



दृष्टिक्षेप
Share the Vision!

2022, ISSUE 3, 18.11.2022

Bulletin
of the

**Maharashtra Academy of
Pediatrics**



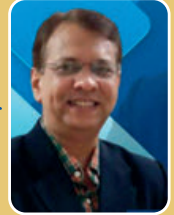


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P R E S I D E N T S M E S S A G E



Dear MAHAIAPians & Delegates,

Season's greetings...!

It gives me an immense pleasure to welcome the release of the third issue of MAHAIAP BULLETIN at this 32nd MAHAPEDICON organised on 17- 20th November 2022 at Taj Gateway, Nashik. Hearty congratulations to the editorial team Dr. Neha Singh, Dr. Rajendra Chandorkar, Dr. Amol Pawar and techno wizard Dr. Vishal Raut to bring out this beautiful bulletin which shares all the activities carried out by MAHAIAP & the Branches across the state of Maharashtra. Humble request to each one who gets hold of this soft copy to go through it, page by page so as to feel proud of our state branch.

MAHAIAP's theme this year is "Share the vision" and we feel proud to see the array of activities throughout the year in form of Friday releases of MAHA Mentor Mentees, MAHA Subspeciality Connect, MAHA Case Challenge, MAHA Katta, Tuesday Takes, Hearing (Medicolegal in association with Thane IAP), Journal Journey (in association with Raigad IAP across the west zone), MAHA Nursing Stations (in association with Palghar IAP), Adolescent Week celebrations, Autism week celebrations, Thalassemia/Sickle cell month celebrations, Sunday 11 am डॉक्टर, एक विचारू का ? program, Marathi translations of Parental Guidelines and so many variety programs as well mid-term CME organised by Yavatmal IAP. Heartfelt thanks to MAHAIAP OBs, EBs, MAHAIAP Women Committee team, all MAHAIAP Branches for their contribution and selfless help in organising all above activities by sharing their vision, apt to the theme of this year and the credit goes to an excellent team work & I bow to the team work.

MAHAPEDICON is an occasion of updating knowledge and skills so also its occasion for fellowship and a huge get together. I am sure, the team Nashik IAP will scale newer heights in achieving higher standards of academics, hospitality, fellowship and fun as they are used to do in the past.

We all appreciate the efforts, hard work, meticulous planning of the most awaited event by the Nashik IAP, organising team in line with the theme "Weaving with the Logic" of MAHAPEDICON 2022. I am sure with the theme we will be enriched with the knowledge of weaving out our day-to-day practice with the logical reasonings. We look forward to great science.

My best wishes to the IAP Nashik branch, organising team, faculty, delegates and all MAHAIAPians.

Long live MAHAIAP!

Yours in service,

President,

Maharashtra Academy of Pediatrics (MAHAIAP), 2022



FROM THE DESK OF SECRETARY GENERAL & CHIEF EDITOR

Dear MAHAIAPians,

Greetings from MAHAIAP Secretariat!

First of all let me thank all the CIAP EBs, MAHAIAP EBs, district branch OBs & members for joining & actively participating in all the programs online & offline right from Jan 22. It is the first time this office received maximum activity reports till now. I thank all the district branch OB's at helm for taking extra efforts in carrying out these activities successfully & most importantly submitting it in time.

I take this opportunity to implore my friends to celebrate the remaining weeks in innovative ways & involve the society at large so as to make a strong bond between MAHAIAP & the common people, in making the young generation of Maharashtra Healthy. Also, don't forget to report all these activities of the year 2022 to CIAP office as well which will be taken into consideration for Awards at IPA Pedicon at Gandhinagar in Feb 23.

I am so Lucky to have my dear friend as a guide, President of MAHAIAP Dr. Hemant Gangolia; working relentlessly for the betterment of MAHAIAP & being the guiding force always behind me and Team MAHAIAP comprising of Dr. Jaykumar, Dr. Vinayak Patil, Dr. Mohan Warke, Dr. Vishal & Dr. Neha and all dear EB members of MAHAIAP.

This year we are so fortunate to start Women Committee under leadership of Dr. Renu & Dr. Sonali who have done wonders. These two lovely ladies along with the entire MAHAIAP Women Committee zonal members from entire Maharashtra are still working very hard in communicating & involving all district branch members in various activities throughout the year & still continuing. Team MAHAIAP is really indebted to the work done by them.

I also thank all major branches like Mumbai, Pune, Nagpur, Nashik, Navi Mumbai, Thane & Aurangabad along with smaller branches of MAHAIAP for carrying out various activities which were helpful to society in large.

Team MAHAIAP is also thankful to Dr. Shekhar Dabhadkar Sir & whole organizing team of our Sunday Program 'डॉक्टर, एक क्वचाक्का?', a very innovative program in local language involving expert pediatricians, parents, teachers and students also.

I also congratulate the Co- editors of this bulletin Dr. Rajendra Chandorkar, Dr. Neha Singh and Digital Wizard Dr. Vishal Raut for their herculean efforts & dedication in editing & compiling all the data received from various contributors for this bulletin.

We as a team feel proud to update our MAHAIAP website, a dynamic one with release of web app on 5th June. We have updated all the data of CIAP members recently in it. Do visit & don't forget to put suggestions if any.

We are also in process of translating all 105 Parental Guidelines released last year by Dr. Piyush Gupta IPP, in Marathi language & launching the first five guidelines on 5th June. We appreciate the great efforts, dedication of Dr. Narendra Nanivadekar & their enthusiastic team in getting this herculean task on time. Our plan is to complete this task till June next year & compile them in all in a book which will be gifted to all MAHAIAPians so that it will be a helpful hand for their patients as well.

We are so fortunate to get support of Dynamic CIAP President Remesh Kumar Sir & his team mainly Upendra Sir, Vineet Saxena Sir, Samir Dalwai Sir in carrying out various CIAP modules free of cost to pediatricians working in remote locations. I also thank CIAP for granting permission to start UDGIR (Dist. Latur) IAP branch in our tenure in recently concluded EB meeting.

Lastly, I thank all expert academicians and all MAHAIAPians to support us in carrying out various academic as well as social activities. Team MAHAIAP is looking forward to meet you all at Mahapedicon 2022, Nashik & my best wishes to the whole organizing team headed by my mentors Dear Dr. Ramakant Patil, Dr. Milind Bharadia from my home branch for the grand success of it.

Wishing u all Happy Learning from the experts in all pediatric subspecialities from entire India during Mahapedicon, Nashik.

Team MAHAIAP wishes a very Happy New Year ahead to all Mahaiapians.

Yours in Service,



Dr. Amol Pawar

Dr. Amol Manik Pawar
Secretary General & Chief
Editor, MAHAIAP 2022-23



M E S S A G E F R O M T H E V I C E P R E S I D E N T

Dear colleagues,

On behalf of MAHAIAP I would like to extend our personal wishes that all of our members families and our colleagues are safe and healthy.

Last year in spite of covid, we Raigad IAPians managed a great show during MAHAPEDICON 2021.

Under the leadership of Dr. Hemant Gangolia sir, MAHAIAP has done many academic and social activities which will be the benchmark for near future.

MAHAPEDICON 2022 is being organised at Nashik this year. All our friends from Nasik, under the able leadership of Dr Ramakant Patil, Dr Bharadia and Dr Kedar Malwatkar are striving hard to make this annual event successful.

I am sure that Nashik IAP team will live up to the expectations in Academics, Entertainment and Food; as they are known for. My best wishes for MAHAPEDICON 2022 and I am sure everyone will cherish the memories forever



Dr. Vinayak Patil

**Vice President
MAHAIAP 2022**



M E S S A G E F R O M T H E S T A T E C O N V E N E R

Greetings !

We are now towards end of year 2022 and awaiting Mahapedicon 2022 Nashik. At the outset I am very thankful to MAHAIAP Office and its office bearers for the opportunity given to me for our association. We have done many activities this year which includes academic presentations and Quizzes. Congratulations to all MAHAIAP's.

When I look back, I actually wonder watching the speed of activities done by our organization. It was a great team work. Dr Hemant Gangolia (President MAHAIAP) & Dr Amol Pawar (Secretary General MAHAIAP) and Myself visited many IAP Branches of Maharashtra specially Palghar, Thane, Mumbai for their Installation ceremony and believe me, the shower of love & respect given by our association members will remain forever in my heart. Thanks, all MAHAIAP branches for their enthusiastic response.

Let's meet all at MAHAPEDICON Nashik. Congratulations to all elected EBs of 2023 and all the best for your tenure and we are confident about your potential to represent MAHAIAP at the CIAP Level.

All the best to Organizing Team for MAHAPEDICON 2022 NASHIK.



Dr. Jay Bhandarkar

**State Convener
MAHAIAP 2022**



**F R O M T H E D E S K O F W O M E N
C O M M I T T E E**

Greetings to all.

First of all, we are very grateful to MAHAIAP President Dr Gangolia Sir & Secretary Dr Amol Pawar Sir. As they are our Pioneers & Founders of Women Committee MAHAIAP '22. This year, first time in the history of MAHAIAP; Women Committee was formed. Hence it gives us immense pleasure to pen down few lines for this bulletin issue.

This year, working together both of us with other Zonal Co-ordinators of WC, we conducted many National Health Days & Week celebrations like Adolescent week, Autism Week, Infant feeding week, ORS week, Breastfeeding Week etc. We also co-ordinated many of the MAHAIAP sessions like Yuvati Mana, Tuesday Takes sessions along with the Credit points. Many new members especially the women were included & given the opportunity for these sessions. Here we all tried to set a new era of future generations of MAHAIAP & National IAP as well.

Thanks & Best wishes to all !



Dr. Renu Boralkar

Dr. Renu Boralkar
Chairperson MAHAIAP WC



Dr. Sonali Shirbhate

Dr. Sonali Shirbhate
Co-Chairperson MAHAIAP WC



A B O U T T H I S M A G A Z I N E

Dear Colleagues,

Season's greetings.

It's our pleasure & honour to communicate with all of you through our quarterly bulletin of MAHAIAP Drushtikshap. I hope, all is well.

MAHAIAP, under the able leadership of Dr Hemant Gangolia & Dr Amol Pawar has been doing steady & notable progress in various aspects of association, be it academic, non-academic or social. We are already reaching the last quarter of their tenure & they have lived up to their promises to uplift the association. The commitment shown by both of them along with the hardworking team of twenty deserves an applause !!

Our innovative academic sessions on virtual platforms are making waves like never before. Journal Journey, Mentor/Mentees, Parental Awareness Programmes, Tuesday Takes, MAHA Case Challenge, MAHA Sub Speciality to name a few more. All virtual events have become big hits & viewerships are going full house.

The work of Women Committee deserves a special mention. Under the able guidance of Dr Renu Boralkar, Dr Sonali Shirbhate & the rest of our women colleague have established their stance firmly on MAHAIAP platform through successful hosting of Pedia Women Conference, big hit virtual academic event Tuesday Takes & so many other worthy activities for that matter!!.....

Winds of IAP Elections were blowing on every IAP platform last month. MAHAIAP had organised an interactive session with all aspiring state candidates to portray their worth, strengths & have a fair dialogue with their fellow IAPians. This definitely was an innovative event for sure.

We Congratulate all the winners. Hearty Congratulations to Dr. Basavaraja Sir, Dr. Yogesh Parikh Sir, Dr. Ramakant Patil Sir, Dr. Pramod Kulkarni Sir, Dr. Renu Boralkar Ma'am, Dr. Girish Charde Sir and our Dr. Jeetendra Gavhanane Sir.

All of us are eagerly waiting for the Mega Show of MAHAIAP, The Mahapedicon 2022 to be hosted by IAP Nashik at the headquarters of MAHAIAP (Nashik) in the month of November under the chairmanship of Dr Ramakant Patil.

We are eager to meet all of you at Nashik.

Until then, take care of yourself & stay safe.



Dr. Rajendra Chandorkar
Co-Editor



Dr. Neha Singh
Co-Editor





MAHAIAP Activities

(Tap month to jump to section)

A close-up photograph of large, dark green leaves with prominent veins, covered in numerous small, clear water droplets, suggesting a recent rain or dew.

July

A close-up photograph of a bright yellow flower, possibly a sunflower, with a white, fluffy center, set against a background of green foliage.

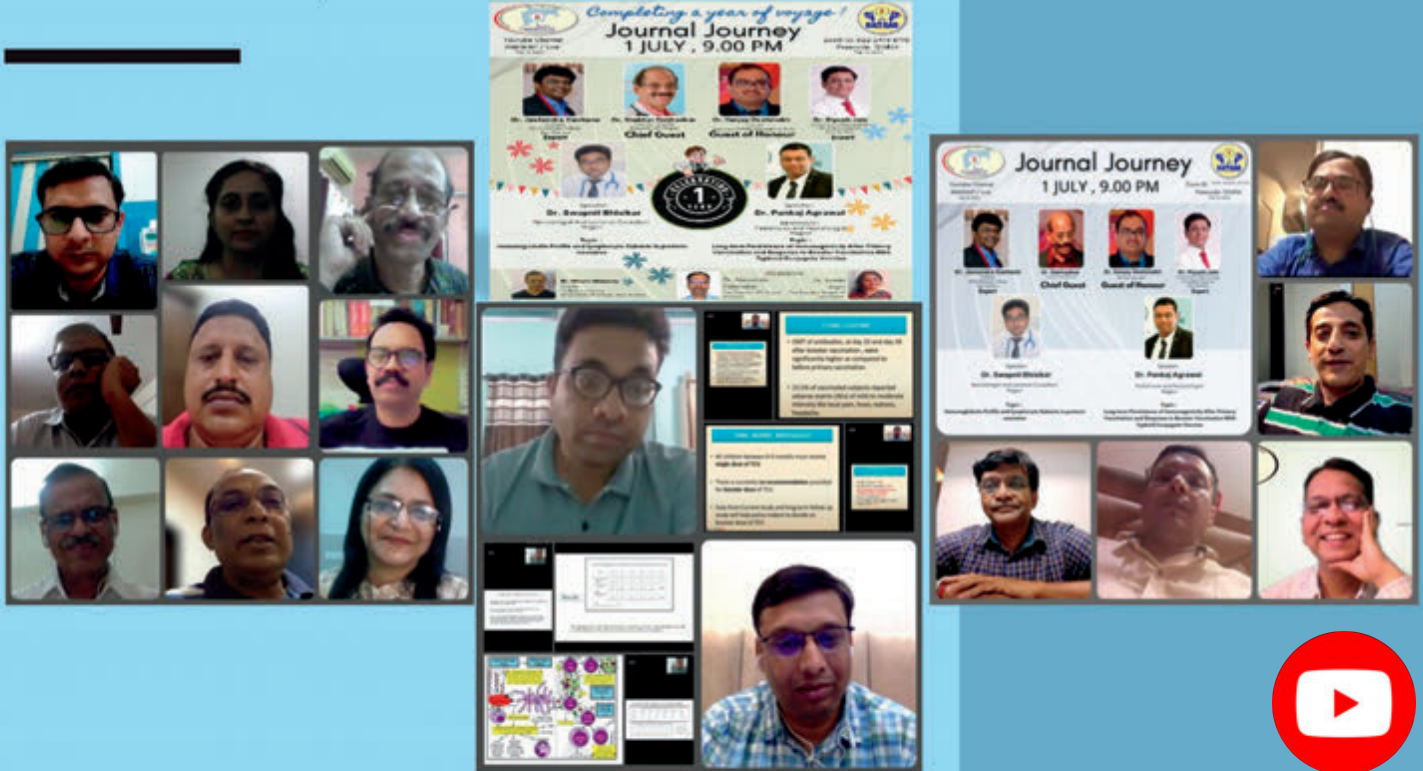
August

A photograph of two decorated sticks, likely for a traditional Indian festival, lying on a wooden surface. The sticks are wrapped in green and yellow paper with red and black patterns. Next to them are two round, orange, textured items, possibly sweets or flowers, and a single green leaf.

September

MAHAIAP Activities

For the month of July 2022



1. JOURNAL JOURNEY (01.07.2022)

MAHAIAP & IAP Raigad wonderfully celebrated Doctor's Day & successful completion of one year of our JOURNAL JOURNEY in a unique style.

Experts:

Dr. Jeetendra Gavhane (President (NMAP) & Prof., MGM Medical College (Navi Mumbai)

Dr. Piyush Jain (Consultant Neonatologist, Cloud Nine Hospital (Navi Mumbai)

Speakers & Topics:

Dr. Pankaj Agrawal (Pediatrician & Neonatologist (Nagpur)
Long- term persistent of immunogenicity after primary vaccination & response to booster vaccination with Typhoid Conjugate vaccine

Dr. Swapnil Bhisikar (Neonatologist & Lactation Consultant) (Nagpur)
Immunoglobulin profile & lymphocyte subsets in preterm neonates

HIGHLIGHTS

CHIEF GUEST

Dr Chandrashekhar Dabhadkar
(CIAP West Zone VP 2020, President
AHA (Raigad)

GUEST OF HONOUR:

Dr Sanjay Deshmukh
(CIAP EB Member 2022,
Secretary IAPNRC
Maharashtra State)



2. PARENTAL AWARENESS PROGRAM (03.07.2022)



Topic: "Household Accidents in Children – Reasons, Care & Precautions"

Speakers:

Dr Mangalmurti Bhalerao (Pediatrician, Pune)

Dr Ramakant Patil (Pediatrician, Nashik)

Moderators:

Dr Abasaheb Patankar (Pediatrician, Mangaon – Raigad)

Dr Sandip Kawade (Pediatrician, Pune)

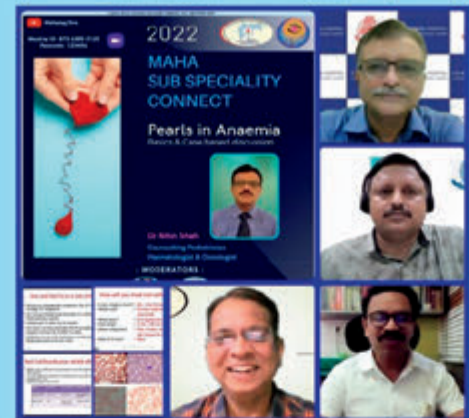
Co-ordinators:

Dr Suchit Tamboli (Pediatrician, Ahmednagar)

Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)



4. MAHA SUB-SPECIALITY CONNECT: PEARLS OF ANEMIA (08.07.2022)



Expert Speaker:

Dr. Nitin Shah

(Consultant Ped. Hematologist

(Mumbai)

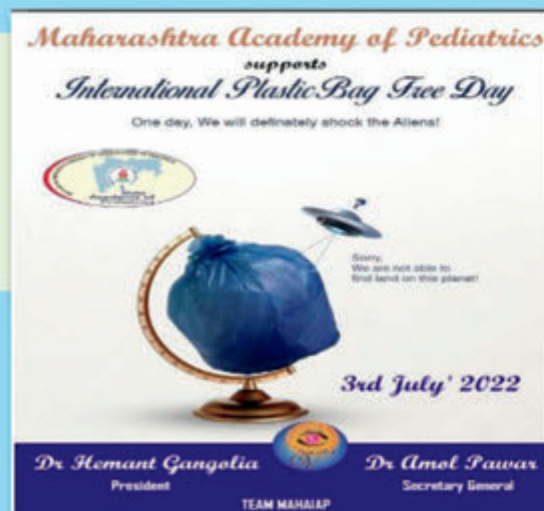
Past CIAP President 2006

Moderators:

Dr. Sameer Sadawarte (MAHAIAP EB Member)

Dr. Jaykumar Bhandarkar (MAHAIAP State Convener)

3. INTERNATIONAL PLASTIC BAG FREE DAY



5. PARENTAL AWARENESS PROGRAM (03.07.2022)

Safety of Students in School – Prevention & Treatment



Experts:

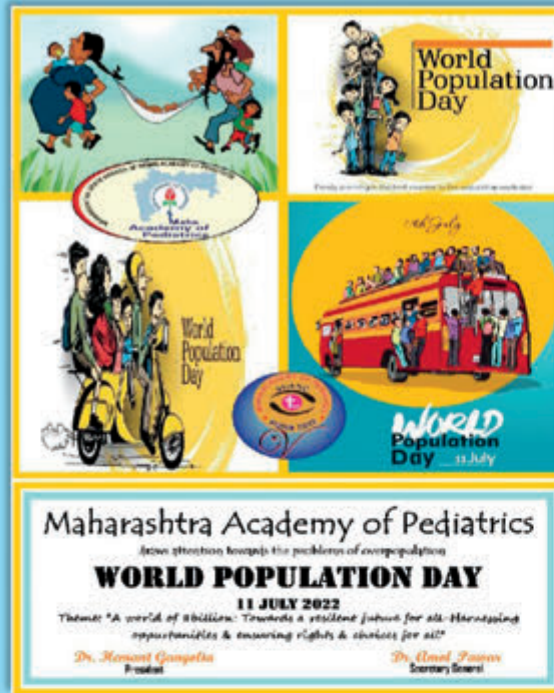
Dr Jagdish Dhekne
(Pediatrician, Pune)
Dr Rajendra Kulkarni
(Pediatrician, Nashik)

Moderators:

Dr Vikram Ghawate
(Pediatrician, Pune)
Dr Shubhada Khirwadkar (Pediatrician, Nagpur)

Co-ordinators:

Dr Chandrashekhar Dabhadkar
(Pediatrician, Mahad – Raigad)
Dr Suchit Tamboli
(Pediatrician, Ahmednagar)
Dr Sandip Kawade
(Pediatrician, Pune)



6. WORLD POPULATION DAY (11.07.2022)

Release of a Flyer with theme for this year on various social media platforms.

(tap image to view event)

7. MACRO DISCUSSION ON MICRONUTRIENTS (13.07.2022)

Expert:

Ms Sheryl Salis
(Dietician, Onco & Sports Nutritionist (Mumbai))



Moderators:

Dr. Renu Boralkar
(Chairperson MAHA IAP WC (Aurangabad))
Dr. Anjali Gokarn
(President, IAP Palghar (Virar))



8. MAHA CASE CHALLENGE (15.07.2022)

“MAHA CASE CHALLENGE” between 2 branch teams (Team Mumbai & Team Nagpur) with 2 Interesting & twisting cases

Expert:

Dr. Ramakant Patil
 EB Member CIAP (Maharashtra) 2022
 Chief Org. Chairperson Mahapedicon 2022 (Nashik)

Moderators:


Dr Anjali Gokarn
 &
Dr. Anand Deshpande



9. CPR WEEK CELEBRATION (17TH -24TH JULY 2022)

In view of CPR WEEK and CPR DAY Celebration all the branches of Maharashtra IAP conducted various activities in their branches from 17th to 24th July'22. For general awareness of hospital staff, PG students, public, Lifesaving warriors etc., school students.

Awareness videos were released
 Poster competition and Quiz competition

 **Indian Academy of Pediatrics**
National CPR Day
 21st July 2022 (Week:17-24 July 2022)
Each one can save a life
 Organized by
MAHA IAP 2022





10. PARENTAL AWARENESS PROGRAM (17.07.2022)



Fits (Convulsions) in Children – Everyone should know this”

Experts:

- Dr Mahesh Sambhare** (Pediatric Neurologist, Mumbai)
- Dr Nandan Yardi** (Pediatric Neurologist, Pune)

Moderators:

- Dr Suchit Tamboli** (Pediatrician, Ahmednagar)
- Dr Bageshree Devkar** (Pediatrician, Pune)

Co-ordinators:

- Dr Chandrashekhar Dabhadkar** (Pediatrician, Mahad – Raigad)
- Dr Sandip Kawade** (Pediatrician, Pune)



11. “TUESDAY TAKES” BY WOMEN COMMITTEE OF MAHAIAP (19.07.2022)

Theme: NEONATOLOGY UPDATES



Judges:

- Dr Preetha Joshi** (Consultant Neonatal, Pediatric & Cardiac Intensivist (Mumbai) Ex EBM- CIAP (Intensive Care Chapter)
- Dr Sanjay Aher** (Practising Neonatal Intensivist (Nashik) Faculty for IAP Neonatology Fellowship)

Topics & Speakers:

- 1. Neonate Signs What is Normal /Abnormal**
Dr Amruta Baviskar (Thane IAP)
- 2. Neonatal Resuscitation & Referral**
Dr Sonali Paradhi (Nashik IAP)
- 3. Neonatal Hypothermia**
Dr Kundan Chopade (Solapur IAP)
- 4. Safe Neonatal Transport**
Dr Julie Jain Chabada (Gondia IAP)
- 5. Neonatal Hypoglycemia & Endocrinal conditions**
Dr Nikhil Lohiya (Nagpur IAP)
- 6. Respiratory Distress in Newborn**
Dr Swapnil Giri (Hingoli IAP)



<https://youtu.be/IVRUFxyi6w>



12. CPR MAHA IAP – PANEL DISCUSSION (23RD JULY 2022)

In view of National CPR Week Celebrations (17 - 24th July 2022) MAHA IAP stands up for EACH ONE CAN SAVE A LIFE by easy learning of Hands-on CPR and saving the life of someone you love on 23rd July 2022 at 9.00 PM.

Topics/Experts:

Basic ideas for CPR

Dr Sonali Shirbhate

Guideline changes 2020

Dr Narendra Nanivadekar

Infant CPR

Dr Minhaj Sheikh

Choking: Pediatric & Infant

Dr Mandar Deshpande

Moderator:

Dr Sachin Patil



CPR MAHA IAP CPR WEEK
 In view of National CPR Week Celebrations (17 - 24th July 2022) MAHA IAP stands up for EACH ONE CAN SAVE A LIFE by easy learning of Hands-on CPR and saving the life of someone you love.

- 01 Basic ideas for CPR: Dr Sonali Shirbhate
- 02 Guideline changes 2020: Dr Narendra Nanivadekar
- 03 Infant CPR: Dr Minhaj Sheikh
- 04 Choking: Pediatric & Infant: Dr Mandar Deshpande

Moderator: Dr Sachin Patil

Infant Choking video:
 Infant Choking: How to prevent and what to do if it happens.
 Choking: Choking is a common cause of death in children. It can happen to any child at any time. It is important to know how to prevent and what to do if it happens.

Who needs CPR?
 Any victim of sudden cardiac arrest (SCA) would require CPR.
 Cardiac arrest may occur in a variety of situations, both in and out of hospital circumstances.

Begin High Quality CPR
 1. Position yourself at the victim's side.
 2. Make sure a safe area that has no one else nearby who can be injured by the resuscitation efforts.
 3. Place the heel of your dominant hand near the lower half of the sternum (breastbone) and place your other hand on top of the first hand, grasping the fingers of both hands, locked together.

Medical Indemnity

DISTRICT	STATE	NATIONAL
1 or More / dist	1 or More /State-UT	All New Delhi
>10 lacs/ 1 Cr Value goods/ services????	>1 Cr / 10 Cr	>1 Cr / 100 Cr
Place of Oppo/ Compl	Place of Oppo/Complainant	State commission
Cause Action	Cause Action arose	Review the decision
Review the decision	Review the decision	Review the decision
State commi	National commission	5 Court
30 days	30 days	30 days
Deposit 50% or >5000	Deposit 50% or >5000	Deposit 50% or >5000
	Circuit Benches	Regional Benches

IAP National MLG's West zone Zoom Meeting
 (Tap image to view event)

13. IAP National Medicolegal group in association with MAHA IAP (Also Gujrat and Goa State IAP) conducted "WEST ZONE MEDICO-LEGAL WORKSHOP"

CDC TO PREVENT LITIGATIONS

Moderator: Dr. V. K. Goyal

Panelists:

Dr. Lalit Kapoor, Dr. Mahesh Baldwa, Dr. Arvind Almeida, Dr. Shripad Jahagirdar

AN ENCOUNTER WITH A MEDICOLEGAL CASE - Dr. Sonia S. Kanitkar

WHAT DOCTORS SHOULD KNOW ABOUT POCSO? Dr. Bela Verma

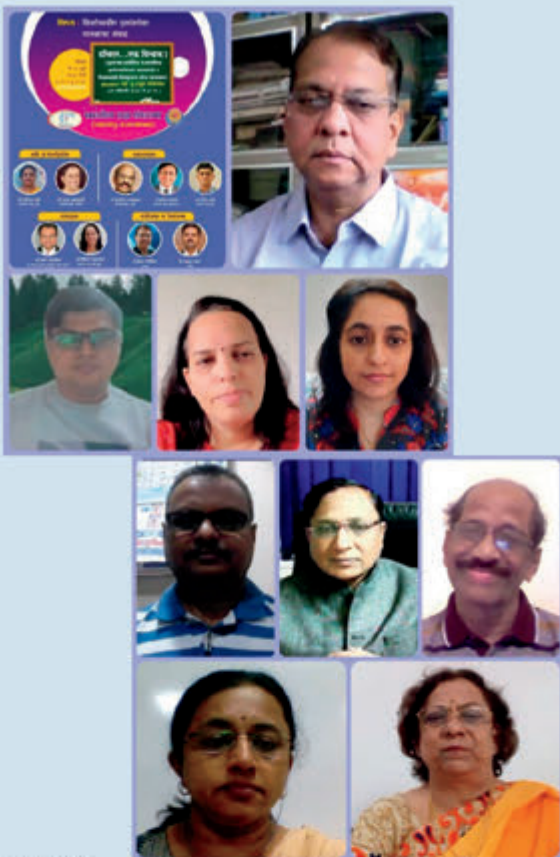
MEDICAL LAWS IN INDIA: AWARENESS AND IMPLEMENTATION

Moderator: Dr. Sameer Sadawarte

Panelists: Dr. Satish Tiwari, Dr. Hemant Gangolia, Dr. Tushar Shah



14. PARENTAL AWARENESS PROGRAM (24.07.2022)



Topic: "Parent's Interaction with Adolescents"

Experts:

Dr Shama Kulkarni (Pediatrician, Nashik) Dr Shailaja Mane (Pediatrician, Pune)

Moderators:

Dr Jayant Pandharikar (Pediatrician, PP MahalAP, Amravati) Dr Neelima Bhandarkar (Pediatrician, Navi-Mumbai)

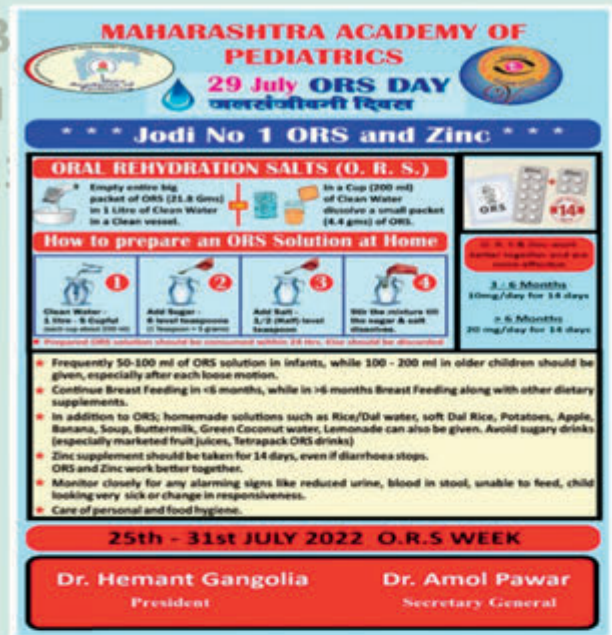
Co-ordinators:

Dr Chandrashekhkar Dabhadkar (Pediatrician, Mahad – Raigad) Dr Sandip Kawade (Pediatrician, Pune) Dr Suchit Tamboli (Pediatrician, Ahmednagar)



15. ORAL REHYDRATION SOLUTION (O.R.S) DAY & WEEK (25TH TO 31ST JULY'22)

13
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(2)



In view of O.R.S DAY & WEEK – celebrated all over Maharashtra by conducting various activities in their city and state branches from

- 25th to 31st July'22 – O.R.S Week
- 29th July'22 – O.R.S Day
- For general awareness of hospital staff, ASHA and ANGANWADI workers, Govt. schools, General Public in OPDs and Parents in Tribal Areas.
- Awareness videos were released
- Poster and Rangoli competition for hospital staff and PG Students.
- Quiz competition for PG Students in Medical Colleges.





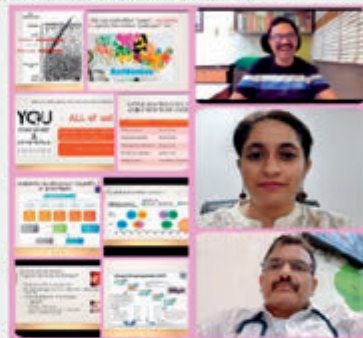
16. DISCUSSION ON COMMON INFECTIOUS DISEASES & USE OF ANTIBIOTICS (27.07.2022)

Expert:

Dr. Suhas Prabhu
Senior Pediatrician, Infectious Disease Expert, P D Hinduja Hospital (Mumbai)

Moderator:

Dr. Laxmi Bhond
(Ped. Intensivist, Parijat Hospital (Amravati))



Maharashtra Academy Of Pediatrics
Presents
Common Infectious Diseases and Use Of Antibiotics
Join us for a timely and enriching discussion with,

Dr Suhas Prabhu
Speaker
Senior Pediatrician
Infectious Disease Expert
P D Hinduja Hospital

Dr Laxmi Bhond
Moderator
Pediatric Intensivist
Parijat Hospital
(Amravati)

17. PARENTAL AWARENESS PROGRAM (31.07.2022)

विषय : शिशुचे लक्षणे !

शिक्षक... (Dr. Bhushan Dev)

संयोजक... (Dr. Nivedita Patil)

संयोजक... (Dr. Santosh Nimbalkar)

संयोजक... (Dr. Sanjay Ratnaparakhi)

संयोजक... (Dr. Sandip Kawade)

संयोजक... (Dr. Chandrashekhhar Dabhadkar)

संयोजक... (Dr. Suchit Tamboli)

Topic:
"Breast Feeding - a Blessing"



Experts:
Dr Bhushan Dev
(Pediatrician, Shree Rampur)
Dr Nivedita Patil,
(Pediatrician, Kolhapur)

Moderators:
Dr Santosh Nimbalkar,
Pediatrician, Kolhapur
Dr Sanjay Ratnaparakhi,
Pediatrician, Yavatmal

Co-ordinators:
Dr Sandip Kawade,
Pediatrician, Pune
Dr Chandrashekhhar Dabhadkar,
Pediatrician, Mahad
Dr Suchit Tamboli,
Pediatrician, Ahmednagar



18. FEMPEDICON 2022 CONFERENCE (30TH -31ST JULY 2022)



Event: FEMPEDICON was organized by IAP Ladies Wing in NASHIK (MAHARASHTRA)
Date: 30th – 31st July 2022
Venue: MUHS University Campus in Nashik

Guest of Honour:
 Retd. Dr. Madhuri Karnitkar

Event was attended by almost all IAP ladies wing members.

President: Dr Hima Bindu
Organizing secretary: Dr Sangeeta Lodha

- Academic Conference on various topics
- Walkathon – trekking, chair yoga and Hasya Yoga
- Dance, Music and Entertaining Programme
- Dinner Banquet



MAHALAP Activities

For the month of August 2022

1. WORLD BREASTFEEDING WEEK (1 -7 TH AUGUST 2022)

In view of WORLD BREASTFEEDING WEEK – celebrated all over Maharashtra All the branches of Maharashtra state celebrated the week with huge enthusiasm and promoted the message:

STEP UP FOR BREASTFEEDING: EDUCATION & SUPPORT 1st – 7th AUGUST'22

- For general awareness of hospital staff, ASHA and ANGANWADI workers, Govt. schools, General Public in OPDs and Parents in Urban & Rural Areas.
- Awareness videos were released.
- Poster and Rangoli competition for hospital staff and PG Students.
- Quiz competition for PG Students in Medical Colleges.
- Online Quiz Competition for Medical PG Students of

विषय : स्तनपान एक वरदान !

डॉक्टर...एक विचार?
(सुशास्त्रात्मक व वैज्ञानिक आनुवंशिकी पालकांगणी व शिक्षकांगणी शिक्षण व सेवा साधना)
MAHALAP च्या वृत्तवृक्ष संशोधन (एर एचएच २.११ ते १२ वा.)

बालशेज तज्ञ संघटना
(सद्यःस्थ रज्य शाखा)

बतक व मान्यदर्शक

सामन्वयक

संवादक

संयोजक व जिमेदारक

प्रमुख सल्लागार
डॉ.समीर दुसबार्ड, डॉ.रोखर दाभाडकर, डॉ.जयंत पांडुरीकर, डॉ.सुधित तंबोळी, डॉ.समीर अग्रवाल,
डॉ.सदानंद जनावकर, डॉ.सुभद्रा विरवडकर, डॉ.अभिषेक दावडे, डॉ.संदीप कावडे

A. Parental Awareness Program

Date: 31.07.2022

Topic: "Breast Feeding - a Blessing"

Experts:

Dr Bhusan Dev (Pediatrian, Shree Rampur)

Dr Nivedita Patil, (Pediatrian, Kolhapur)

Moderators:

Dr Santosh Nimbalkar, Pediatrian, Kolhapur

Dr Sanjay Ratnaparakh, Pediatrian, Yavatmal

Co-ordinators:

Dr Sandip Kawade, Pediatrian, Pune

Dr Chandrashekhar Dabhadkar, Pediatrian, Mahad

Dr Suchit Tamboli, Pediatrian, Ahmednagar





B. MAHA IAP in collaboration with IAP - INFANT & YOUNG CHILD FEEDING CHAPTER

- Human Milk Banking Association of India
- National Neonatal Forum
- Kerala IYCF
- Karnataka IAP & IYCF Chapter
- Alive & Thrive
- Maharashtra BPNI

Organized webinars on various topics from 1st – 7th August'22 at 3 PM.



A. Date: 1st August'22 at 3 PM
Topic: Scientific Evidence Supporting Breastfeeding



B. Date: 2nd August'22 at 3 PM
Topic: Breastfeeding – Techniques, barriers, taboos, myths



C. Date: 3rd August'22 at 3 PM
Topic: Breast Pathology Associated with Breast feeding



D. Date: 4th August'22 at 3 PM
Topic: Breastfeeding in Special





E. Date: 5th August'22 at 3 PM
Topic: Human Milk Banking/ CLMC



F. Date: 6th August'22 at 3 PM
Topic: IMS Act International Scenario

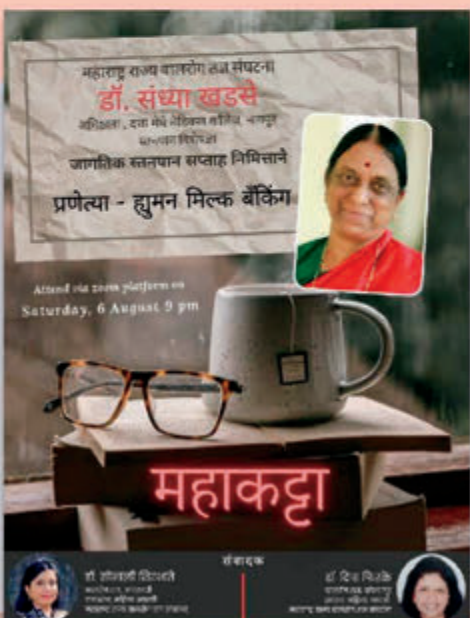


G. Date: 7th August'22 at 3 PM
Topic: Breastfeeding – Association of Media,
Social Network platform celebrities

7 days activities

A. MAHAIAP in association with IAP Amravati & IYCF Chapter Organised
BREAST FEEDING QUIZ for PG Students
On 1st August 2022 at 4.30- 6 PM

1st August



D. MAHAIAP organised MAHAKATTA,
a "Chat Show with dignitaries coming from different fields"

6th August

Topic: Human Milk Banking



Chief Guest: Dr. Sandhya S. Khadse

- Senior Pediatrician & Lactation Specialist, Researcher (Nagpur)
- Dean of Datta Meghe Medical College, Wanadongari (Nagpur)

Moderators:

1. Dr. Sonali Shirbhate EBM MAHAIAP, Co-Chairperson WC MAHAIAP (Amravati)
2. Dr. Deepa Phirke (Pediatrician & Zonal Member WC MAHAIAP, Kolhapur)



E. Release of Informative Flyers and Posters by our team Members in their respective Clinics, Hospitals – For Awareness of Parents and Public.

