEPSY**

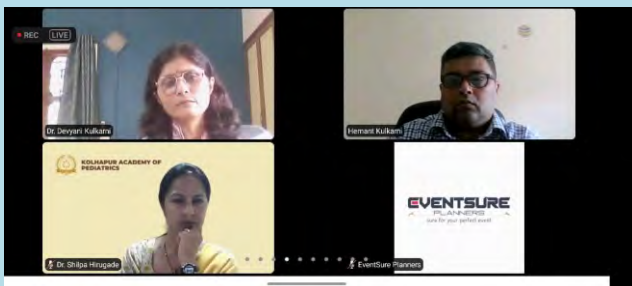
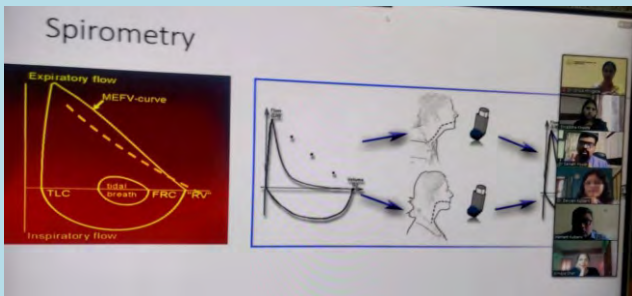
**STANDARD TREATMENT GUIDELINES: ANAPHYLAXIS**

 <b>DR. RAHUL PATIL</b>	 <b>DR. AMITH K</b>
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**SATURDAY, 14TH MAY 2022 | 08:30 AM**

VENUE : HOTEL 3 LEAVES, KOLHAPUR

**DR. KIMAYA SHAH** President, KAP  
**DR. SHILPA HIRUGADE** Secretary, KAP  
**DR. AJAY SHINDE** Treasurer, KAP



MAY 2022

### 3] CLINICAL MEETING

Date: 25<sup>th</sup> May 2022 Time 08:30 Pm.

**Dr. Nilesh Dhamne Presenting**

"BMT Tumors Benign & Malignant Crowd Funding"

**Dr. Yogesh Anap Presenting**

"Versa HD New ERA in Radiation Therapy"

40 pediatricians attended it followed by dinner



KOLHAPUR ACADEMY OF PEDIATRICS

## CLINICAL MEETING



BMT TUMOURS - BENIGN & MALIGNANT CROWD FUNDING

**DR. NILESH DHAMNE**  
DNB Medicine, MD (USA -ECFMG certified) DNB Medical Oncology  
Chief, Department of Medical Oncology, Consultant Medical and Pediatric oncologist, Hemato-oncologist, Bone Marrow Transplant Physician



VERSA HD - NEW ERA IN RADIATION THERAPY

**DR. YOGESH ANAP**  
DNB Medicine, DNB Medical Oncology  
Director & Consultant Radiation Oncologist

WEDNESDAY, 25TH MAY 2022, 08:30 PM  
VENUE : HOTEL MARATHA REGENCY, KOLHAPUR

**DR. KIMAYA SHAH**  
President, KAP

**DR. SHILPA HIRUGADE**  
Secretary, KAP

**DR. AJAY SHINDE**  
Treasurer, KAP



### 4] NEUROLOGY CME

"One day CME with 2 credit points granted."

Neurology CME Attended By 98 Pediatricians



## JUNE 2022



### Kolhapur Academy of Pediatrics

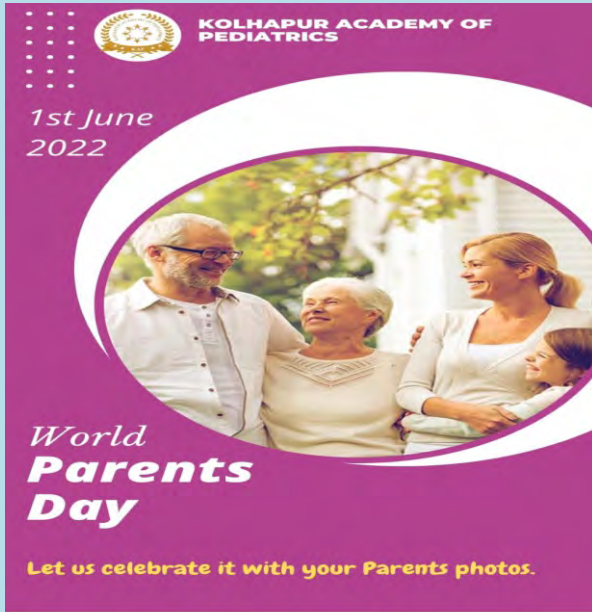
Monthly Activity Report for June 2022



#### 1] World Parents Day Celebration

Date: 1<sup>st</sup> June 2022

We conducted photo competition on this day  
33 pediatricians participated in this competition



DR. KIMAYA SHAH President, KAP | DR. SHILPA HIRUGADE Secretary, KAP | DR. AJAY SHINDE Treasurer, KAP

#### 2] JOURNAL CLUB

Date: 11<sup>th</sup> June 2022 Time: 08:00 Am.

Dr. Akash Vardhan Presenting

"Treatment of Acute Bacterial Meningitis"

Dr. Vilas Jadhav Presenting -

"Vaccination in Neurological Disorders: Current Thoughts"

25 pediatricians attended this journal club. Activity followed by breakfast

**JOURNAL CLUB**

SPEAKERS

**DR. AKASH VARDHAN K**  
TREATMENT OF ACUTE BACTERIAL MENINGITIS

**DR. VILAS JADHAV**  
VACCINATION IN NEUROLOGICAL DISORDERS: CURRENT THOUGHTS.  
Consultant Pediatric Neurologist

**11 JUNE 2022**  
**08:30 AM**  
HOTEL 3 LEAVES, KOLHAPUR

**DR. KIMAYA SHAH** President, KAP | **DR. SHILPA HIRUGADE** Secretary, KAP | **DR. AJAY SHINDE** Treasurer, KAP



## JUNE 2022

### 3] TREE PLANTATION

Date-12<sup>th</sup> June 2022

KAP donated Rs. 10,000 and 200 trees for this activity.  
Also actively participated in tree plantation

जागतिक पर्यावरण दिन आणि शिवराज्याभिषेक दिन निमित्त  
सहाद्री देवराई

वृक्षप्रेमी सिनेअभिनेते मयाजी शिंदे  
यांच्या मार्गदर्शनाखाली वृक्षारोपण हा उपक्रम राबविला जाणार आहे.  
जागतिक पर्यावरण दिन, शिवराज्याभिषेक दिन,  
वटपौर्णिमा निमित्त  
12 June 2022

सकाळी 8 वाजता पन्हाळगड येथील टेलिफोन टॉवर  
परिसरात वृक्षारोपण होईल.

वृक्षारोपण विशेष सहभाग:  
कोल्हापूर पोडिक्ट्रिक असोसिएशन  
कोल्हापूर केमिस्ट असोसिएशन  
मूळ गोखलाय गोखला  
पन्हाळा नगरपालिका  
डॉक्टर शंकांत शिंदे फाउंडेशन  
लोकमान्य राजर्षी शाहू फौंडेशन  
स्मार्ट वर्ल्ड

अधिक माहितीसाठी संपर्क :  
772 191 1777

### 4] PUBLIC FORUM

Date: 18<sup>th</sup> June 2022 Time: 05:00Pm. To 06:30 Pm.

For the awareness of complementary feeding we conducted a public forum for parents and general practitioners. Dr Jayant Shah from Nandurbar and Dr Madhuri Kulkarni from Kolhapur were the speakers. Approximately 75 people attended the forum online and many visited the you tube link afterwards.



KOLHAPUR ACADEMY OF PEDIATRICS

पूरक आहार-  
समज आणि गैरसमज

SATURDAY,  
JUNE 18TH

संध्या 5 ते 6.30

Meeting ID: 816 2194 8266  
Passcode: eventsure

प्रमुख मार्गदर्शक



डॉ. जयंत शाह



डॉ. माधुरी कुलकर्णी



डॉ. संतोष निंबाळकर  
Co-ordinator



डॉ. रुचिका यादव  
MOC



डॉ. नीलम खोत  
MOC

डॉ. किमया शहा  
अध्यक्ष

डॉ. शिल्पा हिरगडे  
सचिव

डॉ. अजय शिंदे  
खजानीस

JUNE 2022

## 5] Monsoon Trek for KAP members

Date- 19<sup>th</sup> June 2022 Time 05:45 Am.

30 pediatricians enjoyed the trek followed by breakfast



**KOLHAPUR ACADEMY OF PEDIATRICS**

Trekking Mode: ON

मिनी उटी

SUNDAY  
DATE : 19<sup>TH</sup> JUNE  
TIME : 05.45 AM

MEETING POINT :  
HOTEL  
AYODHYA

## 5] CLINICAL MEETING

Date- 22<sup>nd</sup> June 2022 Time- 08:00 Pm.

Dr. C.P.Raghuram Presenting :-

"Scope of Pediatric Hematology Oncology & BMT "

Dr. Mahesh D.M. Presenting :-

"Interesting Cases : Let's Think With Glucose"

Dr. Kaustubh Mohite Presenting :-

"Pearls in Pediatric Pulmonology :Case Based Discussion "

Dr. Rachana Mohite Presenting :-

"Eyes See What the Mind Knows- A Case Based Approach to Pediatric Rheumatology & Immunology"



**INVITATION**

**Kolhapur Academy of Pediatrics**  
in association with  
**Aster Aadhar Hospital**  
Cordially Invites you for the session

**TOPIC**  
Scope of Paediatric Haematology Oncology and BMT  
Speaker : Dr. C. P. Raghuram  
Consultant - Hemato Oncology & BMT (Pediatrics)

**TOPIC**  
INTERESTING CASES : "LET'S THINK WITH GLUCOSE"  
Speaker : Dr Mahesh D. M.  
Consultant - Endocrinology

**TOPIC**  
Pearls in Pediatric Pulmonology :  
Case based discussion  
Speaker : Dr. Kaustubh Mohite  
Consultant - Interventional Pulmonology (Pediatrics)

**TOPIC**  
Eyes see what the mind knows- A Case based approach to Pediatric Rheumatology & Immunology  
Speaker : Dr. Rachana Mohite  
Consultant - Rheumatology and Immunology (Pediatrics)

Date :  
22/06/2022  
(Wednesday)

Time :  
8:30 p.m.  
Onwards

Venue :  
Hotel 3 Leaves,  
Kolhapur

Meeting followed by Cocktail Dinner

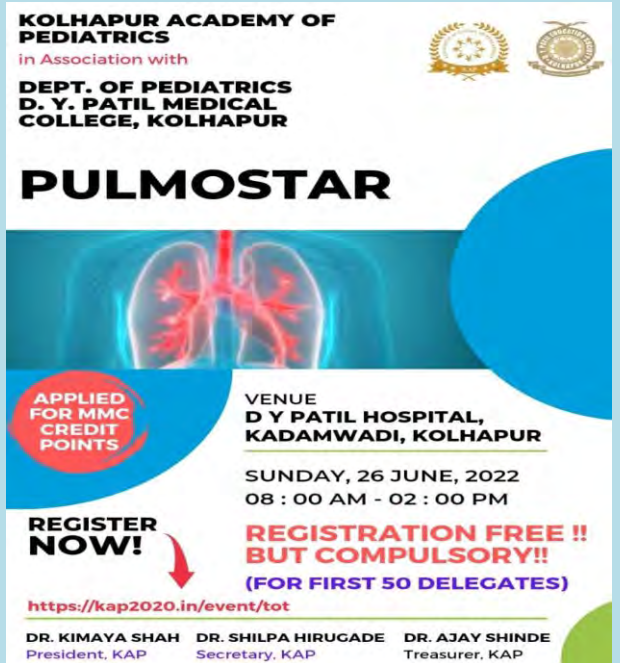
DR. KIMAYA SHAH President, KAP  
DR. SHILPA HIRUGADE Secretary, KAP  
DR. AJAY SHINDE Treasurer, KAP



## 7] PULMOSTAR WORKSHOP

Date- 26<sup>th</sup> June 2022 Time- 08:00 Am. To 02:00 Pm.

Total 70 pediatricians registered for this half day module. It was very useful module for day to day practice. Speakers were good. Sessions were very interactive.



**KOLHAPUR ACADEMY OF PEDIATRICS**  
in Association with  
**DEPT. OF PEDIATRICS**  
**D. Y. PATIL MEDICAL COLLEGE, KOLHAPUR**

**PULMOSTAR**

APPLIED FOR MMC CREDIT POINTS

VENUE  
**D Y PATIL HOSPITAL,  
KADAMWADI, KOLHAPUR**

SUNDAY, 26 JUNE, 2022  
08 : 00 AM - 02 : 00 PM

**REGISTER NOW!**

**REGISTRATION FREE !!  
BUT COMPULSORY!!  
(FOR FIRST 50 DELEGATES)**

<https://kap2020.in/event/tot>

DR. KIMAYA SHAH President, KAP  
DR. SHILPA HIRUGADE Secretary, KAP  
DR. AJAY SHINDE Treasurer, KAP

**JUNE 2022**



JANUARY 2022

# IAP MUMBAI

MONTHLY REPORT JAN 2022

**Dr. Rajesh Chokhani**  
PRESIDENT

**Dr Nehal Shah**  
SECRETARY

**Dr Amruta Shirodkar**  
TREASURER

## PEDIATRIC TEACHING FILES

IAP Mumbai launched its pediatric postgraduate teaching program - "Pediatric Teaching Files". Its salient features include:

1. There will be **2-hour** sessions **at least once a week** on Wednesday 3 - 5 pm. At times, there could be more than one session a week, and at times, depending on the availability of faculty, the weekday and time may change. Overall, by the end of 2022, there would be **at least 40 sessions** if not more.
2. Presently, these sessions will be online. But as soon as the Covid situation eases, these sessions will mostly be offline (in person) at the IAP Mumbai office, Sion. Learning is always better in person, but for those who find it challenging to attend in person, a hybrid facility will be arranged.
3. Most of the sessions will comprise of: **a) An interactive discussion (one hour)** on writing an answer to a **theory question** eg Approach to a limping child/pathogenesis of dengue shock syndrome etc. **b) A clinical case presentation (one hour)** related to the theory topic discussed - either an actual case presented by one of the students OR a virtual case prepared by the faculty.
4. Some sessions will be fully dedicated to OSCEs, X-rays, Drugs, other Viva topics. These will be according to the needs of the immediate exam-going batch.



5. Each session will be conducted by **one or two faculty**. These faculty will be **from various institutions across the city**, and at times outside the city (virtual/hybrid).

The program started with the **first session by Dr. Y K Amdekar sir on Wednesday 19th Jan 3 - 5 pm**. So far 4 sessions have been conducted. Over 135 postgraduates have registered for this program. Dr. Aditi Shah is the program coordinator for this program.



JANUARY 2022

## NATIONAL GIRL CHILD DAY 2022



On the occasion of \*National Girl Child Day,2022\* a visit was organized at the \*Shradhanand Mahila Ashram, Matunga\*.

This is a 94-year-old exclusively only girl orphanage managed by the NGO, 'National Women Welfare Society', housing 180 girls.

There are 14 newborns and infants, around 50 school-going girls, and more than 100 girls in the age groups more than 14 years. There were about 5 girls who were severely physically and mentally challenged and bedridden.

We organized 2 health talks with Audio Visual Aids on \*Nutrition For School-Aged Girls\* and \*Menstrual Hygiene in Adolescents\*.

The talks were very interactive and there was a lot of enthusiasm and curiosity to know a lot of things related to the topics, which was very encouraging.

They even requested us to provide them with posters on the same to be displayed in the Ashram corridors.

They also suggested if we could train a few adolescent girls as Peer Educators to conduct similar health sessions in their other sister branches.

\*Your Need-Our Concern\* was our primary focus to reach out and contribute to their needs in a small way.

We distributed school bags, basic stationery, adult diapers, milk formulas, Dettol cans, N 95 masks, etc. as per their request on what they needed most.

The activity ended with a small thank you note from the Resident social workers of the Ashram. As a ceremonial gesture we also made them adorn their Ashram Temple with a toran to mark this auspicious day to justify the Phrase:

\*Beti Bachao-Beti Padhao\*

\*Think of world without her\*.

# BRANCH ACTIVITIES : MUMBAI

JANUARY 2022



## FEBRUARY 2022

**Indian Academy of Pediatrics,  
Mumbai**

### Monthly Report February 2022

**President**  
Dr Rajesh Chokhani

**Hon. Secretary**  
Dr Nehal Shah

**Hon. Treasurer**  
Dr Amruta Shirodkar

Indian Academy of Pediatrics, Mumbai, 92/4, Geeta Building, 1st Floor, Next To Chhagan Mitha Petrol Pump, Dr. B. Ambedkar Road, Rani Laxmibai Chowk (Sion Circle), Sion (E), Mumbai - 400 022.  
Email : mbiap@yahoo.com | Tele : +91-22-24045803 Mobile No: 8369601772

Not for Sale      For Private Circulation only

### NATIONAL DEWORMING DAY 10<sup>TH</sup> FEB 2022

The National Deworming Day (initiated in 2015) was celebrated in JJ hospital Pediatric OPD and ward, supported by the IAP Mumbai Branch. The event was attended by patients, mothers, resident doctors, faculty and staff nurses.

Dr. Vinita Tripathy, 3rd year MD student, gave a health talk on personal hand hygiene. She emphasized the importance of proper handwashing technique to prevent intestinal parasitic infestation. Albendazole syrup/ tablets along with hand sanitizers, liquid soaps, nail cutters and hand towels were distributed among the patients.

Co Ordinator:  
Dr Bela Verma, Professor and Head, Pediatrics.

**J.J. Hospital**

**IAP, MUMBAI**

OFFICE BEARERS

 <small>President Dr Rajesh Chokhani</small>	 <small>Past President Dr Vinay Joshi</small>	 <small>Hon. Secretary Dr Nehal Shah</small>	 <small>Hon. Treasurer Dr Amruta Shirodkar</small>
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RESEARCH & ACADEMIC AFFAIRS COUNCIL

<small>Dr Y K Amdekar</small>	<small>Dr M R Lokeswar</small>	<small>Dr Manita Manglani</small>	<small>Dr Bela Verma</small>
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EXECUTIVE BOARD MEMBERS

 <small>Dr Minhaj A Sheikh</small>	 <small>Dr Muthulakshmy</small>	 <small>Dr Preetha Joshi</small>	 <small>Dr Rajesh Kasla</small>	 <small>Dr Sameer Sadawarte</small>
 <small>Dr Srikant Jamdade</small>	 <small>Dr Sikha Agarwal</small>	 <small>Dr Sushant Mane</small>	 <small>Dr Sushma Save</small>	 <small>Dr Vinaykumar Mishra</small>

TRUSTEES

<small>Dr Bakul J Parekh</small>	<small>Dr Bipin Shah</small>	<small>Dr Uday Pai</small>
<small>Dr Vijay Tuteja</small>		<small>Dr Bharat R Agarwal</small>

CENTRAL IAP

<small>Dr Remesh Kumar R President</small>	<small>Dr Vineet Saxena Hon. Secretary</small>	<small>Dr Samir Dalwai Treasurer</small>	<small>Dr Purna Kurkure Joint Secretary (Administrative) 2022</small>
		<small>Dr Bela Verma EB Maharashtra</small>	

### INTERNATIONAL CHILDHOOD CANCER DAY 15<sup>TH</sup> FEB 2022

They ride tricycles in the hospital corridors, not in the park...  
 They know the names of their chemos more than their classmates...  
 Nurses and Doctors are their new family...  
 The counsellor is their DIDI and their BEST FRIEND ♡ ☐  
 They think hair is overrated...  
 Their laughter can make a grown up person cry...  
 If you've ever seen a kid fight cancer, it will change your life forever...  
 Keeping up with our theme of Your Need-Our Concern

Team MBIAP on the occasion of International Child Cancer Day this year, made a visit to the pediatric hemato-onco ward of the Sion Hospital. With the permission and the kind cooperation of Dr Sujata Sharma, we distributed various entertainment materials in the form of Picture books, Board games, Activity kits, Art and Craft material, Toys for younger kids, etc. for use in the ward for the admitted patients. There were activity kits distributed to the children visiting the opd.

## FEBRUARY 2022

The request came from their ward psychological counsellor and social worker for the need of such material to brighten up the lives of these kids battling cancer. The parents of these patients were also spoken to and given emotional support to face these very difficult times. It was truly heartening to share the little joy and happiness of these angels in our very small way



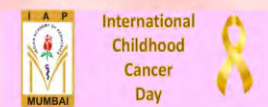
## RARE DISEASE DAY: 28<sup>th</sup> Feb 2022



"He looks like a perfectly normal child. You would never know that he is fighting daily for his life." The Rare Disease Day is a day to raise awareness for the children with conditions, diseases and illnesses which are overlooked in the shadows and unknown... Access to treatment and care with research and development need progress for more than 300 million such people worldwide. Celebrated on the 28th of February each year, this day should create awareness amongst us fellow child health care providers to pick up subtle markers, suspect, follow and refer a child at the earliest for investigations and management of these rare diseases.

RARE IS THE UNION OF BEAUTY AND PURITY. Dr Murlidhar Mahajan, Clinical Geneticist provided us with a small video on this day which was circulated.

## ONLINE EVENT FOR PARENTS ON CHILDHOOD CANCER DAY



**International Childhood Cancer Day**

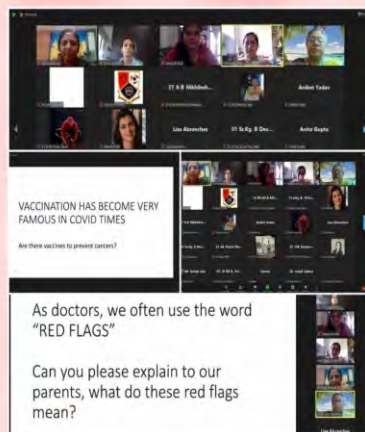
On the occasion of International Childhood Cancer Day, IAP Mumbai is organizing an online event for parents to increase awareness about childhood cancer.

**WHAT SHOULD I KNOW ABOUT CHILDHOOD CANCERS?**

Pediatric cancer EXPERTS  
**Dr. Shweta Bansal** | **Dr. Sujata Sharma**  
 MODERATOR  
**Dr. Nehal Shah**

DATE: 15 Feb 2022, TIME : 3 pm to 4 pm  
 Do join in for this excellent and informative session.  
 Zoom Details:  
 Meeting ID: 899 3811 1039 Password: 12345

Dr. Rajesh Chokhani | Dr. Nehal Shah | Dr. Ananta Shindekar



On the occasion of International Childhood Cancer Day, IAP Mumbai branch organised an online awareness session for the parents of a school.. "What should I know about Cancer?" focused on certain lifestyle modifications to prevent cancers in children when they grow up by avoiding exposure to carcinogens and promoting optimal health by encouraging the introduction of Protective Foods from early childhood. It gave away very clear and precise points to clarify certain myths related to Childhood Cancers. The very interactive 60 minute session highlighted certain warning symptoms and signs in children to seek timely medical help. The session was moderated by Dr Nehal Shah with Dr Sujata Sharma and Dr Sweta Bansal as expert panelists.

## 'PEDIATRIC TEACHING FILES' – PG teaching program BY IAP MUMBAI.

The pediatric teaching files, a post graduate teaching program is running successfully. The following topics were covered in the last month.

Date	Time	Faculty Name	Topic
02-02-2022	3 - 5 pm	Dr Y K Amdekar	Virtual cases
		Dr Rajesh Chokhani	
04-02-2022	6 - 8 pm	Dr Vrajesh Udani	Approach to an infant with seizure on D 2 of life Case presentation in Neurology
09-02-2022	3 - 5 pm	Dr Pankaj Deshpande	Nephrology OSCEs
16-02-2022	3 - 5 pm	Dr Mamta Manglani	Approach to a 2 d old neonate with anemia Case presentation - Anemia
23-02-2022	3 - 5 pm	Dr Tushar Maniar	Approach to a case of exanthematous fever in a 14 mth old child Approach to a child with persistent pneumonia Case presentation
25-02-2022	3 - 5 pm	Dr Kshitij Sheth	Cardiology OSCEs

## MARCH 2022



### MONTHLY REPORT March 2022 IAP MUMBAI

**Dr Rajesh Chokhani**

PRESIDENT

**Dr Nehal Shah**  
SECRETARY

**Dr Amruta Shirodka**  
TREASURER

#### EVENTS CONDUCTED IN March 2022

- IAP Mumbai conducted a wide range of activities in the month of March 2022. March was a month of celebrations with various events and days being celebrated and emphasized on by the entire team of IAP Mumbai.
- The following are the days/weeks that were celebrated in March
- World Hearing Day
- World Obesity Day
- International women's day.
- World kidney day
- National Vaccination day
- World young rheumatic disease day
- World down syndrome day
- Child and adolescent health week celebrations (Teenage day, IAP Healthy Lifestyle day, Daughters day Celebration)
- World TB day

#### WORLD HEARING DAY 3<sup>RD</sup> MARCH



The 3rd of March is celebrated as the "World Hearing Day each year globally. The theme for this year is: "To hear for life, listen with care!" A child's hearing is so critical for his development. Even partial hearing loss can result in an impaired ability to speak and acquire language, with various consequences like:  
 \*Communication difficulties.  
 \*Lack of concentration.  
 \*Embarrassment and depression.  
 \*Low self esteem and isolation.  
 \*Headache and stress.  
 \*Communication leads to community, that is, to understanding, intimacy and mutual valuing"....

- IAP Mumbai released a small video by Dr Shruti Bansal, Pediatric ENT specialist on this occasion that highlights the benefits of Early Hearing Screening in Newborns and the follow ups in high risk children.
- As add on activities on the World Hearing Day, members of MBIAP very enthusiastically released videos for parental awareness on the need for Universal Newborn Hearing Screening. The BMC has launched this programme in all public hospitals across the city on this day to promote and screen maximum number of newborns for hearing impairment.
- Videos were released by Dr Bela Verma, Dr Amin Kaba and Dr Adam Farooq

#### World Obesity Day(4<sup>th</sup> March) and World Young Rheumatic Disease Day(18<sup>th</sup> March)

Various activities were planned by Team IAP Mumbai to celebrate these 2 important days.

##### Parent awareness sessions

**Virtual sessions** in school (both on obesity and bone health)

12th March: CNMS & ND Parekh ICSE School, Vile Parle West

26th March: Ajmera Global School, Borivali West

26th March: SVKM's JV Parekh International School, Vile Parle West

##### Physical sessions in school

5th March: Veer Bhagat Singh International Schol, Malad

11th March: Carmel of St. Joseph School, Malad

##### Post Graduate Students teaching

8th March: Dr. R.N.Cooper Hospital, Juhu

Lecture on Approach to Obesity and Approach to a child with arthritis and PGALS examination

##### Practising Pediatrician CME (with MMC Credit point)

6th March: At Hotel Orchid, Vile Parle

##### Activity for parents and kids with arthritis

23rd March: At B.J.Wadia Hospital for Children

Drawing conception for the kids

Interactive session with parents

## World obesity day video release

Dear Friends,  
**This World Obesity Day**,  
 4<sup>th</sup> March 2022  
 Let's all pledge to act together towards  
 healthier, happier and longer lives.

1. As pediatricians we have the **SUPERPOWER** of detecting kids being overweight and obese early on.

2. Yes, it's unlikely that a kid would present with a symptom of being little chubby hence please use the **superpower** of using the **Growth Charts** for all children under your care.

3. It's a busy OPD and consultation also involves addressing the primary disease at hand then in such situations one may make use of technology too namely **BMI calculators**, **IAP growth chart apps** and **empower** our clinic staff to use the same.

4. **Empathetically** addressing being overweight and obese with caregivers is the cornerstone.  
 @iapmumbai



- As we observe World Obesity Day globally on 4th March, IAP Mumbai hereby brings to you a short video by Dr. Ruchi Parikh\*, Consultant Pediatric & Adolescent Endocrinologist emphasizing and reminding us about the Childhood Obesity epidemic. The theme this year is "Everybody Needs to Act" and let's all pledge to act together to combat this rising epidemic by advocating healthy habits and detecting it early using Growth Charts in our day to day practice.

- Link to the video:  
<https://fb.watch/by0LCmApnx/>

## MARCH 2022

### School session on 5<sup>th</sup> March

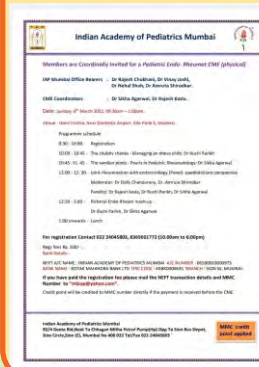
- As we reinvigorate our physical sessions with the first school activity on the eve of World Obesity day & World Young Rheumatic Disease Day we have received an overwhelming response!!
- IAP Mumbai proudly organized a sensitization seminar at Veer Bhagat Singh International School on 5th March 2022, a reputed school in western suburbs of Mumbai.
- It was attended by more than 450 parents in 2 batches between 10:30am to 12 noon & 1 pm to 2:30 pm.
- Our members Dr Rajesh Kasla & Dr Varsha Bhosle educated the parents in this interactive session about childhood obesity, its detection, long term implications, prevention & management.
- This talk also included importance of bone health in childhood. Parents' enthusiasm was obvious by their active participation in the seminar. The school authorities were also convinced about the importance of this education to parents.



### CME on World Obesity Day and World Young Rheumatic Disease day on 6<sup>th</sup> March

- **#KnowledgeSharedisKnowledgeSquared**
- To commemorate World Obesity Day and World Young Rheumatic Disease Day MBIAP is dedicated in its efforts. As an effort to knowledge sharing we organised a CME on the 6th of March at Hotel Orchid.
- It was attended by around 50 Pediatricians.
- Academically focused talks on their respective speciality was delivered by Dr. Ruchi Parikh and Dr. Sikha Agarwal.
- In the panel discussion Dr. Rajesh Kasla, Dr. Dolly Chandarana and Dr. Srushti Gandhi helped with the pediatric perspective.
- The pictorial tour led to spotters in endocrinology and rheumatology focusing on the importance of good examination in day-to-day practice.

### Glimpses of Endo Rheumat CME



More than 450 parents!! 2 physical sessions!!



### PG Teaching activity at R N cooper Hospital 8<sup>th</sup> March

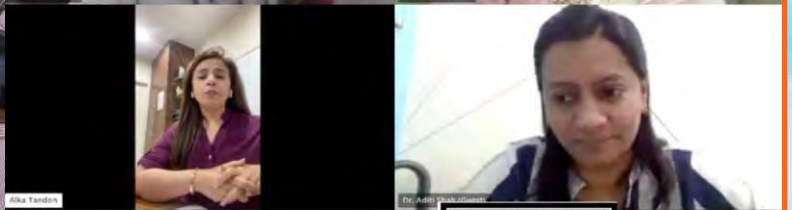
- **#Educating the gen next!!**
- As an organisation we are devoted to create a next generation par excellence!! And in this comes the responsibility to train our upcoming pediatricians, the Post Graduate Students
- As a part of our ongoing activities on the eve of World Obesity Day and World Rheumatic Disease Day we had a session for the PGs at Dr. R.N. Cooper Hospital, Juhu.
- It was attended by a very enthusiastic group of around 20 doctors.
- The talks by Dr. Alok Sardesai and Dr. Sikha Agarwal focused on identifying the problem in the OPD with leads on examination and treatment. Keeping up the positive energy and hopes to continue our efforts in all directions!!



**MARCH 2022**

# School session on 11th March

- #Change begins at home....And so we educate the parents!!
- As a continuation of World Obesity Day and World Young Rheumatic Disease Day activities, \*11th March \*(physical) and \*12th March \*(virtual), IAP Mumbai organized a sensitization seminar at two schools. Carmel of St Joseph School, Malad West, C.N.M. & N.D Parekh School, Vile Parle West, both reputed schools in western suburbs of Mumbai The physical one was attended by 100 parents and the virtual was attended by around 200 parents.
- Our members Dr. Rajesh Kasla, Dr. Aditi Shah, and Dr. Sikha Agarwal educated the parents in this interactive session on bone health and childhood obesity. Parents and teachers participated in this program actively.



## Glimpses of the school sessions

**MARCH 2022**

## Video release World Young Rheumatic Disease Day

18th March we observe \*World Young Rheumatic Disease Day. We shared a short video by Dr. Sikha Agarwal on the first step of clinical examination in a child with musculoskeletal complaints in our OPDs - The PGALS examination. This simple 2 minute screening examination helps us identify the affected joints and then a focused examination can be done.

Remember \*Kids get arthritis too\*

<https://www.facebook.com/1754419624801456/videos/687535075822460>

## World Obesity Day(4th March) and World Young Rheumatic Disease Day(18th March): Activity for parents and kids with arthritis 23<sup>rd</sup> March

On the Eve of World Young Rheumatic Disease Day, IAP Mumbai along with B.J Wadia hospital for Children celebrates the smiles of patient of Juvenile Idiopathic Arthritis and their families with a fun day!

Dr. Sikha Agarwal held an interactive session with the parents answering their queries .

Parents shared stories of their child's illness and encouraged each other.

A drawing competition for the 25 kids was organized, judged by Dr.Nehal Shah and Dr.Sumitra Venkatesh.



## World Obesity Day (4th March) and World Young Rheumatic Disease Day(18th March) : 26<sup>th</sup> March School Session

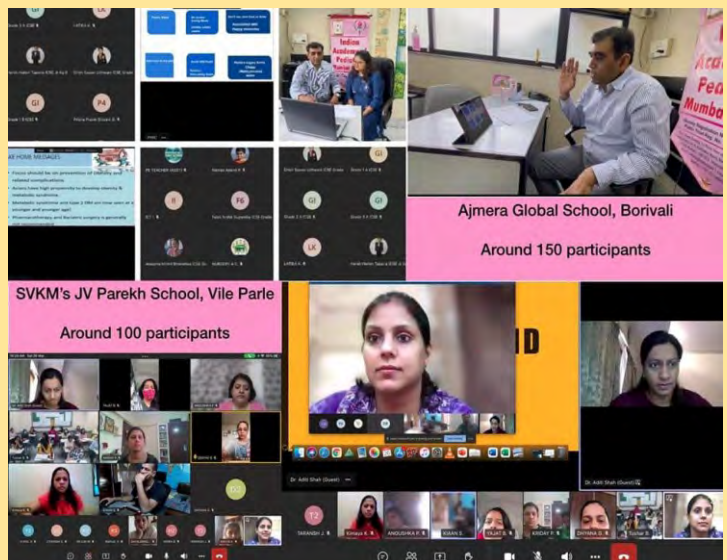
As a continuation of World Obesity Day and World Young Rheumatic Disease Day activities, 26th March, IAP Mumbai organized sensitization seminar at two schools.

- Ajmera Global School, Borivali West
- SVKM's JV Parekh International School, Vile Parle West, both reputed schools in Western Suburbs of Mumbai.

These were attended by 100-150 parents in each school.

Our members Dr.Rajesh Kasla, Dr.Pooja Doshi, Dr.Aditi Shah and Dr.Sikha Agarwal educated the parents in these interactive sessions on bone health and childhood obesity.

Parents and teachers participated in this program actively.





**MARCH 2022**

## Women's day video release: 8<sup>th</sup> March

- "WOMEN ARE THE TRUE ARCHITECTS OF OUR SOCIETY" With the passing away of every good thing from the Pandora's Box, only "HOPE" remains with us
- And that "HOPE" is certainly our Mother, Sister, Wife, Daughter.. "HOPE IS WOMEN" They are a symbol of POWER, God's finest and most beautiful creation without whom no creation is possible.
- To create awareness of respecting the Girl Child, a small video by Dr. Amin Kaba, Consulting Pediatrician
- .To all strong women, "May We Know Them..May We be Them...May We Raise Them..."
- Link to the video: <https://fb.watch/c7AZW3uH3f/>

## World kidney day 10<sup>th</sup> March

- "Behind every child with kidney disease there is an even stronger family who stands by them, supports them and loves them with all their heart...."
- Theme for this year is: Bridge the knowledge gap to better kidney care
- .#THE COMMUNITY-By encouraging the general public to adopt healthy diet and lifestyle to maintain good kidney health.
- #THE HEALTHCARE WORKER-To improve the recognition of young children with kidney disease and improve management of patients with CKD to tertiary kidney failure care.
- #THE PUBLIC HEALTH POLICY MAKER-To encourage adoption of policies and allocation of resources to tackle kidney care better.
- On World Kidney Day 2022 , MBIAP presents an important video message by Dr.Punit Chajjed, Consultant Pediatric Nephrologist.  
<https://www.facebook.com/1754419624801456/videos/1123421898423118>



## National Vaccination Day 16<sup>th</sup> March

Vaccines are the tugboats of preventive health.

Childhood vaccines are one of the greatest triumphs of Modern Medicine  
As pediatricians we have an important role to play.  
The National Vaccination Day is celebrated every year on the 16th of March  
The theme for this year is "Vaccines Work for All".  
Quick Facts:  
The NVD was first observed on 16th March, 1995 when the first dose of OPV was given.

On 27th March 2014 , India was certified as a Polio free country by the WHO.  
Mission Indradhanush was launched in 2014 by GOI to achieve full immunization coverage for all children and pregnant women. The GOI with the aforesaid mission aims to end all vaccine preventable childhood deaths by 2030.

GOI has launched the Corbevax Vaccine for 12 -14 years old today. Another milestone achievement.  
Serving the community with the gift of immunity.

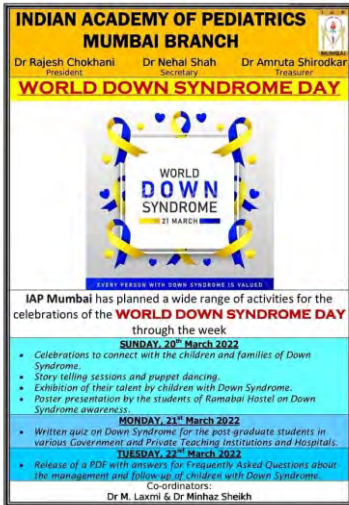


Renowned Senior Pediatrician and Vaccine Expert , Dr.Nitin Shah addressing the parents in this short video regarding Corbevax Vaccine for 12-14 years old on National Immunization Day.

<https://www.facebook.com/1754419624801456/videos/714464179729752>

## MARCH 2022

### World down syndrome day 21<sup>st</sup> March



Glimpses of the activity

### Down syndrome day celebration 20<sup>th</sup> March

Team MBIAP began its celebrations for World Down Syndrome Day by celebrating the hidden talents and fulfilling the hidden desires of these Extraordinary Angels.

We organized an Entertainment Extravaganza for 33 such Angels from all over Mumbai and even Pune. The dress code was blue and yellow.

We organized a storytelling session followed by a puppet show and dance by a professional artist Ms. Sherin Mathews. The kids enjoyed the show thoroughly.

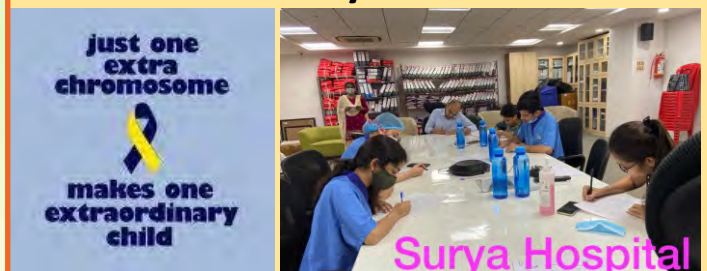
As a gesture of appreciation for their participation, we presented them with a personalized mug and a certificate.

It was truly the best ever experience to see the glow on their faces on receiving the same.

The students of the Pandita Ramabai Hostel created posters on Down Syndrome awareness which were displayed in the hall.

We express our sincere thanks to Dr. Shruti Bajaj, founder of PEHEL foundation to very kindly reach out and provide us with the contacts of these children. The event ended with distribution of snacks to all.

### Postgraduate quiz on Down Syndrome



On the occasion of World Down Syndrome Day, MBIAP conducted a quiz on Down Syndrome. 100 Postgraduate students from 11 hospitals across Mumbai participated in the quiz. The quiz was prepared and coordinated by Dr. Lakshmi. Dr. Disha Patel and Dr. Karan Kapari, both from SRCC Hospital got the 1st and 2nd prizes respectively. Dr. Akshay Wanvat of Sir J.J. Group of Hospitals stood at third place. We sincerely thank Dr. Soonu Udani (SRCC), Dr. Shrikant (KEM), Dr. Sushma (Nair), Dr. Rekha Solomonraj (Wadia), Dr. Sushant (JJ), Dr. Minhaj (Lilavati), Dr. Soumya Renji (Hinduja), Dr. Sikha (NMSH & Surya) for coordinating the quiz at their centers.

TEAM MBIAP is extremely happy to share a Pdf of the Frequently Asked Questions on queries pertaining to Downs Syndrome. The Pdf is formulated by Dr Sheikh Minhaj on behalf of Team MBIAP.

← Students taking the quiz at Surya hospital

## MARCH 2022

### Child and Adolescent Health Care Week (CAHCW)

- Child Health is vitally concerned with all aspects of children's growth and development with the unique opportunity that each child has to achieve their full potential as a Healthy Adolescent is a critical link in between Childhood and Adulthood characterized by significant physical, psychological and social transition.
- These transitions carry new risks but also present opportunities to positively influence the immediate and future health of young people.
- IAP MUMBAI celebrates the IAP CHILD AND ADOLESCENT HEALTH CARE WEEK (CAHCW) from March 21-March 27, 2022 with a host of events..It is an attempt to not only to educate or create awareness amongst children and adolescents regarding healthy physical lifestyles and optimum mental health, but would also to celebrate the well-being of these children by various cultural events..



### Glimpses of the event



### CAHCW Event at Red Boys foundation NGO BKC (Teenage day) 21<sup>st</sup> March 2022

TEAM MBIAP began the celebrations of the IAP CHILD AND ADOLESCENT HEALTHCARE WEEK by organizing the Teenage Day Activity in association with the NGO, Red Boys Foundation at a center for underprivileged children at BKC. The NGO focuses on their theme Shiksha, Raksha, and Suraksha. We went about our theme, "Your Need..Our Concern." They requested for an awareness session on the physical health and mental well-being of their teenagers, a group of about 40 board exam going girls and boys..

The speaker, Dr.Nehal Shah with a PowerPoint presentation emphasized on the avoidance of JUNC'S in their diet and how to maintain a healthy FOOD PLATE. Importance of adequate water intake for hydration and overall fitness if teenagers were discussed

Dr.Amruta Shirodkar took an AV session on Mental Health. She addressed the methods to overcome exam anxiety and stress to enable them to perform their best.

A yoga expert, Mrs.Ankita Shah demonstrated simple yoga asanas to help cope with postural aches. She also taught them simple breathing exercises to allay exam fear.

### CAHCW Week celebration: PG teaching Activity 23<sup>rd</sup> March (IAP Healthy Lifestyle day celebration)

- As a part of Child and Adolescent Health Week Celebrations, an adolescent health teaching session was organised for students at KEM Hospital by IAP Mumbai and Department of Pediatrics, KEM Hospital.
- Dr.Amruta Shirodkar shared information on Approach to an Adolescent patient and Dealing with Adolescent Stress and Anxiety.
- Dr.Jagruti Sanghvi enlightened the students about Menstrual problems in Adolescent girls and PCOS.
- The session was attended by post graduate and undergraduate students of KEM Hospital. It was an interactive and exciting session sensitising the students to Adolescent Health Issues.



## MARCH 2022

### CAHCW Week celebration : Daughters Day event at NGO Manav Seva Sangh 24<sup>th</sup> March

Teach your child self defense over cooking...

A gol roti won't change her life but AWARENESS will..."

TEAM IAP MUMBAI very proudly culminated it's activities of the CAHCW by the Daughters Day Celebrations at the Shree Manav Seva Sangh, Sion.

This is an institute that shelters around 120 underprivileged girls.

There was an awareness session by Dr Amruta Shirodkar on Menstrual Hygiene for the teen girls. The talk sensitized the girls on Menarche, Menstrual Cycle and Safe Menstrual Practices.

"Feeling confident in your ability to protect yourself empowers you to live with LESS FEAR and MORE FREEDOM."

How better could this be achieved on a day for the daughters by nothing less than teaching them the art of self defense.

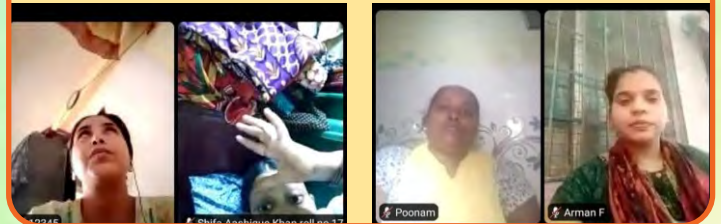
We were fortunate to have The Phoenix Martial Academy send us 2 of their best \*Taekwondo experts, \* Esha Shah and Ms. Shelmony.

The inmates engaged in this demonstration very enthusiastically. The trustees requested for a regular session weekly henceforth for the other batches as well.

The event ended with a small Ex Tempore 1 min talk by the girls on One Reason That Makes Them Proud On Being A Girl.

### CAHCW Week celebration: Online awareness session for parents 26<sup>th</sup> March

- As a part of the celebrations of the \*IAP Child and Adolescent Health Care Week,\* IAP Mumbai conducted an \*Online Awareness Session\* for Parents of the underprivileged children from \*Mankhurd\* in association with the \*NGO Apnishala Foundation\* on \*'Healthy and Risky Medication Practices'.\*
- The session was attended by \*more than 50 such parents who very actively interacted with our President, Dr Rajesh Chokhani\* on problems related to common illnesses in children and their basic management.
- He made them aware of the \*red flags\* to watch for during the course of the illness and seek immediate medical attention for the same. The entire session was communicated in the local language making it very simple and clear for the participants to engage in a dialogue without any hesitation.

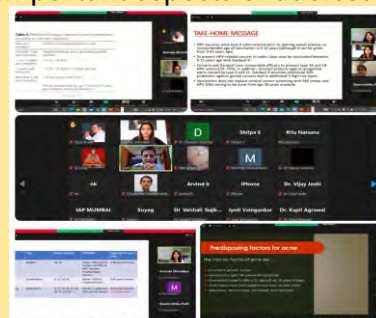


### Glimpses of the event



### CAHCW Week celebration: Adolescent CME 27<sup>th</sup> March

- As a part of the IAP CHILD AND ADOLESCENT HEALTHCARE WEEK celebrations, IAP Mumbai organized an online CME on 27th March on pertinent adolescent issues. The CME was held over the Zoom platform of IAP Mumbai.
- Various facets of Adolescent Health issues like Psychological issues, Acne, PCOS, HPV vaccine updates were discussed in a very informative manner by the esteemed faculty.
- All sessions were interactive and the delegates were actively involved in participating in varied discussions.
- The CME largely helped in touching upon important aspects of adolescent health.



## MARCH 2022

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### World TB Day 24<sup>th</sup> March

To justify the message of "Its Time to End TB" and take appropriate measures for it, TEAM MBIAP conducted a plethora of activities at the Sir JJ Group of Hospitals. Dr.Bela Verma and Dr.Nehal Shah coordinated the program. There was a Poster Talk to parents by the staff nurses.

There were health awareness talks busting the myths, need for early referral and complaint treatment with followup ...to the patients attending the OPD services and in the Wards.

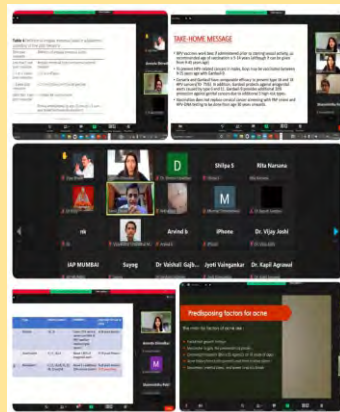
The highlight of the program was a SKIT designed and enacted by the staff nurses. There was distribution of POUŠHTIK dry fruit packets to the affected children. This was supported by NGO " Chetna Foundation " .

The event was very well appreciated.



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### Glimpses of the event



### World TB Day, 24<sup>th</sup> March

The World Tuberculosis Day is observed each year on the 24th of March. It is designed to build public awareness about the global epidemic of tuberculosis and efforts to eliminate the disease.

On this day IAP Mumbai is proud to share the distinguished achievements of two of its members..Dr. Bela Verma is now the Joint National Coordinator for the NTEP program and Dr.Sushant Mane has been acknowledged as a contributor to the ' WHO Consolidated Guidelines on Management of TB in Children and Adolescents, 2022'.

The theme for this year is

" Invest to End TB , Save Lives"

It conveys the urgent need to invest resources to ramp up the fight against TB. Team MBIAP plans the following activities through the week to acknowledge and create awareness of this dreaded disease and measures to overcome it.

**INDIAN ACADEMY OF PEDIATRICS MUMBAI BRANCH**

Dr Rajesh Chokhani President, Dr Nehal Shah Secretary, Dr Amruta Shirodkar Treasurer

**WORLD TB DAY CELEBRATIONS**

**INVEST TO END TB SAVE LIVES**

IAP Mumbai has planned a wide range of activities for the **WORLD TB DAY CELEBRATIONS** at the **SIR JJ GROUP OF HOSPITALS** through the week

**THURSDAY, 24<sup>th</sup> March 2022**

- Inauguration
- Poster Walk
- Rangoli

**FRIDAY, 25<sup>th</sup> March 2022**

- Public Awareness Talk in OPDs and Ward.
- Skit by Resident Doctors on TB Awareness.
- Distribution of "POUŠHTIK" Food Packets to TB Patients.

**SATURDAY, 26<sup>th</sup> March 2022**

- Health Talk for Staff Nurses on TB Awareness.
- Skit by Resident Doctors on TB Awareness in OPD.

**SUNDAY, 27<sup>th</sup> March 2022**

- NTEP UPDATE Physical CME

### World TB Day

Various activities were done at the \*Nair Hospital\* on the occasion of the \*World Tuberculosis Day on 25<sup>th</sup> March

Dr Sushma Save co-ordinated the following activities:..Health talk by Dr Sushma Save in the Pediatric OPD.

Poster exhibition by the student Nurses on World TB Day at Nair Hospital.

Skit by the Community 1st year Nurses students with their mentors..Health talk was taken by Dr Murtuja Shaikh, Assistant Professor at Nair Hospital.



## MARCH 2022



World TB Day:  
Poster exhibition  
Nair Hospital



### World TB Day: Skit By nurses and resident doctors

The celebrations of the \*WTBD\* saw a whole lot of activities on its third day. \*Dr Sushant Mane,\* the Co-ordinator of the program, conducted Counselling Sessions for the patients and organized TB awareness lectures and skits by the resident doctors and the staff at various places in the hospital. He also organized charity with the Chetna Foundation to give away High Protein, Healthy Nutrition packets to the TB patients.

The \*Pediatric TB OPD\* started in February 2019, under the State Pediatric Center of Excellence for TB, \*Department of Pediatrics, JJ Hospital.\* It caters to patients of Drug Sensitive & Drug-Resistant TB which are referred from Mumbai, Navi Mumbai, Thane and rest of Maharashtra.

The OPD provides \*services\* like:

- Free diagnosis and treatment
- Regular Follow up
- Adverse Drug Reactions monitoring
- Counselling sessions to parents and patients.
- Training of medical and para medical staff and NTEP personnel.

In 2021, it catered to \*1091 patients\* of Pediatric Tuberculosis, including the newly diagnosed and the follow up cases. The \*Pediatric Center of Excellence for TB at JJ Hospital\* gives all services \*free of cost\* including the advanced diagnostics like Bronchoscopy, Interventional radiological procedures, biopsies etc. apart from drug treatment and follow up.

On the occasion of World TB Day Celebrations, there were decorations with Rangoli and poster presentations by the staff nurses of Sir J.J. Group of Hospitals, Mumbai.

The resident doctors have talks on TB awareness to about 40 patients of the infectious ward. 2 TB warriors sharing their experience. Link <https://www.facebook.com/1754419624801456/videos/1934721036736217>

### World TB day: NTEP Update CME 27th March

The last day of the 4-day World Tuberculosis Day Celebrations culminated with the grand NTEP Update CME at the Sir JJ Group of Hospitals, Mumbai.

The program had the cream of nationally acclaimed experts in the field of TB as faculty.

Dr.Suhas Prabhu, Dr.Dhanya Dharmapalan, Dr.Abhay Shah and Dr.Bela Verma simplified the various aspects regarding TB diagnosis and management via the module.

The session was physically attended by around 65 delegates which included the practicing pediatricians and the PG students from various teaching hospitals across Mumbai.

Crisp guideline modules with video demonstrations of common procedures was appreciated by the attendees.

The NTEP Update began with a pre test questionnaire and ended with a post test questionnaire to assess the participants understanding of the confounding disease.



### Glimpses of the event



### Pediatric Teaching Files: PG Teaching Activity March 2022

IAP Mumbai continued with the PG teaching activity, **Pediatric Teaching Files**. The following topics were covered in March 2022

March 2022 : Pediatric teaching files					
Day	Date	Faculties Name	Time	Case	Topics
Wed	02-Mar	Dr.Amdekar	3 to 5	1	1)Discuss briefly the DD and management of a 3 year old unimmunised child presenting with fever and mild for 3 days 2)Write the pathogenesis of edema in nephrotic syndrome 3)Case Presentation
Thu	08-Mar	Dr.Suhas Prabhu	5.30 to 7.30	1	1)Approach to a 9 year old child whose parents report concern that their child is short 2)Case Presentation
Fri	11-Mar	Dr. Sumitra V	3 to 5		Virtual cases : Cardiology
Wed	16-Mar	Dr. Siba Agarwal Dr. Tuskar Meniar	3 to 5	1	1)Approach to a child with a painful limp 2)Case Presentation
Wed	23-Mar	Dr. Shukanta Prabhu	3 to 5	1	1)What is the mechanism of SVT and what is the mode of action of adenosine in SVT 2)What is the pathophysiology of hypovolemic shock ? 3)Case Presentation

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## MONTHLY REPORT April 2022 IAP MUMBAI

Dr Rajesh Chokhani  
PRESIDENT

Dr Nehal Shah  
SECRETARY

Dr Amruta Shirodkar  
TREASURER

### Online Parent Awareness session for Autism 1<sup>st</sup> April 2022

IAP Mumbai conducted an Online Bal Vikas Awareness Session for Parents of the pre-primary and 1<sup>st</sup> Std students, of Mumbai Public School, Andheri West.

The session was conducted over the ZOOM platform of IAP Mumbai, by Dr. Srushti Gandhi with the help of Dr. Amruta Shirodkar, and parents were made aware of the developmental milestones expected for their children, the red flags to watch for, the importance of play and responsive parenting. The entire session was communicated in the local language making it very simple and clear for the participants to engage in a dialogue without any hesitation.



### Activities conducted by IAP MUMBAI in April 2022

- Autism Awareness Month
- Endocrinology CME
- IAP-NRP-FGM program
- National Safe Motherhood Day
- Hepatitis A Module
- Early Childhood Development (NC-ECD Workshop)
- AP-IADVL" DERMA CME
- National Malaria day
- National immunisation week
- Derma CME : IAP-IADVL

### Autism awareness day event at Bal Asha Trust 4<sup>th</sup> April 2022



### Autism awareness month

- IAP Mumbai is celebrating World Autism Awareness Day, 2022
- This day is celebrated each year on the 2nd of April to highlight the need to help improve the quality of life of those with Autism so they can lead full and meaningful lives as an integral part of the society.
- Team MBIAP presented a simple guide prepared by Dr Samir Dalwai and Dr Barkha Chawla to the important clinical clues to pick up early ASD in general pediatric practice.



ASD red flags.pdf

### Activity at Bal Asha Trust

IAP MUMBAI conducted an awareness session for the parents, staff and caretakers at a NGO, \*The Bal Asha Trust at the King George V Memorial, Mahalaxmi along with a fun activity with the kids affected by this condition.

Once again IAP MUMBAI was truly honored to live up to their expectations. They had requested for a list of instruments namely balance beam, balance boards, swing, pegboards, Walker, teaching aids and few constructive games to improve their skills, which we catered to.



## APRIL 2022

### Autism Awareness Activity at Goregaon English School

- As a continuation of its activities in the celebrations of the Autism Awareness Month, IAP Mumbai\* conducted a unique ; one of its kind ; autism awareness session for Teachers at Goregaon English School.
- This session was conducted for the Teachers of the school to help them understand about Autism and measures that can be taken in school to help the child gain maximum potential at school.
- The session was conducted by Dr Samir Dalwai, the pioneer in this field , and his team from New Horizons Foundation - Ms Madhuri Joshi Bhawe and Ms Simeen Mullaji . It was well attended by the Trustees, the Principal and the Teachers.
- The session was an interactive one where the Principals and Teachers shared their experiences when children were diagnosed to have Autism Spectrum Disorder.



### IAP-NRP-FGM program 10<sup>th</sup> April 2022

IAP MUMBAI conducted IAP-NRP-FGM program for the IAP members on the 10<sup>th</sup> April, 2022 at the IAP MUMBAI office, Sion East, Mumbai.

As a high number of aspirants responded to register for the program, the coordinators had to short list the nos for space constraints and to maintain a workable ratio of 6 participants per instructor for the smooth facilitation. Manuals were distributed to all participants well ahead of the course, to read and come.

IAP-NRP-FGM,\* The New-born Resuscitation Program: \*First Golden Minute Project,\* is a structured program that aims to train about \*200,000 health professionals\* in \*Basic New-born Care and Resuscitation\* with an ultimate aim to have at least one person trained in neonatal resuscitation at every delivery.

20 of the 24 IAP members who registered, attended the program and all of them (100%) passed. All the registered delegates interacted very enthusiastically.

Dr. Anjali Otiv was the lead faculty instructor. Dr Sagar Lad and Dr Preeti Lad from Pune and Dr Omprakash Jamadar from Apollo Navi Mumbai were other faculties. Dr Neelesh Anand from Navi Mumbai was the Observer faculty.

Our EB Member Dr. Sameer Sadawarte was the Course Coordinator.

### Autism awareness activity at Muskaan foundation

14<sup>th</sup> April 2022.

- As a continuation of its activities in the celebrations of the Autism Awareness Month, IAP Mumbai conducted an autism awareness session for parents at Muskaan Foundation Bandra east.
- The foundation maximises the potential of children with multiple disabilities by providing customised low cost therapies and special education under one roof. It also assists in empowering parents with the knowledge, skills and confidence to support their child's unique needs and development.
- The session was conducted by Dr Pranjal Kale and Dr Amruta Shirodkar. Dr Pranjal Kale explained the importance of timely diagnosis, acceptance and early intervention to the parents. The session was interactive with parents asking questions and sharing their experiences.
- Each child was given a small gift as a token of appreciation.



### IAP-NRP-FGM program 10<sup>th</sup> April 2022



### Endocrinology CME 10<sup>th</sup> April 2022

IAP Mumbai conducted a half day Endocrinology CME at Hotel Karl Residency, Andheri.

The faculty were Dr Akanksha Parikh, Dr Ravindra Chittal, Dr R. D. Khare and Dr Aditi Shah who wonderfully discussed use of Growth hormone in SGA babies, Metabolic problems in SGA babies, PCOS and Hypothyroidism.

All the 40 pediatricians who attended the session interacted very enthusiastically.

All in all, it was a wonderful, well appreciated and a welcome physical learning experience



### National Safe Motherhood Day 11<sup>th</sup> April

- IAP Mumbai celebrated this day at the Sir JJ Group of Hospitals, Mumbai by organizing awareness sessions for expectant mothers.

- The talks were given by Dr. Ashok Anand, HOD Gynaecology Dept, Dr. Bela Verma, HOD Pediatrics, Dr. Sushant Mane, Associate Professor Pediatrics and Dr. Nehal Shah, Secretary MBIAP.

- The session was very actively attended by more than 50 expectant mothers.

- IAP Mumbai was indeed very happy to distribute Sampoorna Aahar packets to the mothers in the form of Jaggery, Chana and Chickis.





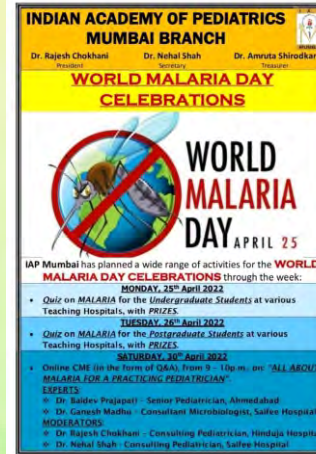
APRIL 2022

## Hepatitis A module 17<sup>th</sup> April

- The Hepatitis A Module\* organised collectively by IAP Mumbai, Navi Mumbai, Nasik, Nandurbar and Malegaon on Sunday, April 17, 2022 on a virtual platform was a wonderful example of team work and coordination with a galaxy of expert speakers - Dr. Basavaraj, Dr. Mohit Vohra, Dr. Rimjhim Shrivastava, Dr. R. K. Gupta and Dr. Sachin Patil on Hepatitis A.
- A complete detailed module devised by National Coordinator, Dr. Bhaksar Shenoy and Jt. Coordinator, Dr. Sachin Patil.



## World Malaria Day 25<sup>th</sup> April activities by IAP MUMBAI



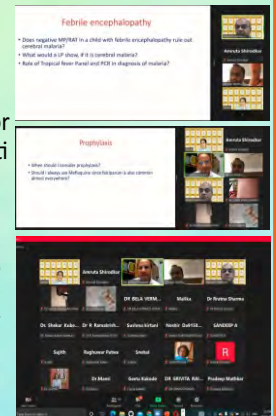
## Nurturing Care for Early Childhood Development (NGECD) workshop

- IAP Mumbai conducted the Nurturing Care for Early Childhood Development (NC-ECD) workshop on the 24th of April at the IAP Mumbai branch office, Sion.
- It was an excellent interactive workshop with the most eminent faculty.
- The Chairperson of the NC-ECD Steering Committee Dr. Piyush Gupta, Dr. Samir Dalwai (National Coordinator), Dr. Anand Deshpande and Dr. Neelima Bhandarkar conducted the module along with Dr. Minhaj Shaikh as Observer Faculty, with an active participant interaction and enthusiasm.
- It was a half day session with the speakers covering the theoretical aspects of the topic in the first half and the other half with hands-on workstations on the same.
- The workshop was attended by 26 Delegates.
- In all, it was an extremely enriching experience for a general pediatrician in various aspects of ECD.



## ONLINE CME 29<sup>th</sup> APRIL

IAP Mumbai conducted an online CME on "All About Malaria To A Practicing Pediatrician" on Friday, 29th April at 9-10.30 pm. The faculty comprised our senior clinician par excellence Dr. Baldev Prajapati and Consultant Microbiologist, Saifee hospital Dr. Ganesh Madhu. It was a very interactive session with about 110 enthusiastic audience participating on the various clinical aspects, laboratory tests and treatment of varied manifestations of malaria. Lots of queries of the delegates were answered by the faculty in a very logical and satisfying manner.



## Nurturing Care for Early Childhood Development (NCECD) workshop



## Quiz on Malaria for UGs and PGs

IAP Mumbai successfully conducted the Undergraduate and the Post graduate quiz on Malaria at the Sir JJ Group of Hospitals, KEM hospital, Wadia hospital, SRCC Hospital, Bhatia Hospital, Fortis Hospital, Lilavati Hospital, Nanavati Hospital, Hinduja Hospital, Ruxmani Lying in Hospital.

The winners in the Undergraduate Category are

- 1) Dr. Bhagyashree Prabhu-KEM Hospital
- 2) Dr. Shreya Raul, Dr. Renil Titus, Dr. Rushikesh Rathod-KEM Hospital

The winners in the Postgraduate Category are

- 1) Dr. Ratnapriya Chowdhry-KEM Hospital
- 2) Dr. Saachi- Hinduja Hospital

We thank Dr. Soumya Renji, Dr. Nehal Shah, Dr. Amruta Shirodkar, Dr. Sikha Agarwal, Dr. Radhika, Dr. Srikant Jamdade, Dr. Minhaz Sheikh, Dr. Sameer Sadawarte and Dr. MuthuLaxmi to coordinate and conduct the quiz at various hospitals.



**APRIL 2022**

# Pediatric teaching files (PTF)

The following topics were covered by IAP Mumbai as a part of its post graduate teaching program.

Date	Day	Time	Speaker	Topic
01-Apr	Friday	3-5 PM	Dr. Tushar Maniar	Case discussion : Down's syndrome
05-Apr	Tuesday	6-8 PM	Dr. Anurag Bajpai	1. Theory question : Approach to a newborn with ambiguous genitalia 2. Virtual case discussion ( Endocrinology )
13-Apr	Wednesday	3-5 PM	Dr. Pankaj Deshpande	1. Approach to a child with recurrent gross hematuria 2. Approach to a child with antenatal hydronephrosis 3. virtual case discussion ( Nephrology )
20-Apr	Wednesday	5-7 PM	Dr. Sudhir Sane	1. Approach to a 2 year old child with Failure to thrive 2. Explain the principle of treatment of Kawasaki disease
27-Apr	Wednesday	4 - 6 PM	Dr. Amdekar	1. Approach to a child with PUO 2. A child presents with pallor. How will you analyse his CBC report to reach a possible diagnosis

MAY 2022

## MONTHLY REPORT

### MAY 2022

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Dr Rajesh Chokhani
Dr Nehal Shah
Dr Amruta Shiroadkar

PRESIDENT
SECRETARY
TREASURER

## Press Release

On the 4th of May 2022, IAP Mumbai did its bit to spread awareness about Asthma in the community by facilitating a newspaper article in the Navbharat Times. Dr Sushant Mane, EB member, IAP Mumbai, spoke to the press about the incidence of Asthma, its symptoms and signs, and how it can be controlled effectively but not cured. Dr Rajesh Chokhani, President IAP Mumbai also spoke to the press and explained how the diagnosis of Asthma evolves over a period of time based on recurrent



**बच्चों में लगातार बढ़ रहे केसेज के बढाई हेल्थ एक्सपर्ट्स की परेशानी, सरकार से ध्यान देने की मांग**  
**जागरूकता फैलाने 'वर्ल्ड अस्थमा वीक' की शुरुआत**

कोरोना महामारी के बाद अस्थमा की वृद्धि का खतरा बढ़ गया है। अस्थमा को नियंत्रित करने के लिए डॉक्टरों की सलाह और दवाइयों का उपयोग करना आवश्यक है। अस्थमा को नियंत्रित करने के लिए डॉक्टरों की सलाह और दवाइयों का उपयोग करना आवश्यक है।

- ### Activities conducted by IAP Mumbai in May 2022
- World Asthma Day activities
    - Press release
    - Activity in JJ OPD
    - Asthma Training Module (ATM)
  - NRP programme at the PD Hinduja Hospital
  - International Thalassemia Day Celebrations
    - Career Counselling for Adolescents and Adults with Thalassemia
    - Thalassemia Screening Camp for the Underprivileged young Adolescents
    - CME on Thalassemia
  - Case Challenge Event participation
  - Basic Life Support(BLS) and IAP Advanced Life Support (ALS ) course
  - 'Selfie with Staff' competition participation

## Activity in JJ OPD

The Department of Pediatrics, Grant Medical College, JJ Hospital along with IAP Mumbai celebrated “World Asthma Day” on 4th May 2022, in the Pediatric Asthma OPD Awareness about the early signs and symptoms of asthma along with the benefits of inhalation therapy were discussed.

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## World Asthma Day activities



## MAY 2022

### Asthma Training Module (ATM)

- As a continuation of the World Asthma Day Celebrations, IAP Mumbai in collaboration with the Respiratory Chapter of Academy of Pediatrics, Mumbai & The Lilavati Hospital, Bandra organized the Asthma Training Module (ATM) at the 5th floor Auditorium, Lilavati Hospital, Mumbai on the 29th May, 2022.
- The course was a wholesome mix of lectures and workstations
- **72 delegates** attended the interactive sessions giving a very detailed, yet a very simple and clear approach to management of wheezers under 5 years, in between 5-12 years and over 12 years category. The lectures were followed by 3 parallel workstations on the actual demonstrations and the practical tips to use the MDI with spacer, with and without face masks, DPI, use of Peak Flow Meter, Spirometry and Nebulizers.
- The expert faculties for the same were Dr Indu Khosla, Dr Uday Pai, Dr Ajit Gajendragadkar, Dr Mukesh Sanklecha and Dr Sheikh Minhaj Ahmed
- The entire programme was co-ordinated and managed by Dr Sheikh Minhaj Ahmed along with Team IAP Mumbai



**INDIAN ACADEMY OF PEDIATRICS  
MUMBAI BRANCH**  
Dr. Rajesh Chokhani (President), Dr. Nehal Shah (Secretary), Dr. Amruta Shirodkar (Treasurer)

**INTERNATIONAL THALASSEMIA DAY  
CELEBRATIONS**

**BE AWARE • SHARE • CARE**

IAP Mumbai has planned a wide range of activities through the week:

**SATURDAY, 7<sup>th</sup> May 2022**

- Career Counselling for Adolescents and Adults with Thalassemia, in collaboration with CTC, PHO & BMT Centre, Borivali.
- Venue: 1<sup>st</sup> Floor, Conference Hall, MCGM - CTC, PHO & BMT Centre, Borivali (East).

**FRIDAY, 13<sup>th</sup> May 2022**

- Thalassemia Screening Camp for the underprivileged young Adolescent GIRLS at the BKC slum in collaboration with Pediatric Hemato-Oncology Dept., Sion Hospital.
- Thalassemia Awareness Session for the Adolescent GIRLS at the BKC slum.

**SUNDAY, 15<sup>th</sup> May 2022**

- CME from 9:30am - 1:00pm on: "Thalassemia for the practicing pediatrician", in collaboration with CTC, PHO & BMT Centre, Borivali.
- Venue: 1<sup>st</sup> Floor, Conference Hall, MCGM - CTC, PHO & BMT Centre, Borivali (East).

### International Thalassemia Day Celebrations



### Career Counselling for Adolescents and Adults with Thalassemia

International Thalassemia Day was celebrated jointly by IAP Mumbai & MCGM Comprehensive Thalassemia Care-Pediatric Hemato-Oncology-BMT Centre on 7th May, by conducting a 4 hour long workshop on: "Career Counselling for Adolescents & Adults with Thalassemia" This program was conducted by Expert Counsellor **Vinodd Nayak** - Director Bharathaksha Foundation.

Beneficiaries- **24 Thalassemia patients & 20 parents.**

This session was very interactive. The faculty initially explained the various facets on the basis of which one can and one should choose a career. This was followed by participants answering Questionnaires and going through checklists, which gave them an idea about their own strengths and limitations. A small part of the session was exclusively focused on how parents should be handling their children. All the attendees participated enthusiastically in the interaction.

Dr. Mamta Manglanji Director, CTC PHO & BMT, gave a vote of thanks.

Dr. Rajesh Kasla was the Workshop Coordinator on behalf of IAP Mumbai, while Dr. Bansari Bhoite and Meghna Madani were the Coordinators from the Centre.

MAY 2022



## Thalassemia Screening Camp for the Underprivileged young Adolescents



- As a part of the World Thalassemia Day Celebrations, IAP Mumbai in collaboration with the Department of Pediatrics, Sion Hospital conducted a Thalassemia Screening Camp for the underprivileged young Adolescents of a BKC slum.
- Social workers of a NGO, Red Boys Foundation co ordinated with the beneficiaries to register them for this drive.
- There was a Thalassemia Awareness Session conducted by Dr Nehal Shah in their local language with visual aids for all the registered Adolescents in small batches to create awareness about Thalassemia and the need for screening.
- A total of **71 youngsters** were sampled for Thalassemia Screening.
- The test would also enable to pick up iron deficiency anemia and the Adolescents motivated to take iron supplements compliantly for 3 months and then re assessed.
- IAP MUMBAI is extremely grateful to Dr Radha Ghildiyal, HOD Pediatrics, Sion hospital and Dr Sujata Sharma, In-Charge Division of Pediatric Hemato Oncology & BMT, Sion hospital for their guidance and support of their hematology services for processing and analysing the samples of the camp.
- We also thank Dr Muthulakshmy, EB IAP Mumbai for her help during the camp.
- Chief Co -ordinators of the camp- Dr Nehal Shah and Dr Sujata Sharma.

## Results of Thalassemia Screening Camp

- The Thalassemia Camp reported 2 Young Adolescent girls with Thalassemia trait on the detailed analysis of the blood collected for CBC and HB Electrophoresis.
- About 10 girls with Iron deficiency Anemia, 7 with B12 deficiency and 4 with Folic Acid deficiency were also diagnosed.
- IAP Mumbai has distributed supplements to all these children for 3 months and called for follow up.
- Further the families of the 2 girls with Thalassemia trait are counselled for screening of the other siblings and parents to rule out the carrier state in them.

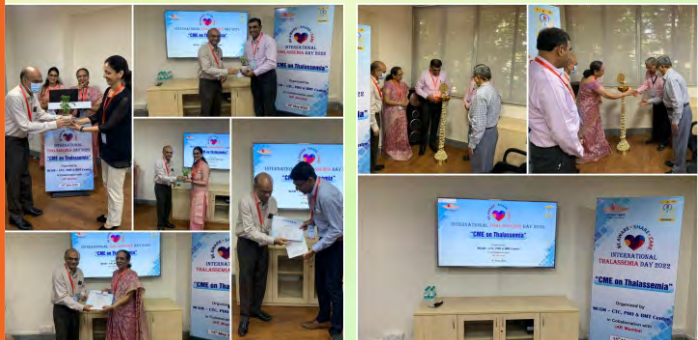


## CME on Thalassemia



- As a part of the World Thalassemia Day Celebrations, IAP Mumbai, in association with Comprehensive Thalassemia Care, Pediatric Hemato Oncology, and Bone Marrow Transplant Centre, MCGM, organized a half day CME on Thalassemia at CTC, PHO and BMT Centre, Borivali on 15th May from 9:30- 1:00 pm.
- The program started with a talk by Dr Kasla on when should general pediatricians suspect Thalassemia in office practice and what could be done at their level to prevent Thalassemia. Following this, Dr Manglik gave an excellent overview of how comprehensive care for Thalassemia goes beyond mere blood transfusions and chelation therapy. Dr Pranoti Kini guided delegates about blood transfusion practice while Dr Parth Ganatra gave them an idea about Bone Marrow Transplant and Gene therapy in Thalassemia. Finally Dr Amit Jain reinforced the concepts of Antenatal Diagnosis and Counseling.
- **50 pediatricians** attended with rapt attention and enthusiastic interaction and were credited with one MMC credit point.
- The whole program was coordinated by Dr Rajes Kasla, Dr Pranoti Kini and Dr Amit Jain.

MAY 2022



## Neonatal Resuscitation Program (NRP)

- IAP Mumbai conducted a Neonatal Resuscitation Program NRP course (Advanced) under the IAP Presidential Action Plan, 2022 in association with PD Hinduja Hospital, Mahim at the 4th floor auditorium P D Hinduja Hospital, Mahim, from 8:00 am to 5:00 pm on 08 May, 2022.
- The program had **37** registered delegates who were trained for the minor intricacies along with the major steps of neonatal resuscitation at the hands of a team of academic experts.
- The faculty comprised of Dr Anjali Otiv, Dr Prashant Dixit, Dr Omprakash Jamadar, Dr Jalil Mujawar, Dr Neelesh Anand and Dr Mohit Sahni.
- Dr Soumya Renji was the course coordinator from Hinduja Hospital.
- The feedback from the attendees was excellent for the science, the demonstration at workstations with one-to-one interaction and the Simulation for case scenarios.
- Dr Kamlesh Haria and Dr Sameer Shaikh were the faculty observers.



MAY 2022

## Case Challenge Event participation

- MAHA IAP has an ongoing Case Challenge Event conceptualized by Dr Mahesh Mohite which is conducted on the third Friday of each month as an online session.
- An expert faculty presents an interesting case to 2 competing teams of 3 members each representing their respective parent branches to crack down to the provisional diagnosis with the history, clinical examination findings and laboratory data provided.
- Dr Tushar Maniar of IAP Mumbai branch was the case moderator for the May session and he presented a case on lymphadenopathy.



## IAP BLS & ALS Course

- IAP Mumbai, in collaboration with PD Hinduja Hospital, Mahim, organized a Basic Life Support (BLS) and IAP Advanced Life Support (IAP ALS) course at the 4th floor auditorium of PD Hinduja Hospital, Mahim, on 21st and 22nd May 2022.
- As usual, it was a rigorous 2-day course reinforcing the concepts of resuscitation, stabilization and team dynamics. The course was a wholesome mix of lectures and practicing of resuscitation skills on mannequins at skill stations, followed by based evaluation stations.
- As is well known, IAP has now developed its own course with an indigenous provider manual and Indian videos. Dr Shanti Thakkar (Thane) was the Course Director, ably assisted by Dr Arif Ahmed (Hyderabad), Dr Geeta Bhat (Thane), Dr Amol Murkute (Nashik), Dr Parvez Shaikh (Alibag) and Dr Santosh Kait (Pune) as other faculty.
- A full complement of 36 candidates had registered for the course; however, 4 candidates could not join at the last minute. While most candidates ended up successfully completing the course and receiving certificates, a very small minority were unable to meet the standards. One of the candidates was found good enough to be picked up as a potential Instructor (facilitator) for future courses.

## 'Selfie with Staff' competition - Participation

- MAHA IAP organised a Selfie with Staff competition as one of the events of the 2 weeklong programme for Nurses Education as a part of the International Nurses Day Celebrations around the 12th of May.
- Around 340 enthusiastic pediatricians participated in this event of which Dr Nehal Sanghvi-Shah, Secretary MBIAP won the first prize.
- The results were declared on the last day of the 2 weeklong programme in the concluding online session where the jury expressed the inclusion of the patients along with the nurse; as well the ward boys as symbolic of a comprehensive patient care.



## Pediatric Teaching Files (PTF)

Date	Day	Time	Speaker	Online/Hybrid	Topic
4 <sup>th</sup> May 2022	Wednesday	3:00- 5:00 PM	Dr. Samir Dalwai	Online	<ul style="list-style-type: none"> <li>Approach to a child with speech delay .. Theory Q</li> <li>Counsel a mother whose child is suspected to be having learning difficulty : observed OSCE</li> <li>Take relevant history from this adolescent child's parents who feel he is very aggressive : observed OSCE</li> </ul>
10 <sup>th</sup> May 2022	Tuesday	5:00- 7:00 PM	Dr. Mahesh Mohite	Online	<ul style="list-style-type: none"> <li>Theory question : Approach to an unconscious child</li> <li>Theory Q : Approach to a child with first episode of unprovoked seizure</li> <li>case discussion</li> </ul>
18 <sup>th</sup> May 2022	Wednesday	5:00- 7:00 PM	Dr. Kant Shah	Online	<ul style="list-style-type: none"> <li>Approach to a child with sudden abdominal distension and vomiting : Theory Q</li> <li>Approach to a child with swelling over the lower back in the midline : Theory Q</li> <li>10 Ped surgery OSCEs</li> </ul>



JUNE 2022

## MONTHLY REPORT JUNE 2022

Dr Rajesh Chokhani  
PRESIDENT

Dr Nehal Shah  
SECRETARY

Dr Amruta Shirodkar  
TREASURER

### Malad

- The Complementary Feeding Day was celebrated at the **Neon Hospital, Malad West**, on 6th June 2022.
- Interactive teaching session for staff nurses was conducted by Dr Rajesh Kasla and Dr Prashant Gangal.
- Nurses had prepared beautiful charts for the event.
- 15 Staff Nurses were trained in Complementary Feeding Practices.



### Activities conducted by IAP Mumbai in June 2022

- National Complementary Feeding Day- June 4
- DAD - June 12
- Sick Cell C.M.E. - June 22
- Distribution of medicines to the BKC slum children
- Pediatric Teaching Files Sessions

### Babulnath

- The Complementary Feeding Day was celebrated at the **Ruxmani Lying -In Hospital, Babulnath, Mumbai** on the 8th of June 2022.
- Awareness talk on the general principles of Complementary Feeding was delivered to the mothers and the OPD staff by Dr Nehal Shah and Dr Ravi Toka with the aid of some posters.



### National Complementary Feeding Day

### Mulund

- Complementary Nutrition discussed in an interactive session with pediatric nurses and mothers of infants at **Cuddles n Cure Childrens hospital, Mulund** - Speaker Dr Vinay Mishra
- Dr Manoj Chaturvedi had a health talk on how and when to start complimentary nutrition with nurses and other health staff at **ShriKrishna Maternity and Childrens Hospital, Mulund**



## JUNE 2022

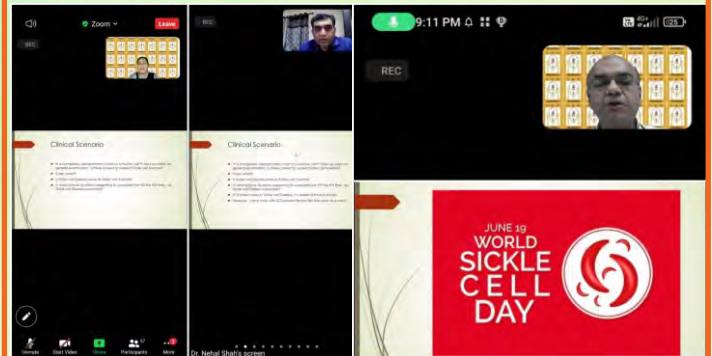
### Bhandup & Parel

- Dr Virat Bothra celebrating Complimentary Nutrition day at **Bal Chikitsalaya Bhandup** by discussing ways and benefits of complementary nutrition with his patients.
- Dr Shrikant Jamdade undertook a health promotion activity on National Complementary feeding Day at the **KEM Hospital, Parel**. He undertook a workshop of parents, resident doctors and nurses underlining the importance of complementary nutrition.



### DAD (Demystifying Allergic Disorders)

- Team IAP Mumbai conducted the **DAD (Demystifying Allergic Disorders)** module under the CIAP Action plan 2022 on the 12th of June, 2022 at the Fortis Hospital, Mulund.
- The module had very crisp and easily explained topics on the various allergic skin, respiratory and gastrointestinal manifestations of various childhood allergic disorders. Common case scenarios of allergic disorders in day-to-day practice were discussed in a very interactive manner as regards to their approach, manifestations and treatment.
- The expert faculty comprised of Dr Suhas Kulkarni (Kolhapur), Dr Dipti Pujari (Pune), Dr Vikram Patra and Dr MangaiSinha from Navi Mumbai.



### DAD (Demystifying Allergic Disorders)

- More than 65 delegates attended the DAD module
- The module was graced by the presence of Dr Basavaraja, Dr Jay Bhandarkar, Dr Sachin Patil, Dr Ramgopal Chejara, Dr Grivita Raikar.
- Dr Sameer Sadawarte, EB MBIAP was the local coordinator for the program.
- Dr Nehal Shah, Secretary IAP, Mumbai gave the vote of thanks and announced the forthcoming IAP events.



### Pediatric Teaching Files (PTF)

Date	Day	Time	Speaker	Online/Hybrid	Topic
18 <sup>th</sup> June 2022	Saturday	6:00 – 8:00 PM	Dr Rajesh Chokhani	Online	<ul style="list-style-type: none"> <li>• Enumerate various causes of hydrocephalus in children. Note on CSF circulation</li> <li>• Approach to a child with global Developmental delay</li> </ul>
24 <sup>th</sup> June 2022	Friday	7:00 – 9:00 PM	Dr. Vrajesh Udani	Online	<ul style="list-style-type: none"> <li>• Approach to a child with flaccid paralysis of lower limbs</li> <li>• Approach to a child with recurrent headache</li> </ul>

JANUARY 2022

## Academy of Pediatrics, Nagpur - 2022

(Nagpur Branch of Academy of Pediatrics)

### January 2022 Activity

#### NEONATAL RESUSCITATION PROGRAMME 02/01/2022



Basic NRP conducted at VIMS HOSPITAL, Nagpur under the aegis of new bodies of Neonatology forum Nagpur and Academy of Pediatrics Nagpur under guidance of Dr. Rajkumar Kiratkar (President AOP 2022), Dr. Milind Mandlik (President NNF)  
Attendance:50

Rejuvenating Passion Benefiting Society and Fraternity



ACADEMY OF PEDIATRICS, NAGPUR 2022

Presents a 1st Clinical Meeting on Virtual Platform

Cases:

- Multisystem Inflammatory Syndrome in Children (Misc) - Our One of the Earliest Patient  
Dr. Kuldeep Sukhadeve / Dr. Priyanka Wankar
- COVID & Me  
Dr. Anand Bhutada
- Novel Case of COVID-19 with Hepatic Failure  
Dr. Kuldeep Sukhadeve / Dr. Priyanka Wankar
- Acute Abdomen? Cause  
Dr. Pradeep Pazare / Dr. Nikita

Chairperson: Dr. D. S. Rawat  
CME Incharge: Dr. Archana Jainwal

23 JAN 2022 @ 10am

Dr. Vinay Badhekar, President, AOP Nagpur 2022  
Dr. Rajkumar Kiratkar, President, AOP Nagpur 2022  
Dr. Prakash Chaturhan, Hon. Secretary, AOP Nagpur 2022

Rejuvenating Passion Benefiting Society and Fraternity

#### NEONATAL RESUSCITATION PROGRAMME 09/01/2022

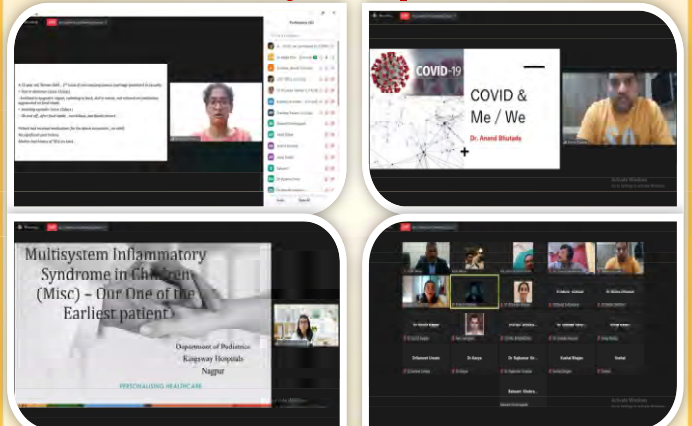


Basic NRP conducted at LATA MANGESHKAR HOSPITAL, Sitabuldi, Nagpur under the aegis of new bodies of Neonatology forum Nagpur and Academy of Pediatrics, Nagpur under guidance of Dr. Rajkumar Kiratkar (President AOP 2022), Dr. Milind Mandlik (President NNF), Ngp  
Attendance :50

Lead Instructor for Training Dr. Kuldeep Sukhadeve  
Other Faculties: Dr. Rishi Lodaya, Dr. Anju Mehrotra Kadu

Rejuvenating Passion Benefiting Society and Fraternity

#### 1st Clinical Meeting 23.01.2022 64 delegates were present



Rejuvenating Passion Benefiting Society and Fraternity

## FEBRUARY 2022

### IAP Nagpur- February Month Report

As Covid wave settled, IAP Nagpur gradually settled for Physical activities for the February month.

#### The 2<sup>nd</sup> Clinical Meeting of Academy of Pediatrics Nagpur planned well and held on 20<sup>th</sup> February 2022

From 10 am onwards at Paithankar Hall, IMA HOUSE.

The Clinical Meet held in a Hybrid Manner- Physical attendance and digital platform as well (Offline and online).

Event was graced by Dr. D S Raut Sir, Dr. B P Khobragade Sir and Dr. Satish Deopujari Sir and

Clinical meet was well coordinated by Dr. Archana Jaiswal Madam.

Speakers – Dr. Satish Deopujari sir

Dr. Sandeep Yadav/ Dr. Hari Mangtani

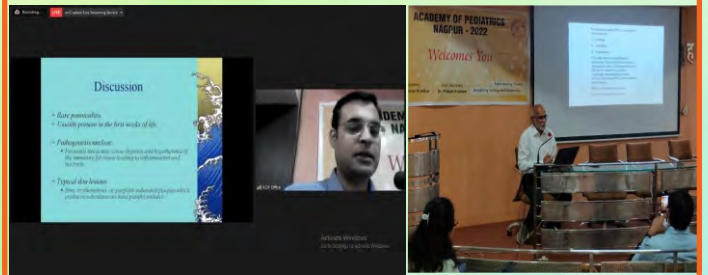
Dr. Nisha Ranteke/ Dr. V Dhawas

Dr. Balwant Ramteke

Cases Presentation took place one by one as mentioned below:

1. First case presented was “RASH With Hemoptysis” by Dr. Nisha Ranteke and Dr. V. Dhawas.
2. Second Case by Dr. Satish Deopujari Sir “Clubbing – Where do you go from here?”
3. Third Case was “Unusual case of Hypercalcemia” by Dr. Hari Mangtani and Dr. Sandeep Yadav .
4. Fourth and last case was presented by Dr. Balwant Ramteke – “NHL presenting as Intussusception.”