महाराष्ट्र राज्य बालरोगतज्ञ संघटना
आईचे दूध..... बाळासाठी अमृत

- 1) प्रसूतीनंतर लगेचच आईने बाळाला जखळ घेऊन प्रथम अंत्युत्त स्पर्श घाव्या ज्यामुळे सन्यात दूध पेण्यास मदत होईल व बाळ एक तासात सन्यानाला सुचवात करेल.
- 2) जन्मापासून सहा महिने पूर्ण होईपर्यंत पूर्णपणे निव्वळ आईचेच दूध दिले पाहिजे.
- 3) सहा महिने पूर्ण झाल्यावर बाळाला वाढीस योग्य आहार घालून घड, तात, घुरेसा स्वच्छतापुर्वकचविनिलेपरमजुली घुरक आहार देणे.
- 4) घुरक आहाराबरोबर कधीतकधी दुसऱ्या आहारासोबत सन्याना सुरुच देवणे.
- 5) आईचे दूध सोडून घाव, घैस अथवा इतर कोणत्याही प्राण्याचे दूध देणे.
- 6) बाळ ६ वर्षांचे झाल्यावर घरी शिजवलेले सारे प्रकारचे अन्न खडाने खणे आवायुषक आहे. बाळसाठी बाहेर अधिक शिजवून व घड करून देणे, परंतु निव्वळ सन्या वाटून देऊन घे.
- 7) बाळाला सन्यानी लक्षात घ्यात : सन्या हाताने घडक घाव.

१ ते ७ ऑगस्ट २०२२ जागतिक सन्याना सप्ताह
डॉ. हेमंत मंगीनिया डॉ. अमोल पवार
अध्यक्ष सचिव

महाराष्ट्र राज्य बालरोगतज्ञ संघटना
स्तनपान व शिशु आहार ... मातृप्रतिज्ञा ...

मी माझ्या बाळाला ६ महिने फक्त स्तनपान करीन जेणे करून.....

- ◆ त्याची उत्तम स्थारिक वाड व वीटिक विकास होईल.
- ◆ त्याला संपूर्ण पोषक आहार व रोग प्रतिकारक शक्ती मिळेल
- ◆ त्याचे प्रौढवस्थेतील हृदय रोगापासून रक्षण होईल

मी माझ्या बाळाला ६ महिन्यांनंतर योग्य प्रमाणात घुरक आहार देईन व त्याच बरोबर २ वर्षांपर्यंत सन्याना सुरु देईन जेणे करून.....

- ◆ स्वच्छता, मधुमेह व हृदय रोगापासून माझे रक्षण होईल.
- ◆ माता सन्या व अंत्युत्त घाव कधीतक, स्वच्छता व अतिशय होण्याची शक्यता कमी होईल.
- ◆ भागिक तणावापासून माझे संरक्षण होईल.

मी माझ्या बाळाला भव्यतासाठी सान्या दुधातून बाळाला कधीतक कधीतक आहार घाव व सान्या शिशु आहार किंवा घावचे दूध देणार नाही.

स्तनपानाचा अदर्श घालून मी माझ्याल व बाळाल आमुलकीचा दुधा व सुतुद मातेसंबंध तयार करीन.

१ ते ७ ऑगस्ट २०२२ जागतिक सन्याना सप्ताह
डॉ. हेमंत मंगीनिया डॉ. अमोल पवार
अध्यक्ष सचिव

MAHARASHTRA ACADEMY OF PEDIATRICS (MAHAIAIP)
1st - 7th August 2022
WORLD BREASTFEEDING WEEK
THEME "Step Up For Breastfeeding: EDUCATE & SUPPORT"
"Say NO To BOTTLE FEEDING"
Dr. Hemant Gangolia President
Dr. Amol Pawar Secretary

D. Various awareness programs, plays about Importance of Breast Feeding by members of different branches in their Clinics, Govt. & Private Hospitals, Nearby Anganwadis and Rural areas – for the Mass awareness.





Branch Participation





Facility based Lactation Management

Just complete mobility of lactation management centers can be set up depending upon:

- Need of health facilities (number of newborns requiring donor human milk)
- Availability of space
- Human Resources

Levels of Facility based Lactation management

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Maharashtra, India
 Public Nagar, Nagpur, Maharashtra

Nagpur, Maharashtra, India
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ACTIVITY NO. 2

1st August

JOURNAL JOURNEY

MAHAIAP & IAP Raigad organised JOURNAL JOURNEY

On: 01/08/2022 at 9 PM



Expert:

Dr. Naresh Tayde

(President IAP Amravati, President Sickle Thal Society (Amravati)

Speaker & Topic:

Dr. Dattatray Kulkarni [Consultant Neonatologist, (Latur)]

“Health outcomes associated with micronutrient fortified complementary foods in infants & Young children aged 6 to 23 months, a systematic review and meta analysis”

Followed by a Talk on : “Supplementary Feeding after 6 months”

By Dr. D. Suchitra

[Associate Professor Pediatrics, Gandhi Medical College (Hyderabad)]



ACTIVITY NO. 3 –

2nd August

MAHA MENTOR MENTEEES

09.00 pm

Topic: Liver Diseases in Children

Mentor:

Dr. Ujjal Poddar (Professor & Head, Department of Pediatric Gastroenterology, SGPGIMS (Lucknow)

Mentees:

1)Dr. Vishnu Biradar [Senior Consultant, Dept of Pediatric Gastroenterology and Hepatology, Jupiter Hospital, Baner (Pune)]

Topic: Chronic Liver Diseases

2) Dr. Dimple Jain [Senior Consultant, Department of Pediatric Gastroenterology & Hepatology, Jupiter Hospital (Thane)

Topic: Neonatal Cholestasis

3)Dr. Vibhor Borkar

[Director, Paediatric Hepatology and Gastroenterology, Nanavati Max Super speciality Hospital, Vile Parle, Mumbai



4. ACTIVITY NO. 4 –

Parental Awareness Program

Date: 07.08.2022



Topic: "Precautions while giving medicines to children & preparedness before visiting a doctor"

Speakers:

- Dr Abasaheb Patankar (Pediatrician, Mangaon – Raigad)
- Dr Pramod Wankhede (Pediatrician, Khopoli)

Moderators:

- Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)
- Dr Sadachar Ujalambkar (Past Secretary General MAHAIAP)

Co-ordinators:

- Dr Suchit Tamboli (Pediatrician, Ahmednagar)

7th August



12th August

5. ACTIVITY NO. 5 –

MAHA SUBSPECIALITY CONNECT

"MAHA SUB-SPECIALITY CONNECT: APPLIED GENETICS"

Guest Of Honour:

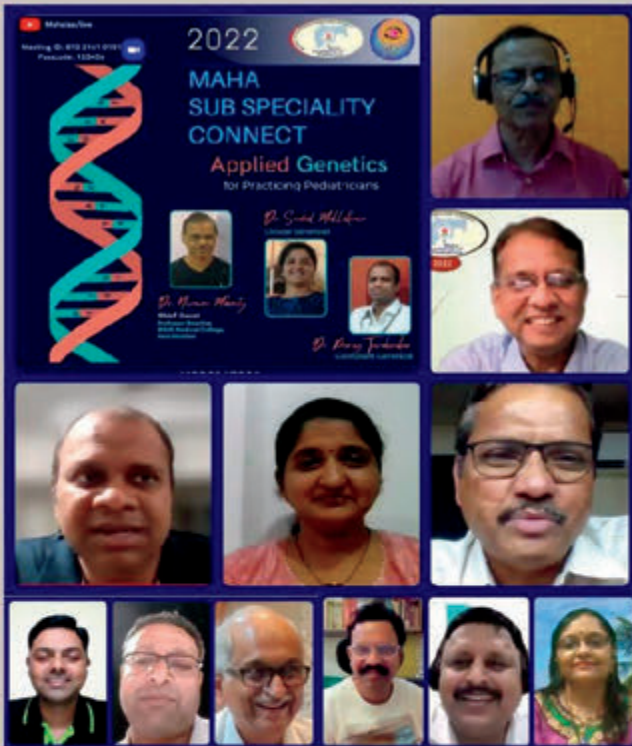
- Dr. Nimain Mohanty, Professor Emeritus, Dept. of Pediatrics, MGM Medical College & Hospital (Navi Mumbai)

Expert Speakers:

1. Dr. Parag M. Tamhankar [Senior Consultant Medical Geneticist (Mumbai)]
2. Dr. Snehal Mallakmir [Consultant Clinical Geneticist (Navi Mumbai)]

Moderators:

1. Dr. Sameer Sadawarte (MAHAIAP EB Member)
2. Dr. Jaykumar Bhandarkar (MAHAIAP State Convener)



6. ACTIVITY NO. 6

14th August

Parental Awareness Program

Topic: What? Could I save someone's Life?? Basic Life Support

Awareness for general public/common people



Experts:

Dr Seema Rande (Senior Anesthetic Specialist, Mahad)

Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)

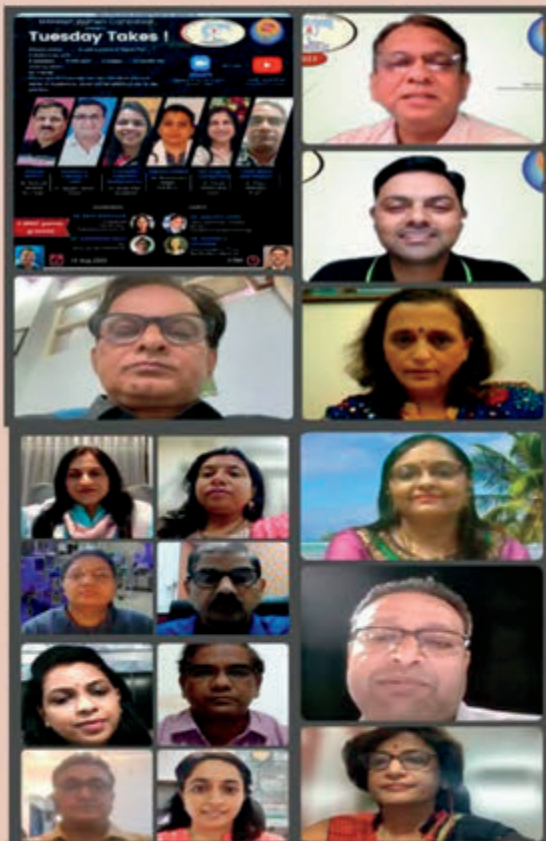
Moderators:

Dr Abhinay Darwade (Pediatrician, Dhule)

Dr Sadachar Ujalambkar (Pediatrician, Nashik)

Co-ordinators:

Dr Suchit Tamboli (Pediatrician, Ahmednagar)



7. ACTIVITY NO. 7 –

“TUESDAY TAKES” by Women Committee of MAHAIAP

2 MMC CREDIT POINTS WERE GRANTED

Judges:

1. Dr. Sanjeev Joshi
Senior Pediatrician (Yavatmal)
2. Dr. Sharmila Kulkarni
Senior Pediatrician (Nashik)



16th August

Topics & Speakers:

1. Seizure Mimics -Dr. Santosh Bedekar (Ratnagiri IAP)
2. Nutrition in Critically ill Child -Dr. Jayant Deore (Dhule IAP)
3. Common Pediatric Malignancies -Dr. Swati Patil (Yavatmal IAP)
4. Hypothyroidism -Dr. Sanjeevani Magar (Parbhani IAP)
5. Ped Surgical Emergencies -Dr. Kavita Maindarkar (Latur IAP)
6. Child Abuse and Neglect -Dr. Keyur Mahajan (Pune IAP)

Moderators:

1. Dr. Renu Boralkar
[EBM MAHAIAP, Chairperson MAHAIAP WC (Aurangabad)]
2. Dr. Anuradha Rakh
[Zonal Member MAHAIAP WC (Jalna)]



17th August



8. ACTIVITY No. 8

ENRICHING DISCUSSION

Topic: Usage of Big C - Calcium in Children

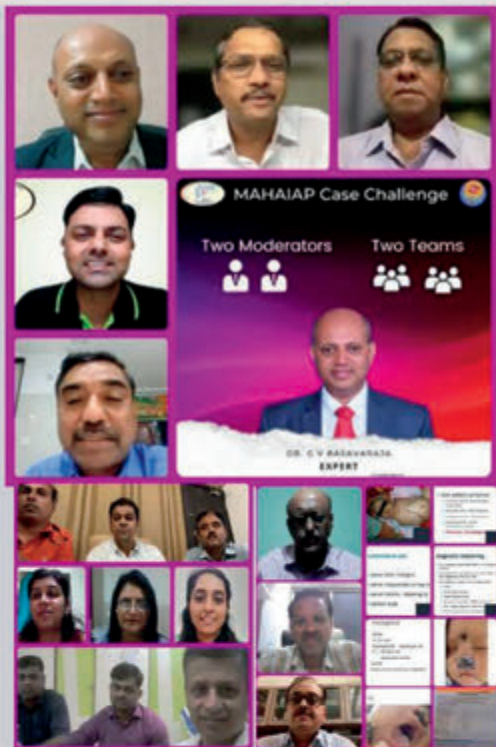


Experts:

1. Dr. Hari Mangtani
[Pediatric Endocrinologist (Nagpur)]
2. Dr. Sandhya Kondapalle
[Pediatric Endocrinologist (Aurangabad)]
3. Dr. Prashant Patil
[Pediatric Endocrinologist Mumbai]

Moderator:

Dr. Tushar Godbole
[Pediatric Endocrinologist (Nashik)]



9. ACTIVITY NO. 9

MAHA CASE CHALLENGE



“MAHA CASE CHALLENGE”
between 2 branch teams
(Team Jalgaon & Team Dhule) with - 2 Interesting & Twisting
Cases)

Expert:

Dr. G. V. Basavaraja
Head of Dept, PICU IGICH, Bangalore
Ex- Secretary General CIAP 2020-2021

Moderators:

Dr Sunil Vaidya (Solapur)
Dr Shiv Prasad Mundada (Latur)

19th August



10. ACTIVITY NO. 10 –
Parental Awareness Program

21st August

Topic:

Discipline & Punishment in Children – When? Why?
How much?

Experts:

Dr Nivedita Patil (Pediatric, Kolhapur)
Dr Sunil Godbole (Dev. Pediatrician, Pune)

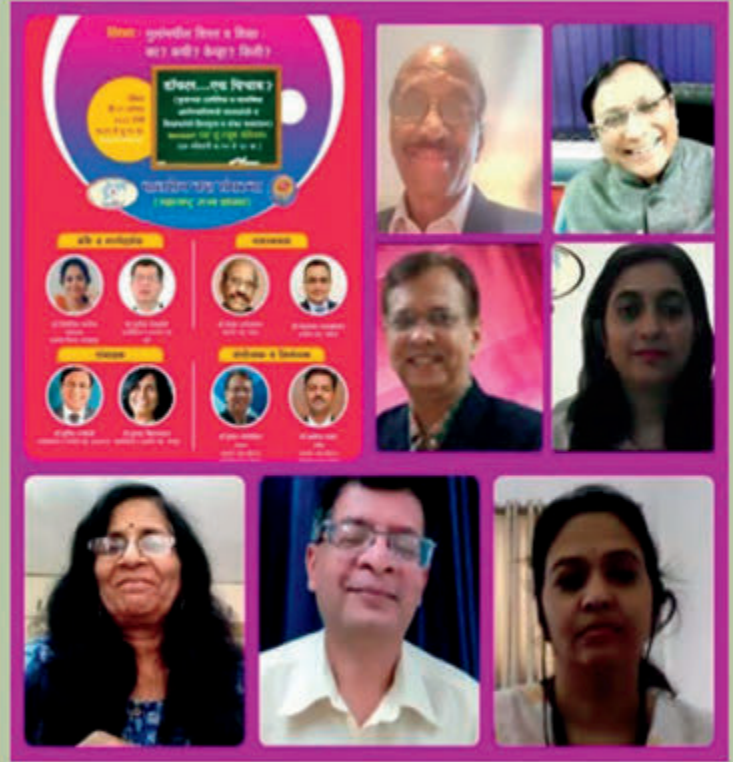


Moderators:

Dr Suchit Tamboli (Dev. Pediatrician, Ahmednagar)
Dr Subhada Khirwadkar (Dev. Pediatrician, Nagpur)

Co-ordinators:

Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)
Dr Sadachar Ujalambkar (Pediatrician, Nashik)



Maharashtra State Branch of
Indian Academy of Pediatrics
&
Thane Academy of Pediatrics (TAP)

HEARING 7:
Defence against Litigation
Medico Legal solve kar dala
To apna practice Doh La Lal

23rd Aug, 2022 - 9:30 pm - 11:00 pm ON ZOOM

A MONTHLY tele-a-tele on MEDICOLEGAL ISSUES IN DAY-TO-DAY PRACTICE...

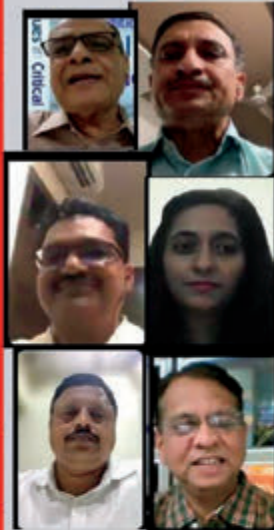
FACULTY

Dr. Prashant Deshpande
Dr. Hemant Gangolia
Dr. Ramgopal Chejara

Dr. Balkrishna Deshpande
Dr. Prashant Deshpande
Dr. Ramgopal Chejara

Digital Partner – CTRNET

23rd
August



11. ACTIVITY NO.

HEARING 5 – MEDICO-LEGAL MATTERS

MAHAIAP & Thane Academy of Pediatrics Organized
“Topics: Defense Against Litigation”

(ONLY LIVE TELECAST ON ZOOM)



Experts:

1. Dr. (Prof) Mahesh Baldwa
[Senior ML Advisor and Proff at JJ. Medical College, Mumbai]
2. Dr. Hemant Gangolia (President, MAHAIAP & ML Expert)

Moderator:

Dr. Ramgopal Chejara (EB MAHAIAP 22)



12 ACTIVITY NO. 12

24th August

ENRICHED DISCUSSION

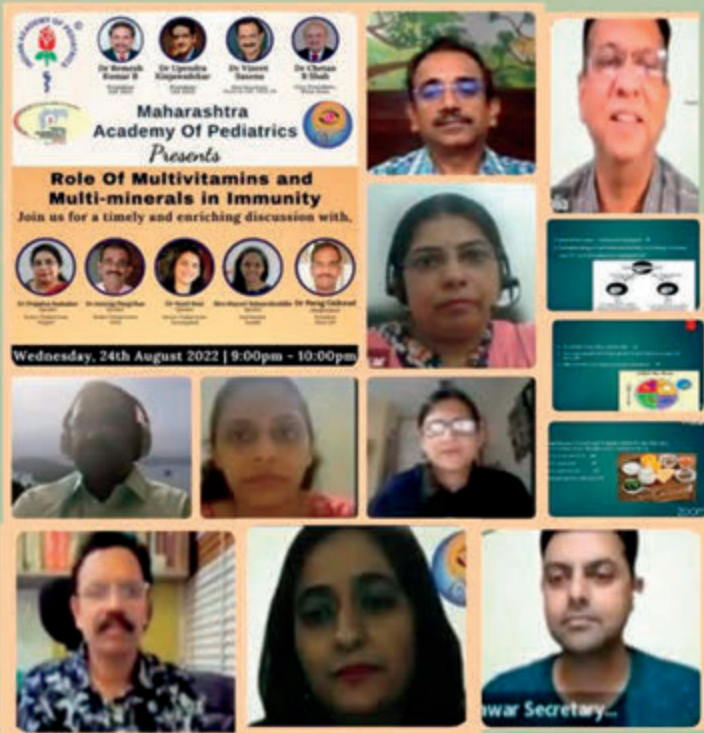
Topic: Role of Multivitamins & Multi-minerals in Immunity

Experts:

1. Dr. Prajakta Kaduskar (Senior Pediatrician (Nagpur))
2. Dr. Anurag Pangrikar (Senior Pediatrician (Beed))
3. Dr. Neeti Soni (Senior Pediatrician (Aurangabad))
4. Mrs. Mayuri Sahasrabudhe (Nutritionist (Nashik))

Moderator:

Dr. Parag Gaikwad (President, Pune IAP)



13. ACTIVITY NO.13 –

MAHA KATTA

MAHAIAP organised MAHAKATTA a “Chat Show with dignitaries coming from different fields”

Guest:

Dr. Sujit Patil
 Pediatrician, Nandurbar
 Actor, Director, Writer, Founder of 'Sprouting Seed Production'



Moderators:

- Dr. Rajkumar Patil (Sr. Cardiologist, Nandurbar)
- Dr. Sachin Khalane (Pediatrician, Nandurbar)

26th August





14. ACTIVITY NO. 14 – Parental Awareness Program

Topic: "How Parents Should Recognise Serious Bacterial Infections in Children?"

Experts:

1. Dr Sanjay Ghorpade (Pediatrician, Satara)
2. Dr Atul Kulkarni (Pediatrician, Solapur)
3. Dr Pramod Kulkarni (Pediatrician, Pune)

Moderators:

- Dr Nikhil Pathak (Pediatrician, Aurangabad)
- Dr Sadachar Ujalambkar (Pediatrician, Nashik)

Co-ordinators:

- Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)
- Dr Suchit Tamboli (Pediatrician, Ahmednagar)

28th Aug



15. ACTIVITY NO. 15 - Academy of Pediatric Neurology (AOPN) –

Maharashtra Branch Installation Ceremony & National CME of Pediatric Neurology 2022

Organised by IAP MAHARASHTRA & IAP PUNE BRANCH

Date: 21st August 2022, 9 AM onwards (Under the flagship of AOPN, India)

Venue: Hotel Sheraton, Pune

21st Aug

Academy of Pediatric Neurology (AOPN) Maharashtra Branch Installation Ceremony And National CME of Pediatric Neurology 2022

On Sunday 21st Aug 2022

9:00 AM Onwards

At Hotel Sheraton, Pune

Organized by IAP Maharashtra and IAP Pune (under the flagship of AOPN, India)

Dr. Vinay Dabhadkar (Chairman, AOPN - India), **Dr. Sanjay Jadhav** (Secretary, AOPN India), **Dr. Anoop Verma** (Co-ordinator, AOPN India)

Dr. Nandan Yardi (Organizing Chairman), **Dr. Vishwanath Kulkarni** (Organizing Secretary), **Dr. Vinit Wankhede** (Organizing Inceptor)

Dr. Hemant Gogtap (President Maha IP), **Dr. Anil Pawar** (Secretary Maha IP)

Dr. Parag Kulkarni (President Pune IP), **Dr. Sreyash Mahajan** (Secretary Pune IP)

TIME	TOPIC	SPK
9:00 am to 10:00 am	Grand Rounds in Neurology Post Graduate Case Presentations	Dr. Vinay Dabhadkar, Dr. Anil Kulkarni, Dr. Lokesh Lingappa, Dr. Shilpa Kulkarni
10:00 am to 10:25 am	Neonatal Seizures: Case Based	Dr. Kavita Shrivastava
10:25 am to 10:50 am	Approach for Refractory Epilepsy	Dr. Vinay Dabhadkar
10:50 am to 11:15 am	Stroke Epidemiology - What's New?	Dr. PNM Kojur
11:15 am to 11:55 am	Epilepsy syndromes: Approach and management	Dr. Sreyash Jadhav, Dr. Girish Mohankar, Dr. Shilpa Kulkarni, Dr. PNM Kojur, Dr. Lokesh Lingappa, Dr. Abhishek Bhat
12:00 pm to 12:30 pm	LUNCH BREAK	
12:30 pm to 12:55 pm	Things which would like to learn from a pediatric neurologist	Dr. Pramod Ing
12:55 pm to 1:20 pm	EMG diagnostic and therapeutic challenges	Dr. Lokesh Lingappa
1:20 pm to 1:45 pm	Neuroinfections	Dr. Sreyash Jadhav, Dr. Pramod Wankhede, Dr. Sanjay Ghorpade, Dr. Karan Mohankar, Dr. Vinit Wankhede, Dr. Nisha Bhat
1:45 pm to 2:10 pm	Incorporation of CME	
2:10 pm to 2:35 pm	Presidential Oration: Secretary of Pediatric Neurology in Last Decade	Dr. Nandan Yardi
2:35 pm to 2:45 pm	LUNCH BREAK	
2:45 pm to 3:25 pm	Neurogenetic Basis, when to Order What?	Dr. Vinit Wankhede, Dr. Pramod Unger, Dr. Gaurav Kulkarni, Dr. Mihir Pathak, Dr. Sandhya Patil, Dr. Hemant Gogtap
3:25 pm to 3:45 pm	Special Issues in Neurodevelopmentally Challenged Adolescent	Dr. Sandhya Patil
3:45 pm to 4:25 pm	CMR Practice in Pediatric Neurology	Dr. Anant Singh, Dr. Hemant Gogtap, Dr. Namrata Nandakumar, Dr. Umesh Kulkarni, Dr. Sagar Wagh, Dr. Sreyash Jadhav
4:25 pm to 4:50 pm	High Tea & Valedictory	

Organizing Committee:

- Dr. Nandan Yardi (Chairman), Dr. Vishwanath Kulkarni (Secretary), Dr. Vinit Wankhede (Inceptor)
- Dr. Parag Kulkarni (President), Dr. Sreyash Mahajan (Secretary)

Maharashtra AOPN Organizing Team:

- Dr. Vinay Dabhadkar (Chairman), Dr. Nandan Yardi (President), Dr. Vishwanath Kulkarni (Secretary), Dr. Vinit Wankhede (Inceptor)
- Dr. Vinit Wankhede (President), Dr. Vinay Dabhadkar (President), Dr. Nandan Yardi (Secretary), Dr. Vinit Wankhede (Inceptor)
- Dr. Vinit Wankhede (President), Dr. Vinay Dabhadkar (President), Dr. Nandan Yardi (Secretary), Dr. Vinit Wankhede (Inceptor)

Advisory Board:

- Dr. Santhia Rajeshkumar, Dr. Deepa Deskar, Dr. Anjali Hegde, Dr. Nisha Bhat, Dr. Sujata Kambar

Co-ordinators:

- Dr. Shekhar Chitambar, Dr. Ashwin Dabhadkar, Dr. Rajesh Deshpande, Dr. Vinit Wankhede, Dr. Sandhya Patil, Dr. Anant Singh

MAHAIAP Activities

For the month of September 2022



Activity No. 1 – 01.09.2022 – JOURNAL JOURNEY

MAHAIAP & IAP Raigad organized an erudite academic reading of JOURNAL JOURNEY
On: 01/09/2022 at 9 PM

Scientific Convener, Wednesday Wisdom
Experts:

- **Dr. Charul Mehta** [Associate Professor, B J Medical College & Civil Hospital (Ahmedabad)]
- **Dr. Sandhya Khadse** [Dean Academics, DMMC, Wanadongri(Nagpur)]

Speakers & Topics:

1. **Dr Divya Prajapati** [B J Medical College & Civil Hospital, (Ahmedabad)] STARZ Neonatal AKI Risk Stratification Cut-off Scores for Severe AKI and Need for Dialysis in Neonates
2. **Dr. Aashna Verma** [B.J. Medical College & Civil Hospital, (Ahmedabad)] Impact of Intervention on Nutritional Status of Under-Fives in Tribal Blocks of Palghar District in Maharashtra, India



Chief Guest:
Dr. Abhay Shah
Senior Consultant & Infectious diseases specialist, (Ahmedabad)
Guest of Honor:
Dr. Chetan Trivedi
President Elect 2022, AOP Gujarat



Activity No. 2 – BANGALORE PEDICON 2022

At NIMHANS CONVENTION CENTRE,
BANGALORE

President MAHAIAP 2022 - **Dr. Hemant Gangolia** as Speaker gave a Talk on IMS Act in IYCF - Panel discussion on 'How to enhance the Breast Feeding Practices'.

Secretary General MAHAIAP 2022 **Dr. Amol Pawar** as Speaker in Panel discussion - "Neurodevelopmental - Disorders Challenges in diagnosis".



ACTIVITY NO. 3 – 04.09.2022 – Parental Awareness Program



Date: 04.09.2022

Topic: "Toys as per age – Development from play"

Experts:

1. **Dr Suchit Tamboli** (Pediatrician & Developmental Specialist, Ahmednagar)
2. **Dr Sandip Kawade** (Pediatrician & Developmental Specialist, Pune)

Speakers:

1. **Dr Kalyani Patra** (Pediatrician & Adolescent Expert, Navi Mumbai)
2. **Dr Sulbha Pawar** (Pediatrician & Adolescent Expert, Nashik)

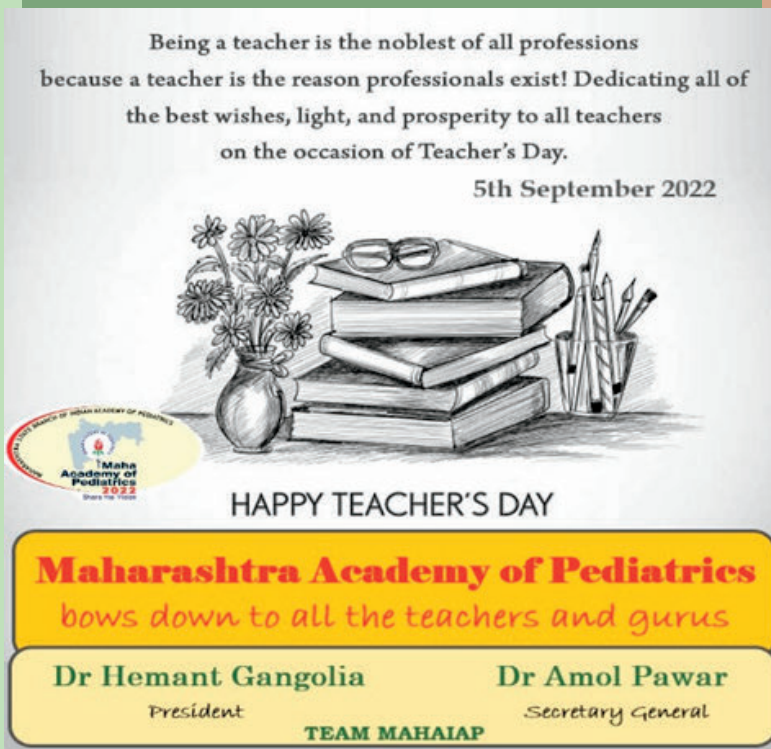
Co-ordinators:

1. **Dr Sadachar Ujalambkar** (Pediatrician, Nashik)
2. **Dr Shekhar Dabhadkar** (Sr. Pediatrician, Mahad)



ACTIVITY No. 4 – TEACHER’S DAY

Release of Flyer on various social media platforms.



ACTIVITY NO. 5 – 09.09.2022 - MAHA SUBSPECIALITY CONNECT

MAHA SUB-SPECIALITY CONNECT:
“When Infections go Viral”

Expert:

Dr. Prakash Vaidya
[Senior Pediatrician, Fortis Hospital, Mulund]

Moderator:

Dr. Anjali Gokarn (President, Palghar IAP)

Co-ordinators:

1. **Dr. Sameer Sadawarte** (MAHAIAP EB Member)
2. **Dr. Jaykumar Bhandarkar** (MAHAIAP State Convener)



ACTIVITY NO.6- WS-GOA PEDICRITICON 2022 – 09.09.22 to 11.09.22
WS-PEDICRITICON 2022 GOA – IAP Intensive Care Chapter

Date: 9th, 10th & 11th September 2022

Place: GOA

TEAM MAHAIAPians in WS-PEDICRITICON GOA

Venue: Clube Tennis de Gaspar Dias

Theme: From Masters Voice Only

Activities: a) BPICC WORKSHOP

b) ECMO WORKSHOP

c) BRONCHOSCOPY WORKSHOP





ACTIVITY NO. 7 – 10.09.2022 to 11.09.2022 - HINA 2022

Conducted by MAHAIAP online on 10th & 11th September 2022. In association with IGMCD Training Team and HINA Training Team Guest of Honour – Dr. Basavraj, Dr MKC Nair & Dr Swati Bhawe.

IGMCD Training Team – 1. Dr Vibha Krishnamurthy

2. Dr Roopa Srinivasan

3. Dr Leera Lobo

HINA Training Team – 1. Dr Kashmiri Badbade

2. Dr Anil kumar M. Khamkar

3. Dr Avinash Bhogale

4. Dr Ashwini Marathe

5. Dr Dinesh Saroj

Dr. Vibha Krishnamurthy **Dr. Roopa Srinivasan** **Dr. Leera Lobo**
(IGMCD Training Team of Developmental Pediatricians from Unnmed Child Development Center, Mumbai)

FOCUS : • Identifying high risk neonates, establish a comprehensive care plan with follow up assessments. • Acquiring skills for neurodevelopmental examination and developmental monitoring.

WHO CAN APPLY ?
General Pediatricians, Neonatologists, Developmental Pediatricians.

Each participant will get
• HINA and IGMCD certificates (attendance for all sessions on both days is mandatory)
• HINA ready to use kit (HINA proforma with follow up schedule, assessment discharge checklist, HINA flow chart and IGMCD tool with colorful interactive flip chart)

Register by 6 September Tuesday to receive kit by courier.

CONTACT : For Registration Contact **Dr. Avinash Bhogale** on Whatsapp **97842042013**.
Murry up ! Limited Seats - Reg. Charges Rs. 500/-
Hosted by Team MAHAIAP 2022 :

Dr. Hemant Gangolis (President, MAHAIAP) **Dr. Anil Prasad** (Secretary General, MAHAIAP)

Interpreting the GMCD

Look at the GMCD you coded from the previous exercise. Let's interpret each domain.

Let's ask one participant each how able is developing in the different domains.

HINA 2022
High Risk Neonate Assessment and follow up program 2022

Two days online training program conducted by Maha IAP

Day 1 : Saturday 10th September 2022 from 3 pm to 6 pm
Day 2 : Sunday 11th September 2022 from 9 am to 2 pm

PROGRAM FEATURES :

- Online, interactive, practically oriented and skill-based learning.
- Evidence based practices for medical and neuro development follow up Aniel Tool demonstration.
- Training and demonstration of IGMCD tool (International Guide for Monitoring Child Development.)
- HINA Kit - HINA proforma, flow chart and IGMCD flip chart for easy and practical applicability.

FACILITATED BY :

Dr. Avinash S. Bhogale (Program Director of HINA 2022) **Dr. Anil Kumar M. Khamkar** (Neonatologist)

Dr. Kashmiri Badbade (Developmental Pediatrician) **Dr. Ashwini Marathe** (Developmental Pediatrician) **Dr. Dinesh Saroj** (Neonatology Pediatrician)

INDIAN ACADEMY OF PEDIATRICS

CONSENSUS STATEMENT ON EARLY CHILDHOOD DEVELOPMENT

Table I Risk Factor-based Stratification for Follow-up Care

At risk	Risk factors	Care by
Mild	>37 week, >2.5 kg, HIE stage I, Transient hypoglycemia, Suspected sepsis, Jaundice in preterm, Grade I/II IVH (intraventricular hemorrhage)	Pediatrician
Moderate	33-36 weeks, 1500-2500 gms, HIE stage II, Sepsis, jaundice with exchange transfusion, >Grade II IVH, Prolonged encephalopathy, Uncomplicated course on ventilation, Hypoglycemia >3 days, Need for some resuscitation	Neonatologist / developmental pediatrician
Severe	<1500 gms, <33 weeks, Multi organ injury, HIE stage III, >7 days ventilation, meningitis, kernicterus, abnormal neurologic exam at discharge, PVL (periventricular leukomalacia) or hydrocephalus, low Apgar at 5 min., Symptomatic hypoglycemia	Developmental Early Intervention Centre (DEIC)



Activities No. 8 – Parental Awareness Program



Date: 11.09.2022

Topic: “Delayed Speech, Stuttering, Stammering - Know more about them”

- Dr Anjana Thadani (Pediatrician & Developmental Specialist, Mumbai)
- Dr Kanchan Walke (Speech Therapist, Pune)

Moderators:

- Dr Neelima Bhandarkar (Pediatrician, Panvel, Raigad)
- Dr Manjushree Kulkarni (Pediatrician, Miraj) Co-ordinator:
- Dr Chandrashekhar Dabhadkar (Pediatrician, Mahad – Raigad)
- Dr Suchit Tamboli (Paediatrician, Ahmednagar)

विषय : मुलामधील उशिरा बोलणे, अडखळणे, तोलरेपणा : अधिक जाणून घेऊ या!

डॉक्टर... एक विचार?
(कुठल्या डॉक्टरांचे व मातृदोष आनुवंशिकतेची पाहणी व निवारण ही विषय व शिवाय महाराष्ट्र भाषाशास्त्राचा व शिवाय विषय (एच पीसीसी व ११ व १२ मध्ये))

संवादीक
डॉ. अंजना थडानी, डॉ. अंजना थडानी, डॉ. अंजना थडानी, डॉ. अंजना थडानी

संयोजक व निमंत्रक
डॉ. अंजना थडानी, डॉ. अंजना थडानी, डॉ. अंजना थडानी, डॉ. अंजना थडानी

Maharashtra Academy Of Pediatrics Presents

Cough in Office Practice

Join us for a timely and enriching discussion with:

Dr. Jayant Joshi, Dr. N.K. Subramanya, Dr. Sebaranjan Biswal, Dr. Jagdish Dhekane

Wednesday, 14th September 2022 | 9:00pm - 10:00pm

9. ACTIVITY NO. 9 – 14.09.2022 - ENRICHING DISCUSSION ON COUGH IN OFFICE PRACTICE

Experts:

1. Dr. Jayant Joshi (Senior Pediatrician, Pune)
2. Dr. N.K. Subramanya (VP CIAP, South Zone)
3. Dr. Sebaranjan Biswal (Senior Pediatrician, Odisha)

Moderator:

Dr. Jagdish Dhekane (Senior Pediatrician, Pune)



10. Activity No. 10 – 16.09.2022 - MAHA CASE CHALLENGE



“MAHA CASE CHALLENGE” between 2 branch teams (Team PALGHAR & Team THANE) with - 2 Interesting & Twisting Cases

Expert: Dr. Suhas Prabhu (Senior Pediatrician, Infectious Disease Expert, P D Hinduja Hospital (Mumbai))

Case Presenters:

1. Dr Mahesh Kore (Kolhapur)
2. Dr Rahul Patil (Jalgaon);



ACTIVITY NO. 11 – RELEASE OF 2nd Bulletin of MAHAIAP



Date: 16.09.2022

2nd issue of the 'Drushtikshep' MAHAIAP bulletin 2022 was released online in the Maha Case Challenge session. Next day it was circulated on all social medias, like MAHAIAP Website, Various Whatzup groups.

This bulletin is a fully Digital one & it has all the links clickable.

The bulletin has:

- Glimpses of MAHAIAP Activities (with all clickable Youtube links of recorded programmes) as well as in
- Branch Activities with photos

Bulletin also has lovely articles from Our Guest (Dr Srinivasan), Dr Chandorkar, Dr Neha & delightful poems from Dr Swapnil and Dr Sonali.

This bulletin is a treasure gift for our readers.



12. ACTIVITY NO. 11 – Parental Awareness Program

Topic: “Rights of Disabled Child & available provisions



Experts:

Dr Jaya Shiwalkar
(Pediatrician & Developmental specialist, Nagpur)
Shri Rajendra Meshram
(Balhak Abhiyaan, Nagpur)

Moderators:

Dr Meenal Shridhar Sangole
(Principal, Deaf & Dumb Vidhyalaya, Nagpur)
Dr Alpana Mule
(Chief Physiotherapist, Nagpur)

Co-ordinator:

Dr Suchit Tamboli
(Pediatrician & Developmental specialist,
Ahmednagar)
Dr Shekhar Dabhadkar
(Senior Pediatrician, Mahad)

विषय : दिव्यांग मुलांचे अधिकार व उपलब्ध सुविधा

डॉक्टर... एक विचार ?
(पुस्तकाचे सांख्यिक व सांख्यिक अर्थशास्त्रातील पालकांशी व विद्यार्थ्यांशी विस्तृत व संक्षेप सभासत)
MAHAIAP मध्ये नू. टाचू. खोलाकर (रा. खोलाकर स. ११ ते १२ वा.)