### Glimpses:





**ACADEMY OF PEDIATRICS, NAGPUR - 2022**  
IMA House, North Ambazari Road, Nagpur – 440010 (India) E-mail : iapnagpur@yahoo.com  
Society Reg. No. Mah. 790/06, Nagpur

**THE 2<sup>nd</sup> CLINICAL MEETING OF  
Academy of Pediatrics, Nagpur**

Sunday, 20<sup>th</sup> February 2022  
10 am onwards  
Venue: Paithankar Hall, IMA House

**CASES WILL BE PRESENTED BY**

Dr. Satish Deopujari Clubbing: Where do you go from here?	Dr. Nisha Ranteke/ Dr. V Dhawas Rash with Hemoptysis
Dr. Hari Mangtani/ Dr. Sandeep Yadav Unusual case of Hypercalcemia	Dr. Balwant Ramteke NHL presenting as Intussusception

**Coordinator: Clinical Meeting**  
Dr. Archana Jaiswal

**Chairman: Clinical Meeting**  
Dr. D S Raut  
Dr. B P Khobragade

**PATRON**  
Dr. Uday Bodhanekar

**President**  
Dr. Rajkumar Kiratkar

**Non Secretary**  
Dr. Pritesh Khatwar

All are humbly requested to be in time so that the meeting will start and end on time. Meeting will end with Brunch.

Zoom link:  
<https://us02web.zoom.us/j/86252021129?pwd=K0ozNGF5ZkdBb0lQYnlVZjBnanVLUT09>  
Meeting ID: 862 5202 1129  
Passcode: 230820

All the four cases were presented well, discussion was the most interesting part of the clinical meet. All the topics had endless and interesting discussion held. All the participants shared their experience and took part in the discussion enthusiastically. Meeting got over with Vote Of Thanks by Dr. Pritesh Singh Khatwar (Secretary AOP 2022).



## FEBRUARY 2022



### NEONATAL RESUSCITATION -

Basic NRP Course by Academy Of Pediatrics , Nagpur, in association with Neonatology forum, Nagpur organized Basic NRP course on 27th February 2022, at KINGSWAY HOSPITAL.

Total participants- 30

Programme was inaugurated by

- Dr. Uday Bodhankar Sir
- Dr. Milind Mandlik
- Dr. Anil Raut
- Dr. Amit Dahat
- Dr. Kuldeep Su khdev
- DR. Pritesh Khatwar

Dr. Rakumar Kiratakar Sir organized the whole event at Kingsway Hospital Flawlessly.

Faculty for the course:

- Dr. Kuldeep Sukhdev, Dr. Pritesh Khatwar, Dr. Praveen Dahake, Dr. Anju Mehrotra



## FEBRUARY 2022



## MARCH 2022

### STATE IAP REPORT MARCH MONTH 2022

#### WORLD OBESITY DAY – 4<sup>th</sup> March 2022

##### Cycle Rally

Month started with celebration of Worlds Obesity Day 04<sup>th</sup> march 2022 with a cycle rally to create awareness about Obesity and its affect on our day to day life and to adapt healthy lifestyle.

AOP Nagpur organised CYCLE RALLY on the occasion of WORLD OBESITY DAY in association with Kingsway Hospital.

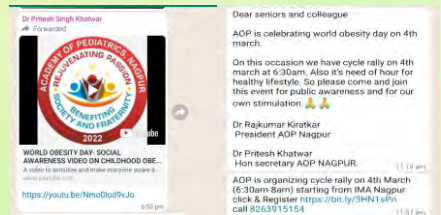
The event was attended by more than 200 participant and cyclists.

The event was graced with the presence of chief guests Dr. D S Raut sir, Dr S P Khobragade sir, Dr. V S Dani Mam, Dr. Uday Bodhankar sir, and senior Pediatrician Dr. Satish Deopuari sir.

Chief guest were felicitated by dignitaries from Kingsway Hospital Dr Prakash Khetan, Dr Ashish Chandra

Dr. Rajkumar Kiratkar, D r. Pritesh Khatwar

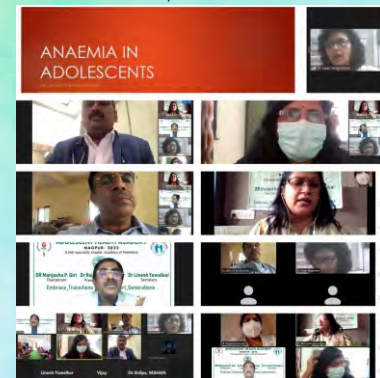
Event was moderated by Dr. Archana Jaiswal and coordinated by Dr. Nikhil Lohiya and other EB membe



#### EATING & MENTAL HEALTH 4<sup>TH</sup> MARCH 2022

On the Occasion of World Obesity Day- AHA & IAP , Nagpur, Conducted TOT for Aarogya Doot, Dharani, Melghat on Digital Platform

Speakers: Dr. Swati Waghmare & Dr. Kamalika Deoghare  
TOPIC- "EATING & MENTAL HEALTH"  
ON 4<sup>th</sup> March 2022 at 3:00 pm.



#### SICKLE CELL DISEASE & HEMATOPOIETIC STEM CELL TRANSPLANT 05<sup>th</sup> March 2022

Sickle Cell Disease & Hematopoietic stem cell transplant Webinar on 5<sup>th</sup> March. More than 50 participants Attended.



## MARCH 2022

### DAUGHTERS DAY CELEBRATION

DAUGHTER'S DAY CELEBRATION BY IAP NAGPUR AND LATA MANGESHKAR HOSPITAL

Dates 10<sup>th</sup> & 11<sup>th</sup> March 2022

Poster and Slogan Competition was held.

Skit Competition and Seminar on Girl Child.

50 participants took part actively.



### INTERNATIONAL ADOLESCENT HEALTH WEEK CELEBRATION

Nagpur AHA 2022 in collaboration with AOP Nagpur & AACCI

is inviting you to a scheduled Zoom meeting.

Topic: International Adolescent Health Week Celebration.

A talk for teachers: Children and Adolescents amid Pandemic and the way forward.

Faculty: Dr. Shubhada Khirwadkar

Date: Mar 17, 2022 Time: 03.00 PM Mumbai, Kolkata, New Delhi

Join Zoom Meeting

<https://us06web.zoom.us/j/86852119769?pwd=dElyWC9GeHdyaEpXMC8wY1ZrcCtCZz09>



### BASICS & RECENT ADVANCES IN LEPROSY



BASIS & RECENT ADVANCES IN LEPROSY, CME held on **11<sup>th</sup> march 2022** Ayurvedic College, Nagpur at Government Speaker Dr. Kamalkar Deoghare Sir Deputy Director of Health Services Dr. Bhojraj Madke, Staff of GAC and 63 post graduate and undergraduate students attended. Due to COVID Restrictions number was restricted Total Beneficiaries approx. 100

### ADOLESCENT HEALTH WEEK CELEBRATION

Opening Programme of International Health Week Celebration at Vande Mataram School held on **16th march 2022**

Speaker DR. Praveen Dahake & Dr. Manjusha Giri

More than 300 children's & 15 teachers got the benefit

### Menstrual Cycle and Hygiene 20 th march 2022

AHA Nagpur in association with IAP Nagpur, via digital platform creating awareness about Menstrual Cycle & Hygiene.



### WORLD DOWN SYNDROME CELEBRATION 21<sup>ST</sup> MARCH 2022

DOWN'S SYNDROME AWARENESS

ON World's Down Syndrome DAY 21<sup>st</sup> march 2022, IAP Nagpur used Social Media platform for creating awareness about Down's Syndrome.

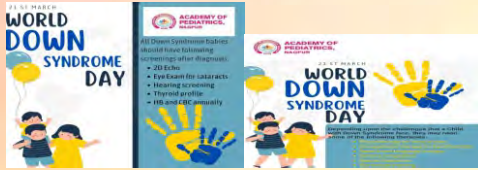
We posted our posters made by Dr. PALLAVI BAPAT ( Developmental Ped) on facebook, our what's app status, Ins tagram.

All the IAP, NAGPUR members and pediatricians they all used social media for creating awareness.

The four posters explained Downs in very simple and understandable language for everyone to understand.



## MARCH 2022



### STUDY SKILLS & TIME MANAGEMENT – 22<sup>ND</sup> MARCH 2022

22<sup>nd</sup> March – Study skills and Time Management Time 11 a.m.  
 Venue: B.P. VIDYA MANDIR, Trimurti NAGAR, Nagpur  
 Speaker: Dr. Prakajta Kaduskar  
 Attendance: 150 students of Class Xth.



### IDEAA WORKSHOP

Indian Academy Of Cerebral Palsy and Indian Academy Of Pediatrics , Nagpur conducted 2 days VIRTUAL WORKSHOP on "Demystifying Developmental Disorders in office practice on 26<sup>th</sup> and 27<sup>th</sup> March 2022.

Total 47 delegates attended this virtual workshop.

Development related concerns of children may not be categorized as "Emergency" nevertheless they are essential & importance of embarking upon regular developmental surveillance, early detection early intervention cannot be weighed down.

It's rightly said that "development is the mirror of child's education". Keeping noble objective of updating knowledge of health care professionals in development disorder, a two day virtual workshop was conducted.

Workshop commenced with welcome remarks by Mr K D Malikkarjun, President of IACP, Dr. Rajkumar Kirtakar President & Dr. Pritesh Khatwar, secretary of Academy Of Pediatrics, Nagpur graced the occasion by their valuable presence.

Varied topics under "Identification of Developmental Differences & Early Action (IDEAA)" module were deliberated by many expert and renowned faculties in the field. Hands on training of participants in various classification systems based on International Classification systems based on Disability and Health (ICF) module of World Health Organization (WHO) for children with Cerebral Palsy was conducted.

The newer concept of "IDEAA CARD" for ensuring proper documentation of child's case record, appropriate communication amongst health care providers & facilitating home based early intervention was introduced Dr. G Shashikala, Dr. Meenakshi Girish & Dr. Urmila Dahake guided participants throughout & ensured smooth functioning of the workshop.



**IACP and AOP Nagpur presents workshop on Demystifying Developmental Disorders in Office Practice 26<sup>th</sup> & 27<sup>th</sup> March 2022**

**Identification of Developmental Differences and Early Action (IDEAA)**

**DAY 1: (26<sup>th</sup> MARCH 2022 - SATURDAY, 2PM TO 5:00 PM)**

- 2 pm to 2:30 pm Introduction and Objectives of IDEAA Dr. Shobakshi Gosh
- 2:30 pm to 3:30 pm Introduction to Terminology & ICF Definitions Dr. Meenakshi Girish
- 3:30 pm to 4:30 pm ICF in daily practice Dr. Vinayachandran
- 4:30 pm to 5:30 pm Symptomatology in daily practice Dr. Shobakshi Gosh
- 5:30 pm to 6:30 pm Functional Classifications (ICF) Dr. Meenakshi Girish
- 6:30 pm to 6:45 pm MARCH Letter and Value grid Dr. Vinayachandran
- 6:45 pm to 7:00 pm IDEAA Approach, Its aim, Dr. Meenakshi Girish
- 7:00 pm to 7:15 pm Importance of IDEAA and Dr. Shobakshi Gosh

**DAY 2: (27<sup>th</sup> MARCH 2022 - SUNDAY, 9AM TO 2:30 PM)**

- 9:30 am to 10:30 am VICS Dr. Sudha Marudkar
- 10:30 am to 11:30 am CFCs Mrs. Priyanka T.A.
- 11:30 am to 12:30 pm EDACS Dr. Simsha Dalal
- 12:30 pm to 1:30 pm Goal setting using family centered approach & ICF case work Dr. Poojitha Ghosh
- 1:30 pm to 2:30 pm Functional classifications - Case practice Dr. Vinayachandran
- 2:30 pm to 3:30 pm Counseling parents - communication Mrs. Himansu Srivastava
- 3:30 pm to 4:30 pm check list and ICF based preparation Dr. Shobakshi Gosh
- 4:30 pm to 5:30 pm EE-EI in early intervention and need Rangoli
- 5:30 pm to 6:30 pm IDEA CARD - practice session Dr. Meenakshi Girish
- 6:30 pm to 7:30 pm EE Early intervention - functional model Dr. Shobakshi Gosh
- 7:30 pm to 8:30 pm District Early Intervention Centre and its relevance to IDEAA module Dr. Anu Ghosh
- 8:30 pm to 9:30 pm Post-test & vote of thanks Dr. Divyesh Sanyal

### NEONATAL RESUSCITATION PROGRAMME -27 MARCH 2022

NEONATAL RESUSCITATION PROGRAMME, First Golden Minute Project on 27/03/2022 at Colors Children Hospital under the lead instructor Dr. Nishikant Kotwal and other faculty were Kuldeep Sukhdeve, Dr. Chetan Shende, dr. Anand Bhutada.

Joint Initiative Of Indian Academy of Pediatrics and National Neonatology Form

It was attended by 32 candidates including RMO, Nursing staff. The event was inaugurated by dignitaries

DR. Uday Bodhankar

DR. Rajkumar Kirtakar President AOP Nagpur

Dr. Milind Mandlik President NNF Nagpur

Dr. Pritesh Khatwar, Secretary AOP Nagpur along with all the faculty and course coordinator.



The informal meeting was organized on 30<sup>th</sup> march 2022 with Honourable vice chancellor MUHS Lt General Dr Madhuri Kanitkar mam in association with AOP NAGPUR, COMHAD UK, NNF Nagpur.

It was great to hear from mam about her vision in improvement in health academics and child health welfare.

The occasion was graced by the presence of Prof Rawat sir, AOP Patron Dr Uday Bodhankar Sir, COHMAD President Dr Yashwant Patil sir, AOP President Dr Rajkumar Kirtakar Sir, NNF president Dr Milind Mandlik sir, AOP secretary Dr Pritesh Khatwar, and Respected Senior pediatricians from the city.

AOP and NNF NAGPUR given the memorandum to mam regarding incorporating child allergy fellowship, Adolescent Health, Basic NRP training in UG, and various child welfare programme.





APRIL 2022

## Academy of Pediatrics, Nagpur-2022

(Nagpur Branch of Academy of Pediatrics)

### Aptil2022 Activity

### Installation Ceremony

03/04/2022



**Invitation**  
ACADEMY OF PEDIATRICS NAGPUR - 2022 cordially invites you for the Installation of

**Dr. Rajkumar Kiratkar** As President  
**Dr. Pritesh Khatwar** As Secretary

Academy of Pediatrics, Nagpur with his team for the year 2022

On Sunday, 3<sup>rd</sup> April 2022, at 07:00 pm  
At Hotel Centre Point Ramdaspath, Nagpur

At the hands of  
**Prof. Dr D. S. Raut** Past President AOP Nagpur  
**Dr. Uday Bodhankar** Patron AOP Nagpur

Chief Guest  
**Mrs. Prajakta Lavangare (Verma)** Divisional Commissioner, Nagpur

Guest of Honour  
**Dr. Kanna Madavi** Eminent Obst. Gynaec. Social Worker in Tribal Area

In Gracious Presence of  
**Dr. Sanjay Deshmukh** CIAP EB Member 2022

MOC  
**Dr. Archana Jaiswal, Dr. Sonia Arora**

Dr. Vijay Dhote President  
Dr. Pranjay Agrawal Hon. Secretary

Team Academy of Pediatrics, Nagpur 2022

Patron Dr. Uday Bodhankar	CIAP EB Member 2022 Dr. Sanjay Deshmukh	Executive Committee Dr. Abhishek Sondawale
President Dr. Rajkumar Kiratkar	Hon. Secretary Dr. Pritesh Khatwar	Dr. Amit Dahat
Imm. Past President Dr. Vijay Dhote	Imm. Past Secretary Dr. Pranjay Agrawal	Dr. Anju Kudu
President Elect 2022 Dr. Sanjay Pakhmode	Vice President Dr. Archana Jaiswal Dr. Kushi Jhunjhunwala	Dr. Gajanan Poonikar
Treasurer Dr. Mahesh Tarale	Joint Secretary Dr. Dinesh Saroj Dr. Sonia Arora	Dr. Girish Charde
Advisory Board Members Dr. B. P. Khobragade Dr. C. M. Bokade Dr. D. S. Raut Dr. Jayant Upadhye	Dr. Nishkant Kothwal Dr. R. G. Patil Dr. V. S. Doshi Dr. Vasant Khatkar	Dr. Himani Meshram
Co-Opt Members Dr. Anil Raut Dr. Anup Radke	Dr. Milind Mandlik Dr. Sushil Bagde	Dr. Kirish Balpande
Special Invites Dr. Amit Nemade Dr. Avinash Gawande Dr. Kuldip Sukhadave Dr. Mohib Haque	Dr. Prashant Bhatnagar Dr. Ravindra Bhetonde Dr. Shresh Modhi	Dr. Meena Deshmukh
		Dr. Nikhil Lohiya
		Dr. Pallavi Bagat
		Dr. Pawan Ramteke
		Dr. Rishi Lodaya
		Dr. Rizwan Ahmed
		Dr. Roopal Khobragade
		Dr. Sameer Umate
		Dr. Shikha Bhojwar
		Dr. Yogesh Papde

### World Autism Awareness Day 02/04/2022



Thank you AOP Nagpur and Kingsway hospital to make this event successful. World Autism Awareness Day every year celebrated on April 2nd worldwide to create awareness among people and to remove stigma from the society related to children and families with Autism. There was an event planned and celebrated similarly and 35 children with their parents (in toto 100) participated in the event with their cultural performances and talent from as young as 18 months to 12 years of age along with Doctor Parent discussion. Kids were distributed the goodie bags of the areas where parents need to work upon on their child made by a special parent of a special health care need.

### Installation Ceremony

03/04/2022

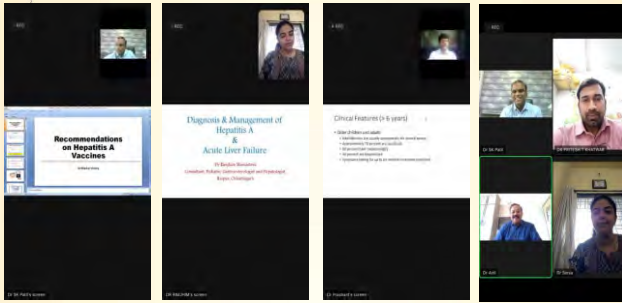


It is with a great pleasure we want to inform you that the newly elected team of Academy of Pediatrics, Nagpur for term 2022 headed by Dr. Rajkumar Kiratkar as President and Dr. Pritesh Khatwar as Hon Secretary will be installed on Sunday 3<sup>rd</sup> of April, 2022 at 7.00 p.m. at Hotel Centre Point Ramdaspath, Nagpur. The installing officers Dr. D. S. Raut, Past President of AOP, and Patron, AOP, Dr. Uday Bodhankar.

Divisional Commissioner Mrs. Prajakta Lavangare (Verma) has accepted to be the Chief Guest, while Eminent Obstetrician and Gynaecologist and Social Worker in Tribal area Dr Kanna Madavi will be Guest of Honour. Dr. Sanjay Deshmukh, Central IAP Exe. Board Member 2022 will also grace the occasion. Dr. Sonia Arora and Dr. Archana Jaiswal will the Master of Ceremony.

## APRIL 2022

### Hepatitis A Module 10/04/2022



AOP Nagpur in association with AOP Nanded, Yavatmal, Chandrapur organized hepatitis A module(CIAP module) on 10th April 2022. The eminent faculty were Dr Prashant Jadhav, Dr GV Basawraj, Dr Rimjihim Shrivastav, Dr Anil Raut and Dr Sachin Patil who is also a coordinator for Webinar. It was graced by the presence of CIAP EB Dr Sanjay Deshmukh, Dr Rajkumar Kiratkar (AOP Nagpur president) Dr Rajesh Noone(Aop Nanded President), Dr Ajay keshwani(AOP Yavatmal President ), Dr Omprakash Rathi(AOP Chandrapur president), Dr Pritesh Khatwar (sec AOP Nagpur ), dr Shiram Shirame (sec AOP Nanded), Dr Swapnil Mankar(sec AOP Yavatmal) , Dr Venkatadribabu Panga(sec AOP Chandrapur).The webinar was moderated by Dr Soniya Arora and it was attended by more than 50 participant.

### Basic Training Program 11/04/2022



On 11th April AOP Nagpur in association with Kingsway hospital Nagpur, organises Basic training program for special educator working towards rehabilitation of children with deaf mutism regarding helping these children with latest technological support to restore hearing and further training needed to develop speech and hearing through specialized curriculum training called Auditory verbal Therapy. The stimulation was done by AOP president Dr Rajkumar Kiratkar, It was conducted by Dr Shweta Lohiya (cochlear implant surgeon), Ishita Mandaviya (Audiologist). Dr Nirali Lohiya (developmental pediatricians) given the talk on identifying the developmental issues in such child. It was attended by more than 50 participant.

### Drawing Activity 10/04/2022



Child's mental health is just as important as physical health. Following the theme of World Health Day 2022 is "Our Planet, Our Health", a Drawing Activity was held at PROUDS CHILD DEVELOPMENT CENTRE in association with ACADEMY OF PEDIATRICS, NAGPUR on 10/04/2022. (Sunday).

INDIAN ACADEMY OF PEDIATRICS  
ADOLESCENT HEALTH ACADEMY  
ASSOCIATION OF ADOLESCENT AND CHILD CARE IN INDIA  
SCHOOL OF SCHOLARS  
Invite you for  
A SESSION FOR TEACHERS OF ALL BRANCHES  
On Occasion of  
**IAHW 2022**

**"CHILDREN & ADOLESCENTS ADMIST PANDEMIC & THE WAY FORWARD"**



Speaker: Dr Shubhada Khirwadkar  
Date: 17<sup>th</sup> March 2022, Thursday  
Time: 3 -4 pm  
Venue: Zoom

Dr Manjusha Giri  
Chairperson AHA Nagpur  
Dr Linesh Yawalkar  
Hon Sec AHA Nagpur  
Dr R G Patil  
Incharge AACCI Nagpur Centre  
Mrs Geeta Pande  
Teacher Coordinator

Embrace Transitions ... Build Smart Generations

350 teachers of various branches of Meghe Group of Schools attended

### Webinar 20/04/2022



ADOLESCENT HEALTH ACADEMY, NAGPUR  
in a/w  
ACADEMY OF PAEDIATRICS, NAGPUR  
ASSOCIATION OF ADOLESCENT & CHILD CARE IN INDIA, NAGPUR  
&  
SCHOOL OF SCHOLARS  
Invite you for  
A SESSION FOR TEACHERS OF ALL BRANCHES  
On Occasion of  
**IAHW 2022**

20<sup>th</sup> April 2022, Wednesday, 4 - 5pm, On Zoom Platform

**"Don't Shoot The Saviors - Empowering Medical Professionals"**

**Chief Guest**  
Dr Shreshth K Singh  
President IMA Maharashtra  
Chairperson State Task Force on Child Health



**Speakers**  
Dr Jashika Thapar  
President/President IMA Nagpur  
Dr Manjusha Giri  
Chairperson AHA Nagpur  
Dr Rajkumar Kiratkar  
Chairperson State Task Force on Child Health

**Organizers**  
Dr Rajkumar Kiratkar  
President AOP Nagpur  
Dr Prakash Das  
President IMA Nagpur  
Dr Anil Raut  
Hon Sec AHA, Nagpur

**Convenors**  
Dr R G Patil  
Incharge Maharashtra Regional Centre AACCI  
Mrs Geeta Pande  
Teacher Coordinator

Embrace Transitions ... Build Smart Generations



**MAY 2022**




**Academy of Pediatrics,**  
**Nagpur-2022**  
(Nagpur Branch of Academy of Pediatrics)

**May 2022 Activity**

*Rejuvenating Passion Benefiting Society and Fraternity...*

**World Thalassaemia Day**  
**08/05/2022**






World Thalassaemia day is celebrated on 8th May at Rughwani Child Health & Thalassaemia Centre in association with AOP Nagpur, IMA Nagpur. On this occasion Free Thalassaemia testing and blood transfusion camp was organized which was benefitted by many patients. Also activities like magician play was arranged which little thalassaemia patient enjoyed it. Director of Centre & MMC Vice President Dr Vinky Rughwani moderated the inaugural function & also brief the commendable activities taking place at the Centre for the benefit of thalassaemia patient. The occasion was graced by the presence of Patron AOP Dr Uday Bodhankar, Dr Vani (USA), Vice President IMA Dr Ajay Deshpande, AHA President Dr Manjusha Giri, AOP Sec. Dr Pritesh Khatwar, IMA secretary Dr Sameer Jahagirdar, IMA Jt. Sec. Dr Rashmi Bhaire.

*Rejuvenating Passion Benefiting Society and Fraternity...*

## MAY 2022

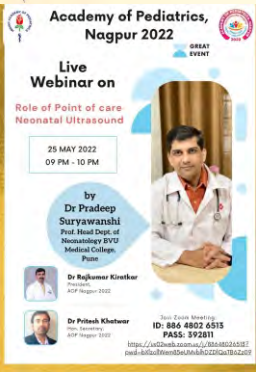
### Health Checkup Camp 20/05/2022



AOP Nagpur organized Health Checkup Camp at Hillfort Public School, Ramnagar, Nagpur which was benefitted by many students. Also activities like drawing competition was arranged which children's enjoyed it. Principle Dr Parinita Fuke moderated the inaugural function & also brief the commendable activities taking place at the School for the benefit of students. The occasion was graced by the presence of Patron AOP Dr Uday Bodhankar, Dr Avinash Gawande, AOP President Dr Rajkumar Kiratkar, AOP Sec. Dr Pritesh Khatwar, AOP EB Dr Sameet Umate, AOP EB Dr Pavan Ramteke.

*Rejuvenating Passion Benefiting Society and Fraternity...*

### Webinar 25/05/2022




AOP Nagpur organized webinar on Role of Point of Care Neonatal Ultrasound by Dr Pradeep Suryawanshi, Prof. Head Dept. of Neonatology BVU Medical College, Pune.

It was wonderful session attended by more than 50 participant.

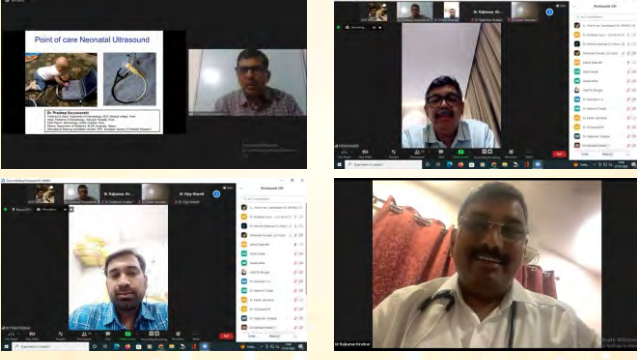
*Rejuvenating Passion Benefiting Society and Fraternity...*

### Health Checkup Camp & Drawing Competition 20/05/2022



*Rejuvenating Passion Benefiting Society and Fraternity...*

### Webinar 25/05/2022



*Rejuvenating Passion Benefiting Society and Fraternity...*

## JUNE 2022


### Academy of Pediatrics, Nagpur-2022

(Nagpur Branch of Academy of Pediatrics)

# June 2022 Activity

*Rejuvenating Passion Benefiting Society and Fraternity...*

### World Sickle Cell Day 18/06/2022




On the occasion of Sickle cell day, cycle rally was organized by SCAN (sickle cell association of Nagpur) on 18th June 2022 at 6 am in association with AOP Nagpur, IMA, miles n miller group for the awareness regarding bone marrow transplant in sickle cell patient. All the association taken part in it in good numbers in the presence of Dr Laxmi Shrikhande (president of SCAN), Dr Milind Mane (ex MLA BJP). Flag off done by well known cyclist Dr Amit Samarth.


More than 50 participant were present.


*Rejuvenating Passion Benefiting Society and Fraternity...*

## JUNE 2022



### Clinical Meeting 19/06/2022





AOP Nagpur organized a monthly clinical meet today on 19th June 2022. The case were presented by Dr Manish Chokhandre, Dr Anand Bhutada with Dr Rajendra Saoji, Dr Nikhil Lohiya, Dr Mariam Jatu in guidance of Dr Girish Nanoti, Dr Hrishikesh Belsare and Dr Aboli Dahat, Dr Pritesh Khatwar.

Welcome address given by Dr Kiratkar Sir. All the cases were very well presented by all the speakers. The chairperson were Dr DS Raut sir and Dr BP Khobragade sir. The meet was moderated by Dr Archana Jaiswal Mam. The meet was attended by enthusiastic members in large number.



### Clinical Meeting 19/06/2022













### International Yoga Day 21/06/2022




International Yoga day is celebrated at CRC (composite regional Centre for rehabilitation) Nagpur in collaboration with AOP Nagpur, AHA, COHMAD UK, Nagpur AIOTA Branch on 21st June 2022, 7 am at Yashwant stadium Dhantoli Nagpur. An experts from Ayurvedic College oriented and guided us through the various Asanas, Pranayam, Meditation. Dr Rajkumar Kiratkar, Dr Manjusha Giri, Dr Pritesh Khatwar and other members grace the occasion with their presence.

*Representing Passion, Benefiting Society and Fraternity.*



### MILAN 2022 26/06/2022










AOP Nagpur organized Milan 2022 NNF, FOGSI, IAP Jt. Perinatal meet on 26<sup>th</sup> June 2022 at Hotel Centre Point Nagpur. Wonderful Academics on: Anomaly scan, Fetal Doppler, Intrapartum Surveillance, E-LsCs (Elective/ Emergency) & Panels on ANC Steroids & FGR along with updates on Diabetes, PIH, Covid in Pregnancy

JANUARY 2022

## BRANCH REPORT-IAP NAVI MUMBAI- JANUARY 2022

### ACADEMIC ACTIVITIES:

1. 7<sup>th</sup> Jan 2022: The Covid Chat Show – From Variants To Vaccines.  
Organized by Maharashtra IAP in association with Navi Mumbai IAP  
Chief Guest – **Dr. Upendra Kinjawdekar** (President Elect IAP 2022)  
Moderator – **Dr. Jeetendra Gavhane** (President NMIAP)  
Speaker – **Dr. V N Yewale**, H O D Apollo Hospital & Child Institute  
Dr. Suhas Prabhu, Maharashtra Task Force Member  
[https://www.youtube.com/channel/UCXb-DQaVRZ\\_e1ppjgbRCvVw/live](https://www.youtube.com/channel/UCXb-DQaVRZ_e1ppjgbRCvVw/live)  
<https://youtu.be/vt4w0RzZC-0>
2. 14<sup>th</sup> Jan 2022 : **Post Graduate Clinic** , Co-organized by NMIAP & Apollo Hospital, Navi Mumbai  
Teacher – **Dr. Y K Ambdekar**.
3. 14<sup>th</sup> Jan 2022: IAP Action Plan 2022, **Standard Treatment Guidelines for Food Allergy**  
Co-Author – **Dr. Vikram Patra**, E.B Member, NMIAP.  
<https://iapindia.org/pdf/STG-007-Food-Allergy.pdf>
4. 19<sup>th</sup> Jan 2022: **Newer Diagnostics in Pediatric Infectious Diseases**  
Expert – **Dr. Upendra Kinjawdekar**  
[https://diapindia.org/event-details\\_r.php?event=101083&title=IAP-Bangalore-inaugural-CME-and-Installation-ceremony#\\_bottom](https://diapindia.org/event-details_r.php?event=101083&title=IAP-Bangalore-inaugural-CME-and-Installation-ceremony#_bottom)
5. 21<sup>st</sup> Jan 2022 : IAP P. G Teaching in association with NMIAP & Apollo Hospital, Navi Mumbai with Dr. Y. K Ambdekar, Dr. S Balasubramanian, Dr. Srinivasan
6. 28<sup>th</sup> Jan 2022 : IAP P.G Teaching in association with NMIAP & Apollo Hospital, Navi Mumbai with Dr. Y.K Ambdekar, Dr. S Balasubramanian, Dr. Srinivasan
7. 29<sup>th</sup> Jan 2022 : Neonatal Clinical Meeting. Neonatal case presentation – IAP Navi Mumbai, IAP Raigad and Motherhood Hospital , Navi Mumbai
8. 30<sup>TH</sup> Jan 2022: IMA NASIK  
Covid 3.0 – Scientific updates and override the third wave.  
Covid in pediatric age group : **Dr. Satish Shahane**

JANUARY 2022

**Maharashtra State Branch of Indian Academy of Pediatrics**



**THE COVID CHAT SHOW (From Variants to Vaccines)**

**Date: Friday, 07 Jan. 2022 Time: 02.30 pm to 04.30 pm**

**Chief Guest:** Upendra Kirjawadekar, President Elect 2022

**Speaker:** Dr. Suhas Prabhu, Chairman, Pediatrics COVID Task Force Maharashtra

**Speaker:** Dr. Vijay Yewale, HOD Pediatrics (Apollo Hospital, Navi Mumbai)

**Mod:** Dr. Jeeten Patil, Professor of Pediatrics, MGM Medical College, Navi Mumbai

**Other Speakers:** Dr. Hemant Gangolia (President MAHAIP), Dr. Anil Pawar (Honi. Secretary General MAHAIP), Dr. Vinayak Patil (Vice President MAHAIP), Dr. Mohan Warkhade (Treasurer MAHAIP), Dr. V. Bela Ventres (Member CIAP), Dr. Namendra Namwadekar (EB Member CIAP), Dr. Pramod Kulkarni (EB Member CIAP), Dr. Rameshwar Patil (EB Member CIAP)

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/9619843080?pwd=OXp0OTZ5ZjZ1Z1Q3ZjZ0M0Q1eVp5amQ1T09h>  
 Meeting ID: 963 584 3080 Passcode: MAHAIP22

Live streaming on MAHAIP YouTube Channel (click & do subscribe)  
[http://www.youtube.com/channel/UCX9-DGwV9Z\\_e1p0a3hCvYe7w/](http://www.youtube.com/channel/UCX9-DGwV9Z_e1p0a3hCvYe7w/)



**Why children are more vulnerable to COVID19?**



- Sero-positivity (age group of 15-17 years) is 25.3% similar to that of adults.
- Children - equally susceptible to infection, but remain asymptomatic.
- Proportion of confirmed cases is lower among the children < 20 years.
- Age group not covered under vaccination.
- Possibility of opening of colleges and schools.

PIC·COLLAGE

### PUBLICATIONS:

1. Dr Shekhar Patil, Pediatric Neurologist & Dr Bhushan Chavan, Pediatric Cardiologist published a combined study on Stroke With Myocarditis - A New Post Covid Syndrome which was published in Indian Journal of Pediatrics.
2. Dr Amit Vatkar , Dr Amit Saxena, Dr Pallavi W, Dr Mumtaz Sharif published an article in International Journal Of Pediatrics & Gediatricson Febrile Seizures- Not So Benign.



### Febrile seizures, not so benign

Amit Vatkar, Amit Saxena, Pallavi Wadhawan and Mumtaz Sharif

DOI: <https://doi.org/10.33545/26643685.2021.v4.i2a.150>

#### Abstract

Genetic Epilepsy (previously known as idiopathic epilepsy) is a result of a known or presumed gene defect(s) that is not causative of a brain structural or metabolic disorder.

**Objectives:** Genetic epilepsy with febrile seizures plus is characterized by multiple febrile seizures and by several subsequent types of afebrile generalized seizures with variable degrees of severity. It has complex and heterogeneous clinical presentation. Dravet Syndrome (DS) is a catastrophic early-onset epilepsy disorder of the GEFS plus spectrum in which the seizures are usually refractory to treatment and are associated with intellectual disability. The detection rate of gene variants has gradually increased, and in addition to providing an accurate diagnosis, elucidating the genetic cause of paediatric-onset drug-resistant epilepsy can also help guide clinical management.

**Method:** Here, we selected cases with febrile seizures on presentation who later developed epilepsy and evaluated those using genetic studies.

**Results:** The genes SCN1A, ADGRV2, GABBR2, and GPR98 as potential causes of GEFS (+) a Dravet syndrome have been highlighted in our report.

**Conclusion:** An improved understanding of the true pathophysiology of genetic epilepsy and identification of factors that are involved in phenotypic variations, will make it easier to understand genotype-phenotype correlations in the future and help implement individualized precision medicine treatment regimens.

**Keywords:** febrile seizure, GEFS, paediatrics, genetic, dravet syndrome

#### Introduction

Epilepsy is a common disorder that affects nearly 4% of the population at some point in life [1]. Incidence is age-dependent, with the highest (> 60 per 100,000) found in those under the age of 5 years [2]. Approximately 20-30% of cases are caused by acquired conditions such as stroke, tumor or head injury, but the remaining 70-80% of cases are believed to be due to one or more genetic factors [3]. Genetic Epilepsy (previously known as idiopathic epilepsy) implies that the epilepsy syndrome is a direct result of a known or presumed genetic defect(s) that is not causative of a brain structural or metabolic disorder [4]. Multiple causative gene mutations have been reported including those coding for ion channel subunits, mostly involving sodium, potassium, and calcium channels, and some others involved in synaptic function and brain development [5]. These channelopathies are a group of genetically and phenotypically heterogeneous neurologic disorders with mutations in the same gene causing different diseases and mutations in different genes resulting in the same disease phenotype [6].

Genetic epilepsy with febrile seizures plus (GEFS +) is characterized by multiple febrile seizures and by several subsequent types of afebrile generalized seizures, including generalized tonic-clonic, absence, myoclonic, atonic, or myoclonic-astatic seizures with variable degrees of severity [6]. Dravet syndrome is the most severe of the phenotypic spectrum of febrile seizure-associated epilepsies. These early seizures are typically induced by fever, but they differ from the usual febrile convulsions as they are more prolonged, more frequent, focal and come in clusters leading to development delay [7].

Here, we review six patients with febrile seizures plus and Dravet syndrome and their phenotypic association with their genetic backgrounds. We also discuss the biological implications of genetic variants on generalised epilepsy with febrile seizure plus and the possibility of application to therapy.

#### Method

This study was done at a tertiary care hospital in Navi Mumbai, Maharashtra.

- 1 -

Indian Journal of Pediatrics  
<https://doi.org/10.1007/s12098-021-04028-5>

### CORRESPONDENCE

## Stroke with Myocarditis: A Different Post-COVID Syndrome

Pallavi Wadhawan<sup>1</sup>, Bhushan Chavan<sup>2</sup>, Shekhar Patil<sup>3</sup>

Received: 13 September 2021 / Accepted: 11 November 2021  
© Dr. K.C Chaudhuri Foundation 2021

**To the Editor:** Initially, COVID-19-infected children were considered spared from life-threatening complications but continuance of the pandemic exposed diverse presentations of multiple post-COVID complications like MISC [1]. We report a previously healthy, vitally stable 2-year-old girl child who developed sudden onset weakness of right upper and lower limb. An urgent MRI of the brain revealed multiple fresh nonhemorrhagic infarcts associated with luminal irregularities in the left middle cerebral artery bifurcation. 2D-ECHO as part of the stroke workup revealed moderate left ventricular dysfunction with an ejection fraction of 30%-35%. Considering the pandemic, COVID-19 antibodies along with inflammatory markers, D-dimer, and NT proBNP levels were sent which confirmed our suspicion of a post-COVID hyperinflammatory response. Consistent with the MIS-C guidelines, a short course of high-dose steroids (methylprednisolone) with injection enoxaparin were prescribed. Diuretics furosemide and spironolactone were started at doses of 1 mg/kg/d along with aspirin at 3 mg/kg/d for anticoagulation. She remained active, playful with improved limb movements following physiotherapy. On sequential echocardiography at 6 mo, a complete normalization of cardiac function was noted. Repeat MRI at half-yearly follow-up exhibited previous infarct sequelae as minimal gliosis with no new additional changes ruling out previous varicella infection as the cause. Cumulative data highlight the appearance of

manifestations of post-COVID condition with frequently changing clinicals to suspect post-COVID with new-onset multisystemic markers especially

### Declarations

**Ethics Approval** Taken.

**Consent to Participate** and **Informed consent** was taken from

**Conflict of Interest** None.

### References

1. Jiang L, Tang K, Levin I. Inflammatory syndrome in children: a case report. *Diagn*. 2020;20(2):276-88.
2. Tiwari L, Shekhar S, Banerjee A. Arterial ischaemic stroke in children: a case report. *Indian J Child Neurol*. 2021;5:88-90.

**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

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<sup>2</sup> Pediatric Cardiologist, Department of Pediatrics, Dr. D.Y. Patil School of Medicine, Nerul, Navi Mumbai, Maharashtra, India

<sup>3</sup> Pediatric Neurologist, Department of Pediatrics, Apollo Hospital, Navi Mumbai, Maharashtra, India

Published online: 04 January 2022

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JANUARY 2022

## SOCIAL ACTIVITIES :

1. Dr Dhanya Dharmapalan was live on CNN News 18 discussing the omicron scenario in children, The Do's and Don't's.  
<https://twitter.com/CNNnews18/status/1478009009013768197?t=kpemydFikdYV0ZhtU1ixlQ&s=08>
2. Dr Shilpa Aroskar was live on 92.7 Big FM to talk about covid vaccines in children and also about her new book release " UBUNTU ".
3. Dr. V N Yewale, Senior Pediatrician & Maharashtra Task Force Member for Covid was live on regional TV channel addressing the population at large promoting the importance of Covid vaccination in 15 to 18 year old children and urging parents to send their children for vaccination.
4. Dr Upendra Kinjawdekar, President Elect IAP 2022 circulated a very informative video on stressing the importance of Covid Vaccination in children 15 – 18 years of age. It was circulated widely in all pediatric groups all over India and also was circulated in all parents groups and public forums via NMIAP social media channel
5. Dr Dhanya Dharmapalan along with Dr. Jacob J were quoted in THE HINDU news paper in an article – Omicron – 3<sup>rd</sup> wave or a new pandemic.
6. Dr Upendra Kinjawdekar, President Elect IAP 2022 conducted a free health camp at Nerul for household helps and housekeeping staff. Anemia , HTN , DM and common gynecology issues were screened . The camp saw a healthy turnout and was very well appreciated by the beneficiaries .
7. Dr Upendra Kinjawdekar, President Elect IAP 2022 was felicitated at IAP Bangalore inauguration ceremony.
8. Raigad IAP Installation Ceremony greeted Dr Upendra Kinjawdekar with the honor of being the Chief Guest ,and Dr Jeetendra Gavhane & Dr Mahesh Mohite as Guest Of Honor.
9. Navi Mumbai IAP's You Tube channel NOW HAS 2500 Subscribers. It has only been 1.5years since we Launched our You Tube Channel and with Immense Prid, We can say that it is a very popular channel with 1 lakh views and 10k Hours watch-time with Excellent Academic Videos .
10. Dr Jeetendra Gavhane, President Navi Mumbai IAP released a video raising an appeal to all parents to vaccinate their children aged 15 – 18 years.  
<https://youtu.be/LwBLDriagdw>
11. On the occasion of 73rd Republic Day, Dr Upendra Kinjawdekar, President Elect IAP 2022 was invited for flag unfurling@ Vidya Bhavan school in Navi Mumbai.
12. Dr Jeetendra Gavhane, Task Force Member Maharashtra was live in New 18 Lokmat giving his experts comments on OMICRON – Covid 3<sup>rd</sup> Wave.  
<https://youtu.be/c8R2CbBh6Yo>

# BRANCH ACTIVITIES : NAVI MUMBAI

JANUARY 2022



## Navi Mumbai Municipal Corporation



Dr. Upendra Kinjawdekar  
PIC-COLLAGE

## FEBRUARY 2022

### NAVI MUMBAI IAP BRANCH REPORT- FEBRUARY 2022

#### ACADEMIC ACTIVITIES:

- 4<sup>th</sup> February, 2022  
Post Graduate Clinic by, **Dr. Y K Amdekar, Dr. S Balasubramanian, Dr. Srinivasan**  
Hosted by, Apollo Institute of Child Health and NMIAP.
- 8<sup>th</sup> February 2022;  
Neurology Subspecialty Chapter : IAP Raigad  
1) Dr. Shekhar Patil : Approach to febrile Encephalopathy  
2) Dr. Mahesh Sambhare : Case based epilepsy in Pediatrics
- 11<sup>th</sup> February, 2022  
Infectious Diseases Grand Rounds  
Case Presenter – **Dr. Dhanya Dharmapalan**  
Moderator – **Dr. Vijay Yewale**  
Panelists – **Dr. Varinder Singh, Dr. Sushant Mane**
- 11<sup>th</sup> February, 2022  
Post Graduate Clinic by, **Dr. Y K Amdekar, Dr. S Balasubramnyam, Dr. Srinivasan**  
Hosted by, Apollo Institute of Child Health and NMIAP.
- 13<sup>th</sup> February, 2022  
Western Regional Centre of Association Community of Pharmacist Of India  
In collaboration with Indian Academy of Pediatrics, Navi Mumbai, has organized a webinar on "Adjusting to New Normal" comprising two lectures, first on "Covid-19: An Overview" By **Dr. Anant Suryawanshi** and second on "Child and adolescent care in COVID times" By **Dr. Shruti Kalkar**.
- 13<sup>th</sup> February, 2022  
IAP Navi Mumbai and Department of Pediatrics, MGM Medical College, Academic Webinar.  
Topic: CT Scan Chest - Over Simplified for Pediatrician and Pulmologist.  
Expert: **Dr. Dhiren Gupta**, President PICC 2021, Consultant Pediatric Intensivist, Sir Ganga Ram Hospital, New Delhi.  
Chief Guest: **Dr. Vneet Saxena**, HSG CIAP.  
Moderator: **Dr. Jeetendra Gavhane**, President-NMAP Professor, MGM IHS  
<https://youtu.be/bxlEdthWMeI>
- 18<sup>th</sup> February, 2022  
Post Graduate Clinic by, **Dr. Y K Amdekar, Dr. S Balasubramnyam, Dr. Srinivasan**. Hosted by, Apollo Institute of Child Health and NMIAP.
- 23<sup>rd</sup> February, 2022  
IAP Navi Mumbai and Pfizer Vaccines present an e-CME.  
Topic - **Expanding the use of PCVs in the age group 6-17 yrs**  
Speaker - **Dr. Jeetendra Gavhane**  
Professor Of Paediatrics at MGM, Navi Mumbai  
President IAP Navi Mumbai

- 25<sup>th</sup> February, 2022  
Post Graduate Clinic by, **Dr. Y K Amdekar, Dr. S Balasubramnyam, Dr. Srinivasan**. Hosted by, Apollo Institute of Child Health and NMIAP.
- 26<sup>th</sup> February, 2022  
IAP Navi Mumbai, IAP Raigad and Sai Child Care Hospital Panvel bring you the Next Neonatal Clinical Meeting  
Topic: **Neonatal Case presentation**  
Presenter & Organizer: **NICU Team Sai Child Care hospital**  
<https://us02web.zoom.us/j/85221378558?pwd=aUVRdGN0THgrQVFpb09kdzgzp5Y5S9idz09>



#### SOCIAL ACTIVITIES –

- Dr. Dhanya Dharmapalan** along with Dr T Jacob John were quoted in a National News Paper, **The Hindu** on how it should be a humanitarian priority of the government of the day to ensure immunization of all children, especially those who r having risk factors against Covid
- Navi Mumbai IAP, **Parental Awareness Videos**.  
**Gas Geysers Syndrome** – One Accident Prevented, One Life Saved.  
NMIAP secretary, **Dr. Satish Shahane** talks on important aspects to note and avoid if a gas geyser is installed at home.  
[https://youtu.be/T-NPd67Z\\_Y](https://youtu.be/T-NPd67Z_Y)
- On the occasion of **World Cancer Awareness Day, 4<sup>th</sup> Feb, 2022**, a short message was circulated by NMIAP on pointers to early diagnosis of childhood cancers and their care. NMIAP also pledged to organize a Cancer Awareness Program for parents.
- MAHA IAP FACEBOOK LIVE LINK - <https://www.facebook.com/maha.iap.7>  
**Dr EK VICHARU KAA**  
A noble initiative by Maharashtra IAP under guidance of CIAP in Association with NMIAP and RIAP where parents can learn more about children health, (mental physical and emotional )  
6<sup>th</sup> Feb – Topic: **Covid Vaccination in Children**  
Expert – **Dr V N Yewale, Dr Jeetendra Gavhane**.  
Guide – **Dr Sameer Dalwai**  
Co-Ordinator – **Dr Suchit Tamboli**  
2<sup>th</sup> Feb – Topic: **How to better concentration and learning abilities in children**.  
Expert – **Dr Leena Deshpande**.
- On the occasion of **National Deworming Day**, observed on February 10<sup>th</sup>, Navi Mumbai IAP conducted **Two health check up camps**, one at DighaGaon Airoli Anganwadi-Diwagaon and the other at Dhamole Gaon Anganwadi, Kharghar.  
**Dr. Jeetendra Gavhane, Dr. Prashant Weekay and Dr. Mahendra Topale** were present at the Digha Gaon Anganwadi while **Dr. Satish Shahane, Dr. Mangai Sinha, Dr. Kalyani Patra and Dr. Cyril D'Souza** were at the Dhamole Anganwadi. Apart from administering Deworming medicines to the children, a talk emphasizing on hygiene and impact of anemia and worm infestation in children was rendered to the children and parents present there. A complete health examination was also done.
- Dr Omprakash Jamadar**, Neonatal Intensivist & Consultant Apollo Hospital, Navi Mumbai was live on regional news channel Sahyadri Door-Darshan  
**Arogya Sampada – Corona And Child Health**.  
<https://youtu.be/tVXlq6Bh7s>
- Dr. Upendra Kinjawadekar** was Felicitated for becoming CIAP President by ShivJnanotsav Samiti's **Dr Amardeep and Dr. Kalkar**.
- Dr Pravin Galkwad** participated in a very challenging event with rolling hills, elevation upto 700 mts, narrow road, heat and a bit of traffic. **1.5 km swimming 40 km cycling 10 km running and successfully completed the triathlon.**



## FEBRUARY 2022



**बाळयोग तज्ञ संघटना (श्रीमद् गुरुकुल शाखा)**

**डॉक्टर... एक विचारक ?**

विषय: **मुलांची एकसारका व अजगजसुखी कधी काळवावी ? कधी गुलाम...**

**सभेचे व मार्गदर्शक:**

- संयोजक: डॉ. अशोक शर्मा
- सहायक संयोजक: डॉ. अशोक शर्मा
- संयोजक: डॉ. अशोक शर्मा
- सहायक संयोजक: डॉ. अशोक शर्मा



### SOCIAL ACTIVITIES

# WORLD CANCER DAY

FEBRUARY 4TH

### The case for vaccinating children against COVID-19

Protecting all children, especially those who have risk factors, should be a humanitarian priority.

**Dr. Satish Shahane**

There is a general misconception that vaccination ought to be reserved against diseases that cause death in large numbers. COVID-19 is generally a mild disease in the larger majority of healthy young children infected with SARS-CoV-2. However, children living with diabetes, chronic heart lung kidney, neurological diseases, obesity, and with an immunocompromised state due to immunodeficiency syndromes or immunosuppressant therapies are at high risk of severe disease, need for hospitalization and expensive treatments, even of mortality. Older children and adolescents have a higher risk of severe COVID-19, approximating adult risk levels. All

For protection against the future endemic COVID-19, children ought to be vaccinated. The above listed conditions, associated with high risk of infection and complications, are well known and preventable. It is the duty of pediatricians to protect these children. The WHO has recommended that all children with these conditions should be vaccinated against COVID-19. The WHO has also recommended that all children with these conditions should be vaccinated against COVID-19. The WHO has also recommended that all children with these conditions should be vaccinated against COVID-19.




**Dr. Satish Shahane**  
Secretary Navi Mumbai Indian Academy of Pediatrics

**Parent's Awareness Video**

PIC • COLLAGE

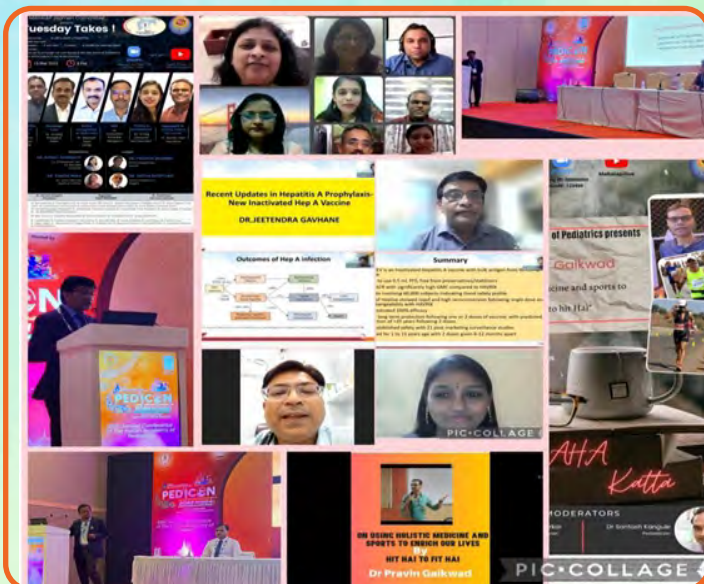
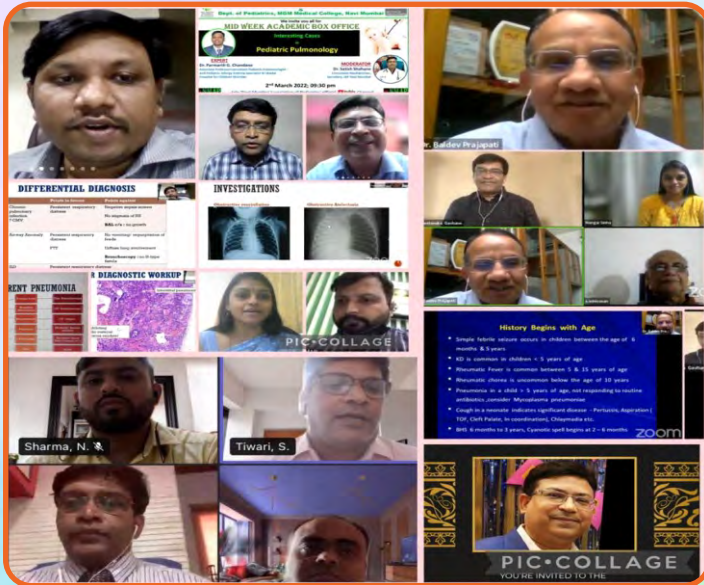
## MARCH 2022

### Navi Mumbai IAP Branch Report – March-22

#### Academic Activities:

1. 2<sup>nd</sup> March 2022 –  
**Topic :** Interesting Cases in Pediatric Pulmonology  
**Expert :** Dr. Parmarth G. Chandane  
**Moderator - Dr. Satish Shahane**  
<https://youtube.com/c/IAPNaviMumbai>
2. 3<sup>rd</sup> March 2022 –  
**Topic :** Fluid Therapy in Pediatrics : Challenges and Approach  
**Speaker :** Dr. Satish Shahane
3. 4<sup>th</sup> March 2022 – NMIAP in collaboration with Apollo Hospital, Navi Mumbai.  
**Postgraduate Clinics by Dr. Y K Amdekar, Dr. S Balasubramnyam, Dr. Srinivasan**
4. 10<sup>th</sup> March 2022  
**Topic :** Importance of Early Protection With Meningococcal Conjugate Vaccine  
**Speaker:** Dr. Jeetendra Gavhane
5. 11<sup>th</sup> March 2022 –  
NMIAP in collaboration with Apollo Hospital, Navi Mumbai.  
**Postgraduate Clinics by Dr. Y K Amdekar, Dr. S Balasubramnyam, Dr. Srinivasan.**
6. 13<sup>th</sup> March 2020 –  
**Topic:** Pedia Tricks - Clinical Clues in Diagnosis  
**Speaker :** Dr. Baldev Prajapati  
**Moderator : Dr. Jeetendra Gavhane, Professor MGMIHS & President NMAP.**  
<https://www.youtube.com/iapnavimumbai> .
7. 15<sup>th</sup> March 2022  
Maharashtra IAP “Tuesday Takes”  
**Topic –** Fitness in Adolescent  
**Speaker – Dr. Amog Shahane (EB NMIAP)**  
[https://www.youtube.com/channel/UCXbDQaVRZ\\_e1ppjgRCvVw/live](https://www.youtube.com/channel/UCXbDQaVRZ_e1ppjgRCvVw/live)
8. 16<sup>th</sup> March 2022  
NMIAP and MGMIHS  
**Topic :** Recent Updates in Hep A Prophylaxis  
**Speaker : Dr. Jeetendra Gavhane,**  
<https://www.youtube.com/iapnavimumbai>
9. **Pedicon 2022 @ Noida, New Delhi**
  1. Allergy TOT (Training of Trainees)  
**Faculty – Dr Vikram Patra**
  2. Topic - Pediatric Emergencies in Pediatrics  
**Panelist – Dr Vikram Patra**
  3. Topic – Deciphering CBC  
**Expert – Dr Jeetendra Gavhane**
10. 24<sup>th</sup> March 2022  
WHO-ISR-WFPI World TB Day 2022 Scientific Symposium  
**Expert - Dr V N Yewale**  
**Topic –** Role of chest radiography in Tuberculosis.
11. 25<sup>th</sup> March 2022  
Maharashtra IAP – MAHA KATTA  
**Topic – Fit Hai toh Hit Hai**  
**Expert – Dr. Pravin Gaikwad**  
**Moderator –** Dr. Santosh kangule, Dr. Thivya Narasimhan, Dr. Vaishnavi Agarwal
12. 25<sup>th</sup> March 2022  
NMIAP and Apollo Hospital, Navi Mumbai.  
**Postgraduate Clinics By Dr. Y K Amdekar Sir, Dr. S Balasubramnyam, Dr. Srinivasan.**
13. 26<sup>th</sup> March 2022  
**Topic : New born case presentation**  
**Presenter:** NICU team Cloud Nine Hospital  
**Organiser :** NICU Team Apollo Hospital

## MARCH 2022



### ACADEMIC ACTIVITIES – NMAP

### Social Activities :

1. **Dr. Shruti Patil (EB NMIAP)** was invited and felicitated at **“WOMEN HEALTHCARE LEADER AWARD - PEDIATRIC** in recognition for her professional efforts.
2. For students facing exams - how to **Switch off the FAN (Fear, Anxiety, Nervousness)** – A Public awareness program driven by Health Department Govt. of Maharashtra In association with Apollo Hospital.

Dr Abhijeet Bagde was on boarded as an expert pediatrician for this program.

<https://youtu.be/NnCUqXUIbSk>

3. **World Obesity Day** is celebrated on 4th March . The theme for this year is '**Everybody Needs To Act**' . Video to inspire and encourage everyone to walk this path.  
**Dr. Pravin Gaikwad, Dr. Sushmita, Dr. Pandit Jadhav**  
<https://youtu.be/NcZi-kffGqM>

4. **WORLD OBESITY DAY** was celebrated by **NMMC Health Dept and NMIAP** for HCPs which included discussion with respect to this year's theme emphasising the role of each and everyone (individual, family, school, policy makers, doctors etc) with discussion on daily intervention strategies like significance of physical activities and lifestyle changes. **Dr. Madhavi Ingale , EB member NMIAP** conducted the session and also conducted MCQs and rapid fire rounds for the awareness of the attendees.

5. On occasion of International Women's Day, IAP Navi Mumbai salutes all our female Pediatricians with a small video.  
<https://youtu.be/r3o2qElt55Q>

6. On the Occasion of International Women's Day , Navi Mumbai IAP's Past President , **Dr. Shilpa Aroskar** gave a powerful message about the true spirit of celebration of this day through her video : **BREAK THE BAIS**.  
<https://youtu.be/kvyx6DxIGtw>

7. **IAP Navi Mumbai** in association with **Saanvi children's hospital, Kharghar, Navi Mumbai** had organized a **Poster & Rangoli Competition** for all the staff of **Saanvi Children's Hospital and nearby Hospitals**.

The activities were judged by **Mrs Asha Nazare (Senior school teacher, Bal Bharati Public School, Kharghar) & Mrs. Saraswathi Bhandary (Ex- Senior Branch Manager, Syndicate Bank)**.

8. On occasion of Women's Day, **NMAP Treasurer, Dr. Mangai Sinha** was called as **Chief Guest** to attend a program organised by **Rastra Sevika Samiti for Women and kids in Sector-4, Koperkahairne**.

Dr. Mangai spoke on Role of woman in society and health issues related to women and Child health.

9. **World Kidney Day** is celebrated each year on **2nd Thursday of March** with purpose of spreading awareness of Kidney ailments. This years theme was **Bridge The Knowledge Gap With Better Kidney Care** . In lieu of the theme, **Dr PrithiNamadar and Dr Rajdeep Pal** from **Pediatric Nephrology Unit of D Y Patil Medical College**, under able guidance of **Prof and HOD Dr Rajesh Rai**, conducted Lecture for Undergraduates on **Identifying kidney ailments and diagnostic approach**.

## MARCH 2022

A postgraduate quiz was also conducted on kidneys, which was enthusiastically appreciated by the resident doctors. A fun quiz has been organised by Dr Rajdeep Pal, Consultant Ped Nephrologist and Asst Prof at Dr. D. Y. Patil Hospital, for the consultants of Navi Mumbai.

10. Navi Mumbai IAP brings Parental Awareness Videos : Prevention of Childhood Accidents at Home by NMAP Treasurer, Dr. Mangai Sinha <https://youtu.be/j33EwiuRujc>
11. Navi Mumbai AHA celebrated Child and Adolescent Health Care Week from 13th March 2022 to 19th March 2022. AHA Navi Mumbai kickstarts its celebrations by Celebrating Daughters Day.

On Daughter's Day, NaMAHA and NMAP EB member, Dr. Mangai Sinha, through this video sends out the message that a change in the mindset of people can be a huge step towards a better society.

DAUGHTER'S DAY : God's Angels Gifted Upon the Earth. <https://youtu.be/KS-EQPEZ7EU>

12. Book release at PEDICON 2022, Noida Evidence Based Practices in Pediatric Infectious Diseases Editor In Chief – Dr Dhanya Dharmapalan Editors – Dr Suhas Prabhu, Dr V N Yewale, Dr Winsley Rose Chapter Contribution – Dr Pankaj Deshpande, Dr Atul Seth, Dr A K Singal, Dr Aswitha Shenoy, Dr Amol Jaybhaye, Dr Bhageshree Seth etc.
13. Book release, IAP Handbook Of Developmental and Behavioral Pediatrics. Academic Editors – Dr Leena Deshpande Contributing Chapters – Dr Shekar Patil, Dr Snehal Mallakmir etc.
14. POLIO book release by Padmabhushan Dr Ella . Editor – Dr Dhanya Dharmapalan <https://health.economicstimes.indiatimes.com/news/industry/science-has-to-invigorate-in-india-and-scientists-need-to-be-celebrated-dr-krishna-ella/90326660>
15. Video on Sensitizing the pediatricians on using Antimicrobials responsibly was launched at the inauguration of the Pedicon 2022. Dr Dhanya Dharmapalan, Dr V N Yewale. <https://youtu.be/j6xOffl5dbI>
16. IAP Textbook of Pediatric Infectious Diseases - 3rd edition Publisher Jaypee  
Editors: Dr Jaydeep Choudhary, Dr Kundu, Dr Digant Shastri, Dr. Vijay Yewale  
Chief academic Editor: Dr. Dhanya Dharmapalan
17. Book Release at PEDICON 2022, COVID 19 VACCINES - A COMPREHENSIVE OVERVIEW.  
CHAPTER CONTRIBUTION: Dr. Rajesh Rai, Dr. Preeti Inamdar, Dr. Ipshita Vashishtha.
18. Dr Amit Vatkar, conducted a parents and postgraduate awareness program on Downs Syndrome at Rajawadi Hospital, Ghatkopar.

19. As Navi Mumbai IAP celebrates World Down's Syndrome Day, NMAP member, Pediatrician and Genetist, Dr. Snehal Mallakmir brings a video talking about the tests to be done prenatally, intranatally and after a child is born with Down's syndrome. <https://youtu.be/wDdRtFEKCK8>
20. A awareness talk was conducted by Dr. Pallavi Khare, at Juhuga on UHC on the topic of sleep hygiene.
21. Dr Anjali Otiv, received best state and personal NRP course Award by Dr. Upendra Kinjawdekar at PEDICON 2022, Noida, New Delhi.
22. QUIZ on Down's Syndrome for Pediatricians and Postgraduate students. <https://play.myquiz.org/i/813426>

Quiz Master – Dr. Gargi B.

Winners – Dr. Asmita Patil, Dr. Thivya Narasimhan, Dr. Vaishnavi Agarwal



## MARCH 2022

### Child And Adolescent Health Care Week Celebrations 2022

Navi Mumbai AHA and Navi Mumbai IAP celebrated IAHW 2022 from 13-19 March with sheer enthusiasm and zeal.

The Theme for this year's celebration was

**Transitions:**

from childhood to adulthood, physically and mentally  
from a pre-pandemic life into a life shaped by a pandemic  
from dependence to independence.

The activities were aimed at improving Adolescent Empowerment and Engagement for Health and Well-being. The celebration included virtual interactive sessions with eminent experts from the field of adolescent health. Many informative and innovative videos addressing different adolescent issues were also released. The program received wonderful response from adolescents, parents, teachers and Pediatricians.

**The Activities conducted were :**

- 1) Video release on Daughter's day : God's Angels gifted upon us Daughters : By Dr Mangai Sinha <https://youtu.be/KS-EQPEZ7EU>
- 2) Am I a smart boy/ Am I a smart Girl : Talk for adolescents : Dr. Newton Luiz <https://youtu.be/h-yl4tvdRuM>
- 3) Video release Stay mighty only in heart, not in body : Childhood obesity Dr. Amog Shahane <https://youtu.be/SRXHV8W3KoQ>
- 4) Healthy Mind : Treasure to find Talk on mental health : Dr. Harish Shetty <https://youtu.be/kiXdfsr6ZE8>
- 5) Video release: Sleep : Recharging Teen Mind : Dr. Pallavi Khare <https://youtu.be/pTy9qS9z0mY>
- 6) Video release : Best friends forever : Healthy lifestyle for adolescents : Dr. Arati Gaikwad <https://youtu.be/dZ0CNZiwPEg>
- 7) Thumbs Up Your Physical Quotient this year Talk on fitness for adolescents : Dr. Malhar Ganla <https://youtu.be/8zt3nmlwHus>
- 8) Video release : Demystifying exam anxiety : Dr Shruti Kalkekar <https://youtu.be/-5zdYBVNZal>



SOCIAL ACTIVITIES – NMAP MARCH 2022





## APRIL 2022

### NAVI MUMBAI BRANCH REPORT – APRIL 2022

#### ACADEMIC –

- 1<sup>st</sup> April 2022  
**IAP Post Graduate Clinic (NMIAP & APOLLO HOSPITAL, NAVI MUMBAI)**  
Dr.Y K Amdekar Sir, Dr. S Balasubramniam, Dr.Srinivasan
- 2<sup>nd</sup> April 2022  
IAP Women Wing & CIAP  
Topic – **Learn the signs, act early.**  
Speakers - Dr. Chhaya Prasad, Dr. Sameer Dalwai, **Dr. Leena Deshpande**  
Chairpersons - Dr. M K C Nair, Dr. Gaurav Gupta, Dr. Yashwant Patil  
Moderator – Dr. Poona Bhatia.
- 4<sup>th</sup> April 2022  
**IAP Raigad Autism Meet**  
Speaker – **Dr Leena Deshpande**  
Moderator – Dr Shilpa Gandhi
- 6<sup>th</sup> April 2022  
Topic – **Covid In Children – Current Perspective**  
Speaker – **Dr Satish Shahane**
- 6<sup>th</sup> April 2022  
Topic: \* **Typhoid Conjugate Vaccine - one dose enuff?**  
\* **Rabies Monoclonal Antibodies- Which and When**  
Speaker: **Dr. Vijay Yewale**
- 8<sup>th</sup> April 2022  
**IAP Post Graduate Clinic (NMIAP & APOLLO HOSPITAL, NAVI MUMBAI)**  
Dr.Y.K.Amdekar Sir, Dr.S Balasubramniam, Dr.Srinivasan
- 10<sup>th</sup> April 2022

10.17<sup>th</sup> April 2022 –

**IAP Navi Mumbai and Mumbai with Maharashtra IAP ( Nashik, Nandurbar, Malegaon) organised CIAP's Hepatitis A Module**

11.22<sup>nd</sup> April 2022 – Maharashtra IAP Case Challenge

Expert – Dr S. Thangavelu

Concept – Dr Mahesh Mohite

Team Navi Mumbai – **Dr Satish Shahane , Dr Amit Saxena, Dr Mangai M**

12.24<sup>th</sup> April 2022 – **Autism Awareness Week – Inclusion At Workplace**

**IAP Navi Mumbai and DY Patil Medical College & Hospital, Nerul.**

**VENUE: Pushpanjali Auditorium, Dr. D Y Patil Hospital Nerul.**

Topic: a) **INTRODUCTION** - Speaker: **Dr. Rajesh Rai, HOD, DY Patil Hospital**

b) **Role of Pediatrician in ASD** . - Screening test in ASD, Let's CHAT  
Speaker: **Dr. Shweta Nair**

c) **Beyond Screening** . Speaker: **Dr. Leena Deshpande**

d) **PANEL DISCUSSION :WHAT, HOW AND WHEN – the journey after the diagnosis!**

Moderator: **Dr. Roopa Srinivasan**

Panelist: Developmental Paediatrician: **Dr. Priti Mhatre**

Speech therapist: Priya Gole,

Occupational Therapist: Aishwarya Swaminathan

Parent representative: Dr Ashwini Joshi

e) **Medications in ASD**: Speaker: **Dr. Leena Deshpande**

f) **MEET THE ARTIST**: Display of artwork by the children.

13.20<sup>th</sup> April 2022 – 1<sup>st</sup> May 2022

**23<sup>rd</sup> National Conference – IAP Intensive Care Chapter**

Topic – Fulminant Hepatic Failure

Speaker – **Dr Abhijit Bagde**

14.28<sup>th</sup> April 2022

Topic: **Choosing the Right Probiotics**

Speaker: **Dr. Satish Shahane**

15.30<sup>th</sup> April 2022

**Cardiology Update (NMIAP, MahalAP, Sri Satya Sai Sanjeevani Hospital, Kharghar)**  
Topic –

1. **Interventional Cardiology – A boon for children**

Speaker – **Dr Bhushan Chavan**, Paediatric Cardiologist

Chairperson – **Dr Prashant Moralwar**, Dr Pramod Wankhede

2. **How to expand the horizon for treatment of Paediatric CHD s.**

Speaker – **Dr Snehal Kulkarni**, HOD Ped. Cardiology SSSS Hospital.

Chairperson – Dr Amol Pawar, Dr Hemant Gangolia.

3. **Basics of cardiology investigations and its interpretations**

Speaker – Dr Ronal Sheth, Interventional Paediatric Cardiologist, Fortis Hospital, Mumbai.

Chairperson – Dr Vijay Kamale, **Dr Praveen Modi**

4. **Timing of surgical interventions in Paediatric CHD s**

Speaker – Dr Santosh Wadile, Paediatric Cardiologist, SSSS Hospital, Kharghar.

Chairperson – **Dr Bhanudas Ranpise**, Dr Mahesh Mohite.

5. **Case presentation and panel discussion**

Panelist – **Dr Bhushan C, Dr Snehal k, Dr Ronal S, Dr Santosh W.**

Moderator \_ Dr Ashish Barnpurkar.

6. **Role of Paediatricians in screening and timely referral of Paediatric CHD s**

Speaker – **Dr Satish Shahane**

Master Of Conference – **Dr Amog Shahane (EB NMIAP)**

Chief Guest – Dr Hemant Gangolia

Guest Of Honour \_ Dr Amol Pawar

8. 14<sup>th</sup> April 2022

**IAP Palghar – Autism Spectrum Disorder in my OPD**

Speaker – **Dr Leena Deshpande (Developmental Paediatrician)**

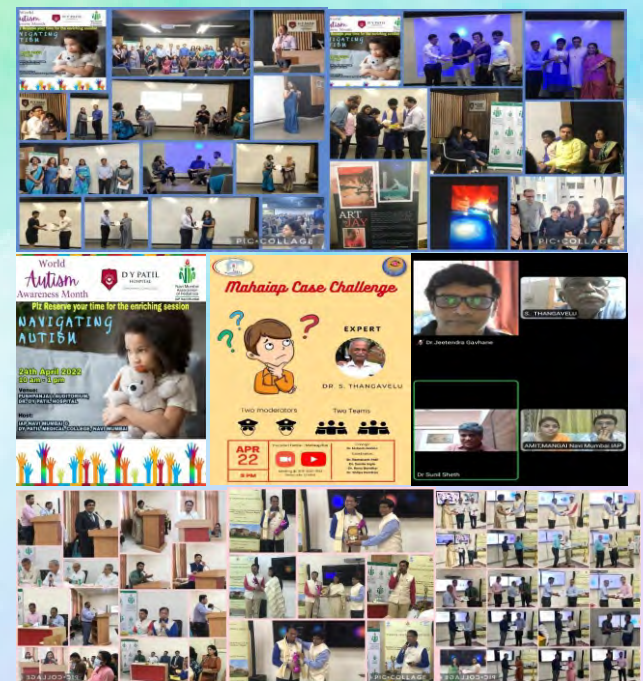
9. 15<sup>th</sup> April 2022 – **IAP Post Graduate Clinic (NMIAP & APOLLO HOSPITAL, NAVI MUMBAI)** Dr. Y K Amdekar Sir, Dr. S Balasubramniam, Dr. Srinivasan.

**Neonatal Clinical Meeting for medical students - IAP Navi Mumbai, IAP Raigad and DY Patil Hospital at DY Patil Hospital, Nerul.**

**Guides - Dr Suresh Birajdar, Dr Anjali Otiv, Dr Omprakash Jamadar and Dr Shital Kolhe.**

**Topic – Neonatal Case Presentation**

**Beneficiaries – Exam appearing P. G students**



## APRIL 2022



**HEPATITIS A MODULE:**  
MAHARASHTRA / MUMBAI / NAVI MUMBAI / NASIK / NANDURBAR / MALEGAON

Dr. Ramesh Kumar B. | Dr. Upendra S. Kinjawdekar | Dr. Piyush Gokhale | Dr. Vikram K. Barot | Dr. Chetan D. Bhat

**SUNDAY, 17TH APRIL 2022** [CLICK HERE TO JOIN](#) 10:00 AM - 1:00 PM

**IAP PALGHAR DISTRICT BRANCH OBSERVES WORLD AUTISM DAY 2022**  
**AUTISM SPECTRUM DISORDER IN MY OPD**

**THURSDAY 14th April 3.30-5 pm**

**SPEAKER: Dr. Leena Deshpande**  
DEVELOPMENTAL PEDIATRICIAN  
NAVI MUMBAI

**MODERATOR: Dr. Shallesh Barot**

Dr. Anjali Gokarn (President IAP Palghar) | Dr. Vaibhavi Barot (Secretary IAP Palghar) | Dr. Anuradha Patilwankar (Treasurer IAP Palghar)

1. On occasion of World Autism Day, **Dr Preeti Mhatre**, Developmental paediatrician released an **awareness video** celebrating the resilience of those affected with autism.
2. **A Run for Autism** was organised by **Sunshine Education Society, Forum for Autism** and **IAP Navi Mumbai** on occasion of World Autism Day. Changing the perspective of people towards Autism was successfully achieved when the streets of Vashi was painted BLUE with the enthusiastic participants all dressed in Blue with banners and boards. Stage show was performed and these children were encouraged for their participation.
3. **Flu Vaccine efficacy study** for children aged 3years to 9 years with pre and post vaccination antibodies documentation at **D. Y. Patil Hospital** conducted by **Dr Amit Saxena**, **Dr Mumtaz Sharif**, **Dr Neelu Elon**.
4. **TV 9 News Channel**, **ADHD Attention Deficit Hyperactivity disorder** in kids in conversation with expert **Dr Shilpa Aroskar**, Consultant Pediatrician Reliance Hospital.
5. On occasion of World Health Day, **Covid Task Force Navi Mumbai**, **Dr Vijay Yewale**, **Dr Upendra Kinjawdekar**, **Dr Jeetendra Gavhane**, **Dr Uddhav Khilare**, **Dr Madhavi Ingale**, **Dr. Vijaya** were felicitated by Navi Mumbai Municipal Commissioner & the Health Department of Navi Mumbai for their relentless efforts in helping curb the pandemic.
6. **Dr Leena Deshpande**, Developmental paediatrician conducted a workshop at **MITR Hospital Kharghar** in association with **I-CAN Child Developmental Centre, Kharghar** on the topic of **Learn To Be FAB Parent ( Functional Analysis Of Behaviour )**.
7. An opportunity for the children on the Autism spectrum to showcase their Art and Craft Talent to increase awareness regarding the varied talents that children have was held at Pushpanjali Auditorium, Dr D Y Patil Hospital, Nerul in association with NMIAP under guidance of **Dr Rajesh**

**MAHAIP Case Challenge**

Two Moderators | Two Teams

**DR. S. THANGAVELU**  
EXPERT



**Rai, HOD Paediatrics, D Y Patil Hospital & Dr Leena Deshpande**, Developmental Pediatrician, Navi Mumbai on 18<sup>th</sup> April 2022.

8. **Dr Upendra Kinjawdekar** was Quoted in a regional newspaper **LOKMAT** on **Screen Time for Children Less than 2 years**.
9. **NMAP EB member, Dr. Abhijit Mhapankar** was invited as **Faculty for KMCCON -2022- 6th National Conference of Kangaroo Mother Care** in India held at **AIIMS, Bhopal**. Dr. Mhapankar spoke on **'KMC experience in Private Sector in Maharashtra'**.
10. As a part of the **Pedi BSI Group** in a multicentric study held across the globe **Dr. Rajesh Rai, Dr. V N Yewale & Dr. Dhanya Dharmapalan** work has been published in the esteemed Journal **Expert Review of Anti-infective therapy**.
11. **Covid task force Maharashtra paediatric members Dr. V. N. Yewale, Dr Jeetendra Gavhane** were felicitated by Government of Maharashtra in presence of **Honourable CM Shri Uddhav Thackeray Ji**
12. Celebrating World Immunization Week **Dr. V N Yewale** was quoted in **Bombay Times** on how vaccinations are a timely investment for kids.
13. **Dr Dhanya D, Dr. T Jacob John** were quoted in **The Hindu**, Newspaper on the topic of polio eradication.

APRIL 2022



**WORLD AUTISM AWARENESS DAY 2022**

Showcase of **ART and CRAFT TALENT**  
(by children on the autism spectrum)

**24th April 2022**

© PUSHPANJALI AUDITORIUM  
Dr. D Y PATIL, Hospital

**Hosts**  
Navi Mumbai Association of Pediatrics  
D Y PATIL HOSPITAL

Please enroll your child  
For details & Registration, Plz WhatsApp on  
**9819883002**



**APRIL 2022**

**Worried about your child's behaviours?  
Learn to be a FAB Parent  
Functional Analysis of Behaviour**



Sunday- 10th April, 2022  
10am to 1pm  
iCAN Child Development Centre  
Deshpande Child Care Clinic  
Row House 1, Soni CHS, Plot No, F-83, Sector 12  
Kharghar, Navi Mumbai, Maharashtra 41021

**More details to follow!**

**लोकमत**

**002/9833135109**

उपेद किजवेकर : मुलांना काही झाले तर नवीन संसर्ग तर नाही ना? पालकांना भीती

**दोन वर्षांपर्यंतच्या मुलांना ठेवा मोबाइलपासून चार हात दूरच**

**संतोष हिरेमठ**  
लोकांमत्त न्यूज नेटवर्क  
**अहमदाबाद :** कोरोना काळात शेजारीही बोलण्यास टाक्यार नव्हते. तेव्हा संपर्कालाठी मोबाइल महत्त्वाचा ठरला. ऑनलाइन शिक्षणाच्या माध्यमातून शाळा सुरु राहिल्या. ही कलात्मक बाब ठरली. परंतु त्याचे दुर्भारणामही दिसत आहेत. मोबाइलचे डेड कमी करा म्हणून पालक मुलांना घेऊन रुग्णालयात येतात. मुलांचे स्क्रीन टाइम बंदला आहे. मुले एक प्रकरो मोबाइल ऑडिक्ट झाली आहेत. लहान मुलांच्या जडगळणीच्या वयवत असे होणे वाईट आहे. असे भारतीय बालरोगाज्य संघटनेचे

**पहिली दोन वर्षे ही घ्या काळजी**  
मुलांना मोबाइलपासून दूर ठेवणे पाहिजे. किमान पहिली दोन वर्षे मोबाइल, टॅब्लेटपासून मुले दूर राहिली पाहिजेत. मुलांच्या वाढीत पालक, शिक्षक आणि बालरोग तज्ज्ञांनी भूमिका महत्त्वाची आहे. असा सरला डॉ. किजवेकर यांनी दिला.

**काही आजार आपोआप बरे**

बालकांना घेऊना-शेकाक आजारांसाठीही डॉक्टरांकडे नेण्याचे प्रमाण वाढते आहे. वास्तवीक नव्याच्या आणि मुलांच्या अशुभचर्यात तसे ठेवणे पाहिजे. मुलांची वाढ ही गीथ घट्टेपसर होत आहे की, वाळूडे तसे दिले पाहिजे. शारीरिक वाढीकरीलर मननलीक वाढीवर तसे दिले पाहिजे. कांय आजार हे आपोआप बरे होऊत. असे त्यांनी सांगितले.

**मुले खात-पीत असतील, खेळत असतील, तर नो टेरेशन**  
तायात मुत खात पीत असतील, तयची व्यवस्थित होत असले आणि खेळत असतील तर काळजी घरण्याचे कारण नसते. आजाराचा विचार टिकत आहे. हे महत्त्वाचे नसते. कारण पहिल्या रिशारीही रुग्ण गेम्स होऊ शकतात. त्यामुळे वेधकीय सज्जतेची आवश्यकता आहे. असे डॉ. किजवेकर म्हणतात.



डॉ. उपेद किजवेकर, निवृत्त अय्यर, भारतीय बालरोगाज्य संघटना

**'Vaccinations are timely investment for kids'**



**V**accinations are one of the most important healthcare interventions that save two to three million children every year from multiple life-threatening diseases, such as diphtheria, tetanus, pertussis, polio, Hib disease, hepatitis B and typhoid, among others. Vaccination works by building and strengthening the body's immunity to fight against serious infectious diseases. "Vaccinations are an enduring and timely investment that parents can make for their children. Children need different vaccinations at different stages, and many of them must be given in early childhood. Missing or delaying vaccinations can make children vulnerable to vaccine-preventable disease." Dr. Vijay Yewale (Consulting Paediatrician, Apollo Hospitals, Navi Mumbai) says. "Vaccination is the birthright of every child's passport to good health," says the doctor, adding, "For more information on childhood diseases, how to prevent them including by way of vaccinations, and their benefits, parents should talk to their child's paediatrician, and pick up a vaccination card from them." GlaxoSmithKline Pharmaceuticals Limited says, "This is a public awareness initiative. This information does not constitute any medical advice. Please consult your physician for any medical advice. These views and opinions are of an independent healthcare professional, and not of GSK." To know more about vaccinations recommended up to the age of 18 years, visit <https://www.accessgsk.com/india/parents/initiatives/health-besides>



Dr. Vijay Yewale



## MAY 2022

### Navi Mumbai Branch Report – May 2022.

#### Academic

- 31<sup>st</sup> April – 1<sup>st</sup> May 2022 – CME in Endocrinology, B.J.Wadia Hospital For Children, Parel.
  - Workshop on growth  
Chairperson – Dr Jeetendra Gavhane (President NMIAP)
  - Workshop on Juvenile Diabetes  
Chairperson – Dr Satish Shahane (Secretary NMIAP)
- 1<sup>st</sup> May 2022 – CIAP workshop on NTEP  
Experts – Dr Sushant Mane, Dr Bela Verma, Dr Prakash Vaidya, Dr Vijay Kamale & Dr Dhanya Dharmapalan.
- 4<sup>th</sup> May 2022 - IAP Navi Mumbai and Department of Pediatrics, MGM Hospital, Kamothe celebrated International Thalassaemia Day under the mentorship of Dr Bhageshree Seth.  
Theme – Be Aware, Share & Care .
  - Poster Competition For Undergraduates
  - Drawing Competition for Kids with Thalassaemia
  - Magic Show by Judugar Swapnil
  - Blood Donation Camp

Chief Guest – Dr Amog Shahane (EB Member, NMIAP)  
Guest Of Honor – Dr Satish Shahane (Secretary, NMIAP)
- 6<sup>th</sup> May 2022 – IAP PG Teaching in collaboration with Apollo Hospital, Belapur.  
Postgraduate Clinics - Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan  
<https://us02web.zoom.us/j/82115167571?pwd=dihHUVBwcHh4dVN5VnNvbGJAcElkdz09>
- 8<sup>th</sup> May 2022 –IAP Amravati & MAHA IAP celebrated International Thalassaemia Day for a CME & Panel Discussion  
Chief Guest: Dr. Upendra Kinjawadekar (President Elect. CIAP)

<https://www.facebook.com/maha.iap.7>

- 11<sup>th</sup> May 2022- IAP Raigad organized a webinar  
Recent advances in thalassaemia  
Speaker: Dr Bhageshree Seth  
Moderator: Dr Uddhav Talikar.  
[https://youtu.be/FnJh3\\_KrUQ](https://youtu.be/FnJh3_KrUQ)
- 11<sup>th</sup> May 2022 – eCME  
"Evidence based Decision in choosing broad coverage Pneumococcal conjugate vaccine in prac ce"  
Speaker- Dr. Dhanya Dharmapalan (Consultant Pediatrician at Apollo Hospital)  
<https://collaborate.webex.com/collaborate/k2/j.php?MTID=t73a7d604ea78a31ab34da7a06e012ece>
- 11<sup>th</sup> May 2022 – Pediatric Derma Summit  
Topic - Practical approach to common Pediatric skin diseases. Speaker – Dr Shylaja Someshwar, Professor&HOD Dermatology, MGMHS  
Moderator – Dr Satish Shahane (Secretary,NMIAP)  
<https://pigeonhole.at/544561/access/Q3ARGGAH3A/a>
- 13<sup>th</sup> May 2022 – IAP Teachings in collaboration with Apollo Hospital, Belapur.  
Postgraduate Clinics - Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan.  
<https://us02web.zoom.us/j/84866140813?pwd=WWk4MzI0eDlNMIjVlNmNkEwXtZz09>
- 10.13<sup>th</sup> May 2022 - Karnataka State Allergy Chapter in association with IAP Bangalore-BPS on the dIAP platform.  
Topic – Anaphylaxis  
Speaker – Dr Vikram Patra (EB Member, NMIAP)

[https://diapindia.org/event-details\\_r.php?event=101254&title=Karnataka-State-Allergy-Chapter:-Allergy-Education-Series](https://diapindia.org/event-details_r.php?event=101254&title=Karnataka-State-Allergy-Chapter:-Allergy-Education-Series)

11. 18<sup>th</sup> May 2022 – Link 56: Weekly webinar series, Ahemdabad Connect  
Topic: Developmental Pediatrics For General Pediatricians  
Chairperson: Dr Nishchal Bhatt  
Moderator: Dr Leena Deshpande  
Panelist: Dr Sameer H Dalwai , Dr Parul Valia , Dr Amola Patel  
<http://new.diapindia.org/index.php/ahmedabad-connect-18th-may/>
- 12.20<sup>th</sup> May 2022 – IAP Teachings in collaboration with Apollo Hospital, Belapur.  
Postgraduate Clinics - Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan.  
Subject Expert : Dr.Sumitra Venkatesh ,Head of Department Of Peds Cardiology,Wadia Children's Hosp,Mumbai.  
<https://us02web.zoom.us/j/82406483081?pwd=eVF3NktNZ3VGWUJMcUszbnUzUjlxZz09>
- 13.24<sup>th</sup> May 2022 – IAP Bangalore-BPS  
Legends and Legacies 6 – The story of Polio eradication in India  
Expert – Dr Dhanya Dharmapalan  
[https://diapindia.org/event-details\\_r.php?event=101250&title=IAP-Bangalore#\\_bottom](https://diapindia.org/event-details_r.php?event=101250&title=IAP-Bangalore#_bottom)
- 14.26<sup>th</sup> May 2022 – Talk on Meningococcal Meningitis  
Speaker- Dr Amit Saxena (EB Member NMIAP)
- 15.27<sup>th</sup> May 2022 - IAP Teachings in collaboration with Apollo Hospital, Belapur.  
Postgraduate Clinics - Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan.  
<https://us02web.zoom.us/j/84071817278?pwd=SmVhb2tXMTJlajVZKSZlSjBtEtrUONkUT09>



MAY 2022



7. Maharashtra Academy of Pediatrics on INTERNATIONAL NURSES DAY, inaugurated MAHAIAP Nursing Stations. Chief Guest: Dr. Madhuri Kanitkar (Vice Chancellor MUHS Nashik), Guest of Honour: Dr. Upendra Kinjawadekar (CIAP President Elect 2022), Dr. Chetan Shah (VP West Zone CIAP).
8. Dr Subhash Rao was quoted in a newspaper on important tips while travelling during summer vacation.