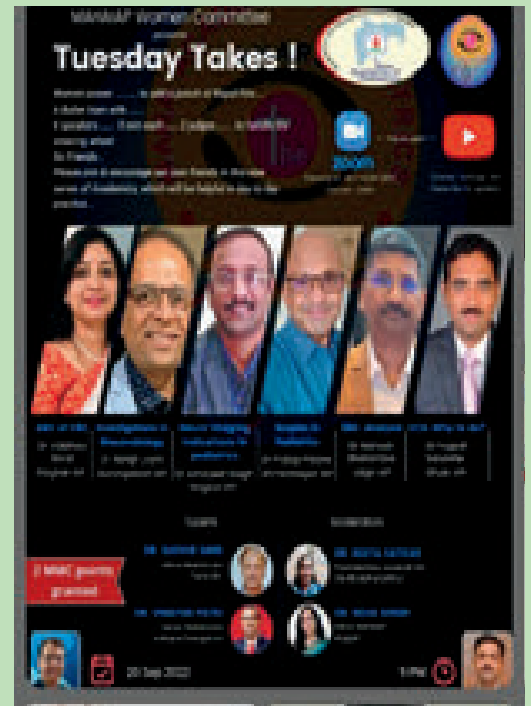
वातावरण तज्ज्ञ संघटना
(महाराष्ट्र राज्य शाखा)

वक्ते व मानदपत्रक:

- डॉ. जया शिवाळकर (रा. नागूर)
- डॉ. राजेंद्र मेश्रम (रा. नागूर)
- डॉ. मीनाल श्रिधर सांगले (रा. नागूर)
- डॉ. अलपना मुले (रा. नागूर)

संयोजक व सहायक संयोजक:

- डॉ. सुचित तंबोली (रा. अहमदनगर)
- डॉ. शेखर दबधकर (रा. माहद)
- डॉ. अर्पिता शिवाळकर (रा. नागूर)
- डॉ. अर्पिता शिवाळकर (रा. नागूर)



13. ACTIVITY NO. 12 – “TUESDAY TAKES” by Women Committee of MAHAIAP



Theme: INVESTIGATIONS

Judges:

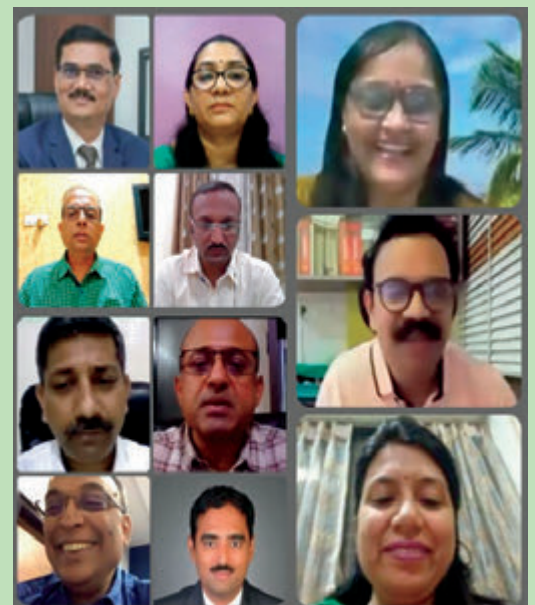
1. Dr. Sudhir Sane [Senior Pediatrician, IAP Thane]
2. Dr. Vinayak Patki [Senior Pediatrician, IAP Kolhapur]

Topics & Speakers:

1. ABC of CBC -Dr. Vaibhavi Barot (Palghar IAP)
2. Investigations in Rheumatology -Dr. Abhijit Joshi (IAP Aurangabad)
3. Neuro imaging indications in Pediatrics -Dr. Amarjeet Wagh (Nagpur IAP)
4. Scopies in Pediatrics -Dr. Pratap Patare (Ahmednagar IAP)
5. ABG... Analysis -Dr. Mahesh Bhatambre (Udgir IAP)
6. ECG... Why to do? -Dr. Yogesh Salunkhe (Dhule IAP)

Moderators:

1. Dr. Neha Singh [Editor, MAHAIAP, Practising Pediatrician, Raigad]
2. Dr. Neeta Hatkar [Zonal Member MAHAIAP WC (North Maharashtra)]



14. ACTIVITY NO. 13 – Parental Awareness Program

Topic: “Safety of Girl Child in view of present scenario”



Experts:

Dr Jayshree Deshpande (Paediatrician, Vasai)
 Shri Shubin Balan (Chief Coach, Fighters Taekwondo Academy, Vasai)

Moderators:

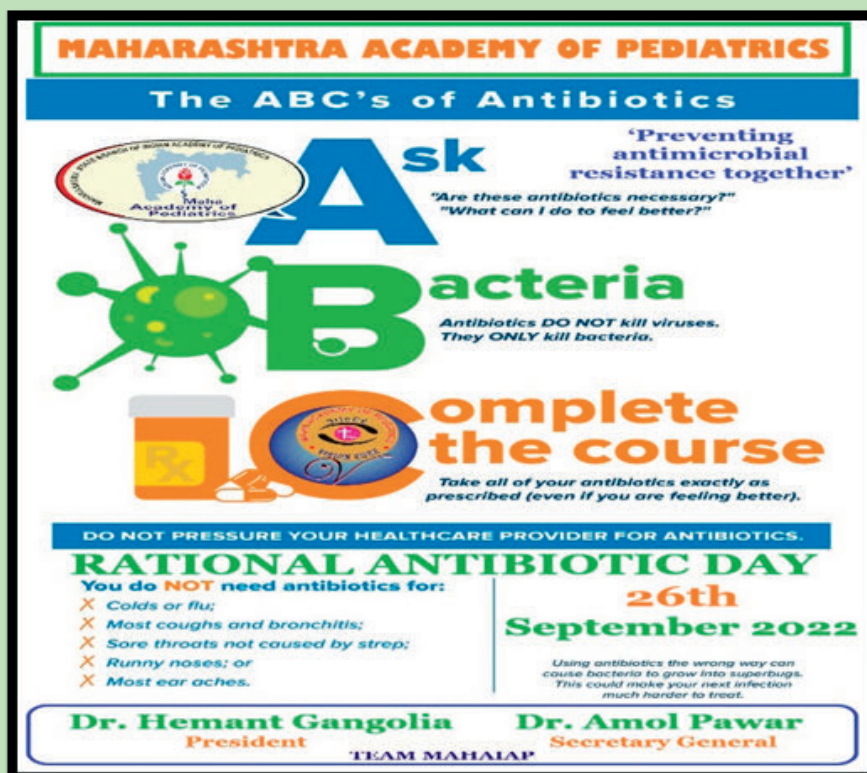
Dr Chitra Kulkarni (Senior Pediatrician, Navi Mumbai)
 Dr Archana Joshi (Senior Paediatrician, Vasai)

Co-ordinator:

Dr Chandrashekhar Dabhadkar (Senior Pediatrician, Mahad – Raigad)
 Dr Suchit Tamboli (Paediatrician, Ahmednagar)



ACTIVITY NO. 14 – RATIONAL ANTIBIOTICS DAY



Release of Flyer with theme for this year on various social media platforms.



16. ACTIVITY NO. 16 – HEARING 8 – MEDICO-LEGAL MATTERS

MAHAIAP & Thane Academy of Pediatrics Organized “HEARING 8”

Date: 27/09/2022



ONLY LIVE TELECAST ON ZOOM:

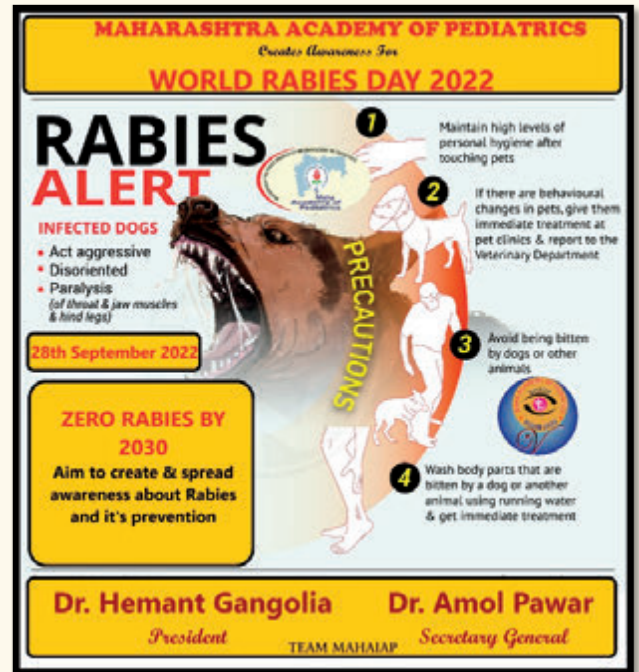
Topic: Defence against Litigation & Insurance Cover

Experts:

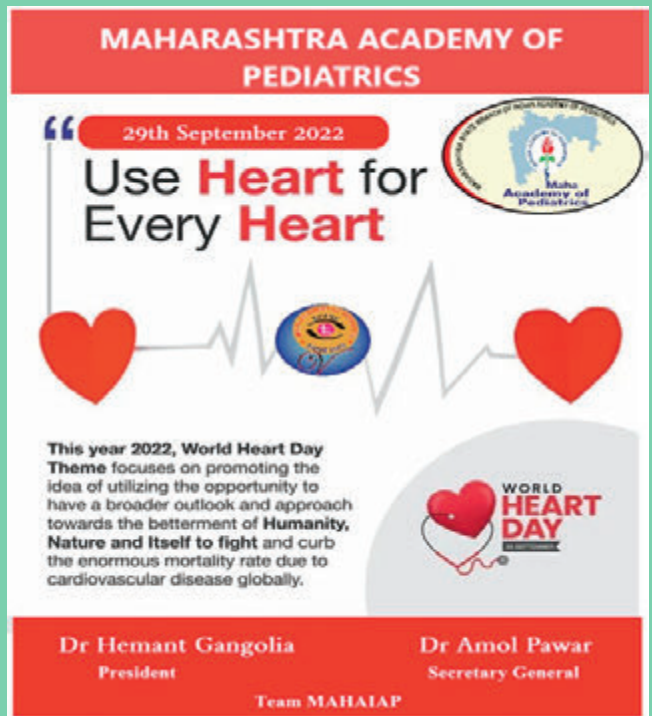
1. Dr. Prof Mahesh Baldwa [Retd. Prof & HOD Dept of Pediatrics, SMS Medical College (Jaipur) & Author of Medical Negligence and Compensation 4th edition 2021]

2. Dr. Hemant Gangolia (President, MAHAIAP & ML Expert)

Moderator: Dr. Ramgopal Chejara (EB MAHAIAP 22)



ACTIVITY NO. 15 – WORLD RABIES DAY



ACTIVITY NO. 16 – WORLD HEART DAY



ACTIVITY NO. 16 – EAST ZONE MEDICOLEGAL CME

Dr Hemant Gangolia (President, MAHAIAP 2022) participated in Online CME of
Medicolegal EAST ZONE
Topic: Professional Indemnity & Insurance



20. ACTIVITY NO. 18 – 28.09.2022 - TREATABLE METABOLIC EPILEPSIES

Expert: Dr. Vinit Wankhede [Pediatric Neurologist (Nagpur)]
Moderator: Dr. Laxmi Bhond [Pediatric Intensivist (Amravati)]



ACTIVITY NO. 19 – 29.09.2022 - "MAHAIAP Rational Antibiotics Therapy Quiz

A Quiz Competition for the Awareness of Rational Antibiotics Therapy organized by MAHAIAP – Participants (General Practitioners) from all regions of Maharashtra took part

Chief Guest: Dr. Harinder Singh [VP North Zone 2022]

Experts:

1. Dr. Baldev Prajapati [Professor, Ahmedabad]
2. Dr. Jayant Joshi [Senior Pediatrician, Pune]

Quiz Master:

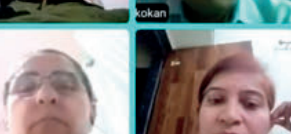
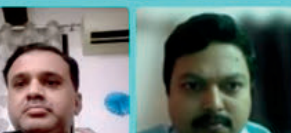
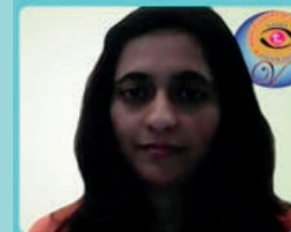
Dr. Jaykumar Bhandarkar [State Convener, MAHAIAP]

Scorer:

Dr Sunita Ingle [Zonal Member, MAHAIAP WC]

5 TEAMS participating from 5 Zones of Maharashtra:

- 1) Team North Maharashtra
- 2) Team Marathwada
- 3) Team Vidharbha
- 4) Western Maharashtra
- 5) Mumbai & Konkan Team





Dr. Samir Dalwai
Developmental Pediatrician



CATCH ME IF YOU CAN

As the story goes, Sigmund Freud and his wife took their little daughter to a park. The park was pretty busy and Freud met some friends while his wife and daughter went further ahead. After some time, the distraught wife came running saying that the daughter had wandered off and was nowhere to be found. Freud asked her to calm down and recollect any instructions she had given her daughter. The wife said that she had merely mentioned that the daughter could play as she likes, except that she should not go near the well in the park. Freud held his wife by the arm and walked her toward the well. They found the daughter playing blissfully next to it!

Not wanting someone to do something and getting them not to do it are two completely different things. The surest way to make people do something is to ban it. And if it is children you are dealing with, your friendly neighbourhood school headmistress will tell you to perish that thought! We just aren't smart enough, she would say!

CLINICAL PRACTICE

As a developmental behavioural pediatrician, I have been writing down 'limit screen time' as a part of my clinical prescription for every patient for over twelve years now.



A significant amount of my consulting time is (well) spent pleading, cajoling and convincing parents about the short and long term dangers of digital media. Four years ago, I was addressing parents at a fund raising event for a Municipal hospital extolling parents about the dangers of unrestricted screen time- I firmly believe that stopping screen time for children below two- three years and limiting it thereafter, along with a good 10-hours-a-night sleep, will help to an extent control the endemic proportion disorders like autism and ADHD are assuming. Someone recorded a video and the clip went viral on social media. I received numerous calls of gratitude from known and unknown people. A particular group of people trolled me saying there was no evidence (in the western academic circles) and that I was making them feel responsible and guilty for their children watching screens! Self-styled advocacy takes various hues!

A GROWING BODY OF RESEARCH

There is ample evidence now that excessive screen time is implicated in serious developmental and behavioural abnormalities in children and adolescents (Kushima M, 2022 Apr)(Madigan S, 2019 Mar). Internet gaming addiction is turning out to be an alarming condition with serious consequences to physical and mental and financial health with implications impacting family, social and academic dynamics as well as opening up dark windows into cyberbullying and cybercrime (Şalvarlı, 2022). The Indian Academy of Pediatrics in a consensus statement as well as a Parent Advisory Guideline, has enunciated the matter very well in the public domain.

SCREENS AND THE PANDEMIC

However, one realizes that merely speaking about the issue or creating awareness does not actually end up cultivating the desired behavior. At times, it does end up making people feel overwhelmed, guilty or frustrated and, indeed sometimes reinforces the undesirable behaviours. What is of paramount importance is guiding, mentoring, encouraging and when indicated, offering medical and paramedical interventions to enable people to adopt the new behavior. Merely banning or even creating a scare, especially at a time when children were locked in and schools were/are online, is not the solution. During the pandemic, some one made a cartoon which shows a bespectacled 'academic' looking boy mocking the world - "You said mobiles are not allowed in school; now the school is in the mobile!"

SCREEN TIME RECOMMENDATIONS

On a general level, the earlier we start the better are the results. Children below the age of 18-24 months should not be exposed to any type of screen with the exception of live video calls with relatives. At New Horizons, we recommend the latter should be enabled on a Television or Desktop screen, thus avoiding the mobile device being handed over to the toddler. Screen time for children between the age of 2 and 5 years should not exceed 1 hour; and always supervised (multiple guidelines and consensus statements).





MANAGING SCREEN TIMES: EXPERIENCES AT NEW HORIZONS

For older children and adolescents, it is important to balance screen time with other activities that are required for overall development. Due to online schooling, educational-screen time became inevitable (it now threatens to carry on as a legacy of the dark, screen-lit times) - parents should negotiate for restricting entertainment-screen time. Media and screen time is allowed but always within mutually defined and agreed limits.

Sticking to the schedule is important; regular reviews and rewards-consequences work effectively. The aim should be to help the adolescent practice self-regulation.

Parents being role models and limiting their own media use is vital. Repeated admonishments, and the dreaded “in our days” should be relegated to the family archives. Screen free zones in the house as well as screen free hours and days bring in a sense of control. Meal times and together times should be centered around mutual happiness and fun, and not turn into an audit hour for academics or inquisition for dodgy behaviours.

Screen time and screen schedules are important in this age of post pandemic schooling.

Make a schedule for the entire day, specifically accommodating the adolescents' other choices like outdoor sports, board games, dance, music and other hobbies, spending time with peers; and not just focusing on adding academic and limiting media time.

Parents need to educate themselves about social media and families including grandparents could make their social media policy that everyone follows. This is pertinent in view of the hybrid school and work life for children and parents, respectively.





IF PLAN A FAILS

Specifically, internet gaming addiction is now considered a mental health disorder. If your child compulsively uses media, craves for it, has lost control over its usage, gets violent when asked to stop its use, and continues to use despite adverse consequences such as fall in academic performance and loss of friendships, she is probably addicted to it. I have seen children throw umpteen tantrums and hit parents or even threaten their parents with all sort of self-harm like starvation, shunning studies totally, running away from home, or even suicide. It is important to remember that media addiction may be associated with other disorders such as attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, depression, and anxiety. This may mandate professional help. Media addiction can be treated by consulting mental health professionals. When you find one or more red flags as

mentioned, do consult with your pediatrician or a mental health professional at the earliest.

IS PUBLIC ACTION WARRANTED?

Yes, we do need public awareness and intervention in terms of easy availability of literature, resources and professional help. New Horizons ran a campaign with Chetana Insitute of Management called 'Limit My Screen Time' reaching out to the community a year before the pandemic; parents and children were counseled and asked to share their success stories to motivate others

(<https://www.instagram.com/limitmyscreentime/?hl=en>)

(<https://www.facebook.com/LimitMyScreenTime/>)

Similarly, many organisations have put their best practices and success stories in the public domain. Impressive ambassadors like Steve Jobs have spoken out about the dangers of screen time. We need to support families and children to firstly understand, and then take a stand on media and screen time; not ban it. Media has become ubiquitous; and children are virtual natives. They will find more devious ways to access internet gaming, in the process endangering themselves. Policing will never work on someone who will always be a step ahead. What will work is when parents engage actively with children. Rather than a "Catch Me If You Can", it is better to do a "Pursuit of Happiness!"(Both excellent motion pictures to watch!)

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Medicolegal Matters (कायद्याचे बोळ)

FORUMS AVAILABLE FOR THE COMPLAINANT

1. POLICE STATION –

First Information Report

No time to make papers proper hence one should learn the proper documentation

As original papers are seized while doing Panchnama

2. CRIMINAL COURT

Private complaint

If accepted, Police enquiry

Referral to the committee as per Martin D'souza case law

Expert Witnesses

If prima facia of Medical Negligence, then trial

3. CONSUMER FORUMS (COMMISSIONS) almost free

COMMISSION Pecuniary Jurisdiction

District :1 Cr

State :1-10 Cr

National Commission :>10 Cr

Hence Professional Indemnity Cover of at least 1 Crore

Receives Notice

One has to submit the Written Statements with all documents in support as evidences

Expert Witness

4. MEDICAL COUNCILS

Facility of online complaint

Receives Notice

One has to submit the Written Statements with all documents in support as evidences

5. NATIONAL HUMAN RIGHTS COMMISSION

Generally, Government Sector complaints comes in purview

6. CIVIL COURTS

Less likely as it involves Deposit Security & involves compensation related to law of torts

The point is ,

In case of FIR, we do not have time, hence to learn appropriate documentation. Whereas in other forums one has time, at least one month to reply and respond after the receipt of notice/summons with help of good criminal lawyer & good Medicolegal expert.

IMPORTANT LATIN MAXIMS IN LAW RELATED TO MEDICAL PRACTICE

IGNORENTIA JURIS NON EXCUSAT

• Ignorance of the law is not the excuse.

RES IPSA LOQUITUR

• Things speaks for itself.

• Onus of proving negligence shifts to Defendant (Doctor).

• Facts so clear.

• Examples:

o Leaving an instrument / sponge.

o Operated on wrong side.

RES JUDICATA

• The things have been decided.

• Once a case is decided between two parties, it can't be tried again within the same parties.

IN JURE NON REMOTA CAUSA SED PROXIMA SPECTATUR

• In law, the immediate, not the remote cause of any event is regarded.

ACTUS NON FACIT REUM NISI MENS SIT REA

• The intent and the act must both concur to constitute the crime (MENS REA).

DEFINITION OF CHILD UNDER DIFFERENT ACTS

POCSO ACT 2012 < 18 years

CHILD LABOUR ACT 1986 < 14 years

THE JUVENILE JUSTICE ACT 2015 < 16 years

FACTORIES ACT 1948 < 15 years

Many countries have 16 years or below – age of consent, like American states, Europe, Japan, Canada, Australia, China, Russia

Why the demand for reduction in the age under POCSO ACT?

- Get matured much earlier: exposed to so much of information.
- Juvenile Justice Act 2015, which allows the trial of 16 & 17 year old children as adults in respect of heinous offences.
- Many of the cases of sexual assault reported are dealing with 16-18 year old children consensual in nature.
- Where two minors engage in a consensual sexual relationship, in a paradox, they stand both as victims and perpetrators vis-à-vis each other.
- The act mandates Doctors to reveal the identities of their patients who are under the age of 18.

Dr. Hemant Gangolia
MBBS, DCH, DPH, LLB. (Mumbai)



Sections of IPC related to Medical Profession

- Sec. 29: Deals with documents
- Sec. 52: Describes "Good faith"
Nothing is said to be done or believed in 'GOOD FAITH' which is done or believed without due care & attention
- Sec. 80: Accident in doing lawful act
Nothing is an offence which is done by accident or misfortune & without any criminal intention or knowledge in the doing of a lawful act in a lawful manner by lawful means and with proper care and caution
- Sec. 88: Act not intended to cause death, one by consent in good faith for person's benefit
Nothing which is not intended to cause death in an offence by reason of any harm which it may cause, or be intended by the doer to cause, or be known by the doer to be likely to cause, to any person for whose benefit it is done in good faith, and who has given consent
- Sec. 89: It is similar to IPC Section 88 with the point of view of consent in case of children below 12 years & persons with a mental disorder where a guardian is authorized to give consent
- Sec. 90: Related to consent
- Sec. 92: Act done in good faith for benefit of a person without consent
Nothing is an offence by reason of any harm which it may cause to a person for whose benefit it is done in good faith, even without that person's consent, if the circumstances are such
- Sec. 93: Communication made in good faith
No communication made in good faith is an offence by reason of any harm to the person to whom it is made if it is made for the benefit of that person
However, the Doctor would be prudent enough to ensure that the communication is based on verifiable facts of the case, in a good faith for the benefit of the person it was made and in view of the delicacy of the matter, conveyed appropriately in the presence of spouse/relative/guardian
- Sec 176: Failure to inform police whenever essential
- Sec. 269-271: Related to infectious disease & disobedience of a quarantine rule
- Sec. 272-273: Related to adulteration of food and drinks
- Sec. 274-276: Related to adulteration of drugs
- Sec. 304-A: Deals with death caused by a negligent act
- Sec. 306-309: Are related with abetment of suicides
- Sec. 312-314: Related to causing miscarriage, abortion and hiding such facts
- Sec. 315-316: Deals with act to prevent child being born alive or to cause it to die after birth

Sec. 319-322: Are related to causing hurt, grievous hurt, loss of vision, loss of hearing or disfigurement

Sec. 336-338: Deals with causing hurt by rash or negligent act

Sec. 340-342: Are related to wrongful confinement

Sec. 491: Is related to breach of contract

Sec. 499: Is related to Defamation

SOME IMPORTANT JUDGEMENT LINES

National Consumer Commission

Prescribing, advising or giving opinion without physically examining the patient except in emergencies is negligence.

Supreme Court of India

Absence of appropriate consultants whose presence is medically indicated during a surgery/procedure is negligence.

Supreme Court of India

Disregard procedural formalities and focus only on treatment of the patient in emergencies

Madhya Pradesh Consumer Commission

Not recording time of collecting sample and performing actual test in investigation reports could be construed as negligence

Delhi Consumer Commission

Patients can be allowed to have their own attendants/private nurses but only on receipt of a written request.

Andhra Pradesh Consumer Commission

Acting according to directions of the patient or attendants even if they may be doctors without being completely convinced is negligence

Madhya Pradesh Consumer Commission

Courts can grant compensation even if no real harm is caused to the patient and the negligence is merely technical.

Supreme Court of India

Do not give any cash or cheque to the patient in an out-of-court settlement without proper written agreement.

Andhra Pradesh Consumer Commission

In investigations like HIV/AIDS test, failure to state that the reports are not final and require further confirmation is negligence

Tamil Nadu Consumer Commission

Relying on clinical judgment only and not advising investigations at appropriate time when indicated is negligence

National Consumer Commission

Do not state the chances of success or failure in 'percentage' to the patient. Instead use terms like 'fair, normal or good'



लव यु जिंदगी !

(या लेखात महा आय ए पी चे सह संपादक डॉ. राजेंद्र गणपत चांदोरकर यांनी कोरोना महामारीतील आपल्या कटु आठवणींना उजाळा दिला आहे. कोव्हीड 19 पँडेमिक मध्ये मिळालेल्या फावल्या वेळेत लिहिलेला या लेखात आपण आयुष्यावर प्रेम का व कस करावं हे सांगण्याचा त्यांनी प्रामाणिक प्रयत्न केला आहे.)

कोरोनाचे कारनामे दिवसेंदिवस वाढतच आहेत असे दिसते. मार्च महिन्याच्या पहिल्या आठवड्यात भारतात शिरकाव केल्यानंतर समोर काय वाढून ठेवले आहे याची सुतरामहि कल्पना कोणाला नव्हती. अचानक आलेल्या नोटबंदीप्रमाणे.....तसेच अचानक योजिलेल्या सर्जिकल स्ट्राईक प्रमाणे... अचानक जनता कर्पूर दिवस व लगेचच दुसऱ्या दिवसापासूनचा लॉक डाउन....संपेल संपेल असे वाटता वाटता लॉक डाउन चा दुसरा टप्पा.. व काही दिवसांत सर्व काही ताळावर येईल असे वाटत असतानाही पुन्हा तिसऱ्या टप्प्याला समोर जावं लागेल कि काय असं वाटणं साहजिकच आहे..... ज्या पद्धतीने मुंबई - पुण्या - ठाण्यात कोरोना बाधित लोकांच्या संख्या वाढत आहेत.....त्याप्रमाणे रायगड सकखा शेजारी असल्याने व रेड झोन मधेही असल्यामुळे येथील साडेसाती काही लवकर सुटण्याची चिन्हे दिसत नाहीत !!

बुहान, इटली, स्पेन व अमेरिकेची उदाहरणं समोर असून देखीलहि आपण आपलं वेगळेपण दाखवून देऊ असे वाटत होते. त्यात बऱ्याच प्रमाणात यशस्वी सुद्धा झाल्यासारखे वाटतेय. वेळीच सर्व गोष्टींची दखल घेतल्याने परिस्थिती बरीच नियंत्रणात असली तरी अनेक कारणास्तव गंभीरता बरेच दिवस राहिल असे वाटते.

सुरवातीला आम्ही N95 मास्क लावून रुग्ण बघत असु, मग फेस कव्हर (फेस शिल्ड्स) चालू केले. वारंवार हात धुणे चालूच होते, हाताला सॅनिटायझर लावणे चालूच होते, मग ग्लोव्हजहि घालून काम करायला लागलो. हॉस्पिटल मध्ये वारंवार डिसइन्फेक्शन(निर्जंतुकीकरण) चालूच होतं. पी. पी. इ. चा लवाजमा घालायचा म्हणजे प्रचंड उकडते. स्टेथोस्कोपहि धड कानाला लावता येत नाही व सहा-आठ तासांनी नवा पी. पी. इ. हे सर्व "सहनहि होत नाही व कोणाला सांगताहि येत नाही", अशा प्रकारचं. चष्मा सावरणं व त्यावरील फॉग, वॉश रूम ला जाणे... सगळ्या, अगदी सगळ्याच अडचणी.... आणि असेही, आम्ही तर आमच्याच हॉस्पिटल मध्ये काम करतोय.... कोविड सेट अप मध्ये नाही. पण मग दिवसेंदिवस कोविड19 रुग्णसंख्या वाढायला लागल्यानंतर मात्र पी.पी.इ. चा चिलखत घालून रुग्ण पाहायला लागलो. परंतु पी.पी.इ. चा योग्य वापर करून देखील काही आरोग्य कर्मचारी व डॉक्टरांना या विषाची बाधा झाल्याचे दिसून आल्यानंतर मात्र पायाखालची जमीन हलली.

आपल्याला कोरोना झाला तर?..... आपल्यामुळे आपल्या घरातल्याना झाला तर?.... आपण बाधित होऊन सिरीयस झालो तर?.... मरणाची भीती कोणाला वाटत नाही?? आम्हीही माणूसच आहोत कि... !!... जिल्ह्याच्या ठिकाणी रुग्णालय असल्यामुळे वर्षाकाठी दहा-बारा तरी अति सिरीयस रुग्ण बघत असल्यामुळे व शक्य होईल ते उपचार केल्यानंतरहि दगावलेले रुग्ण आम्ही नेहमीच पहात असतो आणि त्यामुळे जन्म, मृत्यू याचं आम्हाला फारसं अप्रूप वाटत नाहीच म्हणा!!...पण तरिही कोरोना होऊन आपण सिरीयस झालो व सगळं काही संपलं तर काय?.... या विचाराने झोप उडणं, डिप्रेसन येणं हे अगदी साहजिकच आहे.

यासंबंधी लहानपणीचा एक किस्सा मला आठवतो. पहिलीत असेन मी तेव्हा.... शाळेतून घरी येताना एका घरात खुप रडारड चालू होती.... जरा पुढे आलो तर एका तिरडीवर एका व्यक्तीला झोपवून चार लोक त्याला घेऊन चाललेले होते व बरेच लोक शांततेत मागून चाललेले होते. काही ओकसाबोक्षी रडतही होते. काय झाले असेल काही कळत नव्हते... घरी येऊन आईला विचारले तर म्हणाली, ' केशव तात्या वारले !!'.... मला काही कळले नाही. पुन्हा आईला विचारले, 'म्हणजे काय?..... ती म्हणाली, ' देवाघरी गेले'. आता वारणे, देवाघरी जाणे हे माझ्यासाठी तरी नवीन होते, कधी असा प्रसंग अनुभवला नव्हता. ती रात्र..... व पुढील दोन तीन दिवस अगदी बेचैनीचे गेले. ठिकशी झोपही लागली नाही. माणूस मरतो, देवाघरी जातो म्हणजे नेमकं काय होतं?..... हा विचार बरेच दिवस भेडसावत होता.

मग पुढील एक दोन वर्षात वार्धक्यामुळे गावातील दोन तीन माणसं वारली. तितकंसं काही वाटलं नाही, पण जेव्हा माझा बालपणीचा मित्र शिरीष साप चावल्यामुळे वारला तेव्हा मात्र मी खुप हादरलो. आम्ही रोज एकत्र खेळायचो, बागडायचो... मी फारच अस्वस्थ झालो. आईला पुन्हा विचारलं, 'तोच का देवाघरी गेला?..... म्हणाली, ' आपल्या कर्मावर असतं सगळं.... कर्म वाईट असेल तर लवकरचं तिकीट निघतं !!'.... "पण शिरीष ने बिचाऱ्याने एवढ्या लहानपणी कोणाचं वाईट केलं होतं? मी आपलं न राहवून आईला विचारलं. मग म्हणाली "माझं डोकं खाऊ नको. आपल्या प्रारब्धावर अवलंबून असतं सर्व".... मग विचारलं, "प्रारब्ध म्हणजे काय? ".... म्हणाली, "नेहमी सर्वांचं चांगलं चिंतीत जा, चांगलं करीत जा, जमेल तेवढी लोकांना मदत, सेवा करत जा.... पुढच्या आयुष्यात फायदा होईल". मग या आयुष्याचं काय?..... चुकीचं काही नव्हतं !!...नंतर सर्वांकडून ऐकायला मिळत होतं.... शिरीषला जिल्ह्याच्या ठिकाणी उपचारासाठी नेले असते तर तो वाचला असता. (शिरीष अत्यवस्थ असताना त्याला सापाचं विष उतरवणाऱ्या मात्रिकाकडे लोक घेऊन गेले होते). शाळेत पुढील वर्गात शिकत असताना शास्त्र - सामान्य विज्ञान या विषयात मला विशेष रुची वाटत गेली व "गावाकडे खुप डॉक्टर्स नसतात, तू झिपण्या डॉक्टर सारखा (आमच्या घरी होम व्हिजिट ला येणारे देसाई डॉक्टर)....डॉक्टर हो" असे बाबा गंमतीत म्हटल्याचे आठवते. डॉक्टर होण्याचे ठरवले, झालोही पण एम. बी. बी.एस. करत असताना पुतण्या ब्रेन ट्युमर ने वारल्यावर बालरोगतज्ञ व्हायचं ठरवलं. मनातली इच्छा पूर्ण झाली..... आईच्या सांगण्याप्रमाणे प्रारब्ध जपण्याचा प्रामाणिक प्रयत्न करतोय तेव्हापासून.

जीवन मरणाची कोडी अजुन चालूच आहेत. कधी हाती आलेली लढाई हरलीय, तर कधी जवळ जवळ हरलेली लढाई जिंकलीय. समजण्यापलीकडच्या गोष्टी-घटना आजही घडतात. एक किलोभराचं प्रीमॅच्युर बाळ आमच्याकडे वीसेक दिवस दाखल होते. बऱ्याच गुंतागुंतीबरोबर त्यास जंतुसंसर्गही होता. आजारातून सुटका होणं कठीण होतं. आर्थिक अडचण व खेड्यातील लोक असल्यामुळे पनवेल-मुंबईस न जाता तुम्हाला जमेल तेवढा इलाज करा असं सांगून राहिले. पुढील दहा दिवसांत बाळ बरं झालं. अशाच प्रकारे एक धनुर्वात झालेलं, सात दिवसांचं माथाडी कामगाराचं बाळ एक महिन्यानंतर बरं झालं. तर याच्याच विरुद्ध एक कावीळ झालेलं व एक मेंदूज्वर झालेलं अशी दोन किशोरवयीन मुलं सुरक्षित असताना देखील व योग्य उपचार चालू असताना, दाखल झाल्याच्या दुसऱ्याच दिवशी अचानक सिरिअस होऊन दगावलेली उदाहरणं आहेत. वरील चारही रुग्णांबाबतीत काहीच स्पष्टीकरण माझ्याकडे नाही. सांगण्याचं तात्पर्य एकच... कोणतीही गोष्ट करण्याचा उद्देश प्रामाणिक असला पाहिजे. इथेच माझी आई सांगायची त्याप्रमाणे या सर्वांचा प्रारब्ध खुप महत्वाचा होता असं जर म्हटलं तर, ".....चांगलं करणं, चांगलं वागणं, प्रामाणिक राहणं, कर्तव्यतत्पर, परोपकारी राहणं या सर्व गोष्टी पुढील जन्मी दीर्घायुष्य देण्यासाठी खुप मोलाच्या असतील किंवा नसतील हे या जन्मी सांगणं अवघड आहे पण त्या सर्व अवलंबिल्या तर आजचे जगणे मात्र सुंदर होऊन जाईल."

जीवनावर खऱ्या अर्थाने प्रेम करायचे असेल तर जीवन अशा प्रकारे जगण्याचा या कोरोनाच्या महामारीत जर संकल्प केला तर कोणत्याही कोविड रुग्णालयात काम करण्याची, कोविड 19 रुग्णाची सेवा करण्याची आणि इतकंच काय यमाची किंवा अवेळी देवाघरी जाण्याचीहि भीती राहणार नाही. आज कोरोना आपल्यासमोर आहे. उद्या सुनामी आली तर? परवा अपघात झाला तर? तेरवा हार्ट ऍटॅक आला तर?...माणसाला मृत्यू अटळ आहे. कोरोना असो किंवाकाहि का असेना..... आणि हेच जर जीवनाचं अंतिम सत्य असेल तर या जन्मावर व या जगण्यावर प्रेम करायला शिकुयात !! कोणत्याही परिस्थितीत "आय लव्ह यु जिंदगी" असं म्हणायला शिकुयात !!



लेखक : -

डॉ.राजेंद्र गणपत चांदोरकर

एम डी, बालरोगतज्ञ

आनंदी मॅटर्निटी व चाईल्ड हॉस्पिटल, अलिबाग.

माजी अध्यक्ष, आय. ए. पी, रायगड





HINA A NEW WAY HOW WE THINK OF HIGH-RISK NEWBORNS



Dr. Avinash Sadashiv Bhosale

Pediatrician with special interest in growth and development
Director, Shree Chaitanya Hospital and Niramay Hospital Jalgaon
EB member MAHA-IAP 2022

HINA—What's in the name?

HINA is an acronym for High-risk Newborn Assessment and follow-up. It is a structured program for pediatricians launched by the Maharashtra IAP team in 2022 through two online workshops. Fifty-seven pediatricians from all Maharashtra regions and five states of India have participated in it. In addition, MAHA-IAP is conducting an offline pre-conference workshop in November at Mahapedicon Nashik. It's a dream come true envisioned by the dynamic MAHA-IAP office bearers of 2022.

The idea.

First, let me take you through how the HINA idea got conceptualized. I have been part of a Neonatal Intensive Care team -

-for over eight years in Jalgaon, Maharashtra. Though we are doing good work in caring about sick neonates, a lot more needs to be done for NICU graduates in follow-up care, after discharge, about their specific needs. To begin with, limited parent awareness, time constraints, and lack of formal training were barriers for me. In January 2022, I got nominated as an EB member for North Maharashtra. The dynamic duo of Honorable President Dr. Hemant Gangolia and Honorable Secretary General Dr. Amol Pawar allowed me to work on this area. They suggested developing structured programs for pediatricians and helped me get a team of subject experts with pan-Maharashtra representation. Both were troubleshooters for me at all stages.



HINA PROGRAM

The team and the process.

Fortunately, I got equally passionate team members to materialize the concept of HINA into a structured program. From the beginning, we decided to formulate the program on three fundamental “SIP” principles. HINA program should be –

Scientific and supported by peer-reviewed literature, immediately implementable from the next day for a pediatrician who looks after high-risk newborns and parents/family-centered as parents are experts in a child's life. Over eight months, we regularly met online every Tuesday and Friday to review the program's progress. In addition, we formulated a WhatsApp group and had lots of back-and-forth communication among us.

The medical assessment screening and growth monitoring part is looked after by Dr. Anil Kumar Khamkar, a senior neonatologist from Pune. Dr. Kashmiri Badbade, a renowned developmental pediatrician from Itchalkarnji, contributed to the neurological assessment. She came up with amazing demonstrative videos for tone assessment, which added Great Value to the content. Dr. Dinesh Saroj from Nagpur and Dr. Ashwini Marathi from Thane, renowned developmental pediatricians, handled the developmental monitoring aspect of the module very effectively. They were also crucial in designing registration forms, pretest-posttest, and feedback forms.