## Social

1. Celebrating this month of May as 'World Mental Health awareness month' the theme being Back to basics: post covid era' NMAP EB member **Dr Amog Shahane**, a pediatrician practicing at Kharghar, is happy to release a video on the same to help the kids and teens of today titled: **Chill pill (pun intended) for the kids of today!**  
[https://youtu.be/YJ\\_zwZCBR40](https://youtu.be/YJ_zwZCBR40)
2. NMAP EB member, **Dr.Madhavi Ingale** made an informative video in Marathi to spread Awareness about Thalassemia in accordance to the celebration of International Thalassemia Day  
<https://youtu.be/23D3JboX4Fo>
3. **Dr Anjali Otiv** awarded a certificate of completion of a course on Pediatric Bioethics.
4. Noticing illegal activities on the streets of Navi Mumbai by **Dr Dhanya Dharmapalan (Pediatric ID Specialist)**, NMIAP got together under guidance of **Dr V.N.Yewale**, **Dr U.Kinjawadekar**, **Dr Jeetendra Gavhane** to raise the issue to of homeless children begging and being drugged and starved and left on streets and dirty shanties across Navi Mumbai. A Formal request was made with the **Hon.Municipal Commissioner of Navi Mumbai**, who coordinated with the social welfare officer for necessary legal actions. **CIAP.President Dr Remesh** and **HSG Dr Vineet** immediately declared CIAPs full support in any such proactive step related to Child wellbeing.
5. **Dr Upendra Kinjawadekar**, President Elect CIAP was quoted in a regional newspaper on his view about healthy diet and nutrition for children. He expressed his views on how junk food is the root of many evils in children.
6. NMIAP EB member **Dr Vikram Patra**, Consultant Pediatric Allergist, has made this informative Flyer on Anaphylaxis, sensitizing all the medical health care professionals for this will sure save many lives.



MAY 2022

### !!! LIFE SAVING !!!

Please DO NOT HESITATE giving Adrenaline even in doubt!

#### ANAPHYLAXIS

Diagnosis: Please keep **LOW THRESHOLD** for diagnosis  
**Early Diagnosis is LIFE SAVING**

**NIAD/ FAAN criteria**

**ANY ONE OUT OF THREE**

- Swelling of airway structures to obstruct breathing, with involvement of the skin, mucous membranes, or both, such as generalized hives, itching or flushing, swollen lips/tongue/uvula.
- AND AT LEAST ONE OF THE FOLLOWING:
  - Drop in blood pressure
  - Loss of consciousness
  - Reduced blood pressure (BP) after response to a beta-agonist\*\* for their patient
- Two or more of the following that occur suddenly after exposure to a likely allergen for which the patient has no known history of allergic disease:
  - Respiratory distress (e.g., wheezing, stridor, or hypoxemia)
  - Repeated vomiting or diarrhea
  - Persistent dizziness or loss of consciousness

Use liquid-based products for children & adults as defined in the Sun Screen by first 1 month to 1 year, less than 120 mm Hg, > 120 to 139 mm Hg, > 139 to 159 mm Hg, > 159 to 179 mm Hg, > 179 mm Hg

**Why Adrenaline?**

**INJ. ADRENALINE for ANAPHYLAXIS**  
(Ready to inject for CPOD, PICU)

Epinephrine autoinjectors are ideal but not available locally

Most commonly available (e.g., Adrenalin (EpiPen)) can be used

Pre-filled 0.3 ml tuberculin syringe – 0.3 ml each to 2 syringes to be stored protected from light in spectacle box or pencil box.

These 0.3 ml syringes (0.3 ml dose) can be repeated, if required.

Can be kept for 3 months at room temperature

Health experts share important tips while travelling during summer vacation

**By Indira Bhatia**

As summer vacation has started, families are seen travelling to various destinations including their home towns. Though people prefer summer vacation for long trips, but many times travelling gives lot of health problems. Apart from stomach upset or viral gastroenteritis, travellers' diarrhea is another kind of problem which is being noticed during this season," informed Dr. Jyotsna Gokhale, city based well known pediatrician and President of Indian Association of Pediatrics. He has attended many patients with this kind of stomach ailments.

While travelling he has suggested a few tips for children. First of all avoid playing or running around in direct sun, better stay inside from 9am to 3pm.

Refuse Hospital infection. For the first instance, avoid travelling to crowded places as well as Covid 19 is still in the atmosphere. Do not give any unnecessary exertion, if your child is not feeling alright. "Secondly while travelling carry home cooked food as far as possible. Roadside sugar cane juices, fried foods sold by the vendors at stations are the cause of viral stomach infection. Boiled potatoes, curries, etc. for longer time and dairy products are the two very popular food items create most of the stomach problems. Even bacterial stomach infections are also seen rising during this season which is caused due to stale food, old dairy products. If home food is not possible at least give him freshly packed check the date before

Kids should increase their fluid intake, but do not drink immediately after coming back from direct sun, wait for some time and give your body to get adjusted. For drinking water, then drink water slowly by sips".

For travelling he has advised, "During travelling always carry your regular medicines including first aid kits. Keep your nearest doctor's or hospital's contact details handy". He has advised some tips to avoid common ailments like Diarrhoea, D. bacterium, Babesiosis and few safe energy drinks without preservatives instead of branded cola or cold drinks. He advises to carry cap, sunglasses, sun screen lotion with SPF 30 while travelling during hot summer.

High fever, vomiting, loose motion are the main symptoms of these diseases.

Dr. Subash Rao, senior Pediatrician from

purchase) food." He advised, "If your child experiences any kind of health problem during traveling, intake of water should be increased, nearly 3-4 litres per day is a must to replenish the water loss during loose motion.

times to avoid contaminated water and food when traveling. Avoid ice cubes and use bottled water whenever possible. Enjoy the vacation in full and try to involve your kids into knowledge-based activities"

**Navi Mumbai Municipal Corporation**

No.	Name of Work	Estimated Cost (Rs.)
1	Sanctioning of Work - Pump in Maroon Park at Sector 14 Flamingo	277480/-
2	Sanctioning of Work - Pump in Maroon Park at Sector 14 Flamingo	277480/-
3	Sanctioning of Work - Pump in Maroon Park at Sector 4	277480/-
4	Sanctioning of Work - Pump in Maroon Park at Sector 4	277480/-

Sanctioning of Work - Pump in Maroon Park at Sector 14 Flamingo

Sanctioning of Work - Pump in Maroon Park at Sector 14 Flamingo

Sanctioning of Work - Pump in Maroon Park at Sector 4

Sanctioning of Work - Pump in Maroon Park at Sector 4

### Poster competition

### Magic Show

## INTERNATIONAL THALASSEMIA DAY CELEBRATIONS

IAP Navi Mumbai and Department of Pediatrics, MGM Hospital, Kamothe celebrated International Thalassemia Day under the mentorship of Dr Bhageshree Seth.

Theme – Be Aware, Share & Care .

- Poster Competition For Undergraduates
- Drawing Competition for Kids with Thalassemia
- Magic Show by Judugar Swapnil
- Blood Donation Camp

Chief Guest – Dr Amog Shahane (EB Member, NMIAP)

Guest Of Honor – Dr Satish Shahane (Secretary, NMIAP)

NMAM EB member, Dr. Madhavi Ingale made an informative video in Marathi to spread Awareness about Thalassemia Day in accordance to the celebration of International Thalassemia Day

<https://youtu.be/23D3JboX4Fo>

IAP Amravati & MAHA IAP celebrated International Thalassemia Day for a CME & Panel Discussion

Chief Guest : Dr. Upendra Kinjawadekar (President Elect. CIAP)

<https://www.facebook.com/maha.iap.7>

IAP Raigad organized a webinar

Topic : Recent advances in thalassemia

Speaker : Dr Bhageshree Seth

Moderator: Dr Uddhav Talnikar.

<https://us02web.zoom.us/j/89595681502?pwd=S2hDQXgyVTJpN1hEZG5hYlFPTG5hUT09>

### Poster competition

## World Thalassemia Day (8th May)

### IAP RAIGAD

Invites you

For Webinar on Thalassemia

### "Recent Advances in Thalassemia" (Pediatrician's Perspective...)

Date & Time : 11/05/2022, 09:30PM

**Dr Bageshree Seth**  
(Guest Speaker)

**Dr Uddhav Talnikar**  
(Moderator)

**Dr Pramod Wankhede**  
(President)

**Dr Dhananjay Rajput**  
(Secretary)

## JUNE 2022

### NAVI MUMBAI IAP BRANCH REPORT – JUNE 2022

#### ACADEMIC –

- 1<sup>st</sup> June 2022 - **Staphylococcal infections : Is Old still the Gold!?**  
Expert – **Dr V N Yewale** (Sr Pediatrician & ID Expert)
- 1<sup>st</sup> June 2022 – **MahaIAP & IAP Raigad: Journal Journey**  
Expert – **Dr Om Prakash Jamadar**, Neonatologist, Apollo Hospital, Navi Mumbai.  
[https://youtu.be/LwuV4zf\\_2A8](https://youtu.be/LwuV4zf_2A8)
- 3<sup>rd</sup> June 2022 - **Postgraduate Clinics** in collaboration with Apollo Hospital, Navi Mumbai  
**Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan**  
<https://us02web.zoom.us/j/84071817278?pwd=SmVhb2tXM3JjaVZKSzFJSjE4bEtrUONkUT09>
- 5<sup>th</sup> June 2022 – Maharashtra IAP Mid Term CME, Yavatmal.  
Topic – **Recognition of a sick child**  
Expert – **Dr Jeetendra Gavhane** (President NMIAP)  
**Dr Upendra Kinjawdekar** (President Elect IAP 2023) received a citation at this event.
- 5<sup>th</sup> June 2022 – Central IAP module Nurturing care - Early Childhood Development  
Experts - **Dr. Suchit Tamboli, Dr. Neelima Bhandarkar, Dr. Anurag Pangrikar, and Dr. Minhaj Sheikh**  
Moderators - **Dr. Satish Shahane ,Dr. Shruti Kalkekar and Team NMAP**
- 10<sup>th</sup> June 2022 - **Postgraduate Clinics** in collaboration with Apollo Hospital, Navi Mumbai  
**Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan**  
<https://us02web.zoom.us/j/83695908851?pwd=U0dqSEwxZUlrallMM0RHOE5oZmxjZj09>
- 12<sup>th</sup> June 2022 – CIAP Presidential Action Plan 2022-23  
**Demystifying Allergic Disorders – DAD (Workshop)**

Expert – **Dr Mangai Sinha** – a) Approach to Allergic Disorders  
b) Primary Immunodeficiencies-When to think off & how to approach  
**Dr Viram Patra** – a) Drug Allergies – Dos & Don't. b) Allergies- Advances in diagnostics & therapeutics

8. 17<sup>th</sup> June 2022 – **IAP: Adolescent Health Academy Symposium 1**  
Topic – **Digging Deep Into heads of adolescents**  
Expert – **Dr Shruti Kalkekar** (EB NMIAP)  
<https://diapindia.org/event-details.php?event=1689&title=IAP-AHA-chapter>
9. 17<sup>th</sup> June 2022 – **Postgraduate Clinics** in collaboration with Apollo Hospital, Navi Mumbai  
**Dr.Y K Amdekar Sir, Dr. S Balasubramniyam, Dr. Srinivasan**  
<https://us02web.zoom.us/j/83072046659?pwd=Vjk3TXd4YVhvdEtlS1lrzd6c2FvUT09>
10. 18<sup>th</sup> June 2022 - "**MAHA IAP ThalSickle QUIZ**"  
Guest Of Honor – **Dr Upendra Kinjawdekar**, President Elect IAP 2023.  
Expert – **Dr Bhageshree Seth**, HOD Pediatrics MGMHS, Navi Mumbai.  
Winners - MUMBAI KONKAN TEAM
  - Dr. SHAILENDRA JADHAV
  - Dr. RAJENDRA CHAVAN
  - Dr. AMIT JAIN
  - **Dr. AMIT SAXENA**
  - Dr. SUNIL SHETH[https://www.youtube.com/channel/UCXb-DQaVRZ\\_e1ppjgRCvVw/live](https://www.youtube.com/channel/UCXb-DQaVRZ_e1ppjgRCvVw/live)
11. 19<sup>th</sup> June 2022 – **CME on Pediatric Allergy**  
**ITCH, SNEEZE AND WHEEZE IN OFFICE PRACTICE**  
**a) Dermatitis:** Do we always need to send to Skin specialist?  
Expert: **Dr. Vikram Patra**  
Consultant Pediatric Allergist, MGM New Bombay Hospital, Navi Mumbai  
**b) Food Allergy:** Is it true Allergy? What to give and What to Avoid.?  
Expert: **Dr. Dipti Pujari**  
Consultant Allergy Specialist, Deenanath Mangeshkar Hospital, Pune

c) Panel Discussion: **A to Z of Allergies in office practice**  
Moderator: **Dr. Mangai Sinha** (Treasurer NMIAP)  
Panelists: **Dr. Dipti Pujari** and **Dr. Vikram Patra** .

12. 21<sup>st</sup> June 2022- **MAHA IAP Women Committee – Tuesday Talks**  
Topic – **Upper respiratory disorders**  
Speaker – **Dr. Mangai Sinha** (Treasurer NMIAP)  
<https://us02web.zoom.us/j/84522431105?pwd=cHV6QU0wcWVvSEdYU0pBOHpaTU1vQT09>
13. 22<sup>nd</sup> June 2022 – **Basic Pediatric Ventilation Workshop**  
**Theme - " \*Start where you are. Use what you have. Do what you can"**  
Venue – D.Y.Patil Medical College & Hospital.  
Experts – **Dr Jeetendra Gavhane , Dr Suhas Kharche and Dr Priyanka Amonkar.**  
Curator – **Dr Rajesh Rai** (HOD Pediatrics D.Y.Patil Medical College & Hosp.)  
Coordinators - **Dr Pallavi Gahlot and Dr Ravi Nowlakra**
14. 24<sup>th</sup> June 2022 - **Postgraduate Clinics** in collaboration with Apollo Hospital, Navi Mumbai  
**Dr.Y.K.Amdekar Sir, Dr.S Balasubramniyam, Dr.Srinivasan**  
<https://us02web.zoom.us/j/85065073458?pwd=L0V4ZUZjbmx0b2poNlJhZXBycE50QT09>
15. 25<sup>th</sup> June 2022  
Topic: Pre School and School Age Influenza Vaccination  
Expert: **Dr. Vijay Yewale**  
Moderator: **Dr Jeetendra Gavhane**  
[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_YzE2MjFmMTktOTMwYy00ZTJkLWlZiitNTM2OWJiN-TdiZGM3%40thread.v2/0?context=%7b%22id%22%3a%225989ece0-f90e-40bf-9c79-1a7beccdb861%22%2c%22oid%22%3a%22a8af3fc5-3030-46a7-a7f3-0fa07aa3008d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_YzE2MjFmMTktOTMwYy00ZTJkLWlZiitNTM2OWJiN-TdiZGM3%40thread.v2/0?context=%7b%22id%22%3a%225989ece0-f90e-40bf-9c79-1a7beccdb861%22%2c%22oid%22%3a%22a8af3fc5-3030-46a7-a7f3-0fa07aa3008d%22%7d)

16. 25<sup>th</sup> June 2022 – **Motherhood Hospital, Kharghar** in association with NMIAP & Raigad IAP conducted a CME  
Topic – **Intestinal perforations in neonates: Variable presentations and outcomes.**
17. 27<sup>th</sup> June 2022 – Journal of Pediatric Intensive Care, Scopus Indexed International Journal  
Study Published – **Incidence & risk factors for hyponatremia in hospitalized children with Lower Respiratory tract infections.**  
Authors – **Dr Jeetendra Gavhane, Dr Vikram Patra, Dr Anshul Bhargava, Dr Priyanka Amonkar**  
Study Conducted at – **MGMHS, Navi Mumbai.**
18. 30<sup>th</sup> June 2022 – IAP Chapter of Neurodevelopmental Pediatrics  
Topic – **Developmental Delay Early Diagnosis and Management**  
Expert – **Dr Leena Deshpande** – Parental Counselling





# BRANCH ACTIVITIES : NAVI MUMBAI

JUNE 2022



## JUNE 2022

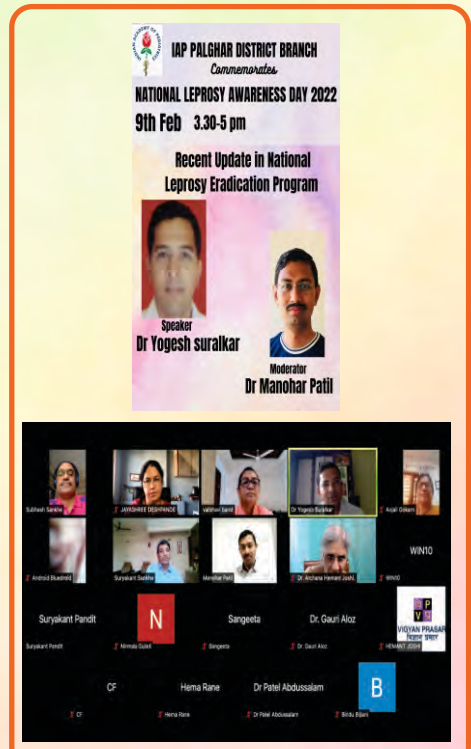
### SOCIAL –

- MAHA KATTA - A talk show**  
Unpublished, Unedited Journey from a doctor to an author Dr Shilpa Aroskar  
Moderator – Dr Amog Shahane (EB NMIAP), Dr Neha Singh (MahalAP)  
[https://us02web.zoom.us/j/88018979305?pwd=M4lRl3JX\\_Ej3NfqvBte6NAXkOFAqI.1](https://us02web.zoom.us/j/88018979305?pwd=M4lRl3JX_Ej3NfqvBte6NAXkOFAqI.1)
- Dr Dhanya Dharmapalan's published review article in Indian Journal of Pediatrics on Influenza was cited in Swedish Wikipedia as a first reference this month.
- Dr. Sagar Warankar awarded by a Diploma in Sleep Medicine, Colorado USA.
- Navi Mumbai IAP YouTube Channel, got 3000 Subscribers and more than 1.5 lakh views and 12000 hours cumulative viewing in less than 2 years. <https://youtube.com/c/IAPNaviMumbai>
- 'World menstrual Hygiene Day' Theme: We Are Committed  
To celebrate this day, NMAP EB member Dr Amog Shahane in collaboration with Sri Satya Sai Sanjeevani cardiac Hospital, Kharghar took a lecture on the same for adolescents from Kharghar and Palwal. The girls were taught about safe menstrual hygiene products, safe disposal and was an interactive session dismissing myths and misconceptions around menstrual products.
- Dr Mahendra Topale planted 50 saplings across Airoli & Vashi, distributed school kits and books with snacks to orphan kids. He also distributed T Shirts for street kids.
- Parent awareness program on the topic of Pneumocare- Vaccine for all was conducted by Dr Jeetendra Gavhane.



## JANUARY 2022

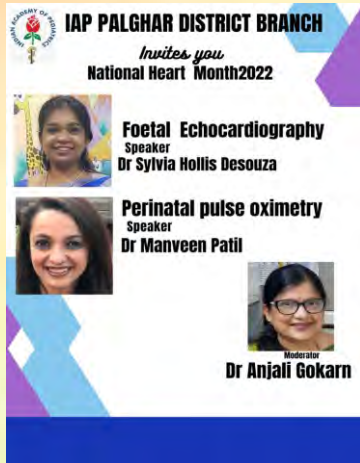
- 1<sup>ST</sup> DEC - WORLD HIV DAY CELEBRATED**  
SPEAKER-DR. AVINASH JADHAV, WHO CONSULTANT ON TB & HIV  
MODERATOR-DR. GAURI ALOZ  
ATTENDED BY PAEDIATRICIAN & GENERAL PRACTITIONERS
- 8<sup>TH</sup> DEC - EPILEPSY AWARENESS FOR TEACHERS**  
SPEAKER-DR. PRADNYA GADGIL  
MODERATOR-DR. GIRISH SONEKAR  
ATTENDED BY 56 TEACHERS & PAEDIATRICIAN & G.P
- 15<sup>TH</sup> DEC - MEDICOLEGAL AWARENESS**  
SPEAKER -DR. SATISH TIWARI  
MODERATOR-DR. ANJU TIWARI-SHUKLA  
ATTENDED BY PAEDIATRICIAN & GENERAL PRACTITIONERS
- 5<sup>TH</sup> JAN - SKIN & HAIR CARE AWARENESS**  
SPEAKER-DR. SACHIN CHAUDHARY  
MODERATOR-DR. GAURI ALOZ  
ATTENDED BY PAEDIATRICIAN & GENERAL PRACTITIONERS
- 26<sup>TH</sup> JAN - NATIONAL GIRL CHILD DAY**  
SPEAKER-HEMANT GANGOLIA  
MODERATOR-DR. SURYAKANT SANKHE  
ATTENDED BY PAEDIATRICIAN & GENERAL PRACTITIONERS
- 2<sup>ND</sup> FEB - NATIONAL HEART MONTH**  
SPEAKER-DR. SYLVIA DESOZA & DR. MANVEEN PATIL  
MODERATOR-DR. ANJALI GOKARN  
ATTENDED BY PAEDIATRICIAN, GYNECOLOGIST & GENERAL PRACTITIONERS
- 9<sup>TH</sup> FEB - NATIONAL LEPROSY AWARENESS DAY**  
SPEAKER-DR. YOGESH SURALKAR  
MODERATOR-DR. MANOHAR PATIL  
ATTENDED BY PAEDIATRICIAN & GENERAL PRACTITIONERS



## FEBRUARY 2022

THE FOLLOWING ACTIVITIES WERE CONDUCTED BY PALGHAR ACADEMY OF PEDIATRICS IN MONTH OF FEB 2022.

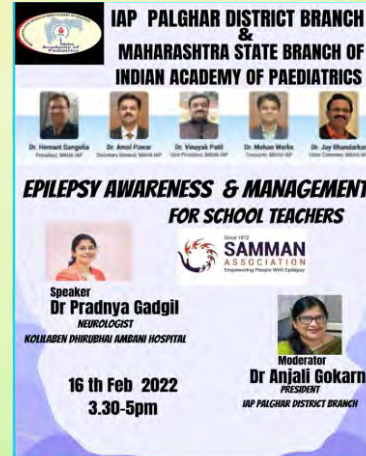
- 1) FEB MONTH CELEBRATED AS HEART HEALTH AWARENESS WEEK; FOR THE SAME WE CONDUCTED WEBINAR ON FETAL AND PERINATAL HEART HEALTH.



THIS TIME WE HAVE CHOSEN FETAL AND PERINATAL HEART HEALTH FOR OUR WEBINAR.

TOTAL ATTENDANCE FOR THE WEBINAR: 30 PEOPLE

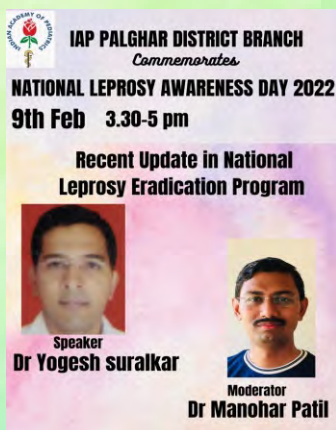
- 3) ON 16<sup>TH</sup> FEB; IAP PALGHAR IN ASSOCIATION WITH MAHA IAP DID A TOT, TRAINING PEDIATRICIANS FOR TRAINING TEACHERS FOR WORLD EPILEPSY DAY.



DR PRADNYA GADGIL, PEDIATRIC NEUROLOGIST, KOKILABEN HOSPITAL, MUMBAI ALONG WITH TEAM SAMMAN; CONDUCTED A PEDIATRICIAN TRAINING WORKSHOP ON MANAGING A SEIZURE IN SCHOOL FOR TEACHERS.

LINK: <https://youtu.be/UvAtWzYkSio>

- 2) IN 2022, WORLD LEPROSY DAY WAS OBSERVED ON 30<sup>TH</sup> JANUARY. WE CONDUCTED NATIONAL LEPROSY AWARENESS DAY 2022 ON 9<sup>TH</sup> FEB



THIS INTERNATIONAL DAY IS OBSERVED EVERY YEAR TO RAISE AWARENESS OF THE DISEASE AND TO END LEPROSY RELATED STIGMA.

OUR SPEAKER WAS DR YOGESH SURALKAR, ASST DIRECTOR HEALTH SERVICES LEPROSY DEPT, PALGHAR.

TOTAL ATTENDANCE FOR THE WEBINAR: 40 PEOPLE

- 4) PALGHAR ACADEMY OF PEDIATRICS ON THE LAST WEDNESDAY OF EVERY MONTH

CONDUCTS MONTHLY CME'S. IN THIS WE CONDUCT JOURNAL READING FOLLOWED BY INTERESTING CASES.

TOPICS:

- 1) AEFI - ADVERSE EFFECTS FOLLOWING IMMUNISATION BY DR.KISHOR CHAVAN WHO CONSULTANT FOR POLIO AND MEASLES
- 2) JOURNAL READING BY DR JAYSHREE DESHPANDE
- 3) FEVER WITH RASH BY DR.ADITI DANDAWAT JOSHI CHILDREN'S HOSP.
- 4) RARE DISEASES ARE RARE RARE IS MANY. BY DR .SHRUTI BAJAJ

## MARCH 2022

### IAP PALGHAR: REPORT OF MARCH 2022

Name Of The Branch: IAP Palghar District Branch

Reporting Period: March 2022

Office Bearers During Period Under Report:

President: Dr. Anjali Gokarn

Secretary: Dr. Vaibhavi Barot

Treasurer: Dr. Anuradha Palwankar

Following Activities Were Conducted In The Month Of March:

#### 1) WORLD OBESITY DAY IS OBSERVED ANNUALLY ON 4<sup>TH</sup> MARCH

For This We Conducted A Webinar With Dr. Rajesh Joshi, Paed. Endocrinologist, Wadia Hosp.



Topic: 1) Overview Of Childhood Obesity And Its Management

By: Dr. Rajesh Joshi

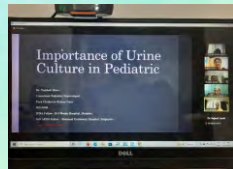
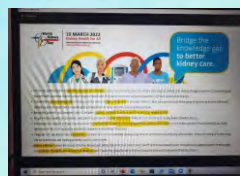
2) Appropriate Diet For Children

By: Ms Sheryl Satis

She Talked About Tasty And Healthy Recipes For Kids, How We Can Make Nutritious Low Calorie Food For Children. These Tips Were Helpful For Adults Also

Member Participation: 60

#### 2) WORLD KIDNEY DAY IS OBSERVED ON 10<sup>TH</sup> MARCH:

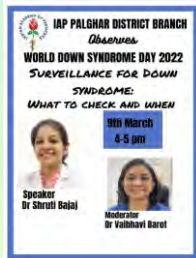


World Kidney Day Was Celebrated By Conducting A Webinar .

Speaker: Dr. Vaishali More, Paed Nephrologist

She Emphasized On The Importance Of Proper Technique Of Urine Collection, Interpretation Of Culture Report And Treatment Based On It.

#### 3) WORLD DOWN SYNDROME IS OBSERVED ON 21<sup>ST</sup> MARCH EVERY YEAR



We As Paediatricians Should Know The Correct Way To Monitor Children With Down Syndrome, Their Growth And Other Parameters.

All This Was Enlisted In This Webinar

Member Participation: 25

#### 4) HEALTH CHECK-UP CAMP:

IAP, Palghar And Pehel - an Initiative for Down Syndrome

Had a Meeting with Families of Down Syndrome today 15th March 2022.

# Ten families participated and the children were examined

# Free Annual CBC and TSH were done for all patients

# Free 2D Echocardiography done for 3 patients

Important points discussed:

1. Discussed how Physiotherapy, Occupational Therapy, Speech Therapy are important for children who have hypotonia, in DS
2. Emphasized on importance of Dental Hygiene and to visit a Pediatric Dentist every 6 months
3. To take all catch up vaccines. Children above 15 years to take Covid vaccine
4. Parents to make Disability certificate, UDID card and apply for Niramaya Insurance
5. Some children were followed up for cardiac issues. Dr Sylvia, Pediatric Cardiologist, did 2D Echo as followup in 3 children, and guided one of the parents for surgery.
6. Stressed on physical activity for children and how they could engage in sports, swimming, dancing and games
7. Counseled on involving children in household activities, like to clear table, fold clothes, serve guests etc
8. To meet again soon to discuss other points and support each other



#### 5) WORLD ORAL HEALTH DAY



On The Occasion Of World Oral Health Day We Had A Webinar On Paed. Dentistry

Topics Covered Were :

When To Start Cleaning ?

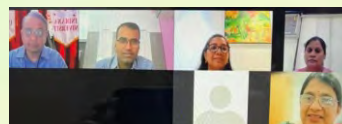
How To Clean? How Often? Which Brush ,Which Toothpaste? How Much Paste?

Flossing Or Not? Cleaning Teeth Of Special Child And Even Tongue Tie Topic Was Covered.

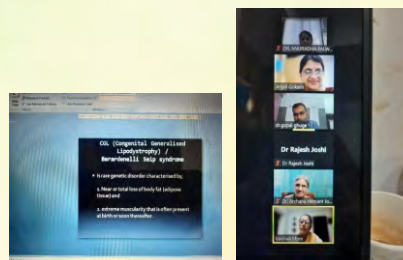
Member Participation: 29

LINK: <https://youtu.be/-afRQuP9pBI>

#### 6) WORLD TUBERCULOSIS DAY



#### 7) RARE DISEASE DAY : 28<sup>TH</sup> FEBRUARY



Paediatric NTEP Programme In Palghar District Was Discussed By Dr. Sameer Zarpade Who Is The City Tb Officer Of VVCMC.

We Discussed About Free Testing And Free Drugs Availability To Paediatric Patients.

On Occasion Of Rare Disease Day, A Case Of Rare Syndrome Was Presented In Our Monthly Meeting. It Was Diagnosed By Dr. Rajesh Joshi- Our Paediatric Endocrinologist,

Case Of Congenital Generalised Lipodystrophy/ Berardenelli Seip syndrome.

## APRIL 2022

### IAP PALGHAR: REPORT- APRIL 2022

Name Of The Branch: IAP Palghar District Branch

Reporting Period: April 2022

Office Bearers During Period Under Report:

President: Dr. Anjali Gokarn

Secretary: Dr. Vaibhavi Barot

Treasurer: Dr. Anuradha Palwankar

Following Activities Were Conducted In The Month Of April:

#### 1) ADOLESCENT WEEK



Adolescent week was observed with a webinar on Peer Pressure In Teenagers

Speaker:

- 1) Dr. Jayant Pandharikar  
Consultant Paediatrician  
Immediate Past President MahalIAP
- 2) Dr. Shubhada Khirwadkar  
Consultant Paediatrician
- 3) Mr. Pramod Patil  
President, Gurukul Education Trust

Moderator: Dr. Anuradha Palwankar  
Consultant Paediatrician, Virar

Webinar was for school teachers, parents, teenagers and doctors

Member Participation: 80 delegates

#### 2) AUTISM AWARENESS DAY (2<sup>ND</sup> APRIL)



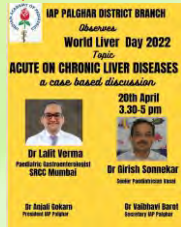
World Autism Awareness Day Is Celebrated On 2<sup>nd</sup> April For this we had a webinar to discuss how to recognise autistic child in our busy OPD, various therapies for them, guide them regarding their special talents and give guidance for various schemes for them.

Speaker: Dr. Leena Deshpande  
Developmental Paediatrician, Navi Mumbai

Moderator: Dr. Shailesh Barot  
Practising Paediatrician, Virar

Member Participation: 34 delegates

#### 3) WORLD LIVER DAY



On the occasion of World Liver day we had a webinar on case based discussions on Acute on chronic diseases.

We also discussed ABC's of LFT

Speaker:

Dr. Lalit Verma, Paediatric Gastroenterologist, SRCC, Mumbai

Moderator:

Dr. Girish Sonnekar  
Senior Paediatrician, Vasai

Member Participation: 24

#### 4) WORLD IMMUNISATION WEEK



World Immunisation Week is celebrated in last week of April. We had an informative discussion on the COVID-19 Vaccines.

Speaker: Dr. Sanjay Marathe  
ACVIP Member 2020-22

Moderator: Dr. Jayshree Deshpande  
Vice-President, Palghar

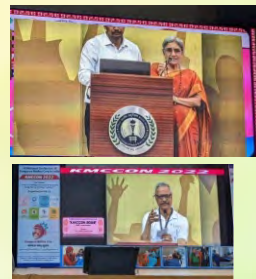
#### 5) HEALTH TALKS :

a) On immunisation



IAP, Palghar And Nallasopara Medical Association Observed World Immunisation Week On 29th April 2022 With a talk for Parents on Immunisation in Children  
YOUTUBE LINK:  
<https://youtu.be/hrrrEUh5rNw>

b) Talk on kangaroo care



Dr. Archana Joshi was invited and felicitated at KMCCON 2022 at Bhopal. She gave a talk on Kangaroo mother care.

#### 6) HEALTH CAMPS



IAP, Palghar Health Check up at Paridnyashram School, Bolinj Children examined by, Dr Vaibhavi Barot, Dr Anuradha Palwankar, Dr Inderjit Pandit, Dr Amit Samant, and Dr Anjali Gokarn Total 62 students were examined today at Paridnyashram School 59 Hearing impaired students 3 intellectual disability students We detected

1. Two cases with severe anemia, Hb 6.5gm
  2. One child with cardiac disease referred to Dr Manveen
  3. One child with resistant Epilepsy referred to Samman Epilepsy OPD at Dahanu for Dr Pradnya's opinion
  4. One child with single kidney, referred to Dr Vaishali More for counseling and management
  5. One patient with Thrombocytopenia, who will be followed up
  6. Several children with dental problems referred to Dentists who will give free treatment at Virar, Nalasopara and Vasai
  7. One child who will need skin graft, looking for appropriate plastic surgeon
  8. Flat feet referred to Occupational therapist And many more issues
- We also advised all of them deworming and 10 years TT Booster.



Sanjeevani Special School, Vasai,

Checkup Doctors who were present

: Dr Sunil Bihade, Dr Prafull Rane, Dr Sylvia D'Souza, Dr Anjali Gokarn

Today we examined 26 kids at Sanjeevani School at Vasai One child had a heart disease was seen by Sylvia. She will do Echocardiography and refer to appropriate place for surgery

3 children were referred to Epilepsy OPD at Dahanu for management. These children go to KEM for followup and medication

Lots of Autistic children needing Speech Therapy referred to Speech Therapist

Dental care advised

Referred for squint to Ophthalmologist

## MAY 2022

### IAP PALGHAR: REPORT- MAY 2022

**Name Of The Branch:** IAP Palghar District Branch  
**Reporting Period:** May 2022  
**Office Bearers During Period Under Report:**  
 President: Dr. Anjali Gokarn  
 Secretary: Dr. Vaibhavi Barot  
 Treasurer: Dr. Anuradha Palwankar

Following Activities Were Conducted In The Month Of May:

#### • WEBINARS

##### 1) WORLD THALASSEMIA AND WORLD HAEMOPHILIA DAY



World Thalassemia Day is observed on 8<sup>th</sup> May  
 Theme was : Be Aware, Share, Care  
 World Haemophilia Day  
 Theme: Access To All Partnership Policy Progress

#### Speakers:

- 1) Dr. Ruchira Misra, Paediatric Hematologist, SRCC Hospital
- 2) Dr. Amit Jain, Consultant Paediatric Hemato-Oncologist Daffodils Oncology Centre

**Moderator:** Dr. Inderjit Pandit, Consultant Paediatrician, Virar  
**Member Participation:** 26  
**YOUTUBE LINK:** <https://youtu.be/0t7FWCsWvY4>

##### 2) WORLD ASTHMA DAY



World Asthma Day Is Celebrated On 3<sup>rd</sup> May  
 For this we had a webinar to discuss how to recognise an asthmatic child, which drugs to use when and in short about the new GINA guidelines 2022

**Speaker:** Dr. Barnali Bhattacharya, Consultant Paediatrician, Master Trainer Asthama Module, IAP

**Moderator:** Dr. Amit Samant, Practising Paediatrician, Virar  
**Member Participation:** 34  
**YOUTUBE LINK:** <https://youtu.be/mBQTNt60ZtE>

#### • WORKSHOPS:

##### 1) SELF DEFENCE WORKSHOP FOR NURSES :



Self Defence Workshop for Nurses:  
 By Trainer - Shubin Balan  
 Assistant Trainer - Pratima Toraskar  
 Of Fighter's Taekwondo Academy  
 Venue: Vikas Seminar Hall, Vasai  
 25 nurses attended the program.

### • SELFIE WITH STAFF



MAHA IAP organised selfie with staff competition in which IAP palghar's Joshi Hospital won the Third place.



3<sup>rd</sup> Prize  
 Dr. Hemant Joshi &  
 Dr. Archana Joshi, Virar

### 2) NURTURING CARE FOR EARLY CHILDHOOD DEVELOPMENT (NC-ECD) WORKSHOP



NC-ECD Workshop was conducted independently by our branch for the first time.

We had 42 registrations but only 32 were able to make it.

We had excellent faculties;

- 1) Dr. Jayant Pandhrikar
- 2) Dr. Satish Agrawal
- 3) Dr. Minhaz Shaikh
- 4) Dr. Nilima Bhandarkar

To grace the occasion we also had our MAHA-IAP President Dr. Hemant Gangolia sir. For the introductory lecture we had Dr. Sameer Dalwai, our national coordinator for the workshop.

### 3) NURSES TRAINING WORKSHOP



क्र.सं.	विषय	अध्यक्ष	संस्था
11	1. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
12	2. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
13	3. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
14	4. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
15	5. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
16	6. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
17	7. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
18	8. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
19	9. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
20	10. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
21	11. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई
22	12. थलसेमिया	डॉ. अश्विनी शंकरराव अंबेडकर	महाविद्यालय, मुंबई

MAHA IAP in collaboration with IAP PALGHAR organised an event on ZOOM platform for all the Nursing staff and paramedical staff. The program started on 12<sup>th</sup> May which is celebrated as International Nurses Day.

The teaching continued for 15 days, we had eminent speakers and moderators for the training sessions. The chief guest for the Inauguration of the program was Dr. Madhuri Kanitkar. The training program was conceptualised by Dr. Hemant Joshi and was coordinated by MAHA IAP.

The last day was graced by many IAP and MAHA IAP Office bearers.



### • HEALTH CAMPS

#### 1) FREE THALASSEMIA OPD AND COUNSELLING AT VASAI ON 12<sup>TH</sup> MAY BY DR RUCHIRA MISRA AND SRCC TEAM.

#### 2) FREE ANEMIA OPD AT DAHANU SUB DISTRICT HOSPITAL.



On 28<sup>th</sup> May 2022, first of many OPD was conducted under the guidance of Dr Amit Jain Pediatric Hemato - oncologist of CTC Borivili.

Forty children and their families with Thalassemia and Sickle Cell Disease were examined.

Many of them were advised medications, tests, sibling screening, regular followup and counseling. Most of this will be available at Dahanu SDH

The Honorable Civil Surgeon was present at the occasion and promised cooperation. We have planned to have this OPD once a month on every 4<sup>th</sup> Saturday morning at Dahanu.

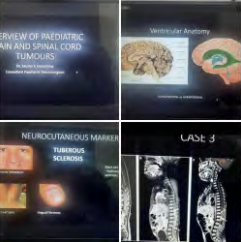
## JUNE 2022

### IAP PALGHAR: REPORT- JUNE 2022

**Name Of The Branch:** IAP Palghar District Branch  
**Reporting Period:** JUNE 2022  
**Office Bearers During Period Under Report:**  
 President: Dr. Anjali Gokarn  
 Secretary: Dr. Vaibhavi Barot  
 Treasurer: Dr. Anuradha Palwankar

Following Activities Were Conducted In The Month Of June:

#### 1) WORLD BRAIN TUMOUR DAY



World tumour day is observed on 8<sup>th</sup> June .We had a webinar on overview of paediatric brain and spinal cord tumours. We also got to learn the newer modalities in neurosurgery in children.

**Speaker:**  
 1) Dr. Saurav Samantray  
 Neurosurgeon,SRCC,Mumbai.  
**Moderator:** Dr. Gopal Ghughe  
 Consultant Paediatrician,Boisar  
**Member Participation:** 26 delegates

#### 2) WORLD SICKLE CELL ANEMIA DAY



World sickle cell Day is observed On 19<sup>th</sup> June For this we had a webinar to discuss about sickle cell disease and about the promising future of sickle cell disease therapy.

**Speaker :** Dr.Dipti jain  
 Ex.Prof. and Dean GMC Nagpur,  
 Advisor Global SCD Congress  
**Moderator:** Dr. Jayshree Deshpande  
 Vice President,IAP Palghar  
**Member Participation:** 30 delegates

#### 3) COMPLEMENTARY FEEDING WEEK

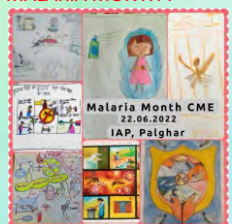


Complementary Feeding Week is celebrated from 6<sup>th</sup> June We conducted a panel discussion on complementary feeding practices. Webinar was conducted in marathi as it was for anganwadi workers,asha workers and parents

**Panelists:**  
 1) Dr.Inderjit Pandit  
 Consultant paediatrician,  
 Virar  
 2) Dr.Jenevia Tuscano  
 BAMS,IBCLC,BPNI,  
 IYCF Delhi  
 3) Mrs. Sushmashelurkar  
 MSG Leader,BPNI Maharashtra  
 4) Mrs.ManjuVerma  
 IBCLC,BPNI,Maharashtra

**Moderator:**  
 Dr.Vaibhavi Barot  
 Consultant Paediatrician,Virar  
**Member Participation:**44

#### 4) MALARIA MONTH :



June is observed as World Malaria Month For this we conducted Malaria Poster Competition and online malaria quiz We had a large number of participation in poster competition

<https://drive.google.com/file/d/11Wb1PAEssOOYEz5TM7eQFUx56ZMzop/view?usp=drivesdk>

### MONTHLY CME



**IAP, Palghar Monthly CME**  
**Wednesday, 29th June 2022**  
**3.30 to 5pm, on Zoom**  
**Case Presentation:**  
 Dr Kant Shah  
**Malaria**  
**Control Programme:**  
 Dr Smita Waghmare  
**Moderator:**  
 Dr Smita Waghmare  
**Dr Kant Shah**  
 Pediatric Surgeon  
**Dr Smita Waghmare**  
 Chief, Vector Control Programme  
**Dr Ankit Gupta**  
 Pediatric Intensivist

On the last Wednesday of every month we have our monthly CME in which interesting cases are discussed by our members.

#### TOPICS:

- 1) a) difficult liver case of jaundice  
 b) child with recurrent UTIs  
 By Dr. kant shah,paed.surgeon
- 2) Malaria Prevention Program by VVCMC  
 By Dr. Smita Waghmare,Malaria Medical Officer VVCMC
- 3) Severe traumatic brain injury  
 By Dr.Ankit Gupta,Paed.Intensivist  
 Wochardt hospital

**MEMBER PARTICIPATION : 28**

### HEALTH CAMP



On 25 /06/2022 Anemia opd was conducted at subdistrict hospital dahanu by IAP palghar . Almost 30 patients checked Mixed population of thalassemia, sickle cell anemia, sickle- thalassaemia, iron deficiency anemia,newly diagnosed sickle cell and their parents and siblings .Treatment and necessary investigations advised Parental and siblings counselling done Requirements for iron chelator , MRI and some candidates for vaccination found . Opd was lead by Dr. Amit jain (Hemat oncologist)Dr.shrishti srivastava (Hemat oncologist) Also attended by Dr. Jagdish Bhadbhade Dr. Alka Bhadbhade Dr. Gopal ghuge Dr. PrakashDr Yugali .And Staff of SDH dahanu hospital



## JANUARY 2022

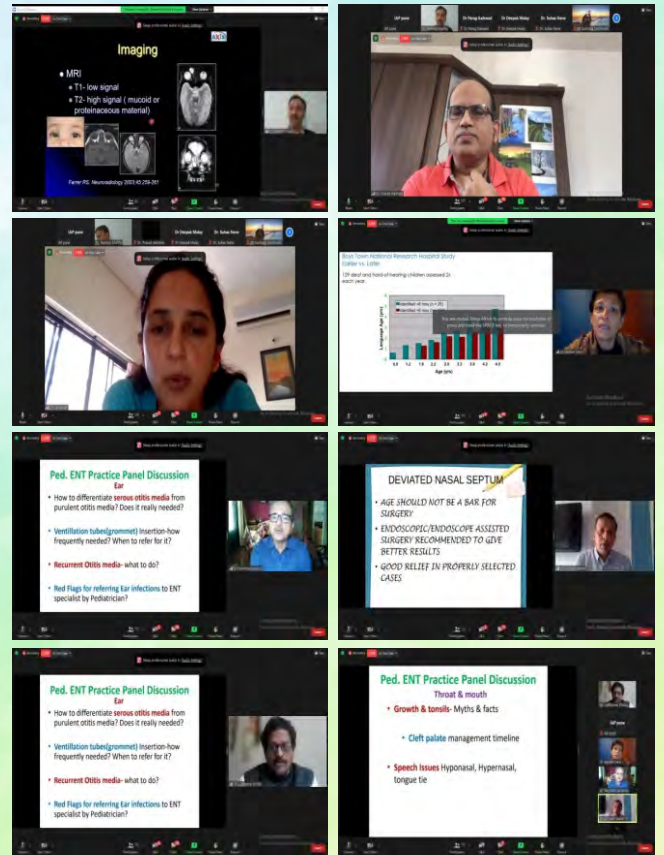
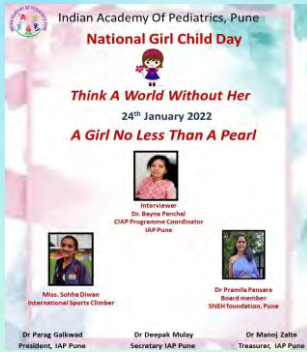
### Branch Activity 2022

January 2022

#### National Girl Child Day 2022

Indian Academy of Paediatrics Pune celebrated 24<sup>th</sup> January 2022 as a National Girl Child Day. Dr. Bayna Panchal from our branch interviewed very talented Miss, Soha Diwan, international sports climber and our IAP member Dr. Pramila Pansare, board of director of SNEH foundation. (Youtube Link: <https://youtu.be/eLu3VBTswok>, <https://youtu.be/mUmFpJ6FkoA>)

Assessment of Health Awareness - When a child is aware that health is wealth, it makes a lot of difference to him and coming generations, especially in case of girls. To assess their awareness regarding health, Dr. Ujjwala Mudgerkar has recorded few videos of some girls. Also interviewed Ms. Radhika Karandikar- Dancer (Bharatnatyam) who performed in prestigious dance festivals in India and abroad, also ad films for Dubai Expo 2020, Sony Liv and Reliance jio. (youtube link : <https://youtu.be/C1448MYAbB4>)



### Webinar – Updates on Special Senses

30<sup>th</sup> January 2022

This year the new committee of IAP Pune decided to have offline on “Updates on Special Senses”, which was conducted successfully.

Faculties were Dr Ramesh Murthy, Dr. Jai Kelkar, Dr. Prasad Walimbe, Dr. Abhijeet Mantri, Dr. Neelam Vaid and Dr. Ravindra Sardesai. Panel discussions were moderated by Dr. Sushruta Deshmukh and Dr. Lalitkumar Dhoka.

Topics covered by eminent speakers were Tearful Tiny Tots (Dacryostenosis), Refractory Errors- Not To Miss, Hearing Impairment, Nasty Nose- Persistent Symptoms and panel discussions on Eye - Practice Updates 2022 & ENT Practice Updates 2022.

All the sessions were excellent.

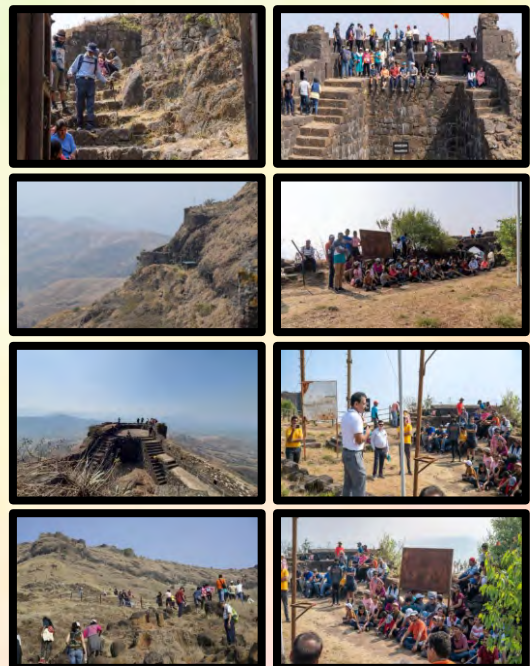
We received fantastic feedbacks from delegates.

### Branch Activity 2022

February 2022

Rohida Trek 13<sup>th</sup> February 2022

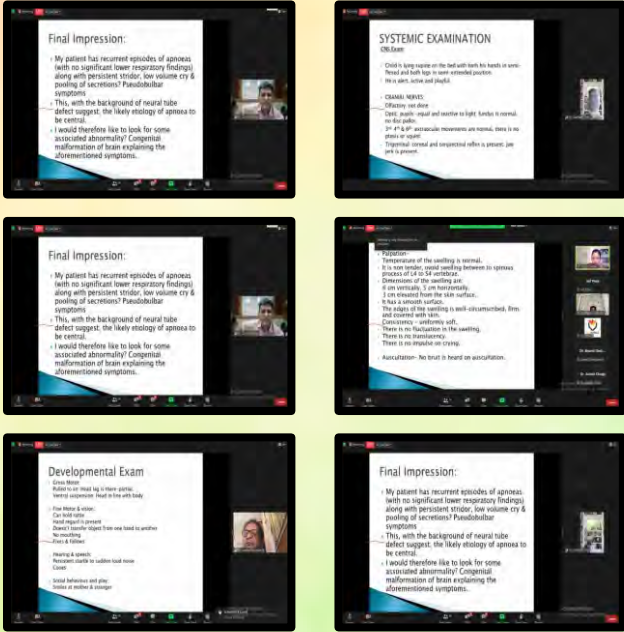
IAP Pune organised Rohida fort trek as an extracurricular activity on Sunday 13<sup>th</sup> Feb 2022. Around 110 trekkers were present including kids and special mention of 83 yr old Dr Aquil Khan. History of Rohida fort was narrated by Dr. Mankar Sir which made everyone proud of our historical heritage. Food was also delicious and enjoyed by everyone. Dr Manoj Zalte did drown



## FEBRUARY 2022

### PG Clinic Case Discussion Session 1

IAP Pune presents the first PG Activity of this year. Dr Mamta Srivastava from KEM Hospital, Pune presented the case. Faulties were Dr Anand Deshpande, Dr Ashish Chug and Dr Sandeep Patil. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners were Dr Pramod Kulkarni. Topic was **"5 months old baby boy with midline back swelling since birth, stridor and recurrent ALTE."**. It was excellent case presentation.



### World Paediatric Cancer Awareness Day

On the occasion of World Paediatric cancer Awareness day, IAP Pune organised drawing competition for kids and requested parents to submit a write-up sharing their Journey from Diagnosis of cancer in their child.

For drawing competition topic was 'My & my family's fight against Cancer'.

Elder kids were asked to draw picture based on this theme either at home or at the venue (half an hour to an hour dedicated to this activity). Drawing material was provided by IAP Pune team. Younger kids enjoyed painting on drawn pictures.

Some parents were requested to share their experiences in front of other cancer affected families. Participation gifts were given to all the kids and parents. Some mind blowing pictures and write-ups were given special prizes.

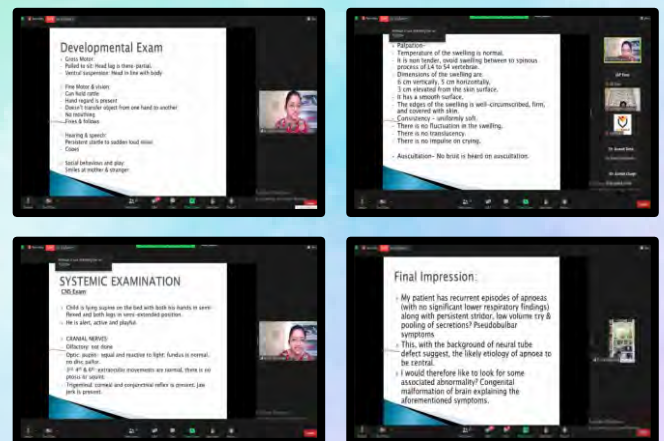
Following hospitals participated in this activity.

- KEM Hospital, Pune
- Surya Mother & Child care Hospital, Wakad
- Deenanath Mangeshkar Hospital, Pune
- Bharati Hospital, Pune
- Sanjeevan Hospital, Pune
- Sassoon General Hospital, Pune

Panel discussion on guidelines for paediatricians was organised at IAP Pune office. Panelists were all Paediatric Haematologists of Pune

### PG Clinic Case Discussion Session 2

IAP Pune presents the second PG Activity of this year which was conducted on 24<sup>th</sup> February 2022. Dr Bhavana from Dr D Y Patil Medical College, Pune presented the case. Faulties were Dr Vikram Kumar and Vishwanath Kulkarni. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners were Dr. Sampada Tambolkar and Dr. Shiji Chalipat. Topic was **"5 month old female child with recurrent seizures, developmental delay, nystagmus and hydronephrosis."**. It was excellent case presentation.



## FEBRUARY 2022

### CME – Gut, Allergy & Immunity 27<sup>th</sup> February 2022

This CME was first physical CME of this year held on 27<sup>th</sup> February 2022 at Hotel Sheraton.

Installation ceremony of New team under presidency of Dr. Parag Gaikwad was done at hands of Dr. Upendra Kinjawadekar (President Elect- National IAP)

E copy of Lighthouse was also inaugurated during the program.

Topics covered by eminent speakers included Allergy Rhinitis, Microbiome Current Evidence, Dysbiosis followed by panel discussion on Gastroenterological Disorders in Pediatrics.

Faculties were Dr. Virendra Ghaisas, Dr. Vibhor Borkar, Dr. Pramod Jog and Dr. Vishnu Biradar. Panel discussion was moderated by Dr. Sampada Tambolkar.

All the sessions were excellent. We received fantastic feedbacks from delegates.

It was attended by 120 delegates from Pune and periphery area.



## MARCH 2022

### Branch Activity Report March 2022

#### World Obesity Day 4<sup>th</sup> March 2022

IAP Pune with Colors Innovative Academy celebrates World Obesity Day and Adolescent Healthcare Week on 4<sup>th</sup> March 2022. We have arranged running & quiz competition for students. More than 30 students participated in this program.

Programme started with warm welcoming of all doctors and SNEH CEO by school teachers.

Dr. Bayna Panchal explained in brief about obesity awareness and adolescent healthcare and a small talk on obesity, causes and importance of healthy diet and daily exercises.

It was indeed great to see enthusiastic children, who were ready for running race.

The main attraction of the programme was Dr. Swapnali Dhoka mam talk on adolescent boys and girls. It was a wonderful, interactive session with children.

Dr. Pramila and Dr. Deepa summarised our entire programme and gave vote of thanks...

And lastly prizes were distributed amongst children.

Happy ending of the programme with happy faces of children.



#### World obesity day at Deenanath Mangeshkar Hospital

On the occasion of World Obesity Day on 4<sup>th</sup> March, 2022, obesity awareness week (4<sup>th</sup>-12<sup>th</sup> March 2022) was organized by IAP Pune in association with Deenanath Mangeshkar Hospital by Dr. Supriya Gupte. Standees for obesity awareness were put up in the Pediatric OPD throughout the week. The quick BMI screening tool - standee helped parents assess if their child was overweight or obese. Information leaflets regarding issues of childhood obesity and prevention tips and were distributed to parents visiting the OPD. The week celebrations helped create awareness regarding the obesity pandemic in children post Covid.



## MARCH 2022

### World obesity day at Global Talent School

On occasion of World obesity day, IAP Pune organised obesity awareness week (4<sup>th</sup>-12<sup>th</sup> March 2022) at Global Talent School. More than 150 students joined it. A small walkathon was done around the school with IAP banner and placards in hands for spreading messages. We distributed healthy snacks like Chikki to all students, teachers and staff



### World obesity day at Dr D Y Patil Medical College

IAP Pune and D Y Patil medical college organised inaugural function for Ped Obesity activities on 7th March at DY Patil Medical College, Pimpri. Program inaugurated by Dr Sharad Agarkhedkar, HOD - DY Patil medical college and Dr Jagdish Dhekne sir.

Short talks were-

- Dr Supriya Gupte- Overview of Ped Obesity
- Dr Shaileja Mane- Food labelling
- Dr Sampada Tambolkar- Healthy and Unhealthy food.

Healthy recipes and Ped obesity information booklets were distributed.

Program attended by Dr Parag Gaikwad, Dr Deepak Mulay, Dr Sushruta Deshmush, Dr Lalit Dhoka and Dr Ujjwala Mudgirikar from team IAP Pune.



### Obesity Awareness Week -National Webinar

3<sup>rd</sup> & 5<sup>th</sup> March 2022

IAP Pune is organising various activities and programs during Obesity Awareness Week. We organised National Webinar on Pediatric Obesity Updates on 3<sup>rd</sup> March 2022 and webinar on Parental questions regarding obesity on 5<sup>th</sup> March 2022 at IAP Platform.



**PEDIATRIC OBESITY - QUESTIONS FROM PARENTS. PANEL DISCUSSION**

Go to [diapindia.org/eventcalendar](http://diapindia.org/eventcalendar) or [click here](#)

**SATURDAY, 5TH MARCH 2022**  
3:00PM - 4:00PM

If you are not able to view on the above link, please [click here](#)



**UPDATE ON PEDIATRIC OBESITY**

Go to [diapindia.org/eventcalendar](http://diapindia.org/eventcalendar) or [click here](#)

**THURSDAY, 3RD MARCH 2022**  
3:00PM - 4:00PM

If you are not able to view on the above link, please [click here](#)



### World obesity day @chaitanya Baug, Pune

We celebrated the 'World Obesity awareness day' on 5th March at 'Chaitanya Bag, Sinhadag Road.

Children were given placards carrying information about healthy diet, exercises and what is junk food and how to avoid it..

There was a short march of children, followed by a small health talk.

In between the talk, children displayed the relevant placards and read the information on it to the audience.



## MARCH 2022

### Heritage Walk

6<sup>th</sup> March 2022

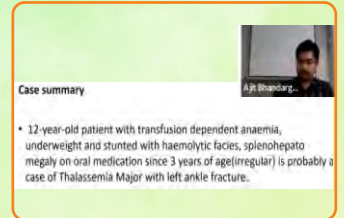
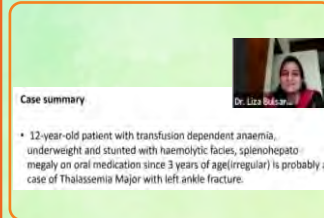
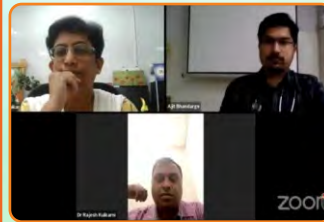
On 6<sup>th</sup> March 2022 Pune IAP organised Heritage Walk at Mahadaji Shinde Chhatra. Great response from Pune IAP members, around 100 Pune IAPians and their families took part. Dr Abhang-Historian, Dr Ganesh Raut- Historian and Mr Askok Kadam Police Inspector gave history talk. Miss Renuka Gund, Age -10 yrs shown skills with Stick, our historic sport. Dr Sanjay Mankar support this program.



### PG Clinic Case Discussion – Session 3

10<sup>th</sup> March 2022

Third session of PG Clinic case discussion was organised on 10<sup>th</sup> March 2022. Dr Ajit Bhandarge from Smt Kashibai Navale Medical College & Hospital, Pune presented the case. Faulties were Dr Aarti Kinikar & Dr Liza Bulsara. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners was Dr Tushar Deshpande. Topic was “12 yr old child with pollar hepspatolomegaly”. It was excellent case presentation.



### Hepatitis A Virus & Disease- Module

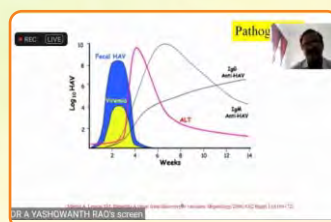
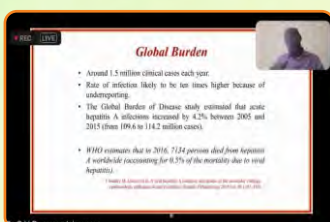
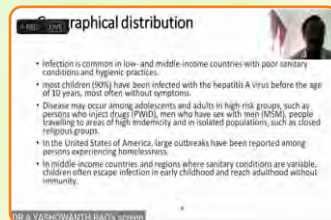
8<sup>th</sup> March 2022

IAP Pune along with Maha IAP conducted Hepatitis A Virus & Diseases Module (Webinar) on 8<sup>th</sup> March 2022. The Webinar was a huge success with more than 200 viewers from Pune and across India who gave fantastic feedback for all the lectures.

The topic covered were- changing hepatitis -epidemiology in India , it's diagnosis, treatment, complications and it's prevention. Hepatitis A vaccination and it's current recomandations.

The sessions were very well conducted by facilities who included Dr A Yashowanth Rao, Dr Gv Basavaraja, Dr Rimjhim Shrivastava, Dr Sachin K Patil, Dr Raj Kumar Gupta, Dr P Anil Raut, & Dr Sachin K Patil.

All and all a great learning experience for all !



### World Kidney Day

10<sup>th</sup> March 2022

On the occasion of world Kidney Day, IAP Pune organised public awareness walk.

March started from IAP office to Saras Baug. We displayed placard in public about kidney health also distributed pamphlets. In saras Baug we interacted with morning walk groups.

Program was organised by IAP Pune with Ped Nephrologist viz Dr Jyoti Sharma, Dr Jyoti Singhal, Dr Nivedita Pandey.

Snippets were posted in all what's App group of IAP Pune.



## MARCH 2022

### Sensitisation to Clinical Research

13<sup>th</sup> March 2022

IAP Pune presented CME on Sensitisation to Clinical Research on 13<sup>th</sup> March 2022 at Hotel Central Park, Pune. Around 30 delegates attended this CME.

Topic covered were diagnostic testing accuracy, Interpreting results & drawing conclusions, how to critically appraise an article & research in pediatric clinical practice.

The faculties were Dr Ashish Bavdekar, Dr. Saurabh Datta, Dr Sanat Phatak & Dr. Atul Muly. The sessions were very well conducted by facilities.

All the sessions were excellent. We received fantastic feedbacks from delegates.



### Down Syndrome Day

@Seva Sadan School

20<sup>th</sup> March 2022

On the occasion of World Down Syndrome Day, a panel discussion with medical experts was arranged as a collaborative effort by IAP, Pune Chapter and Project Dawn of Upleap Social welfare Foundation, Pune, on the 20<sup>th</sup> March at Sevasadan School auditorium.

Project Dawn is the support group which works exclusively for the welfare of children with Down Syndrome and their families.

Dr. Mudgerikar, Senior Paediatrician, Dr. Supriya Gupte, Paediatric Endocrinologist, Dr. Mangalesh Nimbalkar, Paediatric Cardiologist and Dr. Neha Deshpande, Senior Paediatric Neurologist participated in the session to enlighten the parents regarding the health issues and general well being of their wards with Down Syndrome.

Lots of important questions were addressed by the very competent experts like for example-

What to expect when the child has the diagnosis of Downs Syndrome?

What initial checkups should the child undergo upon diagnosis or even the likelihood of diagnosis of Down syndrome?

What ailments is a child with Downs Syndrome likely to have and what are the likely symptoms to watch out for?

Eg. In case of thyroid disorders or seizures, heart defects, gastrointestinal issues etc.

The session was very engaging with spontaneous interaction between doctors and parents. The doctors efficiently clarified all the doubts, queries and gave great inputs regarding early intervention when it comes to detection of any ailment and treatment for the same.

They also emphasized the promptness with which the treatment should be given to the child and the possible risks if it is delayed.

They also stressed the importance of good dietary habits from early on, ruling out any specific food allergies, good exercise or any possible physical activities to avoid obesity related issues in future, as well as catching disturbed sleep patterns, where other complications could be the underlying cause.

The experts also gave inputs in great details about the necessity of regular follow up, following medication routines exactly as prescribed by doctors, not changing or stopping

### Kawasaki Disease

16<sup>th</sup> March 2022

IAP Pune celebrated world young arthritis (WORD) day with a webinar on Kawasaki disease on 16.03.2022. The webinar was moderated by Prof. Surjit Singh from PGIMER Chandigarh who has the largest experience with Kawasaki disease in India. The speaker for the day was Dr. Himanshi Chaudhary, who is a trained pediatric clinical immunologist and rheumatologist and is a former student of Prof. Surjit Singh. She presented an exhaustive review of the clinical presentation of Kawasaki disease and discussed in detail the incomplete and the atypical forms of KD. The session was followed by a panel discussion by 4 pediatric rheumatologists from across the country viz Dr Rakesh Kumar Ponia, Dr Anjali Gummadi, Dr Jitendra Oswal, where they discussed the various challenges in diagnosis and management of KD.



medication without consultation with the concerned experts like neurologist, cardiologist or endocrinologist etc.

Parents had many queries and as part of such questions, the experts also guided parents on the precautions to be taken, tests to be conducted if they wanted to have another child. It is a topic that creates lots of anxiety in the minds of parents when they have a child with Down Syndrome and want to have another child.

The parents felt very reassured with all the expert advice and felt they could freely communicate with the doctors regarding their doubts.

It was a very eye opening and enlightening session and we now feel that we can help the needy parents much more with IAP Pune.



## MARCH 2022

### Down Syndrome Day @ KEM Hospital

21<sup>st</sup> March 2022

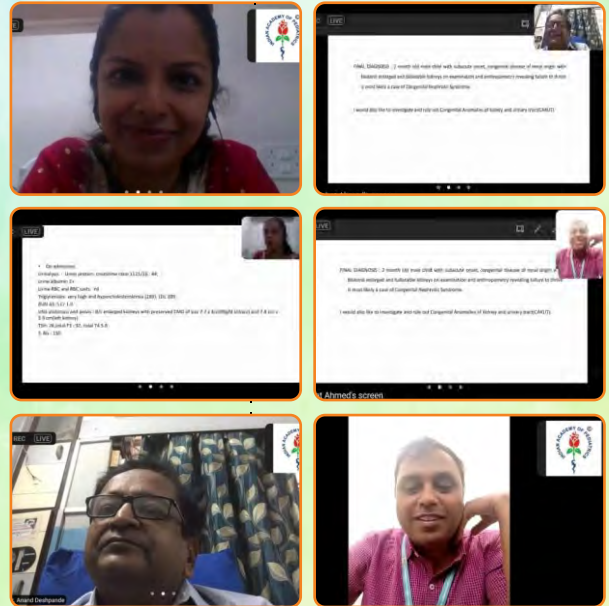
Down syndrome day was celebrated on 21st March 2022 at KEM Hospital Pune. The program was jointly organised by IAP Pune, KEM Hospital TDH Center and Uprise foundation a parents support group. The program was spearheaded by IAP Pune President Dr Parag Gaikwad, Dr Sudha Chaudhary and Dr Chaitanya Datar. Educational talks for parents were given by Dr Chaitanya Datar (Geneticist) Dr Sharmila Patil (Developmental Pediatrician) Mrs Bharati Patil (Therapist) and Mrs Ujjwal Nene (Psychologist). The support group gave information about the various activities that they conduct. The program was attended by 90 people including Down syndrome children and parents. A free medical camp was also held where about 22 Down syndrome children were examined and parents were counselled about various issues they faced.



### PG Clinic Case Discussion Session 4

23<sup>rd</sup> March 2022

Fourth session of PG Clinic case discussion was organised on 23<sup>rd</sup> March 2022. Dr. Sabahat Ahmed from PGI, Yashwantrao Chavan Memorial Hospital, Pune presented the case. Faculties were Dr Anand Deshpande & Dr Pratchi Kadam. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners was Dr Sandhya Haribhakta. Topic was "3 month old boy with history of swelling around eyes and over the limbs since 1 week." It was excellent case presentation.



### International Adolescent Healthcare Week

@D Y Patil Medical College

IAP Pune with DY Medical College organised session on Mental Health and Stress Management on 24 th March 2022 for Students of Dr.D Y Patil Medical College , Pune, as celebration of International Adolescent Health Week.

Faculties were Dr.Sharad Agarkedkar, Prof & Head, Department of Pediatrics, Dr.Shailaja Mane & Dr.Sampada Tambolkar.



## MARCH 2022

### International Adolescent Health Week

@Jehangir Hospital

On the occasion of International Adolescent Health Week, IAP Pune in association with Jehangir Hospital organised the informative workshop on 25th March 2022 at Jehangir Hospital.

Targeted audience -Hospital employees, parents, adolescents and parents on social media

An event was created to reach out to maximum no of people

Around 100 -150 people benefited from this programme

Many eminent doctors like Dr. Shilpa Dudhgaonkar, Dr Raj Ganacharya, Dr. Aarti Jindal, Dr Ankta Malpani, Dr Shradha, Dr Riha Shukla addressed various issues of Adolescents like body shaming, obesity and exam anxiety.



### IAP Healthy Lifestyle day 27<sup>th</sup> March 2022

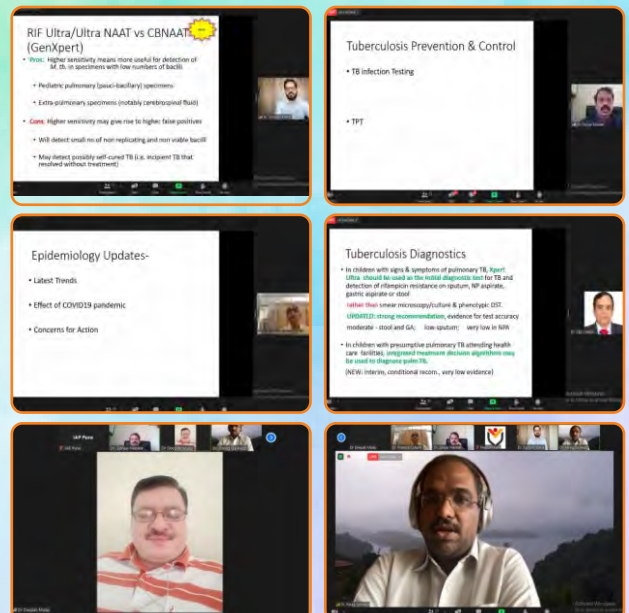
IAP Pune organised IAP Healthy Lifestyle Day on Sunday, 27th March 2022. Short talks delivered by Dr. Sanjay Natu on Diet ideas, Dr. Manoj Zalte on meditation overview, Dr Amit Deshmush on Exercise and cycling, Dr Kiran Mahankale on Gym Exercises. Speakers shared their experiences and some tips on Fitness, Diet and Meditation.

Pune IAP members and their families took part in discussion with enthusiasm.



### World Tuberculosis Day 29<sup>th</sup> March 2022

On the occasion of World Tuberculosis Day, Pune IAP is organised a webinar on Tuberculosis in Children- updates 2022 on DigiShield platform on 29 March 2022. Faculty were Dr. Vijay Yewale, Dr Sushant Mane & Dr. Sanjay Mankar. The panel was moderated by Dr. Pramod Kulkarni. The session was very well conducted.





## APRIL 2022

### Branch Activity Report

April 2022

### CME - Investigation Pediatric Practice

10<sup>th</sup> April 2022

IAP Pune conducted half day CME on Investigations in Pediatric practice on 10th April 2022.

Renowned faculties participated in CME including Dr Palani Raman, the academican from Chennai were participated in this CME. Other faculties were Dr Sandeep Kadam, Dr Anand Deshpande, Dr Shilpa Kalane, Dr Umesh Vaidya, Dr Sachin Shah, Dr Pamod Kulkarni, Dr, Maithili Kavathekar, Dr Palani Raman, Dr Mangalmoorti Bhalariao, Dr Ambrihkumar Mishra, Dr Sanjay Mankar, Dr Disha padalkar, Dr Piyush Chaudhari, Dr Bharat Purandare, Dr Sonali Sanghavi, Dr Sarita Verma, Dr Rumma Manchanda, Dr Shailesh Kanvinde & Dr Sandeep Bartakke.

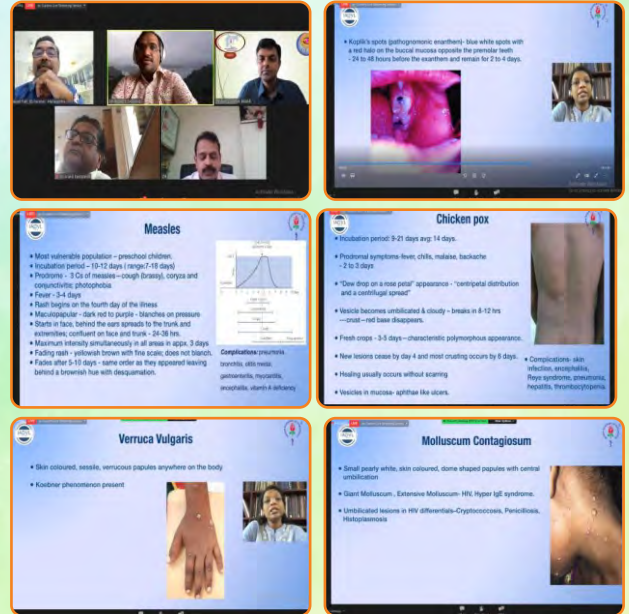
CME was attended by 150 Pediatricians.



### Webinar - Pediatric Dermatology - Exanthems and Enanthems

12<sup>th</sup> April 2022

IAP Pune is organised webinar on dIAP platform on 12th April 2022 at 3 pm on Pediatric Dermatology - exanthems and enanthems. The faculty was Dr. Malathi Manisamy. The session was followed by question answer session.



### Autism Awareness Walk

13<sup>th</sup> April 2022

IAP Pune organised Public awareness rally from IAP Pune office to saras Baug on 13<sup>th</sup> April 2022. Developmental Pediatricians from Pune were participated in rally viz Dr Sunil Godbole, Dr Leena Shrivastav, Dr Sharmila Patil, Dr Jai Joshi and Dr Ashwini kulkarni with Team IAPPUNE.

Picards displayed for public and short talks given to group of people.



## APRIL 2022

### Recognizing & Managing Parental Burnout

14<sup>th</sup> April 2022

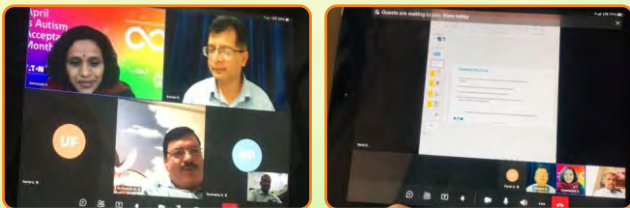
On 14th April 2022, Indian Academy of Pediatrics Pune branch arranged special webinar with Eaton Technologies Pvt. Ltd., on the occasion of Autism Awareness Month, April 2022.

Mrs Gitanjali Malshe from Eaton company started the session by welcoming the faculty and delegates.

Dr Parag Gaikwad, President, Pune IAP introduced the concept of Autism awareness and role of Indian Academy of Pediatrics Pune in conducting these awareness program. Dr Sunil Godbole, Developmental Pediatrician and National Secretary of Growth Development and Behaviour Pediatric chapter of IAP, delivered a crisp and simple presentation about how to recognize and manage parental burnout especially for parents managing children with Autism Spectrum Disorder. This well appreciated lecture was followed by numerous parenting questions which were ably answered by Dr Sunil Godbole.

Dr Deepak Mulay, Secretary, IAP Pune made the concluding remarks followed by vote of thanks by Mrs Geetanjali Malshe.

Workshop was attended by more than 200 parents.



### ECD MODULE

17<sup>th</sup> April 2022

Early Childhood Development workshop on conducted on 17th April 2022 at Navale Medical College, Pune

Faculties were Dr Samir Dalwai, Dr Suchit Tamboli, Dr Anurag Pangrikar and Dr Sanjay Natu. Workshop were attended by 40 delegates. Innovative concepts of ECD clinic discussed and work stations were very interactive.

Observer faculties were Dr Anand Deshpande and Dr Deepak Mulay



### BLS & ALS COURSE

15<sup>th</sup>-17<sup>th</sup> April 2022

On 15th, 16th and 17th of April 2022, IAP Pune conducted the first physical BLS and ALS course in the post pandemic era.

The PALS course was conducted at Bharati Vidyapeeth Medical college and hospital and was a roaring success. It was attended by 36 residents from across various institutes in the city of Pune. The faculty for both the courses included Dr Sanjay Bafna (Course director), Dr Gayatri Bhide, Dr Sagar Lad, Dr Jaipratibha Varshney, Dr Ajay Walimbe, Dr Priyanka Badjate, Dr Guruprasad Shankar and Dr Bhakti Sarangi (Course coordinator). The BLS module on day 1 was followed by 2 days of extensive training in advanced life support with all the skills and new learning thoroughly being enjoyed by the residents involved. This was the first of a series of BLS / ALS courses that IAP has planned to conduct this year for residents, fellows, practising pediatricians and nurses.



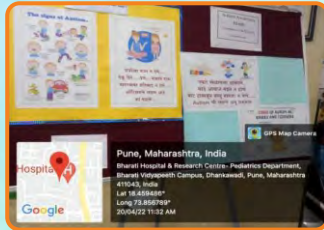
APRIL 2022

## Autism Awareness Activity

20<sup>th</sup> April 2022

An autism awareness activity was carried out with IAPPUNE at Bharati hospital on 20th April by Dr Leena Srivastava. Information about early identification and anticipatory guidance regarding stimulation, play and screen time was given by Dr Leena Srivastava, Development Pediatrician and the team at the Child Development and Behavior Centre.

This was followed by interaction with the parents.

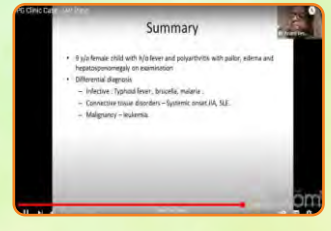
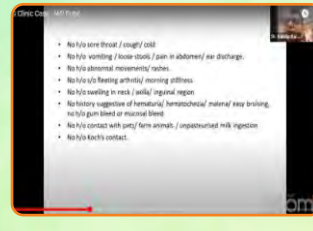
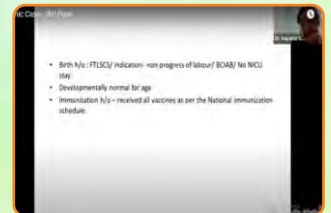
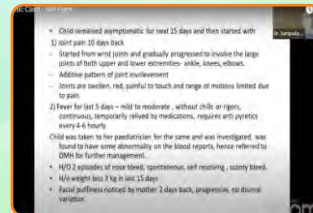


## PG Clinic Case Discussion

Session 5

20<sup>th</sup> April 2022

Fifth session of PG Clinic case discussion was organised on 20<sup>th</sup> April 2022. Dr Suparna Gadgil from Deenanath Mangeshkar Hospital & Research Centre, Pune presented the case. Faultlies were Dr Sampada Tambolkar & Dr Sandeep Bartakke. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners was Dr Anand Deshpande. Topic was "9 year old female with h/o fever, polyarthrits and Hepato-splenomegaly". It was excellent case presentation.



## Influenza Forum

24<sup>th</sup> April 2022

IAP Pune conducted vaccine (Influenza) symposium on 24th April 2022 at Hotel JW Marriott Pune.

Senior Pediatricians Dr Pramod Jog and Dr Jagdish Dhekne delivered shorts talk. There was very interactive questions and answers session



## MAY 2022

### Branch Activity Report- May 2022

#### Training Course in Pediatric Nephrology

7<sup>th</sup> May 2022

The training course was held on 7<sup>th</sup> May 2022 from 2 pm to 6 pm, organized under the auspices of Sister Renal Program of International Society of Nephrology and Indian Academy of Pediatrics, Pune Branch. Forty-four pediatric post-graduate students from medical colleges and teaching institutes in Pune attended the program.

Students were divided into four groups and 45-minute interactive sessions were held on Hematuria by Dr Manoj Matnani (Pediatric Nephrologist, Jehangir Hospital and DY Patil Medical College), Nephrotic syndrome by Dr Nivedita Pande (Pediatric Nephrologist, KEM Hospital, Pune), Chronic Kidney disease by Dr Jyoti Singhal (Pediatric Nephrologist KEM Hospital, Pune) and Hypertension by Dr Jyoti Sharma (Pediatric Nephrologist, KEM Hospital, Pune). Each session was case based and all students participated with great enthusiasm.

Soft copies of quick reference on practical aspects of pediatric nephrology like calculation of eGFR, modification of common drug dosages to eGFR and recent guidelines on steroid sensitive nephrotic syndrome and pediatric hypertension have been shared with the participants via their mail.

The positive feedback on the program that we received from students and their respective teachers to whom they reported left us greatly rewarded for our effort.



### Diabetes Workshop

8<sup>th</sup> May 2022

The diabetes workshop was successfully conducted by IAP Pune on Sunday, 8<sup>th</sup> May 2022 at Dr. D. Y. Patil Medical College, Hospital & Research Center, Pimpri, Pune.

There has been a constant rise in the number of children diagnosed with Type 1 diabetes in the last few years. Management of type 1 diabetes requires extensive education and training of the family in terms of checking blood sugars and administering insulin injections to the child at least 4 times a day, managing their diet and adjusting insulin doses as per the child's blood sugar levels. In addition, the child often needs to inject insulin in school to cover the meal in school. Having a child with type 1 diabetes is overwhelming & intimidating for parents.

The workshop was conducted with the aim of educating young paediatricians and pediatric trainees regarding practical aspects of management, thus making them more confident to manage children with type 1 diabetes in their practice.

The workshop extensively covered all basics of type 1 diabetes, namely management of diabetic ketoacidosis in the ICU setting by Dr. Supriya Gupte (Consultant in Pediatric Endocrinology, Dr. D. Y. Patil Medical College & Hospital & Deenanath Mangeshkar Hospital) and OPD based management of type 1 diabetes (Dr. Madhura Kargupikar, Consultant in Pediatric Endocrinology, Unique Hospital, Chinchwad & Sahyadri Hospital). Delegates were also given an overview of principles of planning diet for diabetic children.

They were introduced to the practical scenario of counselling parents of children newly diagnosed with type 1 diabetes with the help of real life questions, through a panel discussion. The panel discussions had renowned senior pediatricians as panelists: Dr. Sharad Agarkhedkar (Professor & Head, Department of Pediatrics, Dr. D. Y. Patil Medical College & Hospital, Pune), Dr. Jagdish Dhekne (Senior Pediatrician, Pimpri Chinchwad, Pune) and Dr. Vineeta Pande Professor & Head of Unit, Department of Pediatrics, Dr. D. Y. Patil Medical College & Hospital, Pune). The delegates were given a hands-on training in various insulin devices namely insulin pens as well as syringes & vials. At the end of the workshop delegates assessed their knowledge with an e-questionnaire. Copies of DKA Protocol, DKA monitoring chart and education material for parents was provided to all delegates. The Program was well attended with active participation of 40 delegates.



### World Thalassaemia Day

9<sup>th</sup> May 2022

On the occasion of world Thalassaemia day, IAP Pune, in association with Bharati Hospital and Medical College organised a function which was attended by 25 thalassaemia kids with their parents. Drawing competition was organised for entertainment and motivation of Thal warriors.

The occasion was graced by the presence and participation of Dr. Parag Gaikwad, President IAP Pune, Dr. Deepak Mule, Secretary IAP Pune along with the entire paediatric faculty from Bharati Hospital who gave encouragement to the kids and counselled the parents regarding the need to adhere to the treatment regimen.



## MAY 2022

### Asthama Day Public Awareness Rally

11th May 2022

IAP Pune organised Public awareness rally from IAP Pune office to Saras Baug on 11<sup>th</sup> May 2022. IAP Pune committee members & Pediatricians from Pune were participated in rally viz Dr Barnali Bhattacharya, Dr Sanjay Bafna, Dr Vijay Warad, Dr Anand Deshpande, Dr Lalit Rawal, Dr Siddhant Lalwani

Placards displayed for public and short talks given to group of people.



IAP Pune organised NTEP on 15<sup>th</sup> May 2022 at Hotel Aurora Tower, Pune. Inaugural function was organised in the beginning of the module. Faculties were Dr Upendra Kinjawadekar, Dr Sara Dhanawade, Dr Ramakant Patil, and Dr Pramod Kulkarni.

Govt officials and medical officers in TB dept attended the module with 40 Pediatricians.

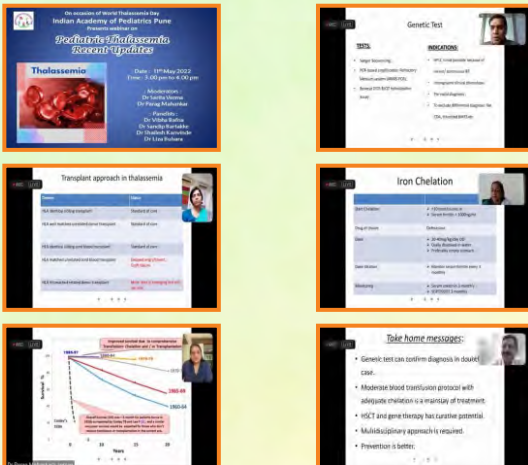


### Webinar Thalassemia Update

11th May 2022

IAP Pune is organised webinar on Digishield Platform 11th May 2022 at 3 pm on Thalassemia Update exanthemas The Session was Moderated by Dr Parag Mahankar & Dr Sarita Verma. Panelists were Dr Vibha Bafna, Dr Shailesh Kanvinde, Dr Sandip Bartakke and Dr Loza Bulsara. Topics discussed were newer modalities of diagnosis in difficult to diagnose thalassemia cases, recent advances in management and chelation therapy, practical issues in management of thalassemia and prevention and ante-natal diagnosis in thalassemia

The session was followed by question answer session.



NTEP Workshop  
15th May 2022

### Pulmostar Workshop

15th May 2022

IAP Pune organised Pulmostar Module on 15<sup>th</sup> May 2022. Inaugural function was organised in the beginning of the module. Faculties were Dr Meenu Singh from Chandigarh. Dr Jijo Joseph from Kochi, Dr Narendra Nanivadekar from Kolhapur & Dr Sanjay Natu from Pune

Topics were excellent. Module was attended by almost 40 plus paediatricians.



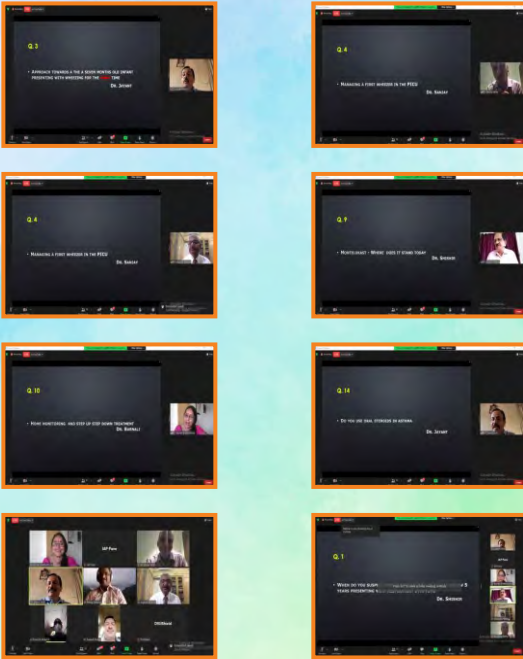
## MAY 2022

### Webinar - Asthma Diagnosis & Management

17th May 2022

Pune IAP organised webinar on Asthma diagnosis and management on 17th May 2022.

This interactive Panel discussion was moderated by Dr Jagdish Dhekne and Panelists were Dr Barnali Bhattacharyya, Dr Shishir Modak, Dr Jayant Joshi and Dr Sanjay Bafna. Webinar was well attended.



### Workshop on Spirometry

24th May 2022

IAP Pune conducted innovative workshop on Spirometry (Hands on) on 24th May 2022 at Hotel Pride.