Special mention to Dr. Ashwini Marathi and Dr. Leela Lobo, Ummeed CDC Mumbai, for getting the tedious job of printing HINA kits. Each participant received one KIT with 3 HINA proformas, an IGMCD sheet, and an interactive FLIP chart for easy navigation through IGMCD. The International Guide for Monitoring Child Development (IGMCD) is a developmental monitoring tool for children under 3.5 years of age that has been standardized and validated in India.

We were fortunate to get expert reviewers for the HINA program. Prof Dr. Satinder Aneja madam, former HOD department of pediatrics, LHMC Delhi, with extensive experience in child neurology, and Prof Dr. Pradeep Suryawanshi sir, HOD department of neonatology BVUMC and Sahyadri Hospital Pune, author of NNF guidelines for high-risk newborn assessment and follow-up. Their input helped us to make the HINA module more meaningful and user-friendly.

The amazing IGMCD training team of developmental pediatricians from Ummeed child development Centre Mumbai, Dr. Vibha Krishnamurthy, Dr. Rupa Srinivasan, and Dr. Leera Lobo helped in making the HINA program a comprehensive program.

Moreover, we are indebted to Prof Dr. Ilgi Ertem, ex- HOD developmental pediatrics Turkey university, for permitting and providing a one-day online IGMCD tool in a brief period.

The solid supporting team of Dr. Neha Singh (MOC), Dr. Vishal Raut (Tech wizard), and Mrs. Pallavi Dharmadhikari (Virtual platform support) ensured the smooth sailing of the ship when we were live streaming.

Windmill model of HINA

Team HINA envisions its care delivery model as a dynamic Windmill with four fans and a central button. Four fans represent medical assessment with screenings, growth monitoring, neurological examination, and developmental monitoring.



HINA PROGRAM

At the center, documentation, and counseling aim to provide hope, support, and family-centered care. In addition, the ongoing developmental support and nurturing care will keep the windmill dynamically moving system.

HINA Package

- Online training on managing HR neonates in limited resource situation
- Resources for pediatricians - articles, guidelines, and flyers
- Form 1: Predischarge checklist
- Form 2: HINA flow chart
- Form 3: HINA visit proforma: for medical, neurological, and developmental findings and plan of care documentation
- Form 4: IGMCD tool form for development monitoring
- IGMCD tool interactive flip chart

We got overwhelming responses from participants from all regions of Maharashtra and other states. We all worked to make this training program scientific, immediately applicable, and family centered. Finally, the subsequent follow-up and responses from participants will let us know how far we succeeded.

I will conclude with Raffi's quote, "When we change the story's beginning, we change the whole story." So let this program be the change we are looking to change the story of our high-risk newborns.

All glory to MAHAIAP and the Indian Academy of Pediatrics.

A New beginning



ANXIETY IN CHILDREN

Childhood is supposedly the most enjoyable and stress-free period of life. Traditionally, this period of life is considered to be full of fun, happiness, energy and lot of play and what not! The adult mind always remembers childhood fondly and fails to understand that even childhood can be a stressful period of life. Yes, it is true! The adult mind fails to remember its own childhood anxieties.

Many children suffer from stress, anxiety and fear due to variety of reasons. The reasons could be varied, ranging from common causes like physical, mental or sexual abuse or less known causes like stress due to different reasons. These include anxiety in coping with academics, facing certain social situations or may be the fear of some person, object or situation.

Childhood anxiety disorders and phobic anxiety disorders of childhood are well-recognized clinical entities which are not diagnosed properly because of lack of awareness and lack of acceptance.

Growing up period from early childhood to adolescence is filled with challenges. These varied challenges include coping up with family environment, teachers and school environment, peer group, academics etc. Maladjustments in any of these can lead to anxiety in a child. In addition, there are certain psychological conditions and states in which child is genetically prone to getting anxious. In this the situation may not be challenging but still because of the typical mindset of the child, they may feel anxious.

Various common conditions which can lead to anxiety and insecurity in children are:

- Disturbed family unit and environment
- Rigid disciplinary methods adopted by the parents
- Difficulties in adjustments with school environment and academics
- Peer pressure and school bullying
- Frequent exposure to fear generating stimulus
- Exaggerated and repeated stories, threatening about ghosts, dark areas or animals etc.

Some childhood developmental disorders like Learning Disability, Pervasive Developmental Disorders, Hyperactivity, Conduct Disorder are also associated with fear and anxiety.

Certain categories which are medically categorized as 'Emotional Disorders with Specific Onset' in children include--

- Separation Anxiety Disorder
- Phobic Anxiety Disorder
- Social Anxiety Disorder
- Sibling Rivalry Disorder

Handling anxieties in childhood needs

- Detail assessment
- Child Counseling and Guidance
- Play Therapy
- Family Therapy
- Behavior Modifications
- Medical T/T (rarely)



Dr. Jaya Shiwalkar
Pediatrician and Child Psychologist
Adolescent Counselor
Nagpur



KUCH TO LOG KAHEGE !

Logo ka Kaam Hai Kehna!



Whether you are fat or thin, lean or bulky, tall or short body shaming has not spared anyone. Because society has always had the image of what's called "Ideal".

"Kha khake phool gayi hain gubbare jaise"
"Aree kuch khate kyu nahi, biwi khana nahi banati kya"
"Lagta hain saara khana khud hi kha jaati hain tabhi bachcha itna dubla patla hain"
"Hanger ke upar kapde taange hue hain"
"Gym kyu nahi jaate, lazy ho"
"Gol Gappe ki tarah phul gaye ho"
"Aree ek fukh maaro udh jaayegi, kuch khati kyu nahi"

"Aur kitni dubli hogi ek din gayab hi ho jaayegi"
"Kitni choti hai OR Kitni Lambhi Hai... shadi ke liye larka nahi milega."
"apna kuch karti kyu nahi"
"she's too curvy, she should lose weight"
"she's too thin, she has no curves"
The above ones are a few common statements that we hear in our day to day lives and especially from our so-called near and dear ones, which hurt and affect us the most.



These days, people do not seem to find anything wrong in making fun of someone else's body, and sure enough, it is the 'fat' person who is the preferred target compared to the thin and 'short' one preferred to the 'tall'. Shockingly, some people think/believe that making a person feel ashamed of their bodies is an effective way of motivating them to transform themselves and that they will work even harder to achieve this miracle. But these Body Shaming comments leave a lasting impact/ impression on those who receive them; not just mentally but physically too.

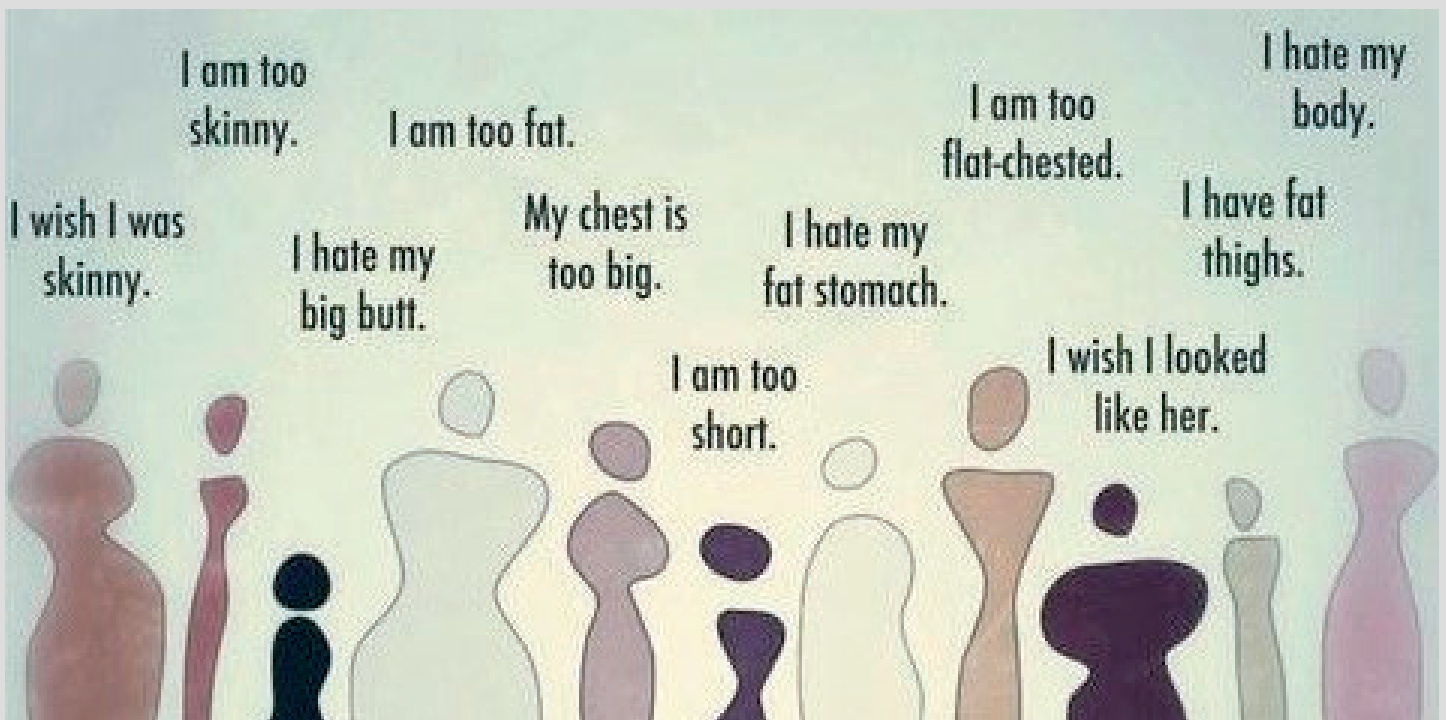
The next question that comes to my mind is why people body shame others? It's mainly because we live in a society where the focus is stronger on appearance than anything else. Society and social media have contributed in creating this myth of the "perfect idyllic body" as represented by a woman with the size-zero figure or the man who has six-pack abs. Our culture loves thin, whether it be in print ads, movies or real life. It doesn't matter if the person is fit or healthy, he or she should be thin. It's not necessary that someone who is thin is the fittest of all, he could be like a 'khokla' body having no stamina at all and having poor metabolism and prone to diseases. Whereas someone who is obese need not be unhealthy all the times.

Also, when one is continuously body-shamed it lowers one's self-confidence & mental stress causes more harm and leads to health disorders

Every individual is different and have different body structure & a different metabolism rate. There could be a lot of reasons behind this like hormones & genes play a major role. Some people have such a good metabolic rate that no matter how much calories they eat they don't gain weight and some have poor metabolism that even if they eat less, they are obese and can't shed that extra weight off. You must have heard people saying that "Main jitna bhi kha lu weight badhta hi nahi hain" or "Main toh khana dekhke ya smell karke hi mota ho jata hoon"

As per the results published in medical journal of Obesity, it indicated that those who had negative perception of their weight due to body shaming and other negative stereotypes related to weight, were three times as likely to develop diabetes, heart diseases, and stroke, in comparison to individuals with similar weights and body types who did not carry those same negative self- thoughts.

Every child has his or her insecurities, which are further amplified by the act of body shaming



Those who clearly intend to hurt will never stop targeting the body image with nasty comments, but what we need to understand here is that nobody chooses the body they have, especially an unfit body. Every individual wants to have a perfect body shape and look beautiful. No one wants to look ugly, but has anyone ever thought that more than weight loss/weight gain - Am I Fit? Am I Healthy? Do I have the stamina? Am I prone to any diseases?

If someone is unhealthy, tell them how to change that, show them how they can become fit, and encourage them to take that road, rather than just criticizing them, or even making fun of them. Discrimination and shaming only cause stress and makes any person feel bad.

. If someone is already overweight, this stress can actually make them eat more and more, and consequently, gain even more weight. The harmful effects of body shaming go beyond just increase in weight. Here are some of the other major risks that body shaming presents:

Depression:

People who are the target of body shaming due to weight are at higher risk of depression and other mental illnesses (no surprises there).

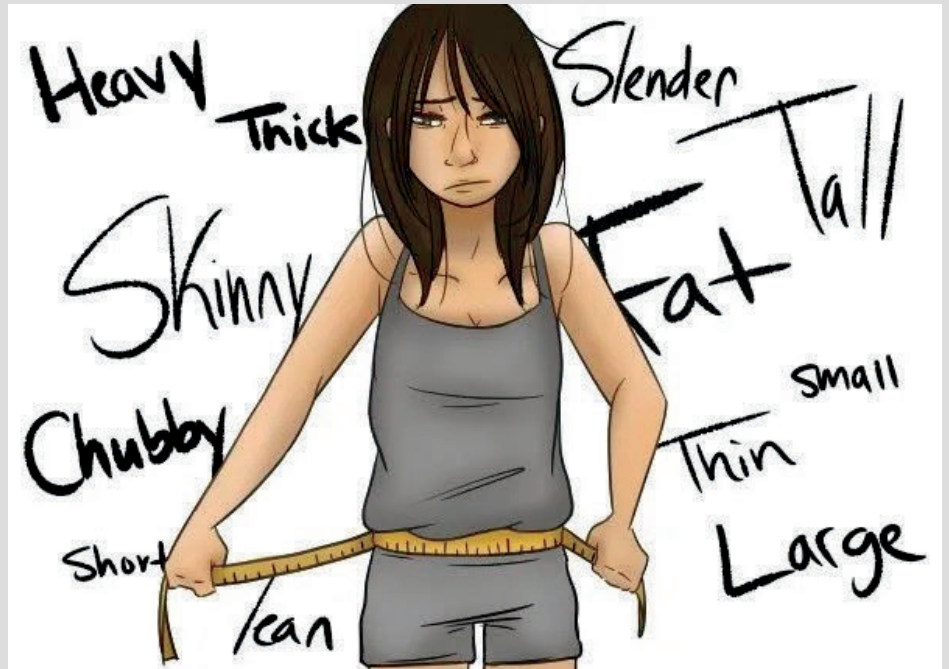
One study found 94 percent of all teenage girls, and 64 percent of teenage boys have been shamed for the way their body looks.

Eating disorders:

Body shaming is linked to an increased risk of eating disorders, such as binge eating disorder. One tends to eat more and especially junk food & stress leads to an increase in weight too.

Reduced self-esteem:

People with weight issues who are soft targets for body shamers, end up with



major self-esteem issues. With no one to defend them, and unable to defend themselves, such people may become loners, avoiding any kind of social interaction, be it merely going out with friends. It also creates hatred for the person passing such comments

Body shaming is a practice that must be avoided at all costs. No one is perfect, and if we remember our own flaws, we will learn to motivate, support, and encourage each other. Body shaming is an issue that will not be solved unless everyone learns to accept their own bodies, and until the myth of the 'perfect body' comes to an end

At times this body shaming isn't restricted to body shape, people also comment on the skin colour of a person. This is again very humiliating for a person. Sometimes this comparison is within siblings (one is fair & other is dark). Even a child & mother is compared for their skin colour. People also comment that you must have not eaten coconut or had Kesar (saffron) during pregnancy so the child isn't fair & white.

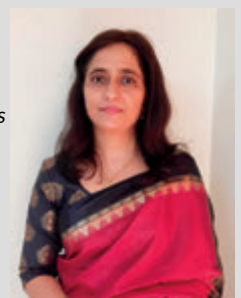
What has these things got to do with the colour of the child? Why does everyone run behind fairness? When a mother is blamed for not breastfeeding her child, is another act of body shaming. She is even told that if you don't breastfeed then there shall be no bond between the mother & child. Why tell such things to a mother?

Has anyone thought how the mother shall feel on hearing such harsh statements? Firstly it's a new journey for her, her body goes through tremendous changes. There could be reasons behind not being able to breastfeed - may be not enough milk production or some complication. No mother would want this. Why can't we support and stand by each other rather than criticizing & passing such nasty comments?

Don't compare your bodies with someone else's. Let's embrace our body type. "You are more than the way you look". Love your body, Love yourself. And also, don't let others compare you to someone else. Focus more on living a healthy life than mere weight loss. These are some ways in which you can support yourselves against these practices

Remember when you judge a person by her appearance, it doesn't define him or her. It defines YOU !!

Dr. Neha Singh, is a mother first, then a practicing Pediatrician at Navi Mumbai. She is also the Editor of MAHAIAP has been instrumental in spreading awareness on teenage issues through her articles.





*Believing Ourselves in the Horizons..
In this Beliefs..
Lies the Success..!!*

*Working Hard Day & Night..
In this Painstaking..
Lies the Success..!!*

*Moving ourselves Par the Limits..
In this Confidence..
Lies the Success..!!*

*Rising ourselves from the falls of Storms..
In this Inspiration..
Lies the Success..!!*

*What Makes our World more Beautiful..
Is the Humanity,
Lies the Success..!!*

*Be Grateful for the Things we Have..
In the Kindness,
Lies the Success..!!*

*From the Bottom of Heart...Love makes the Life..
In the Love..
Lies the Success..!!*

*Only Sky is the Limit..
When At the Top, Staying to the Grounds...
Lies the Success..!!*
















Dr. Sonali Shirbhate

**Co-Chairperson
MAHAIAP WC
Amravati**



BRANCH ACTIVITIES

01. Amravati 
02. Beed 
03. Dhule 
04. Hingoli 
05. Kolhapur 
06. Mumbai 
07. Nagpur 
08. Navi Mumbai 
09. Palghar 
10. Raigad 
11. Solapur 
12. Thane 
13. Yavatmal 





Amravati Branch

DR. NARESH B TAYADE

Branch President



DR. SUSHIL C RAJBHUT

Branch Secretary

DR. RUTURAJ DESHMUKH

Branch Treasurer





IAP AMRAVATI

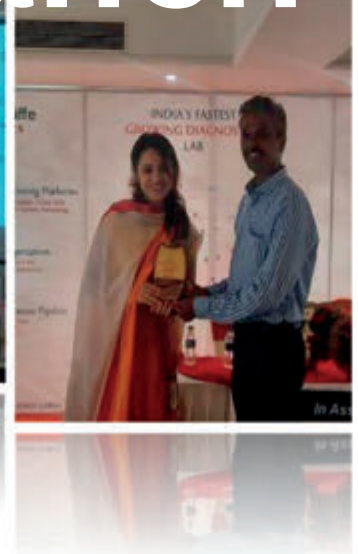
Activities for the month of July 2022

1. GENETICS IN PEDIATRICS (10.07.2022)

Topic: CME on Genetics in Pediatrics

Speaker:

Dr Veronica Arora,
Consultant Genetics,
Sir Gangaram Hospiita Delhi



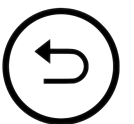
2. CME ON VPD SURVEILLANCE (22.07.2022)

Speaker:

Dr S. R. Thosar,



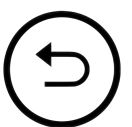
3. IAP AMRAVATI BADMINTON LEAGUE (24.07.2022)



4. IAP AMRAVATI PERIPHERAL CME AT PARATWADA (27.07.2022)



4. CPR WORKSHOP AT RADIANT HOSPITAL (28.07.2022)



4. CPR WORKSHOP AT PARIJAT HOSPITAL (28.07.2022)



5. ORS WEEK CELEBRATION FOLLOWED BY TREKKING (31.07.2022)



Activities for the month of August

IAP
Amravati

Activity 1.
1.08.2022

1st August

Breast Feeding Quiz
contest conducted
online



Activity 2.
2.08.2022

2nd August

Breast Feeding and
ORS programme
conducted at Erwin
Hospital, Amravati



Activity 3.
2.08.2022

2nd August

Breast Feeding and
ORS programme
conducted at Daffrin
Hospital, Amravati





Activity 4.
3.08.2022

3rd August

World Breast feeding awareness programme conducted at Dr. PDMMC for students

Activity 5.
3.08.2022

3rd August

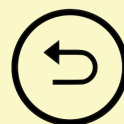
Breast Feeding and ORS programme conducted at Superspeciality Hospital



Activity 6.
4.08.2022

4th August

Breast Feeding and ORS programme conducted at Dhanwantari Hospital





Activity 7
4.08.2022

4th August

World Breast feeding awareness programme conducted at PDMC Belpura Urban health Center, Near Amravati Railway station

Activity 8.
5.08.2022

3rd August

Breast Feeding and ORS awareness at ayurvedic medical college



Activity 9
7.08.2022

7th August

NC ECD workshop conducted in association with CIAP





Activity 10
10.08.2022

10th August

Health checkup of children at Maharshi Gulabrao Maharaj Ved Vidyalaya, Belora

Activity 11
28.08.2022

28th August

Pediatric Gastro, Tummy bowel and beyond CME was conducted in association with CIAP



Activities for the month of September

IAP
Amravati

Activity 1.
21.09.2022

29th September

National Nutrition Programme conducted at Government Hospital, Amravati



Activity 2.
24.09.2022

24th September

Pediatric Endocrinology CME by Dr Nikhil Lohiya



Activity 3.
27.09.2022

27th September

National Nutrition
Programme Conducted
at Dr. PDMMC

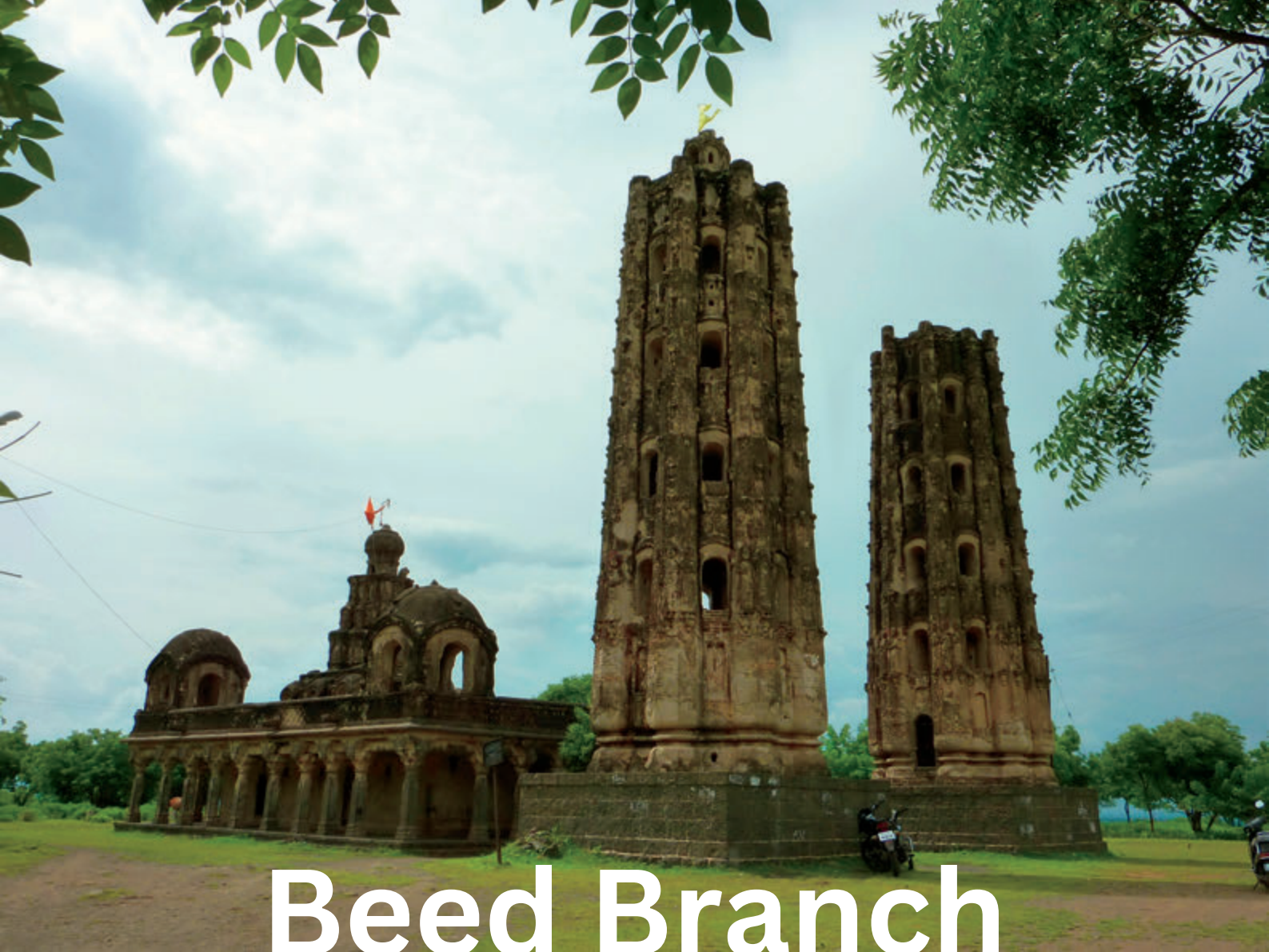


Activity 4.
30.09.2022

24th September

CME on
developmental
Pediatrics, by Dr.
Rushikesh Ghatol, at
PDMMC





Beed Branch

DR SUBHASH K JOSHI

Branch President



DR SACHIN S JETHLIYA

Branch Secretary

DR RAHUL RAUT

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP
Beed



Activity 1.
14.07.2022

14 July

Talk on Nutrition in Children by Dr. Ajay Jadhav. Followed by felicitation of our own daughters as part of Daughter's day.



Activity 2.
29.07.2022

29th July

Management of Pediatric Emergencies in office practice in resource limited settings on dIAP platform, our IAP member Dr. Izhar Jaweed was faculty.

Activity 3.
26.7.2022

26th June

Dr. Anurag Pangrikar as faculty for MahaIAP Sunday parent guidance session.

डॉक्टर... एक विचारक?
 (महाराष्ट्र राज्य अकादमी)

विषय : आजला पावसाळा.... मुलांचे आरोग्य सांभाळ

सहसर्देशक जण
 डॉ. शशी वाळुंके, डॉ. अजयना पांगरीकर

संवादक
 डॉ. देवू मोहापात्र, डॉ. अश्विनी वाळुंके

सामन्यायक
 डॉ. नीलेश दाभाडकर, डॉ. सुधीर मोदी, डॉ. अश्विन कराळे

संयोजक व निश्चयक
 डॉ. प्रदीप मल्लोडिया, डॉ. अशोक पावले

MahaIAP You Tube
<https://tinyurl.com/mahaIaplive>
<http://www.tinyurl.com/MAHAIA4PARENTS>

Activity 4.
17.07.2022

17th July

Caring At Both Ends Of Cord :
perinatology meet at KIMS
Karad, Dr. Sachin Jethliya as
Faculty



Activity 5.
21.07.2022

21st July

CPR training of different people of society including student nurses at nursing college, drivers and conductors of ST, Rotary members, college students etc. Along with media involvement. This activity was conducted in association with IMA and ISA



Activity 6.
20.7.2022

20th June

Simplifying pediatric
obesity: online session



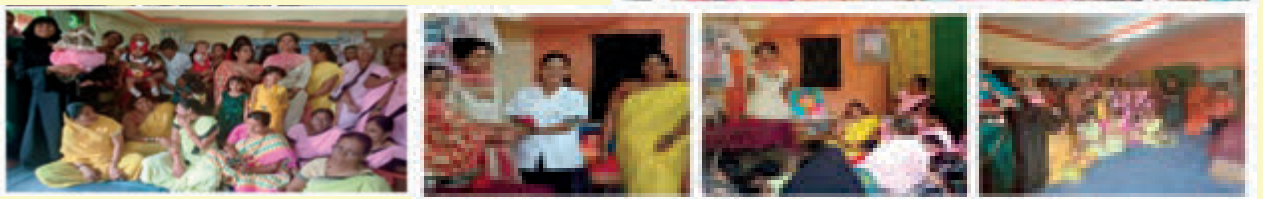
Activities for the month of August

IAP Beed

Activity 1.

Community education

Education of ANC and PNC mothers in different anganwadi's by Dr. Monika Sanap, it involved mothers, ASHA workers. She guided them about nutrition in pregnancy, lactation, benefits of exclusive breast feeding in for baby as well as mothers



Activity 2.

Education of interns and paramedics

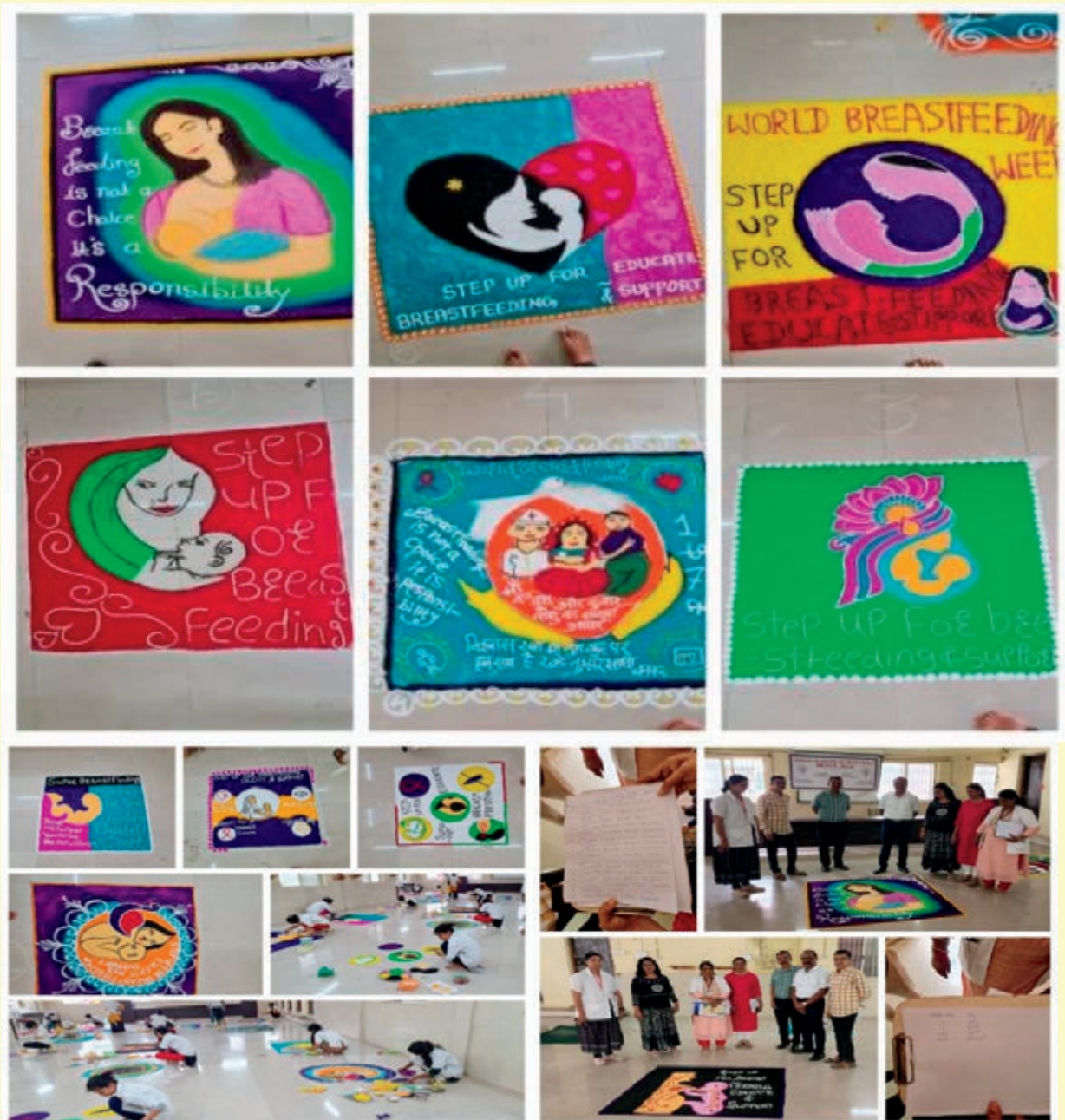
Interns at district hospital were educated about benefits of exclusive breast feeding by paediatrician at district hospital, obstetrician and hon. Civil surgeon dr. Sabale sir. Similarly student nurses were enlightened about benefits of breastfeeding and its application in practice.



Activity 3.

Rangoli competition

We conducted rangoli competition in district hospital government nursing college, 15 student nurses participated in this activity.





Activity 4.

सकाळ

रांगोळीतून स्तनपानाचे महत्त्व, आजारांबद्दल माहिती

सकाळ वृत्तसेवा

चीड, ता. ६ : जागतिक स्तनपान समन्वयित जिल्हा रुग्णालयातील शासकीय पारिवारिक विद्यालयात शनिवारी (ता. सहा) रांगोळी स्पर्धेत विद्यार्थिनींनी कलागुणांचे प्रदर्शन करून रांगोळीतून स्तनपानाचे महत्त्व आणि आजारांची माहिती दिली.

पंधरा विद्यार्थिनींनी स्पर्धेत सहभाग नोंदवला. बालरोग संघटनेच्या पुढाकाराने स्पर्धा झाल्या. प्राचार्य सुवर्णा बेडे, सोनारी देशमुख, मुक्ता पवार, बालरोग संघटनेचे अध्यक्ष डॉ. सुभाष जोशी, सचिव डॉ. सचिन जेधरिया, आयएएमएचे अध्यक्ष डॉ. अनुराग पांगरकर यांची उपस्थिती होती. स्पर्धेसाठी मेटुन रमा गिरी व शैलजा खोरसागर यांनी परीक्षक म्हणून काम पाहिले. स्पर्धेत फल्लूची चौकडे प्रथम तर सुत्रिया यादव हिचा द्वितीय पारितोषिक मिळाले.

चीड : जागतिक स्तनपान समन्वयित जिल्हा रुग्णालयातील परिचर्या प्रशिक्षणाधीसाठी रांगोळी स्पर्धेत विद्यार्थिनींनी रांगोळीतून स्तनपानाचे महत्त्व, स्तनांचे आजार याबद्दल माहिती दिली.

Aurangabad, Beed Today
07/08/2022 Page No. 1

रिपोर्टर
Sunday 07-08-2022



Activity 5.

Involvement of paediatricians and obstreticians: Quiz



Activity 6.

Independence day celebration: IMA hall Beed.



Activity 7.

Involvement in MahaIAP activity as faculty

MAHARASHTRA ACADEMY OF PEDIATRICS

Dr. Ramesh Kumar R - President IAP 2022
Dr. Upendra Kinjawadekar - President IAP 2021
Dr. Vineet Saxena - Past President IAP, 2019-21
Dr. Chetan B Shah - Vice President, West Zone

Maharashtra Academy Of Pediatrics Presents

Role Of Multivitamins and Multi-minerals in Immunity

Join us for a timely and enriching discussion with,

Dr. Pranjali Kulkarni - Speaker, Senior Pediatrician, Hospital
Dr. Anurag Pangarikar - Speaker, Senior Pediatrician, Hospital
Dr. Snehi Sood - Speaker, Senior Pediatrician, Hospital
Mrs. Mayuri Sahasrabudhe - Moderator, Nutritionist, Hospital
Dr. Prerak Oakwad - Moderator, Pediatrician, IAP

Wednesday, 24th August 2022 | 9:00pm - 10:00pm

The collage also features several video thumbnails showing participants in a virtual meeting, including a man with glasses and a woman with a headset.



Activities for the month of September

IAP
Beed



Activity 1.



Talk by Dr P C Tambde sir on Monsoon illnesses, this was attended by 15 delegates and followed by dinner.

Activity 2.

INTERESTING CASES IN NEONATOLOGY

by DR Rahul Gosavi MD DNB Neonatology on 21st September, attended by 20 delegates





Dhute Branch

DR. VILAS P WADILE

Branch President



DR. AVINASH D SAINDANE

Branch Secretary

DR. DADABHAI NATHU PATIL

Branch Treasurer



Activities for the month of July

IAP Dhule

Activity 1.
10.07.2022

10th July

UMP workshop under central IAP action plan.



Activity 2.
21.07.2022 BLS AND CPR Day.



पावसाळ्यात बालकांच्या आजाराविषयी काळजी घ्यावी बालरोग तज्ञ संघटनेचे धुळ्यात चर्चासत्र संपन्न

धुळे- बालकांमध्ये पावसाळ्यात उद्भवणाऱ्या आजारांविषयी आणि त्याबाबत घ्यावयाची काळजी व उपचारासंदर्भात शहरातील धुळे बालरोग तज्ञ संघटनेच्यावतीने बालरोग तज्ञ डॉक्टरांचे चर्चासत्र नुकतेच संपन्न झाले. यावेळी त्यांनी बालकांना कोरोनासह पावसाळ्यातील आजार होऊ नये म्हणून पालकांनी काळजी घेण्याचे आवाहन केले.

याबाबत सविस्तर वृत्त असे की, धुळे जिल्हा बालरोग तज्ञ संघटनेच्यावतीने आरोग्यविषयक विविध जनजागृती, प्रबोधनात्मक तसेच सामाजिक उपक्रम राबवले जातात. त्याअनुषंगाने नुकतेच धुळे जिल्हा बालरोग तज्ञ संघटनेने



शहरातील विस्तृत रुग्णालयात तज्ञ डॉक्टरांचे चर्चासत्र घडवून आणले. चर्चासत्रात पावसाळ्यात उद्भवणाऱ्या आजारांबाबत आणि त्याविषयी घ्यावयाची काळजी यासंदर्भात सांगोपांग चर्चा घडवून आणली. पावसाळ्यात प्रामुख्याने डेंगू, मलेरिया, गॅस्ट्रो, कॉलरा, टायफाईड, काषीळ अशा स्वस्वाचे आजार उद्भवत असतात.


थंडी, ताप, डोकेदुखी, अंगदुखी, उलटी, जुलाब, पोटदुखी, डोळे पिवळे किंवा लघवी पिवळी होणे, सर्दी, खोकला, दम लागणे, अशा स्वस्वाची लक्षणे या आजारांमध्ये दिसून येत असतात, अशी लक्षणे आपल्या मुलांना दिसून आल्यास आपल्याजवळील आरोग्य केंद्र किंवा बालरोग तज्ञ यांचा तातडीने सल्ला घेऊन योग्य (पान ४ वर)

Activity 3.
24.07.2022

Precaution in
monsoon illness
seminar

Activity 3.
24.07.2022

30 July- ORS Day
celebration



DHULE PEDIATRIC ASSOCIATION

(Branch Of Indian Academy of Pediatrics)
Reg No.: F/11872/Dhule

Dr. Vilas Wadile President	Dr. Avinash Saindane Secretary	Dr. Dadabhai Patil Treasurer
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Date: - 20/06/2022.

Joint Secretary




Dr. Sunil Pagare
Dr. Milind Saner
Dr. Kunal Mehata

INDIAN ACADEMY OF PEDIATRICS
Use of Medication in Pediatrics ToT at Dhule
On
10th July 2022 (Sunday)
Venue - IMA Hall, Jail Road, Dhule.

The program details are as follows:-

Time	Topic	Faculty
09:00am to 09:30am	Registration & Breakfast.	
09:30am to 10:15am	Congestive cardiac failure	Dr. Neeta Hatkar
10:15am to 11:00am	Introduction of module and use of PPI	Dr. Ramakant Patil
11:00am to 11:45am	Endocrine hypothyroidism and use of thyroxin	Dr. Tushar Godbole
11:45am to 12:30am	Urinary tract infection	Dr. Pawan Deore
12:30am to 01:15pm	Neonatal hypoglycemia	Dr. Sanjay Aher
01:25pm to 02:00pm	Constipation	Dr. Ramakant Patil
02:00pm to 02:30pm	Lunch	
02:30pm to 03:15pm	Insulin therapy	Dr. Tushar Godbole
03:15pm to 04:00pm	Nephritic syndrome	Dr. Pawan Deore
04:00pm to 04:45pm	Neonatal hyperbilirubinemia	Dr. Sanjay Aher
04:45pm to 5:00pm	Tea & Vote of Thanks	

Applied for credit point....

 Treasurer Dr. Dadabhai Patil	 Secretary Dr. Avinash Saindane	 President Dr. Vilas Wadile
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Address : CTS No. 3552 A/3, Champa Baug, Sakri Road, Dhule-424001. Ph.:(02562) 248117, 249117



Activities for the month of August

IAP
Dhule



Activity 1.

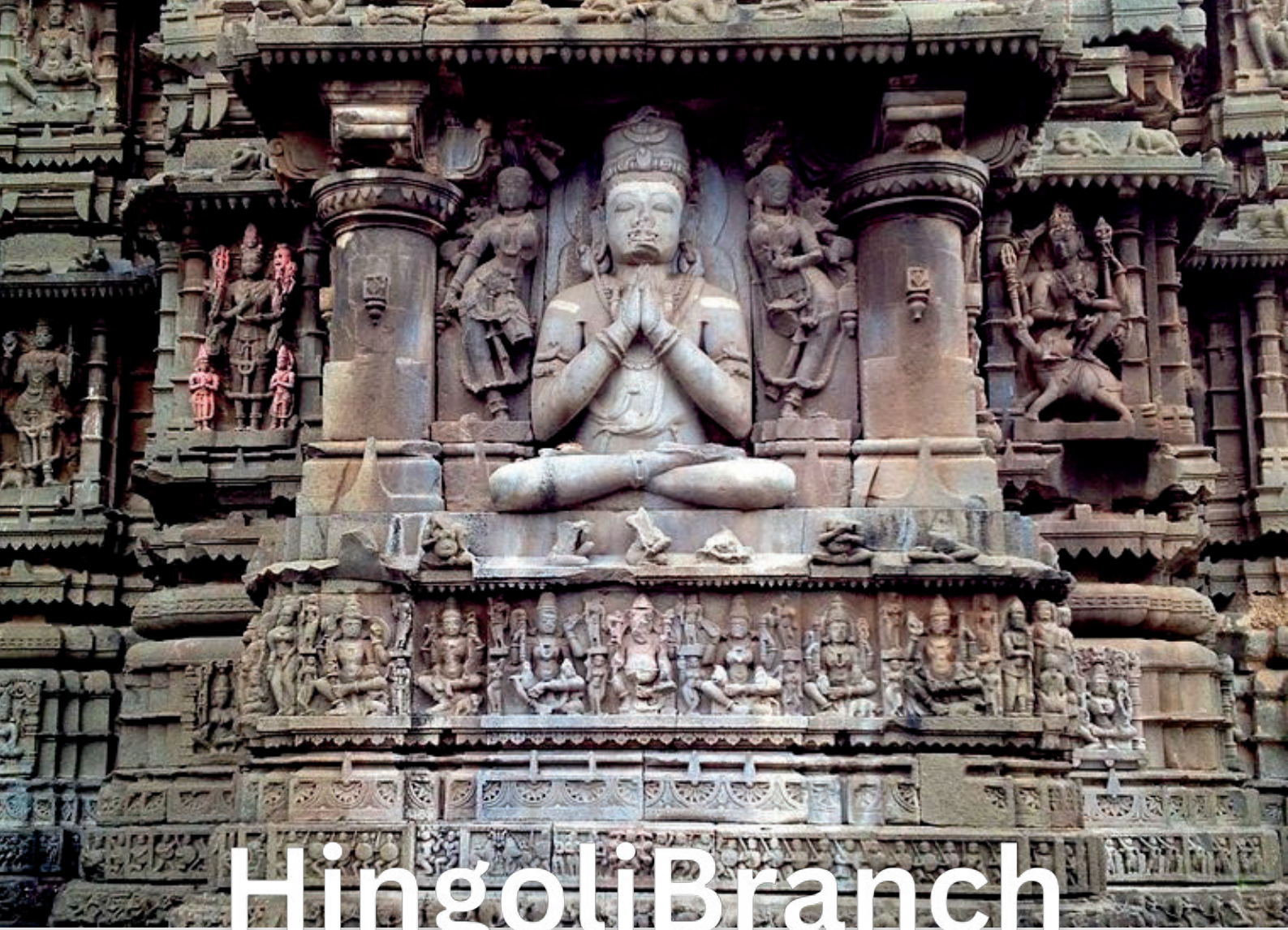
Celebration of breastfeeding week



Activity 2.

Education of interns and paramedics





Hingoli Branch

DR VENKATESH K DAMKONDWAR

Branch President



DR NITESH O CHOUDHARY

Branch Secretary

DR MANISH G MUPKALWAR

Branch Treasurer



Activities for the month of July

IAP Hingoli

Activity 1. Participation in Tuesday Takes



IAP Hingoli took part in 'TUESDAY TAKES' activity organized by MAHA IAP. Dr. Swapnil Giri had gave a 5 minutes talk on Respiratory Distress in Newborn & discussed in detail the causes & management of RDS in newborn.

Activity 2.

NATIONAL CPR DAY

IAP Hingoli celebrated NATIONAL CPR DAY at District Hospital Hingoli. Demonstration of Adult, Pediatric and Neonatal CPR to nursing staff of District Hospital Hingoli was provided. There were 20 participants in the workshop.



Activities for the month of August

IAP
Hingoli

Activity 1.

Celebration of world breastfeeding week

IAP Hingoli celebrated World Breastfeeding week at Damkondwar Maternity hospital by educating ANC patients.



Activity 2.

Health and Hygiene Workshop



Activities for the month of September

IAP
Hingoli

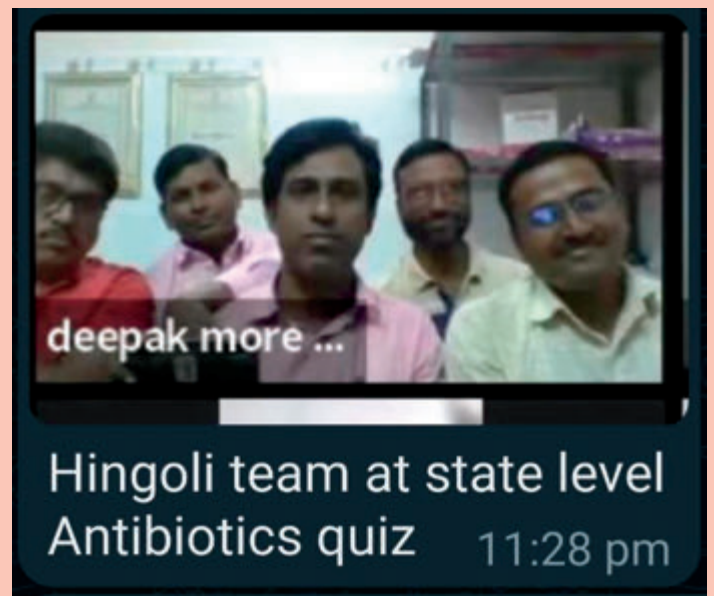
Activity 1.

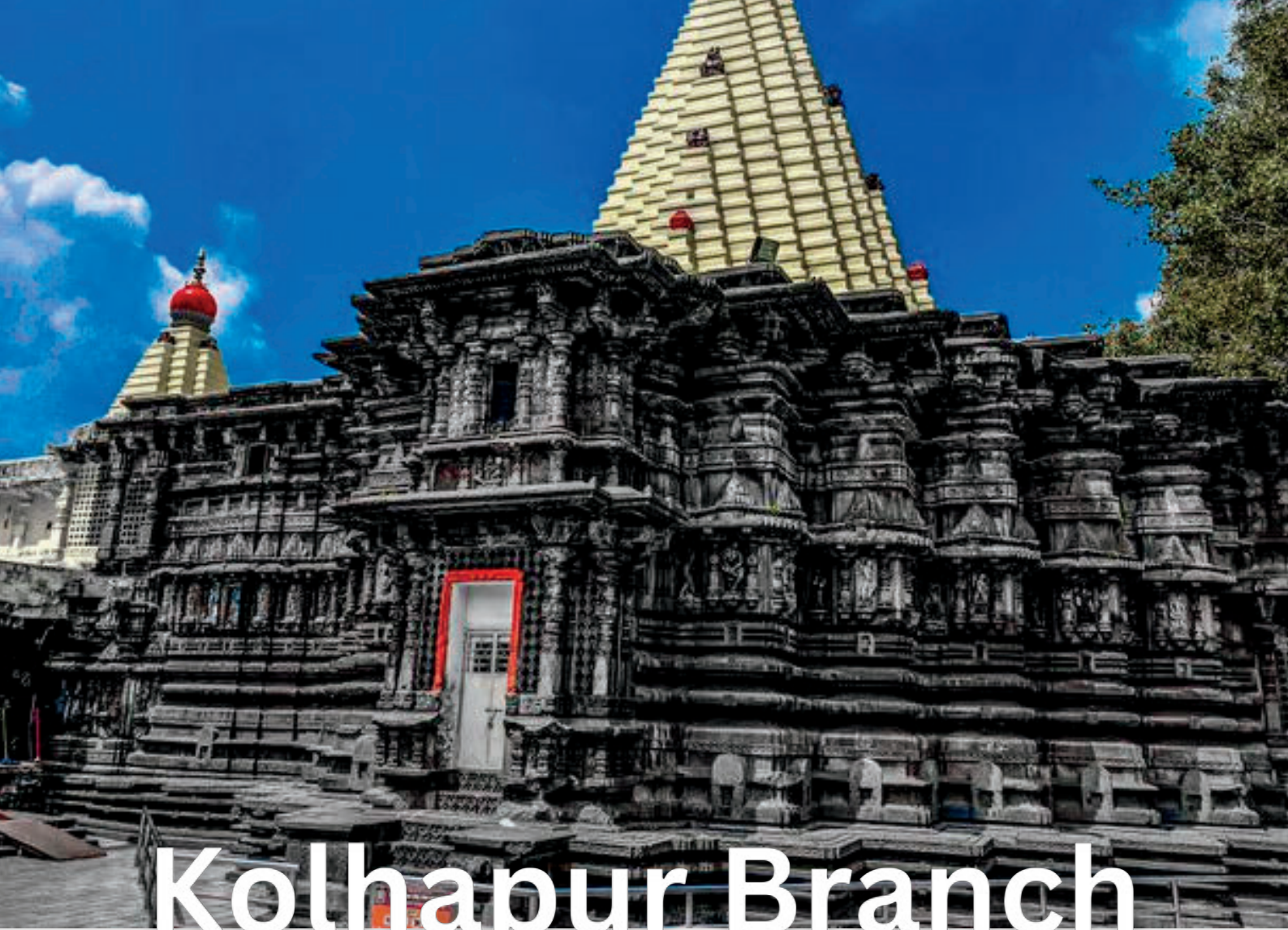
On the occasion of National Nutrition week, IAP Hingoli delivered a talk on Healthy life style and role of nutrition in prevention of obesity and malnutrition. A workshop was conducted in coordination with ICDS and Anganwadi workers. There were 50 participants & guidance was given by Dr. Nitesh Choudhary, Secretary IAP Hingoli. It was nice interactive session & parents were giving valuable advice about balance diet, exercise & healthy nutrition practices.



Activity 2.

On the occasion of Rational Antibiotic Day, IAP Hingoli took part in Mahaiap Rational antibiotic quiz for General Practitioners on 29th September 22. IAP Hingoli was the winner of quiz competition. From our side participants were Dr. Vithal Karpe, Dr. Deepak More, Dr. Santosh Pardesi, Dr. Balaji Bhaskar & Dr. Alok Guttu. Dr. Snehal Nagre sir has taken tremendous effort for success of Quiz.





Kolhapur Branch

DR KIMAYA NIRANJAN SHAH

Branch President



DR SHILPA S HIRUGADE

Branch Secretary

DR AJAY ASHOK SHINDE

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP Kolhapur

Activity 1. Journal Club 9.07.2022

Dr. Narendra Naivadekar Presenting - "Association of Child Neurology [AOCN] Consensus Statement on The Diagnosis & Management of Febrile Seizures".

Dr. Parna Yeswant Presenting - "Nephrotic Syndrome" 28 paediatricians attended this Journal Club Activity followed by breakfast



Activity 2.

BLS AND CPR week.

Training of CPR was imparted at Shivaji University, by instructors Dr. Naivadekar, Dr. Gavade, Dr. Shah, Dr. Deepika and Dr. Sushmita



Activity 3
CPR training
imparted to
police

Training done at SP
office by Dr. Patil, Dr.
Gavade, Dr. Kulkarni



Activity 4
CPR training

Training done at Alankar
Hall SP office by Dr.
Nanivadekar, Dr. Patil, Dr.
Kulkarni, Dr. Shah

Activity 5
CPR training

Training done at Alankar
Hall SP office by Dr. Patil,
Dr. Kulkarni, Dr. Gavade



Activity 6

CPR training imparted at collector office

Training imparted by by Dr. Nanivadekar, Dr. Girwalkar, Dr. Naik, Dr. Shah



Activity 7

CPR training imparted at collector office

Training imparted by by Dr. Nanivadekar, Dr. Patil & Dr Naik



Activity 8

CPR training imparted at Bachani Junior College

Training imparted by Dr. Nanivadekar, Dr Naik, Dr. Hirgude, Dr. Patil



Activity 9

CPR training imparted at Shivaji University

Training imparted by Dr. Nanivadekar, Dr. Girwalkar, Dr. Shilpa, Dr. Patil



Activity 10

Media Coverage of CPR training

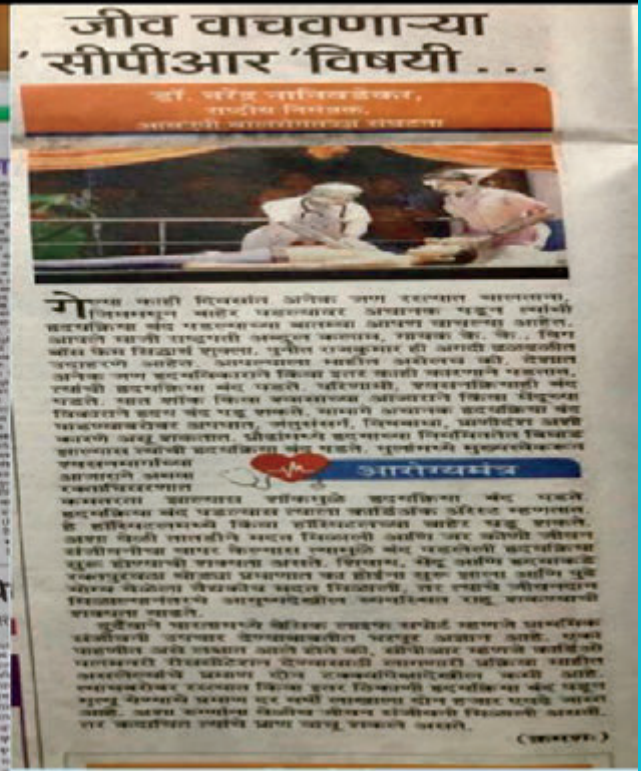
Media Coverage



**संवाद-प्रतिवाद मध्ये आज रात्री 10 वाजता पहा,
हृदय अचानक बंद पडले तर करायचे प्रथमोपचार**
सहभाग: डॉ. नरेंद्र नानिवडेकर, डॉ. किमया शाह, डॉ. निवेदीता पाटील

पुनःप्रक्षेपण पहा:

मंगळवार दि. 19 रोजी सकाळी 10 वाजता आणि बुधवार दि. 20 रोजी रात्री 8 वाजता,
बी मूव्हीज (चॅनल क्र. 101 वर)



Activity 11
16th July 2022

PG Clinic and case presentation

CVS case presented by resident Dr. Priyanka. Event was moderated by Cardiologist Dr. Akshay Bafana and Pediatrician Dr Mandar Patil.

Activity 12
27th July 2022
Clinical Meet



Activity 13

ORS training



Activity 14

ORS training at ESIS hospital

Nurses and patients are trained regarding formation and usage of oral rehydration solution...(जलसंजवनी)



Activity 15

ORS Day Celebration at IGM Hospital Ichalkaranji



अतिसारातील मृत्यू टाळण्यासाठी जलसंजीवनी उपयुक्त: डॉ. मिरगुंडे

कोल्हापूर, ता. १७ : लहान मुलांमध्ये हगवण किंवा अतिसाराच्या आजारात बाल मृत्यू होण्याचे प्रमाण १३ टक्क्यांवर आहे. अशा स्थितीत 'जलसंजीवनी'च्या वापराने शुष्कता टाळून बाल मृत्यूचे प्रमाण कमी करता येणे शक्य आहे. याबाबत जागृती करण्याचा भाग म्हणून भारतीय बालरोगतज्ज्ञ संघटनेतर्फे २५ ते ३१ जुलै या काळात दरवर्षी 'जागतिक जलसंजीवनी आठवडा' व २९ जुलै हा 'जलसंजीवनी दिवस' पाळला जाणार आहे, अशी माहिती बालरोगतज्ज्ञ संघटनेचे जिल्हा सल्लागार बालरोगतज्ज्ञ डॉ. शिशिर मिरगुंडे यांनी दिली.

ते म्हणाले की, विशेषतः पाच वर्षांच्या आतील मुलांमध्ये 'हगवण' किंवा 'अतिसार' हे मृत्यूचे तीन नंबरचे कारण आहे. १३ टक्के मुलांच्या मृत्यूला हे कारण आहे. लहान मुलांची रोग प्रतिकारशक्ती

कमी असल्याने व तोंडात वस्तू घालण्याची सवय बाल्यावस्थेतील एक जडणघडणीचा भाग असते. यातून तोंडाद्वारे जंतुसंसर्ग होऊन हगवण किंवा अतिसार लागण होऊ शकते. हा सामान्य आजार असला तरी बाळाच्या शरीरातील पाणी वाया जाते व अति शुष्कता होऊन मृत्यूचा धोका उद्भवतो. बाळांच्या संडास अथवा उलटीतून कमी झालेले शरीरातील पाणी भरून काढल्यास शुष्कता उद्भवत नाही व मृत्यूचा धोका टळतो. त्यासाठी 'जलसंजीवनी'चा वापर हा मानव जातीसाठी मागील शतकातील सर्वोत्कृष्ट शोध मानला जातो. जल संजवनीमुळे मुलांची रोग प्रतिकारशक्ती सुधारण्यास मदत होते. त्यामुळे 'झिंक व जलसंजीवनी-- जोडी नंबर एक' असे घोषवाक्य यंदाच्या सप्ताहासाठी भारतीय बालरोगतज्ज्ञ संघटनेने घोषित केले आहे."

Activities for the month of August

IAP
Kolhapur

Activity 1.

World Breastfeeding Week Celebration

WBW Celebration at CPR...with quiz for nursing staff, role play by nursing students and health talk on breastfeeding and human milk donation followed by pledge by all staff and mothers



Activity 2.

For Promotion of breast feeding, health talk arranged at Panchaganga Hospital



Activity 3

World Breastfeeding Week Celebration

At Seva Rugnalay, Bawada



Activity 4

World Breastfeeding Week Celebration, at ESIS Hospital



Activity 5

For Promotion of breast feeding, health talk arranged at Indira Gandhi Hospital Ichalkaranji



Activity 6

World Breastfeeding Week Celebration

Savitribai Phule Hospital



Activity 7

World Breastfeeding Week :

Kolhapur Branch IAP conducted quiz on breast-feeding for post graduate students. 4 teams participated in it.



Activity 8

Online Media Coverage

For mass awareness and promotion of breast feeding, we conducted public forum for parents and mothers. Almost 78 parents and mothers attended it and many more visited our KAP you tube link.



Activity 9

Breast feeding and awareness at Ayurvedic and Nursing College Kodoli



Activity 10

Journal Club 13th August 2022

Speaker- Dr. Pournami M.K. & Dr. Amol Girwalkar
22 pediatricians attended this activity followed by breakfast



Activity 11

CLINICAL MEETING 24th August 2022

Speaker- Dr Akshay Shivachhand..

Dr Akshay guided on different difficult presentation of pediatric malignancies and team approach for it's management. Approximately 43 pediatricians attended it followed by dinner



Activity 12

NC - ECD Workshop 28th August 2022

27 delegates from Kolhapur, Sangli and Ichalkaranji attended the workshop.



KOLHAPUR ACADEMY OF PEDIATRICS
in Association with
DEPT. OF PEDIATRICS
D. Y. PATIL MEDICAL COLLEGE, KOLHAPUR

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(FOR FIRST 40 DELEGATES)
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VENUE
D Y PATIL HOSPITAL,
KADAMWADI,
KOLHAPUR

SUNDAY, 28 AUGUST, 2022
08 : 00 AM - 04 : 00 PM

<https://kap2020.in/event/ncecd>

DR. KIMAYA SHAH President, KAP
DR. SHILPA HIRUGADE Secretary, KAP
DR. AJAY SHINDE Treasurer, KAP



Activities for the month of September

IAP
Kolhapur

Activity 1.

KAPCON 2022 Regional Conference

178 pediatricians attended it offline and 90 pediatricians attended it online. Distinguished faculties from Bangalore, Dharwad, Mumbai, Sangali, Kolhapur enriched our pediatric knowledge with their great experience.



Activity 2.

"Early Detection and Early Intervention"
workshop arranged for Anganwadi Sevika

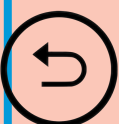
Workshop Attended by 139 Anganwadi Sevika's
and 10 Anganwadi Supervisors



Activity 3.

Nutritional Week Celebration

Healthy baby week Celebrated at Sewa hospital





Mumbai Branch

DR. RAJESH R CHOKHANI

Branch President



DR. NEHAL SHAH

Branch Secretary

DR. AMRUTA SALIL SHIRODKAR

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP Mumbai

Activity 1, 17.07.2022

Nurturing Awareness in Pediatric Sleep

Respiratory Chapter of Academy of Pediatrics Mumbai
Indian Academy of Pediatrics Mumbai
NH SRCC Hospital for Children

are organising

Nurturing Awareness in Pediatric Sleep - NAPS
Date: 17TH July 2022 from 8.30 am to 5 pm
Venue: Auditorium - NH - SRCC Hospital for Children 1, 1A, Keshavnagar Khadye Marg, Haji Ali, Haji Ali Government Colony, Mahalakshmi, Mumbai-34

2 MMC Credit points granted

Scientific Programme

Time	Topic	Speaker
8.30am-9am	Registration & Breakfast	
9-9.02am	Welcome Address	Dr Zubin Pareira
9-9.05am	Address from Medical Director & Head	Dr Sooma Udani
9.05-9.10am	Presidents Address	Dr Rajesh Chokhande
	Moderator	Dr Indu Khosla
9.10-9.30 am	15+ 5 min Introduction to the module. Why is Sleep important? The concept of Sleep Hygiene	Dr Indu Khosla
9.30-9.55am	23+ 10 min Infant Sleep and issues, Behavioral insomnia of infancy and Deep Coaching?	Dr Prakash Vaidya
10-10.30am	23+ 10 min Obstructive Sleep Apnea	Ms Lata Casturi
10.30-11am	23+ 10 min Complex OSA including obesity, neuromuscular diseases, genetic syndrome	Dr Sagar Warankar
11-11.15am	30+ 5 min CPAP and Bi-Level PAP	Dr Aayon Sengupta
11.15-11.30am	15mins Tea Break	
11.30-12pm	15+ 10 min Non respiratory sleep disorders including Parasomnias, sleep related movement disorders,	Dr Sanjay Bafna
12-1pm	11+ 10 min Restless legs syndrome & Hypersomnolence	Dr Prakash Vaidya
1-1.30pm	23+ 10 min Evaluation and diagnosis of a child with sleep problem	Dr Indu Khosla
1.30-2.20pm	50 mins Lunch	
2.20-3pm	35 mins Managing Sleep disorders in your practice - Open Discussion Case Based	
3.00-4.30pm	10mins Hands on Hooking a patient on the Lab	Mr Pankaj Arora
	30 mins Interpreting PSG'S	Ms Lata Casturi
	30 mins Setting up CPAP/BiPAP	Dr Aayon Sengupta
4.30-5.00pm	Valedictory Function & Distribution of certificates	
5pm	Tea	

IAP Mumbai, in association with Respiratory Chapter of Academy of Pediatrics, Mumbai organized a WORKSHOP on Nurturing Awareness in Pediatric Sleep NAPS at NH SRCC Hospital for Children Mahalakshmi, Mumbai on 17Th July 2022 from 8.30 am to 5 pm. It was a hands

on workshop that was attended by 50 delegates from across the city, Apart from pediatricians we had ENT surgeons, adult physicians, and Allergy specialists who attended the meeting.

There were lectures pre-lunch, post Lunch there was a fascinating session on case scenarios in sleep medicine. The hands on training included three sessions on How to hook a patient in the sleep lab, Initiation of CPAP/ BiPAP and Understanding and interpreting Polysomnography

The delegates thoroughly enjoyed this one day workshop.

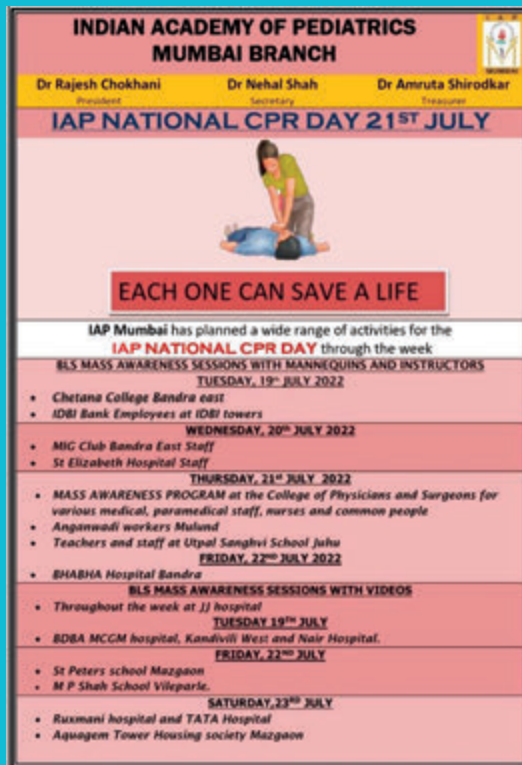
The faculty included Dr. Indu Khosla, Dr. Prakash Vaidya, and Dr. Sagar Warankar as sleep specialists. Dr Aayon Sengupta, intensivist enlightened the delegates on noninvasive ventilation.



We also had Ms Lata Casturi a sleep Technologist from the University of Texas for interpreting the polysomnograms, and Mr Pankaj Arora from Somnomedics to understand the details of the sleep lab..



Activity 2 21st July IAP National CPR day



The theme was "Each one can Save a Life" All of us know that CPR is known to save lives if given in the first few minutes and in a correct way after cardiac arrest.

The Indian Academy Of Pediatrics sensitised health care workers (Doctors, Nurses & Paramedics) as well as lay public about the basics of CPR .

The Indian Academy Of Pediatrics, Mumbai branch conducted many activities to celebrate the IAP National CPR week between 17-24 July, 2022. Be a HERO, Learn CPR, it works and it SAVES LIVES

IAP Mumbai celebrated the CPR Week from 17th July to 24th July at many places. A week full of activities dedicated to spreading awareness about Basic Life Support was thoroughly enriching and satisfying. As many as 20 different activities were conducted all over Mumbai to spread BLS awareness among medical professionals, para medical personnel and the common people. IAP Mumbai was successful in spreading BLS awareness to over 1100 people through the entire week. IAP Mumbai conducted mass awareness sessions for the general public, students at Chetana college, staff at MIG Cricket Club and employees of IDBI Bank. We conducted BLS awareness sessions in schools like Utpal Sanghvi school and M P Shah school for teachers and other staff members. These sessions were organised by Nanavati Max Super Speciality Hospital. In multiple hospitals all over Mumbai including JJ hospital, Nair hospital, Bhabha hospital, BDBA Shatabdi hospital, Ruxmani, Tata memorial, St Elizabeth hospital, Fortis Hospital, Kokilaben and Lilavati hospital, BLS awareness and hands on skills experience was imparted to resident doctors, nurses, other hospital staff and in few places also patient relatives. Anganwadi workers at Mulund were also given BLS awareness at a separate session arranged by Fortis Hospital. On 21st July, CPR day, a mass awareness session for the general public was held by IAP MUMBAI along with IAP Navi Mumbai, IAP Thane and College of Physicians and Surgeons at CPS, Parel. The program was attended by people from different fields including nurses, students, security personnel, hotel staff, fire brigade workers, police constables and other common people. More than 150 people participated in this hugely successful program, which was also covered by print media and TV channels. The response to the sessions at all places was overwhelming. We sincerely thank all our members who were actively involved in making this CPR Week a huge success. Their enthusiasm was extremely vital for the successful implementation of the program through the week.



Activitiy 3. Media Coverage



राष्ट्रीय सीपीआर दिनात्मित इंडियन अकैडमी ऑफ पीडियाट्रिशियन आणि फिजिशियन व सर्जन कॉलेज, मुंबई यांच्यातर्फे परळ येथे गुरुवारी या सीपीआरबाबत जनजागृती कार्यक्रम आयोजित करण्यात आला होता. चामध्ये सीपीआरचे प्रशिक्षण देण्यात आले.

CPR से बच सकती है जान

लोगों को जागरूक कर रही है इंडियन अकैडमी ऑफ पेडियाट्रिशियन

■ **निरं, मुंबई :** देश में हर एक मिनट में 112 लोगों को कार्डियक अरेस्ट आते हैं। गोल्डन ऑक्स में कार्डियोलॉजी रिजिस्ट्रेशन (सीपीआर) जैसे वैश्विक स्टाफ सपोर्ट देकर उसकी जान बचाई जा सकती है। लेकिन सीपीआर क्या है? इससे कई लोग अनजान हैं। सीपीआर को लेकर लोगों में जनजागृति करने के उद्देश्य से इंडियन अकैडमी ऑफ पेडियाट्रिशियन और फिजिशियन एंड सर्जन के संयुक्त तत्वावधान में प्रशिक्षण कार्यक्रम मुंबई स्थित पूरे देश भर में किया जा रहा है।

नेशनल सीपीआर डे के उपलक्ष्य में सीपीआर के प्रति लोगों को जागरूक करने और उन्हें प्रशिक्षण देना का बड़ा इंडियन अकैडमी ऑफ पेडियाट्रिशियन ने बीड़ा उठाया है। इसकी शुरुआत गुरुवार को डॉलिव और फिजिशियन एंड सर्जन के फीसर में प्रशिक्षण कार्यक्रम से की गई है। पूरे सप्ताह भर यह कार्यक्रम किया जाएगा। सेंट्रल इंडियन अकैडमी ऑफ पेडियाट्रिशियन की सदस्य डॉ. वेता वर्मा ने बताया कि देश भर में अकैडमी को और से सीपीआर को ट्रेनिंग दी जा रही है, ताकि समय पर लोगों की जान बचाई जा सके। हर मेडिकल कॉलेज, स्कूल, बैंक अदि संस्थानों के कर्मचारियों को उक्त प्रशिक्षण दिया जाएगा। अकैडमी के मुंबई अध्यक्ष डॉ. वनेशा चोखानी ने



नेशनल सीपीआर-डे के मौके पर परले में सीपीआर प्रशिक्षण दिया गया, ताकि लोग अपना और अपनों का जीवन बचा सकें। केईएम और वाडिया हॉस्पिटल के कर्मियों सहित कई लोग इस प्रशिक्षण का हिस्सा बने।

बताया कि कार्डियोलॉजी रिजिस्ट्रेशन (सीपीआर) एक लाइफ सेविंग तकनीक है, जो हार्ट अटैक जैसी मेडिकल इमरजेंसी के दौरान अल्पविक मृत्युपूर्व मानी जाती है। अगर किसी व्यक्ति का हृदय गति रुक जाए और घर से हॉस्पिटल पहुंचने के दौरान सीपीआर जीवन रक्षक की तरह काम करता है। आम लोग इस ट्रेनिंग का हिस्सा बन सकें, इसके लिए अकैडमी प्रयत्नरत है। इस दौरान डॉ. गौरव भंसाली ने बताया कि रिपोर्ट के अनुसार देश में

हर एक मिनट में 112 लोग कार्डियक अरेस्ट का शिकार होते हैं। इनमें से 70 से 80 फीसदी लोग बचकर होते हैं, ऐसे में गोल्डन ऑक्स में इन्हीं वैश्विक स्टाफ सपोर्ट मिलाने से इनकी जान बचाई जा सकती है। इसलिए सीपीआर की जानकारी सभी तक पहुंचनी जरूरी है। गुरुवार को हुए प्रशिक्षण कार्यक्रम का केईएम अस्पताल की नर्सिंग, वाडिया अस्पताल के कर्मचारी, आम युवा अदि हिस्सा बने। इन्होंने सीपीआर के तौर-तरीकें सीखने से सीखे।



क्या है सीपीआर

सीपीआर को कार्डियोलॉजी रिजिस्ट्रेशन कहते हैं। अगर किसी कारणवश कोई व्यक्ति गैरजाने गब हो और उसके दिल की धड़कने बंद हो गईं हो या पल्स नहीं चल रहा हो, तो ऐसी स्थिति में सीपीआर ही दी जाती है। इसकी मदद से मरीज को खस लेने में सहायता मिलती है। दरअसल, सीपीआर देने के दौरान हार्ट और ब्रेन में ब्लड सप्लायेशन में सहायता मिलती है। सीपीआर की मदद से व्यक्ति को एक नया जीवन भी मिल सकता है।



Activity 4 19th July

A Basic Life support awareness program

A Basic Life support awareness program was held for Chetana College Bandra east students on 19th July 2022. The program was held as part of IAP National CPR Week celebrations. The program was conducted by Dr Rajesh Chokhani, Dr Amruta Shirodkar and Dr Reepa Agarwal. The students were imparted with the knowledge of basic life saving skills. They were also allowed to practice chest compressions in the mannequins. It was a very enriching program with active audience participation.



Activity 5 20th July

A Basic Life support awareness program



As a part of National CPR Week celebrations a BLS awareness session was held for the staff and employees of MIG Club at Bandra east on 20th July 2022. The session was conducted by Dr Rajesh Chokhani, Dr Amruta Shirodkar and Dr Reepa Agarwal. The session was attended by 50 staff members of different departments of the club. It was very interactive session. Attendees were allowed to practice BLS skills on mannequins. Many of the attendees showed interest in pursuing a certified BLS course.





Activity 6. 19 - 22 July

CPR Awareness at Lilavati Hospital



CPR awareness was conducted at Lilavati hospital for health care workers by Dr Sheikh Minhaj Ahmed

at Lilavati Hospital
 19/7/2022 32 participants
 20/7/2022 33 participants
 22/7/2022 34 participants

Activity 7. 19 - 22 July

CPR Awareness at Bandra Hospital

CPR week activity was conducted at Bandra Bhabha Hospital by Instructors Dr Nupur and Dr Sheikh Minhaj Ahmed. There were more than 50 attendees including nurses, resident doctors and senior doctors. CPR videos were shown and hands on training was given. The local Coordinator for the event was Dr Madhuri Kadam & team

There were 50 plus attendees including nurses residents and senior doctors



Activity 8

A Basic Life support awareness program

Dr Rajesh Kasla Conducted a 1 hour Video session for public awareness at BDBA Shatabdi MCGM hospital, Kandivali. This session was conducted in the OPD waiting area of the hospital. Approximately 150 people attended including Staff Nurses & paramedical staff of the hospital. Dr Pratima Patil Superintendent, Dr. Weling & Dr. Prajakta Joshi were present for the same.



Activity 9 19th July

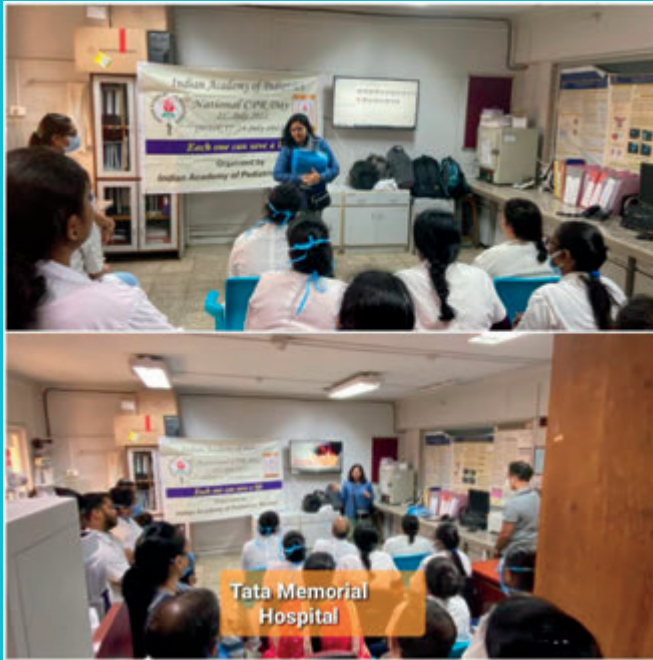
A Basic Life support awareness program



BLS training was organised on 19th July at IDBI tower for IDBI employees. Dr Bal Mukund was the BLS instructor. Around 60 people attended the session. There was a lot of interaction from the employees with many clarifying their doubts about CPR. Most of them came forward to practice on the mannequin. Many senior level officers also attended it



Activity 10. 23rd July at CPR Awareness at Tata Memorial Hospital



Dr. Reepa Agarwal conducted CPR awareness on 23rd July at Tata Memorial Hospital, Parel. More than 30 participants including doctors, scientific officers, and lab technicians of the Hematology, Molecular Pathology, and Biochemistry department.

Activity 11. 20th July CPR Awareness at St Elizabeth hospital



Dr. Muthulaxmi conducted BLS and CPR awareness program on 20th July with mannequins at St Elizabeth Hospital for residents and nursing staff.



Activity 12 19th July

CPR awareness session at Nair Hospital

CPR awareness session was conducted at Nair Hospital by Dr. Sushma Save on 19th July. 2 batches of Nursing students 2nd year and 3rd year with 100 students per batch with their sister tutors participated in the session.



Activity 13

A Basic Life support awareness program



BLS awareness was conducted at Fortis Hospital, Mulund (IAP National CPR day). It was attended by 100 nurses and people from security and housekeeping. CPR training BLS was also conducted for discharge patients' relatives. BLS skills training was also imparted in a separate session for residents.



Activity 14. 23rd July at CPR Awareness at JJ Hospital



BLS Awareness program for Pediatric residents was conducted at JJ Hospital by Dr. Bela Verma on 20th July. BLS Awareness session was also taken for ward nurses, ward boys, and aayas. CPR videos were shown at JJ hospital throughout the CPR week.

Activity 15. 21st July CPR Awareness at Schools



School BLS awareness sessions for teachers and staff were held at Utpal Sanghvi School, Juhu and at M P Shah School, VileParle West by Nanavati Max Super Speciality Hospital on 21st July.



Activity 16 21st July School BLS awareness sessions at schools



School BLS awareness sessions for teachers and staff were held at Utpal Sanghvi School, Juhu and at M P Shah School, VileParle West by Nanavati Max Super Speciality Hospital on 21 st July.

Activity 17 21st July A Basic Life support awareness program

BLS awareness session was held on 21st July at Mulund Anganwadi , with Mulund area ANM along with RCMMS Rotary, IAP Mumbai, and Fortis Hospital Mulund together, at Anganwadi centre in Mulund west



Activity 18. 18 th July

CPR Awareness at Kokilaben Hospital



A simulation code was run and a training session on CPR for Pediatric doctors was conducted at Kokilaben hospital by Dr. Preetha Joshi on 18 th July

Activity 19. 21st July

CPR Awareness at CPS College Parel

On 21st July, CPR day, a mass awareness session for the general public was held by IAP MUMBAI along with IAP Navi Mumbai, IAP Thane and College of Physicians and Surgeons at CPS, Parel. The program was attended by people from different fields including nurses, students, security personnel, hotel staff, fire brigade workers, police constables and other common people. More than 150 people participated in this hugely successful program, which was also covered by print media and TV channels



Activity 20 ORS Week Celebration

JODI NO 1: ORS & ZINC
ORS Week was celebrated from 25th July to 31st July to create awareness about Oral Rehydration Salts in saving millions of lives. The theme for this year is "Jodi No 1 ORS & Zinc" ORS and Zinc together are known to decrease the duration and severity of diarrhoeal episodes. IAP MUMBAI planned and conducted many activities from 25th to 31st July to celebrate ORS WEEK. Reassure.. Rehydrate.. Recover
Team IAP MUMBAI

**INDIAN ACADEMY OF PEDIATRICS
MUMBAI BRANCH**

Dr Rajesh Chokhani (President), Dr Nehal Shah (Secretary), Dr Amruta Shirodkar (Treasurer)

ORS WEEK CELEBRATIONS
THEME: "JODI NO 1 ORS AND ZINC"

Oral Rehydration Salts (ORS)

IAP Mumbai has planned a wide range of activities to celebrate ORS week

MONDAY, 25TH JULY 2022

- Jingles and poem competition for Nurses at JJ Hospital
- ORS and diarrhoea awareness session at Mahatma Gandhi Municipal school, Bandra East for pre-primary parents.