Renowned speakers viz Dr Monica Barne and Dr Barnali Bhattacharyya gave insight on how to interpret spirometry. The workshop moderator was Dr Jagdish Dhekne. Workshop was very interactive and well attended.

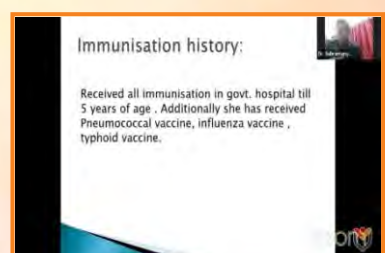
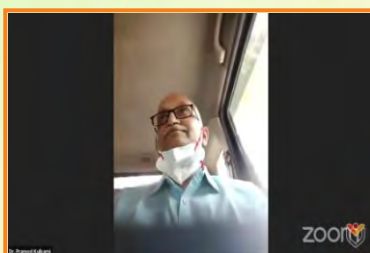
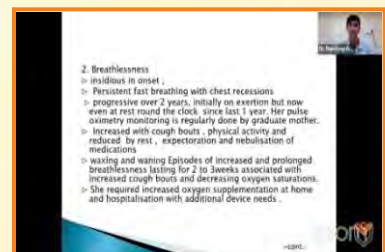


### PG Clinic Case Discussion

Session 6

25<sup>th</sup> May 2022

Sixth session of PG Clinic case discussion was organised on 25<sup>th</sup> May 2022. Dr Mandeep Dhanda from KEM Hospital, Pune presented the case. Faulties were Dr Ambrishkumar Mishra, Dr N K Subramanya & Dr Vijay Kamale. Conveners were Dr. Rajesh Kulkarni and Dr Sarita Kokane. Co conveners was Dr Pramod Kulkarni. Topic was "9 year old female with recurrent lower respiratory tract infections". It was excellent case presentation.



## JANUARY 2022

### Activity No. 1: 01/01/2022 - JOURNAL JOURNEY

MAHA IAP & IAP Raigad celebrated the New Year Eve of 2022 with an academic fiesta of **JOURNAL JOURNEY** solving the queries of COVID-19 vaccine & Rotavirus vaccine

**Speakers:**

1. Dr. Pankhuri Kothari (NH SRCC Hospital, Mumbai) &
2. Dr. Rajendra Chandorkar (Past President, IAP Raigad, Alibag)

**Expert:**

Dr. Raju Shah (CIAP President, 2005)

**Chief Guest:**

Dr. Chetan Shah (CIAP WZ VP 2022)

**Topics:**

- 1) Changing Serotypes of Rotavirus in Western India & Clinical Severity of Diarrhoea.
- 2) Understanding COVID-19 Vaccine Hesitancy

On MAHA IAP Zoom as well as Live streaming on MAHA IAP YouTube Channel:

<https://youtu.be/OOPSIn-9KA8>



### Activity No. 2: 10/01/2022 - RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

Virtually released by the hands of our outgoing President Dr. Sunita Ingle & Newly elected President

Dr. Pramod Wankhede on various Social Media platforms.

Editors of the Bulletin 'UTKARSH' being Dr. Rajendra Chandorkar & Dr. Neha Singh



### Activity No. 3: 23/01/2022 - INSTALLATION CEREMONY WITH PHYSICAL CME

Physical CME followed by Installation Ceremony for New branch team. The ceremony was organised in New Panel, at Hotel Shree Banquets with the Pin to Piano arrangement of the venue.

For second consecutive year in the history of IAP Raigad, the oath of serving the association was given to every incoming office bearer by our Installing Officer Dr. C. S. Dabhadkar in a systematic & disciplined way which later on proved to be the trademark of the exception.

The guests of honour Dr. Hemant Gangolia (MAHA IAP President), Dr. Jeetendra Gavhane (President, Navi Mumbai), Dr. Mahesh Mohite (President, IAP Intensive Chapter) shared their thoughts on this occasion. The chief Guest, respected Dr. Upendra Kinjawadekar sir was very crisp in his guiding message & ended on a hilarious note.

The new team Dr. Pramod Wankhede (President), Dr. Vikas More (Vice-President), Dr. Dhananjay Rajput (Secretary) and Dr. Sagar Khedu (Treasurer), Dr. Sachin Murade & Dr. Parvej Sheikh (as Joint Secretary), Dr. Neha Singh (Editor) & Dr. Rajendra Chandorkar (Co-Editor), Dr. Vishal Raut (Tech. Expert) took the oath. Combined oath was conferred to all new Executive Members including the ones who were physically present.



### Activity No. 4: 25/01/2022 - VIRTUAL CME ON JAPANESE ENCEPHALITIS

Speaker - **Dr. Jay Bhandarkar**

Topic - **Japanese Encephalitis & latest updates**

on Zoom Platform

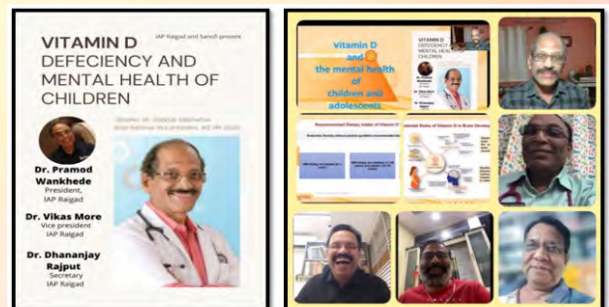


### Activity No. 5: 28/01/2022 - VIRTUAL CME ON VITAMIN -D DEFICIENCY

Speaker - **Dr. Chandra Shekhar Dabhadkar** (Past Nat. VP, WZ IAP 2020)

Topic- **Vitamin- D Deficiency & Mental Health of Children**

On Zoom Platform



## FEBRUARY 2022

### Activity No. 1: 01/02/2022 - JOURNAL JOURNEY

MAHA IAP & IAP Raigad together organised the Journal Journey

<https://youtu.be/RdVMs-FdZIU>

Experts:

1. Dr. Vijay Kamale (HOD Pediatrics, MGM Medical College, Navi Mumbai)
2. Dr. Pramod Kulkarni (Consultant - Pediatric Infectious Diseases, CIAP EB Maharashtra, 2022)

Topics & Speakers:

1. Cardio-metabolic risk stratification & lifestyle interventions for risk reduction among overweight & obese school children - Dr. Avinash Bhosale (MahalIAP EB Member (North Maharashtra) 2022)
2. Reduced neutralisation of SARS-CoV-2 omicron B.1.1.529 - Dr Jayshree Deshpande (Consultant Ped., Virar)



### Activity No. 2: 06/02/2022 - FREE HEALTH CHECK-UP CAMP FOR TRIBAL CHILDREN

Health Check-up Camp with Rotary, Panvel at Mograj village, Karjat

- Dr Wankhede, Dr Neelima Bhandarkar, Dr Dhananjay Rajput & few members of Raigad IAP were present.
- 67 tribal children were examined. Mainly PEM with Anemia. Deworming done. Iron, Calcium, Multivitamin supplements were given.
- 1 child with squint and another with CTEV detected. Ophthalmic and Orthopedic references done at MGM hospital.
- Followed by talk on health and hygiene given by Dr Neelima Bhandarkar.



### Activity No. 3: 08/02/2022 - NEUROLOGY SUBSPECIALTY CHAPTER

Experts/Topic:

1. Dr. Mahesh Sambhare (Pediatric Neurologist)- Case based Epilepsy in Pediatrics
2. Dr. Shekhar Patil (Pediatric Neurologist) - Approach to Febrile Encephalopathy On Raigad Zoom platform

[https://youtu.be/CrZ9f\\_Pq4Wv](https://youtu.be/CrZ9f_Pq4Wv)



### Activity No. 4: 10/02/2022 - RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

Virtually released by the hands of our President Dr. Pramod Wankhede on various Social Media platforms.

Editors of the Bulletin 'UTKARSH' being Dr. Rajendra Chandorkar & Dr. Neha Singh



### Activity No. 5: 10/02/2022 - WEBINAR ON VIRTUAL PLATFORM

Topic: Role of Nebulized Fluticasone Propionate in Acute Asthma Management

Speaker: Dr Jay Bhandarkar



### Activity No. 6: 10/02/2022 - CELEBRATION OF WORLD DEWORMING DAY

- Celebration of World Deworming day in Municipal school, Khopoli.
- By Prez. Dr. Pramod Wankhede.
- A talk by President - Importance of Hygiene, Hand Washing and Deworming
- Distributed Deworming Medicines & Iron Tablets.
- 20 children were examined & got benefitted.



### Activity No. 7: 17/02/2022 - SCHOOL HEALTH CHECKUP CAMP

- School health checkup camp at Chanhbarli village ZP school.
- By Dr Vishal Raut with 1 RMO and 2 Nurses.
- Iron, Calcium, Multivitamin supplements were given.
- 50 children from 5 to 10 years were examined & got benefitted.
- Kids of Iron deficiency & Failure to Thrive were benefitted.



### Activity No. 8: 18/02/2022 - HEALTH CHECKUP CAMP

- Health check-up camp at Advasi area outskirts of Khopoli, in collaboration with Khopoli Municipal hospital (Dr Mrs Sangita Wankhede CMO)
- By Dr Pramod Wankhede, Dr Sunita Ingale, Dr Vishal Raut, Dr Amol Gosavi, Dr Shalini Prasad.
- Total 200 students from tribal school & Ganawadi were examined & got benefitted.
- Iron, Calcium, Multivitamin supplements were given.





## MARCH 2022

### Activity No. 1: 01/03/2022 - JOURNAL JOURNEY

MAHAJAP & IAP RAIGAD together organised the Journal Journey

Experts: <https://youtu.be/JmV2b23StPO>

- **Dr Mamta Manglani**  
(Director MCGM Comprehensive Thalassemia Care, Pediatric Hematology & BMT Centre, Borivali)
- **Dr Nimain Mohanty**  
(Emeritus Professor, Dept of Pediatrics, MG M Medical College, Navi Mumbai)

Speakers and Topics:

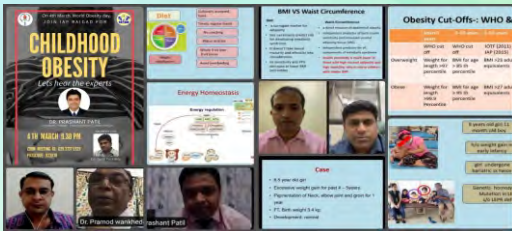
- **Dr Snehal Nagre** - Anemia & Iron deficiency in children with potential Celiac disease
- **Dr Sachin Jethliya** - Validation of the Modified Vesikari score in children with gastroenteritis in U. S. Emergency departments



### Activity No. 2: 04/03/2022 - WEBINAR ON CHILDHOOD OBESITY

Webinar on Childhood Obesity on account of World Obesity Day

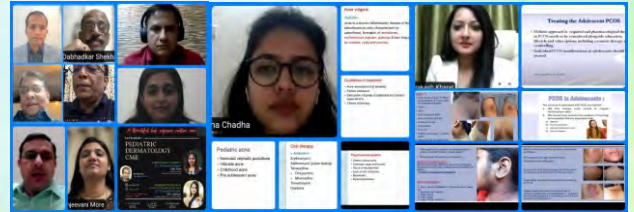
Speaker - **Dr Prashant Patil** (Consultant Pediatric Endocrinologist and Diabetologist)



### Activity No. 4: 08/03/2022 - CME OF PEDIATRIC DERMATOLOGY

Speakers/Topic: <https://youtu.be/pHqI4ksxfck>

- **Dr. Akansa Chadha** (Asst. Proff in Dermatology Dept. TNMC & BYL Nair Hospital)  
- Approach to Acne in Children
- **Dr. Chandani Kharat** (Cosmetic & Reconstructive Gynecologist)  
- Management of Skin issues due to PCOS in Adolescent Girls



### Activity No. 5: 10/03/2022 - RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

Virtually released by the hands of our President Dr. Pramod Wankhede on various Social Media platforms. Editors of the Bulletin 'UTKARSH' being Dr. Rajendra Chandorkar & Dr. Neha Singh.



### Activity No. 3: 05/03/2022 - TALK ON HEPATITIS A & MAHAPEDICON 2021 GRAND SUCCESS PARTY

Grand success party of all EB members and Mahapedicon Core Committee members at Forest Camp Resort, Karjat.

- Talk on **Hepatitis A Vaccine** by Dr Jay Bhandarkar
- Followed by **Gala dinner party** and stay at resort
- **Morning trekking** followed by breakfast and music.

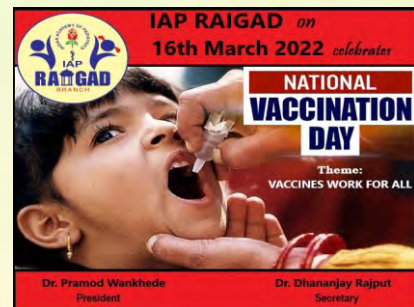


### Activity No. 6: 16/03/2022 - NATIONAL IMMUNISATION DAY

Release of Flyer with theme for this year.

Date : 16<sup>th</sup> March 2022

Theme : Vaccines Work For All



### Activity No. 7: 18/03/2022 - HEALTH CHECKUP CAMP

- Health check-up camp in tribal dominant area outskirts of Khopoli, in collaboration with Khopoli Municipal hospital (Dr Mrs Sangita Wankhede CMO)
- By Dr Pramod Wankhede with Dr Mrs Sangita Wankhede (CMO) & Anganwadi asha workers
- Total 100 students from tribal school & anganwadi were examined & got benefited.



# BRANCH ACTIVITIES : RAIGAD

## MARCH 2022

### Activity No. 8: 20/03/2022 – TALK SHOW ON WORLD ORAL HEALTH DAY

A Talk show (Q & A session) on account of World Oral Health Day

<https://youtu.be/M-tlMrihQ1M>

Topic - Pediatric & Adult Oral and Dental Problems

Experts - Dr Sonal Patil (MDS PEDODONTICS)

-Dr Kruti Tamhankar (BDS)



### Activity No. 9: 21/03/2022 – CME ON WORLD DOWN SYNDROME DAY

Virtual CME on account of World Down Syndrome Day

Topics & Speakers - <https://youtu.be/vuRCWAI611E>

- Clinical features of Down syndrome: Dr Shruti Bajaj
- Developmental issues in Down syndrome: Dr Archana Kadam



### Activity No. 10: 21/03/2022 – WORLD DOWN SYNDROME DAY

Release of Flyer for this year 2022



**IAP RAIGAD** Celebrates **World Down Syndrome Day** 21st March 2022

- 3 Types of Down Syndrome :
  - \*Trisomy 21 (Nondisjunction) - 95%
  - \*Translocation - 4%
  - \*Mosaicism - 1%
- In People Of all Races & Economic Levels.
- 80% are born to women above 35 years of age.
- Every person with Down's experiences Cognitive Delays but this is not indicative of the many Strengths & Talents each individual possess.

Dr. Pramod Wankhede (President) | Dr. Dhananjay Rajput (Secretary)

### Activity No. 11: 22/03/2022 – CAHCW: IAP TEENAGE DAY

Teenage Day – Child & Adolescence Health Care Week celebration by having interactive session on virtual platform with parents & teens from IAP RAIGAD.

Expert - Dr Kiran Vaswani

<https://youtu.be/ce25kksd3s8>



### Activity No. 12: 26/03/2022 – CAHCW: IAP HEALTH & LIFESTYLE MODIFICATION

IAP Health & Lifestyle Modification - Child & Adolescent Health Care Week Celebrations Virtual CME

Topic - Adolescents among Pandemic - Psychosocial Issue & the way forward.

Expert speaker - Dr Shubhada Khirwadkar

<https://youtu.be/H9PpEMLBxpo>



**ADOLESCENTS AMONG PANDEMIC: PSYCHOSOCIAL ISSUES & THE WAY FORWARD**

Dr Shubhada Khirwadkar, Speaker

26th March, 9:30 PM

Moderator: Dr Chitra Kulkarni



A screenshot of a Zoom meeting grid. The top left tile shows a presentation slide with the text: "Specific Psychosocial concerns: Sleep, Diet, Attention Learning, Aches & Pains, Depression and Anxiety Disorders, Life style Obesity, PTSD, OCD, 7 Long term effects, Screen, Cyber Abuse, Social media." The rest of the grid shows participants in their video feeds.

## APRIL 2022

### Activity No.1: 01/04/2022 – JOURNAL JOURNEY

MAHAIAIP & IAP RAIGAD together organised the **Journal Journey**

Expert - **Dr Nandkishor Kabra** <https://youtu.be/a-luj9u3BvQ>

Speakers and Topics :

- **Dr Amruta Baviskar** - Role of KMC in the management of Neonatal hyperbilirubinemia - A systematic review
- **Dr Ann Mary Thomas** - Neonatal cholestasis syndrome: Etiological spectrum & outcome analysis - single centre study



### Activity No. 2 – 02.04.22 - WORLD AUTISM DAY – Release of Flyer with theme for this year.

Theme: "Inclusion in the Workplace"



### Activity No. 3: 04/04/2022 – AUTISM SPECTRUM DISORDERS

Topic: **Autism spectrum disorders**

<https://youtu.be/juFi9ghFHYk>

Expert: **Dr Leena Deshpande** (Developmental Pediatrician)

Moderators: **Dr Shilpa Gandhi** (Developmental Pediatrician)

**Dr Neha Singh** (Editor, MAHAIAIP & Raigad IAP)



### Activity No. 4 – 07.04.22 - WORLD HEALTH DAY – Release of Flyer with theme for this year.

Theme: "Our Planet, Our Health"



### Activity No. 5: 10/04/2022 - RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

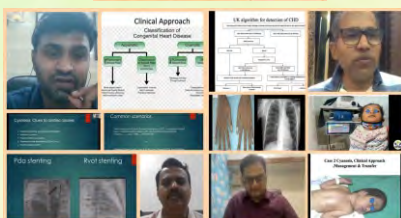
Virtually released by the hands of our President **Dr Pramod Wankhede** on various Social Media platforms. Editors of the Bulletin 'UTKARSH' being **Dr Rajendra Chandorkar & Dr Neha Singh**.



### Activity No. 6: 12/04/2022 – PEDIATRIC CARDIOLOGY CME

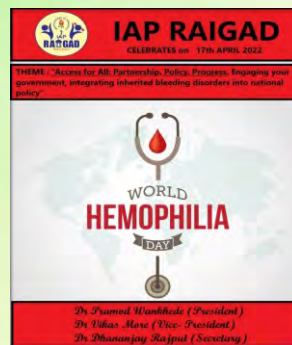
Topics and Speakers: <https://youtu.be/kQf6l1rCA>

- Cardiac Interventions in Sick Neonates - **Dr Bhushan Chavan**
- OPD Pediatric Cardiology cases & Scope of Neonatal Interventions - **Dr Manglesh Nimballkar**



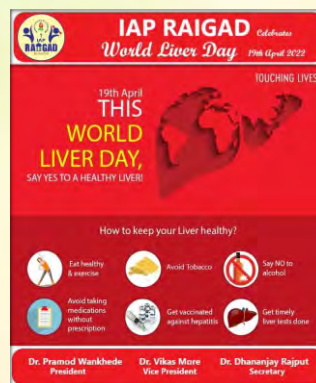
### Activity No. 7 – 17.04.22 - WORLD HEMOPHILIA DAY – Release of Flyer with theme for this year.

Theme: "Access for All: Partnership, Policy, Progress."



### Activity No. 8: 19/04/2022 – WORLD LIVER DAY – Release of Flyer with theme for this year.

Theme: "Say YES to a Healthy Liver."



### Activity No. 9: 19/04/2022 – PANEL DISCUSSION ON WORLD LIVER DAY

An interactive Panel discussion - Recent Advances in Management of Liver Diseases in Children

Experts: **Dr Vishnu Biradar & Dr Vibhor Borkar** <https://youtu.be/fkRrH7wxBoQ>

Moderators: **Dr Rajendra Chandorkar** (Editor, MAHAIAIP)

**Dr Neha Singh** (Editor, MAHAIAIP & Raigad IAP)



### Activity No. 10: 25/04/2022 – WORLD MALARIA DAY – Release of Flyer with theme for this year.



## APRIL 2022

**Activity No. 11: 24<sup>th</sup> -30<sup>th</sup> April 2022**  
= WORLD IMMUNISATION WEEK =

Release of Flyer with theme for this year.



**Activity No. 12: 28/04/2022 –**

**WORLD IMMUNIZATION WEEK CELEBRATION**

Academic Talk show with **Dr Nitin Shah** (Pediatric Hematologist & Hemato-Oncologist, Mumbai)

Topic: **Immunisation Update in Children**

<https://youtu.be/Ood--hCpKYM>

Moderators: **Dr Rajendra Chandorkar** (Editor, MAHAIP)

**Dr Neha Singh** (Editor, MAHAIP & Raigad IAP)



**Activity No. 13: 30/04/2022 – RAIGAD IAP KATTA**

**Raigad IAP Katta – Physical Meet**

Guest - **Dr Jagdish Dhekne** (Senior Pediatrician, Pune)



## MAY 2022

### Activity 1: 01/05/2022 - JOURNAL JOURNEY

MAHAIAAP & IAP together organised the **Journal Journey**  
Date: **01.05.2022** <https://youtu.be/CrBgj0n9g3g>  
Experts: **Dr Sandeep Kadam** (Consultant Neonatologist, KEM Hospital, Pune)  
**Dr Sushant Mane** (Associate Professor Pediatrics, Sir JJ Hospital, Mumbai)

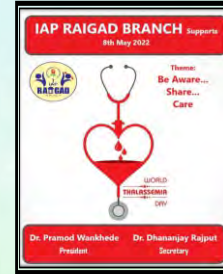
#### Speakers & Topics:

- 1) **Dr Rahul Koppikar** (Nashik) - Neb. MgSO<sub>4</sub> for treatment of PPHN
- 2) **Dr Kavish Mehta** (Nashik) - Lower vs Traditional threshold for Neonatal hypoglycemia
- 3) **Dr Tripti Mahatme** (Adgaon) - Shorter treatment for non-severe TB in African and Indian children



### Activity 4: 08/05/2022 – WORLD THALASSEMIA DAY

Release of Flyer with theme for this year.  
Date: **8th May 2022**  
Theme: **Be Aware... Share... Care**



### Activity 5: WORLD THALASSEMIA DAY – AWARENESS VIDEO RELEASE

Date: **08.05.2022**  
On World Thalassemia Day  
**Dr Rajendra Chandorkar** of our branch, released an awareness video for Maharashtra IAP Youtube Channel.  
Title of Video: **Awareness is the key... Victory over Thalassemia**  
<http://youtu.be/iaJajC1Aih4>



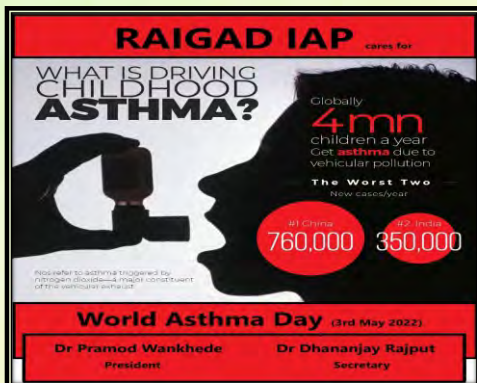
### Activity 2: HONOR AT PEDICRITICON, JAIPUR 2022

Date: **01.05.2022**  
Very Proud Moment for Raigad branch.  
**Dr. Mahesh Mohite**, honoured and selected as **Chairperson IAP Intensive Care Chapter at Pedicriticon, Jaipur 2022.**



### Activity 3: 03/05/2022 – WORLD ASTHMA DAY

Release of Flyer with theme for this year.  
Date: **3<sup>rd</sup> May 2022**  
Theme: **Closing Gaps in Asthma Care**



### Activity 6: 10/05/2022 - RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

Virtually released by the hands of our President **Dr. Pramod Wankhede** on various Social Media platforms. Editors of the Bulletin 'UTKARSH' being **Dr. Rajendra Chandorkar & Dr. Neha Singh.**



### Activity 7: 11/05/22 - Virtual CME on the occasion of World Thalassemia Day

Date: **11<sup>th</sup> May 2022**

Expert: **Dr Bageshree Seth**

Topic: **Recent advances in Thalassemia**

[https://youtu.be/FnJlh3\\_KrUQ](https://youtu.be/FnJlh3_KrUQ)



## MAY 2022

### Activity 8: Speaker of ECD Workshop (Palghar)

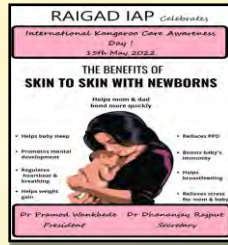
Date: 15<sup>th</sup> May 2022

Dr Neelima Bhandarkar (Secretary IAP Raigad, 2021) as expert and teacher for ECD workshop Palghar  
Place: Virar, Palghar



### Activity 9: 15/05/2022 – INTERNATIONAL KANGAROO CARE AWARENESS DAY

Release of Flyer with theme for this year.  
Date: 15<sup>th</sup> May 2022  
Topic: International Kangaroo Care Awareness Day



### Activity 10: 16/05/2022 - Patient Awareness Programme /Talk

Topic: "Pneumocare Vaccines For All"  
Speaker: Dr. Jay Bhandarkar  
Date: 16<sup>th</sup> May 2022, 5.30 PM

<https://webstream.streamcart.com/live/ped-1605>

Online session - Patient Awareness Program

Topic: "Pneumocare: Vaccines For All"

Speaker:  
Dr Jay Bhandarkar  
MD, Paediatrics

Date: 16<sup>th</sup> May 2022  
Time: 5.30pm - 6.30pm

### Activity 11: 17/05/2022 – World Hypertension Day

Release of Flyer with theme for this year.  
Date: 17<sup>th</sup> May 2022  
Topic: World Hypertension Day



### Activity 12: 29/05/2022: NC – ECD WORKSHOP

IAP RAIGAD organised NC - ECD workshop on 29/05/2022 at Panvel. There was an overwhelming response as 45 delegates (highest attendance than any other branches for ECD WORKSHOP in Maharashtra till date) participated with active interaction and enthusiasm. Faculties: Dr Samir Dalwai (National Co-ordinator), Dr Anand Deshpande, Dr Neelima Bhandarkar, Dr Deepak Mulay  
Observer Faculty : Dr Sunita Ingle, Dr Chitra Kulkarni  
The occasion was graced by the presence of Dr Hemant Gangolia (MAHA IAP President).



MAY 2022

**Activity 13: 31/05/2022 – Talk on Update on Hexavalent Vaccines**

Date: 31.05.2022, 1.30 PM  
Speaker: Dr Jay Bhandarkar  
Topic: UPDATE ON HEXA VALENT VACCINE

Dear Doctor,  
**SANOFI- IQVIA** cordially invites you in physical RTM on  
**Update on Hexavalent Vaccines**



Speaker: **Dr. Jay Bhandarkar**

Date: **31st May (Tuesday)**  
Time: **1:30pm - 4:00pm**  
Venue: **Sansmaran Fine Dine (Khanda Colony, Panvel)**

**Activity 14: 31/05/2022 – Talk on Development & function of infant gut microbiota: Western Vs Indian Infants**

Date: 31.05.2022, 5 PM  
Speaker: Dr Jay Bhandarkar  
Topic: Development & function of infant gut microbiota: Western Vs Indian Infants

Dear Sir/Madam,  
As part of our commitment in sharing scientific education, it is our pleasure to invite you to attend our scientific session.

**INVITATION**

Date : 31<sup>st</sup> May 2022 | Time : 5.00 PM-6.00 PM

<https://mydanone.webex.com/meet/santosh.hasani>

Development and function of infant gut microbiota: Western Vs Indian Infants



**Dr. Jaykumar Bhandarkar**  
MBBS, MD  
Consultant Pediatrician & Neonatologist  
Bhandarkar Children's Hospital, Panvel

For Healthcare Professional only.

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## JUNE 2022

### Activity No. 1 – 01.06.2022 – JOURNAL JOURNEY

MAHAIAIP & IAP Raigad together organized the Journal Journey

Date: 01/06/2022 at 9.00 PM

[https://youtu.be/LwuV4zf\\_2A8](https://youtu.be/LwuV4zf_2A8)

Guest of Honour: Dr. Raju Shah

(Past President CIAP 2005 & Senior Pediatrician, Ahmedabad)

Experts: 1. Dr. Abhay Shah (Nat. Scientific Convener IAP ACTION PLAN 2020-21, Ahmedabad)

2. Dr. Omkar Jamadar (DM (Neonatologist), Apollo Hospital, Navi Mumbai)

Speakers & Topics:

1. Dr. Vijay Mali (Cons. Neonatologist & Asst. Prof. D.Y. Patil Medical College, Kolhapur)

Short term pulm. & syst. effects of hydrocortisone initiated 7-14 days after birth.

2. Dr. Prama Bagani Bafna (Pediatrician & Neonatologist, ESIC Hospital, Kolhapur)

Single dose COV2 vaccine outcome in children as compared to booster dose in adults.



### Activity 4: Celebration of Foundation Day

Date: 13.06.2022, 11 AM

Venue: Anatomy Hall

Purpose: Celebration of Foundation Day of New JJ Hospital building

- 1) Release of book 'THE GMCITE'.
- 2) Presentation of award by Felicitation Committee

#### CELEBRATION OF FOUNDATION DAY OF NEW JJ HOSPITAL BUILDING

##### AGENDA

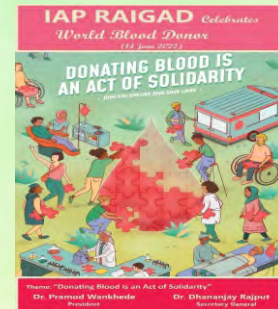
- 1) Venue - Anatomy Hall / DD - Monday, 13 June 2022/  
Time - 11.00 AM to 01.00 PM  
Fellowship - 10.30 AM to 11.00 AM (Anatomy Side Room)
- 2) Welcome - Dean Dr. Pallavi Saple
- 3) Introduction of Dr. Hemantraje Gaikwad
- 4) Release of the book "THE GMCITE"  
Introduction of Award by Dr. Hemantraje Gaikwad
- 5) Presentation of Awards by Felicitation Committee  
Reply to the Felicitation by Awardees.  
A) Dr. Y. K. Ambekar - Mumbai, Paediatrician, GMC Alumni 1959  
B) Dr. S. M. Natekar - Sangli, Radiologist, GMC Alumni 1958  
C) Dr. L. K. Chavda - Rajkot, Gen. Practise, GMC Alumni 1969
- 6) Vote Of Thanks - General Secretary, GMC

### Activity 5: 14/06/2022 – WORLD BLOOD DONOR DAY

Release of Flyer with theme for this year.

Date: 14<sup>th</sup> June 2022

Theme: "Donating Blood is an Act of Solidarity"



### Activity 2: 9/06/2022 – CME on MONSOON MALADIES IN CHILDREN

Date: 09.06.2022

Topic: Monsoon Maladies in Children <https://youtu.be/EdE7TRICpJo>

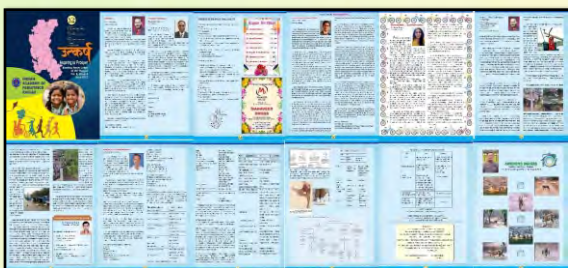
Expert: Dr. Abhay Shah (Senior Consultant & Infectious diseases specialist, Ahmedabad)

Moderator: Dr. Pramod Wankhede



### Activity 3: 10/06/2022 – RELEASE OF IAP RAIGAD e-BULLETIN 'UTKARSH'

Virtually released by the hands of our President Dr. Pramod Wankhede on various Social Media platforms. Editors of the Bulletin 'UTKARSH' being Dr. Rajendra Chandorkar & Dr. Neha Singh.



### Activity 6: 17/06/2022 – Team Raigad in MAHA Case Challenge

Date: 17.06.2022 at 9 PM

<https://youtu.be/TFMLV1q3Tyg>

Team Raigad: Dr. Sachin Murade

Dr. Prasana Bansode

Dr. Vipul Patil

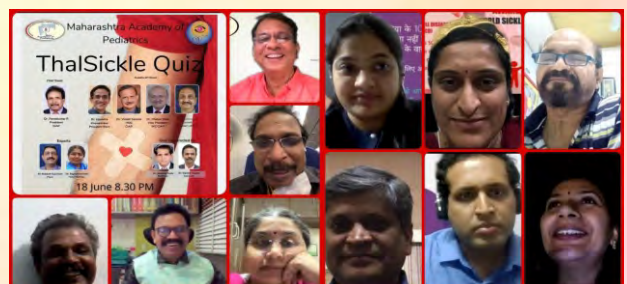
Participates and winner in Maha Case Challenge organised by MAHAIAIP.



### Activity 7: 18/06/2022 – IAP Raigad in MAHAIAIP ThalSickle Quiz

Date: 18/06/2022 at 9 PM

Dr. Sunil Seth participated in MAHAIAIP ThalSickle Quiz.





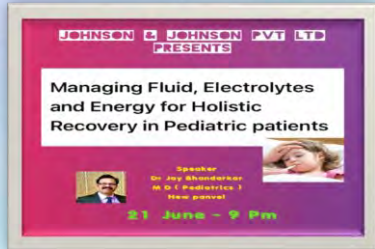
## JUNE 2022

### Activity 8: 21/06/2022 – Talk on Managing Fluid, Electrolytes and energy for Holistic Recovery of Ped. Patients

Date: 21.06.2022 at 9 PM on Zoom

Speaker: Dr Jay Bhandarkar

Topic: Managing Fluid, Electrolytes and energy for Holistic Recovery of Ped. Patients



### Activity 9: 21/06/2022 – IAP Raigad in MAHA IAP Tuesday Takes

Date: 21/06/2022 at 9 PM

Dr Sunil Seth participated in MAHA IAP Tuesday Takes

Topic: Aerosol Delivery Therapy



### Activity 10: 22/06/2022 - Talk on Medico-legal Aspect

Date: 22/06/2022 at

Expert: Dr Hemant Gangolia

Topic: "Sudden Deaths: Legal Aspects"



### Activity 11: 24/06/2022 - Virtual CME on the occasion of World Sickle Cell Day

Date: 24th June 2022

Expert: Dr Bageshree Seth (Professor, Dept. of Pediatrics, MGM Medical College, Navi Mumbai)

Topic: Case based discussion on management of Sickle Cell Anaemia

Moderator: Dr Parvez Shaikh (Alibaug) <https://youtu.be/1edmbWp57BE>



### Activity 12: 30/06/2022 – Talk on RTI in Pediatrics

Date: 30.06.2022 at 8.30 PM

Speaker: Dr Jay Bhandarkar

Topic: RTI in Pediatrics

Venue: Sansmaran Finedine Hotel (New Panvel)



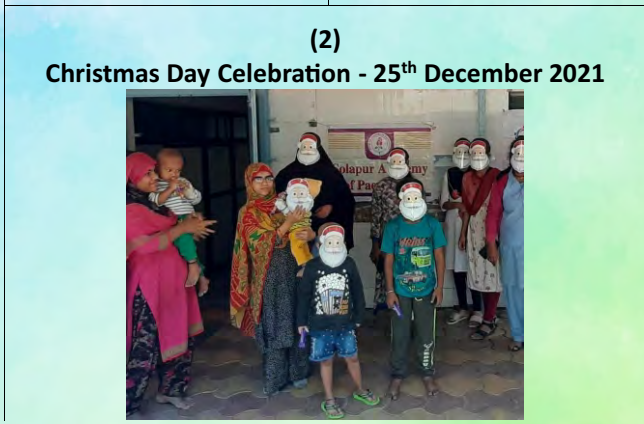
## JANUARY 2022

### IAP SOLAPUR ACTIVITIES

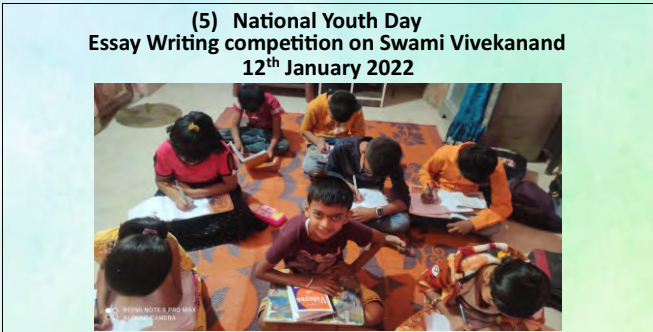
**(1)**  
**IAP Installation Ceremony & formation of new body**  
23th December 2021



**(2)**  
**Christmas Day Celebration - 25th December 2021**



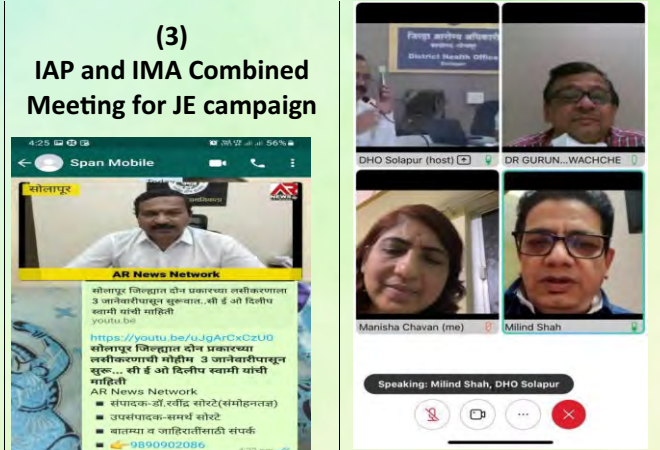
**(5) National Youth Day**  
**Essay Writing competition on Swami Vivekanand**  
12th January 2022



**(6)**  
**National Girl Child day**  
**Elocution competition**  
25th January 2022



**(3)**  
**IAP and IMA Combined Meeting for JE campaign**



**(7)**  
**Flag Hoisting 26th January 2022**

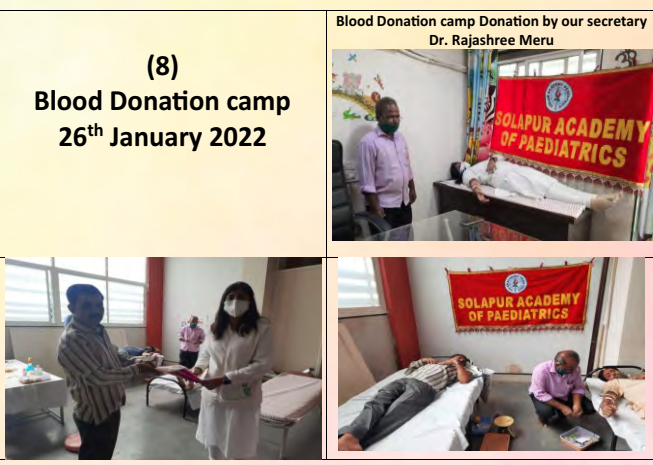


**(4)**  
**IAP Clinical Meeting & Felicitation of Speaker Dr. Shreeganesh Patil**  
9th January 2022



**(8)**  
**Blood Donation camp**  
26th January 2022

Blood Donation camp Donation by our secretary  
Dr. Rajashree Meru



## FEBRUARY 2022

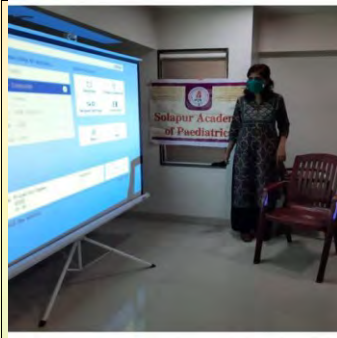
January 2022

(9)  
**Maha NNF CME-Continues Neonatal Nursing Education 28<sup>th</sup> January 2022**

MAHARASHTRA STATE CHAPTER OF NATIONAL NEONATOLOGY FORUM  
**MAHA NNF Continuous Neonatal Nursing Education**  
Date: 28th January 2022 • Time : 4 pm to 5pm  
Link to Join Zoom Meeting  
Meeting ID: 832 9168 9022 • Passcode: 953440  
CNE CHAIRPERSON : DR. JESAL SHETH

Topic	Speaker	Experts
Neonatal Sepsis – prevention & management CNE		Dr. Rishikesh Thakre Dr. Rahul Yadav
Nursing approach to neonatal Sepsis	Dr. Shilpa Kalane	
How to prevent Neonatal Sepsis with environmental infection control	Dr. Hari Bala Subramaniam	

Regards : Team NNF Maharashtra



• Total Number of Activities – 9

President: Dr. Manisha Chavan  
Chief Secretary: Dr. Rajashree Meru  
Joint Secretary: Dr. Madhusudan Gaikwad

(3)  
**Clinical Meeting & Lecture By Dr. Neena Phade (Pediatric Hemato oncologist) 6<sup>th</sup> February 2022**



### IAP SOLAPUR ACTIVITIES

(1) Joint CME by IAP & IMA about POCSSO & Medical Protection Act 1<sup>st</sup> February 2022

Indian Medical Association, Solapur in association with Indian Association of Pediatrics, Solapur & Solapur Obstetrics & Gynaecological Society

**MAKE YOURSELF MEDICOLEGALLY AWARE!**

All you need to know about POCSSO and Medical Protection Act

Tuesday, 1<sup>st</sup> February 2021  
Time: 7:30 am  
Venue: IMA HALL, Duffrin Chowk, Solapur

Moderator: Dr. Shri Hanish Bajaj  
Moderator: Dr. Shri Hanish Bajaj

Dr. Binod Dasgupta, Dr. Anil Venkatarao, Dr. Manoj Chavan, Dr. Girish Kulkarni  
President IMA, President IASG, Secretary IMA, Secretary IASG



(2) World Cancer Day 4<sup>th</sup> February 2022 Lectures by Dr. Purna Kurkure & Dr. Sujata Mushrif



(4)  
**Celebration of National Deworming Day FREE Distribution of Tablets in all Paediatric OPD of Solapur District 10<sup>th</sup> February 2022**



FEBRUARY 2022

(5) Leprosy Day Celebration FREE Distribution of Clothes and Visit to Leprosy Colony



(6)

Free Medical Camp at Tandulwadi



• Total Number of Activities – 6

President  
Dr. Manisha Chavan

Chief Secretary  
Dr. Rajashree Meru

Joint Secretary  
Dr. Madhusudan Gaikwad

## MARCH 2022

### IAP SOLAPUR ACTIVITIES

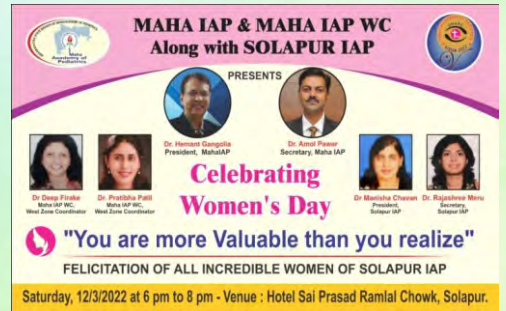
- 1) "World Obesity Day" 04<sup>th</sup> March 2022  
Free check up camp and lecture to parents on childhood obesity



- 2) WORKSHOP on "PALS" on 5<sup>th</sup> and 6<sup>th</sup> of March 2022



### "Women's day celebration" 8<sup>th</sup> March 2022




### 4) "World Oral Hygiene Day"

Free distribution of Thooth Brushes in School & Lecture on Oral Hygiene Given



## MARCH 2022

### 5) "World kidney Day" visited Dialysis centre





**WORLD KIDNEY DAY 2022**  
TEAM IAP SOLAPUR

"Behind every child with kidney disease there is an even stronger family who stands by them, supports them and loves them with all their heart...  
Theme for this year is :  
Bridge the knowledge gap to better kidney care."

**THE COMMUNITY**  
By encouraging the general public to adopt healthy diet and lifestyle to maintain good kidney health.

**THE HEALTHCARE WORKERS**  
To improve the recognition of young children with kidney disease and improve management of proteinuria with CKD to tertiary kidney failure care.

1) In infants, let's make it a routine to check urine routine if they have high fever. Let's not wait for 48-72 hours with high fever in infants as it will increase risk of sepsis if they have pyelonephritis. Early detection of urine infection is mandatory to do further investigations to find out underlying anatomical malformations. 2) Let's check height and blood pressure regularly in our CPD practice. 3) For the children who have failure to thrive, let's check 2. Creatinine and 5. Bicarbonate once. 4) Let's reduce our patients to stay away from extra salt and avoid chips, vada's, biscuits etc. 5) Let's teach all the children to go to toilet frequently and empty the bladder regularly and not to hold urine. 6) Let's give knowledge to all caregivers of children with NS to check urine protein with dipsticks at regular intervals. It's easy, economical and detects early relapse preventing edema formation requiring admission.