TUESDAY, 26TH JULY 2022

- Jingles and poem competition for UG and PG students at Sion Hospital
- Basics in diarrhoea for Nurses at Nair Hospital
- ORS Awareness Session at the BKC slum with NGO Red Boys Foundation

WEDNESDAY, 27TH JULY 2022

- Basics in diarrhoea with clinical scenarios for PG students at Nair Hospital.
- Poster competition for UG/PG students and Nurses at KEM Hospital.
- ORS Awareness Session for Anganwadi workers at the Centre for Study of Social Change (CSSC)

THURSDAY, 28TH JULY 2022


- Skit/Street play for nurses at Nair Hospital

FRIDAY, 29TH JULY 2022

- ORS day celebration with felicitation of all winners at IAP Mumbai Office

Activity 21 Jingles And Poem Competition for Nurses





The ORS Week 2022 celebrations started with the Jingles And Poem Competition for Nurses organised by Indian Academy of Paediatrics , Mumbai in association with the Department of Pediatrics, Grant Govt. Medical College, Sir JJ Group of Hospitals, Mumbai on 25 th July 2022. The theme for this year was: was:“Jodi No.1 ORS and Zinc” A total of 9 groups participated in Jingles and there were 7 participants for the poem competition from various teaching institutions across Mumbai. The event was organised and conducted at JJ Hospital by Dr. Sushant Mane, Associate Professor in the Department of Pediatrics. The Judges for the competition were Dr. Preeti Lewis, Associate Professor in the Department of Obstetrics & Gynaecology and Dr. Nilanjana Guha Niyogi, Associate Professor in the Department of Biochemistry from Grant Medical College. The event started with introductory remarks by Dr. Sushant Mane, who also briefed the audience and participants about the rules of the competition. The participants were judged based on their ideas & concepts, presentation, creativity and relevance to the theme.

The event was as entertaining, as it was informative and was enjoyed by one and all. The program ended with announcement of winners of both the competitions. Winners of Jingles Competition:

1 st Prize: Vaibhavi Bhalerao & team, B.Y.L. Nair Hospital

2 nd Prize: Madhuri & team, Ward NO.40, JJ Hospital

3 rd Prize: Prabhadevi Nikam & team, Institute of Nursing Education, JJ Hospital

Winners of Poem Competition:

1 st Prize: Neha Kirtikar , Institute of Nursing Education, JJ Hospital

2 nd Prize: Nilam Pawar, Ward NO.40, JJ Hospital

3 rd Prize: Varsha Khade , KEM Hospital



Activity 22

ORS and Diarrhoea awareness sessions

On occasion of ORS Week celebrations IAP Mumbai held an awareness session for pre primary parents of Mahatma Gandhi Municipal School at Bandra east. The session was conducted by Dr Amruta Shirodkar and Dr Noella Pereira. 65 parents attended the interactive and informative session. Parents were shared with information of diarrhea and its management including use and importance of ORS. The session was well appreciated and many queries of the parents were answered.



Activity 23

Jingles And Poem Competition for UG and PGs



Lokmanya Tilak Municipal Medical College and General Hospital conducted Jingle and Poem competition for undergraduate and postgraduate on 26 th July 2022 as a part of ORS week celebration.

We had 2 eminent judges :

1. Dr Hemraj Inglae , HOD & Prof, Department of Adult Gastroenterology

2. Dr Sharmada Nerlekar Professor Department of Pharmacology

We had 6 participations from the Postgraduate group and only 1 entry from the Undergraduate group.

Following are details of the participants:

PG jingle and POEM competition participants

Jingles:

1 Team of 3 members:

Dr Asheesh Tiwari, Dr Mamta Mali and Dr Manisha tiwari

Winner : 1ST prize Poem : Dr Suni

Winner : 1st prize Dr Rutuja badge

Winner : 2nd prize Dr Asma Azad

UG jingle and POEM competition participants

Poem : Bhoomi Bhusare Winner : 1st prize

Activity 24

Basics in Diarrhea for Nurses at Nair Hospital



During the ORS Week Celebrations 2022, (25 th to 31 st July 2022) we at the department of pediatrics in collaboration with IAP Mumbai conducted the following activities: Nurses Program: CME on “ Acute Watery Diarrhea ” on 26 th July 2022 at 1.30 4.00 pm. A brief introduction was given by Dr. Sushma Save, Professor Addl and this was followed by a talk. The lecture was taken by Dr.Sushma Save, Professor Additional , and she talked on Acute Watery Diarrhea



Activity 25

Poster competition for Nurses, UG and Pg students at KEM Hospital



ORS poster competition for Nurses and PG students was held at KEM hospital. There were 35 posters by nurses and 8 posters by PG students.

The winners were

Nurses

1. Uchita Anil Gaikwad JJ hospital
2. Karishma Sakharam Pimpale KEM
3. Nikita Bhaskar Sawant KEM

PG Students

1. Tushar Ambedare
2. Monali Rasal
3. Rahi Sanap

The judges for the event were

- Dr. Mrudula Solanki (Prof PSM dept)
Dr R.K.Vaswani (Prof Pediatrics department)



Activity 25

Poster competition for Nurses, UG and Pg students at KEM Hospital



As a part of ORS WEEK celebrations IAP Mumbai held an awareness session on ORS for the social workers of CSSC (Center for the Study of Social Change) at BKC on 27th July 2022. 60 social workers of the welfare institute including anganwadi workers and social workers of the WIN (Women of India Network) clinics attended the session. The session was preceded by a skit on importance ORS by the social workers which was very nicely presented. An interactive session was conducted by Dr Rajesh Chokhani and Dr Amruta Shirodkar with expert advice from Dr Ramesh Potdar sir who is the Director and President CSSC. The session was informative and well appreciated.



Activity 26

Skit/Street Play for Nurses at Nair Hospital



Skit Competition For Nurses: was held on 28 th July 2022 at Nair Hospital in OPD Foyer. Five colleges had taken part & the Competition was based on the theme “Jodi No 1ORS and Zinc”. The judges for the same were Principal Of the School Of Nursing, Sister Sneha Pednekar , and Sister Tutor of Community Medicine Shobha Kamble (Nair Hospital). The Competition was very tough & judges had major task to perform. The winner was team from Nair Hospital.

Activity 27

ORS Day Celebration (felicitation of winners) at IAP Mumbai office, Sion



ORS WEEK celebration and felicitation of the ORS competition winners was held at the IAP MUMBAI Sion office on 29th July. The audience was welcomed by Dr. Amruta Shirodkar. Dr Sushma Save gave a brief information of the events conducted throughout the week. After that there was performance of all the prize winning performances including a poem, jingle and skit by nurses. Following this, there was certificate and prize distribution to all the winners by Dr Sushma Save, Dr Amruta Shirodkar, and Dr Shrikant Jamdade





Activity 28

Pediatric Teaching Files

A session was conducted on 19 th July by Dr Tushar Maniar . He discussed the topics Approach to persistent pneumonia and Approach to a child with constipation.



Activity 29

MAHAIAP Case Challenge

IAP Mumbai participated in the MAHAIAP Case Challenge event on 15 th July. The Mumbai team comprised of Dr Vinay Mishra, Dr Rajesh Kasla and Dr Nilesh Savla . They were asked to opine on a case presented by expert moderator Dr Anand Deshpande, and they actively discussed the various possibilities at various stages as the case unfolded.



Activities for the month of August

IAP
Mumbai

Activity 1. 1st August

WORLD BREASTFEEDING WEEK ACTIVITIES T K J SOMAIYA MEDICAL COLLEGE AND HOSPITAL

Street play based on the theme of World Breastfeeding Week 2022 --“Step up Breastfeeding: Educate and Support” was performed in Pediatric Ward and Postnatal ward of OBGY Department by students of K. J. Somaiya School & College of Nursing.



Activity 2: 3rd August 2022

Health talk in Well Baby Clinic

Health talk in Well Baby Clinic about Advantages of Breastfeeding by Dr. AlpaBhosale, Assistant Professor in Department of Pediatrics .



Activity 3 4th August

Health talk and training of Interns at Urban Health training Centre at Vidyavihar

Health talk and training of Interns at Urban Health training Centre at Vidyavihar by Dr. Alpa Bhosale, Assistant Professor. Pediatrics

Activity 4 5th August

Health talk on Importance of Breastfeeding

Health talk on Importance of Breastfeeding to mothers and family members in High Risk Clinic by Dr. Sujata Kanhere (Professor HOD) Department of Pediatrics & Neonatology.

Activity 5 5th August

Interactive session with mothers

Interactive session with mothers in High Risk Clinic on 'Step up Breastfeeding: Educate and Support' by Staff Nurse Ms. Shreya B. Sawant, Mrs Megha Social Worker of Community Medicine, Dr. Alpa Bhosale & Dr. Sujata Kanhere



Activity 6: 6 th August

Inauguration of Poster walk

Inauguration of Poster walk by Dr. Sujata Kanhere , President MBPC 2022 24 and Prof HOD, Department of Pediatrics & Neonatology, K. J. Somaiya Medical College & Hospital



Activity 7: 6 th August
Poster competition for Pediatric Residents/ Interns Nursing students was conducted on this year's World Breastfeeding Week theme "Step up Breastfeeding educate and support"

Winners of the Poster Competition were as follows:

A. Doctors Category:

1st Prize Dr. Rushali Bhingare (Intern)

2nd Prize Dr. Ravina Samanta (Post graduate Student) & Aditi Advilkar (Intern)

3 rd Prize Dr. Muskaan Bhandari

B.Nursing Students Category:

1st Prize Ms. Sushrusha G. Dalvi (F.Y.

2nd Prize Ms. Shreya N. Gawade F.Y.Bsc Nursing).

3 rd Prize Ms. Meghna S. Gaikwad (F.Y.Bsc Nursing).

The events were coordinated by Dr Alpa Bhosale, Assistant Professor, Dept of Pediatrics & Neonatology.



Activity 8:

WORLD BREASTFEEDING WEEK ACTIVITIES FORTIS HOSPITAL, MULUND

Fortis hospital Mulund celebrates breastfeeding week from 1st August to 6th August 2022. The week was celebrated with great enthusiasm combined with a variety of activities.

On Day1&2 Sessions were taken Dr Jesal Sheth and Dr Sameer Sadawarte for nurses, doctors and other employees of Fortis on the Importance of breastfeeding and How to support a mother to breastfeed her child. Also small awareness session was conducted for ANC mother's in the OPD.

On Day 3 Poster making competition on the theme "Step Up breastfeeding: Educate and Support" was organised where employees of all the departments showcased their talent. On day 4 A exhibition on "All About Breastfeeding" was displayed at the main reception near the ANC OPD area for all by the nurses working in Maternity, Pediatric and Neonatal ICUs.

On day 5 A session was conducted for all the nurses working in Maternity and Pediatric departments on importance of Breastfeeding and How to counsel a mother on lactation and encouraging her for exclusive breastfeeding was conducted by Dr Sonal Kumta (Gynaecologist & Obstetrician)



Activity 9: 6 th August

BREASTFEEDING WEEK QUIZ AT NANAVATI HOSPITAL



A quiz on breast-feeding for Pediatric and OBGY residents was conducted at Nanavati Hospital on 6 th August 2022. 7 residents participated in the quiz. The top two residents were awarded winner certificates and participation certificates were given to all. The quiz was conducted by Dr. Amruta Shirodkar and Dr. Jagruti Sanghavi ..

The quiz questions were provided by Dr. Nagalatha from Bangalore. IAP Mumbai acknowledges her valuable contribution.

Activity 10

BREASTFEEDING POSTER COMPETITION AT KOKILABEN HOSPITAL

World Breastfeeding Week 2022 was celebrated at Kokilaben Dhirubhai Ambani Hospital Andheri under able leadership of Dr Preetha Joshi. Poster competition to promote Breastfeeding had 109 participants competing for top three prizes. A Quiz competition on Breastfeeding and Jingle competition was also conducted to cap off the WBW 22 celebrations.



Activity 11:

BREASTFEEDING AWARENESS FOR MOTHERS OF A SLUM AREA AT BKC IN ASSOCIATION WITH NGO RED BOYS FOUNDATION

As a part of World Breastfeeding Week (WBW) 2022, IAP MUMBAI conducted an awareness session for the mother's at BKC slum area in association with Red Boys Foundation on 3rd August 2022. The session was conducted by Dr Amruta Shirodkar and Dr Shruti Gandhi.

35 mothers attended the informative and interactive session where many doubts, myths of breastfeeding were cleared and benefits of the same explained



Activity 12:

BREASTFEEDING AWARENESS AT JAWAHAR NAGAR AANGANWADI CENTER IN ASSOCIATION WITH CSSC



IAP Mumbai conducted an awareness session on 4th August 2022 for Anganwadi workers and mothers on the occasion of World Breastfeeding Week at Jawahar Nagar Ganesh Krupa Anganwadi centre, Khar East in collaboration with CSSC (Centre for Study of Social Change). The session was conducted by Dr Amruta Shirodkar, Dr Sikha Agarwal, and Dr Reepa Agarwal. 70 women participated in this very interactive session which explained the benefits of breastfeeding as well as cleared many myths. A skit demonstrating the advantages of breastfeeding was also performed by the Anganwadi workers.



Activity 13

BREASTFEEDING AWARENESS AT GULSHAN NAGAR AANGANWADI CENTER IN ASSOCIATION WITH CSSC

IAP Mumbai conducted an awareness session on 4th August 2022 for aanganwadi workers and mothers on the occasion of World Breastfeeding Week at Gulshan Nagar Bandra East in collaboration with CSSC (Center for Study of Social change).



The session was conducted by Dr Amruta Shirodkar, Dr Sikha Agarwal and Dr Reepa Agarwal. 30 women participated in this interactive session which explained benefits of breast feeding as well as cleared many myths

Activity 14

BREASTFEEDING AWARENESS AT VAISHALI NAGAR AANGANWADI CENTER IN ASSOCIATION WITH CUDDLES AND CARE HOSPITAL



To celebrate World Breastfeeding Week 2022 Cuddles n Cure Childrens Hospital Mulund nurses performed a street play and we discussed the benefits of early and exclusive Breastfeeding with health workers, pregnant mothers, new mothers, and families with the help of local Medical Officer Dr. Pallavi Gogte MCGM



Activity 15:

BREASTFEEDING AWARENESS AT NARAYAN NAGAR KURLA

On occasion of breast feeding week 2022 , as per the theme "Step Up for Breastfeeding: Educate and Support" Dr. Neha Nabar from Shatabdi Hospital, Govandi has taken a small educational session for families from Narayan Nagar, Kurla (West) to explain about the boons of breast feeding.



Activity 16, 14th Aug:

Advanced NRP program (Neonatal Resuscitation Program, First Golden Minute Project)

IAP Mumbai conducted the Advanced NRP program (Neonatal Resuscitation Program, First Golden Minute Project) at Fortis Hospital, Mulund on 14th August 2022 under the banner of IAP NNF NRP FGM project. Eminent faculty like the National Coordinator Dr Somshekhar Nimbalkar , West Zonal Coordinator Dr Akash Bang, State Coordinator Dr Anjali Otiv made it a unique program. The other faculties were Dr Neelesh Anand, Dr Sameer Sadawarte and Dr Omprakash Jamadar. Dr Sameer Sadawarte, EB member of IAP Mumbai was local Course Coordinator and Dr Akash Bang was the lead faculty. Dr Vinay Mishra, also an EB member of IAP Mumbai was the observer faculty. 31 delegates participated in Advanced NRP workshop. Apart from Pediatricians , 1 Anesthesiologist and 5 Nurses working actively in neonatal care also participated in the workshop. All the delegates except one passed in post test assessment and will be eligible to get Advanced NRP certificate. We thank Fortis Hospital, Mulund Central IAP and IAP NNF NRP FGM for successfully conducting the workshop.





Activitiy 14

POINT Module (Pyrexia of Infections Non Infections and Treatment) on 21st August 2022

IAP Mumbai conducted the POINT Module (Pyrexia of Infections Non Infections and Treatment) under the IAP Action plan 2022 on 21st August 2022 at Hrezzo Restaurant, Ghatkopar. The faculty for the module were Dr Suhas Prabhu (Mumbai), Dr Vijay Yewale (Navi Mumbai), Dr Atul Kulkarni (Solapur) and Dr Sadachar Ujlambkar (Nashik). It was a very interactive and informative program. The topics that were discussed in the module included Approach to fever, Common bacteria causing fever, Typhoid Fever, Scrub Typhus, Febrile neonate and Inflammatory fever. Fever management was also discussed and this was followed by 4 different case scenarios of fever which were presented by the delegates and discussed by the faculty.

Dr Bipin Shah and Dr Amruta Shirodkar coordinated the program.





Activitiy 16, 17th Aug:

35th IAPPediatric Quiz for Undergraduates

The 35th IAP UG Quiz Divisional round was conducted on 17th August 2022 at LTMMC & GH in Dhanwantari Hall.

Divisional quiz co ordinator : Dr. Sanjeevani Masavkar

Quiz master: Dr. Aditi Dharap , Dr. Apurva Shah, Dr. Amarinder Oberoi, Dr. Darshan Hegde

Scorer: Dr. Prathamesh Khedkar

Time keeper: Dr. Manjunath Ramaswamy Other team members: Dr. Aishwarya Parmare , Dr. Akif Parmar

We had a total of 9 participant teams. Four of them were selected for the final quiz rounds after conducting elimination round.

We had to conduct two tie breaker rounds.

The **finalist college teams** were:

A. RGMC, Kalwa

B. H.B.T.M.C and R.N. Cooper Hospital

C. LTMMC and LTMGH

D. Seth GSMC and KEM Hospital

The **winning team** was **Seth GSMC and KEM Hospital** with a total of 80 points. The runner up team was H.B.T.M.C and R.N. Cooper Hospital with a total of 75 points. Cash grant was given by Indian Academy of Pediatrics from which Rs. 2000/ and Rs. 1500/ were given to the winning team and runner up team as reward. The quiz was a great success with excellent participation!



Activity 18

IAP Divisional Quiz

The quiz conducted on 25 th August 2022 from 9:30 am to 12:30pm at T.N.M.C. & B.Y.L. Nair Hospital. Hospital..6 colleges participated, KEMH , LTMMC Sion, Goa medical College, Niar Medical , Cooper Hospital, Dy Patil Hospital. An Elimination round of 20 question was taken and a tie breaker of 5 questions was held between DY Patil Hospital and LTMMC The winner team was Goa Medical College. The Runner up team was LTMMC. Total Participants 12 from 6 colleges Audience of 60 Observer: Dr Surbhi Rathi H.O.D Pediatrics and Dr Sushma Save, Zonal coordinator for Quiz and MBIAP



Activities for the month of September

IAP
Mumbai

Activity 1.

NATIONAL NUTRITION MONTH CELEBRATION AT JJ HOSPITAL

A healthy diet is the most essential key to all successful health and healing". The National Nutrition Week is celebrated each year from the 1st to 7th September all over India. The main aim is to increase the awareness of a nutritional diet and its impact on optimal physical and mental health. The theme for this year is "Celebrate a World of Flavours". The Department of Pediatrics at the Sir JJ group of hospitals, Mumbai celebrated the National Nutrition Week on September 1. Dr Bela Verma and the staff nurses of the Pediatric Department conducted health awareness talks for the patients and their relatives on the importance of balanced nutrition on their overall health and development. They educated them about the different varieties of food and their nutritional values. Poster talks and practical demonstrations of healthy food plates made the sessions very interactive and interesting.



Activity 2.

NATIONAL NUTRITION MONTH CELEBRATION AT SRCC HOSPITAL



The Clinical Nutrition and Dietetics Department at the SRCC Children's hospital managed by Narayana Health in association with IAP Mumbai celebrated the National Nutrition Month / Poshan Maah through the

month of September 2022. Various activities were organised for patients, caretakers and staff to spread the message of experiencing various tastes in ones daily diet, to include a diverse diet on a daily basis and to have a balanced diet. Activities included

- 1) Masterchef Taste Test challenge
- 2) Microgreens workshop how to grow and use microgreens.
- 3) Reel making contest --"What food means to
- 4) Diet Diversity for children and mothers talks conducted in wards and OPD for patients
- 5) Check your Diet Diversity pictorial handouts for patients to check their daily diet intake.

The entire program was coordinated by Ms Roshan Kore, Chief Nutritionist, SRCC Hospital, Mumbai.



Activity 3

NATIONAL NUTRITION MONTH AWARENESS SESSION AT AANGANWADI CENTER



On occasion of National Nutrition month, IAP Mumbai conducted a health talk on "Healthy nutrition and lifestyle" at Ganesh Krupa Aanganwadi center , Khar east on 19th September. The session was conducted in association with CSSC . The talk was

attended by over 55 women including aanganwadi workers and mothers. A few adolescents also attended the talk. The session was conducted by Dr Amruta Shirodkar. Healthy lifestyle including adequate nutrition with focus on various macro and micro nutrients was discussed. It was an interactive session with lot of audience participation. Healthy eating habits and ill effects of faulty diets was explained. Other aspects of healthy lifestyle including exercise and sleep were also discussed The session concluded with a vote of thanks by CSSC members.

Activity 4

Asthma Training Module (ATM)



IAP Mumbai in collaboration with the Respiratory Chapter of the Indian Academy of Pediatrics , organized the Asthma Training Module at BDDBA Shatabdi MCGM Hospital, Kandivli, Mumbai on the 11 th of September 2022.



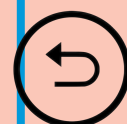
The course was a wholesome mix of lectures and workstations. 45 Delegates attended the interactive sessions giving a very detailed, yet very simple and clear approach to the management of wheezers under 5 years, in between 5-12 years, and over 12 years category. The lectures were followed by 3 parallel workstations on the actual demonstrations and practical tips to use the MDI with spacer, with and without face masks, DPI, use of Peak Flow Meter, Spirometry, and Nebulizers. The expert faculties were Dr Indu Khosla, Dr Rajesh Kasla, Dr Ketan Shah (Surat) and Dr Shilpa Hazare (Nagpur) The entire program was coordinated and managed by Dr Rajesh Kasla & Dr Rajaram Weling along with Team IAP Mumbai.

Activity 5.

AWESOME EMBICON 2022



The Annual Conference of IAP Mumbai was held on the 25th of September, 2022 at the CPS, Parel as Awesome Embicon 2022. “Academics With Excellence Science Only Minus Extravaganza” The conference was attended by 236 delegates. The theme of the conference was Enhancing Quality in Office Practice Keeping the theme in mind, the scientific sessions were conducted as an audience interaction with a team of an expert of the particular specialty system in question, with 2 moderators. Common Case based scenarios from multiple systems were discussed as FAQs and MCQs where the audience used voting pads to give their most logical answer. The answers were then discussed by the expert. There were Vaccines and Medicolegal Case Scenarios as additional sessions. There were Oral Paper presentations by 2 students and Poster Presentations wherein 48 students and consultants very actively participated in the competition.





Activity 6.

National Antibiotics Week



Pediatric department of Sir JJ group of hospitals, Mumbai in association with IAP Mumbai celebrated the " National Antibiotics Week " by organizing a Guest Lecture by Dr Suhas Prabhu Sir, the renowned Infectious Disease Specialist from Hinduja Hospital. The talk on Rational use of Antibiotics Think before you Ink, was excellently delivered by Dr Suhas Prabhu Sir, an Academician and Orator par excellence. The lecture was attended by the interns, postgraduate students, lecturers and professors of the Pediatric Department.





Nagpur Branch

DR. RAJKUMAR C KIRATKAR

Branch President



DR. PRITESH T KHATWAR

Branch Secretary

DR. MAHESH NATHUJI TURALE

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP
Nagpur

Activity 1

Nuturing Care for Early Childhood Development



AOP Nagpur successfully conducted CIAP module – NC ECD (Nuturing Care - Early Childhood Development) on 10.7.22 at IMA hall. More than 35 enthusiasts AOP members attended the day long interactive session with expert faculties - Dr Suchit Tamboli, CIAP EBM Dr Bela Verma, Dr Anurag Pangarikar, Dr Sanjay Deshmukh & our own Dr Dinesh Saroj & Dr Pankaj Agrawal. On behalf of AOP Nagpur, we are thankful to our dear president CIAP Dr Remeshkumar, HGS Dr Vineet, Dr Samir Dalwai & team NC ECD for giving this module to Nagpur. We are thankful to our CIAP EB Dr Sanjay Deshmukh, AOP Nagpur president Dr Kiratkar, Sec. Dr Pritesh K for their support



Activity 2 21st July PED ALLERCON 2022

On Friday 15th July the conference started with workshop on A. In VIVO Diagnosis of Allergy (SPT & PATCH Test), Kingsway Hospital, Nagpur B. Structural Assessment of Upper Airway in Allergic Patient (Nasal Endoscopy, Rhinomanometry & Radio- Diagnosis), Kingsway Hospital, Nagpur C. Pulmonary Function Tests (Spirometry & Oscillometry PFT), Kingsway Hospital. Nagpur 2. On 16th & 17th July – PED ALLERCON 2022

The national faculties who's address different topics in conference Dr Abhay K Shah, Dr Arif Ahmed, Dr Dhanesh Volvoikar, Dr Dhiren Gupta, Dr Dipti Pujari, Dr G V Basavaraja, Dr H Paramesh, Dr Jayant Joshi, Dr Jose Ouseph, Dr Kasyapi V Nagaraju, Dr Krishna Mohan R, Dr M Surendranath, Dr Mahesh Babu (US), Dr Mangayarkarshi S, Dr Mohit Poddar, Dr Nafil Abdul Majeed, Dr Narmadha Ashok, Dr Neeraj Gupta, Dr Nihar Ranjan Mishra, Dr Palak Shah, Dr Pendakur Anand, Dr Potluri Meghna, Dr Saibal Moitra, Dr Sandeep Golhar, Dr Shraddha Soni, Dr Sitesh Roy, Dr Sowmya Nagarajan, Dr Suhas Kulkarni, Dr T U Sukumaran, Dr Tarun Patni, Dr U Narayan Reddy, Dr Vikram Patra, Dr Vinay Mehta (US), Dr Vrushali Warad Panel Discussion: Allergic Rhinitis - Not just Runny Nose Halt the Atopic March Food Allergy Under five Asthma & Asthma Mimics



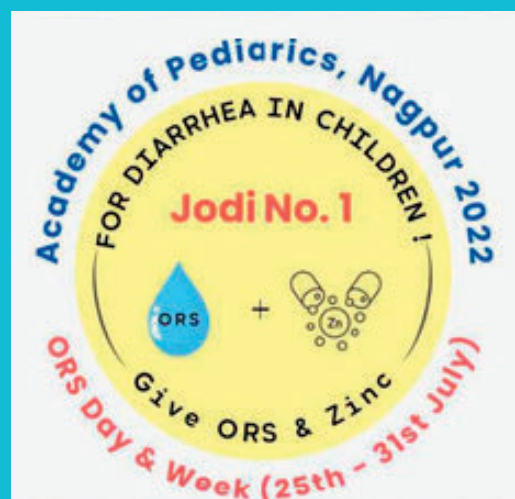
Activity 3 21 July National CPR day



AOP Nagpur successfully conducted National CPR Day on 21.7.22 at Kingsway Hospital, Nagpur. More than 50 nurses attended the day long interactive session with Dr Kuldeep Sukhadeve. On behalf of AOP Nagpur

Activity 3 25 to 31 July ORS week Celebration

AOP Nagpur EB Members set an ORS Logo as WhatsApp DP/Profile Photo/Status for Social Awareness



Activity 4

Awareness through talk on FM Radio



Activity 5

Awareness through Banner on Auto over in Nagpur city & Slum Area



Activity 6

ORS awareness at Amma Hospital, Reshimbagh Nagpur



Activity 7

ORS awareness at Bhelonde Hospital, Sakkardara Nagpur



Activity 8

ORS awareness at Dalvi Memorial Hospital, Nagpur



Activity 9

ESIS Hospital, Nagpur



Activity 10

ORS awareness at Kingsway Hospital, Nagpur



Activity 11

ORS awareness at Lad Hospital, Nagpur



Activity 12

ORS awareness at Mogre Hospital, Nagpur



Activity 13

Matru Seva Sangh, Burdi Nagpur



Activity 14

ORS awareness at Matru Seva Sangh, Mahal Nagpur



Activity 15

ORS awareness at Tirpude Nursing College & Hospital Nagpur



Activity 16

ORS awareness at Dalvi Memorial Hospital, Nagpur



Activity 17

Dr Mustafa Ali Clinic, Jaripatka Nagpur



Activity 18

ORS awareness at Dr Vinod Bhishe Clinic



Activity 19

ORS awareness at Dr Bhupendra Chande Clinic

Activity 20

ORS awareness at Dr Prashant Bhutada Clinic, Nagpur



Activity 21

Lecture ORS & Diarrhoea in Lata Mangeshkar Hospital, Burdi Nagpur



Activity 22

ORS Awareness Rally from IMA Nagpur to IMA Saoner



Activity 23

ORS Awareness Rally at Major Hemant Jakate School, Nagpur



Activity 24

ORS awareness : Rangoli, Poster, 1 min talk
in ESIS Hospital, Nagpur



Activity 24

ORS awareness : Rangoli, Poster, 1 min talk
in Kingsway Hospital, Nagpur



Activity 24

ORS awareness : Rangoli, Poster, 1 min talk
in Kingsway Hospital, Nagpur



Activities for the month of August

IAP
Nagpur

Activity 1.

WORLD BREASTFEEDING WEEK : Awareness through talk on FM Radio



Activity 2

WORLD BREASTFEEDING WEEK : ESIS Hospital, Nagpur



Activity 3

WORLD BREASTFEEDING WEEK : Bhelonde Hospital, Sakkardara Nagpur



Activity 4

Dalvi Memorial Hospital, Nagpur



Activity 5

Amma Hospital, Reshimbagh Nagpur



Activity 6

Matru Seva Sangh, Burdi Nagpur



Activity 7

Mogre Hospital, Nagpur



Activity 8

BREASTFEEDING WEEK : Lad Hospital, Nagpur



Activity 9

BREASTFEEDING WEEK : Kingsway Hospital, Nagpur



Activity 10

BREASTFEEDING WEEK : Matru Seva Sangh, Mahal Nagpur



Activity 11

BREASTFEEDING WEEK : Tirpude Nursing College & Hospital Nagpur





Activity 12
Dr Mustafa Ali
Clinic, Jaripatka
Nagpur



Activity 13
Dr Vinod Bhise
Clinic

Activity 14
Dr Sanjay Pakhmode Hosp., Kamptee



Activity 15
Dr Prashant Bhutada Clinic, Nagpur



Activity 16

BREASTFEEDING WEEK : Dr Vinod Bhise Clinic



Activity 17

BREASTFEEDING WEEK : Dr Bhupendra Chande Clinic



Activity 18

BREASTFEEDING WEEK : Awareness program amongst Doctors, Anganwadi workers

This program was conducted at LMH and medical college in association with AOP Nagpur. It was attended by more than 100 participants. Team AOP Nagpur 2022 & Team LMH & MC



Activity 19

Lecture on Breastfeeding Awareness in Lata Mangeshkar Hospital, Burdi Nagpur



Activity 20

Spreading Breastfeeding awareness at PHC level





Activity 21

UG QUIZ
competition done
at NKP Salve on
the occasion of
breastfeeding in
association with
AOP Nagpur

Activity 22

Breastfeeding Awareness Rally from IMA Nagpur to IMA
Saoner



Activity 23

Breastfeeding Awareness Rally from IMA Nagpur to IMA
Saoner



Activity 24
Breastfeeding Awareness Rally at
Major Hemant Jakate School, Nagpur



Activity 25
Rangoli, Poster, 1 min talk in Matru Seva Sangh,
Burdi Nagpur



Activity 26
Rangoli, Poster, talk in Kingsway Hospital, Nagpur



Activity 27

Rangoli, Poster, talk in ESIS Hospital, Nagpur



Activity 28

Rangoli, Poster, talk in Colors Hospital, Nagpur

Colors Hospital in association with AOP Nagpur celebrated Breastfeeding week. Various activities like, poster competition, slogan competition done and awareness about breastfeeding was done amongst nursing staff, by, Nishikant Kotwal, Dr Pritesh Khatwar, Dr. Mahesh Turale.



Activity 29

Rangoli, Poster, talk in Tirpude Hospital, Nagpur



Activity 30

Rangoli, Poster, talk in Dalvi Memorial Hospital,
Nagpur



Activity 31

Awareness talk at ESIS hospital



Activity 32

Skit Competition at Lata Mangeshkar Hospital



Activity 33

Skit Competition done for awareness about breastfeeding at Bhavani hospital by Nursing staff



Activity 34

Pediatric Endocrine Conclave

PEDIATRIC ENDOCRINE CONCLAVE
Organized by Academy of Pediatrics NAGPUR

ACADEMY OF PEDIATRICS IS ORGANIZING A CME IN PEDIATRIC ENDOCRINOLOGY. PRACTICAL DAY TO DAY TOPICS ON BASIC PEDIATRIC ENDOCRINOLOGY FOR PRACTITIONERS & POSTGRADUATES WILL BE DISCUSSED.

MEETING HIGHLIGHTS

- Reputed National & International Expert Faculty
- Case presentation competition for post graduates
- Handouts on approach to common pediatric endocrine conditions
- Pediatric Endocrinology book for Post Graduates

21 Sunday 21st August 2022
Hotel Tuli Imperial Nagpur

Registration is **FREE BUT MANDATORY**

[CLICK HERE TO REGISTER](#)

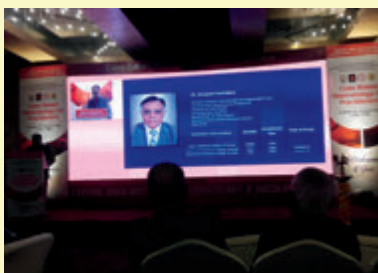
Pediatric Endocrine Conclave 2022 Was organised by AOP Nagpur on 21 August. A complete offline meeting. The eminent national speakers were Dr Vaman Khadilkar (Pune), Dr Shaila Bhattacharya (Bengaluru), Dr Hemchand Prasad (Chennai). Local faculties included Dr Hari Mangtani, Dr Nirali Lohiya & Dr Nikhil Lohiya. Dr Archana Jaiswal was MOC of the conclave. Many senior Pediatrician from Nagpur gave their valuable input igniting fruitful discussion in the meeting. Welcome speech given by Dr Rajkumar Kiratkar, Dr Vinita Jain (DDHS) was chief guest, Vote of thanks by Dr Pritesh Khatwar. Practical topics of Pediatric Endocrine conditions were covered and case presentation from PGs received an overwhelming response. Dr Vaman Khadilkar received a standing ovation for the keynote address he delivered. The program was attended by around 80 delegates. Pediatric Endocrine notes for PGs was also released at the event with an aim to improve understanding among all doctors and residents in Pediatric Endocrinology





Activity 34

Case Based Haematology for Practitioner



Activity 33

Press release / Media Coverage

TheHitavada

Nagpur City Line | 2022-08-30 | Page- 8
ehitavada.com

Scientific session on 'Case-based Haematology for Practitioners' held

■ Staff Reporter

CENTRAL India Institute of Haematology and Oncology (CIIHO), in association with Indian College of Haematology (ICH), Association of Physicians of India (API) Vidarbha Chapter and Academy of Paediatrics (AOP) Nagpur had organised a day-long scientific session on 'Case-based Haematology for Practitioners'. Dr Vanish Pophali, Director of CIIHS, was the Convener.

Prominent faculty to guide in the programme were Dr M B Agarwal, Senior and well-known Haematologist, also President of Mumbai Haematology Group; Dr Anupam Sachdeva, Senior Paediatric Haematologist, B C Roy Award recipient, Past President National IAP; Dr Sandip Shah, Senior Haematologist and BMT Physician, Professor Haematology and BMT, Gujarat Cancer Research Institute,



Dr Avinash Pophali addressing the session.

Ahmedabad; Dr Avinash Pophali, Senior Haematologist and Medical Oncologist, Pioneer of BMT in Central India Director, Central India Institute of Haematology and Oncology (CIIHO).

Topics covered in this CME were 'Transfusion Medicine for Practitioners', 'My Platelets are low', 'Role of Haematological workup in Pyrexia of Unknown Origin (Fever of Unknown Origin) I have a Huge Spleen', 'Anaemia a giant field with illustrative cases', 'ABC of CBC – Role of PS Evaluation', 'My Approach to Pancytopenia',

'Non-Surgical Bleed – How do I manage', 'Leukemias: In clinics of Physicians and Paediatricians'.

Organising committee comprising Dr Avinash Pophali, Dr Surekha Pophali, Director CIIHO, Dr Ajay Kaduskar, President, Association of Physicians of India Vidarbha Chapter; Dr Sandeep Kharkar, Secretary, API-VC; Dr Rajkumar Kiratkar, President, AOP; Dr Pritesh Khatwar, Secretary AOP, have requested interested persons from medical fraternity to avail the opportunity and update themselves.

DI OT





Navi Mumbai Branch

DR JEETENDRA GAVHANE

Branch President



DR SATISH SHAHANE

Branch Secretary

DR. MANGAI SINHA

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP

Navi Mumbai

Activitiy 1: 1st july

Journal Journey

(MAHAIAP & IAP Raigad)

Expert – Dr Jeetendra Gavhane,
President NMIAP

Dr Piyush Jain, Neonatologist
Cloud Nine Hospital, Vashi



Activitiy 2: 1st july

Academic talk

Dr Bhushan Chavan, Ped. Cardiologist delivered a talk for IAP Nagpur & IAP Chandrapur

Activitiy 3: 6th july

Academic talk

Ahemdabad Connect Link -63 (Connecting Practizing Pediatricians to Experts.)

Topic – Bed Wetting In children

Moderator – Dr Pankaj Deshpnde

Activitiy 4: 8th july

Postgraduate Clinics

By Dr.Y.K.Amdekar , Dr.S Balasubramniyam , Dr.Srinivasan ,on Navi Mumbai IAP Platform



Activity 5 15th July

Postgraduate Clinics

By Dr.Y.K.Amdekar , Dr.S Balasubramniam , Dr.Srinivasan ,on Navi
Mumbai IAP Platform

Activity 6 15th July

Immunology Conference

10th Annual National Conference on Pediatric Allergy & applied
Immunology chapter of Indian Academy of Pediatrics WORKSHOP on
In-Vivo diagnosis of allergy (SPT & Patch test).

Expert – Dr Vikram Patra.

Activity 7 15th July

Pediatric Allercon 2022, National Conference of Allergy and Immunology, Nagpur

Faculty – Dr Vikram Patra, Ped Allergist,
EB NMIAP, Expert- Anaphylaxis
Dr Mangai Sinha, Treasurer NMIAP – Panelist in Food Allergy

Activity 8 17th July

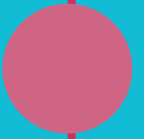
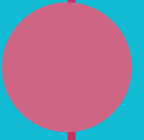
Nurturing Awareness in Pediatric Sleep – NAPS

Topic – Complex OSA including Neuromuscular Diseases, Genetic
Syndrome & Obesity
Speaker – Dr Sagar Warankar (Ped. Pulmonologist)

Activity 9 24th July

CIAP module PECART (Paediatric Emergency Care and Resuscitation Training)

Experts - Dr Jeetendra Gavhane, Dr Satish Shahane,Dr Suhas Kharche
and Dr Rajesh Shah.
Moderator – Dr Amog Shahane, EB NMIAP.