### 6) Clinical Meeting 20<sup>th</sup> March 2022 Lecture by Dr. Pallavi Khatare (Paediatric Cardiologist) Topic – When to Correct Common CHDs



### (7) "World Down syndrome Day" Visited to Jivhala School of Down Syndrome Children Parents & Childrens Participated, Birthday celebration of Children done.



### (10)

### "IAP Child & Adolscent Health care week" (CAHCW) Theme.. "SLS"— "SPIRITUAL LIFE SUPPORT" ...make Adolescent strong mentally... and reduce mental stress & Teach Meditation

- 25<sup>th</sup> March "Free Health Camp"
- 26<sup>th</sup> March Lecture by "Gynaecologist" in School Speaker -Dr. Tabbasum Khan
- 27<sup>th</sup> March "Parent Education"
- 28<sup>th</sup> March Lecture in school – Class 5<sup>th</sup> to 9<sup>th</sup> by Adolescent specialist & Paediatrician Dr. Manjusha Chaphalkar
- 29<sup>th</sup> March Program for "Doctors & Staff"
- 30<sup>th</sup> March Media Awareness Dr. Vaishali Shirshetty FM Radio 103.4
- 31<sup>st</sup> March "Rajyog Medication" for Students & Teachers



### 8) "World Vaccination Day" World vaccination Day... "Visited to vaccination centres" Darashe, Dafirin Hospital, Ramwadi centre, and Shahu Hospital vaccination centre. And Felicitation of Health worker done



### 9) World TB Day celebration 24<sup>th</sup> March 2022 Guidance given to patient, parents and Fruits distribution done



MAY 2022

## IAP SOLAPUR ACTIVITIES

(1) 5th May "World Asthma Day"  
Webinar Conducted... Speaker Dr. Pratibha Patil. Topic- Under five wheezers.. is it Asthma ?  
Dr Pratibha Patil  
MBBS, MD, DNB, MBA  
Consultant, paediatrics at RPAH hospital, Solapur  
Speaker

(2) 10th May "CPR and NRP training for Paediatric Nursing staff"

(3) 12th May "World Nurses Day Celebration"

(4) "World Thalassemia Day"  
Visited Thalassemia Centre.. where free blood Transfusion given to patients.. Gifts given.

(5) "Selfie with Staff Activity"

(6) Lectures and meditation of staff ... taken by Art of Living teacher



(7) "World Hypertension Day"



• Total Number of Activities – 7

President: Dr. Manisha Chavan  
Chief Secretary: Dr. Rajashree Meru  
Joint Secretary: Dr. Madhusudan Gaikwad

## JUNE 2022 IAP SOLAPUR ACTIVITIES

(1) 5th June "World Environmental Day" Celebration

(2) 6th June "National Complementary Feeding Day" celebrated at VMCC medical college Solapur.

(3) 15th June Solapur IAP in association with Rainbow Hospital Hyderabad... conducted CME on Paediatric and Neonatal critical care.

JUNE 2022

## (4) 21<sup>st</sup> June Lecture on “Rajyog Meditation” to Nursing staff



## (4) June Lecture on “Rajyog Meditation” to Medical College students

Ashwini Kumbhari Medical College Solapur



## (5) 24<sup>th</sup> June “Women’s Yoga Day” Celebration



### SOLAPUR IAP & MAHA IAP WC

Celebrating Yoga International Day  
Women’s Yoga Day

YOGA - LIFE JOURNEY FOR INSIDE OUT

Dr. Manisha V. Chavan  
President

Dr. Rajashri Meru  
Secretary

Dr. Deep Firake  
Maha IAP WC  
West Zone Coordinator

Dr. Pratibha Patil  
Maha IAP WC  
West Zone Coordinator

Friday 24/06/22 at 7.30 to 9.30 pm

Venue : Hotel Balaji Sarovar, Solapur





## JANUARY 2022

On 23 January 2022, "Beti Bachao-Beti Padhao" program, we visited a few orphanage which are exclusively for female child, a talk on nutrition was given after through health checkup and followed by distribution of stationary items to promote 'Beti Bachao- Beti Padhao' also emphasizing on importance of education for a better life. Also on occasion of Republic Day, 26th January 2022, we conducted a yoga secession for betterment of health under the guidance of Mrs. Shilpa a yoga instructor. It was a wonderful secession.

**Thane Academy of Pediatrics (TAP)**

**BETI BACHAO - BETI PADHAO**

**Date & Time**

 <b>Dr. Amruta Bawiskar</b> 'Gender Equality'	 <b>Dr. Grivita Raikar</b> 'Importance of Health and Nutrition in Children'	 <b>Dr. Sneha Kokate</b> 'Menstrual Hygiene and Cervical Cancer Vaccine'
 <b>Dr. Diana Raheesh</b> 'Good Touch / Bad Touch'	 <b>Dr. Gauri Kulkarni</b> 'Importance of education and literacy'	 <b>Dr. Parul Shukla</b> 'Awareness on Cyber Crime and Sex Education'

**Dr. Sneha Kokate** President, TAP 2022-23  
**Dr. Amruta Bawiskar** Secretary, TAP 2022-24  
**Dr. Grivita Raikar** Treasurer 2021-2023

**Thane Academy of Pediatrics**

**BETI BACHAO - BETI PADHAO**

**Dr. Sneha Kokate** President, TAP 2022-23  
**Dr. Amruta Bawiskar** Secretary, TAP 2022-24  
**Dr. Grivita Raikar** Treasurer 2021-2023



## FEBRUARY 2022

Thane academy of pediatrics (TAP) conducted an academic CME on 10th of February 2022.

Also many doctors from TAP conducted National polio drive on 27th February 2022 in their personal clinics supporting Thane municipal corporation in national drive as well many of our pediatricians helped TMC at their polio booth by actively helping them and also creating awareness among the community. Even a few visited slums to create awareness about the polio vaccination.

Thane academy of pediatrics along with Maharashtra state branch of Indian academy of pediatrics is conducting Monthly CME on Medicolegal issues in day to day practice, on 24th February 2022. Moderated by Dr. Ramgopal Chejara and the speakers for this session were Dr. Hemant Gangolia and Dr. Neeraj Nagpal, we had a tremendous response with more than 400 delegates attending this wonderful session.



**ठाणे अॅकॅडमी ऑफ पेडिअट्रिक्स (टी.ए.पी.)**

**हेमंतगोल पोलीओ दिवस**  
२९ फेब्रुवारी, २०२२

**दोन दिवस प्रत्येक वेळी पोलीओघोर विजय दखलेली**  
५ वर्षांच्याली बालकांसाठी

**पोलीओ लसिकरण**

डॉ. पूजा कुलकर्णी  
कोयंबटूर, ठाणे

डॉ. अनुराग बघतनागर  
रावड्या अस्पताली वेदर, ठाणे

डॉ. पूजा कुलकर्णी  
कोयंबटूर, ठाणे

डॉ. अनुराग बघतनागर  
रावड्या अस्पताली वेदर, ठाणे

अवकाश टी.जे.पी. २०२२-२३    विदर्भ टी.जे.पी. २०२२-२३    कॉलिंगल टी.जे.पी. २०२१-२३

**THANE ACADEMY OF PEDIATRICS**  
**Monthly CME Meeting**  
Thursday-10th February 2022  
2.30 PM - 5.00 PM

Topic	Time	Speaker
VFD surveillance, AFP, fever with rash	15 mins Q & A: 3 min	Dr. Jaigankar
Infant oral care	10 mins Q & A: 3 min	Dr. Mansi Baviskar
Unlocking parathyroid patches: case series	15 mins Q & A: 3 min	Dr. Jeeat Seth, Dr. Disha Bhanushali and team Fortis
Spectrum of brain tumor and long term outcome	35 mins Q & A: 3 min	Dr. Harsh Biyani
Less is more & more is less	15 mins Q & A: 3 min	Dr. Parmenand Andankar, Dr. Vijay Vishwanathan, Dr. Lovraj Patel and team Apollo
Practical Query MS-C and Covid	15 mins	Dr. Suhas Prabhu Dr. Sanjay Oak

**President**  
Dr. Ramgopal Chejara  
President Tap 2021 - 2022

**Team Top**  
Dr. Anurag Bhatnagar  
Team Top 2021 - 2022

**Speakers**

Dr. Jaigankar

Dr. Mansi Baviskar

Dr. Jeeat Seth

Dr. Disha Bhanushali

Dr. Harsh Biyani

Dr. Parmenand Andankar

Dr. Vijay Vishwanathan

Dr. Suhas Prabhu

Dr. Sanjay Oak

**Register Now**

**Maharashtra State Branch of Indian Academy of Pediatrics & Thane Academy of Pediatrics (TAP)**

**1: HEARING 2 : OPD Issues**  
**2 : Investigation Issue**  
**3 : Transfer of the patient**  
Medico legal solve kar data  
To apna practice Ooh La La!

**24th February 2022 - 9 to 10.30 p.m. ON ZOOM**  
(Last Thursday of every month)

**A MONTHLY tete-a-tete on MEDICOLEGAL ISSUES IN DAY-TO-DAY PRACTICE...**

**FACULTY**

Dr. Hemant Gangolia  
President, Maharashtra State Branch & Mumbai Team, Maharashtra IAP, 2019-2021, 2021-2022  
Member, Maharashtra State Branch, Academy

Dr. Neeraj Nagpal  
President, Maharashtra State Branch & Mumbai Team, Maharashtra IAP, 2019-2021, 2021-2022  
Member, Maharashtra State Branch, Academy

**Moderator**

Dr. Ramgopal Chejara  
President, TAP

Dr. Balu Verma  
IB Member CMEP

Dr. Harshvardhan Kulkarni  
IB Member CMEP

Dr. Parmenand Andankar  
IB Member CMEP

Dr. Ramgopal Chejara  
IB Member CMEP

Dr. Sanjay Deshmukh  
IB Member CMEP

## MARCH 2022

**Daughters Day Celebrations** by Thane IAP branch, video depicting various occasion of celebrations & small activity in the form of Quiz and E certificate issued was issued to the daughters who participated.

Link for same is attached herewith for your reference

<https://doctor.clinet.com/mastercast/connect/daughter-day-event>

**Adolescent healthy lifestyle day** - was celebrated on **3rd March 2022**. Thane IAP branch celebrated **Adolescent healthy lifestyle day** as a part of CAHCW

A talk was addressed to students of 9th grade public school.

Emphasis was not only on a healthy body but also healthy mind, healthy food, morals, character, healthy competition. Eco-friendly behavior and growing upto be a responsible citizen is the need of the hour for Adolescent healthy lifestyle.

**Teenage day 1st March 2022** -

Students concern in the current scenario need to be addressed.

We the ThaneIAP took initiative to educate students on Teenage day (FB live)

Topic- 'Teen peek'- Glimpse in to the Teenage world on 1st March as a part of IAP child and Adolescent health care week.

As this is stressful and strenuous period for them, the right guidance and counseling at an early age puts them in better position and development.

**World Obesity Day** was celebrated on **4th March 2022** by Thane IAP branch and a wonderful session addressing to the need to children and in depth discussions about health food at comfort of our home was discussed. The link for the same has been attached.

<https://doctor.clinet.com/mastercast/connect/D0304-obesity>

**World Kidney Day** -

The World Kidney Day Joint Steering Committee has declared 2022 to be the year of "Kidney Health for All" Specifically, it calls on all of us to work to bridge the knowledge gap to better kidney care. The 2022 campaign will focus on efforts to increase education and awareness about kidney health and on reducing the stubbornly high CKD knowledge gap at all levels of kidney care. Sharing a small video of Nephrologist Dr Punit Chhajed

**Basic life support work shop on 13th March 2022** -

BLS is Basic first aid procedure that can be used to keep someone alive until the Emergency Medical Services can get to the scene. Thane IAP branch trained the industrial workers to promptly recognize this Emergency, give high quality chest compressions, deliver appropriate ventilation and provide early use of AED.

**World Down syndrome day**

On the occasion of **WORLD DOWN SYNDROME DAY**, on **21st of March 2022**, we did an online zoom meeting to discuss on the genetics, cardiology and paediatric perspective of Down syndrome.

Our speakers tonight, to talk on the above topics are

Dr. Usha Dave Dr. Srinivas L. Dr. Geeta Bhat.

<https://us02web.zoom.us/j/87350485186>

**International women's day**

A strong Woman stands for herself. A stronger women stands up for everyone else.

The history of all times and of today especially teaches that women will be forgotten if they forget to think about themselves. Thane branch of IAP Ladies Get Together to celebrate womanhood.

**World Oral Hygiene Day**

Dr Mansi Gandhi ,Paed Dentist from Thane advising about Oral Hygiene on Occasion of World Oral Hygiene Day

Also a awareness talk was given among the slums with regards to right techniques of brushing and also distributed toothbrush and paste

**World TB day**

Every year, we recognize World TB Day on **24th March**, this annual event commemorates the date in 1882 when Robert Koch announced his discovery of Mycobacterium TB. The Theme conveys the urgent need to invest resources to ramp up the fight against TB. This day is a day to educate the public about the impact of TB around the world, and efforts to eliminate the TB

We had zoom session to address a few topics:

- 1) What is NEW in the diagnosis of Tuberculosis - by Dr.Tanu Singhal.
- 2) Drug resistant TB and TB preventive therapy - by Dr. Sushant Mane
- 3) Few interesting case discussion - by Dr. Amol Jaybhaye.

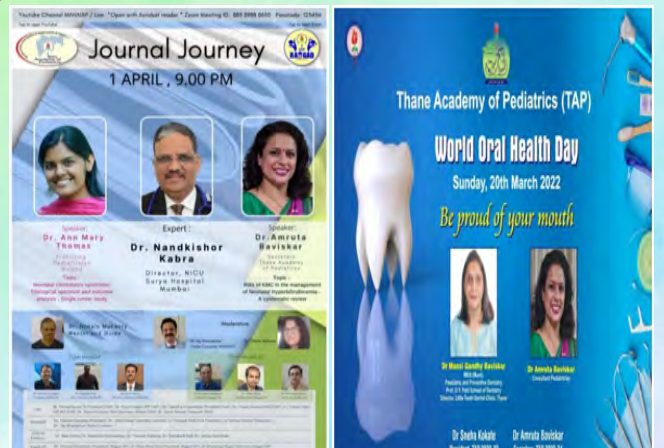
Zoom link for the same

<https://us02web.zoom.us/j/81602461511>.

**Medico-legal Issues, Hearing 3** was conducted by Dr.RamgopalChejara, and Dr.Gangolia Sir is one of the Faculty Expert.

Detail discussion was done on various Medicolegal aspects in day to day life.

Also our members took keen interest in various activities conducted by MAHA IAP like Dr.AmrutaDurge was a part of EQ awareness discussion and Dr.AmrutaBaviskar was a part of Journal Journey.



## APRIL 2022

- 1) ALS/ BLS on 2nd and 3rd of April 2022 ALS and BLS hands on 2 days workshop was conducted by Thane IAP branch, it was a great success.
- 2) Autism Day Celebrations  
On 13th April a physical CME on autism was conducted and also the detail discussion on diagnosis and management tools that can be used in day to day practice.  
Instead of labeling them enable them, include them in the main stream of society. The theme aptly says INCLUSION IN THE WORK.
- 3) Journal journey that was conducted on 1st April 2022 by MAHAIAP, Dr.AmrutaBaviskar was also a speaker for the secession under the guidance of Dr.Kaba.
- 4) Installation ceremony with culture program was done on 10th April and yhe new committee took over under the guidance of President Dr.SnehaKokate, Secretary- Dr.AmrutaBaviskar and Treasure- Dr.GrivitaRaikar.  
TAP was previlage to have Dr Gangolia Sir as Chief Guest ,Dr Amol Pawar Hon Secretary Maha IAP, Dr Jaykumar Bhandarkar Sir ,Dr Chokhani Sir, Dr Jeetendra GavhaneSir,Dr Satish Sahane ,Secretary Navi Mumbai as distinguished Dignitaries.  
Thank you so much for gracing the Occasion and making it Memorable
- 5) World Health Day was celebrated on 7th April 2022, an online CME was conducted with discussion on exercise, healthy food habits, concept of complete nutrition and mental well-being and how to inculcate in our daily routine.
- 6) Medicolegal issues in day to day practice - HEARING 4 was conducted on 26th April 2022  
A detail discussion was done with regards to 1) Certificate, 2) brought dead pt , 3) Ask the expert. Many queries with regards to day to day practice were discussed.
- 6) World Immunization Week - was celebrated in the form of CME which enlighten us about need and importance of vaccination and also discussion on vaccination in special situations by Dr.Abhay Shah.



**Thane Academy of Pediatrics (TAP)**  
**TAP ALS / BLS Course**  
2nd - 3rd April, 2022 @ 9 am - 5 pm  
Hotel Fortune, Next to Jupiter Hospital, Thane W  
**WE TRAIN PEOPLE TO SAVE LIVES**

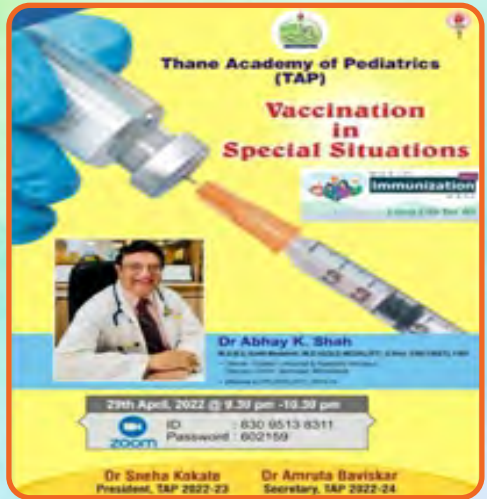
Dr. Parmanand Ambekar, Dr. Shivashankar Mhatre, Dr. Nitishankar Dhanrajkar, Dr. Jayashree Dhanrajkar, Dr. Anurag Dixit, Dr. Shivam Thakur

Dr. Sneha Kokate (President, TAP 2022-23), Dr. Amruta Baviskar (Secretary, TAP 2022-24)



**जगत्क आरोग्य दिवस**  
२ एप्रिल २०२२  
**आमचा प्रेम, आमचे आरोग्य**  
आरोग्य शिवाय आरोग्यीय संस्कृती  
आरोग्यीय, स्वच्छता आणि आरोग्य  
निवडणे योग्य नाही आरोग्य वासा, आरोग्यवादी हूँ का

डॉ. स्नेहा कोकटे (President, TAP 2022-23), डॉ. अमृता बाविसकर (Secretary, TAP 2022-24)



**Thane Academy of Pediatrics (TAP)**  
**Vaccination in Special Situations**  
Immunization

Dr. Abhay K. Shah  
29th April, 2022 @ 9.30 pm - 10.30 pm  
ID : 630 0513 8311  
Password : 602150

Dr. Sneha Kokate (President, TAP 2022-23), Dr. Amruta Baviskar (Secretary, TAP 2022-24)



**Thane Academy of Pediatrics (TAP)**  
**AUTISM Awareness Month**  
13th April, 2022 @ 4.00 pm - 5.30 pm  
Fortune Hotel, Next to Jupiter Hospital, Thane (W)  
**Inclusion in the Workplace**

Dr. Anurag Dixit, Dr. Anurag Dixit, Dr. Anurag Dixit, Dr. Anurag Dixit

Dr. Sneha Kokate (President, TAP 2022-23), Dr. Amruta Baviskar (Secretary, TAP 2022-24)




**MAHARASHTRA STATE BRANCH OF INDIAN ACADEMY OF PEDIATRICS**  
**Thane Academy of Pediatrics (TAP)**

**HEARING 4 :**  
1. Certificate, 2. Brought Dead, 3. Ask The Experts  
Medico Legal solve kar dala  
To apna practice Doh La Lal

26th April, 2022 - 9:00 to 10:30 pm ON ZOOM

**A MONTHLY topic-based on MEDICOLEGAL ISSUES IN DAY TO DAY PRACTICE...**

**FACULTY**  
Dr. Anurag Dixit, Dr. Anurag Dixit, Dr. Anurag Dixit, Dr. Anurag Dixit

Dr. Sneha Kokate (President, TAP 2022-23), Dr. Amruta Baviskar (Secretary, TAP 2022-24)

APRIL 2022



**Thane Academy of Pediatrics (TAP)**  
cordially invites you & your family to the  
**Installation Ceremony**  
of  
**Dr. Sneha Kokate**  
as President 2022-23  
in her town

on Sunday, 10th April, 2022  
@ Vikram's Inn, Palm Court,  
Opp. One Wonder, Chakrabarti Road, Thane (W)

+ Chief Guest +  
**Dr. Hemant Gangolia**  
President Maharashtra from 1st July 2022

+ Guest of Honor +  
**Dr. Kailash Pywar**  
MS, FCS  
Chief Surgeon, Thane

**Dr. Rajesh C. Dere**  
Professor & Head of Paediatric Department, LDMHC, Son  
Dhule, MRC Junior Level Course

6 pm  
Registration & Fellowship

6.30 - 7 pm  
Honorable A. Vaidya  
What do Pediatricians need to know?  
**Dr. Prakash Vaidya**

7 - 8 pm  
Installation Ceremony

8 - 9 pm  
Cultural Evening / Standby Comedy

9 pm onwards  
BY Dinner / Snacks & Light  
Cocktail & Dinner

+RSVP+

1) **Dr. Anurita Bhatnagar** (Moderator)  
Honorary, DAP 2022-24

2) **Dr. Gireesh Bhatkar** (Moderator)  
Honorary, IAP 2022-2023

3) **Dr. Ramdas Kulkarni** (Moderator)  
Dr. Jayantii 1st July 2022-2024

## MAY 2022

- Pearls in Endocrine CME** 1st May 2022, was conducted in Jupiter hospital in association with Wadia hospital and many national and international speakers shared some interesting cases. More than 200 delegates attended the CME
- Clothes and Toys donation** drive was conducted on 4th May 2022  
To the underprivileged needy Adivasi kids of Yaoor village, also teaching our kids the joy of sharing. All Tapians collected clothes and Toys and themselves distributed among the kids.
- World Asthma Day**  
In view of the WORLD ASTHMA DAY, observed by WHO on 3rd May this year, we at Thane Academy of Pediatrics, have organised a talk on CARING FOR CHILDREN WITH ASTHMA on the 6th of May at 9:30pm.  
Our esteemed speaker is Dr. Prakash Vaidya - senior Paediatrician at Fortis Hospital, Mulund with special interest in Pulmonology.  
The session was moderated by Dr. Archana Kavalakkat and Dr. Amruta Durge.  
Topic: **CARING FOR CHILDREN WITH ASTHMA: Are we getting it right??**  
Join Zoom Meeting  
<https://us02web.zoom.us/j/81675516444?pwd=ZmN1Vk1RM21LVVFXcHRZVBUcm1TdZ09>
- Influenza Forum** was conducted 6th May 2022, to update about Influenza disease and atypical presentation .Privilege to have Speakers Dr Suhas Prabhu and Dr Sampada Tambolkar & the secession was moderated by Dr.Sane .
- World Thalassemia Day**  
Thane Academy of Paediatrics celebrated World Thalassemia Day on 8th May by organizing Blood Donation Camp and had a very good response. In Association with Rajiv Gandhi Medical College and PSM Department organized a magic show for palliative kids and their parents on 9th May. Dr Ruchira Misra HematOncologist, spread Awareness about Thalessemia keeping the theme in mind "Be Aware...Share....Care!" Buccal swabs were collected for HLA typing, and snacks were distributed to All. More than 50 children ,their parents doctors and staff were participants for this event.
- International Nurses Day**  
**\*FLIT ON, CHEERING ANGEL!\***  
**\*Flit on, cheering angel!\***  
Words if you rearrange  
Spell Florence Nightingale  
A t rue angel from a bygone age!!  
It marks the anniversary of the birth of Florence Nightingale known as the 'Lady with the Lamp' and considered the founder of modern nursing. Nurses are one of the largest & most vital forces of Healthcare.They need to meet the expectation of both hospital management and patient whilst providing even more complex patient care. Thus it follows that only by actively addressing challenges raised and shared by our nurses,can we strengthen the quality & safety of our healthcare. Keeping with the Theme ,TAP had small Celebration & Quality Topics for the nurses, and snacks distributed by LifeLine Hospital, Khopat, Thane
- 'End of Summer get together'**  
of TAP girly gang with a Floral theme for the Occasion , Lovely banter and sumptuous Dinner !

CME IN PEDIATRIC ENDOCRINOLOGY		Wadia Hospitals	
Day 2- 01/05/2022. 8 am- 6 pm, Venue: Hotel Fortune Park Lake city, Thane			
Registration and Breakfast		Case presenter	Speaker
0800-0845 0845-0900		Moderator	
Welcome			
Chairperson: Dr. Sneha Kokate, Dr. Rita Rochiani			
0900-0910	Case capsule		
0910-0930	Pediatric Obesity: The Current Pandemic	Dr. Anuja Datar	Dr. Amrta Bagai
0930-0940	Q&A		Dr. Rajesh Joshi
Chairperson: Dr. Girish Chinawani			
0940-0950	Case capsule		
0950-1020	Endocrine late effects of childhood cancer survivors	Dr. Jaypriya	Prof. Margaret Zacharin
1020-1030	Q&A		Dr. Ruchi Parikh
Chairperson: Dr. Alpina Othi, Dr. Rehan Haws			
1030-1040	Case capsule		
1040-1100	Rickets Beyond Vitamin D	Dr. Amrita Mehta	Dr. Raja Padidala
1100-1110	Q&A		Dr. Ganesh Jewalikar
TEA BREAK			
Chairperson: Dr. Amruta Durge, Dr. Anant Hkar			
1130-1140	Case capsule		
1140-1210	Refractory Hypoglycemia in Infants and Neonates	Dr. Ashutosh Pai	Dr. Senthil Seneelagan
1210-1220	Q&A		Dr. Sudha Rao
Chairperson: Dr. Rajesh Chokhani, Dr. Pooja Thakur			
1220-1230	Case capsule		
1230-1300	Genetics of Hypothalamic pituitary disorders - Bedside implications	Dr. Rachna Keshwani	Prof. Mehul Dattani
1300-1310	Q&A		Dr. Sudha Rao
1310-1320	LUNCH		
Chairperson: Dr. Gauri Kulkarni, Dr. Amruta Bawekar			
1350-1400	Case capsule		
1400-1430	Adolescent Endocrine disorders	Dr. Divya Pujari	Prof. Margaret Zacharin
1430-1440	Q&A		Dr. Preeti Dabdeghao
Chairperson: Dr. Archana Kawalkat, Dr. Santosh Wagh			
1440-1450	Case capsule		
1450-1520	Prepubertal and Early Central Puberty- Genetics and Outcome	Dr. Ajinkya Patil	Prof. Juliane Lager
1520-1530	Q&A		Prof. Prisca Colaco
Chairperson: Dr. Bhavesh Mishra, Dr. Harish Lapsia			
1530-1545	Tapering of chronic glucocorticoid therapy	Dr. Musita Dhirga	
1545-1600	Genetics of Hypothalamic pituitary disorders - Endocrine and syndromes - Clinical Clues	Dr. Sandhya Kundigalle	Prof. M. Zacharin
1600-1615	Q&A	Dr. Tushar Godbole	Dr. Sudha Rao
1615-1630	Q&A		
Chairperson: Dr. Nerita Saboo, Dr. Givrita Raiker			
1630-1640	Case capsule		
1640-1710	Thyroid hormone therapy in children with hypothyroidism	Dr. Amrita Mehta	Prof. Andrew Bauer
1710-1720	Q&A		Dr. Sarah Mathai
1720-1730:	VALEDICTORY		
1730 onwards:	HIGH TEA		



MAY 2022



## JUNE 2022

**Complementary feeding day celebration** on 6th June 2022 with great success, with talk on nutrition for the doctors and then a multiple places talks were given to the mothers to make them aware about complementary feeding also role of nutrition in achieving and supporting Milestones which was followed by active discussion by mother to resolve their queries.

**Monthly CME** was on

\*8th of June 2022 which included talk on

SURVIVING IS THE ONLY BEGINNING by Dr. Jesal Sheth

THE STORY OF A NON-UNITING ULNA- Dr. Rohit Jain

PAEDIATRIC OCULOPLASTY- a case based perspective by Dr. Anuradha Ayyar

CHALLENGING FEVER OF LONG DURATION by Dr. Abhay Shah

ACELLULAR HEXAVALENT COMBINATION VACCINES- now and beyond by Dr. Praveen Gokhale

**World tumor day** was celebrated on 9th June 2022, its a step toward increasing awareness about brain tumours and finding a cure for this deadly disease. Theme for the World Brain Tumour Day is "Together we are stronger". The main objective should be to prevent, screen, diagnose and treat the disease. Dr Naresh Biyani presented variety of cases which was an eye opener.

The zoom link is attached

<https://us02web.zoom.us/j/81431953811?pwd=b0lzZ01VV3hpc1V6V3NPaEFic3ovUT09>

PECART was organized in Thane on 12/6/2022 under auspicious presence of Dr. GV Basvaraja, this module by CIAP is designed for the pediatrician to understand the physiology and pathology behind the critical illness and develop our analytical and critical skills we had 50 delegates to learn from master trainers like Dr. Basavaraja, Dr. Sachin Patil, Dr. Prakash Vaidya, Dr. Neelu Desai and Dr. Bhavesh Mithiya.

**Medicolegal monthly meet** was held on 28th June 2022, on zoom platform.

A detail discussion on Medicolegal aspects of death during transfer and mob violence were discussed by experts like Dr. Jagdish Singh and Dr. Hemant Gangolia.

The link for the same is attached herein <https://clirnet.zoom.us/j/83825187865?pwd=mUmOASp9VpWoD8Q0jpy4RmGZvRrvn.1>



ठाणे अॅकॅडमी ऑफ  
पॅडिअॅट्रिक्स  
(टी.ओ.पी.)

६ जून २०२२

स्तनपाना बरीबर  
अन्य आहार

डॉ. भद्रा सोळंके  
उपाध्यक्ष  
टी.ओ.पी. ०२११२-२१

डॉ. वसुधा बसिमा  
सचिवी  
टी.ओ.पी. ०२११२-२१



Maharashtra State Branch of  
Indian Academy of Pediatrics  
&  
Thane Academy of Pediatrics (TAP)

**HEARING 6 :**  
1) Death during transfer 2) Mob violence  
Medico Legal solve kar dala  
Ts apna practice Osh La Lal

28<sup>th</sup> June 2022 - 9:00 to 10:30 pm ON ZOOM

A MONTHLY teleca-tala on MEDICOLEGAL ISSUES IN DAY-TO-DAY PRACTICE...

**FACULTY**

Dr. Jagdish Singh  
Senior Lecturer and Co-ED  
Department of Pediatrics  
(TAP) Thane  
Member of Maharashtra Medical Council  
Member of Maharashtra State Bar Council  
Member of Maharashtra State Bar Association

Dr. Hemant Gangolia  
Executive, State Bar  
Maharashtra State Bar Council

Dr. Bhavesh Mithiya  
Member of Maharashtra State Bar Council

Dr. Prakash Vaidya  
Senior Lecturer (TAP)

Dr. Sachin Patil  
Senior Lecturer (TAP)

Dr. Anuradha Ayyar  
Senior Lecturer (TAP)

Dr. Praveen Gokhale  
Senior Lecturer (TAP)

Digital Partner - CLIRNET



## JUNE 2022

**Thane Academy of Pediatrics (TAP)**

**World BRAIN TUMOUR Day**

08th June 2022

**"Together we are strong"**

**Dr. Maresah Biyani**

Dr. Maresah Biyani, M.D., M.Ch. (Neurology), M.Ch. (Neurosurgery), M.Ch. (Pediatric Neurology), M.Ch. (Pediatric Neurosurgery), M.Ch. (Pediatric Neurooncology), M.Ch. (Pediatric Neurophysiology)

Topic : Brain tumour in children, recent updates in monitoring/treatment

**DATE** : 08th June, 2022  
**Time** : 09:30 AM to 11:30 AM  
**Place** : TAP

**Dr. Sneha Kokate** President TAP 2022-23  
**Dr. Amruta Baviskar** Secretary TAP 2022-23

**Case 1 : Vanshika**

- ✓ 1yr
- ✓ Squint for 15 d
- ✓ Ophthalmologist Bil 6<sup>th</sup> nerve
- ✓ Fundoscopy papilledema
- ✓ No Vomiting Headache

**Take Home Message**

**Better Outcome**

MRI and Early Diagnosis, Microscope, Endoscope, Neuronavigation, CUSA, Safe Anesthesia.

**✓ MRI Brain**

*Biyani TAP 9 June*

**Indian Academy of Pediatrics**

**IAP Action Plan 2022-23**  
National Team

**Dr. Santosh T Soans** Co-ordinator  
**Dr. Ruchira Gupta** Jt.Co-ordinator  
**Dr. Uday Pai** Convener  
**Dr. S.S. Kamath** Scientific Convener

**Pediatric Emergency Care and Resuscitation Treatment Module (PECART)**

(A workshop under the CIAP Action Plan 2022-23  
Supported by SUN Pharmaceuticals Ltd)

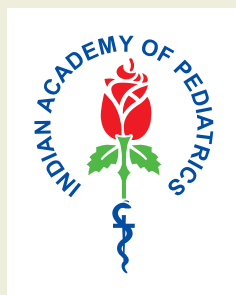
**Dr. Arun Bansal** National Convener  
**Dr. Bhaskar Shenoy** National Co-ordinator

Organized by

**Thane Academy of Pediatrics (TAP)**  
(on 12th June, 2022 at Vihang Inn, Thane (W)).

**Dr. Sneha Kokate** President TAP 2022-23  
**Dr. Amruta Baviskar** Secretary TAP 2022-23





32<sup>ND</sup> ANNUAL CONFERENCE OF  
**MAHARASHTRA STATE BRANCH OF  
INDIAN ACADEMY OF PEDIATRICS**

Organised by  
**MAHAIAP & Nashik District Branch of IAP**

[www.mahapedicon2022.com](http://www.mahapedicon2022.com)

at **Hotel Taj Gateway**  
Mumbai Agra Highway, Nashik.

On **18, 19, 20 November 2022**

**SECRETARIAT**

**Dr. Milind B. Bharadia**  
**" Vishwesh Children's Hospital "**  
Behind Tupsakhare Lawns, Mumbai Naka, Nashik - 422 002.  
Ph.: 0253 - 2582563, 2317852, Mob.: 98220 15645

## INVITATION

Dear fellow IAPians,

Warm greetings from the organising team of MAHAPEDICON 2022, NASHIK.

It is a matter of great honour and immense pleasure to extend this invitation to you for the 32<sup>nd</sup> Annual Conference; **MAHAPEDICON 2022** to be hosted by IAP NASHIK Branch.

**"Let's weave the Magic with the Logic"** with this theme at its heart, we assure you a scientific bonanza to fulfil and quench every participant's thirst of learning.

Nashik city, grape & wine capital of India is very well connected by road & rail. The weather in November is absolutely pleasant and will enhance the sight seeing and shopping experience in this culturally rich and holy city Nashik. Awaiting eagerly for your arrival.

warm regards.

**ORGANISING TEAM MAHAPEDICON 2022, NASHIK**

### CONTACT



**Dr. Ramakant Patil**  
Organising Chairman

Mob.: +91 9823070900



**Dr. Milind Bharadia**  
Chief Organising Secretary

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**Dr. Shyam Chaudhari**  
Convener

Mob.: +91 9823124496



**Dr. Purshottam N. Devi**  
Chief Organising Treasurer

Mob.: +91 9823053345

For further Details contact on **E-mail** : [mahapedicon2022@gmail.com](mailto:mahapedicon2022@gmail.com)

E-mail : mahapedicon2022@gmail.com

On demand of many members of MAHAIAP and various branches we have opened a window of opportunity upto 31st May 2022 to register for Mahapedicon 2022 at a discounted rate of INR 11000/-

		Upto 31/12/21	01/01/22 to 31/05/22	01/06/22 to 31/07/22	01/08/22 to 30/09/22	01/10/22 Onward & Spot
1.	IAP members	8,000/-	11,000/-	16,000/-	18,000/-	20,000/-
2.	Accompanying persons of IAP member	8,000/-	11,000/-	16,000/-	18,000/-	20,000/-
3.	Non IAP members	11,000/-	12,000/-	17,000/-	19,000/-	21,000/-
4.	Accompanying Persons of Non IAP Member	11,000/-	12,000/-	16,000/-	18,000/-	20,000/-
5.	Sr. Citizen (>70 yrs. with age Proof)	NIL	NIL	NIL	10,000/-	10,000/-
6.	Accompanying persons of IAP Senior Citizen Member	8,000/-	11,000/-	16,000/-	18,000/-	20,000/-
7.	PG Students (HOD Approvals Required)	5,000/-	5,500/-	8,000/-	9,000/-	10,000/-
8.	Faculty	8000/-	8000/-	8000/-	8000/-	8000/-
9.	Corporate Delegate	20,000/-	20,000/-	20,000/-	25,000/-	25,000/-
10.	Accompanying person of Corporate Delegates	20,000/-	20,000/-	20,000/-	25,000/-	25,000/-
11.	Workshop	1,000/-	1,000/-	1,000/-	1,000/-	1,000/-

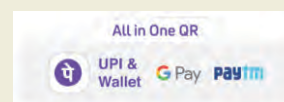
- Conference registration is NOT mandatory for workshop.
- Registration subject to realisation of cheque and confirmation of IAP membership number.
- Registration fee is inclusive of GST and other taxes.

- Please note that you need to submit duly filled registration form after the payment is done.
- For online registration form [click here](https://mahapedicon2022.com/registration)  
<https://mahapedicon2022.com/registration>

- Pay by net banking or UPI. Fill Google form entering transaction id/number. Inform Mr. Datta Kedar (Mob.: 96239 17452) on whatsapp/phone about your Mahapedicon registration and payment.

### Payment Details for Net Banking

Bank Name : BANK OF MAHARASHTRA  
Account Name : Indian Academy of Paediatrics  
Account Number : 20046647717  
Savings / Current : SAVINGS  
Branch Name & Address : Canada Corner, Nashik.  
IFSC : MAHB0000672



For UPI click hear or Scan QR Code  
<https://phon.pe/ct1ic78s>



- Cheque & DD to be drawn in name of Indian Academy of Paediatrics payable at Nashik.

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Jt. Secretary (Admin)



**Dr. Samir Dalwai**  
Treasurer

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**Dr. Ramakant Patil**



**Dr. Narendra Nanivadekar**



**Dr. Sanjay Deshmukh**



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**Dr. Pramod Kulkarni**

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EB Member, MAHA IAP

### Women Committee Chairpersons



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Organising Chairman



**Dr. Milind Bharadia**  
Chief Organising Secretary



**Dr. Shyam Chaudhari**  
Convener



**Dr. Purshottam N. Devi**  
Chief Organising Treasurer



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**Dr. Sushil Parakh**  
Co-Organising Chairman



**Dr. Sharmila Kulkarni**  
Chairman Scientific Committee



**Dr. Anand Makharia**  
Co-Chairman  
Scientific Committee



**Dr. Prashant Kute**  
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**Dr. Aniruddha Bhandarkar**  
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**Dr. Pankaj Gajare**  
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Organising Secretary



**Dr. Sagar Sonawane**  
Organising Secretary



**Dr. Sangita Lodha**  
Organising Secretary



**Dr. Nitin Surana**  
Joint Organising Secretary



**Dr. Sadachar Ujalambkar**  
Joint Organising Secretary



**Dr. Nitin Mehkarkar**  
Joint Organising Secretary



**Dr. Prakalp Patil**  
Joint Organising Secretary

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### FINANCE COMMITTEE

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Co Chairman Dr. Sameer Bhide  
Convenor Dr. Prashant Kute  
Dr. Vaibhav Pustake  
Dr. Sanjay Aher  
Dr. Datta Patil  
Dr. Suyash Naik  
Dr. Sachin Chaudhary  
Dr. Prasanna Wagh  
Dr. Sneha Wagh  
Dr. Rajashree Pathak  
Dr. Deepak Avhad  
Dr. Abhiraj Pawar

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Dr. Sadhana Patil  
Dr. Vaishali Bharadia  
Dr. Sulbha Pawar  
Dr. Pinky Kale  
Dr. Mamata Agarwal  
Dr. Namrata Mittal  
Dr. Kalpana Kute  
Dr. Rupali Thete

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Dr. Anupama Dahale  
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Dr. Prashant Wagh  
Dr. Bhupendra Patil  
Dr. Rahul Kakad



## SCIENTIFIC PROGRAMME HIGHLIGHTS

We have planned scientific programme which will appeal to the each and every Pediatrician. It is going to be clinically oriented programme with logical conclusions.

We are planning to have -

- Guest lectures
- Theme based symposia
- Dialogue session with the panel of experts
- Mixed bag sessions
- Capsules which will keep you updated with latest in Pediatrics & medicolegal aspects
- Enriching non academic sessions.

### Theme based symposia -

1. Neonatology symposium
2. Medicolegal symposium
3. Transplant symposium
4. Nephrology symposium
5. Adolescent symposium
6. Fever symposium

..and many more mixed bag sessions on common topics and issues which we face in routine practice.

### Dialogue sessions -

- Issues in vaccinology
- To chase or not to chase ? - Inotropes & Vasopressors
- IV fluids which ? When ? And How much
- Approach to child with abdominal pain ?
- Difficult cases in Pulmonology
- Interpretation of microbiological tests - case based
- Neonatology update
- Antibiotics - the right choice ?
- Errors in practice
- And many more

### Workshop :

#### 1. Basic ventilation in Pediatrics

Series of short lectures and hands-on workstations NIV, invasive ventilation, ventilatory adjuncts, graphics and basics of the machine. So every delegate will be confident of working on a ventilator.

#### 2. Emergencies in office practice

Its a nightmare when a child drops unconcious in our opd. How to manage such emergencies in a structured manner is very important for a good outcome.

#### 3. Neonatology workshop

Aim of this workshop is to make the delegate confident in managing neonatal resuscitation, sepsis, ventilation and all common neonatal emergencies.

#### 4. Mixed Bag workshop

It will include variety of topics which are useful in day to day practice such as ABG, ECGs & Defibrillator, Growth Charts, Oxygen Delivery Devices, Inhalers.

#### 5. Self defence for Adolescent girls

Self defense is a very essential part in everyone's life and to groom our adolescent friends for the same, it becomes our responsibility as a Parent and as a Pediatrician to train them in self defence tactics.

#### 6. BLS for Healthcare workers and Nurses

Nashik IAP and Maha IAP has always strived hard to promote social causes and enhance awareness for saving lives. Taking the same legacy forward, we planned a basic life support workshop for our nurses and our healthcare workers.



# MAHAPEDICON 2022

## Registration Form

### REGISTRATION FORM for MAHAPEDICON 2022, NASHIK

NAME : .....

- IAP MEMBER                       NON-IAP MEMBER                       P.G. STUDENT  
 ACCOMPANYING PERSON    IAP SENIOR CITIZEN MEMBER (>70 YRS.) (Age Proof Necessary)

IAP LIFE MEMBERSHIP NO.: .....

M.M.C. Reg. No.: .....

MOBILE NO.: 1. .... 2. ....  
(to be used for communication)

Email id : 1. ....  
(to be used for communication)

ADDRESS FOR CORRESPONDENCE :  
.....  
.....  
.....

Registration for :                       CME                       Conference                       Workshop

Payment Details :

Cash : .....

Online Transaction Reference No.: .....

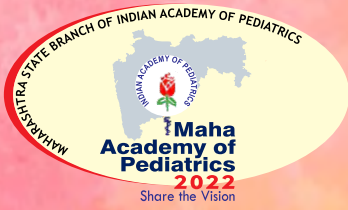
DD / Cheque No.: .....

Date : .....

Bank & Branch Address : .....

Signature of Delegate

Here is a link for online registration form  
<https://mahapedicon2022.com/registration>



**Exposure to poisons, bites, stings or drug overdose. Feel free to contact for any poisons related clarifications:**

**POISONS INFORMATION CENTRE CMC Hospital, Vellore**

**24x7**

Toll free no:  
1800-425-1213

Poison emergency no:  
+91 83002 05222

[cmctox@gmail.com](mailto:cmctox@gmail.com)

[www.cmcpic.org](http://www.cmcpic.org)

<https://maps.app.goo.gl/Uki81eHixjb9giG8A>

Please circulate. Might help someone in need or in emergency



[www.mahaiap.org](http://www.mahaiap.org)



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