Activity 10 26th July

IAP Disaster Management

Topic – All about Covid -19 pandemic, disaster of the century
Expert – Dr Nimain Mohanty.



Activity 12 31st July

PERINEONATOLOGY CME, Joint Venture by NMIAP and NMOGS.

Venue: LB auditorium, Reliance Hospital, Navi Mumbai

MOC – Dr Abhijeet Mahapankar, EB NMIAP.

Experts – Dr Piyush Jain, Dr Omprakash Jamadar, Dr Shilpa Aroskar

Activity 12 31st July

PERINEONATOLOGY CME, Joint Venture by NMIAP and NMOGS.

Venue: LB auditorium, Reliance Hospital, Navi Mumbai

MOC – Dr Abhijeet Mahapankar, EB NMIAP.

Experts – Dr Piyush Jain, Dr Omprakash Jamadar, Dr Shilpa Aroskar



Social Activities and Achievements


Navi Mumbai IAP was awarded the Arogyam Dhansampada Award for excellent work for medical and social support to the society.

Dr Kaustubh Mohite secured first prize in The Young Investigator, in the recently concluded International Pediatric Pulmonology Conclave in France.

NMIAP office bearers Dr Prashant Weekey, Dr Mahendra Tople & Dr Amog Shahane under the guidance of NMAP President Dr Jeetendra Gavhane and Secretary Dr Satish Shahane, who have distributed useful school books & stationary at Fanaswadi Adiwasi pada Anganwadi school. The occasion was graced by Dr Chetan Gaikwad ICDS incharge, Raigad district and Mrs Vanita Tandel Block Angadwadi sevika

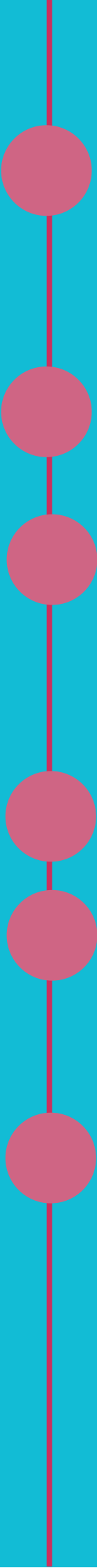
Healthtech start-up Fitterfly raises \$12 million in Series A.K.Singal (Ped. Urologist). It's Amazon's first healthtech investment in India.

Time to remission in first episode pediatric nephrotic syndrome in children with response to levamisole in subsequent relapses, a study that Dr V.N.Yewale & Dr. Pankaj Deshpande conducted and published in Indian Journal of Kidney Diseases.

 Birth anniversary of one of the most Dedicated CPR Awareness pioneer Master Dr Anand Shandilya Sir, Navi Mumbai IAP in Association with Mumbai IAP Thane IAP and College of physicians and surgeon, CPS conducted BASIC LIFE SUPPORT COURSE for paramedics and common people and it was really turned out to be useful hands-on training and helped them to understand and perform CPR. This event was also aired on new tv channels at prime time.

A comprehensive course on Pediatric critical care and emergencies on digital platform for both PG students and Practicing pediatrician, Launched by Dr Abhijit Bagde and Dr Snehal Desai





National IAP CPR activity week (17-24 July) an exhaustive workshop on CPR in adults and paediatrics was conducted by Our Dynamic Navi Mumbai IAP President Dr Jeetendra Gavhane and assisted by Dr Satish Shahane (Secretary NMAP), EB member Dr Amog Shahane and Dr Priyanka Amonkar (Lecturer, PICU, MGM HOSPITAL) at Sri Satya Sai Sanjeevani cardiac hospital, Kharghar.

Dr. Mody, senior pediatrician Navi Mumbai conducted Children's Camp in Ajivali Primary Health Center. Many needy children were examined.

Secretary of Navi Mumbai, Dr Satish Shahane has successfully took two consecutive sessions for children Basic Orientation and Sensitization about CPR at two schools Reliance Foundation School, Kopar Khairane Navi Mumbai and Pinbell International School, Kharghar Navi Mumbai. To teach CPR to youngsters and the common man will be a real tribute to our beloved teacher Dr Anand Shandilya Sir who has dedicated his whole life for same cause.

Dr. Vikram Patra Installed as Treasurer of Maharashtra State Allergy Chapter by Dr. Ramesh Kumar and Dr. Shiela Mathai.

NMMC under guidance of Dr Uddhav Talnikar, Dr Madhavi & Dr Leena Deshpande plan to screen all children coming to them at 18/24 months for Autism and then offering free interventions at ETC center. Dr Talnikar and Madhuri Ingale are in charge of coordinating this mammoth task & Dr Leena Deshpande is in-charge of training the medical officers

Recognizing the dire need for a center providing comprehensive facilities to the Developmentally Challenged children belonging to lower income brackets in Navi Mumbai, MGM Medical College, Navi Mumbai and MUSKAN Foundation in association with IAP Navi Mumbai launched Center for Empowerment of Children with Disabilities. The center will provide customized, lesser cost therapies and special education to children with multiple disabilities including vision impairment through a multidisciplinary team approach.



A landmark paper in Indian Science and for the polio eradication journey got published by The Lancet. This paper by Prof T Jacob John and Dr Dhanya Dharmapalan explains that polio is transmitted through respiratory route and not via faecal route (as taught in medical training) and why Injectable polio vaccine(IPV) is so crucial for India and rest of the world

Times Of India published an article on the study published in The Lancet Journal by Dr T Jacob John and Dr Dhanya D on Importance of Injectable Polio in the immunization schedule

President NMIAP, Dr Jeetendra Gavhane accomplished a great feat as he has achieved another feather in the cap by completing 222 kilometres of Pandheri Chi Vaari the Program Walk with Vaari in 19 days

Dr Gargi cleared pediatric infectious disease examination from University of Oxford

Dr Jeetendra Gavhane, EB members Dr Prashant Weekey , Dr Mahendra Topale conducted ORS awareness among kids, parents Anganwadi Sevika, ANM & also conducted health check-up camp for kids at Diva Gaon Anganwadi in Airoli

Poster competition, skit competition and an Essay writing competition for Undergraduate students and Postgraduate students of MGM Medical College, Navi Mumbai as a part of ORS week celebration.

ZINC and ORS. - Number one Jodi, a poster competition was held at DY Patil Medical College, Nerul as a part of celebration of ORS week.

A quiz was held for all NMIAP members as a part of world ORS week celebration, spreading a strong message to write ORS and ZINC in all prescriptions of diarrhea. This was organized and conducted by Dr Amit Saxena, EB NMIAP.



For inculcating the importance of ORS during dehydration and it's life-saving quality,our EB Member Dr Asmita Patil , beautifully delivered a video message on 'Parental awareness of ORS & Zinc and It's Importance

This ORS WEEK our Dynamic Secretary and Dr Satish Shahane has taken ORS And Its Preparation @ Dhamole Adiwasi Pada Node so that everyone will get benefited from it .He demonstrated How to prepare Ors and got it done it from one student and mother so it will help them to remember.

ORS prescription is easy but it's difficult to implement due to Minor issues with parents and relatives. How we face in day-to-day life is aptly shown by Budding Pediatrician of MGM Hospital & Medical College. This wonderful video made by students with the help of their dedicated Teacher's Dr Vijay Kamle, Dr.Vikram Patra, Dr.Vikas Gupta, Dr.Amol Madave and TEAM has come out a strong message to society in this ORS WEEK.

On world Hepatitis Day, Dr Jeetendra Gavhane, President NMIAP was live on Radio City 91.1 FM to speak about Viral Hepatitis and its prevention.

Senior Pediatrician Dr Vijay Yewale, was quoted as an expert in a regional news-paper on the ongoing Hand Foot & Mouth Disease epidemic.





[Back](#) IJKD Volume 1 - ...

Deshpande P. Time to remission and response to levamisole
ORIGINAL ARTICLE
 Time to remission in first episode of Idiopathic Nephrotic Syndrome in children with response to Levamisole in subsequent relapses

Pankaj Deshpande
 Consultant Paediatric Nephrologist, Hinjuka Hospital, Mumbai
 Received: 10.5.2022 Revised: 1.6.2022 Accepted: 12.06.2022

Address for Correspondence:
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← Back IJKD Volume 1 -... 🔍 🔄

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Mail: dpankajdeshpande@gmail.com



ORS WEEK CELEBRATIONS



**ORS WEEK CELEBRATIONS
MGM MEDICAL COLLEGE, NAVI MUMBAI**



ORS WEEK SKIT COMPETITION



Department of Pediatrics
MGM Institute of Health Sciences, Navi Mumbai
in association with
Navi Mumbai Association of Pediatrics

ORS Week Celebration
25-31 July 2022

Jodi number 1: ORS & Zinc

Poster Competition for UG students (29/7/2022)
Skit Competition (29/7/2022)
Essay Competition for PGs (28/7/2022)

ORS Week Celebration
25th - 31st July 2022

All Students, Do & Do

2022 ORS Week Celebration

Poster Competition for UG students (29/7/2022)
Skit Competition (29/7/2022)
Essay Competition for PGs (28/7/2022)

PLEDGE TO PROTECT

The WORLD-WIDE HYDRATION DAY, Now a PLEDGE TO PROTECT yourself and your family against oral rehydration.

There is no better time than NOW to learn about oral rehydration & to pledge to protect the health of your life.

Dr. Anandika Sharma
Dr. Anandika Sharma

DAIRY BYTES



National IAP CPR activity week (17-24 July)

IAP Cardio Pulmonary Resuscitation Week was celebrated with a lot of enthusiasm and zeal by NMIAP in honor and remembrance of a teacher , guide & a wonderful human being Dr Anand Shandilya who dedicated his whole life in making protocols and teaching the same in his own unique, humorous yet lucid way.

Theme – Each One Can Save A Life

1. Birth anniversary of one of the most Dedicated CPR Awareness pioneer Master Dr Anand Shandilya, Navi Mumbai IAP in Association with Mumbai IAP Thane IAP and College of physicians and surgeon, CPS conducted BASIC LIFE SUPPORT COURSE for paramedics and common people and it was really turned out to be useful hands-on training and helped them to understand and perform CPR. This event was covered on news channels to spread the awareness amongst general population.

2. An exhaustive workshop on CPR in adults and paediatrics was conducted by Our Dynamic Navi Mumbai IAP President Dr Jeetendra Gavhane and assisted by Dr Satish Shahane (Secretary NMAP), EB member Dr Amog Shahane and Dr Priyanka Amonkar(Lecturer, PICU, MGM HOSPITAL) at Sri Satya Sai Sanjeevani cardiac hospital, Kharghar.

3. Secretary of Navi Mumbai, Dr Satish Shahane has successfully took two consecutive sessions for children Basic Orientation and Sensitization about CPR at two schools Reliance Foundation School ,Kopar Khairane Navi Mumbai and Pinbell International School, Kharghar Navi Mumbai. To teach CPR to youngsters and the common man will be a real tribute to our beloved teacher Dr Anand Shandilya who has dedicated his whole life for same cause.

4. CIAP module PECART (Paediatric Emergency Care and Resuscitation Training)

Experts - Dr Jeetendra Gavhane, Dr Satish Shahane,Dr Suhas Kharche and Dr Rajesh Shah.

Moderator – Dr Amog Shahane, EB NMIAP.



WORLD ORS WEEK (25th July – 31st July)

NMIAP enthusiasm and zeal to celebrate world ORS week was witnessed and appreciated by all. The tireless series of activities conducted by the team in entire Navi Mumbai is the proof of the same. May it be public awareness through videos or through demonstration and role plays, the team has done it all. Wonderful participation by DY Patil Medical College & MGM Medical College with numerous activities like poster competition, essay writing competition, quiz & skit competition was the highlight of the week. A glimpse of all the wonderful activities at Navi Mumbai.

1. Dr. Jeetendra Gavhane, EB members Dr Prashant Weekey, Dr Mahendra Topale conducted ORS awareness among kids, parents Anganwadi Sevika, ANM & also conducted health check-up camp for kids at Diva Gaon Anganwadi in Airoli.

2. Poster competition, skit competition and an Essay writing competition for Undergraduate students and Postgraduate students of MGM Medical College, Navi Mumbai as a part of ORS week celebration.

3. ZINC and ORS. - Number one Jodi, a poster competition was held at DY Patil Medical College, Nerul as a part of celebration of ORS week.

4. A quiz was held for all NMIAP members as a part of world ORS week celebration, spreading a strong message to write ORS and ZINC in all prescriptions of diarrhea. <https://play.myquiz.org/i/00755139>.

This was organized and conducted by Dr Amit Saxena, EB NMIAP.

5. For inculcating the importance of ORS during dehydration and its life-saving quality, our EB Member Dr Asmita Patil, beautifully delivered a video message on 'Parental awareness of ORS & Zinc and Its Importance'. <https://play.myquiz.org/i/00755139>

6. This ORS WEEK our Dynamic Secretary and Dr Satish Shahane has taken ORS And Its Preparation @ Dhamole Adiwasi Pada Node so that everyone will get benefited from it. He demonstrated How to prepare Ors and got it done it from one student and mother so it will help them to remember.

7. ORS prescription is easy but it's difficult to implement due to Minor issues with parents and relatives. How we face in day-to-day life is aptly shown by Budding Pediatrician of MGM Hospital & Medical College. This wonderful video made by students with the help of their dedicated Teacher's

Dr Vijay Kamle, Dr. Vikram Patra, Dr. Vikas Gupta, Dr. Amol Madave and TEAM has come out a strong message to society in this ORS WEEK.



Activities for the month of August

IAP

Navi Mumbai

Activity 1. 2nd August

IAP Bangalore BPS – Subspecialty connect program on Pediatric Rheumatology

Expert – Dr Vijay Vishwanathan.

Topic – Atypical Kawasaki Disease.



Activity 2 3rd August

Wednesday Wisdom by AOP Ahmedabad

Moderator – Dr Jeetendra Gavhane

Topic -Steroids in OPD practice



Activity 3 10th August

Topic – Approach to Rheumatological cases in office practice

Expert – Dr Vijay Vishwanathan

Moderator – Dr Abhasaheb Patankar

Activity 4 : 12th August

Maha Subspecialty connect

Topic – Applied Genetics in Pediatrics

Chief Guest – Dr Niman Mohanty

Expert – Dr Snehal Mallakmir

Activity 5 : 12th August

PG Clinic by Apollo Hospital in association with NMIAP

Experts- Dr.Y.K.Amdekar Sir, Dr.S Balasubramniam,

Dr.Srinivasan



Activitiy 6: 14th August

IAPTCB monthly virtual symposium

Topic – All about Dengue in children

Expert – Dr V N Yewale

Dr Dhanya Dharmpalan

Activitiy 7: 20th August

Topic: Hexacon 2.0 Pertussis & Polio

Speaker : Dr. Suhas Prabhu Consultant

Pediatrician, PD Hinduja Hospital

Moderator : Dr. Jeetendra Gavhane, Professor,

MGMIHS President, NMAP

Activitiy 8: 24th August

IAP Navi Mumbai & Dept. Of Pediatrics MGMHS

Topic – Bones, Chills & Pills, New Arrivals ...

Renewed Thinking

Expert – Dr Vijay Vishwanathan

Moderator – Dr Amog Shahane

Activitiy 9: 26th August

Q&A with Case discussion

A Fever Chat Show.

Experts – Dr Tanu Singal & Dr V N Yewale.



Activity 10: 26th August

PG Clinic by Apollo Hospital in association with NMIAP.
Experts- Dr.Y.K.Amdekar Sir, Dr.S Balasubramniam,
Dr.Srinivasan

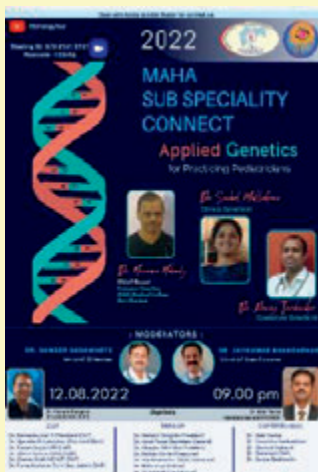
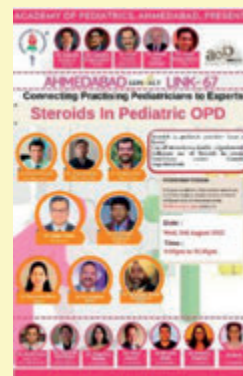


Activity 11: 26th August

PG Clinic by Apollo Hospital in association with NMIAP.
Experts- Dr.Y.K.Amdekar Sir, Dr.S Balasubramniam,
Dr.Srinivasan

Activity 12: 30 th August

IAP Disaster Management Group
Topic – Impact of Disasters in Children
Moderator – Dr Niman Mohanty



Social Activities and Achievements

As a part of celebrating 'Breastfeeding week 2022' with full gusto and enthusiasm and propagating the Breastfeeding theme for this year 2022: " Step up for Breastfeeding: Educate and support", our enthusiastic EB member Dr Amog Shahane conducted an interactive session on the importance of Breastfeeding in the Well baby clinic at Sri Satya Sai Sanjeevani hospital, Kharghar.

Informative role play for expecting, and recently delivered mothers carried out in OPD at MGM Medical College Hospital, kalamboli at the occasion of ' World Breast Feeding' week.Active participation from PG students, Faculties and parents was encouraging

Poster Competition for Nurses at MGM 's Medical College, Navi Mumbai. As this year theme goes "Step up for Breastfeeding: Educate and Support ", Nurses are an important link in this chain to educate and motivate Breastfeeding mothers.The enthusiasm with which the nurses participated in the poster competition was commendable. Dr.Rupali Jain coordinated the activity.

Department of Paediatrics and NICU, D Y Patil Hospital Nerul Navi Mumbai organised Quiz competition for Postgraduate students based on breastfeeding and KMC.23 PG students participated in Elimination round and shortlisted 4 teams.Quiz was conducted by Quiz master Dr Shital Kolhe. Dr Rajesh Rai HOD Paediatric was expert and judge. There were 4 rounds with audience participation. All participants and faculty enjoyed content of Quiz.Winners were Dr Soumya Ahuja and Dr Samarth Gupta 2nd number Dr Krina Patel and Dr Vinay.

On occasion of World Breastfeeding Week, entries were received from UG students of MGM medical college for Creative Writing Competition. Students displayed their talent by writing poems, slogans and paragraphs on the Importance of breast feeding. Young creative minds should be caught early to understand the importance of Breastfeeding so that they counsel their patients in future.



Celebrating World Breastfeeding week 2022, DY Patil Hospital, Nerul & IAP Navi Mumbai has taken active steps in propagating the importance of breast feeding from the first day of life, teaching new mothers about the finer aspects of breastfeeding in a video made by D Y Patil Hospital's NICU In-charge Dr Sheetal Kolhe, under the able guidance of Dr Rajesh Rai, HOD Paediatrics

Adolescent Health Academy Navi Mumbai (NaMAHA) & AACCI (Adolescent and child care in India) conducted an Anger management and Prevention of violence in children workshop for Teachers_ from 1st to 10th std. at Sadhu Vaswani International school, Sanpada. The session was conducted by Dr Kiran Vaswani, Dr Shruti Kalkekar, Dr Pallavi Khare, Dr Kalyani Patra and Dr Amogh Shahane. It was a highly interactive session with 70 teachers addressing the important issues of increasing violence, bullying in children. The workshop involved hands on training, group discussions and role play.

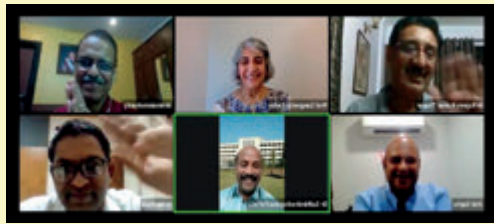
Senior Neonatologist, Apollo Hospital, Dr Omprakash Jamadar in a wonderful video explains the importance of maintaining "Warm Chain" in a neonate and the fine points of how breastmilk is Naturally Customised for every newborn by its own mother. The importance of "Golden hour of life is emphasized in the video and how Real Life Heroes(doctors & NICU personnel) make a significant difference in the outcome of a newborn's life

Significance of Timely Introduction Of Complementary Foods and to Improve the Nutritional Status of an infant, an excellent video by Dr. Rupali Jain, Asst. Professor MGM medical College & Hospital was circulated amongst pediatrician and parents groups via social media

Training of Anganwadi Sevikas and Block development officials who are primarily important in managing at the site problems and early referrals can be arranged by them to reduce the mortality in children under 5 years of age due to timely treatment. Dr Satish Shahane, Secretary Navi Mumbai Association of Pediatrics and Dr Uddhav Talnikar Sir, Paediatric Consultant at Sri Satya Sai Sanjeevani hospital conducted this program today at Panvel Block .

Dr Sandeep Sawant, was quoted in a live interview on the outbreak of Tomato Flu by NDTV





World Breast Feeding Week 2022

Theme – Step Up For Breastfeeding, Educate & Support

The unparalleled enthusiasm at NMIAP in celebrating world breastfeeding week was witnessed with large number of activities involving the medical college students across Navi Mumbai along with the nursing staff at several hospitals in Navi Mumbai and also the expecting mothers. The eagerness to promote breastfeeding and lay stress on its importance was palpable throughout the week at Navi Mumbai.

Here are the list of some activities,

1. EB member NMIAP, Dr Amog Shahane conducted an interactive session on the importance of Breastfeeding in the Well baby clinic at Sri Satya Sai Sanjeevani hospital, Kharghar.
2. Informative role play for expecting, and recently delivered mothers carried out in OPD at MGM Medical College Hospital, kalamboli.
3. Poster Competition for Nurses at MGM 's Medical College, Navi Mumbai. Dr.Rupali Jain coordinated the activity.
4. Department of Paediatrics and NICU, D Y Patil Hospital Nerul Navi Mumbai organised Quiz competition for Postgraduate students based on breastfeeding and KMC.23 PG students participated in Elimination round and shortlisted 4 teams.Quiz was conducted by Quiz master Dr Shital Kolhe. Dr Rajesh Rai HOD Paediatric was expert and judge.
5. On occasion of World Breastfeeding Week, entries were received from UG students of MGM medical college for Creative Writing Competition. Students displayed their talent by writing poems, slogans and paragraphs on the Importance of breast feeding.
6. NMAP has conducted posters competition for UG AND PG at D.Y Patil Hospital and University with collaboration with Ped and neonatal department. It was well attended by students with 23 Entries. NMAP President Dr Jeetendra Gavhane and Secretary Dr Satish Shahane Were Judges for the Same. This event was attended and appreciated by Dean Dr V Shashidran, DY Patil Hospital, Dr Rajesh Rai Head of the Department, Dr Mumtaz Sharif Dr Amit Saxena and Dr Sheetal Kolhe were Instrumental in Conducting the Activity.



7. Breast feeding week celebration at Kopra Gaon Kharghar Aanganwadi with Pregnancy Food Competition in context with Independence Day

Celebration. We had many entries with preparation of very nice delicious food dishes by pregnant women. Supervisor Mrs Vanita Tandel Madam along with other sevikas made wonderful efforts to keep the charm of the program. Dr Satish Shahane our Enthusiastic Secretary has given them important medical aspects of breast feeding. Principal Of Sudhgad High School Mrs Chaudhary Madam was a special invitee.

8. Informative session on breastfeeding, delivered to antenatal mothers on the occasion of World Breast Feeding Week 2022 by Dr Rupali Jain at MGM New Bombay Hospital, Vashi. This was held during the Antenatal Classes session ' Matrika' - a joint venture by obstetricians, Pediatricians, dieticians and physiotherapist to support mothers throughout their beautiful journey of pregnancy and motherhood. The occasion was graced by the presence of our respected NMAP president Dr Jeetendra Gavhane.

9. DY Patil Hospital, Nerul & IAP Navi Mumbai has taken active steps in propagating the importance of breast feeding from the first day of life, teaching new mothers about the finer aspects of breastfeeding in a video made by D Y Patil Hospital's NICU In-charge Dr Sheetal Kolhe, under the able guidance of Dr Rajesh Rai, HOD Paediatrics.

Dr. D. Y. Patil University School of Medicine
Dr. D. Y. Patil Hospital & Research Centre

In Association with **NMAP**

"Department of Paediatrics"

WORLD BREASTFEEDING WEEK 2022

**Step for Breastfeeding :
Education & Support**

Department of Paediatrics

Dr. Manisha Bobade Director & Head of Hospital	Dr. V. Shashikiran Dean	Dr. Rajesh Rai HOD Paediatrics
Dr. Jeetendra Gavhane President - NMAP	Dr. Mumtaz Sharif Secretary - MBPC	Dr. Shital Kolhe Jr. Secretary - MBPC



Activities for the month of September

IAP

Navi Mumbai

Activity 1. 2nd September

Post Graduate Clinic

Post Graduate Clinic at Apollo Hospital in Co-laboration with NMIAP
Experts – Dr. Y K Ambekar, Dr. S Balasubramaniam, Dr. Srinivasan

Activity 2. 6th September

IAP Subspecialty Series

Topic – Developmental Disorders in Children
Speaker – Dr Roopa S (Complex ADHD & Assessment)

Activity 3. 11th September

DAFPAL CME (Dr Athavale Foundation & Pediatric Alumini of LTMGH in Collaboration with NMIAP)

Topic- Challenging cases in pediatric infectious diseases
Panelist – Dr. Upendra Kinjawdekar, Dr. Amol J.

Topic – Antibiotic Stewardship, From Policy to Practice
Dr Armida Fernandes Oration – Dr V N Yewale



Topic- Vit D Deficiency, Role in Infection and Immunity
Speaker – Dr Amit Saxena

Topic – Polio Lessons learnt and the way forward
Speaker – Dr Dhanya Dharmapalan

Topic – Vaccination Update
Moderators – Dr Jeetendra G, Dr Satish Shahane

Activity 4. 17th September

Global Symposium on Pertusis and Polio

Moderator – Dr V N Yewale



Activitiy 5 : 21st September

IAP Raigad - CME

Topic – Wheezing in Young
Moderator – Dr Sagar Warankar

Activitiy 6: 23rd September

Post Graduate Clinic at Apollo Hospital

Co-laboration with NMIAP.
Experts – Dr. Y K Ambdekar, Dr. S Balasubramaniam, Dr. Srinivasan

Activitiy 7: 25th September

Embicon

Case Scenarios in Nephrology – Dr Pankaj Deshpande
Covid & Rabies Vaccines – Dr Vijay Yewale
Case Scenarios in Medico legal Issues – Dr Satish Shahane
Case Scenarios in Gastroenterology – Dr Jeetendra Gavhane

Activitiy 8: 27th September

Neonatal Clinical Meet

Topic: New born case presentation
Presenter & Organizer: NICU team Apollo Hospital

Activitiy 9: 28th September

Diamond Jublee - Ahemdabad Connect,
T20 Wednesday Wisdom

Dr Leena Deshpande – Developmental Pediatrics for general pediatricians
Dr Pankaj Deshpande – Wetting in children



Activity 10 : 30th September

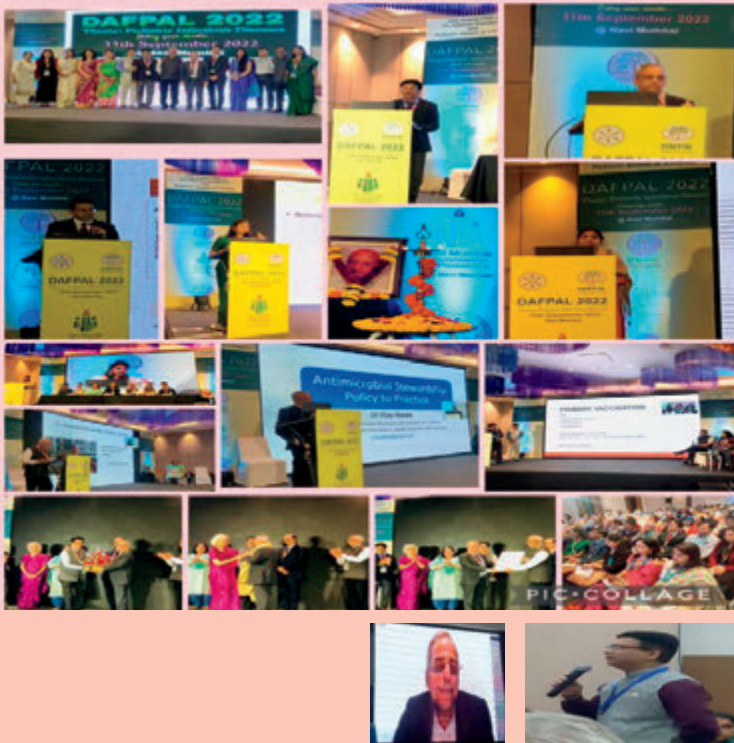
Antimicrobials - A Quiz for Practicing Pediatricians as part of Rational Antibiotic Week celebration

Activity 11 : 30th September

Post Graduate Clinic

at Apollo Hospital in Co-laboration with NMIAP.

Experts – Dr. Y K Ambdekar, Dr. S Balasubramaniam, Dr. Srinivasan



Social Activities and Achievements

Prescribing pattern for acute diarrhea in children, A survey of pediatricians of Maharashtra, India – A study conducted by Dr Vikram Patra, Dr Jeetendra Gavhane, Dr Priyanka Amonkar via an online survey and was published in indexed journals.



Speech Delay – Let's Talk, A parent awareness video circulated by Dr Leena Deshpande

MGM Hospital in association with Eyemax Hospital Nerul and Seawoods residents association conducted a blood donation camp on 4th September

NMAP Secretary Dr Satish Shahane has taken sessions on Malnutrition, its early detection and prevention at a very prestigious institution, The National Institute of Public health and training at Panvel which is epicentre of ICDS program Western India. This informative session was very well received by all the Anganwadi Sevikas and a pledge was taken to eradicate all kinds of malnutrition from our community. The session was in collaboration with Sri Satya Sai Sanjeevani hospital, Kharghar.

Dr Stanley Plotkin, legendary vaccinologist has publicly posted review on Dr Jacob T & Dr Dhanya D, Qeios (preprint) paper on polio

Dr Dhanya D & Dr Sujith C, article was published Indian Pediatrics Journal on the topic on Oral Faropenem- Implications on antimicrobial resistance & its effectiveness in treatment.

Dr Amardeep Garad conducted a health camp at Urban Health Centre, Belapur.

Dr Pallavi Khare conducted a session on Art Of Parenting at Vashi



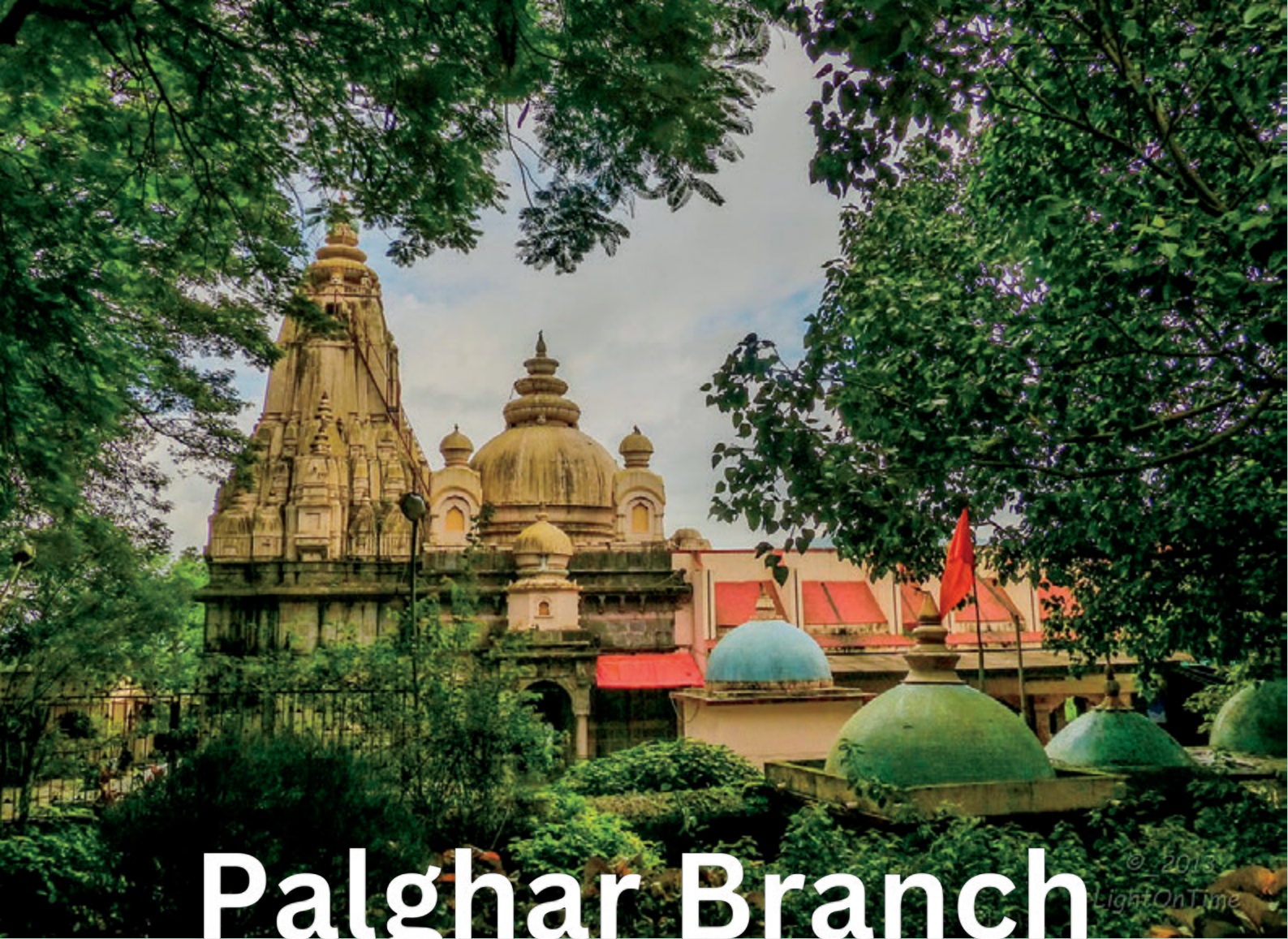
As a part of celebration of Antibiotic Awareness week A Poster was distributed and displayed by all pediatrician s in Navi Mumbai pledging the use of antibiotics rationally

Dr Bhushan C, Pediatric Cardiologist was quoted in a Magazine, The WEEK on World Heart Day.

Small Clips on Antibiotics Awareness and parental counselling were made and circulated on all NMIAP social media platforms. Dr. Jeetendra Gavhane in conversation with Dr. Vijay N. Yewale and Dr. Dhanya Dharmapalan, Pediatric Infectious disease specialists.

Dr Upendra Kinjawdekar, IAP President Elect were awarded Harbhagwan memorial Oration in the National conference of Pediatric and adolescent nutrition society of India in Pune.





Palghar Branch

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LightOnTime

DR. ANJALI GOKARN



Branch President

DR. VAIBHAVI BAROT

Branch Secretary

DR. ANURADHA PALWANKAR

Branch Treasurer

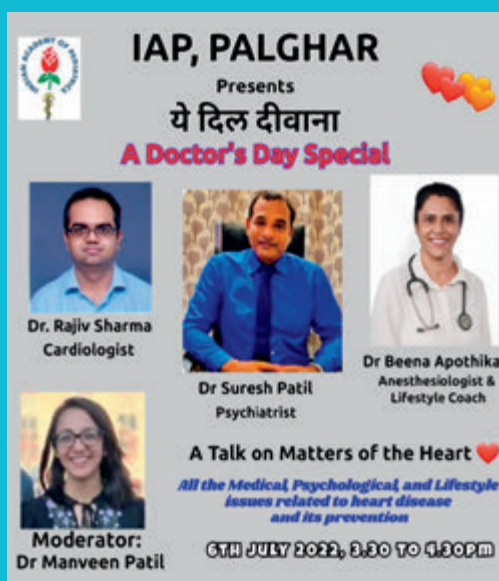


Activities for the month of July

IAP Palghar

Activity 1: 1st July

DOCTORS DAY CELEBRATION



Doctors Day Celebration was done by conducting a webinar for doctors and their family members. We as doctors have a lot of stress and we give this stress to our family members also. In this webinar we discussed how to keep our heart functioning well, keep ourselves fit and manage stress well.

Speakers:

- 1) Dr. Rajiv Sharma Interventional cardiologist, Cardinal Gracious Hospital
- 2) Dr. Suresh Patil Psychiatrist, Virar
- 3) Dr. Beena Apothikar Apothikar, Anaesthesiologist

Anaesthesiologist and Lifestyle Coach, Vasa Vasai

Moderator:

Dr. Manveen Patil Consultant Paediatric Cardiologist

Member Participation: 30 delegates

Activity 2:

WORLD ENVIRONMENT DAY

Today's CME on Plastic Waste and Mangrove Conservation by Susanna Ferrao and Lisbon Ferrao

Important points made by Susanna

- 1) Clean the environment like you clean your house regularly
- 2) Set an example for your kids, they do as you do. Not as you say
- 3) Start by segregating your waste, and send for recycling
- 4) Be mindful of your consumption, and choose eco eco-friendly packaging
- 5) Carry your own water bottles everywhere, eat at home. Buy local
- 6) Be involved in waste management



Activitiy 3 Health Camp

Anaemia OPD was conducted at Dahanu On 23rd July 2022. 19 patients were examined 17 patients were Sickle Cell Disease 2 were Thal Major They were given Hydroxyurea, Folic Acid, Zinc, Calcium We vaccinated 10 kids with Typhbar TCV of Bharat Biotec



Activitiy 4 Health Talk

In Fempedicon ,which was the first female conference one of our member Dr.Archana Joshi ,practicing paediatrician in virar was invited as a faculty member. Madam was invited to give a talk on Poshan Abhiyan



Activity 5

National CPR Day

Palghar Academy Of Paediatrics conducted National CPR Day on 24th July for all nurses and paramedical staff. We explained to them what is CPR, and how to do it through the videos. Neonatal resuscitation was also demonstrated. We had the following workstations:

- 1) Adult CPR hands on
- 2) Adult Choking
- 3) Neonatal CPR
- 4) Neonatal choking



Activities for the month of August

IAP
Palghar

Activity 1.

WORLD BREASTFEEDING WEEK

Breast feeding week is celebrated from 1st 1st-7th August.

THEME: Step Up For Breastfeeding : Educate and Support

Palghar Academy Of Paediatrics celebrated breast feeding week by conducting two workshops:

1)At Virar

2)At Vasai

Around 25 25-30 members participated in each workshop including Anganwadi workers, ASHA workers, Nurses and Paramedical staff.

Four workstations were conducted by our four lactational counsellors. We got a very positive feedback from our ashaa and anganwadi workers as they got to learn newer methods of feeding techniques and how to use breast pump for manual expression of breast milk.



Activity 6: 14th August Charity Day Celebration

For charity day celebration, Palghar Academy conducted two free health camps
1) For Charity Day, Palghar Academy had a mini OPD for Children of Sanjeevani Special School. at Vasai. 6 children, of which 3 had Downs Syndrome were examined and given counselling and guidance for behavioral issues, Occupational Therapy, Epilepsy Management and other things



2) The second health camp was conducted for Children from Maratha Life foundation, Bhatane, Tal. Vasai

- Health check up of orphanage children done
- Iron supplements given
- Deworming done
- Typhoid vaccination done
- Distribution of hygiene kit
- Fruit and some dry fruit distribution



Activities for the month of September

IAP
Palghar

Activity 1.

Health Camp

Monthly anaemia health camp was held at Dahanu cottage hospital Dahanu west. We examined 32 patients. Most of them were sickle cell anaemia, a few were thalassaemia



Activity 2.

Health talk

PEDNUTRICON 2022, held in Pune on 24-25 th September, one of our member Dr .Hemant Joshi practicing paediatrician in Virar was invited as a faculty member.



Activity 3

Monthly CME

Monthly CME by Palghar Academy of Paediatrics was held on on28th September 2022 , Wednesday 3:00pm to 5:30pm.

TOPICS:

- 1) post vaccination limb swelling
By Dr Kant Shah -Paediatric surgeon
- 2) Bilious vomiting in preterm baby
By Dr Kant Shah – Paediatric Surgeon
- 3) An interesting case
By Dr Biyani Paediatric neurosurgeon
- 4) Dengue with HLH
By Dr Shailesh Barot -Consultant Paediatrician
- 5) Palghar Health Update
By Dr Jayshree Deshpande -Consultant Paediatrician



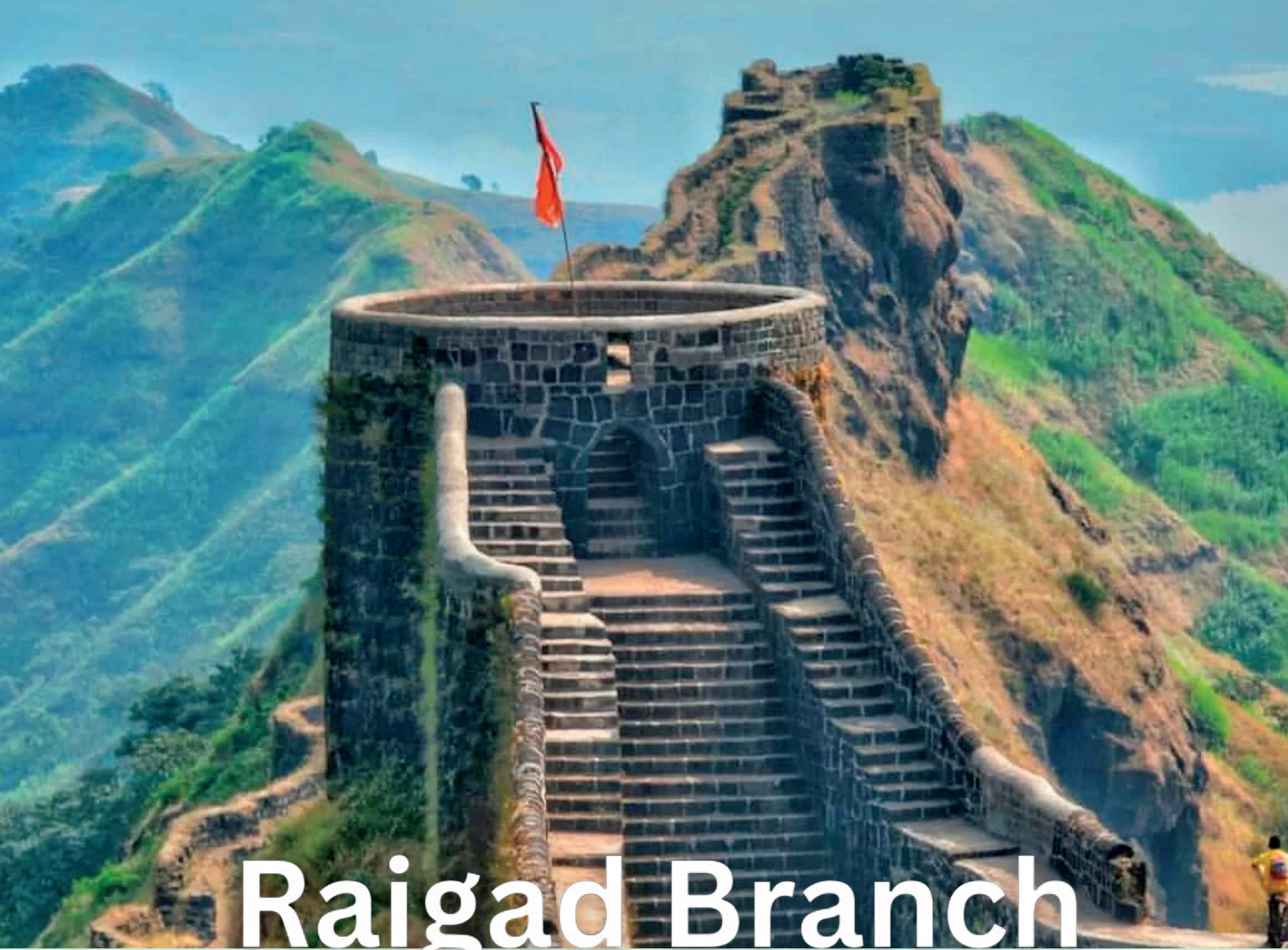
Activity 4

POSHAN ABHIYAABHIYAN

Malnutrition screening was carried out at Valvande Vikramgad district Palghar.

Total 48 children of age group 4-12 years were screened for malnutrition out of which 18 children who were underweight & stunted were thoroughly examined & investigated. Dietary interventions (proteins in the form of eggs & sprouts) and iron multivitamin supplement were given to them.





Raigad Branch

DR. PRAMOD A WANKHEDE

Branch President



DR. VIKAS MORE

Branch Vice President

DR. DHANANJAY B RAJPUT

Branch Secretary



July



Aug



Sep

Activities for the month of July

IAP Raigad

Activity 1: 01/07/2022

JOURNAL JOURNEY

MAHAIAP & IAP Raigad wonderfully celebrated Doctor's Day & successful completion of one year of our JOURNAL JOURNEY ! in a unique style.



Chief Guest:

Dr Chandrashekhar Dabhadkar

(CIAP West Zone VP 2020, President AHA (Raigad))

Guest of Honour:

Dr Sanjay Deshmukh

(CIAP EB Member 2022, Secretary IAPNRC Maharashtra State)

Experts:

1. Dr. Jeetendra Gavhane

(President (NMAP) & Prof., MGM Medical College (Navi Mumbai))

2. Dr. Piyush Jain

(Consultant Neonatologist, Cloud Nine Hospital (Navi Mumbai))

Speakers & Topics:

- Dr. Pankaj Agrawal (Pediatrician & Neonatologist (Nagpur))
Long- term persistent of immunogenicity after primary vaccination & response to booster vaccination with Typhoid Conjugate vaccine
- Dr. Swapnil Bhisikar (Neonatologist & Lactation Consultant (Nagpur))
Immunoglobulin profile & lymphocyte subsets in preterm neonates



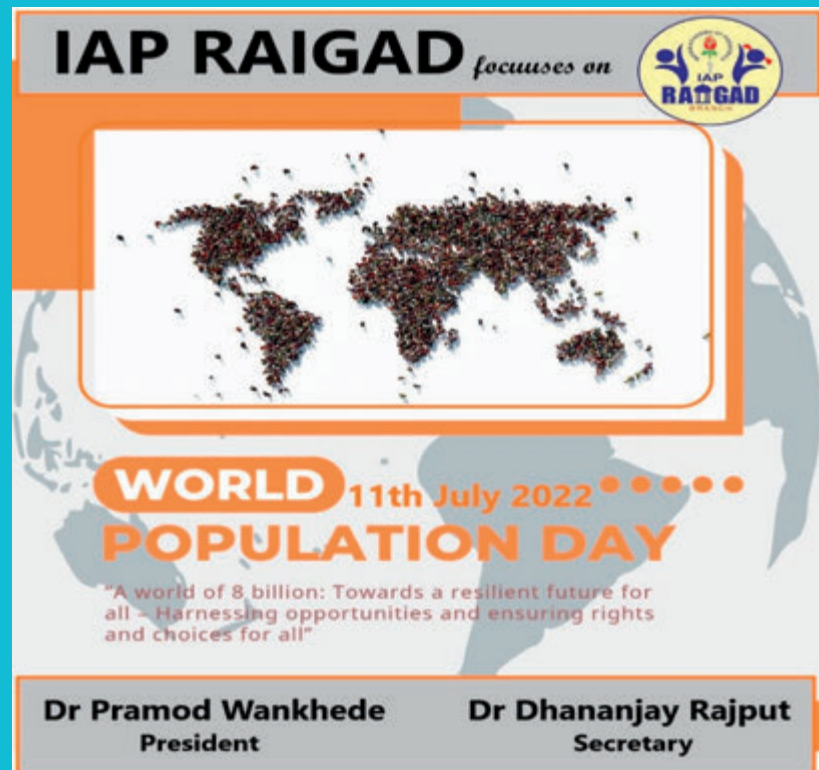
Activity 2: 10/07/2022 RELEASE OF 'UTKARSH'

Virtually released 'UTKARSH' by the hands of our President Dr Pramod Wankhede on various Social Media platforms. Editors of the Bulletin 'UTKARSH' being Dr Rajendra Chandorkar & Dr Neha Singh



Activity 3: 11/07/2022 WORLD POPULATION DAY

– Release of a Flyer with theme for this year on various social media platforms.



Activity 4: 14/07/2022

INAUGURATION CEREMONY



Inauguration of 5th center of Muskan Foundation For people with multiple disabilities, At MGM Medical college and Hospital, Panvel.

Activity 5: 17/07/2022

PHYSICAL CME ON PEDIATRIC SURGERY

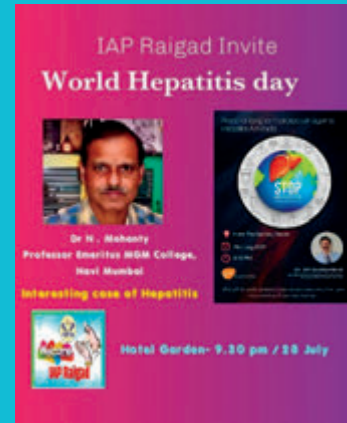
Physical CME at UK's resort, Khalapur (Raigad District)

Topic - Pediatric surgery

Speakers - Dr Bhagwan Birmole & Dr Dattatray Bhusare



Activity 6: 28/07/2022 WORLD HEPATITIS DAY



Place: The Garden Hotel, Panvel
“Need for long term protection against Hep A in India.”
Topic: Interesting cases of Hepatitis A
Speakers: Dr. Nimain Mohanty
Dr. Jay Bhandarkar



Activity 7: 29/07/2022 Common ENT Problems in pediatric age groups

Speaker: Dr Rajendra Waghela
Moderator: Dr Pramod Wankhede
Telecasted on Zoom Platform
Topic: Common ENT Problems in pediatric age groups



Activity 8: 14/07/2022

Unmet needs in the management of Pediatric AR

The banner features the Sanofi eConnect logo on the left and the Allegra logo on the right. The central text reads: "• Welcomes you to • PEDIATRIC INNOVATION MEET". Below this, it says "Dear Doctors, We would like to take this opportunity to cordially invite you to attend this exciting forum on 'Unmet Needs in the management of Pediatric AR'". The date is "Date: 29th July 2022" and the time is "Time: 5PM - 6PM". Two speakers are listed: "Speaker Dr Sagar Warankar. Consultant Pediatrics Allergist & Pulmonologist" and "Moderator Dr Sachin Murade. Consultant Pediatrics & Intensivist". A quote at the bottom states: "Endeavour is to have discussion on relevant topics and cross-sharing of experience among each other. Kindly click the below link to attend." The Sanofi India Limited logo and address are at the bottom left.

Speaker: Dr Sagar Warankar
Moderator: Dr Sachin Murade
Telecasted on Zoom Platform

Activity 9 17/07/2022

Dr Chitra Kulkarni paper presentation in FEMPEDICON 2022



Activity 10: 28/07/2022 ORS WEEK CELEBRATIONS



ORS Week Celebrations at various areas within Raigad branch and nearby rural areas.

25th – 31st July 2022

ORS Week Celebration

Talk in Clinic OPDs of Practicing Pediatricians – How to prepare ORS at home.

Importance of ORS and ZINC if Diarrhea in Children.

Display of ORS week celebration poster in OPDs by various pediatricians of our branch.



Activities for the month of August

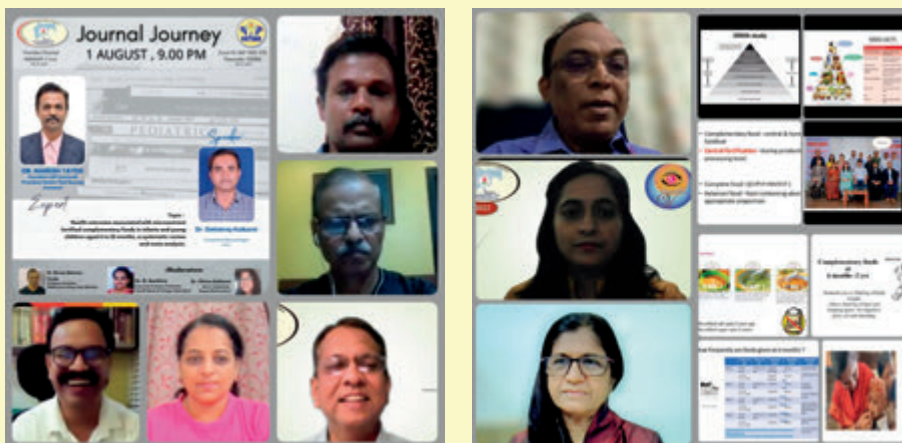
IAP
Raigad

Activity 1. 01/08/2022

Journal Journey

MAHAIAP & Raigad IAP together organised the Journal Journey

- Expert - Dr Naresh Tayde (President IAP Amravati)
- Speaker & Topic - Dr Dattatray Kulkarni (Consultant Neonatologist, Latur)
Health outcome associated with micronutrient fortified complementary food in infants and young children aged 6 - 23 months, a systematic review & meta-analysis.
- Talk on supplementary feeding after 6 months by
- Dr D. Suchitra (Asso. Prof. Pediatric, Gandhi Medical College, Hyderabad)



Activity 2. 1 AUG to 7 AUG 2022

BREASTFEEDING WEEK CELEBRATIONS

1.1st – 7th August: Breast feeding week celebration by all members of IAP Raigad in their OPDs by displaying posters.



2. Talk on importance of breast feeding was imparted to patients by pediatricians in their opd.



Activity 3

Talk on Importance of Breastfeeding in OPD

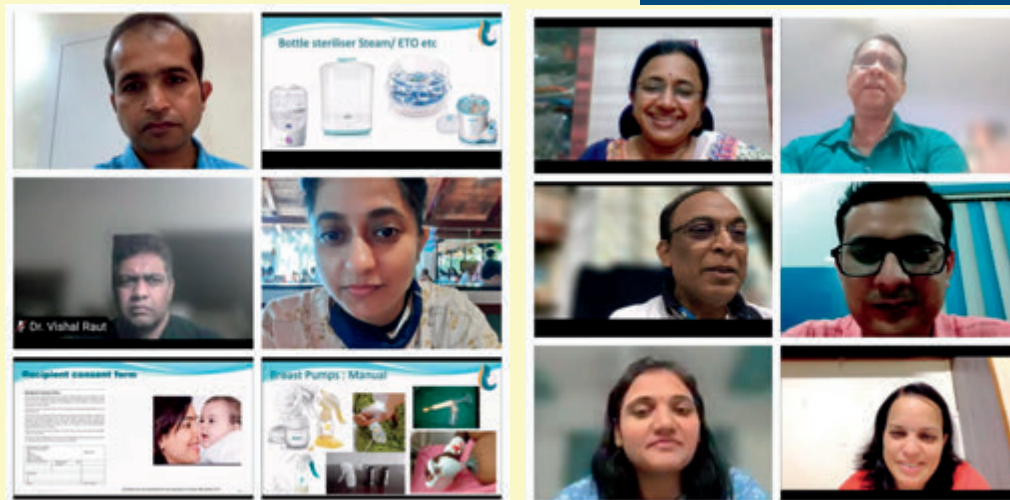
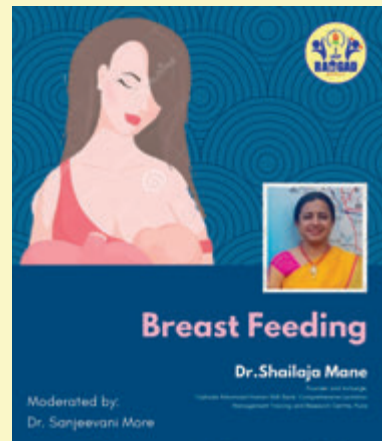
Dr Chitra Kulkarni Delivering Talk on Breast Feeding and its importance
In MGM Hospital, Kalamboli (Panvel) Talk of Dr Chitra Kulkarni – Breast Feeding and its importance for both Mother and Child. To the Patients , also including Staff nurses, Hospital staff and PG students



Activity 4: 3/8/2022

TALK ON BREASTFEEDING & HUMAN MILK BANKING

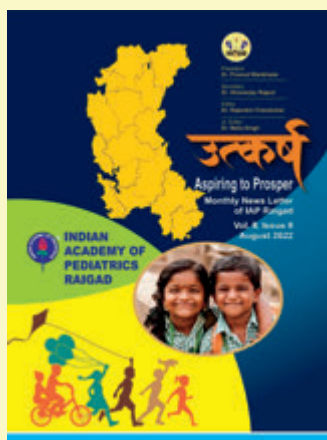
3rd August: Talk on "Breast feeding and Human Milk Banking" by
 • Dr Shailaja Mane (Founder & Incharge, Yashoda advanced human milk bank).



Activity 5: 10/07/2022

RELEASE OF 'UTKARSH'

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Activitiy 6 : 10/08/2022

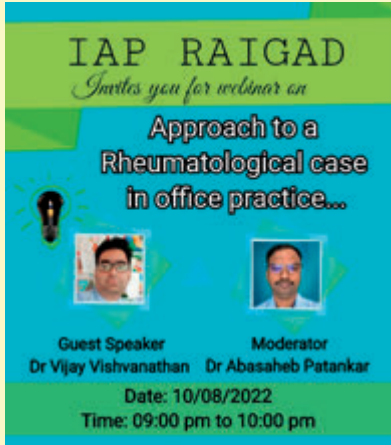
Pediatric Rheumatology Webinar



Date: 10th August 2022

Speaker - Dr Vijay Vishwanathan

Topic - Approach to Pediatric Rheumatology - Cases in Office practice



Activitiy 7: 21/08/2022

Felicitation of Dr Dabhadkar

Academy of Pediatric Neurology (AOPN)

Dr CS Dhabhadkar & Dr Hemant Gangolia were felicitated.

Team Raigad Participation in the conference was present.

Maharashtra Branch Installation Ceremony & National CME of Pediatric Neurology 2022

Organised by IAP MAHARASHTRA & IAP PUNE BRANCH

Date: 21st August 2022, 9 AM onwards (Under the flagship of AOPN, India)

Venue: Hotel Sheraton, Pune



Activity No.8: 28/8/2022

Pediatric Gastroenterology Module

Pediatric Gastroenterology Module Under IAP Action Plan 2021-2022 conducted at Hotel Garden, Panvel
 Experts: Dr. Natwar Parwal (Rajasthan), Dr. Vaishali Joshi (Goa) Dr. Jay Bhandarkar (Panvel)

Event Schedule

8.30 am to 9.15 am	Breakfast
9.15 am to 9.30 am	Introduction
9.30 am to 10.15 am	Constipation (Dr Natwar sir)
10.15 am to 11.00 am	Approach to Neonatal cholestasis (Dr Vaishali J)
11.00 pm to 11.30 am	Tea break
11.30 pm to 12.15 pm	Foreign body in GI Tract (Dr Natwar sir)
12.15 pm to 1.00pm	Jaundice in older children (Dr Vaishali)
1.00 pm to 2.00 pm	Lunch break
2.00 pm to 2.45 pm	Abdominal pain in office practices (Dr Natwar)
2.45 pm to 3.30 pm	GERD (Dr Vaishali madam)
3.30 pm to 3.45 pm	Vote of thanks.

Speakers
 Dr Vaishali Joshi, (Goa)
 Dr Natwar Parwal, (Rajasthan)

Location
 Hotel Garden, Panvel



Activity 9: Newspaper Articles

Infantile Spasms is not uncommon

Dr. Mahesh Sambhare
 M. B. B. S., D. C. H., D. N. B., (Pediatrics), Consultant - Child Neurology, Fortis Hospital, Vashi, Sankalp Center for Child Neurology, Epilepsy, Rehabilitation & E. G. Lab, Panvel, Mumbai

THIS is a common scenario we come across in our OPD. One 7 months old girl came to my OPD for not looking at parents when called, not holding her head which is expected at 4 – 5 months of age. One additional thing was that she used to get startle and frightened like episodes for unknown reason. This used to be followed by excess crying, screaming and irritability. This used to happen multiple times a day particularly after getting up from sleep. This baby was in NICU for more than 10 days for fits because of low blood sugar that was noticed on day 3rd day of life.

It's the common scenario we come across. The reason for mentioning this scenario is the frightening episodes that we saw here on daily multiple times are basically a form of seizures or fits that are called as infantile spasms.

Infantile Spasms are a special form of epilepsy seen in infants that is in the kids who are usually less than 1 year of age. These are the fits that appear just like startle or jerk and practically always its mistaken by the parents as a frightening episode rather than seizures. But they have big impact on overall cognitive or mental development of the kid. If not treated properly and completely the kid may be mentally delayed permanently.

So Infantile Spasms is a neurological emergency and urgent attention toward its confirmation of diagnosis and management is must. EEG (electroencephalography) is the investigation of choice for diagnosis. They have grossly abnormal and signature EEG pattern known as Hypsarrhythmia. So once the diagnosis is confirmed certain medications are specially used for this type of seizures and these are different from the routine anti-epileptic drugs. One of the medications used is a drug called Vigabatrin along with steroids. Vigabatrin has become easily available in India in just last 1.5 – 2 years and that has made management of infantile spasms quite easy.

So, message to remember here is particularly in those kids with delayed development or if there is a history of NICU stay and if you notice jerking or frightening like episodes inform your pediatrician immediately. Prompt action may help your kid to achieve its full possible developmental potential.

लहान मुलांतील कावीळ

कावीळ हा एक सामान्य आजार आहे. लहान मुलांमध्ये कावीळ होण्याची शक्यता जास्त असते. कावीळ होण्याची कारणे अनेक असतात. कावीळ होण्याची लक्षणे अनेक असतात. कावीळ होण्याची تشخیص करणे महत्वाचे आहे. कावीळ होण्याची उपचार अनेक असतात. कावीळ होण्याची प्रतिबंधक उपाय अनेक असतात.

डॉ. विठ्ठल पांडव
 Pediatrician
 MBBS, DCH
 डॉ. लहरी सुपुते यांचे
 B.H.M.S.
 जयलक्ष्मी हॉस्पिटल,
 वाघोरी-पैठ



Activities for the month of September

IAP
Raigad

Activity 1: 01.09.2022



Journal Journey

MAHAIAP & IAP Raigad organized an erudite academic reading of JOURNAL JOURNEY !

Chief Guest:

Dr. Abhay Shah

Senior Consultant & Infectious diseases specialist, (Ahmedabad)

Guest of Honor:

Dr. Chetan Trivedi

President Elect 2022, AOP Gujarat, Scientific Convener, Wednesday Wisdom

Experts:

▪ Dr. Charul Mehta [Associate Professor, B J Medical College & Civil Hospital (Ahmedabad)]

▪ Dr. Sandhya Khadse [Dean Academics, DMMC, Wanadongri, (Nagpur)]

Speakers & Topics:

Dr Divya Prajapati [B J Medical College & Civil Hospital, (Ahmedabad)]

STARZ Neonatal AKI Risk Stratification Cut-off Scores for Severe AKI and Need for Dialysis in Neonates

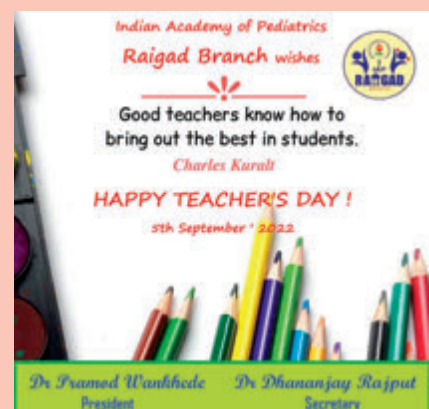
Dr. Aashna Verma [B.J. Medical College & Civil Hospital, (Ahmedabad)]

Impact of Intervention on Nutritional Status of Under-Fives in Tribal Blocks of Palghar District in Maharashtra, India



Activity 2: 01.09.2022

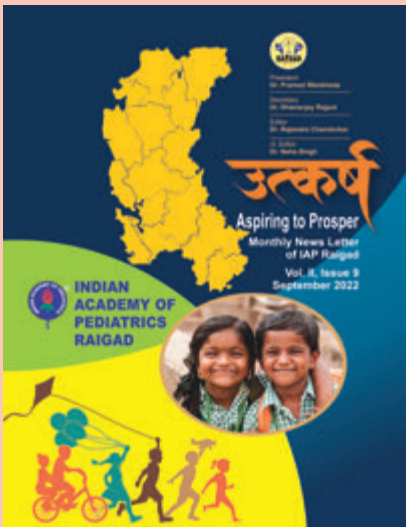
Teacher's Day celebration



Activity No.3: 10/09/2022

RELEASE OF 'UTKARSH'

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Activity No.4 : 09.09.22 to 11.09.22

WS-PEDICRITICON 2022 GOA – IAP Intensive Care Chapter

Date: 9th, 10th & 11th September 2022

Place: GOA ,TEAM RAIGAD in WS-PEDICRITICON GOA

Venue: Clube Tennis de Gasper Dias

Theme: From Masters Voice Only

Activities: a) BPICC WORKSHOP

b) ECMO WORKSHOP

c) BRONCHOSCOPY WORKSHOP





Activity No.5: 15/09/2022

Webinar on Case based discussion in pediatric practice


Speaker - Dr Narendra Rathi

Topic - Case based discussion in pediatric practice




15 September 9.30 pm

IAP Raigad Presents






Interesting Case Scenarios



DR. NARENDRA RATHI
MD, DNB, FIAP
Senior Pediatrician
Akola







MODERATOR
DR. PARVEJ SHAIKH
Pediatrician
Alibaug



- Family history of atopy
- Severe itching
- Eczematoid dermatitis
- Few pus flakes on skin
- Otitis media
- No fever

Take home...

- SLE- Imp cause of pancytopenia
- Was it SLE from the beginning?
- ? Prevented/delayed Lupus nephritis



Activity No.6: 16.09.22

Adolescent Health Awareness Programme

By Dr Chitra Kulkarni

At janta school khopoli in collaboration with innerwheel and KMC hospital and IAP Raigad



Activity no. 7: 21.09.2022

Webinar on Wheezing in young children



Speaker - Dr N. K. Subramanya

Topic - Wheezing in young children

Wednesday, 21st September, 9.30pm

IAP Raigad Presents
Wheezing in Youngs

Dr. Subramanya NK
Pulmonologist

Moderated by
Dr. Sagar Warankar

Dr. Pramod Wankhede
President IAP Raigad

Dr. Vikas More
Vice President IAP Raigad

Dr. Dhananjay Rajput
Secretary IAP Raigad

Treatment of under-five wheeze

Prevention of disease progression

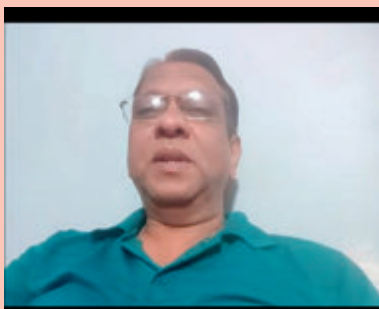
- Antihistamines
- Intermittent ICS
- Continuous ICS

Treatment of symptoms

- SABA
- LTRA's
- ICS
- Oral steroids
- Antibiotics

Deconstructing the airway, link it to approach to treatment

Floored and variable airflow obstruction	Airway inflammation	Airway infection and impaired host responses
Oral Steroids	Oral Steroids / Steroids	Oral Antibiotics



Five categories of wheezing

- Normal child
- Serious illness e.g. TB, CF
- Asthma syndromes
- Minor problems (colds, reflux etc. history of wheezing or flare up)
- Overanxious, first time parents

Wheeze to asthma is a clinical diagnosis?

Likely	Unlikely
• Symptoms	• Symptoms
• Qualifiers	• Frequency
• Risk factors	• Age
• Trial of therapy	• Clues of atypical

Activity No. 8: 24.09.2022

Physical CME at Apollo Hospital

Apollo hospital CME at hotel Royal Tulip, Kharghar

Experts : Dr Shekhar Patil (Pediatric Neurologist)

Dr Vipin Khandelwal (Pediatric Hemato-oncologist)



Apollo Hospitals, Navi Mumbai
in association with
IAP Raigad
takes pleasure in inviting you to a scientific session on

Topic : Role of Paediatrician In Childhood Cancer
Speaker
Dr Vipin Khandelwal
Consultant, Paediatric Haemato oncology & BMF specialist
Apollo Cancer Centres, Navi Mumbai

Topic : Interesting Cases In Neurology
Speaker
Dr Shekhar Patil
Consultant, Paediatric neurology
Apollo Hospitals, Navi Mumbai

Date: Saturday 24th September 2022 | Time: 9:30 pm to 11:30 pm
Venue: Hotel Royal Tulip

RSVP
Abhishek Sahay - 97169 95922

Apollo
Healthline: 24x7 Helpline: 022-2611 1800 | Apollo Hospitals, Navi Mumbai: 022-2611 1800
T: 832 2222222 | 4356222 | Mumbai: 022-2611 1800
For other appointments: 022-2611 1800 | 022-2611 1800 | 022-2611 1800





Solapur Branch

DR MANISHA V CHAVAN

Branch President



DR RAJSHRI VAIBHAV MERU

Branch Secretary

DR ATUL OMPRAKASH ZANWAR

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP Solapur

Activitiy 1: 1st july

DOCTORS DAY CELEBRATION



Activitiy 2:

Healthy baby Competition



Activity 3

Clinical Meeting

Lecture by "Ophthalmologist Dr. Reshma Mehta.. Topic – Effects of blue light on eyes of Children



Activity 4

First launch of “TRIP” (Tropical Infection in Pediatrics) Workshops



"India Academy of Pediatrics" IAP Action Plan 2022-23

Launch of "TRIP" (Tropical Infections in Pediatrics) Workshops - Presidential Action Plan 2022 Module

Topics

- Dengue Fever
- Malaria Infection
- Chikungunya
- Parvovirus
- Wagon Infection
- Dengue-like
- Fungal Infections

Faculty

Dr. Ranesh Kumar
Dr. Prasad Kulkarni, Pune

Dr. N. S. Srinivas Ursuge
Dr. Anil Kulkarni

Solapur Academy of Pediatrics
President: Dr. Sandeep More
Secretary: Dr. Manojkumar Jadhav

Indian Paediatric Association
President: Dr. Anoop Park
Secretary: Dr. Manojkumar Jadhav

on 17th July 2022 10:00 am to 3:00 pm at Hotel Batagi Sarovar

SOLAPUR ACADEMY OF PAEDIATRICS
SAP SOLAPUR BRANCH

100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200

MEMBERSHIP LIST

Sl. No.	Name	Category	Address
1	Dr. Anil K. Srinivas Ursuge	President	...
2	Dr. Sandeep More	Secretary	...
3	Dr. Manojkumar Jadhav	Secretary	...
4	Dr. Prasad Kulkarni	Secretary	...
5	Dr. Ranesh Kumar	Secretary	...
6	Dr. Anil Kulkarni	Secretary	...
7	Dr. Manojkumar Jadhav	Secretary	...
8	Dr. Prasad Kulkarni	Secretary	...
9	Dr. Ranesh Kumar	Secretary	...
10	Dr. Anil Kulkarni	Secretary	...
11	Dr. Manojkumar Jadhav	Secretary	...
12	Dr. Prasad Kulkarni	Secretary	...
13	Dr. Ranesh Kumar	Secretary	...
14	Dr. Anil Kulkarni	Secretary	...
15	Dr. Manojkumar Jadhav	Secretary	...
16	Dr. Prasad Kulkarni	Secretary	...
17	Dr. Ranesh Kumar	Secretary	...
18	Dr. Anil Kulkarni	Secretary	...
19	Dr. Manojkumar Jadhav	Secretary	...
20	Dr. Prasad Kulkarni	Secretary	...



Activity 4

World “CPR Day” SPAN Hospital



Activity 5

World “CPR Day” Arkal Hospital



Activity 6

World “CPR Day” CHIRAYU Hospital



Activity 6

World “CPR Day” HIREKERUR Hospital



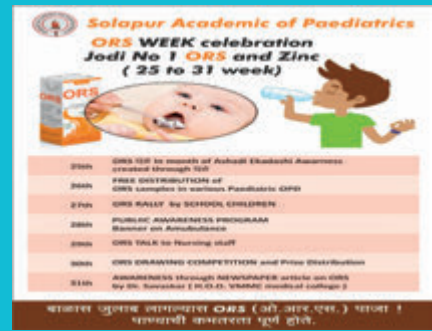
Activity 6

World “CPR Day” DINDORE Hospital



Activity 7

World ORS Week Celebration



Activity 8

ORS Day celebrations Drawing competition and Prize distribution



Activity 9

FREE "DISTRIBUTION of ORS samples



Activity 10
ORS Talk to Nursing Staff



Activity 11
ORS Practical Preparation. In VMMC medical college



Activities for the month of August

IAP
Solapur

Activity 1.

WORLD BREASTFEEDING WEEK

Guidance on breast feeding” to mothers and Demonstration session with Dummy Baby



Activity 2

WORLD BREASTFEEDING WEEK

2nd August... “FREE HEALTH CHECK UP” camp and Counselling sessions



Activity 3

“Awareness Program” amongst Nursing Staff



Activity 4

POSTER competition and prize distribution



Activity 5

“Talk by MEDICAL STUDENTS”

..Medical aspects of Breast Feeding ..Ashwini Kumbhari, Medical college



Activity 6

Counselling sessions to Mothers



Activity 7

Clinical Meeting” Cases Presentation by PG Student



Activity 8

“AZADI KA AMRIT MAHASTAV CELEBRATION” and “BLOOD DONATION CAMP”



Activities for the month of September

IAP
Solapur

Activity 1.

National Nutritional week Celebration



Activity 2.

Talks for Patients and relatives on importance of Balanced Nutrition



Activity 3

Fluid and Electrolytes Balance

Dr Jayashree Murlidharan (Professor and chief of Paediatric Intensive Care Unit, Advanced Paediatric Centre PGIMER Chandigarh)



Activity 4

NC -ECD workshop

Nuturing Care for Early Childhood Development



Activity 5 : Rational Antibiotic Day





Thane Branch

DR. SNEHA M KOKATE

Branch President



DR. AMRUTA M BAVISKAR

Branch Secretary

DR. GRIVITA M RAIKAR

Branch Treasurer



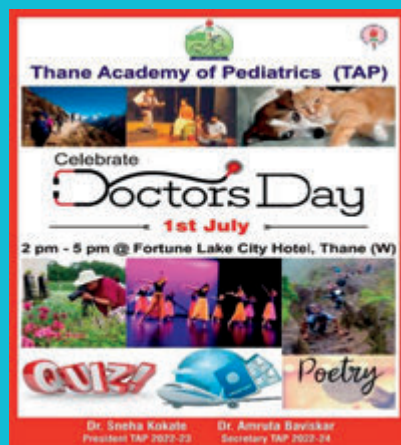
Activities for the month of July

IAP Thane

Activity 1: 1st July

DOCTORS DAY CELEBRATION

There were health camp conducted by our pediatrician Dr.Vaishnavi Patil and Dr.Santosh Dete This year for DOCTORS DAY some of our talented doctors talked about their extra-curricular talents in the form of lectures, skits, dance and a very interactive and informative quiz.



Activity 2:

Demystifying Allergic Disorders

There were health camp conducted by our pediatrician Dr.Vaishnavi Patil and Dr.Santosh Dete This year for DOCTORS DAY some of our talented doctors talked about their extra-curricular talents in the form of lectures, skits, dance and a very interactive and informative quiz.



Activity 3 Clinical Meeting

- 1) Dr. Prakash Vaidya -
"When Muscles Go Weak, It's the Diagnosis We Seek"
- 2) Dr. Praveen Gokhale- An interesting case of rash!!
- 3) Dr. Sudhir Sane -
Two interesting cases of 'infections'!!
- 4) Dr. Punit Chhajed:
Nephrotic Syndrome- Case based approach.
- 5) Dr. Vrushabh S. Gavali-
When Brain craves for Sugar.



Activity 4 CPR week Celebration

We had a great CPR week celebration from 21st July to 24th July where we had many wonderful hands-on training sessions at Nitro gym where we trained the gym instructors for CPR also their was a secession organized in Bethany hospital where the Nursing staff and the ground staff were trained for CPR. Also at Hyde Park society we had Mr.Gopinath Thombre, Deputy commissioner of Thane for the awareness among general people. Also, at the school for 12th std kids to create awareness among the teenagers with regards to CPR. Also our Thane team was a part of the mass awareness CPR camp organized at CPS office with Dr.Parmanand Andankar, Dr.Bhavesh Mithiya training the gen public was very much appreciated and also there was media coverage



Activity 5 Get together

Rain song and dinner was an activity arranged for the TAP members for relaxation on 15th July 2022.



Activities for the month of August

IAP
Thane

Activity 1.

Monthly meet

Monthly meet was held on 10th of August 2022
With wonderful secession and interesting cases

- 1) Dr. Sameer Sadawarte and Team Fortis-
“If a miracle happens, then we have witnessed one”
- 2) Dr. Naresh Biyani- Various presentations of shunt malfunction.
- 3) Dr. Sudhir Sane - meningococcal vaccine- the need of the hour.
- 4) Dr. Praveen Gokhale and team bethany- The story of A healthy child who is not “SO HEALTHY”!!...

Activity 2

NC ECD Workshop

ECD Workshop conducted at Vihang's Inn on 28/8 /2022 by Thane IAP . Brilliant concept , Excellent Faculty, very interactive session, appreciated by All

Activity 3

15th August 2022

Release of the National Anthem by TAP 2022-23 Team on occasion of Azadi ka Amrut Mahotsav. Here by sharing the link for the same



Activity 4

Medicolegal monthly session

On 23rd August 2022, mainly included detail discussion on Defense against litigation





Yavatmal Branch

DR AJAY K KESHWANI

Branch President



DR SWAPNIL S MANKAR

Branch Secretary

DR ZABID KHAN

Branch Treasurer



July



Aug



Sep

Activities for the month of July

IAP
Thane

Activity 1: 1st July

DOCTORS DAY CELEBRATION

On 1st July, on the occasion of World Doctor's Day, AOP YAVATMAL organized a fun filled get together of all its members along with their families. It was a nicely attended dinner with kids and parents of Yavatmal pediatricians. All the members were felicitated for their contribution towards child health and their selfless service towards society.

Activity 2:

ORS week CELEBRATION

On the occasion of World ORS Week, various activities were conducted by joint collaboration with different stake holders of public health to create awareness about ORS and diarrheal diseases.

Activity 3:

ORS week : awareness program

In collaboration with Dept of Pediatrics SVNGMC, awareness program with talk by different dignitaries was organized to sensitize patients and relatives in medical College.

Activity 4:

ORS week : Drama skit

In collaboration with nursing college Yavatmal, a drama skit was presented was presented by nursing students enacting importance and uses of ORS. It was well received and appreciated by common folks present.



Activity 5

ORS week : Awareness program

Awareness program were also held at Joshi Bal rugnalay, and Mankar Bal rugnalay, two of the frequently visited private pediatric hospitals. Other AOP members visited the hospitals and emphasised importance of diarrheal diseases and ORS use.

Activity 5

CPR week celebration

CPR week celebration - on occasion of National CPR week 19-24july, CPR awareness program was conducted at " Vivekananda chhatrawas, yavatmal for students of 8th-12th std in collaboration with anesthesiology team. Dr Rupesh bawane delivered a lecture and demonstrated the technique of CPR to students and staff of boarding school. This occasion was utilized to do general health checkup and monsoon awareness of students by other AOP members.





CMC Hospital, Vellore

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Please circulate. Might help someone in need or in emergency

Secretariat:

Dr. Amol Pawar, (Secretary)

Sai Balrugnalay, Opp. Shivbaba Centre, Shamjinagar,

A/P, Tal . Satana, Dist : Nashik,

PIN : 423301, Maharashtra.

